



FROM THE CHAIR - Tim Young

Dear Members,

Last month I was reminiscing about 1961 and the early days of my 'career' as a drummer. Needless to say, my thoughts ran away with me and I started searching for photographs from that time, without success I am afraid, so this one – '61 revisited in '21 will have to do. I did ask if anyone else had a 'favourite '01'? It's a shame that I didn't receive any responses, as I am sure your memories are as sharp and clear as mine. If you don't want to put them on paper how about on our [Facebook group](#)?



© K Horack

'And now for something completely different' – as Monty Python used to say

It has been a matter of concern to me, and others, that our members without internet access only receive the printed E-News itself and none of the papers or activities referred to. So, I have begun a trial of something which I have called our 'OFFLINE PACK'. Most of the items come off the website, although others were prepared but never made it. There may also be additional materials.

I am hoping fervently that I shall get some feedback about this, so that I know if this is a worthwhile effort.

However, circumstances continue to change and to develop and we are intending that the next 'OFFLINE PACK' will be very different - available to all, in printed, magazine form, reflecting on the year we have had since we last met face-to-face.

Tim Young Chairman

(Publicity Team Note: We aim to deliver a full hard copy review of lockdown history and the plans for moving forward to all members when lockdown comes to an end.)

Latest News: Group Activities

Antiques – Niddy Walpole

Everyone enjoyed the half hour Zoom meeting with David Palmer on 3 February. You will find further details on the [Antiques](#) page of the website. David has kindly agreed to another meeting on 7 April. A link will be sent out closer to the date.

Camera Group – Barry Coles

The subject for February 2021 was 'Vintage Vehicles'. The winner was Phil Boggie, with 'Triumph Mayflower'. There were 3 runners-up: Lucy Clarke - 'Here's looking at you', Barry Coles – 'WWI Locomobile' and Chris Timmins - 'Woolpit Steam Fair'. Congratulations to everyone. I think that members this month entered a good selection of photos, with a great 30 entries.



© P Boggie

The snow arrived early February, so I hope you were all able to obtain some good photos for your Christmas card 2021, with entries due later in the year.

The co-ordinators will be meeting on Zoom 23 February to finalise the choice of subjects from April and will advise you as soon as possible.

Winner: 'Triumph Mayflower'



© C Timmins

'Woolpit Steam Fair'

Next month's subject will be 'Street Scene' and the competition will commence on 1 March. Details are sent by email to camera group members before the end of the month - contact me any time by email if you would like to join in the competition.



© L Clarke

'Here's looking at you'



© B Coles

'WWI Locomobile'

History– Niddy Walpole

The next talk, on Friday 5 March will be about the factors that led to mass emigration from Ireland and Scotland, in the 19th century.

Cook off Friday – Niddy Walpole

February's recipe, based around blueberry muffins, proved a challenge, giving rise to 'strange growths, sunken tops and soggy bottoms'!

Yet again however, Rosemary Foreman triumphed with her perfect looking, and tasty muffins. As a previous winner, Rosemary deferred the choice of recipe for the May Cook off Friday to another Group member, who will select a recipe for lemon drizzle cake. The March recipe, chosen by Ann Molloy, is savoury cheese straws. The details and recipe can be found at the end of this E-News, and on the website [page](#)



© R Foreman

French Conversation – Alison Giles

French 'conversation' continues via email, with some excellent contributions this month about favourite places. We're still hoping to be able to meet in person at some point, but that will depend on restrictions easing over the summer, and perhaps on the weather if we are trying to meet outside!

Garden – Kath Gifkins and Rosemary Foreman

We are pleased to say that Darren Lerigo who was due to present his talk 'What shall I do with this space?' at the Exning Road Club on 17 March has agreed to present it by Zoom on this day instead. The meeting starts at 2.30 p.m.

He will be sending the link for the meeting around 7 days ahead and this will be emailed to all Garden Group regulars. Others are welcome to attend, whether a Garden Group member or not, just email Kath for the link.

Music Appreciation – Mike Jocelyn

We are back to our core classical theme this month with a virtual orchestra playing Beethoven's Symphony No 7, 2nd movement, Allegretto.

Its a bit longer than the usual 5 minute snippet. It may not be the best performance musically speaking, but I hope you can enjoy seeing it all virtually, and watching each instrument highlighted as they play their part. Beethoven's Symphony No 7 has been used in films such as 'The King's Speech' and has inspired other composers and musicians. You can find an interesting article about the symphony on the website for WRTI, a member-supported public radio station. (<https://www.wrti.org/post/why-beethovens-allegretto-so-completely-captivating>)

To see the video click the link <https://youtu.be/2i3GXyqwz9k> (Beethoven's 7th, second movement)

Speaker Meetings – Trish Newell

The presentation on 29 March will be by Sarah Slater, on the subject of 'Working with the ghosts of Hampton Court Palace'.

Sarah is Guide Lecturer for Historic Royal Palaces at Hampton Court Palace, and she will give us a glimpse of what it is like to wander the galleries late at night on her own in the dark. (See the [Events](#) page of the website for further details.)

Realm of Books – Margaret Jocelyn

As I prepare this for the E-News, The Realm of Books Group are reading 'Unsheltered' by Barbara Kingsolver for our February Zoom meeting at the end of the month. It is a book to get 'our teeth into' during the days of lockdown. Our thoughts on this novel will appear in the next E-news. You can also go to the website page for [our reviews](#) and our [programme of books for 2021](#).

Hopefully we can look forward to better weather before too long and also the possibility of looking to a future where COVID-19 dominates us less, especially now that many of us will have had the first of our vaccinations. Our group have remained positive during these difficult times and have found reading a great way to escape into the lives of fictitious characters.

Wings, Wheels & Water – Tim Young and Stephen Garner

After February's presentation looking at how Victorian engineering adapted to handling water resources around Newmarket, the talk on 1 March will enlighten us on how a very different practical problem was resolved. David Soanes will talk about the crucial importance of oil during WW2, the movement of oil throughout Britain and the innovative and unique way of transporting it to Northern Europe via Operation PLUTO.

The [WWW page](#) on the website has also been updated, with the addition of another illustrated article in the "Where have you been, and what have you seen?" series. On this occasion it describes a visit to the Battle of Britain Bunker and Exhibition Centre, and mentions some related on-line activities you can enjoy during lockdown.

A New Group

The History of Science – Alison Giles

We are delighted to announce that Alison Giles, who is a familiar figure to us through her French Conversation Group, will be leading a new U3A Group, **The History of Science**.

Alison is in charge of education at Burwell Museum and also at the Whipple History of Science Museum, in Cambridge.



Whipple Museum Gallery

No doubt you will wish to join her in her Zoom meetings in this exciting new opportunity. She will select a different instrument each month to give its history and development. For March it will be Charles Darwin's Microscope. The talks will be followed by a question and answer session.

The Zoom meeting will be 11.30 a.m. on Wednesday 10 March. To join the presentation, **please keep and then use the Zoom link in the email which accompanied this edition of E-News**.



Darwin's Microscope

More Topics That Matter

Ideas For New Activities

The **Activities sub-committee** would like to know what new **Interest Groups** the members would like us to establish – given enough interest and someone prepared to co-ordinate them? They could be online ideas that we could do now, or face-to-face activities for when we can meet in person, for example:



Writing Group: Would you like to write about subjects such your hobbies or activities, contribute poems, crosswords, or quizzes, or maybe write short stories so that we could produce a magazine-style document for all members to read? If so, please send an email, simply expressing your interest, to: stephengarner1957@gmail.com

Drone and Metal Detecting Groups: When COVID-19 restrictions allow outdoor activities, would you like to learn to fly a drone and see the world from above, or search for hidden treasure with a metal detector? If so, please contact Tim Young by either email (tim_young@live.co.uk), or telephone (07766396303).

Our New Normal

There are local organisations, including some U3A groups, that are currently unable to provide activities, and have consequently gone into hibernation. We are pleased that this doesn't apply to Newmarket U3A, which, although its activities are restricted, still provides opportunities for its members to communicate via Zoom, email and its website.

There are for example, **MUSIC** videos, **HISTORY** talks and quizzes, **BOOK** reviews, **CAMERA** competitions, **TECHNOLOGY** talks and **SPEAKER MEETINGS**. In addition, we are actively looking for ways to support members without internet access.

During this period of lockdown, don't get low, give Newmarket U3A's activities a go! Perhaps try something new, and don't forget to tell your family and friends about our programme of educational and leisure activities.

Keeping Us Compliant

The U3A has to ensure that it adheres to numerous regulatory and licensing matters. Copyright law is a very important issue and we have produced some notes that we hope you will find helpful for your U3A activities.

These include general advice for members, a list of associated licenses, and "help notes" for getting started with finding images, or audio/visual files that may be suitable for re-use. You will find all these documents on the [copyright page](#) of the website.



Recipe for Cook off Friday

(19 March at 11.00 a.m.)

Cheese Straws

The recipe was supplied by Ann Molloy, and is one she has used for many years.

- 3oz grated cheese
 - 2oz plain flour
 - 1 level teaspoonful baking powder
 - Sprinkle of red pepper (paprika or chilli)
 - 2oz butter
 - 1 egg yolk
- 1) Grate cheese into a bowl.
 - 2) Sift the flour into this, baking powder and pepper too.
 - 3) Add 2oz butter or margarine, chopped into fine pieces and rub between your fingers to form fine breadcrumbs.
 - 4) Add the separated egg yolk and mix into a stiff dough. Divide into 2 halves.
 - 5) Heat the oven; Gas 7, or electricity 425°F/220°C.
 - 6) Roll out into two oblongs of 9 inches by 2 inches on a floured board, and using a sharp knife cut into straws. Sprinkle with a little of your choice of red pepper. Carefully place on an ungreased baking sheet.
 - 7) Bake until golden brown 8-12mins.

