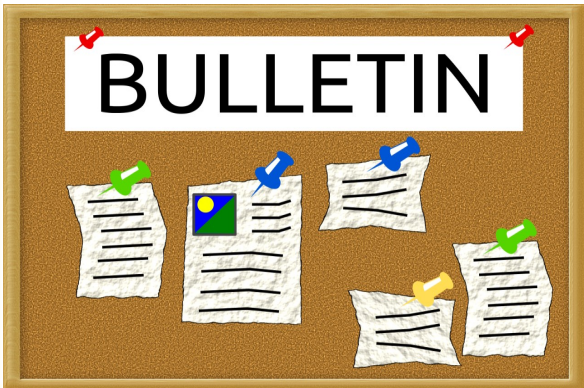




OCTOBER 2023



Monthly Meeting


October 2023
Thursday 5th October at 2:15pm
in The Meridian Centre, Peacehaven

u3a Newhaven and Peacehaven

Annual General Meeting

PEACEHAVEN 2.15 pm

Main Hall,
Community House,
Meridian Centre,
BN10 8BB.



Please remember to bring your own cup/mug for tea/coffee

AGM Meeting

This meeting is our **Annual General Meeting** where you have the opportunity to elect your members of the Committee for the next 12 month period and raise any issues about the running of our branch. Our hard working Chair, Marian, has already prepared a list of speakers for 2024 and the list is included on page 4 as an appetiser of the good things to come.

The Editor

Monthly Bulletin

The **Monthly Bulletin** contains any important information or updates to the information published in the preceding Newsletter and it is only distributed by email.

Please send all content for the Monthly Bulletin to John Harrison at 01273 586766 or harrystjohn2003@yahoo.co.uk to arrive before 26th of the month.

If you know a member that does not have email please pass any relevant information onto them.



Get well and sympathy cards

If you know of any U3A member who is ill or in hospital and would appreciate a cheery card from us all at the U3A, please let **Marion Booker** know on: **01273 587712 / 07772078052**

The u3a is a self-help learning organisation for people who have completed their career or finished raising a family and is an equal opportunities organisation welcoming all members.



u3aNewhavenPeacehaven



our email u3aNP@outlook.com



u3a Newhaven & Peacehaven

<https://u3asites.org.uk/newhaven-peacehaven>

GROUPS & GROUP NEWS



Interest Groups

Details of all Interest Groups can be found on our website or by contacting the appropriate Group Leader:

Art Club: Graham Heys - 01273 585999	Book Group Newhaven: Delia Boatin - 01273 514303
Book Group Peacehaven: Rose Lawrence - 01273 580908	Bridge Club: Jacquie Webber - 0742815944
Bridge: Jacquie Webber - 0742815944	Boccia: Mick Etheridge - 07766514161
Book Group - Under the Covers Joyce Bourne - 07879441106	Outings - Bus Pass Outings: Leslie Hirtle - 01273584494 : Andy Rutherford - 01273582620 : Deanne Smith - 01273982598
Chatter Boxes: Doreena Evans - 01273 585089	Crochet: Angela Barnet - 07788230523
Classical Music: John Pheby - 01273 579642	Cribbage: Nigel Barnes - 07963431887
Discussion 1 Peacehaven: Jacquie Webber - 07428159444	
Discussion 2 Newhaven: Marian Stanley - 01273 611068	French (Basic): Chis Sutton - 01273 512261
Gardening: John Shepherd - 01273 516079	Keep Fit: Jacquie Webber - 07428159444
Laptops, Tablets and Smart Phones: Tony Garwood - 07428122161	
Lunch Bunch: Sharon Ahearn - 01273 589953	
Mahjong: Joan Farrimond - 01273 580143	Movies Club: John Pheby - 01273 579642
Meditation: Kevin Knight - 01273 786488	Music Appreciation: John Pheby - 01273 579642
Needles & Pins: Pat Bethel- 01273 758041	Rock Music Appreciation: Tony Garwood - 07428122161
Scrabble: Yvonne Maclaughlin - 01273 581523	Singing for Pleasure: Pam Beaumont- 01273 982218
Ten Pin Bowling: Alan - 01273 302967	Theatre Group: Jacquie Webber - 07428159444
Ukulele: Marian Stanley - 01273 611068	Walking: Pam Thompson - pamthompson2@btinternet.com
Wine Tasting: Tony Garwood: tonygarwood@hotmail.com	

Group Coordinators

Pam Beaumont on 01273 982218 or prmbeaumont@hotmail.com

Tricia Shepherd on 01273 516079 or johnandtricia@tiscali.co.uk

Groups News

Rock Music Group

Jethro Tull will be the focus for the next meeting on Friday 6th October. During the last year the group has listened to music by, amongst others, The Who, Jimmi Hendrex, Pink Floyd, Jethro Tull, The Jam and Fleetwood Mac. The group meets the first Friday afternoon of each month for a couple of hours. Each month those present agree the focus for the following meeting. The whole of rock music is to choose from, provided only that someone has the relevant LP. We usually listen to something from the beginning of the bands career and compare that with later work. However, in true rock style, flexibility in format is embraced.

If you would like to know more about the group contact the Group Leader Tony on 07428122161 or tonygarwd@hotmail.com.



New Members' Meeting

We held our latest new members' meeting on Monday 18th September.

The weekend's weather had been scary and stormy and the Monday was also inclement.

In the end there were 10 hardy New Members as well as a good number of Committee and the STAR group in attendance.

Those NM's who did attend seemed to find the meeting helpful and worthwhile. Some positive comments were made by the participants to include the carousel style groups we'd set up for the gathering and the chance for everyone to participate and speak within our friendly, comfortable and welcoming small groups.

Thanks to all those who helped to welcome in our latest members.

Suggestions for new groups included....

Local History

Jewellery Making (contact Scarlett on 07949988420)

Photography

Card Making

Art History

Film Making, and a

Bus Pass trip to the Martello Tower in Seaford

Do please mention to either Tricia or Pam (Interest Group Leaders) if you would be interested in any of the groups listed above.

If we can find folk happy to run any of these groups then we shall put them into action.

Over to you....!

Sharon Ahearn

N&P Coffee Morning

Join us for a chat and a cuppa



Open 10am-12noon
 2nd Tuesday of each month

At Peacehaven Stonehouse Carvery

293- 295 South Coast Road, Peacehaven BN10 7HX

Next Coffee Morning 10th October

No need to book
 just turn up and socialise



Monthly Meeting

November 2023
 Thursday 2nd November at 2:15pm
 in The Hillcrest Centre, Newhaven

Sussex Witchcraft
 A talk by
Chris Horlock
 Local Author and Historian

Monthly Meeting

December 2023
 Thursday 7th December at 2:15pm
 in The Meridian Centre, Peacehaven

The Christmas Meeting
 Entertainment by
Cotillion
 Sussex-based folk group

**Smiles
 From
 Sharon**



The official sports drink
 when I was a kid..



This is why Shetland ponies never
 caught on in Wyoming.



Speakers 2024

Please note that all the venues might have to change when we get information about the access arrangements to the Meridian Centre once the building work starts. Keep an eye on the future Dates For Your Diary section of the Bulletin and Newsletters as these will contain the latest updates as soon as we have been informed.

January 4th The Hillcrest Centre

Andy Thomas: A conspiracy History Of The World

February 1st The Hillcrest Centre

Harry Pope: Buried Secrets

March 7th The Meridian Centre

Age UK: Scams Awareness

April 4th The Meridian Centre

Mick Etheridge: The work of the charity Guide Dogs

May 2nd The Meridian Centre

Neil Sadler: Gongoozling – life on the canals

June 6th The Hillcrest Centre

Trevor Weeks: The World of East Sussex Wildlife Rescue and Ambulance Service

July 4th The Meridian Centre

Graham Tupp: Music Hall to Variety

August 1st The Meridian Centre

Anne Bickmore : The Anne Bickmore Children’s Fund (abcfund)

September 5th The Hillcrest Centre

Melanie Gibson Barton: Eva Braun – victim or contriver?

October 3rd The Meridian Centre

AGM

November 7th The Hillcrest Centre

Ian Kirby: The work of the Commonwealth War Graves Charity

December 5th The Meridian Centre

The Christmas Meeting

THIRD AGE **matters** u3a

the magazine of the u3a movement

Third Age Matters magazine is packed with stories about members and u3a activities, plus celebrity interviews and features on technology, recipes, travel, competitions, and a lively and popular letters section.

It is published five times a year and posted direct to members’ homes in an environmentally friendly paper wrapper. If you would like to receive

“THIRD AGE Matters” posted to your door five times a year, there is a cost of £3.70.

If you are already receiving TAM, **now** is the time to renew your subscription.

You can pay in **cash** (*exact money only*), by cheque or by bank transfer.

Cheques made payable to Newhaven & Peacehaven u3a.

Bank Transfer Use reference “Your Name” TAM

to Newhaven & Peacehaven u3a, Sort code 60-16-41 Account number 83005390

You can pay at a monthly meeting or by sending your cheque to:

TAM, 16 Horsham Avenue, Peacehaven, BN10 8HX.



U3A Lunch Bunch

Friday 27th October 2023 @ 12.15pm for 12.30pm

Venue opens at 12noon

Telscombe Tavern, 405 South Coast Rd., BN10 7AD

U3A menu: 2 courses and tip: £ 18 inclusive.

Places available: 30. Please order and pay for your meal in advance in CASH.

Buy your drinks at the Bar. Mobility: Front entrance has only a few easy steps.

MAIN COURSE

Toad in the hole with potatoes, seasonal vegetables and gravy

Scampi ,chips and salad

Chilli con carne, rice and salad

Jamie's Allotment Cottage Pie: Root vegetables. mushrooms, Marmite and
crispy Rosemary (V)

DESSERTS

Peach Melba (Tinned Peach, ice cream and sauce)

Telscombe Trifle

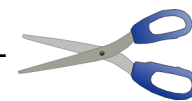
Hot Apple Pie with custard

Cheese Plate : small (V)

Please pre-order and pay before **Fri.13th October 2023**

Sharon Ahearn Tel: 01273 589953 Email: sunview70@yahoo.com

----- Please tear off slip below -----



Name:.....

Telscombe Tavern: Friday 27th October 2023 @ 12.15 for 12.30pm

Main Course:.....

Dessert..... Price £18 cash inclusive

Phone no. or email:.....



U3A Lunch Bunch

Friday 24th November 2023 at 12.15 pm for 12.30 pm service

The Drove (Brewers' Fayre) Newhaven BN9 OAG

(Behind Sainsbury's Newhaven)

2 courses + tip £ 10 Pre-order in advance and pay in CASH.

Please buy your drinks at the Bar.

Main Courses

Smothered Chicken: In a bacon, cheese and barbbq sauce with skin-on fries, coleslaw, garlic bread and salad garnish.

Beef Lasagne: *with mixed salad garnish and garlic bread.*

Sausage and Mash *with onions ,peas and gravy*

Spicy Chicken Burger *Chicken goujons in a bun with chips and coleslaw*

Cheese and onion pie *with chips, peas and jug of gravy (V)*

Desserts

Apple Betty served warm with custard

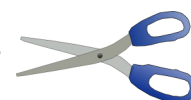
Mini Sundae with Berries Vanilla ice cream topped with berries

Mini Knickerbocker Sundae Ice cream layered with berries, sponge, sauce ,sprinkles and a wafer

Last day for orders and payment : **Friday 10th November 2023**

Maximum 30 places available

----- Please cut off the slip below -----



Name:.....

The Drove : Friday 24th November 2023 @ 12.15pm for 12.30pm

Main Course:.....

Dessert..... Price: £10 CASH

Phone no or email:.....



Art Group

Ann Henry



Anne Campbell



Anne Campbell



Graham Heys



Joy Jackson



Roy Mobbs



Joy Jackson

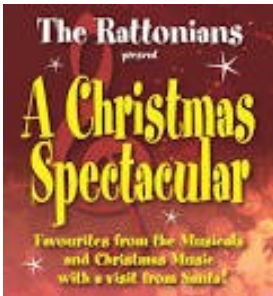




The Theatre Group

To book your place
 phone Jacque on 07428159444
 or email jacquiewr@hotmail.com

If paying for theatre trips in cash, please bring it in a sealed envelope marked with your name and the trip.



A Christmas Spectacular with The Rattonians

Saturday 25th November 2.30, Royal Hippodrome Theatre, Eastbourne – £18

[Optional pre- theatre lunch](#)

The Rattonians always know how to get everyone in the right mood for Christmas! This year sees them return to The Royal Hippodrome Theatre with their popular Christmas Spectacular!

The show will be packed with musical theatre favourites, seasonal classics, glamour, dancing and even a special visit from Santa himself!



Alice in Pantoland Meridian Centre

Saturday 9th December at 2:30pm Tickets £11.50

A family pantomime in traditional style from Peacehaven Players. Alice is off on her travels again in a completely new adventure. This time too she strays into the enchanted realm where all our favourite panto characters go in the down season. If Witch Whey cannot be stopped, evil will triumph in all pantos. Only Alice and her new friends can defeat the evil ones and ensure good prevails. Along the way Alice finds love and there's song, dance and loads of laughs.



And Then There Were None – Thursday 11th January 2024 at 2.30pm

Theatre Royal Brighton – £32

[Optional pre-theatre lunch at Pinocchio's](#)

And Then There Were None – The Best Selling Crime Novel of all time – Directed by **Lucy Bailey** (*Witness for the Prosecution*, now in its 6th year in London), this brand-new production of the Queen of Crime, Agatha Christie's best selling crime novel of all time will keep you on the edge of your seat. It's genuinely terrifying....Ten strangers are lured to a solitary mansion off the coast of Devon. When a storm cuts them off from the mainland, the true reason for their presence on the island becomes horribly clear.

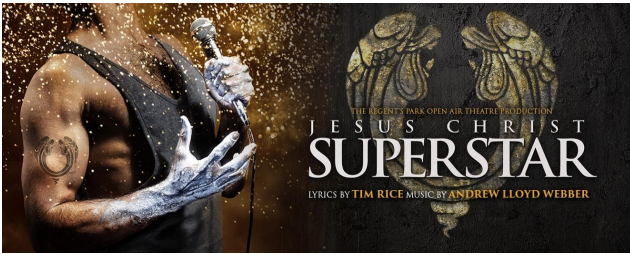


Sister Act – Theatre Royal, Brighton – Wednesday 13th March 2024 at 7.45 pm £42.50

Disco diva Deloris' life takes a surprising turn when she witnesses a murder. Placed under protective custody, she is hidden in the one place she shouldn't be found – a convent! Encouraged to help the struggling choir, she helps her fellow sisters find their true voices as she unexpectedly rediscovers her own. Lesley Joseph as the Mother Superior stars in this award-winning production.

Sister Act features original music by 8 times Oscar and Tony Award winner Alan Menken whose credits include Disney's *Beauty and the Beast* and

Aladdin, and songs inspired by Motown, soul and disco, this joyous and hilarious musical is one nostalgia filled trip you will never forget. This is going to be a sell out, so book early.



Jesus Christ Superstar – Thursday 18th April 2024 at 2.30pm

Congress Theatre Eastbourne – £39

[Optional pre-theatre lunch at The Stage Door](#)

An album that inspired a revolution, a revelation that changed the world. A reinvention for this millennium.

Timothy Sheader (*Crazy for You, Into the Woods*) directs

this mesmerizing new production of the iconic global phenomenon. Originally staged by London’s Regent’s Park Open Air Theatre, this reimagined production won the 2017 Olivier Award for Best Musical Revival, garnering unprecedented reviews and accolades.

Choreographed by Drew McOnie (*King Kong, Strictly Ballroom*), with music and lyrics by Andrew Lloyd Webber and Tim Rice, JESUS CHRIST SUPERSTAR is set against the backdrop of an extraordinary series of events during the final weeks in the life of Jesus Christ, as seen through the eyes of Judas. Reflecting the rock roots that defined a generation, the legendary score includes *I Don’t Know How to Love Him, Gethsemane* and *Superstar*.



Chess The Musical –with The Rattונים Saturday 3rd August at 2.30pm

Royal Hippodrome Theatre, Eastbourne—£22

[Optional pre-theatre lunch](#)

At the height of the Cold War, two chess masters meet in Bangkok to battle for the world championship, but their greatest contest is for the love of one woman. Written in 1984 by Abba songwriters Benny Andersson and Bjorn Ulvacus, and Tim Rice it includes the international hit singles ‘I Know Him So Well’ and ‘One Night in

Bangkok’.



Notice from the Theatre and Outings Teams

Please help us by putting all cash and cheque payments to us in a sealed envelope with your name on and details of what you are paying for. This helps us to process your payment accurately and efficiently.

Wanted – Helpers for the Fashion Show on Wednesday 29th November

We are expecting a big turnout for this fun event and will need some help with refreshments. This will include the serving of a lovely cool glass of Prosecco to all our guests on arrival and, after the catwalk show, providing tea, coffee, and cake.

Please let me know if you can help.

Jacquie 07428159444/jacquiewr@hotmail.com



Paying for several events?

Please use just **one** cheque, **one** BACS, **one** card payment or **one** envelope of cash to pay for all your events.

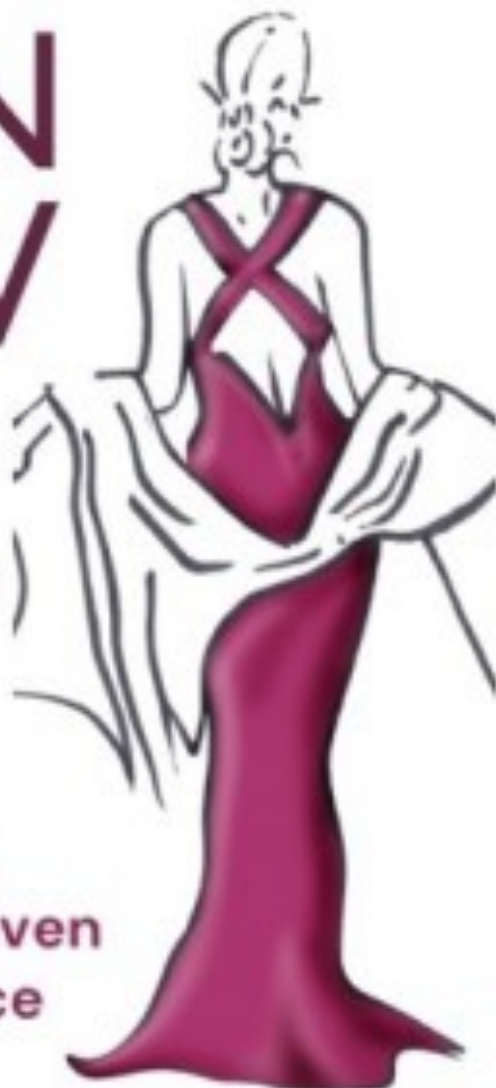
So long as you make it clear what you are paying for it is less work for us to process one payment rather than lots of separate ones. Also less work for you. Thank you for your help with this.



FASHION HOW

An exciting afternoon
featuring this seasons
High Street and branded
women's fashion

Wednesday
29th November 2pm
Meridian Centre Peacehaven
Admission £7 in advance



Glass of prosecco on arrival
Live catwalk show
Cakes and refreshments
Ample time to try on
& buy at bargain prices

Admission must be paid for in advance
available from
Jacquie 07428159444 or jacquiewr@hotmail.com

A u3a charity event in aid of
Seahaven Food Bank



The Christmas Dinner

Sunday 17th December 2023

12 noon to dine at 1pm

Booking Form



Christmas Dinner with friends, crackers, decorations, festive napkins,,
and a Christmas themed quiz to round off the afternoon.

£32 a head (Drinks extra)

Last date for booking 2nd December

Booking Form available at monthly meeting and using this link:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/christmasdinner23bookingform.pdf>

The Christmas Menu

1st Course

Classic Prawn Cocktail (gfa)

Butternut Squash & Bramley Apple Soup (vg) (gf)

Duck Liver & Pork Pâté with orange & Cognac liqueur (gf)

2nd Course

Roast Turkey served with all the trimmings (gfa)

Salmon En-Croûte served with a creamy mash & parsley sauce (gfa)

Festive Nut Roast served with a sweet cranberry sauce (vg) (gf)

All served with roast potatoes, parsnips, carrots, brussels sprouts & gravy.

3rd Course

Christmas Pudding & brandy sauce (vg) (gf)

Homemade Trifle (v)

Ice cream

Cheese Plate, biscuits, celery, grapes served with onion marmalade (v) (gfa)

& Warm Mince Pies
Tea, Coffee & Mints



At the
The EMB Centre, 16 Seaview Road, Peacehaven, BN10

u3a Diary 2024 £4.50

Order and pay for your u3a Diary now. Diaries will be distributed during November.
Jacque



Paying for u3a events and membership

We know that different people like to pay for events in different ways. We believe that we should be as flexible as possible in how we accept payments. That's why we have been accepting payments in cash, by cheque and by bank transfer for some time. However, during the pandemic many of us got use to paying by card. Some of us actually don't carry money around with us any more. So, we have introduced the option for you to pay by card (or even using a smart phone). The choice is yours.

Moving house, changing your phone number or email address?

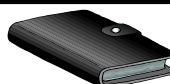
If any of the above are true, please make sure you tell Sally, our Membership Secretary, so that we can keep our records up to date. We have a special form available for this.

You can get one at any monthly meeting or download one from our website: <https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/membershipchangeofdetailsform.pdf>

While you doing that make certain you tell us who your emergency contact is at the moment.



Dates For Your Diary



2023	Day	Time	Event
October	Wednesday 4th	14:30	Theatre: Blood Brothers , Theatre Royal, Brighton
	Thursday 5th	14:15	Monthly Meeting: Annual General Meeting , Meridian Centre, Peacehaven
	Friday 6th	10:30	Nature rambles around Castle Hill near Newhaven Fort
	Tuesday 10th	10:00	Coffee Morning : Peacehaven Stonehouse Carvery
	Friday 27th	12:15	Lunch Bunch: Telscombe Tavern, 405 South Coast Road, BN10 7AD
November	Thursday 2nd	14:15	Monthly Meeting: Sussex Witchcraft , Hillcrest Centre, Newhaven
	Thursday 9th	14:30	Theatre: Everybody's talking about Jamie , Theatre Royal, Brighton: pre-theatre lunch at Pinocchio's
	Friday 24th	12:15	Lunch Bunch: The Drove (Brewers Fayre), Newhaven, Bn9 OAG
	Saturday 25th	14:30	Theatre: BA Christmas Spectacular with the Rattonians , Meridian Centre, Peacehaven.
	Wednesday 29th	14:00	Fashion Show, Meridian Centre, Peacehaven
December	Thursday 7th	14:15	Monthly Meeting: The Christmas Meeting , Meridian Centre, Peacehaven
	Saturday 9th	14:30	Theatre: Alice in Pantoland , Meridian Centre, Peacehaven
	Thursday 14th	14:30	Theatre: The King and I , Congress Theatre, Eastbourne
	Sunday 17th	12:00	The Christmas Dinner, The EMB Centre, 16 Seaview Road, Peacehaven, BN10 8PX
2024	Day	Time	Event
January	Thursday 11th	14:30	Theatre: And Then There Were None , Theatre Royal, Brighton: pre-theatre lunch at Pinocchio's
	Monday 15th		Holidays: 5 Days to Warner's Cricket St. Thomas Hotel
March	Wednesday 13th	19:45	Theatre: Sister Act , Theatre Royal, Brighton:
April	Thursday 18th	14:30	Theatre: Jesus Christ Superstar , Congress Theatre, Eastbourne: Pre-theatre lunch at the Stage Door.
June	Monday 10th		Holiday: TLH Resort Derwent Hotel, Torquay.
August	Saturday 3rd	14:30	Theatre: Chess The Musical with the Rattonians , Royal Hippodrome Theatre, Eastbourne: Pre-theatre lunch optional

When possible, please contact committee members only between the hours of 09:00 to 17:30