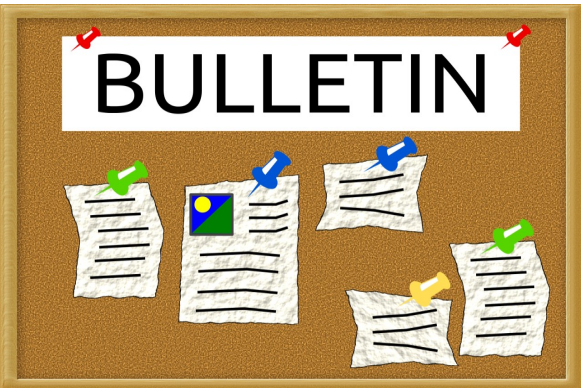




MARCH 2024



Monthly Meeting

March 2024
Thursday 7th March at 2:15pm
Community House, Peacehaven
(formerly The Meridian Centre)

Scams Awareness

A talk by

Tracey Firth

PEACEHAVEN 2.15 pm

Main Hall,
Community House,
Meridian Centre,
BN10 8BB.



Please remember to bring your own cup/mug for tea/coffee

Our speaker will be Tracey Firth from AGE UK who will be giving us a talk about Scams Awareness. I am sure that just like me you have been contacted by scammers in the past and she will be giving us some very useful advice and information on how to spot a scam.

Meridian Centre Update

As far as the Meridian Centre is concerned, we have been given the information that the Co-op is handing over the ownership of the Meridian Site (not the Town Council Offices and Meeting Rooms) on the 28th February. From now on Peacehaven Town Council hall and meeting rooms will be known as The Community House. We are not able to use the main entrance to the Hall so please use the side entrance. At the time of writing this article for the bulletin I do not know what parking will be available. If we have any more information before the March 7th meeting we will send out an email to everyone and I will ask the Phone Buddy Leaders to contact their group.

Marian Stanley - Chair


Monthly Bulletin

The **Monthly Bulletin** contains any important information or updates to the information published in the preceding Newsletter and it is only distributed by email.

Please send all content for the Monthly Bulletin to John Harrison at 01273 586766 or harrystjohn2003@yahoo.co.uk to arrive before 26th of the month.

If you know a member who does not have email please pass any relevant information onto them.

The u3a is a self-help learning organisation for people who have completed their career or finished raising a family and is an equal opportunities organisation welcoming all members.




u3aNewhavenPeacehaven



our email u3aNP@outlook.com



u3a Newhaven & Peacehaven

<https://u3asites.org.uk/newhaven-peacehaven>



Get well and sympathy cards

If you know of any u3a member who is ill or in hospital and would appreciate a cheery card from us all at the u3a, please let **Marion Booker** know on: **01273 587712 / 0772078052**

GROUPS & GROUP NEWS



Interest Groups

Details of all Interest Groups can be found on our website or by contacting the appropriate Group Leader:

Art Club: Graham Heys – 01273 585999	Book Group Newhaven: Delia Boatin – 01273 514303
Book Group Peacehaven: Rose Lawrence – 01273 580908	Boccia: Mick Etheridge – 07766514161
Bridge: Jackie Webber – 0742815944	
Book Group – Under the Covers Joyce Bourne – 07879441106	
Chatter Boxes: Doreena Evans – 01273 585089	Crochet: Angela Barnet – 07788230523
Classical Music: John Pheby – 01273 579642	Cribbage: Nigel Barnes – 07963431887
Discussion 1 Peacehaven: Jackie Webber – 07428159444	
Discussion 2 Newhaven: Marian Stanley – 01273 611068	
Gardening: John Shepherd – 01273 516079	Keep Fit: Jackie Webber – 07428159444
Laptops, Tablets and Smart Phones: Tony Garwood – 07428122161	
Lunch Bunch: Sharon Ahearn – 01273 589953	
Mahjong: Joan Farrimond – 01273 580143	Movies Club: John Pheby – 01273 579642
Meditation: Kevin Knight – 01273 786488	Music Appreciation: John Pheby – 01273 579642
Needles & Pins: Pat Bethel – 01273 758041	Rock Music Appreciation: Tony Garwood – 07428122161
Scrabble: Yvonne Maclaughlin – 01273 581523	Singing for Pleasure: Pam Beaumont – 01273 982218
Ten Pin Bowling: Alan Worth – 01273 302967	Theatre Group: Jackie Webber – 07428159444
Ukulele: Marian Stanley – 01273 611068	Walking: Pam Thompson – pamthompson2@btinternet.com
Wine Tasting: Tony Garwood: tonygarwood@hotmail.com	

Group Coordinators

Pam Beaumont on 01273 982218 or prmbeaumont@hotmail.com

Tricia Shepherd on 01273 516079 or johandtricia@tiscali.co.uk

Groups News

Lunch Bunch Update

There are still places available for lunch at the Old Plough on 5th April. The booking form is on page 9

The next meeting of the Rock Music Group will be on Friday 8th March 2024



The group usually meets the first Friday afternoon of each month for a couple of hours. Each month two members bring along some vinyl records from their collection and we listen and discuss over a cup of coffee or tea. The whole of rock music is to choose from. If you would like to know more about the group contact the Group Leader Tony on 07428122161 or tonygarwd@hotmail.com.



Suggested New Interest Groups from New Members

During the recent New Members meeting on 22nd January some suggestions were given as to the possibility of some new groups being organised and offered to the membership.

We requested that via the Bulletin the membership would inform us of any individual members who would like to join any of these new groups.

In all 8 members contacted us to tell of us their desire to join such suggested groups.

The 2 new Interest groups that were requested were:

- Model Making (3 members), and,
- Family History (2 members)

Tricia will now start to investigate the logistics of setting these up.

Most of the rest of the suggestions were not requested by any of our full membership so will not be happening.

The exception was Archery (2 members) but this required specialist tuition and expensive equipment and were deemed too challenging financially to run for just 2 people.

Tricia Shepherd (Interest Groups) and Sharon Ahearn (New Members Meeting)

Keep Fit Thursday



KEEP FIT

Our Keep Fit group meet every Thursday morning from 10.40am at Telscombe Civic Centre, 360 South Coast Road, Telscombe Cliffs, BN10 7ES for an hour. The lessons with our brilliant teacher Zuzana are lots of fun. She leads us in gentle exercises set to music. There is no obligation to attend all the sessions. Just come when you want to. Lessons cost £5. For further information, contact Jacquie at jacquiewr@hotmail.com or 07428159444.

Interest Groups Synopses

Here is the next instalment in the short synopsis about each of the activities groups, explaining more detail where and when they are held and what happens. The idea of this is to help members decide on what activities are most suited to their interests.

Book Group /Under the Covers Peacehaven – Group Leader Joyce Bourne

This Book Group is limited to 10 people,. At the present time there are no available spaces. The group meets on the 3rd Thursday morning of each month between 10.30 and 12.mid-day ish at the Stonehouse Carvery in Peacehaven. Each month a book is chosen by one of the group members and then discussed 2 months later, giving ample time to read. Although there are no places free at present, Joyce is happy to take contact details should a vacancy arise. First contact can be made by calling Joyce on 07879441106.

Bridge – Group Leader Jacquie Webber

The present Bridge group has 12 members and at the moment there are no available spaces. The group meet at The Good Companions, Peacehaven, every Tuesday afternoon from 2 p.m. until about 4 p.m. This group is for experienced players only. Anyone interested can contact Jacquie on 07428159444, to be added to a waiting list.

Keep Fit – Group Leader Jacquie Webber

This group has about 15 – 18 members, who may attend when they wish. They meet at the Telscombe Community Centre every Thursday from 10.30 a.m. for one hour. Suitable attire is required for a fun exercise class for the more mature. This group has a trainer and the cost is £5 per person per class. For any further information contact Jacquie on 07428159444.

Discussion Group Peacehaven – Group Leader Jacquie Webber

Discussion Group has 6 – 8 people at present and are seeking new members. They meet at Jacquie's home in Peacehaven on the 3rd Thursday of each month, from 2 p.m. for two hours. Discussions cover varied topics, but bringing an item of interest is recommended. There is no cost and Jacquie supplies tea, coffee and biscuits. For any further information contact Jacquie on 07428159444.

Compiled by Nigel Barnes



Outings

Behind the Seams & IKEA Croydon – Friday 8th March – £65



Join us for a great day out in Croydon! In the morning we will be off to IKEA for a bit of retail therapy.

After some lunch we will be on the move to Behind the Seams where each of us will be warmly greeted with a glass of prosecco or soft drink. We will learn about the dresses and costumes as seen on "Strictly Come Dancing", the real stars of the show! We will be told how long it takes to make the dresses, explaining the process from initial design, by award winning costume designer Vicky Gill, to final rhinestone and the specifics of any performance dress.

There will be lots of costumes on display and we will be taken through the process of how they are made. We will be told how the designers came into making all the Strictly costumes and why they love and fear it. No doubt there will be a few secrets shared about the Strictly stars.

Discover the unique challenges faced by the UK production industry and the exceptional efforts required to consistently meet tight deadlines. There will be a Q&A Session. Feel free to ask any questions that pique your curiosity. We will conclude our journey with a guided tour through the showroom, stock rooms, and production facilities, where creativity and precision converge.

This is a great day out costing £65 per person for the Behind the Seams tour and coach hire. Entrance to IKEA is free but you will have to pay for your own shopping!

Jacquie

Afternoon Tea at South Downs Garden Centre, Hassocks, – Friday 12th April



– £13.50 or £18.50 with Prosecco

We have booked in for a lovely afternoon cream at South Downs Garden Centre, Hassocks which is part of the Tates Group. The plan is to car share and/or hire some transport which will be free of charge to members. The garden centre is amazing with a huge store section and an amazing array of plants.

There is a heritage centre too, with old farm equipment and local pottery as well as boards explaining the story of bee keeping and farming. Thanks goes to our two Sallys – Freeman and Mohamed who have worked hard to set this up. To book, contact Jacquie on jacquiewr@hotmail.com or 07428159444.

Eastbourne Air Show with afternoon tea at the Hydro Hotel on Friday 16th August – £28



We have bagged 25 places at the Hydro Hotel to watch the fabulous Eastbourne Air Show. We will be in the elegant Wedgewood Room located on the first floor famous for its traditional touches in the Wedgewood blue theme. A highlight is the large balcony with commanding sea and air views – perfect for the Air Show. We will be welcomed with a refreshing glass of Pimm's and at 3pm we will be sitting down to enjoy a delicious afternoon tea with a selection of cakes, pastries, sandwiches and tea or coffee. Get your booking in early! Full payment is needed to secure a place as we have to pay in full when making the booking.

Meet at the Hydro. Latest arrival time 12 noon.

Eastbourne Air Show with afternoon tea at the Hydro Hotel on Friday 16th August – £28



We have bagged 25 places at the Hydro Hotel to watch the fabulous Eastbourne Air Show. We will be in the elegant Wedgewood Room located on the first floor famous for its traditional touches in the Wedgewood blue theme. A highlight is the large balcony with commanding sea and air views – perfect for the Air Show. We will be welcomed with a refreshing glass of Pimm's and at 3pm we will be sitting down to enjoy a delicious afternoon tea with a selection of cakes, pastries, sandwiches and tea or coffee. Get your booking in early! Full payment is needed to secure a place as we have to pay in full when making the booking.

Meet at the Hydro. Latest arrival time 12 noon.

To book, contact Jacquie on jacquiewr@hotmail.com or 07428159444.

80th Anniversary of D Day Outing—Thursday 12th September



Coach & D Day Museum £30

Coach & D Day Museum plus Mary Rose £66

This year will mark the 80th anniversary of D Day, to commemorate this event, we will be organising a trip to Portsmouth in September. The morning will be spent at the wonderful D Day Museum, the only museum in the UK dedicated to the Allied Invasion in June 1944. It tells the unique personal stories behind this epic event. Thanks to the Heritage Lottery Fund, a £5 million redevelopment project was completed in 2018. The museum was transformed to provide an engaging insight into the lives of those who took part in D-Day. whether they were on the shore in Portsmouth, or went over to Normandy .

For the afternoon, there is the option to visit the historic ship, the Mary Rose in the historic Portsmouth Dockyard (£33 extra) or the Gunwharf Quays shopping area.

At the Mary Rose, in addition to the ship itself, there are 3 galleries showing how the men of the Mary Rose lived and worked. This year a new immersive 4D theatre experience opened. It explores the history of when the Mary Rose sank 377 years ago, right up to the present day.

Booking forms are available at any monthly meeting or may be downloaded using this link:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/ddaybookingform.pdf>

Jacquie

Transport To And From Monthly Meetings

We were delegated by your Committee to investigate how difficulties getting to and from Newhaven by bus for certain members might be overcome.

The plan was to provide transport, for example, minibus, coach or car share to and from 2 central points in Newhaven to help the situation once per month.

Members were asked to contact us to explain the exact difficulties folk were having so we could set up a solution.

As no one has come forward, we can only presume that this problem has sorted itself out and there is no need to take our investigations on pricing and planning etc. any further as they seem to be not needed.

Marian, Sharon and Nigel

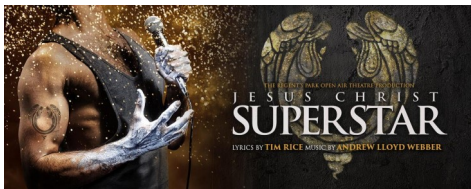


The Theatre Group

To book your place
phone Jacquie on 07428159444
or email jacquiewr@hotmail.com

When paying for theatre tickets in cash/cheque, please bring it in a sealed envelope marked with your name and the show. Please pay for all theatre tickets in one go.

Jesus Christ Superstar – Congress Theatre Eastbourne – Thursday 18th April 2024



at 2.30pm £39

[Optional pre-theatre lunch at The Stage Door](#)

An album that inspired a revolution, a revelation that changed the world. A reinvention for this millennium.

Timothy Sheader (*Crazy for You, Into the Woods*) directs this mesmerizing new production of the iconic global phenomenon.

Originally staged by London's Regent's Park Open Air Theatre, this reimagined production won the 2017 Olivier Award for Best Musical Revival, garnering unprecedented reviews and accolades.

Choreographed by Drew McOnie (*King Kong, Strictly Ballroom*), with music and lyrics by Andrew Lloyd Webber and Tim Rice, JESUS CHRIST SUPERSTAR is set against the backdrop of an extraordinary series of events during the final weeks in the life of Jesus Christ, as seen through the eyes of Judas. Reflecting the rock roots that defined a generation, the legendary score includes *I Don't Know How to Love Him, Gethsemane* and *Superstar*.

Don't miss your chance to see this "gorgeous, thrilling, heavenly musical." The Guardian.

ONLY A FEW SEATS LEFT!

Joseph and the Amazing Technicolor Dreamcoat at the Devonshire Park Theatre,



Eastbourne Saturday 1st June, 2024 at 2pm – Tickets £19

Experience the magic of Joseph and the Amazing Technicolor Dreamcoat – with sensational music by Andrew Lloyd Webber and lyrics by Tim Rice. This show is a timeless classic. Goldmans Productions invites you to join Joseph on his epic journey, as he overcomes betrayal and challenges with his unwavering spirit. A lively and colourful journey through Ancient Egypt. It follows the rags to riches story of Joseph, his eleven brothers and the coat of many colours. There are spectacular visuals and an enchanting score packed with hit songs including *Close Every Door to Me, Go Go Go Joseph* and *Any Dream Will Do*. **ONLY A FEW SEATS LEFT!**

Who Killed the Holiday Rep? - Community House, Peacehaven



Saturday 8th June 2:30pm — £11.50

It's 'Viva Espana' as a Murder Mystery hits Benidorm! Events at the Hotel Britannia bring in detectives from both sides of the Atlantic as dastardly deeds appear on the menu alongside the paella and sangria!

'Who Killed the Holiday Rep?' is set in the office of the 'Golden Promise Travel Company'. Alice Drabble is the company's only rep. and although she isn't especially happy at work, or dedicated to the organisation, something unusual has awoken her interest in the sultry Spanish resort. Too late as it turns out. When Alice's scuba diving gear is sabotaged

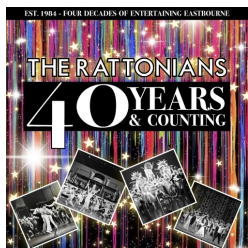
and her body is discovered two miles out to sea, murder is immediately suspected. But who would do such a thing...?

It's your job to work out the answer from the clues given.

Meanwhile, over at the Hotel Splendide, rehearsals are underway for their 60s tribute show "Shout Out for the 60s".



The Rattonians – 40 Years & Counting—Saturday 3rd August at 2.30pm



Royal Hippodrome Theatre, Eastbourne – £22

Optional pre-theatre lunch

Join the Rattonians as they celebrate four decades of entertaining Eastbourne! Take a trip down memory lane as they look back on where they began in 1984 right up to the present day. Expect to see show-stopping dance numbers, stunning vocals and of course plenty of sequins!

The Rattonians have always been dedicated to producing high quality musical theatre and will continue to bring new and exciting theatre to Eastbourne audiences for many years to come!

This replaces Chess. If you booked and paid for "Chess" but do not wish to go "The Rattonians—40 Years & Counting", please contact us for a refund.

Around the World in 80 minutes—£85—Friday 4th October – Brick Lane Music Hall



Last year we took a trip to London to the Brick Lane Music Hall. It was absolutely magical and since then I've been hounded for a repeat trip. We are going to see a new show called Around the World in 80 minutes. As before, we will be taken by coach to the doors of the music hall. Before the show starts we will be treated to a 3 course lunch included in the price.

The Brick Lane Music Hall has a 4.9 out of 5 rating on Google reviews and is ranked number 34 out of 2,714 things to do in London by Trip Advisor. You can

find out more information about BLMH by visiting their website at bricklanemusichall.co.uk

The price is £85 per person. We have kept this as low as possible with tough negotiations with both Brick Lane and the coach company.

If you would like to join us please let me have £30 deposit to secure your place with the balance paid by 2nd September. You can, of course, pay the full amount up front if you prefer.

Jacque



Notice from the Theatre and Outings Teams

Please help us by putting cash or cheque payments to us in a sealed envelope with your name on and details of all the events you are paying for. You need only give us **ONE** envelope and **ONE** cheque. We do not want separate envelopes, or cheques, for each event. This helps us to process your payment accurately and efficiently.

One is the way!

Paying for several events at the same time?

Please use just **ONE** cheque, **ONE** BACS, **ONE** card payment or **ONE** envelope of cash to pay for all your events in **ONE** go.

So long as you make it clear what you are paying for it is less work for us to process **ONE** payment rather than lots of separate ones. Also less work for you.

Thank you for your help with this.



u3a Diary 2024 £3.00

Just 2 left.

When they're gone, they've gone.

Jacque



Art Group

Graham Heys



Julie Richardson



Joy Jackson



Jackie Barrow (On Glass)



Ros Dowling



Anne Campbell



Ann Henry



U3A Lunch Bunch

Friday 5th April 2024 (to avoid Easter) @ 12.15pm for 12.30pm

The Old Plough

20 Church Street, Seaford, BN25 1HG

2 course Lunch menu: £ 17 CASH

Places available: 30. Please order and pay for your drinks individually.

MAIN COURSE :

Fish and chips with creamy minted peas

Sausage and mash, red cabbage and gravy

Hunter's Chicken served in bacon, cheese and bbq sauce, chips and salad

Sweet potato , beetroot and leek Tortelloni in a sauce of tomatoes ,peppers and feta- style cheese. (V)

DESSERTS :

S'more Chocolate Brownie with vanilla ice cream

Crumble of the Day with custard

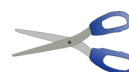
Sticky Toffee pudding with ice cream

Just Vanilla ice cream with sauce.

Please pre-order and pay before **Fri. 22nd March 2024**

Sharon Ahearn Tel: 01273 589953 Email: sunview70@yahoo.com

----- Please tear off slip below -----



Name:.....

The Old Plough: Friday 5th April 2024 @ 12.30pm

Price £17 inclusive in CASH

Main Course:.....

Dessert.....

Phone no. or email:.....



New Zealand, Land of Opportunities and Introductions

Spending five weeks in New Zealand was an amazing experience. I am a keen bird watcher so was eager to see new species while I was on holiday. Many of the 'common' British birds which are now not so common here were easily spotted there. I had two Song Thrushes outside my bedroom window each morning as well as Greenfinches, Goldfinches, Starlings, Sky Larks and House Sparrows. Just down the road there was always a Yellow Hammer calling from the brambles and often posed on the gate. I haven't heard a Yellow Hammer on the downs behind my house for several years. All of these birds were introduced either to control insects on crops or to make New Zealand feel more like home. The Sparrows found it easier to eat the grain rather than the insects they were supposed to control so that was a failure. In all I counted 11 species of bird deliberately introduced from the UK.



Pukeko Bird

Although they displace the native birds and compete for food, I do not feel the introduced birds are the main problem. It is the mammals; Rats, Cats, Stoats and Weasels that have caused the greatest devastation. Rabbits were introduced and when they became a problem Stoats and Weasels were deliberately introduced to control them. These predators found it easier to eat the native ground nesting birds than the Rabbits so many of the New Zealand birds have declined to the point of near annihilation. Our nice little Hedgehog is also a pest. They love eating

the eggs and young of ground nesting birds.

It was amazing to see the range of traps on sale at Mount Bruce Nature Reserve, ones for Rats, Weasels, Hedgehogs, Stoats, Feral Cats and Possums. Quite a strange site at a nature reserve.

The Possum was introduced for the fur trade and then either released or escaped. A similar scenario to the Mink in this country. They munch their way through young foliage on trees and have a habit of climbing up electricity pylons. The wooden posts now have a wide band of metal two thirds of the way up to prevent them shorting out the electricity supply to the neighbourhood.

New Zealand has the aim of being predator free by 2040 but when you look at the steep slopes and wild terrain covered densely with trees and Tree Fern it would seem an impossible goal.

Not only did the human settlers see New Zealand as a land of opportunity but so did the introduced animals. I kept imagining a species like the Hedgehog arriving there looking around and shouting to their mates.

'Whoopee ready meals all round. Let's munch our way through all these silly birds that have forgotten how to fly.'

I think it is an important lesson for us to take on board before we introduce any species to the UK. We have enough already.

I did manage to see 34 species of native New Zealand birds though. Including the Welcome Swallow. What a great name for a bird!


Heather Booth

Monthly Meeting

April 2024
 Thursday 4th April at 2:15pm
 Community House, Peacehaven
 (formerly The Meridian Centre)

Gongoozling - Life on the canals

A talk by
Neil Sadler



Monthly Meeting

May 2024
 Thursday 9th May at 2:15pm
 Community House, Peacehaven
 (formerly The Meridian Centre)

Guide Dogs

A talk by
Mick Etheridge





the summer lunch

Sunday 21st July 2024

12:30pm to dine at 1pm

Cost **£31.50** including the staff tip. Drinks extra.

Once again we return to the fabulous EMB Centre on Seaview Road, Peacehaven for our 2024 annual summer lunch. We think we have a lovely summer menu to offer you.

You can or pick up a booking form at a u3a meeting

Or download the one from this link::

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/summerlunch24bookingform.pdf>



Starter:

Carrot & Coriander Soup (gf) (vg)

Melon & Parma Ham (gf)

Classic Prawn Cocktail (gf)

Main:

Beetroot & Butternut Squash Wellington (vg)

Chicken Supreme wrapped in Bacon with a White Wine, Mushroom & Tarragon Sauce (gf)

Salmon with a White Wine, Lemon & Cream Sauce (gfa)

Dessert:

Tart au Citron served with a Raspberry Coulis

Seasonal Fruit Salad with Double Cream (v) (gf)

Selection of three cheeses, biscuits, grapes, celery & Onion Chutney (gfa)

Vanilla Ice Cream (v)

Coffee, tea and mints

Grand Raffle

Summer Quiz

Last date for booking 4th July

Call For More Wonderful Buddies

Are you friendly, do you like chatting to people? If so you could be just the person to become a Buddy!

In the last two years we have established a group of amazing volunteer welcome Buddies and hosts at our monthly meetings.

The aim of this group is to ensure that all new members are met and welcomed as they arrive and escorted to reserved seats where the volunteer hosts continue the welcome.

The work has been an amazing success with our new members, but also with existing members who we try to greet and support as they arrive.

We have some wonderful volunteers but we would like more.

If you can smile and offer a warm welcome to new members and can be available at some of the monthly meetings, we would love you to join us.

Want to know more?

Please contact Diane Newton at dianenewton@1960gmail.com or mobile 07931204721 or catch me at the next monthly meeting on 7th March 2024

Jigsaw Puzzles Charity Sale

This month there will be a sale of jigsaw puzzles at our monthly meeting. There will also be a few good condition 2nd hand books for sale.

As all have been donated by members and our supporters the monies raised are complete profit which is going to a local cancer charity.

Thanks everyone.....

Sharon Ahearn

Newsletter Deliveries

We are trying to start a newsletter delivery group for the April, August and December newsletters. With the price of postage going up, it is now expensive to post. We need some volunteers for East Peacehaven and for NW and SE Seaford. There are usually not too many newsletters in each area but they can be quite widespread so it is an opportunity for a walk, bike or car delivery before the end of the weekend following the monthly meeting. Many thanks Sally 01273 513707 or sally.freeman1@btinternet.com.

Board Game Group

We started this group in January and enjoyed our first 2 meetings. We played Rummikub, Scattergories, Colour Brain, Linkee and BN1 and plan to meet on the last Monday afternoon of the month and the penultimate Wednesday over the winter months. We plan the next board games that we want to play for the following month so that we get a chance to see how to play it before. If you would like to join us and learn some new board games contact Sally 01273 513707 or sally.freeman1@btinternet.com



Paying for u3a events and membership

We know that different people like to pay for events in different ways. We believe that we should be as flexible as possible in how we accept payments. That's why we have been accepting payments in cash, by cheque and by bank transfer for some time. However, during the pandemic many of us got used to paying by card. Some of us actually don't carry money around with us any more. So, we have introduced the option for you to pay by card (or even using a smart phone). The choice is yours.

Please note, if you pay using a card and subsequently require a refund this will be made to your card. However, the card payment company will deduct their fee before the refund is made. The u3a will not be able to make up the difference.

N&P Coffee Morning

Join us for a chat and a cuppa



Open 10am-12noon
2nd Tuesday of each month

At Peacehaven Stonehouse Carvery

293- 295 South Coast Road, Peacehaven BN10 7HX

Next Coffee Morning 12th

No need to book
just turn up and socialise



Moving house, changing your phone number or email address?

If any of the above apply, please make sure you tell Sally, our Membership Secretary, so that we can keep our records up to date. We have a special form available for this.

You can get one at any monthly meeting or download one from our website:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/membershipchangeofdetailsform.pdf>

While you are doing that make certain you tell us who your emergency contact is at the moment.



Dates For Your Diary



2024	Day	Time	Event
March	Thursday 7th	14:15	Monthly Meeting: Scams Awareness , Community House, Peacehaven
	Friday 8th		Outing: Behind the Seams & IKEA , Croydon
	Wednesday 13th	19:45	Theatre: Sister Act , Theatre Royal, Brighton:
April	Thursday 4th	14:15	Monthly Meeting: Gongoozling—Life on the Canals , Community House, Peacehaven
	Friday 5th	12:15	Lunch Bunch: The Old Plough, 20 Church Street, Seaford, BN25 1HG
	Friday 12th		Afternoon Tea at South Downs Garden Centre, Hassock
	Thursday 18th	14:00	Theatre: Jesus Christ Superstar , Congress Theatre, Eastbourne: Pre-theatre lunch at the Stage Door.
May	Thursday 9th	14:15	Monthly Meeting: Guide Dogs , Community House, Peacehaven
	Friday 31st	12:00	Langham Hotel Lunch with Anita Harris
June	Saturday 1st	14:30	Theatre: Joseph and the Amazing Technicolor Dreamcoat , Devonshire Park Theatre, Eastbourne.
	Thursday 6th	14:15	Monthly Meeting: The World of East Sussex Wildlife Rescue and Ambulance Service , The Hillcrest Centre, Newhaven
	Saturday 8th	14:30	Theatre: Who Killed the Rep? Community House, Peacehaven.
	Monday 10th		Holiday: TLH Resort Derwent Hotel, Torquay.
	Sunday, 30th		Theatre: Abba Voyage , Abba Arena, London
July	Sunday 21st	12:30	The Summer Lunch , EMB Centre, Seaview Road, Peacehaven
August	Saturday 3rd	14:30	Theatre: 40 Years and Counting with the Rattonians , Royal Hippodrome Theatre, Eastbourne: Pre-theatre lunch optional
	Friday 16th	12:00	Eastbourne Air Show with afternoon tea at the Hydro Hotel, Eastbourne
September	Thursday 12th		Outing: 80th Anniversary of D Day. D Day Museum and Mary Rose / or Gun Wharf shopping area.
October	Friday 4th		Theatre: Around the World in 80 Minutes , Brick Lane Music Hall, London. Coach, lunch and show £85. Details in next months' Bulletin.

When possible, please contact committee members only between the hours of 09:00 to 17:30