

GARDEN GROUP

April 19th – Growing Vegetables in Small Spaces with Pauline Harper

May 17th – A visit to a Garden Centre or a local garden. Details to follow on the website and at the April meeting.

New members are always welcome.

Kath Gifkins: 01638 610535

Rosemary Foreman: 01638 730072

ART APPRECIATION

It has been very good to find new members joining the group - I hope both they and the regular stalwarts will enjoy the forthcoming meetings and trips. April's meeting at the Racing Centre on Tuesday, 4th will be the long-postponed presentation by me on the Artists of Venice, Part 2 - 18th century. We will be looking to understand why there was this resurgence of artistic activity, and enjoying the works of painters who remain popular today.

For our 2nd May meeting we will be making a visit to an exhibition, museum, or gallery - I have several ideas, and look forward to planning the trip - future news on the u3a website, and in e-mails to group members.

Anna Smith: 01638 731116 anna.smith81@outlook.com

SCRABBLE: PLEASE NOTE

As the second Monday of the month in both April & May fall on Bank Holidays the group will now meet one week later, Monday April 17th and Monday May 15th.

These meetings will still be held at Tesco. Hope to see you there.

Janet Neville

u3a

NEWMARKET

E-News for April & May 2023



From the Chair

Dear Members

I'm sure we are all looking forward to warmer weather as spring gets under way. Certainly, it appears that more of you are getting out and about as attendances at all groups are on the rise.

A big thank you must go out to all our excellent group leaders who put in great efforts to make sure the high standards we have come to expect are met. Please remember that all group activities are a two-way street and while coordinators may be willing to continue to put on excellent programmes themselves, they may also welcome the offer of help from time to time. The ethos of the u3a is based on shared learning, so if you feel you have something to contribute to a group you attend or are willing to start a new group, please don't be shy in coming forward. As the saying goes, no reasonable offer will be refused. A great example is the Tablet computer course set up by Andy Webb, which comes hard on the heels of his re-establishment of a Bridge Group.

As mentioned in the last edition the Executive committee have been looking into the costs involved in speaker meetings. It is with regret that as of the April meeting the meeting fee of £1.50 will need to be re-introduced, although I'm sure you will agree this is excellent value for money.

Trish Newell, who has been Speaker Secretary for the last three years, has announced she will step down at the AGM. She has done a great job securing some excellent speakers but I'm sure we can find someone willing to take on the challenge of replacing her, so please give it some consideration.

Also, Rosemary Foreman will be stepping down as Lunch Group coordinator in April too and unless a replacement can be found this very popular group will come to an end, which we don't want to see.

Kath Gifkins

WINGS, WHEELS & WATER

For personal reasons, I am afraid the start of 2023 has been rather disrupted and I am very grateful to David Soanes for assistance and support in maintaining a meeting programme.

As I was unable to present my advertised presentation in February, David organised a very interesting talk focussing on making military models, given by John Wallace, a comparatively new member of both Newmarket U3A and the Wings, Wheels & Water group, and illustrated with several beautiful models that he had built. For March, I undertook to make a presentation but used one of WWW's very first, the DeHavilland Dynasty; a famous name but with a variety of 'spin-off' relatives!

Tim and David will now share the presentations but we will be pleased to accept guest speakers. We are delighted to welcome Niddy Walpole to our April meeting. She will be talking about The Cutty Sark; one of the great names of British ships.

There will be no meeting in May.

Tim Young tim_young@live.co.uk & *David Soanes*

HISTORY

Despite a technical glitch the Group enjoyed my talk on wallcoverings through the ages. Our next meetings

Friday 7th April **NO MEETING**

Friday 5th May -a talk titled the **Lost Kingdom of the Black Pharaohs**

Everyone knows the Ancient Egyptians but these people ruled in Southern Egypt and Sudan .They also built pyramids.

Friday 2nd June- **How the introduction of coal changed our lives forever.**

For the Village Project this year we will be studying Exning and Landwade. This will be our 4th village after Chippenham, Isleham, and Burwell during lockdown. I am waiting for warmer weather before I collate questions and we have a walk around the village.

Niddy Walpole: niddy198@gmail.com

RUMMIKUB

Our group meets on the 4th Tuesday of the month at 2.00pm

We meet in Tesco Community Space where we enjoy a couple of hours of fun and enjoyment!

It is a very straight-forward game and you will soon pick up the rules and method of playing the game, even if you have never played it before.

Do come and give it a try.

Rose Baxter

CALLING ALL U3A PHOTOGRAPHERS

The summer magazine is now in planning. We need lots of pictures please

So please start snapping and keep the results of your labours-
or you can now start sending them to tim_young@live.co.uk

ANTIQUES

David Palmer our speaker, entertained us with his tales of his latest auctions in March.

Our next meetings are: Wed 5th April

Wed 3rd May

Wed.7th June

All are welcome to join us at 2.30pm at Tesco Community Room

Niddy Walpole: niddy198@gmail.com

CRAFTS, COFFEE & COOK-OFF

Our meetings on the 2nd Tuesday of each month start with the Crafters (is there such a word??) arriving at 10.30 then the cook off participants arriving at 11.15 to sample the outcome of our culinary attempts, have a coffee and a good old natter.

The crafts include model making and all sorts of needlecraft with teaching and advice available. The cook off nominally involves us all following the same recipe and comparing results. Both the results and the adherence to the set recipe are very varied which makes for interesting tasting and discussion.

In our last session we make apple and walnut flavoured Chelsea buns – a hugely time consuming recipe requiring virtually all the bowls in our kitchens and a mass of washing up. The jury is still out on whether all the effort was worth it!

Next we are making cornbread muffins- a very much more straightforward task. The current recipe is always available on our website and alternates between sweet and savoury.

Stephanie Ellington: skle2@cam.ac.uk

BRIDGE GROUP

The Bridge Group started in October and meets at 2-4 every third Monday afternoon of the month in the Exning Road Club. Attendance has varied from 5 to 11 so we mostly get two tables: one for beginners and the other for more experienced players though there may be a little table swapping or sharing involved. So far we've stuck to the pattern that my wife teaches the beginners and I play at the other table. We play standard Acol with rubber bridge scoring and the emphasis is very much on enjoyable social bridge rather than competition. Tea and coffee are provided. If you are interested in joining us, you can just come along or you could contact me, Andrew Webb by email or phone:

Andrew Webb: 01638 602596 email: andrew.webb33@outlook.com

HISTORY OF SCIENCE

We are continuing to look at the links between the collections at the Whipple Museum and those of other museums in Cambridge.

On **Wednesday 26th April at 3pm** we'll be exploring exploration and the Scott Polar museum. Then on **Wednesday 24th May** we'll continue thinking about maps and navigation with items from the collection at the Museum of Archaeology and Anthropology.

Alison Giles: are26@cam.ac.uk

CAMERA GROUP

Camera group has now settled into our monthly meeting programme at Tesco Community Room on the first Monday of each month, starting at 2.30pm.

This year our monthly challenges include some more abstract themes and so far have drawn a wide variety of entries. In a successful double **Richard Unwin** won both February, "**Mechanism**" and March "**Windows**" competitions.

We have been pleased to welcome some new members to our meetings this year and look forward to more members and more entries in our competitions in the months ahead.

John Herring: johnherring6@aol.com

DISCUSSION GROUP

After many years as co-ordinator for the Discussion Group, Ann Lay has had to step away from this role as she has moved on to residential care. However the group still meets at the Racing Centre and has been pleased to welcome some new members to our meetings this year with John Herring taking the co-ordinator role.

John Herring: johnherring6@aol.com

REALM OF BOOKS

The Realm of Books Group met at the racing Centre on 24 February to decide on which books they would be reading for the next few months. It turned out to be quite a challenge as there were about 30 suggested titles to choose from. Finally we managed to pick twelve of them.

At the moment we are reading '**A Thousand Splendid Suns**' by Khalid Hosseini.

For the meeting on Friday 28 April, the book will be '**Bury Your Past**' by J M Dalgliesh and for 26 May we have chosen '**The Words in my Hand**' by Guinevere Glassford.

The full list of our latest authors and titles appear on our website, or you can get details by contacting Margaret on 01638615252

Margaret Jocelyn 01638 615252.

STOP PRESS +++ STOP PRESS +++STOP PRESS +++ STOP PRESS ++

We have just heard that the Bridge Group is to start meeting fortnightly.

Further details at the next meeting or from Andrew; see his details in the Bridge Group item.

TABLET COMPUTERS FOR BEGINNERS

The course started on 2nd March and was very well attended. The course will continue for the following five weeks on each Thursday at 10:30-11:30 in the upstairs classroom (Gibson Room) of the Newmarket Racing Centre. It is aimed more at beginners than experts and the emphasis will be on explaining how to access the internet and finding sources of information, education and entertainment. It doesn't matter whether you have an Apple iPad or one of the many Android tablets. If you are interested in joining us, please contact me, Andrew Webb, by email or phone :

Andrew Webb: andrew.webb33@outlook.com or phone 01638 602596.

SPEAKER MEETINGS

Monday 24th April

Paul Barwick will once again be entertaining us with revelations about the mysterious lives of spies. He will be telling us about Gareth Williams, a code breaker and MI6 spy whose body was found inside a locked sports bag. This presentation delves beneath the media sensational headlines to look at the world of espionage and treachery.

Monday 22nd May

Charlie Haylock presents his talk on "Charlie and the Dig". He tells how he was chosen by Ralph Fiennes to be the dialect coach for the wonderful Netflix film "The Dig". Charlie prepared Ralph and the cast for their roles. This film tells the story of the discovery of archeological findings at Sutton Hoo.

Trish Newell: Speaker Secretary

MUSIC APPRECIATION

With around 20 or so members at our meetings we hope to create a more friendly seating layout. In view of members excellent suggestions there will be a longer break around half way so that members have time to chat over their coffee and tea. We will see how it all works out at the next get together.

Forthcoming programmes:- Note Richard is away in April so we have switched around. Appropriate as Spring looks more likely in April!

March 17th Richard will present **Rachmaninov 1st piano concerto** then after the break **Tchaikovsky Symphony No 4.**

April 21st. ' Spring ' . A collection of works on the subject.

May 19th. Music from composers chosen by members. If this is successful it could become a regular feature so suggestions please.

More information on our web page in due course.

Mike Jocelyn: mikejocelyn21@gmail.com

MOTO: Members On Their Own

Our February visit to Anglesey Abbey was very popular – luckily it was a fine day and 18 of us enjoyed going round the Winter Walk, where we saw lots of snowdrops, hellebores, aconites, etc and a few winter-flowering shrubs. Then we all adjourned to The Shed at Lode for an excellent lunch!

On 30th March we will be visiting Ely Museum (in Market Street), meeting there about 11.30 am. It's market day in Ely so there will be a chance to visit the market, shop, eat, etc as well. Buses from Newmarket stop opposite the Museum – departure times will need checking.

There will be no event in April, due to Easter: I'll be on holiday for a week!

I would remind members that Exning Cinema is open on the 2nd Friday of each month, doors open 7.00 pm for 7.30 pm showing, admission £4.00, refreshments available. If anyone is interested and needs a lift, please contact me.

Rosemary Foreman: 01638720043 or rofore22@gmail.com

WALKING

Membership of the walking group continues to grow with 20+ walkers meeting each month. As with the lunch group, it isn't always easy to find a pub open for lunch on a Wednesday, but some pubs will open for us especially. This was the case in March, when the group enjoyed an excellent lunch at The Five Bells in Burwell following their walk.

The walk on 5th April commences at 10.30 am at Borough Green, parking near the church – I'll be there to take your orders for lunch, which will be at the New Wellington, Newmarket (again, doing lunch especially for us).

On 3rd May, the walk will start in Stetchworth (meeting place and lunch yet to be arranged) and will go over the Devil's Dyke to hopefully see some early bluebells.

Rosemary Foreman: contacts as above

LUNCH

The lunch group continues to thrive with more than 30 people attending each month.

We will be meeting at the White Horse, Exning, on 12th April and, as usual, I will be bringing the menu to the various groups I attend so members can make their choices. Please contact me if necessary to order your meal.

I have decided to give up organising the group lunches after April so we need someone to take over this role as from May – please give it some thought as it's a very popular group and it would be a shame if it had to close.

Rosemary Foreman: contacts shown elsewhere

Newmarket U3A

is liaising with other local organisations which may be of interest to our members in return for their advertising of our organisation, events and activities.

You may like to support

Newmarket Community Cinema

at the Stable, 65 High Street

7.00pm for 7.30 on the third Monday of the month

Monday 17 April: Mrs Harris Goes to Paris

Monday 15 May: Ticket to Paradise

Monday 19 June: Reach for the Sky (1956)

APRIL 2023			
GROUP MEETINGS			
DAY/DATE	TIME	GROUP	VENUE
Monday 3	10:30	Wings Wheels Water	Exning Road Club
	14:30	Camera Group	Tesco Community Room
Tuesday 4	14:30	Art Appreciation	The Racing Centre
Wednesday 5	10:30	Walking	Venue - see Website
	14:30	Antiques	Tesco Community Room
Thursday 6	10:30	Tablet Computing	The Racing Centre
Friday 7	14:30	History	No meeting
Tuesday 11	10:30	Model Making & Craft	Tesco Community Room
	11:15	Coffee & Cook Off	Tesco Community Room
Wednesday 12	12:00	Lunch Group	The White Horse, Exning
Thursday 13	10:30	Carpet Bowls	Exning Road Club
Monday 17	10:00	Executive Committee	-
	14:00	Bridge	Exning Road Club
	14:30	Scrabble	Tesco Community Room
Tuesday 18	14:30	Discussion	The Racing Centre
Wednesday 19	14:30	Garden Group	Exning Road Club
Friday 21	14:30	Music Appreciation	The Racing Centre
Monday 24	14:30	Speaker Meeting	Exning Road Club
Tuesday 25	14:00	Rummikub	Tesco Community Room
Wednesday 26	15:00	History of Science	Via Zoom
Thursday 27	10:30	Carpet Bowls	Exning Road Club
Friday 28	14:30	Realm of Books	The Racing Centre
-	Note: MOTO Group - see Website		

MAY 2023			
GROUP MEETINGS			
DAY/DATE	TIME	GROUP	VENUE
Monday 1	10:30	Wings Wheels Water	No meeting
	14:30	Camera Group	Tesco Community Room
Tuesday 2	14:30	Art Appreciation	The Racing Centre
Wednesday 3	10:30	Walking	Venue - see Website
	14:30	Antiques	Tesco Community Room
Friday 5	14:30	History	Exning Road Club
Tuesday 9	10:30	Model Making & Craft	Tesco Community Room
	11:15	Coffee & Cook Off	Tesco Community Room
Wednesday 10	12:00	Lunch Group	Venue - see Website
Thursday 11	10:30	Carpet Bowls	Exning Road Club
Monday 15	10:00	Executive Committee	-
	14:00	Bridge	Exning Road Club
	14:30	Scrabble	Tesco Community Room
Tuesday 16	14:30	Discussion	The Racing Centre
Wednesday 17	14:30	Garden Group	Garden Visit - TBA
Friday 19	14:30	Music Appreciation	The Racing Centre
Monday 22	14:30	Speaker Meeting	Exning Road Club
Tuesday 23	14:00	Rummikub	Tesco Community Room
Wednesday 24	15:00	History of Science	Via Zoom
Thursday 25	10:30	Carpet Bowls	Exning Road Club
Friday 26	14:30	Realm of Books	The Racing Centre
-	Note: MOTO Group - see Website		