

## REALM OF BOOKS

On 28th October we discussed 'The Red Queen' by Philippa Gregory "The Red Queen".

Although it is a work of fiction the author had put a great deal of research into the Wars of the Roses and although many of us may have found this a tedious piece of history whilst at school, we all agreed that after reading the book that period became much clearer and made us want to learn more. The main character, though, was Margaret Beaufort who came over as a pious and petulant child and later as an unlikeable adult. We all enjoyed "The Red Queen" and found it quite a page turner. 25th November provided something totally different "The Family Upstairs" by Lisa Jewell which is more of a thriller.

We will not be meeting in December but for **27th January** we have chosen "Orphans of the Storm" by Celia Imrie.

Do come along and join us, we would love to see a few more faces.

The full list of our current authors and some reviews appear on our website or you can get details by contacting me on 01638 615252.

*Margaret Jocelyn*

## NEWMARKET U3A ANNUAL JANUARY LUNCH 2023

Save the date:  
**Friday 13 January 2023**  
**at La Hogue**

See form included with this E-News

# u3a

## NEWMARKET

E-News for December 2022 & January 2023



### From the Chair

Dear Members

As the year draws to a close, I must thank you all for your continued support for our U3A. Although our membership is still below pre-Covid numbers we have been pleased to welcome several new members in recent months, many of whom are already taking an active part in group meetings and activities.

It is heartening to see the enthusiasm for the new Bridge group which has been set up by Andy Webb and thanks must go to him for all his efforts to get it up and running. If anyone else has an interest that they think could be the nucleus of yet another new venture, please get in touch and you will be given support to help it to succeed.

My personal thanks go to the members of the Executive and Sub Committees and all the group leaders who have approached their various responsibilities with enthusiasm and vigour, most of it behind the scenes, but without which our U3A couldn't survive and thrive.

Please remember to check the Calendar for any changes to meetings over the Festive period.

With all Good Wishes for Christmas and the New Year.

*Kath Gifkins*

## ART APPRECIATION

It is very good to see that we are attracting new members to the group - but it is even more of a challenge to maintain a standard of interesting meetings. A group visit to The Higgins Museum, Bedford, to see the 'Body and Soul' exhibition of depictions of women over the past two hundred years has been complemented by presentations at the Racing Centre on Renaissance Painting in Sixteenth-century Venice: Copies, Forgeries and Fakes in Art, and the Life and Work of Van Gogh.

The December meeting will take the form of lunch at the Heath Court Hotel on December 6th - meeting at 12.30 approx., and lunch at 1.00 p.m. The main course carvery will be a choice of fish, turkey, beef, or a vegetarian option - Carrot Wellington - for which the cost will be £17.00. Members who would like to go, please contact Anna - [anna.smith81@outlook.com](mailto:anna.smith81@outlook.com) We will take the opportunity to talk over the past year, and make some plans for 2023 - skipping our meeting date in January, as being too close to the New Year.

Season's greetings to everyone!

*Anna Smith.*

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## WINGS, WHEELS & WATER

Our next meeting, on Monday 5 December will feature the James Webb telescope, its construction, launch and resulting photographs so far. This is as near as I could get to 'festive', as it was launched on Christmas Day 2021! The format will also be slightly different as I found an excellent BBC TV film which charts the progress of the project from inception to orbit. This will occupy the central part of the morning's presentation.

There will be no meeting in January as the first Monday is a bank holiday.

*Tim Young, Steve Garner, David Soanes*

## CARPET BOWLS

As we write this, the group are looking forward to taking part in the midweek Carpet Bowls break at Potters Leisure Resort in Norfolk. By the time you read this we will know if we have emulated last year's success!

Thanks to all group members for their continued support and help, Happy Christmas and Best wishes for 2023.

*Alan & Kath Gifkins*

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## GARDEN GROUP

We are taking a break in December but will welcome all members back in January to discuss future plans, enjoy some seasonal refreshments and wake up the little grey cells with a fun Quiz.

Wishing you all a Happy Christmas and a Healthy 2023 – Keep Gardening!!

*Kath Gifkins & Rosemary Foreman*

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## 2ND TUESDAY: CRAFTS, CAKES & COOKIES

We will **NOT** be meeting in December but will resume as usual on the 2nd Tuesday (10th January) in the Tesco Community Room. Crafts start at 10.30 with model making, knitting, crochet etc. The cakes and cookies group starts at 11.15 and the recipe for the month will be on the website (or call me - 01638 731131). Advice and discussion welcome in all crafts and tasting session of the cooking normally for all around noon.

*Stephanie Ellington*

## ***A POSSIBLE NEW GROUP FOR U3A NEWMARKET:***

### **THE WINE GROUP**

The prospective **Group Leader, Richard Webb** writes as follows: (this item appears on our Facebook Group).

For those interested in a Wine Group, I have spoken to the managers of Majestic and Corney and Barrow. The latter have been running courses for U3A Royston. They would be willing to run sessions for us if we had sufficient numbers. Of course we would have to buy a bottle but with monthly meetings that shouldn't be a problem.

Meanwhile, Majestic is running tasting sessions that we could go to. These are:

Tuesday 15 November 6.00pm: Winter Showcase.

Friday 2 December 6.00pm: Wines for Christmas - £20.

Thursday 19 January Introduction to Wine - £10.

I suggest that we try these and see where we go from there. I would like to have a session on how to taste wines, followed by wine types and countries of origin: there's lots to learn! If you have any ideas or suggestions do please come back to me.

*Richard Webb*

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### **LUNCH GROUP**

The Lunch Group will not be meeting in December or January. In February we shall probably be lunching at Mangiare in Newmarket but it is rather too soon to book yet - something to look forward to after all the festive fare!

*Rosemary Foreman*

## **RENEWED RUBBER BRIDGE GROUP**

I'm happy to report that the renewed Bridge Group started again on Monday afternoon, the 17th October, in Exning Road Club. More players came than I'd dared to hope for. In fact, eleven players came and the inaugural session fell very neatly into one table of relative 'newbies' and two tables of more experienced players who had to do a little table swapping for partners. This was really excellent for a first session.

The next meeting will be on **21 November at 2.00** in the same place to continue the pattern of the third Monday afternoon each month. Additional players of any standard are very welcome though I'm not promising a particularly high standard of play! My aim is very much towards enjoyment and relaxation, i.e. casual bridge rather than competition bridge.

My contact details are: **andrew.webb33@outlook.com 01638 602596**

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## **HISTORY OF SCIENCE**

We are continuing with our exploration of links between the Whipple Museum's collection and those of other Cambridge museums. Having spent the last two sessions learning a lot about Darwin and other links to Zoology and Sedgwick Museums, we will move to the more artistic museums next, starting with the Fitzwilliam on 23 November and then look at:

25 January: Botany and the Botanic Gardens

22 February: Light and Kettle's Yard.

**We shall NOT be meeting in December.**

**Email Alison on are26@cam.ac.uk for the Zoom link for meetings.**

## MUSIC APPRECIATION: 3 months' programmes

### November 18th 2022 *"Music for the Autumn season"*

Various interpretations by well-known composers - Brahms, Verdi, Grieg, Haydn etc. with some nice autumnal images

**December 16th 2022** most agreed to meet since this date is well before Christmas. Richard, Judy and Mike will each contribute some non-Christmassy offerings.

**January 20th 2023** Richard will start the new year with a programme:  
*" The best of the 2022 proms".*

*Mike Jocelyn*

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## ANTIQUES

**7 December:** Please note that this meeting is in the **MOLLER ROOM** at the **RACING CENTRE at 2.30pm**. We will have something a bit different: will you please bring one of your favourite items or collectables and be ready to speak about it. After you, David will also speak about your item.

**4 January 2023: NO MEETING**

*Niddy Walpole*

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## HISTORY

**2 December: NO MEETING** as the group members will be out to lunch!

**6 January 2023: NO MEETING**

In mid-December there will be a quiz on our History page on the U3A Website - something for you to do if you are bored after all the Christmas entertainment!

*Niddy Walpole*

## CAMERA GROUP

October was a busy month for the camera group with our general U3A promotion at Newmarket library with a window display, promotional stand and photography exhibition in the library itself.

For the first time a public vote in the photo exhibition 'Nature's Wonders' was introduced and library staff report this was very popular. The public cast 110 votes during the exhibition and copious amounts of our promotional literature were taken away – hopefully these will germinate into new memberships in due course.

*At the same time as the exhibition in the Library, Newmarket U3A presented a display in the Library front window. This represented various groups and activities undertaken by our U3A and presented a different and interesting face to the passing public in the Guineas Centre.*

*See photographs on the back page of this E-News.*

In addition we held our regular monthly meeting and competition on the theme of 'cloud formations'. This was won by Gordon Duthie and runner up was Katherine Whitwell. The photographs are on the website.

The theme for our November meeting on **Monday 7th** is **"Past its Best"**. The results of the library public vote will also be revealed at this meeting.

**In December our meeting will be moving to the Racing Centre** instead of our usual venue at Tesco. The competition theme in December is Churches.

At the December meeting we will also be publishing the calendar of competition themes for 2023.

Because the first Monday in January 2023 2nd January will be a bank holiday **we won't hold a face to face meeting in January.**

*John Herring*

## SPEAKERS MEETINGS

### ***Monday 28th November – David Smith: Finger Printing***

David will be talking to us about the use of fingerprinting in crime scene investigation, the history of fingerprinting and recollections of his career in the Metropolitan Police.

### ***Monday 19th December – Jim Stebbings -***

#### ***‘Sentiments of Christmas’***

This is an eclectic collection of aspects of the traditional Christmas season conveyed through music, stories, humour, sentiments, images and pictures presented through over 100 slides. Parts of the presentation provides opportunities for members’ vocal participation if desired. This is a Christmas presentation with a difference that is just the thing to get you into the Christmas spirit.

### ***Monday 30th January 2023 – Andy Peachey***

Andy is an archaeologist who has worked in the local area. His talk is about the Roman cemetery at Great Whelnetnam, Bury St Edmunds where they found plenty of decapitated skeletons! It is also believed that the site shows probable slave connotations.

*Trish Newell: Speaker Secretary*

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**WALKING GROUP:** Meet in the car park at Scotsdales, Fordham, at 10.30 on Wednesday, 7th December, for a walk in the Fordham area, followed by lunch at Scotsdales

Meet at The White Horse, Exning, at 10.30 on Wednesday, 4th January, for a walk in the Landwade area.

*As I can no longer lead the walks, I would like to thank Thelma for organising the October walk at West Stow Country Park and Kath and Annie for leading all our other walks, it's much appreciated.*

*Rosemary Foreman*

## LOCAL HISTORY

So far we have looked at the Burwell Barn Fire, the history of racing in Newmarket and local workhouses. In the new year we will focus on:

### ***10 January: Plough Monday and Molly Dancing***

### ***14 February: WW2; evacuation and the bombing of Newmarket***

Sessions take place in the Education Room at Burwell Museum. I promise to put the heating on but do make sure you dress warmly and in sensible shoes for wet grass!

*Alison Giles* email Alison on [education@burwellmuseum.org.uk](mailto:education@burwellmuseum.org.uk) to be added to the mailing list.

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## MOTO - Members On Their Own

### ***23rd November - meet at Scotsdales, Horningsea,***

for an intriguing wander round their Christmas displays of decorations, cards, gifts etc. Purchases may be made as you wish.

There is an optional lunch available at 12.00noon if you wish to stay for that.

***December – no event.***

***January - Afternoon tea at La Hogue – date to be arranged***

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*The MOTO group visit to Bottisham Airfield Museum on 23rd November was very much enjoyed by the 10 members who attended. Not many people seem to know of its existence and I think it's well worth a visit (soon to be shutting down for the winter, re-opening in Spring). Our guided tour was followed by tea and cake as usual!*

*Rosemary Foreman*

# DECEMBER 2022

## GROUP MEETINGS

DAY/DATE	TIME	GROUP	VENUE
Friday 2	14:30	History	<b>No meeting</b>
Monday 5	10:30	Wings Wheels Water	Exning Road Club
	14:30	Camera Group	The Racing Centre - <b>Changed Venue for December</b>
Tuesday 6	14:30	Art appreciation	<b>No meeting</b>
Wednesday 7	10:30	Walking	Venue - see website
	14:30	Antiques	The Racing Centre -
Thursday 8	10:30	Carpet Bowls	Exning Road Club
Monday 12	14:30	Scrabble	<b>No meeting</b>
Tuesday 13	10:30	Model Making/Craft	<b>No meeting</b>
	11:15	Cook-Off	<b>No meeting</b>
	14:00	Local History	<b>No meeting</b>
Wednesday 14	12:00	Lunch Group	<b>No meeting</b>
Friday 16	14:30	Music Appreciation	The Racing Centre
Monday 19	10:00	Executive Committee	-
	14:00	<b>Bridge (New Group)</b>	Exning Road Club
	14:30	Speaker Meeting	Exning Road Club
Tuesday 20	14:30	Discussion	The Racing Centre
Wednesday 21	14:30	Garden Group	<b>No meeting</b>
Thursday 22	10:30	Carpet Bowls	Exning Road Club
Friday 23	14:30	Realm of Books	<b>No meeting</b>
Tuesday 27	14:00	Rummikub	<b>No meeting</b>
Wednesday 28	15:00	History of Science	<b>No meeting</b>
-	<b>NOTE: MOTO group - No meeting</b>		

# JANUARY 2023

## GROUP MEETINGS

DAY/DATE	TIME	GROUP	VENUE
Monday 2	10:30	Wings Wheels Water	<b>No meeting</b>
	14:30	Camera Group	<b>No Meeting</b>
Tuesday 3	14:30	Art appreciation	<b>No meeting</b>
Wednesday 4	10:30	Walking	Venue - see website
	14:30	Antiques	<b>No meeting</b>
Friday 6	14:30	History	<b>No meeting</b>
Monday 9	14:30	Scrabble	Tesco Community Room
Tuesday 10	10:30	Model Making/Craft	Tesco Community Room
	11:15	Cook-Off	Tesco Community Room
	14:00	Local History	Burwell Museum & Windmill
Wednesday 11	12:00	Lunch Group	<b>No meeting</b>
Thursday 12	10:30	Carpet Bowls	Exning Road Club
<b>Friday 13</b>	-	<b>Annual Lunch</b>	<b>Details to follow</b>
Monday 16	10:00	Executive Committee	-
	14:00	Bridge	Exning Road Club
Tuesday 17	14:30	Discussion	The Racing Centre
Wednesday 18	14:30	Garden Group	Exning Road Club
Friday 20	14:30	Music Appreciation	The Racing Centre
		Discussion	The Racing Centre
Tuesday 24	14:00	Rummikub	Tesco Community Room
Wednesday 25	15:00	History of Science	Via Zoom
Thursday 26	10:30	Carpet Bowls	Exning Road Club
Friday 27	14:30	Realm of Books	The Racing Centre
Monday 30	14:30	Speaker Meeting	Exning Road Club
-	<b>NOTE: MOTO group - see website</b>		