

the summer lunch



Sunday 21st July 2024 12:30pm to dine at 1:00pm

The EBM Centre, 16 Seaview Road, Peacehaven, BN10 8PX

| COST £31.50 per person (Drinks extra) | | Name 1 | Name 2 | | | |
|--|--|----------------------------------|------------------|--------------|--|--|
| Who would you like to sit with? | | | | | | |
| | | | T | | | |
| Dieta | ary information: | | | | | |
| e.g. allergies, gluten free etc | | | | | | |
| If you | u are not an N&P u3a memb | er, | | | | |
| pleas | se give a contact phone num | nber: | | | | |
| П | Cheque | Bank Transfer | Cash | Card | | |
| ĘN | Made payable to | Sort code 60-16-41 | Exact amount | At a monthly | | |
| PAYMENT | Newhaven & | Account No. 83005390 | only in a sealed | meeting. | | |
| Δ | Peacehaven u3a | Use ref: Summer "Your name" | envelope. | | | |
| | • Use this form and post i | t with the payment to | | | | |
| ğ | Tony Garwood 16 Horsh | am Avenue, Peacehaven, BN10 8HX. | | | | |
| то воок | • Or hand it to Tony Garwood, with the payment, in a sealed envelope at a monthly meeting. | | | | | |
| 2 | Or send an email to <u>u3aNP@outlook.com</u> | | | | | |
| | (the email must have all the details required in this form). | | | | | |

Please select one dish from each course

to start

| Name 1 | Carrot & Coriander Soup (gf) (vg) | | Melon & Parma Ham (gf) | | Classic Prawn Cocktail (gf) | |
|-----------|--------------------------------------|--|----------------------------|--|-----------------------------|--|
| Name 2 | Carrot & Coriander Soup (gf) (vg) | | Melon & Parma Ham (gf) | | Classic Prawn Cocktail (gf) | |
| to follow | | | | | | |
| Name | Beetroot & | | Chicken Supreme wrapped in | | Salmon with a White | |

| Name | Beetroot & | Chicken Supreme wrapped in | Salmon with a White |
|------|------------------|--------------------------------|---------------------|
| 1 | Butternut Squash | Bacon with a White Wine, | Wine, Lemon & Cream |
| | Wellington (vg) | Mushroom & Tarragon Sauce (gf) | Sauce (gfa) |
| Name | Beetroot & | Chicken Supreme wrapped in | Salmon with a White |
| 2 | Butternut Squash | Bacon with a White Wine, | Wine, Lemon & Cream |
| | Wellington (vg) | Mushroom & Tarragon Sauce (gf) | Sauce (gfa) |

to finish

| Name | Tart au Citron | Seasonal fruit | Selection of 3 cheese, | Vanila |
|------|------------------|-------------------|-------------------------|--------|
| 1 | served with a | salad with double | grapes, celery, chutney | ice- |
| | Raspberry Coulis | cream (v) (gf) | & biscuits (v) (gf) | cream |
| Name | Tart au Citron | Seasonal fruit | Selection of 3 cheese, | Vanila |
| 2 | served with a | salad with double | grapes, celery, chutney | ice- |
| | Raspberry Coulis | cream (v) (gf) | & biscuits (v) (gf) | cream |

and

Tea, coffee & mints

Your booking is not secured until payment, & this form or required information, have been received.

Please note this fee is non-refundable. If you book and are not able to attend, you will not be reimbursed by the Committee. It will be up to you to find a replacement and get them to pay you directly. You must let Tony Garwood know who your substitute is.

equality u3a diversity inclusion