

Crafts, Coffee and Cook-off

We continue to meet on 2nd Tuesdays in Tesco's community room. Model makers and members with a range of needle craft skills arrive at 10.30 and settle down to their varied crafts. At 11.15 the cook-off members arrive with their goodies of the month. We all taste everyone's offering (and also offer samples to the craft folk) and marvel at all the differences whilst everyone is nominally at least following the same recipe. At the end of each session, we choose the recipe for the next meeting alternating savoury and sweet. In our September meeting we tried pizza with either a base made from left over bread or from a yeast-based dough and a free choice of topping.

Stephanie Ellington

Garden Group

Following yet another enjoyable visit in August to East Ruston Vicarage Gardens we continue our Autumn programme in October with a look at visits the group has made over the past few years. In November we welcome Sharka Baxter with a talk entitled 'Born to be a Gardener'

Kath Gifkins & Rosemary Foreman

Walking Group:

Annie will be leading the walk round Soham on 4th October, when members will be meeting at The Cherry Tree, Soham, at 10.30.

Several of the walking group will be on the carpet bowls holiday at Potters in November, but Richard and Margaret Webb have kindly offered to lead a walk from Dalham Church to Gazeley on the 1st November (just under 4 miles), meeting at the church at 10.30 am. There will be no lunch organised for that day.

Richard and Margaret Unwin will be leading the walk on 6th December, which will be in the Lode area.

Further details of these walks will be sent to those on my Walkers mailing list – if you wish to be added to this list, please let me know.

Rosemary Foreman

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NEWMARKET

E-News for October & November 2023



From the Chair

I hope you have all had an enjoyable summer and are looking forward to our new year.

We have three new members of the executive committee, Bridget Kerle, Cheryl Bampton and Graham Briggs; I have been re-elected as Chair and most returning members have carried on with their previous roles. Bridget is our new Secretary, and Cheryl has taken over as Group Liaison.

Thanks to all of you who took the time to attend our AGM. I hope you found the reports by the group leaders informative and tempted you to try an additional group this year. Remember there are usually no set courses so you can dip in and out as the mood takes you.

Best wishes

Kath Gifkins

OPEN MORNING

For members & non-members

Tuesday 24 October 2023: 10.30am - 12.00

The Stable, High Street Newmarket

Come and meet and chat with

Group Co-ordinators and Committee Members.

Free refreshments! See what activities are available and suggest new activities

MOTO Group

On 30th September members will be going to Kirtling Church Friends' Day, when David Pickthall will be giving a talk and recital on the organ. David is a former Organ Scholar of Selwyn College and has played most of the cathedral organs in England and performed very widely abroad. He has had a long involvement with music for films and television and his recital will include improvisations from these scores as well as popular classics by Widor, Bach and Elgar.

On 7th November Mildenhall Museum, meet at 2.30 pm. If anyone is interested in having lunch first we could meet at The Half Moon, Mildenhall, at 12.45 – please let me know if you would like lunch and I'll book a table.

I would remind members that Exning Cinema is open on the 2nd Friday of each month, doors open 7.00 pm for 7.30 pm showing, admission £5.00, refreshments available. The film showing on 13th October is Mrs Brown and on 10th November it will be The Aftermath. If anyone is interested and needs a lift, please contact me.

Further details will be sent to those on my MOTO mailing list – if you wish to be added to this list, please let me know.

Rosemary Foreman

Music Appreciation

October 20th; Richard's programme – "Gustav Mahler". The popular Adagietto from the fifth symphony will be followed by a performance of his first symphony.

November 17th; Judy's programme - "It's all Wind". A selection of music performed on a variety of wind instruments.

December 15th; Richard's programme – "Highlights of the 2023 BBC Proms". Two outstanding performances from this year's Promenade concerts, Rachmaninov's Rhapsody on a Theme of Paganini plus Walton's Belshazzar's Feast.

Richard Unwin: email, richard@unwin10.plus.com

Bridge Group

Our bridge group restarted on 18th September. It continues to meet in the Exning Road Club between 2:00 and 4:00 in the afternoon of the third Monday each month. It is uncertain whether we will continue to have a second meeting on the first Monday of each month. We continue our tradition of enjoyable social bridge rather than competitive bridge. We play standard basic Acol e.g. weak no trump opening with strong two's and scoring can be either Rubber scoring or Chicago, if you are more familiar with that. There's usually enough players for one or two tables and, of course, we have tea and coffee and often biscuits. Everybody including beginners welcome.

If interested please contact andrew.webb33@outlook.com or 01638 602596.

Andrew Webb

Second Beginners' Course for Tablet Computers

I'll run another short tablet computer course if there's sufficient interest. There will be four sessions this time, one per week. It's particularly intended for absolute beginners or those with very little familiarity with their tablet. You'd need to bring your own tablet and the course will cover:

General handling (turning on and off and using App Store and Settings)

Getting online

Finding and using useful websites for shopping, entertainment and information

On-line security

As you may realise, the location and time cannot be determined until the interest level is known. If you are interested in joining my new course, please email me at

andrew.webb33@outlook.com or phone 01638 602596.

Realm of Books

We still involve ourselves in stimulating discussion about our book of the month. It's amazing how much we have to say whether we have liked or not liked the choice. As we all have an opinion in what we read, the 'like or not like' is not a problem as it leads to insight on our different views.

In August we were adventurous, and read something a bit different, "Strange weather in Tokyo" by Hiromi Kawakami which had been beautifully translated into English. This was the first Japanese novel for most of us and gently described the relationship between Sensei and Tsukiko. It is slow and bumpy due in part to the customs and curtesy implicit in Japanese culture. As one of our readers said it 'needs to be read slowly in a comfortable armchair preferably whilst drinking a glass of wine'. Learning about a Japanese way of life turned out to be most interesting.

We have chosen "When I come Home again" by Caroline Scott for our meeting on 22nd September. This novel takes place after World War I and is based on true events.

If you enjoy reading, please do come along and join us at the Racing Centre. We meet on the 4th Friday of the month at 2.30 pm.

The full list of our latest authors appears on our website or you can get details by contacting Margaret on:

01638 615252; *marg.jocelyn21@gmail.com*

History

In the run up to Christmas 2023 the presentations will be :-

Friday October 6th- Bess of Hardwick. She was the wife to Earl of Shrewsbury when he was jailor to Mary, Queen of Scots and a great builder of properties such as Chatsworth House.

Friday November 3rd- We have looked at Willoughbyland in South America, and The Land of the Kushites, Sudan. Now the third foreign country, South Korea with an ancient history. The Exning Village project is underway and we will share our findings in February's meeting

Friday December 1st. Group members Christmas Lunch.

Niddy Walpole - *niddy198@gmail.com*



A very special Christmas Speakers Meeting

Hexachordia

A programme of mirth and merriment for the festive season. The trio reveal what Christmas and New Year was like for folk at all levels of society in the 16th and 17th century. Instrumental music, song and narrative bring to life the winter season of times gone by. The trio play a range of authentic copies of old instruments. Many of today's seasonal carols have their origins in the Medieval and Tudor eras, and so some of the tunes will be well-known to.

This special Christmas event costs a mere £3.00 per person, including refreshments.

Art Appreciation

We meet at 2.30 p.m. on the first Tuesday of the month, usually in the Gibson Room of the Racing Centre.

When there is an exhibition nearby, our programme is punctuated by visits to galleries and museums. Our last two meetings have been visits: on August 1st to the newly restored Gainsborough's House in Sudbury and on 5th September to the Newmarket Horseracing Museum to see the exhibition 'The Urban Frame: Mutiny in Colour'. It would be difficult to imagine a greater contrast between the works on display: I would encourage anyone interested to follow in our footsteps. You can see works by Banksy, Damien Hurst, Tracy Emin and others at the NHRM up to 1st October. The main galleries at the Gainsborough are permanent, while there are also temporary exhibitions in the newly created space.

Our forthcoming meetings - 3rd October and 7th November - are going to be slide shows with talks. Andy Webb and Anna Smith are going to tackle something we both realise we had more or less ignored: American art. Andy will start with the early 20th century, and then Anna will pick up and bring the story more up to date. More information closer to the time.

anna.smith81@outlook.com - or phone 07769 898112.

OCTOBER 2023

GROUP MEETINGS

DAY/DATE	TIME	GROUP	VENUE
Monday 2	10:30	Wings Wheels Water	Exning Road Club
	14:00	Bridge	Exning Road Club
	14:30	Camera Group	Tesco Community Room
Tuesday 3	14:30	Art Appreciation	The Racing Centre
Wednesday 4	10:30	Walking Group	The Cherry Tree, Soham
	14:30	Antiques	Tesco Community Room
Friday 6	14:30	History	Exning Road Club
Monday 9	14:30	Scrabble	Tesco Community Room
Tuesday 10	10:30	Model Making, Craft	Tesco Community Room
	11:15	Coffee & Cook Off	Tesco Community Room
Wednesday 11	11:00	Brunch Meeting	Newmarket Day Centre
Thursday 12	10:30	Carpet Bowls	Exning Road Club
Monday 16	10:00	Executive Committee	-
	14:00	Bridge	Exning Road Club
Tuesday 17	14:30	Discussion	The Racing Centre
Wednesday 18	14:30	Garden Group	Exning Road Club
Friday 20	14:30	Music Appreciation	The Racing Centre
Tuesday 24	14:00	Rummikub	Tesco Community Room
	10:30	OPEN MORNING	The Stable, High Street, Nkt
Thursday 26	10:30	Carpet Bowls	Exning Road Club
Friday 27	14:30	Realm of Books	The Racing Centre
Monday 30	14:30	Speaker Meeting	Exning Road Club
-	Note: MOTO Group - see Website		

NOVEMBER 2023

GROUP MEETINGS

DAY/DATE	TIME	GROUP	VENUE
Wednesday 1	10.30	Walking Group	Walk but no lunch
	14:30	Antiques	Tesco Community Room
Friday 3	14:30	History	Exning Road Club
Monday 6	10:30	Wings Wheels Water	Exning Road Club
	14:00	Bridge	Exning Road Club
	14:30	Camera Group	Tesco Community Room
Tuesday 7	14:30	Art Appreciation	The Racing Centre
Wednesday 8	11:00	Brunch Meeting	Newmarket Day Centre
Thursday 9	10:30	Carpet Bowls	Exning Road Club
Friday 10	-	OUTING - THURS福德 SPECTACULAR	
Monday 13	14:30	Scrabble	Tesco Community Room
Tuesday 14	10:30	Model Making, Craft	Tesco Community Room
	11:15	Coffee & Cook Off	Tesco Community Room
Wednesday 15	14:30	Garden Group	Exning Road Club
Friday 17	14:30	Music Appreciation	The Racing Centre
Monday 20	10:00	Executive Committee	-
	14:00	Bridge	Exning Road Club
Tuesday 21	14:30	Discussion	The Racing Centre
Thursday 23	10:30	Carpet Bowls	Exning Road Club
Friday 24	14:30	Realm of Books	The Racing Centre
Monday 27	14:30	Speaker Meeting	Exning Road Club
Tuesday 28	14:00	Rummikub	Tesco Community Room
-	Note: MOTO Group - see Website		