



'Guarding the Chick' by Gordon Duthie

NEW LIFE:

'Guarding the chick'

For the final E-News of the 2021/2022 year we feature Gordon Duthie's winning photo from the CAMERA GROUP's June competition.

Each month the group holds a competition which is decided by numerical votes, the picture which receives the most is obviously the winner and the next highest scorer is the runner up. In June there were three runners up, whose photographs can be found with the Camera Group's entry in this publication.

Later in the year you will be able to see a large selection of the group's photographs in a display in Newmarket Library. This will be open for the month of October.

JOIN US FOR OUR SUMMER BUFFET: - FRIDAY 9 SEPTEMBER

This year's Summer Get-together will take place on Friday 9 September at the Ellesmere Centre in Stetchworth. The event will take the form of a knife and fork buffet lunch followed by time to enjoy with friends, outdoors if the weather is fine, indoors if it is not.

Tickets are £15 per head for members and we will meet at 12.30pm for lunch at 1.00pm. The BOOKING FORM is enclosed in this E-News and includes payment details.

The cost includes dessert, tea or coffee. There is a pay bar available. Please state any dietary needs on the form.

RIGHT: a moment from the 2021 Summer Barbeque



LUNCH GROUP

The Lunch Group is now truly up and running again, with attendances of about 30. The system, set up by my predecessors, Mike and Brenda, works very well, with most members ordering the next month's lunch while still enjoying the current one!

Lunches are on the second Wednesday of the month and we will be at the Red Lion Kirtling on 13 July.

There will be no lunch in August - the next one is on 14 September, probably at Heath Court, Newmarket.

Rosemary Foreman 01638 730072

WALKING GROUP

The Walking Group was one of the few groups able to continue through much of the uncertain Covid times, as our meetings were always outside in the fresh air, where it was easy to practise social distancing. We had excellent numbers attending and most stayed for lunch at a local pub afterwards. Walks have included Woodditton, Exning, Stetchworth, Cavenham Heath, Wicken Fen, Bradfield Woods and Ashley, giving us a variety of scenery and terrain.

We meet at 10.30 on the first Wednesday of the month and the August walk is planned for Wandlebury.

The September walk leaves Kirtling Red Lion at 10.30am

If you would like to join in some of the walks which are usually about three or four miles and you are not currently on my mailing list, do let me know so that I can include you when providing information and reminders about the planned activities.

Rosemary Foreman: 01638 730072

MOTO Members on their Own

I am pleased to say that the group that I set up last year, for members of U3A who live on their own, has proved very popular with numbers attending our events varying from six to more than 20.

We meet once each month - there is no set date, it depends upon the activity and the opening hours of the venue - and have had a very varied programme, visiting such places as Elveden Craft Centre, Fuller's Mill Gardens, Suffolk Regimental Museum, The Ark Church at Isleham, Burwell Museum and afternoon tea at La Hogue.

On 24 July we will be enjoying a trip on the River Cam, with an optional afternoon tea on board. All our activities seem to involve tea or coffee and cake!

There will be no meeting in August, but I hope that future outings will include Fordham Abbey Gardens, Bottisham Air Museum, Anglesey Abbey and, of course, afternoon tea somewhere!

If you would like to join some of our activities and are currently on this particular mailing list, please let me know so that I can send you notifications and reminders about our planned activities.

Rosemary Foreman: 01638 730072



The MOTO group at Isleham Church

ART APPRECIATION

The Art Appreciation group was brought back to life in October 2021. We planned a year of monthly meetings at the Newmarket Racing Centre on the first Tuesday of the month, 2.30 p.m.-4.00 p.m., alternating with visits to galleries and museums, whenever something suitable was available. For the meetings at the Centre, we fixed on the umbrella subject of "Art I like", in the hopes of encouraging members to want to talk about their favourites. We started with Anna making a presentation on Pieter de Hooch's "A boy bringing bread", and in November Andy Webb took the subject of J.M.W Turner, making use of the excellent technical facilities of the Moller Room. December found the group at the Fitzwilliam Museum in Cambridge to see something a little outside our usual scope: an archaeological exhibition including beautifully crafted gold objects.

In the new year we continued with talks on popular subjects, and in April members visited the Sainsbury Centre on the UEA campus to see the exhibition on the early works of Picasso and the other artists who influenced him. We had a change of format in May with a "show and tell" of favourite pictures and objects brought along by group members. June found us at the Fitzwilliam again, this time for "Hockney's Eye" which took us all through the galleries in pursuit of examples of different perceptions, and for "True to Nature" - plein air painting 1780-1870 - a thoroughly packed afternoon. We are looking forward to an illustrated talk on Monet and the Impressionists at the July meeting, and planning to continue through the Autumn till our December lunch.

It is always a pleasure to welcome new members, so please feel free to come along, or contact Anna Smith -

anna.smith81@outlook.com 07769 898112

WINGS, WHEELS & WATER

The Wings, Wheels & Water Group's interests revolve around transport and technology and the associated entrepreneurs, engineers and scientists. The group has a core collection of members, three of whom regularly give presentations but it always welcomes new members and the ideas and variety that they bring with them.

By having three regular presenters as well as occasional guest speakers, the meetings vary in style and content and the audience is always willing and able to provide their own personal insights on subjects. Some have historical perspectives while others cover current issues or even try to glimpse into the future.

Group activity was maintained throughout the Covid-19 restrictions, moving initially to putting articles and quizzes on the group's page on our website, before changing to online Zoom presentations.

The last year saw us move back to actual meetings at Exning Road Club, where members enjoyed a film show as well as presentations covering topics such as stage coach travel, some of Newmarket's own naval connections, uncovering tragedies from WWII, life aboard submarines, the London underground and the future of public transport.

The group will take a break in August before returning in September to start the 2022 - 2023 U3A year with a collection of short stories from group members, talking about what they have seen and done during the summer. Presentations from the three regular speakers will then take us through to December. The Wings, Wheels & Water page of the U3A website contains further details and is updated regularly.

tim_young@live.co.uk or 07766 396303

GARDEN GROUP

We resumed our meetings in September 2021 with a core of members attending from the start. People are gradually drifting back but our numbers are still short of the 35 - 40 we welcomed to each meeting pre-Covid. It has been lovely to see so many familiar faces and those new ones who have joined us. We have enjoyed talks on Hellebores, Hostas and Plantsmen's Plants and enjoyed three extended presentations from one of our most knowledgeable speakers on subjects as diverse as Miss Wilmott of Warley Place: Shakespeare's Flowers, when we were introduced to the plant knowledge Shakespeare showed in just two of his plays, A Midsummer Night's Dream and A Winter's Tale, whilst Funny Garden Features took us into the world of Follies, Caverns and other creations used by wealthy gardeners to impress their friends.

Coming up in the next few months is a coach outing to Coton Manor Gardens in Northamptonshire, a Plant & Produce Sale, Gardeners' Questions with Barry Gayton and a demonstration of Christmas Wreath making. Something for most people, I think you will agree.

Over the past few years some members of the group have enjoyed a garden themed coach holiday together. This year we visited Scotland, a holiday which had been postponed from 2020. If any members would like to be kept informed of plans for future activities of this kind, please let us know so that we can keep you in mind as we plan.

If you have any topics you would like discussed or places that you would like to visit, do please contact us and we will do our best to feature them in future programmes.

Kath Gifkins: 01638 610535 gifsmrs@gmail.com

Rosemary Foreman 01638 730072 rofore22@gmail.com

LOCAL HISTORY: previously known as VILLAGE LIFE

The history of Newmarket and the local area is fascinating and Burwell Museum and Windmill has a large range of documents and artefacts tracing that history. The local history group meets at Burwell Museum at 2pm on the 2nd Tuesday of the month to discuss a different historical event each time. We will be starting by looking at the history of the Burwell barn fire of 1727 in September, then the history of horse racing in and around Newmarket in October. New members welcome, email education@burwellmuseum.org.uk to be added to the list.

HISTORY OF SCIENCE

Join us on Zoom (link to instructions) at 3pm on the fourth Wednesday of the month to explore objects from the collections of the Whipple Museum of the History of Science. This year we will be exploring the links between the Whipple Museum and other museum collections, starting with the Sedgwick museum and geology in September and the Zoology museum and biology in October. Meetings consist of a half-hour talk followed by questions and answers, optional museum visits may be arranged occasionally if there is demand. New members always welcome, please email **[Alison on are26@cam.ac.uk](mailto:Alison.onare26@cam.ac.uk)** to be added to the list.



CAMERA GROUP

After our field trip to Lavenham in May the group returned to our regular competition format for our June meeting which was also our return to Tesco, our meeting venue from now on.

Our subject for June was a 'new life'. The winner was Gordon Duthie with his photo 'Guarding the Chick' *presented on our front page*. There were three joint runners-up, whose photographs are shown below.

For our July meeting we will be back at Tesco where our competition will be on the subject **"Steps"**. We will also be holding a Q&A session to help members answer their photography queries as well as deciding the theme for our ***photo exhibition to be held at Newmarket library during October***.



"Unfurling Fern";

Chris Timmins



"Ducklings"

Pam Melbourn



"Lamb and Mother"

Richard Unwin

John Herring: johnherring6@aol.com

CARPET BOWLS

Our bowlers were eager to get back into action once lockdown ended and, as the ERC was initially unable to open, the first meeting was held in Ashley Pavilion.

Enthusiasm had not waned and although around 4 members were unable to resume playing, we have welcomed new members to the sport and to the group which now has a core of 28-30 participants.

We are proud to say that two of our number ***won the tournament at Potters Leisure Resort last autumn*** and we hope they can successfully defend their title this year or maybe another of our couples will be able to emulate their success.

We are hoping to try our hand at ***Petanque*** alongside the bowls sessions this summer and should this prove popular it may become a regular summer activity.

As always, we are grateful for the continued support from those members of the group who are willing to run the sessions when we are away.

Alan & Kath Gifkins gifsmrs@gmail.com



HISTORY

The History Group meetings, at Exning Road Club, will be as follows:

5 August: The Hanoverians - how did a German Prince become King of England?

2 September: Reports on research done by members of the group on famous buildings in East Anglia.

7 October: We have a special guest speaker, Fran Saltmarsh will finish our Georgian Trilogy with her presentation on Georgian Fashion entitled **"By George; What Style"**.

Many thanks to David Soanes for the July talk.

Niddy Walpole: niddy198@gmail.com



ANTIQUES

We have now returned to the Tesco Community Room, meeting on the first Wednesday of the month at 2.30pm, as we did in July. There will be no meeting in August and then meetings will be as follows:

7 September; 5 October; 4 November; 7 December.

Do come and join us for our fascinating sessions led by TV auctioneer, David Palmer.

Niddy Walpole: niddy198@gmail.com



BURES VALLEY RAILWAY & 'SOUTHERN COMFORT' TRIP

On Monday 20 June, 47 intrepid U3A travellers set out for a day in Norfolk, to travel on a miniature railway and a paddle steamer. The weather on the day was perfect and the arrangements ran like clockwork. The railway journey was first, travelling gently through the Norfolk countryside at a stately pace on a calm and sunny morning. This was followed by lunch at an individual choice of venues, before boarding the Southern Comfort for the afternoon voyage along the Broads. Again, the gentle motion of the boat, the warm sunny afternoon and the recent lunch all contributed to a lovely restful afternoon. We are grateful to Niddy Walpole for her organisation of yet another very successful trip. Where shall we go next year? *PHOTOS: Copyright © Niddy Walpole 2022*



LEFT: Steam engine 'Spitfire' at Aylsham

RIGHT: Lunch!

BELOW: Boarding the Southern Comfort.



SUMMER BUFFET BOOKING FORM

Please complete all sections in BLOCK CAPITALS

Please reserve places for the Summer Buffet Lunch to be held 12.30-3.30pm

at the Ellesmere Centre, Stetchworth

Date of Event: Friday 9th September 2022.....Cost £15 per person:

Please state if you have any special dietary requirements

First name Surname

Membership number

First name Surname

Membership number

Telephone Mobile

(For use on Day of Event)

Email

Pay on line or Cheque for total cost £..... Please indicate below how you are paying.

Closing date for payment 31st August 2022.

☐ Cheques - Payable to NEWMARKET U3A Events with the event name on the back.

Send payment and completed booking form to the Treasurer (see below).

or

☐ On line Banking – Ref Newmarket u3a Events: Sort code 30-95-96 Account 01368345

It is a business account and use Buffet as the reference .

Send your completed form to the Treasurer

Newmarket U3A Treasurer:.....Di Angus-Smith, 17 Paget Place, Newmarket, Suffolk CB87DR

Email: di@pagetplace.co.uk

MONTHLY SPEAKER MEETINGS

My first job when I took over this role in 2020 was to cancel all speakers unable to present on Zoom. This year I have had the pleasant task of reinviting those same speakers to come and talk to us in person.

So we have Niddy, my predecessor, to thank for many of the entertaining speakers we have welcomed this year. Although it would take too long to talk about all of them there were a few surprises that I would like to highlight.



If you had asked me to attend a lecture on physics I would probably tell you “well not normally my thing”. Yet when Dr Stephen Ashworth, (LEFT), came to talk to us about lasers he had me rivetted.

Similarly, on the face of it listening to someone describe the building of a tower would not have sounded interesting to many. However Horry Parsons', (BELOW), description of the construction of the Millenium tower in Bury St Edmunds was so interesting and entertaining that we have invited him back to talk again. I think these examples demonstrates that it isn't always the subject matter that is important but the ability of the speaker to bring his or her topic to life by humour, pictures and presentation.



I am in the process of booking speakers for 2023 so if you have a particular interest or know of a good speaker please do get in touch, my details are on the website. Meanwhile, details of our next speakers are below.

Mon 22 August: Horry Parsons. (Revised date due to bank holiday.)

Due to popular demand we welcome Horry back to give us the second part of his talk on the construction of the Millennium Tower, Bury St Edmunds Cathedral.

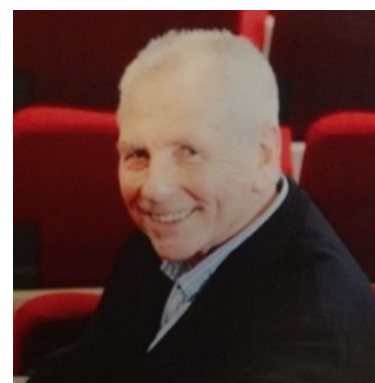
Mon 26 September: Norma Howell - her talk covers her work with both Bio Detection Dogs and Medical Alert Assistance Dogs at the Medical Detection Dogs charity and the ways in which they are trained to do life-saving work with non-invasive detection of the odour of human diseases.

Mon 31 October: Toni Neobard and Kate Broad “For better or far worse” . A light hearted and quirky look at marriage and relationships through the eyes of the Victorians. What happened if you didn't marry and what if you did but were not happy with your choice? A glimpse at bizarre goings on showing wedded bliss wasn't always so.

Mon 28 November: David Smith on Fingerprinting. David is a retired fingerprint expert who worked for the Metropolitan police for 40 years. His talk covers the use of fingerprinting in crime scene investigations, the history of fingerprinting and recollections of his career.

Mon 19 December: Jim Stebbings, (RIGHT), ‘Sentiments of Christmas’

" Sentiments of Christmas" A collection of aspects of the traditional Christmas season conveyed through humorous music, stories, sentiments and images presented through slides. There are opportunities for members' vocal participation. This is a Christmas presentation with a difference that will be just the thing to get you into the Christmas spirit.



THE REALM OF BOOKS



Exciting news: On 26 August we shall be moving to a new venue at the Racing Centre in Fred Archer Way, (next to the Day Centre), where we shall begin by discussing *Contacts* by Mark Watson.

Our latest choices have been ***Munich* by Robert Harris** in May, which was a brilliantly told spy novel, describing how two fellow students, one British, the other German, for very different reasons altered the outcome of the Munich Agreement and of how the great British public viewed their then Prime Minister,

Neville Chamberlain. A hugely entertaining story, it left the reader with a desire to know much more about what actually happened.

In June, the book chosen was ***Blood Tender* by Rachel Ingrams** and in July, ***A Woman of no Importance* by Sonia Parnell**.

We derive much pleasure from our discussions each month, whether they are much loved or rather less popular. (Sometimes we do get off the subject a little bit to talk about other matters.)

Do come along to join us; you will be made most welcome.

The full list of our current authors and titles, together with some reviews can be found on our website, or you can get details from Margaret.

Margaret Jocelyn: 01638 615252

MUSIC APPRECIATION

It was good to have so many members enjoying Judy's programme at the June meeting.

The meeting on July 15th. will be the last at the E.R.C. the next one being on September 16th at the Racing Centre with its well provided audio/visual equipment. Handy for the buses and shopping in the Guineas (no August meeting as you will all be on holiday) .

July 15th- Mike's much delayed "One Hit Wonders"

It will include Henry Litolf's popular Scherzo then his almost unknown music to accompany a Silesian folk tale (you get words and music). Then we have the famous, plus not so famous, pieces from Gustav Holst and Max Bruch ending with Pachelbel and his famous 'Canon'. Some well known songs loosely based on this music from the year 1690 will round off the programme.

September 16th Richard will put together a programme to welcome all to the Racing Centre.

Please keep an eye on our U3A website group page in case of last minute changes.

Mike.jocelyn21@gmail.com

CRAFT, COOKERY & COFFEE Formerly 2nd TUESDAY

The Tuesday morning sessions will now operate as follows at Exning Road Club:

CRAFTS: 10.00 - 12.00

COOK-OFF: 11.00 - 12.00

COFFEE: and chat - anytime.

CRAFTS was formerly Model Making and we are broadening the title hoping to encourage a wider range of creativity.

No need to book; just turn up.

COOK OFF TUESDAY



Cook off Tuesday members continue to test out a range of favourite recipes of varying degrees of difficulties (and success). Last month we did cheese filled filo pastry, some of us will never use filo again, others loved the result.

In July we will be trying Portuguese custard tarts (recipe to be posted on the website shortly).

After some discussion we decided to continue meeting in the present format with each of us following the same recipe then comparing the results. Please note after the

July meeting the venue might change so do check out our website before heading out for the August meeting.

[Stephanie Ellington skle2@cam.ac.uk](mailto:Stephanie.Ellington@cam.ac.uk)

SCRABBLE

We are happily back in Tesco Community Room on the second Monday of the month where we all enjoy ourselves. We ARE meeting in August - see calendar. We don't take it too seriously but aim to have fun as well as sharpen the brain cells. Do come and join us.

[Janet Neville: 01638 454154](tel:01638454154)

DISCUSSION

This congenial group continues to meet on the **third Tuesday of the month** in the afternoon.

We discuss current, topical subjects over a cup of tea (or coffee) included in the standard meeting fee.

There is no fixed programme as we respond to current affairs as. So we have discussed the climate emergency, energy costs, criminal justice, smart meters, on-line fraud as well as light hearted subjects such as the jubilee events. Members are welcome to bring their own suggestions.

From July 2022 we will be meeting at Newmarket Racing Centre in the Gibson room. The room is on the first floor but there is a stair lift. *johnherring177@gmail.com*

RUBBER BRIDGE

This is a slightly different, rather less intense version of the well-known card game and we are pleased to announce the opportunity for you to take part in this new U3A group.

Andrew is prepared to take on the coordinator's role and is the person to contact if you are interested in joining. If there are enough people to create a viable group we will make the necessary arrangements. So do please contact Andrew - email address below - if you are interested.

andrew.webb33@outlook.com

RUMMIKUB

Our RUMMIKUB group has resumed meetings at Tesco Community Space on the fourth Tuesday of the month at 2.00pm.

Our members continue to enjoy themselves and we have plenty of room for new members who would like an enjoyable afternoon, playing this interesting game with like-minded members. It is very easy to learn, you'll soon get the hang of it! Do get in touch or just turn up.

[Rose Baxter: 01638 731232](tel:01638731232)

AUGUST 2022

GROUP MEETINGS

DAY/DATE	TIME	GROUP	VENUE
Monday 1st	- 2.30pm	Wings Wheels Water Camera Group	No Meeting Tesco Community Room
Tuesday 2nd	- 2.30pm	Village Life Art Appreciation	No meeting The Racing Centre
Wednesday 3rd	10.30am -	Walking Antiques	Wandlebury No meeting
Friday 5th	2.30pm	History	Exning Road Club
Monday 8th	2.30pm	Scrabble	Tesco Community Room
Tuesday 9th	10.00am 11.00am	Model Making Cook Off Tuesday	Exning Road Club Exning Road Club
Wednesday 10th	- -	History of Science Lunch Group	No meeting No Lunch Group
Thursday 11th	10.30am	Carpet Bowls	Exning Road Club
Monday 15th	10.00am	Executive Committee	Scotsdales Garden Centre
Tuesday 16th	2.30pm	Discussion	Newmarket Day Centre
Wednesday 17th	2.30pm	Garden Group	Coton Manor Gardens
Friday 19th	2.30pm	Music Appreciation	Exning Road Club
Monday 22nd	2.30pm	Speaker Meeting	Exning Road Club
Tuesday 23rd	2.00pm	Rummikub	Tesco Community Room
Thursday 25th	10.30am	Carpet Bowls	Exning Road Club
Friday 26th	2.30pm	Realm of Books	The Racing Centre - NB New Venue
NB		MOTO	No event in August

SEPTEMBER 2022

GROUP MEETINGS

DAY/DATE	TIME	GROUP	VENUE
Friday 2nd	2.30pm	History	Exning Road Club
Monday 5th	10.30am	Wings Wheels Water	Exning Road Club
	2.30pm	Camera Group	Tesco Community Room
Tuesday 6th	10.30am	Village Life	Burwell Museum & Windmill
	2.30pm	Art Appreciation	Visit - see website
Wednesday 7th	10.30am	Walking	Venue –see website
	2.20pm	Antiques	Tesco Community Room
Thursday 8th	10.30am	Carpet Bowls	Exning Road Club
Friday 9th	12.30pm	Summer Buffet	Ellesmere Centre, Sketchworth
Monday 12th	2.30pm	Scrabble	Tesco Community Room
Tuesday 13th	10.00am	Model Making	Exning Road Club
	11.00am	Cook Off Tuesday	Exning Road Club
Wednesday 14th	11.30am	History of Science	Via Zoom
	12.00pm	Lunch Group	Heath Court
Friday 16th	2.30pm	Music Appreciation	The Racing Centre - NB Change of Venue
Monday 19th	10.00am	Executive Committee	Scotsdales Garden Centre
Tuesday 20th	2.30pm	Discussion	Newmarket Day Centre
Wednesday 21st	2.30pm	Garden Group	Exning Road Club
Thursday 22nd	10.30am	Carpet Bowls	Exning Road Club
Friday 23rd	2.30pm	Realm of Books	The Racing Centre
Monday 26th	2.30pm	Speaker Meeting	Exning Road Club
Tuesday 27th	2.00pm	Rummikub	Tesco Community Room
NB		MOTO	Activity - See website