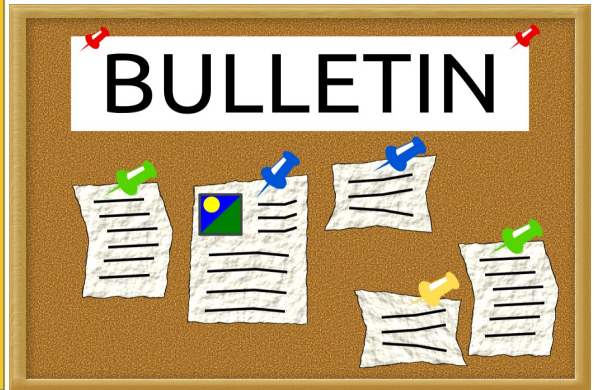




SEPTEMBER 2023



Monthly Meeting

September 2023  
Thursday 7<sup>th</sup> September at 2:15pm  
in The Hillcrest Centre, Newhaven



Banoffee Pie  
& Other Adventures.

A talk by  
**Ian Dowling**  
*The creator of Banoffee pie*

**NEWHAVEN 2.15 pm**

Main Hall,  
Hillcrest Centre,  
Bay Vue Road,  
BN9 9LH.



**Please remember to bring your own  
cup/mug for tea/coffee**

### September 7<sup>th</sup> monthly meeting at the Hillcrest Centre Newhaven 2.15

Would you like to know how Banoffee Pie came about? Well, the creator of Banoffee Pie, Ian Dowling will be telling us all about how the popular dessert was invented. The title of his presentation is Banoffee Pie and Other Adventures. As usual at the meeting there will be an opportunity to book for visits to the theatre, trips, lunches and there will be information available about our interest groups. Don't forget to bring your own mug/cup for tea/coffee.

**Marian**

### Monthly Bulletin

The **Monthly Bulletin** contains any important information or updates to the information published in the preceding Newsletter and it is only distributed by email.

Please send all content for the Monthly Bulletin to John Harrison at 01273 586766 or harrystjohn2003@yahoo.co.uk to arrive before 26th of the month.

**If you know a member that does not have email please pass any relevant information onto them.**



### Get well and sympathy cards

If you know of any U3A member who is ill or in hospital and would appreciate a cheery card from us all at the U3A, please let **Marion Booker** know on: **01273 587712 / 07772078052**

The u3a is a self-help learning organisation for people who have completed their career or finished raising a family and is an equal opportunities organisation welcoming all members.



[u3aNewhavenPeacehaven](https://www.facebook.com/u3aNewhavenPeacehaven)



our email [u3aNP@outlook.com](mailto:u3aNP@outlook.com)



[u3a Newhaven & Peacehaven](https://www.youtube.com/u3aNewhavenPeacehaven)

<https://u3asites.org.uk/newhaven-peacehaven>

**GROUPS & GROUP NEWS**



**Interest Groups**

Details of all Interest Groups can be found on our website or by contacting the appropriate Group Leader:

<b>Art Club: Graham Heys - 01273 585999</b>	<b>Book Group Newhaven: Delia Boatin - 01273 514303</b>
<b>Book Group Peacehaven: Rose Lawrence - 01273 580908</b>	<b>Bridge Club: Jackie Webber - 0742815944</b>
<b>Bridge: Jackie Webber - 0742815944</b>	<b>Boccia: Mick Etheridge - 07766514161</b>
<b>Book Group - Under the Covers Joyce Bourne - 07879441106</b>	<b>Outings - Bus Pass Outings: Leslie Hirtle - 01273584494 : Andy Rutherford - 01273582620 : Deanne Smith - 01273982598</b>
<b>Chatter Boxes: Doreena Evans - 01273 585089</b>	<b>Crochet: Angela Barnet - 07788230523</b>
<b>Classical Music: John Pheby - 01273 579642</b>	<b>Cribbage: Nigel Barnes - 07963431887</b>
<b>Discussion 1 Peacehaven: Jackie Webber - 07428159444</b>	
<b>Discussion 2 Newhaven: Marian Stanley - 01273 611068</b>	<b>French (Basic): Chis Sutton - 01273 512261</b>
<b>Gardening: John Shepherd - 01273 516079</b>	<b>Keep Fit: Jackie Webber - 07428159444</b>
<b>Laptops, Tablets and Smart Phones: Tony Garwood - 07428122161</b>	
<b>Lunch Bunch: Sharon Ahearn - 01273 589953</b>	
<b>Mahjong: Joan Farrimond - 01273 580143</b>	<b>Movies Club: John Pheby - 01273 579642</b>
<b>Meditation: Kevin Knight - 01273 786488</b>	<b>Music Appreciation: John Pheby - 01273 579642</b>
<b>Needles &amp; Pins: Pat Bethel- 01273 758041</b>	<b>Rock Music Appreciation: Tony Garwood - 07428122161</b>
<b>Scrabble: Yvonne Maclaughlin - 01273 581523</b>	<b>Singing for Pleasure: Pam Beaumont- 01273 982218</b>
<b>Ten Pin Bowling: Alan - 01273 302967</b>	<b>Theatre Group: Jackie Webber - 07428159444</b>
<b>Ukulele: Marian Stanley - 01273 611068</b>	<b>Walking: Pam Thompson - pamthompson2@btinternet.com</b>
<b>Wine Tasting: Tony Garwood: tonygarwood@hotmail.com</b>	

**Group Coordinators**

Pam Beaumont on 01273 982218 or prmbeaumont@hotmail.com

Tricia Shepherd on 01273 516079 or johndantricia@tiscali.co.uk

**Groups News**

**Singing For Pleasure**

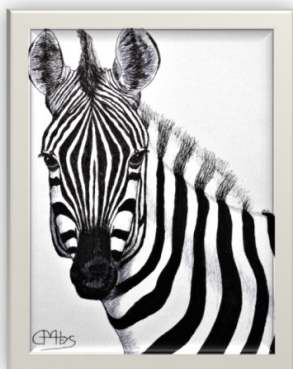
Will start back again on Monday 11th September. New members are welcome. Please contact Pam Beaumont for more details on 07941378080

**Meditation**

A group run in conjunction with 5 Deans that gives you a chance to try different meditation techniques. Venue: Telscombe Civic Centre on the 1st and 2nd Tuesday of the month. 14:00—15:00

**Art Club  
Exhibition 23**

**Friday 22<sup>nd</sup> September**  
**10am - 4pm**  
The Hillcrest Centre  
*Free admission*  
*Everybody welcome*



**Art Club Exhibition 23**

Friday 22nd September, 10am to 4pm  
Hillcrest Centre Newhaven.  
Following the success of the stunning Art Exhibition in 2022 the Art Club will be presenting their work for our enjoyment. New pieces have been created and new artists have joined longer serving members.  
Put the date in your diary.

## Rock Music Group

**Joni Mitchell** will be the focus for the next meeting on Friday 2nd September. During the last year the group has listened to music by, amongst others, The Who, Jimmi Hendrex, Pink Floyd, Jethro Tull, The Jam and Fleetwood Mac. The group meets the first Friday afternoon of each month for a couple of hours. Each month those present agree the focus for the following meeting. The whole of rock music is to choose from, provided only that someone has the relevant LP. We usually listen to something from the beginning of the bands career and compare that with later work. However, in true rock style, flexibility in format is embraced. If you would like to know more about the group contact the Group Leader Tony on 07428122161 or [tonygarwd@hotmail.com](mailto:tonygarwd@hotmail.com).



## Boccia Group

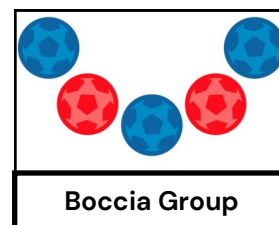
Boccia is a **precision ball sport**, related to bowls and pétanque. It is played by athletes at local, national and international levels. It can be a sport of intriguing tactics, incredible skill and nail biting tension. And it's great fun, however well you play. Boccia is accessible to people with a wide range of levels of mobility, from fully able to anyone in a wheelchair.

The group is lead by Mick Etheridge, who is a qualified Boccia coach.

The group meets at 10am on the last Friday of each month during the summer.

Venue: The lawn, Church of The Ascension, corner of Bramber Avenue/Arundel Road Peacehaven.

For more information contact Mick on 07766514161.



Laptops, Smart Phone & Tablets

**Laptops, Smart Phones & Tablets Groups have changed their meeting day. The groups now meet on Monday afternoons.**

## Beginners Ukulele

Good news – five members have so far expressed an interest in learning to play the ukulele. I have spaces for a few more so if you would like to learn a new skill, make music and have fun with others please contact me.

Email: [marianstanley43@gmail.com](mailto:marianstanley43@gmail.com) tel: 01273 611068 Marian Stanley

## Nature Ramble 6<sup>th</sup> October

There are five places available for the Nature Ramble on Friday 6<sup>th</sup> October. As always David Harris and his colleagues from the Castle Hill Preservation Society in Newhaven will be leading us through this beautiful countryside pointing out the trees, plants, insects, birds and other creatures that live there. This is the autumn ramble so it will be very interesting to see how the area has changed from Summer to Autumn. We meet outside the Co-op on the corner of Fort Road and Gibbon Road at 10.30. The ramble lasts for approximately one and a half hours. I do ask for a small contribution towards the up keep of the Nature reserve at the end of the ramble. If you are interested please contact me either by phone 01273 611068 or email: [marianstanley43@gmail.com](mailto:marianstanley43@gmail.com) Marian Stanley

**U3A Lunch Bunch**

Friday 29th September 2023 @ 12.15pm for 12.30pm

**The Old Plough**

**20 Church Street, Seaford, BN25 1HG**

On this one you need to select your choices and work out your payment total+£1 tip. (We are between menus.)

Places available: 30. Please order and pay for your drinks individually.

**MAIN COURSE :**

- Beef pie, mash, seasonal veg and gravy £14.50
  - Cod and chips with creamy minted peas £14.50
  - Seafood pie, of mixed fish with Cheddar mash. £13.50
  - Chicken and Bacon pie in wine sauce , mash with Cheddar sauce and veg. £14.50
  - Scampi, chips and peas £8.50\*\*
  - Almond Pesto Linguine with spinach, tomatoes and mushrooms .(V) £8.50\*\*
  - Tomato, Pepper and Cannellini Bean Pie with baby potatoes and veg (V) £9..50\*\*
- \*\*From previous budget menus !!

**DESSERTS :**

- Chocolate Brownie with vanilla ice cream £5.75
- Bread and Butter fingers with jug of custard £5.75
- Eton Mess £5.75
- Crumble of the Day with custard £5.25
- Just vanilla ice cream with sauce. £2

Phone Please pre-order and pay before **Fri. 15<sup>th</sup> September 2023**

Sharon Ahearn Tel: 01273 589953 Email: [sunview70@yahoo.com](mailto:sunview70@yahoo.com)

----- Please tear off slip below -----



**The Old Plough: Friday 29th September 2023 @ 12.30pm**

Name:.....

Main Course: \_\_\_\_\_ Price\_\_\_\_\_

Dessert: \_\_\_\_\_ Price\_\_\_\_\_

+ £1 per person tip Total Price\_\_\_\_\_

Phone Number or email: \_\_\_\_\_





## U3A Lunch Bunch

Friday 27th October 2023 @ 12.15pm for 12.30pm

Venue opens at 12noon

**Telscombe Tavern, 405 South Coast Rd., BN10 7AD**

U3A menu: 2 courses and tip: £ 18 inclusive.

Places available: 30. Please order and pay for your meal in advance in CASH.

Buy your drinks at the Bar. Mobility: Front entrance has only a few easy steps.

### MAIN COURSE

Toad in the hole with potatoes, seasonal vegetables and gravy

Scampi ,chips and salad

Chilli con carne, rice and salad

Jamie's Allotment Cottage Pie: Root vegetables. mushrooms, Marmite and crispy Rosemary (V)

### DESSERTS

Peach Melba (Tinned Peach, ice cream and sauce)

Telscombe Trifle

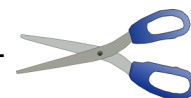
Hot Apple Pie with custard

Cheese Plate : small (V)

Please pre-order and pay before **Fri.13th October 2023**

Sharon Ahearn Tel: 01273 589953 Email: [sunview70@yahoo.com](mailto:sunview70@yahoo.com)

----- Please tear off slip below -----



Name:.....

**Telscombe Tavern: Friday 27<sup>th</sup> October 2023 @ 12.15 for 12.30pm**

Main Course:.....

Dessert..... Price £18 cash inclusive

Phone no. or email:.....



**Art Group**

**Carol Hughes**



**Anne Campbell**



**Jenny Buchanan**



**Ros Dowling**



**Graham Hays**



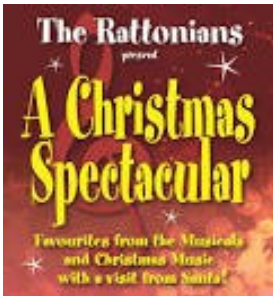
**Joy Jackson**



# The Theatre Group

To book your place  
 phone Jacque on 07428159444  
 or email jacquiewr@hotmail.com

If paying for theatre trips in cash, please bring it in a sealed envelope marked with your name and the trip.



## A Christmas Spectacular with The Rattonnians

**Saturday 25<sup>th</sup> November 2.30, Royal Hippodrome Theatre, Eastbourne – £18**

[Optional pre- theatre lunch](#)

The Rattonnians always know how to get everyone in the right mood for Christmas! This year sees them return to The Royal Hippodrome Theatre with their popular Christmas Spectacular!

The show will be packed with musical theatre favourites, seasonal classics, glamour, dancing and even a special visit from Santa himself!



## Alice in Pantoland Meridian Centre

**Saturday 9th December at 2:30pm Tickets £11.50**

A family pantomime in traditional style from Peacehaven Players. Alice is off on her travels again in a completely new adventure. This time too she strays into the enchanted realm where all our favourite panto characters go in the down season. If Witch Whey cannot be stopped, evil will triumph in all pantos. Only Alice and her new friends can defeat the evil ones and ensure good prevails. Along the way Alice finds love and there's song, dance and loads of laughs.



## And Then There Were None – Thursday 11<sup>th</sup> January 2024 at 2.30pm

**Theatre Royal Brighton – £32**

[Optional pre-theatre lunch at Pinocchio's](#)

And Then There Were None – The Best Selling Crime Novel of all time – Directed by **Lucy Bailey** (*Witness for the Prosecution*, now in its 6th year in London), this brand-new production of the Queen of Crime, Agatha Christie's best selling crime novel of all time will keep you on the edge of your seat. It's genuinely terrifying....Ten strangers are lured to a solitary mansion off the coast of Devon. When a storm cuts them off from the mainland, the true reason for their presence on the island becomes horribly clear.



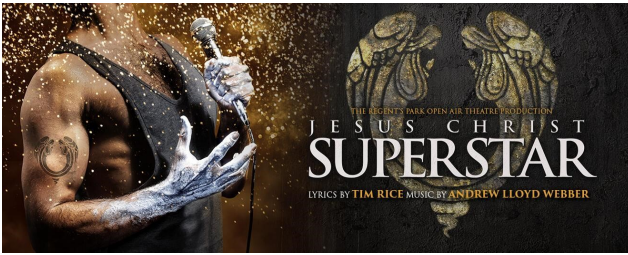
## Sister Act – Theatre Royal, Brighton – Wednesday 13<sup>th</sup> March 2024 at 7.45 pm £42.50

Disco diva Deloris' life takes a surprising turn when she witnesses a murder. Placed under protective custody, she is hidden in the one place she shouldn't be found – a convent! Encouraged to help the struggling choir, she helps her fellow sisters find their true voices as she unexpectedly rediscovers her own. Lesley Joseph as the Mother Superior stars in this award-winning production.

Sister Act features original music by 8 times Oscar and Tony Award winner Alan Menken whose credits include Disney's *Beauty and the Beast* and

*Aladdin*, and songs inspired by Motown, soul and disco, this joyous and hilarious musical is one nostalgia filled trip you will never forget. This is going to be a sell out, so book early.





**Jesus Christ Superstar – Thursday 18<sup>th</sup> April 2024 at 2.30pm**

**Congress Theatre Eastbourne – £39**

[Optional pre-theatre lunch at The Stage Door](#)

An album that inspired a revolution, a revelation that changed the world. A reinvention for this millennium.

Timothy Sheader (*Crazy for You, Into the Woods*) directs

this mesmerizing new production of the iconic global phenomenon. Originally staged by London’s Regent’s Park Open Air Theatre, this reimagined production won the 2017 Olivier Award for Best Musical Revival, garnering unprecedented reviews and accolades.

Choreographed by Drew McOnie (*King Kong, Strictly Ballroom*), with music and lyrics by Andrew Lloyd Webber and Tim Rice, JESUS CHRIST SUPERSTAR is set against the backdrop of an extraordinary series of events during the final weeks in the life of Jesus Christ, as seen through the eyes of Judas. Reflecting the rock roots that defined a generation, the legendary score includes *I Don’t Know How to Love Him, Gethsemane* and *Superstar*.



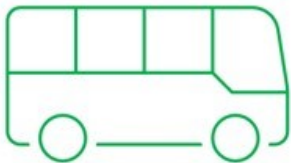
**Chess The Musical –with The Rattונים Saturday 3<sup>rd</sup> August at 2.30pm**

**Royal Hippodrome Theatre, Eastbourne—£22**

[Optional pre-theatre lunch](#)

At the height of the Cold War, two chess masters meet in Bangkok to battle for the world championship, but their greatest contest is for the love of one woman. Written in 1984 by Abba songwriters Benny Andersson and Bjorn Ulvacus, and Tim Rice it includes the international hit singles ‘I Know Him So Well’ and ‘One Night in

Bangkok’.



## Outings



**Tenterden Town plus Kent & East Sussex Railway  
Wednesday 13th September**

A day in the lovely Tenterden in Kent. We will travel by coach. Then you can chose between a day around the town or a steam train journey on the Kent and East Sussex Railway (which includes a cheese or ham ploughman’s lunch). The cost is £50.50 for coach and train or £20 for coach ride only.

Booking forms are available at monthly meetings or download using this link: <https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/tenterdenbooking.pdf>

It will also be available at the monthly meeting. **Last date for booking is 7th September.**

**Please note that we will ask for an emergency contact number and mobile phone from all travellers.**



### Notice from the Theatre and Outings Teams

Please help us by putting all cash and cheque payments to us in a sealed envelope with your name on and details of what you are paying for. This helps us to process your payment accurately and efficiently.





# Holidays

## We're All Going on a Summer Holiday

### 5 Days from Monday 10th June 2024 TLH Resort Derwent Hotel Torquay £379

Members have asked us to organise a holiday during the summer rather than the dreary months of winter. We've done a bit of research and come up with this great offer.

The Derwent Hotel is one of the best hotels in Torquay. It boasts a Spa, a Gym Studio as well as an indoor and outdoor pool. Evening entertainment is provided by a mix of some of the best cabaret acts in the area as well as its own talented entertainments team. And don't forget the bingo.

Our price includes breakfast and evening meal as well as a free bar from 6pm until 11pm each night.

Optional excursions are provided on 2 days including a trip out on the River Dart returning by steam train. Also included in the price is an afternoon tea in the hotel on the Thursday afternoon to celebrate the 30<sup>th</sup> anniversary of Dunwood, the coach company that will be looking after us.

In the area, there are a wealth of attractions to visit including Kents Cavern, Babbacombe Model Village and Bygones.

Torquay has been the home of the rich and famous. Agatha Christie was born in Torquay and lived there until her marriage. Oscar Wilde also lived in Torquay and there are walking tours available which can tell us about their histories.

Thanks to Dunwood, who offer fantastic value for money with their holiday packages, we can offer this holiday with no single person supplement! There are 20 double rooms available and 12 singles. Rooms will be secured on a deposit of £50 with a completed booking, on a first come, first served basis.

You can get a Booking Form at a monthly meeting or download one using this link:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/torquaybookingform.pdf>

Jacquie Webber



2024



TLH Derwent Hotel, Torquay

Special 30th Anniversary Break



**£379**

Per person

The largest of our four hotels in the resort and home of the Starlight Lounge, TLH Derwent Hotel is where you'll find big entertainment. There's bingo, fantastic shows from our in-house entertainment team and top local cabaret acts, so you can dance the night away, or simply sit back and enjoy the atmosphere. Staying at the TLH Derwent hotel, you get so much more than many Torquay Hotels. There's a wealth of daytime activities, outstanding Aztec Leisure facilities and top entertainment every night of the year.

Monday 10th June 2024

5 days (4 Nights) Half Board

2024 Package Includes:-

- \* Return Executive Coach Travel
- \* Excursions
- \* Drinks Inclusive 18:00-23:00 Every Evening
- \* 30th Anniversary Afternoon Celebration
- \* Free Commemorative Gift
- \* Full Entertainment Programme



To book contact Jacquie Webber  
tel: 07428 159444 or email [jacquiewr@hotmail.com](mailto:jacquiewr@hotmail.com)

## N&P Coffee Morning

Join us for a chat and a cuppa



Open 10am-12noon  
2nd Tuesday of each month

At Peacehaven Stonehouse Carvery

293- 295 South Coast Road, Peacehaven BN10 7HX

No need to book  
just turn up and socialise



**Next Coffee Morning**  
**12th September**

### An Opportunity To Meet Your u3a Committee

Would you like to find out how our u3a is run? There will be an opportunity for you to do this at the next coffee morning at the Stonehouse Carvery 12<sup>th</sup> September 10 – 12 when your Chair – Marian, Vice- Chair – Jacque and Secretary – Pat will be available for you to ask any questions you may have about our u3a. We look forward to seeing you.

**Marian Stanley**

Monthly  
Meeting

October 2023

Thursday 5<sup>th</sup> October at 2:5pm  
in The Meridian Centre, Peacehaven

**u3a**  
Newhaven  
and Peacehaven

**Annual  
General  
Meeting**

### Notification of the Annual General Meeting for Newhaven and Peacehaven u3a

**Thursday October 5<sup>th</sup> 2023 2.15**

The Annual General Meeting of Newhaven and Peacehaven u3a will be on Thursday October 5<sup>th</sup> 2.15 in the hall in the Meridian Centre Peacehaven. Nominations for the officers and members of the committee and items for the Agenda should be received by Pat Bethel – Secretary. email; [patbethel@hotmail.com](mailto:patbethel@hotmail.com) by Sunday September 10<sup>th</sup>. You may nominate yourself for any of the officers roles or as a member of the committee.

## New Members' Meeting

Joined our u3a in the last few months?



A chance to find out  
how our u3a works, what we offer  
and to meet other members.

Tea and Coffee will be provided.  
No need to bring a mug this time.



**Monday 18<sup>th</sup> September**  
**1:30pm-3:30pm**  
**Telscombe Civic Centre**  
**360 South Coast Road**

*Hope to see you there.*



## A Great Big Thank You For Your Donations to Chailey Heritage

At our monthly meeting we had an excellent talk presented by Ian Kirby about the excellent work and amazing facilities that are provided for disabled children and young adults at Chailey Heritage. I am very pleased to tell you that we raised a total of £298 in donations to the charity. In the letter of thanks that I received some of the ways that the money could be spent were included. These are:-

- £40 could pay for a music therapy session for young people with little or no speech.
- £140 could fund a switch activated device for table cricket and other inclusive sports, so that young people with complex disabilities can enjoy the benefits of participating in team games.
- £250 could fund a knitting machine for young adults to take part in creative art sessions.

To all of you who donated thank you so very much.

**Marian Stanley**

## An Invitation to be an Observer at our u3a Committee Meetings.

Why not come along to our next committee meeting as an observer. You will find out how everything is dealt with including Interest Groups, Trips, Finances, Development of Policies, Issues that have arisen since the last meeting, Membership and much more. All very interesting I can assure you. Our next committee meeting will be on Wednesday October 11th – 12.15 in the Charles Neville Meeting room in the Meridian Centre Peacehaven. Just let me know if you would like to attend by contacting me Marian Stanley email: [marianstanley43@gmail.com](mailto:marianstanley43@gmail.com) or tel: 01273 611068. We look forward to seeing you.

**Marian Stanley**

## Bus Service Improvement Plan

East Sussex County Council are consulting on bus priority measure to improve the bus service.

This affects Telscombe/Peacehaven from The Tye to Roderick Avenue and Newhaven along the ring road and on to the Denton roundabout. You can view and respond to the consultation online using the link below:

<https://consultation.eastsussex.gov.uk/economy-transport-environment/busprioritymeasures/>

The consultation document, on paper, can be obtained from libraries and local council offices.

There are also in person events at which the plan can be viewed and questioned.

Telscombe Civic Centre 7th September 10am to 1pm

Peacehaven Community House Meridian Centre 7th September 2pm to 5pm



## Moving house, changing your phone number or email address?

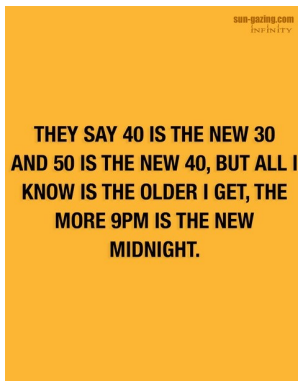
If any of the above are true, please make sure you tell Sally, our Membership Secretary, so that we can keep our records up to date. We have a special form available for this. You can get one at any monthly meeting or download one from our website:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/membershipchangeofdetailsform.pdf>

While you doing that make certain you tell us who your emergency contact is at the moment.



**Smiles  
 From  
 Sharon**





# THIRD AGE **matters** u3a the magazine of the u3a movement

Third Age Matters magazine is packed with stories about members and u3a activities, plus celebrity interviews and features on technology, recipes, travel, competitions, and a lively and popular letters section.

It is published five times a year and posted direct to members' homes in an environmentally friendly paper wrapper. If you would like to receive "THIRD AGE Matters" posted to your door five times a year, there is a cost of £3.70.

If you are already receiving TAM, **now** is the time to renew your subscription.

You can pay in **cash** (*exact money only*), by cheque or by bank transfer.

**Cheques** made payable to Newhaven & Peacehaven u3a.

**Bank Transfer** Use reference "Your Name" TAM

to Newhaven & Peacehaven u3a, Sort code 60-16-41 Account number 83005390

You can pay at a monthly meeting or by sending your cheque to TAM.

16 Horsham Avenue, Peacehaven, BN10 8HX.



## Protecting Your Personal Information

Your u3a Committee has been reviewing our practice and procedures for safeguarding the personal information (data) you provide when you become a member. Two policies have been agreed the Data Protection Policy and the Privacy Policy. These will be reviewed in January 2024. The two policies are available to view on our website. Here are the links:

### Data Protection Policy

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/npdataprotectionpolicy.pdf>

### Privacy Policy

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/npu3aprivacypolicy.pdf>

If you would like a hard copy of either of these policies, please ask at a monthly meeting.



## Charity Fashion Show

Wednesday 29<sup>th</sup> November 2pm

Meridian Centre, Peacehaven

£7 in advance

Join us for a fun afternoon when we will be hosting a professionally organised fashion show featuring the very best of high street and boutique fashion at bargain basement prices. You can expect to see

clothes from M & S, Wallis, Next, Zara etc. on offer at between 30% and 60% discount of shop prices while at the same raising money for charity.

On arrival you will be greeted with a glass of prosecco. The afternoon will be hosted by a professional compere assisted by a professional model as well as some of our very own members who will be strutting their stuff on the catwalk.

After the show there will be plenty of time to browse, try on and purchase the showcased fashions whilst enjoying a cup of tea or coffee and cake. It will be an ideal opportunity for Christmas shopping.

We will be using the event to raise money for Seahaven Food Bank and we will have a collection point at the Fashion Show for any food or financial donations that you would like to make.

For this event, as it's a charity fundraiser, friends and family are welcome, but all places must be booked and paid for in advance. This will be a ticketless event.

You must buy your ticket in advance as they will not be on sale on the day.

**Jacque**

**u3a Diary 2024 £4.50**

Order and pay for your u3a Diary now. Diaries will be distributed during November.  
**Jacque**



**No change in membership fees for 2023-24.**

Membership fees are due on the **1st September 2023.**

**Individual £15 Joint £27 Individual Associate £11 Joint Associate £18.80**

From this year, you will not be required to fill in a renewal form. Payment of the membership fee will be all you need to do. You will still be issued with a membership card in the usual way.

All the provisions of your original application remain in force unless you tell us differently.

We do need to know if any of your personal details change. Change of details forms will be available at Monthly Meetings and on the website. Use this link to download a form:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/membershipchangeofdetailsform.pdf>

**Also please note that**

**All members agreed that their details may be held on a computer database for the use of only u3a officials.**

**Some of you agreed inclusion in photographs taken by members could be used and published by the u3a .**

**Some agreed to join the Gift Aid scheme.**

- Our preferred method for payment is bank transfer but you can pay using any of the following
- Cash: in a sealed envelope with your name on the front.
- Cheque: to Newhaven & Peacehaven u3a. Write on the back who you are paying for.
- Bank Transfer: Newhaven & Peacehaven u3a, A/C Number: 83005390; Sort Code: 60-16-41  
in the Reference Box put: u3a Subs plus your Surname.

Debit/Credit card: At a monthly meeting.

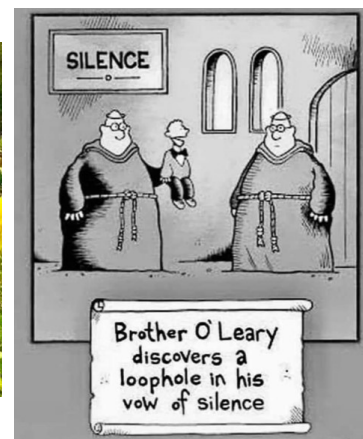
**Tony Garwood**



**Paying for u3a events and membership**

We know that different people like to pay for events in different ways. We believe that we should be as flexible as possible in how we accept payments. That's why we have been accepting payments in cash, by cheque and by bank transfer for some time. However, during the pandemic many of us got use to paying by card. Some of us actually don't carry money around with us any more. So, we have introduced the option for you to pay by card (or even using a smart phone). The choice is yours.

**More Smiles From Sharon**





# The Christmas Dinner

Sunday 17<sup>th</sup> December 2023

12 noon to dine at 1pm

Booking Form



Christmas Dinner with friends, crackers, decorations, festive napkins,,  
and a Christmas themed quiz to round off the afternoon.

£32 a head (Drinks extra)

Last date for booking 2nd December

Booking Form available at monthly meeting and using this link:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/christmasdinner23bookingform.pdf>

## The Christmas Menu

### 1st Course

Classic Prawn Cocktail (gfa)

Butternut Squash & Bramley Apple Soup (vg) (gf)

Duck Liver & Pork Pâté with orange & Cognac liqueur (gf)

### 2nd Course

Roast Turkey served with all the trimmings (gfa)

Salmon En-Croûte served with a creamy mash & parsley sauce (gfa)

Festive Nut Roast served with a sweet cranberry sauce (vg) (gf)

All served with roast potatoes, parsnips, carrots, brussels sprouts & gravy.

### 3rd Course

Christmas Pudding & brandy sauce (vg) (gf)

Homemade Trifle (v)

Ice cream

Cheese Plate, biscuits, celery, grapes served with onion marmalade (v) (gfa)

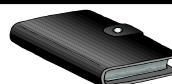
& Warm Mince Pies  
Tea, Coffee & Mints



At the  
**The EMB Centre, 16 Seaview Road, Peacehaven, BN10**

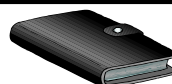


**Dates For Your Diary**



2023	Day	Time	Event
<b>September</b>	Thursday 7th	14:15	Monthly Meeting: <b>Banoffee Pie &amp; Other Adventure</b> Hillcrest Centre, Newhaven
	Tuesday 12th	10:00	N&P Coffee Morning: Meet the u3a Committee, details on page 10
	Wednesday 13th		Outings: Tenterden Town plus Kent East Sussex Railway
	Monday 18th	13:30	New Members' Meeting: Details on page 10
	Friday 22nd	10:00	<b>Art Club Exhibition 2023</b> , Hillcrest Centre, Newhaven. 10:00 to 16:00
	Friday 29th	12:15	Lunch Bunch: The Old Plough, 20 Church Street, Seaford, BN25 1HG
<b>October</b>	Wednesday 4th	14:30	Theatre: <b>Blood Brothers</b> , Theatre Royal, Brighton
	Thursday 5th	14:15	<b>Monthly Meeting: Annual General Meeting</b> , Meridian Centre, Peacehaven
	Friday 6th	10:30	Nature rambles around Castle Hill near Newhaven Fort
	Friday 27th	12:15	Lunch Bunch: Telscombe Tavern, 405 South Coast Road, BN10 7AD
<b>November</b>	Thursday 2nd	14:15	Monthly Meeting: <b>Sussex Witchcraft</b> , Hillcrest Centre, Newhaven
	Thursday 9th	14:30	Theatre: <b>Everybody's talking about Jamie</b> , Theatre Royal, Brighton: pre-theatre lunch at Pinocchio's
	Saturday 25th	14:30	Theatre: <b>BA Christmas Spectacular with the Rattonians</b> , Meridian Centre, Peacehaven.
	Wednesday 29th	14:00	Fashion Show, Meridian Centre, Peacehaven
<b>December</b>	Thursday 11th	14:15	Monthly Meeting: <b>The Christmas Meeting</b> , Meridian Centre, Peacehaven
	Saturday 9th	14:30	Theatre: <b>Alice in Pantoland</b> , Meridian Centre, Peacehaven
	Thursday 14th	14:30	Theatre: <b>The King and I</b> , Congress Theatre, Eastbourne
	Sunday 17th	12:00	The Christmas Dinner, The EMB Centre, 16 Seaview Road, Peacehaven, BN10 8PX
<b>2024</b>	<b>Day</b>	<b>Time</b>	<b>Event</b>
<b>January</b>	Thursday 11th	14:30	Theatre: <b>And Then There Were None</b> , Theatre Royal, Brighton: pre-theatre lunch at Pinocchio's
	Monday 15th		<b>Holidays: 5 Days to Warner's Cricket St. Thomas Hotel</b>
<b>March</b>	Wednesday 13th	19:45	Theatre: <b>Sister Act</b> , Theatre Royal, Brighton:

**Dates For Your Diary**



2024	Day	Time	Event
<b>April</b>	Thursday 18th	14:30	Theatre: <b>Jesus Christ Superstar</b> , Congress Theatre, Eastbourne: Pre-theatre lunch at the Stage Door.
<b>June</b>	Monday 10th		Holiday: <b>TLH Resort Derwent Hotel, Torquay</b> . Details on page 9
<b>August</b>	Saturday 3rd	14:30	Theatre: <b>Chess The Musical with the Rattonians</b> , Royal Hippodrome Theatre, Eastbourne: Pre-theatre lunch optional

When possible, please contact committee members only between the hours of 09:00 to 17:30

**Monthly Bulletin**

The **Monthly Bulletin** contains any important information or updates to the information published in the preceding Newsletter and it is only distributed by email.

Please send all content for the Monthly Bulletin to John Harrison at 01273 586766 or harrystjohn2003@yahoo.co.uk to arrive before 26th of the month.

**If you know a member that does not have email please pass any relevant information onto them.**