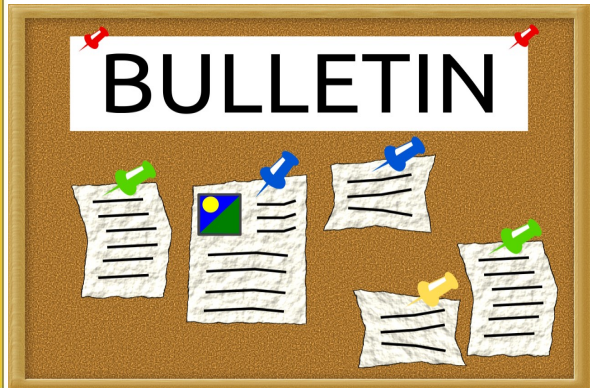


JUNE 2023



Monthly Meeting

June 2023
Thursday 1st June at 2.15pm
in The Hillcrest Centre, Newhaven



Recycling

A talk by
Neil Peters,
Community Recycling
Engagement Officer
Eastbourne

NEWHAVEN 2.15 pm

Main Hall,
Hillcrest Centre,
Bay Vue Road,
BN9 9LH.



Please remember to bring your own cup/mug for tea/coffee

Speaker – Neil Peters from Lewes and Eastbourne Councils will be telling us all about recycling. We put our recycling bins out every fortnight but what happens to their contents after that?

Speakers for our monthly meetings in 2024

I am starting to book speakers for our monthly meetings in 2024. If any of you can recommend a good, knowledgeable and entertaining speaker please let me know their subject and their contact details. You can contact me either by email : marianstanley43@gmail.com or phone tele: 01273 611068 or let me know at the monthly meeting
Thank you, **Marian**

Monthly Bulletin

The **Monthly Bulletin** contains any important information or updates to the information published in the preceding Newsletter and it is only distributed by email.

Please send all content for the Monthly Bulletin to John Harrison at 01273 586766 or harrystjohn2003@yahoo.co.uk to arrive before 26th of the month.

If you know a member that does not have email please pass any relevant information onto them.



Get well and sympathy cards

If you know of any U3A member who is ill or in hospital and would appreciate a cheery card from us all at the U3A, please let **Norma Ingram** know on: **01273 581492**

The u3a is a self-help learning organisation for people who have completed their career or finished raising a family and is an equal opportunities organisation welcoming all members.



[u3aNewhavenPeacehaven](https://www.facebook.com/u3aNewhavenPeacehaven)



our email u3aNP@outlook.com



[u3a Newhaven & Peacehaven](https://www.youtube.com/u3aNewhavenPeacehaven)

<https://u3asites.org.uk/>

GROUPS & GROUP NEWS



Interest Groups

Details of all Interest Groups can be found on our website or by contacting the appropriate Group Leader:

Art Club: Graham Heys - 01273 585999	Book Group Newhaven: Rose Lawrence - 01273 580908
Book Group Peacehaven: Delia Boatin - 01273 514303	Bridge Club: Jacquie Webber - 0742815944
Beginners Bridge: Jacquie Webber - 0742815944	Intermediate Bridge: Jacquie Webber - 0742815944
Boccia: Mick Etheridge - 07766514161	Outings — Bus Pass Outings: Leslie Hirtle - 01273584494 : Andy Rutherford - 01273582620 : Deanne Smith - 01273982598
Chatter Boxes: Doreena Evans - 01273 585089	Cribbage: Nigel Barnes - 07963431887
Classical Music: John Pheby - 01273 579642	
Discussion 1 Peacehaven: Jacquie Webber - 07428159444	Flower Arranging: Patti Elliott - 01273 582379
Discussion 2 Newhaven: Marian Stanley - 01273 611068	French (Basic): Chis Sutton - 01273 512261
Gardening: John Shepherd - 01273 516079	Keep Fit: Jacquie Webber - 07428159444
Laptops, Tablets and Smart Phones: Tony Garwood - 07428122161	
Lunch Bunch: Sharon Ahearn - 01273 589953	
Mahjong: Joan Farrimond - 01273 580143	Movies Club: John Pheby - 01273 579642
Meditation: Kevin Knight - 01273 786488	Music Appreciation: John Pheby - 01273 579642
Needles & Pins: Pat Bethel- 01273 758041	Rock Music Appreciation: Tony Garwood - 07428122161
Scrabble: Yvonne Maclaughlin - 01273 581523	Singing for Pleasure: Pam Beaumont- 01273 982218
Ten Pin Bowling: Alan - 01273 302967	Theatre Group: Jacquie Webber - 07428159444
Ukulele: Marian Stanley - 01273 611068	Walking: Pam Thompson - pamthompson2@btinternet.com
Under the Covers: Joyce Bourne - 0789441106	Wine Tasting: Tony Garwood: tonygarwood@hotmail.com

Group Coordinators

Pam Beaumont on 01273 982218 or prmbeaumont@hotmail.com

Tricia Shepherd on 01273 516079 or johndtricia@tiscali.co.uk

Groups News

Meditation Group

The sessions in June will be held on the 6th and 13th June at 2.00pm (The 1st & 2nd Tuesday). There will be no meditation session on the 20th June. Sorry for the inconvenience this change may cause.

Lunch Bunch Update

A good time was had by all at our recent lunch on Friday 26th April at the Telscombe Tavern with a varied British menu and lots of bonhomie from our 25 u3a members present.

The Toad in the Hole was particularly appreciated as was the Trifle, Telscombe Mess, and Sticky toffee pudding for dessert.

The pub had employed the services of a (cardboard) guardsman in honour of the Coronation of King Charles

111 and you can see for yourself the "Usual Suspects" in the photos of one of our local tasty and fun lunches.

Sharon Ahearn, Coordinator



The Music Appreciation Group (off Piddinghoe Avenue, Peacehaven)

Well, we've now been running from 1 May 2015 and **still** can come up with different Themes for musical programmes. Recent ones have been a "BEST OF *****". Then "OPERATIC HIGHLIGHTS" and "GERMAN DAY", "ITALIAN DAY" and "FRENCH DAY". But there have been special events like "Russian Roulette" and "Day of America", with the occasional "Music from the Movies" proving especially popular. We usually close with a video of either – singers, Andrea Bocelli and Rene Fleming – or of orchestral events like the 1812 overture, perhaps even snatches from movies – The Big Country and Jurassic Park spring to mind.



Our Jazz Interval , for a tea break with Jaffa Cakes or my wife Pam's Rock cakes, include traditional – Kenny Ball, Dutch Swing College, or Modern – Andre Previn, Dave Brubeck, but I also slip in Easy Listening – Nina Simone, Ray Charles, Tomita.

The second half always consist in a variety of our popular classics such as Grieg, Beethoven, or more modern composers such as Karl Jenkins, Ennio Morricone, and then closing with a Video clip.

It's a great way to spend every other relaxing Friday afternoon in preparation for a busy weekend, in comfy armchairs before a fire, among likeminded friends, who also shun any highbrow music, but brighten up with a closing video as mentioned above.

As we often buy audio CDs or individual tracks, there is a charge of 50p to cover refreshments as well. With two of our long term guests suddenly no longer able to come **we now have two seats for u3a applicants**. Just email me on jbpheby@outlook.com for a trial visit.

Try one and see, **John B Pheby**

Rock Music Group

Jimi Hendrix will be the focus for the next meeting on Friday 2nd June.

During the last year the group has listened to music by, amongst others, The Beatles, The Rolling Stones, Pink Floyd, Jethro Tull, The Jam and Fleetwood Mac.

The group meets the first Friday afternoon of each month for a couple of hours. Each month those present agree the focus for the following meeting.

The whole of rock music is to choose from, provided only that someone has the relevant LP. We usually listen to something from the beginning of the

bands career and compare that with later work. However, in true rock style, flexibility in format is embraced.

If you would like to know more about the group contact the Group Leader

Tony on 07428122161 or tonygarwd@hotmail.com.



Friday 2pm The House Project



KEEP FIT Thursdays 10:45am



Thursday 2pm Peacehaven Library



The Theatre Group

To book your place
phone **Jacque** on **07428159444**
or email **jacquiewr@hotmail.com**

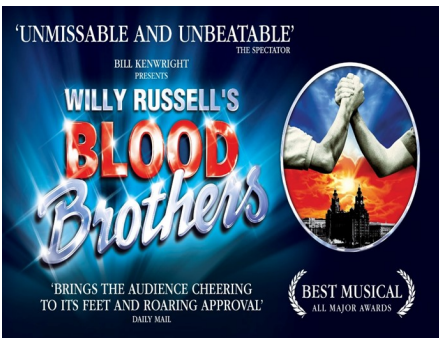
If paying for theatre trips in cash, please bring it in a sealed envelope marked with your name and the trip.

Magic of the Musicals Meridian Centre Saturday 10th June 2:30pm Tickets £10



"Celebrating 25 years of the Peacehaven Players. Since 1998, Peacehaven Players have been delighted to entertain Peacehaven, and beyond, to some of the best in musical theatre. Magic of the Musicals will bring you our special selection of songs from Joseph, Les Miserables, The Greatest Showman, The King and I, My Fair Lady, Wicked, West Side Story and Mamma Mia, and many more. This show pays tribute to the many women and men who have shared the Meridian stage over all these years. You will be seated cabaret style at tables and the bar will be open throughout the show."

Blood Brothers Theatre Royal Brighton

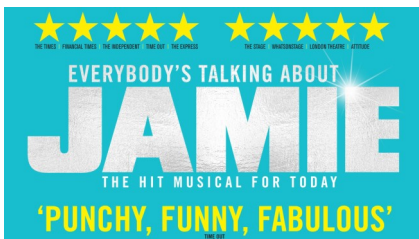


Wednesday 4th October at 2.30pm £33.50

[Optional pre-theatre lunch at Pinocchio's](#)

Written by Willy Russell the legendary Blood Brothers tells the captivating and moving tale of twins who, separated at birth, grow up on the opposite sides of the tracks, only to meet again with fateful consequences. This is one of only 3 musicals ever to achieve the milestone of an amazing 10,000 performances in London's West End.

Everybody's Talking About Jamie Theatre Royal Brighton



Thursday 9th November at 2:30pm Tickets £39

[Optional pre-theatre lunch at Pinocchio's](#)

Inspired by a true story, this is a hit musical for the modern day. Jamie is 16 and lives on a council estate. He doesn't quite fit in. Jamie is terrified about the future. He is going to be sensational! Supported by his brilliant mother and surrounded by his friends, Jamie overcomes prejudice, beats the bullies, and steps out of the darkness into the spotlight.

The King and I – Congress Theatre, Eastbourne—Thursday 14th December 2:30pm £34



The multi award-winning Broadway production of Rodgers and Hammerstein's **The King and I** returns to the UK, following its critically-acclaimed sold out season at The London Palladium. **Helen George**, best known as Trixie in the hit BBC One series Call The Midwife, will star as Anna. The King and I is the greatest musical from the golden age of musicals – with one of the finest scores ever written including Whistle a Happy Tune and Shall We Dance?

This gloriously lavish production is brought to the stage by an internationally renowned creative team under Tony Award-winning director Bartlett Sher (South Pacific / My Fair Lady / To Kill a Mockingbird) and will feature a world-class company of over 50 West End and Broadway performers and a full-scale orchestra.

Sister Act – Theatre Royal, Brighton – Wednesday 13th March 2024 at 7.45 pm £42.50



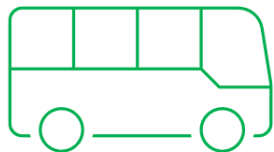
Disco diva Deloris' life takes a surprising turn when she witnesses a murder. Placed under protective custody, she is hidden in the one place she shouldn't be found – a convent! Encouraged to help the struggling choir, she helps her fellow sisters find their true voices as she unexpectedly rediscovers her own. Lesley Joseph as the Mother Superior stars in this award-winning production.

Sister Act features original music by 8 times Oscar and Tony Award winner Alan Menken whose credits include Disney's Beauty and the Beast and Aladdin, and songs inspired by Motown, soul and disco, this joyous and hilarious musical is one nostalgia filled trip you will never forget. This is going to be a sell out, so book early.



Notice from the Theatre and Outings Teams

Please help us by putting all cash and cheque payments to us in a sealed envelope with your name on and details of what you are paying for. This helps us to process your payment accurately and efficiently.



Outing

Pashley Manor Gardens

Thursday 22nd June during Rose Week

Coach and entrance £36

Travel by coach to gardens at Pashley Manor. Enjoy 11 acres of beautiful borders and vistas. All the ingredients of the traditional English garden have been carefully cultivated over a lifetime of work.

Adding to this is the Café and Terrace with excellent garden views and Sculpture and Art Exhibitions, The coach leaves Denton Island at 9:30am with all the usual pick-ups. We will leave the gardens at 4:30pm for the return journey.

Booking forms can be downloaded using this link <https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/pashleybooking.pdf>

and will also be available at the monthly meeting.

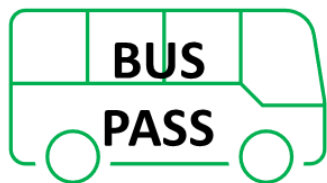


Tenterden Town plus Kent & East Sussex Railway

Wednesday 13th September

A date for your diary.

Further details at the June Monthly Meeting and in the July Bulletin.



Outings

Saturday 5th August

Littlehampton

Thursday 24th August

Stanmer Park

Contact Lesley Hurtle on 01273 584494 for further details



Holidays

Holiday to Warner's Cricket St. Thomas Hotel — January 2024 — £395



Following the success of our holiday to Norton Grange on the Isle of Wight, in February, we are planning a 5-day trip to Warners at Cricket St. Thomas from 15th January 2024. The trip will follow the same format as this year. We will be travelling by coach to our Somerset venue and two days of optional excursions are included in the price. This price includes breakfast and evening meal as well as a free bar from 6pm until midnight. There will be the usual high quality evening entertainment that we have come to expect from Warners as well as wide-ranging on-site activities during the day.

Cricket St. Thomas is a stately home and as such is one of Warners more upmarket venues. People have fond memories of it from the days when it was used as the home of Penelope Keith in "To the Manor Born".

The cost of the trip is £395 per person for two people sharing. There are just 3 double rooms remaining. To secure a place we need a deposit of £50 per person. We are also offering the opportunity to pay monthly and will be accepting cheques or bank transfers for £50 during the first week of each month until final payment is made. After paying the deposit you can, of course, pay the remainder in one go. The last date for final payment is the 25th October.

You can read more about Cricket St. Thomas on the Warners Hotel Website.

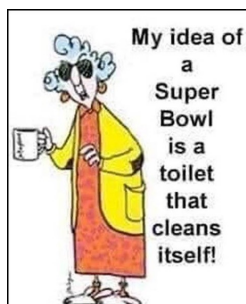
<https://www.warnerleisurehotels.co.uk/hotels/cricket-st-thomas-hotel>

Please contact me if you would like further information.

Jacque

Smiles
From
Sharon

Finally my
winter fat
is gone,
now I have
spring rolls.



Apparently exercise helps you with decision making. It's true. I went for a run this morning and decided I'm never going again.





the summer lunch

Sunday 16th July 2023
1pm to dine at 2:00pm



Don't miss out on our annual summer lunch at the fabulous EMB Centre. You will enjoy another great meal and be entertained with a special summer quiz.

The EMB Centre, in Seaview Road Peacehaven, will once again delight us with their culinary arts and beautiful surroundings. The menu/booking form can be downloaded by using this link:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/summerlunch23bookingform.pdf>

or you can get one at the June monthly meeting.

We have favoured a summery feel to the menu. As it's July, we might even have the doors open. After the meal there will be a Summer Quiz while tea, coffee and mints are served.

You are welcome to bring non-u3a guests to this event.

The cost is £28.95. **The last date for booking is 23rd June.**

The June Monthly Meeting will be the last one that you can book at.



Paying for u3a events and membership

We know that different people like to pay for events in different ways. We believe that we should be as flexible as possible in how we accept payments. That's why we have been accepting payments in cash, by cheque and by bank transfer for some time. However, during the pandemic many of us got use to paying by card. Some of us actually don't carry money around with us any more. So, we have introduced the option for you to pay by card (or even using a smart phone).



The choice is yours.

My Zambia Project

A big thank you to those folk who have given me the empty cardboard boxes. I now have plenty!

What I do need now are some more glasses to send out to Chipata, Zambia. So please, if you do wish to donate spectacles or hearing aids I now have the boxes to send them out in.

After 7 years doing this voluntary work I shall be retiring from the role at Christmas 2023 so would appreciate any donations to come to me by then.

We have sent over 144 boxes of requested donations to Zambia over the last 7 years, an achievement I am proud of, but now it is time for someone else to take over, I have done my bit!

Sharon Ahearn

Operettas & 1930-1940 Musicals Group



You are invited to join this group which is run by 5 Deans u3a and is happy to accept members of our u3a. The group meets monthly in Saltdean at the Group Leader's home on the 4th Thursday of each month at 2pm.

Further details from the Group Leader: Andrew Cregeen.

Phone 07849761664 or email cregandrew@talktalk.net

N&P Coffee Morning

Join us for a chat and a cuppa



Open 10am-12noon
2nd Tuesday of each month

At Peacehaven Stonehouse Carvery

293- 295 South Coast Road, Peacehaven BN10 7HX

No need to book
just turn up and socialise



Next Coffee Morning 13th June

Monthly
Meeting

July 2023
Thursday 6th July at 2.15pm
in The Meridian Centre, Peacehaven



**Fabricating Lureland
a history of Peacehaven**

A talk by
Dr Julie Winkler
Principal Lecturer
School of Art & Media
University of Brighton

Monthly
Meeting

August 2023
Thursday 3rd August at 2.15pm
in The Meridian Centre, Peacehaven



'Where Amazing Things Happen'

A talk by
Joy Dyson
Community & Events Fundraiser

More
Smiles
From
Sharon

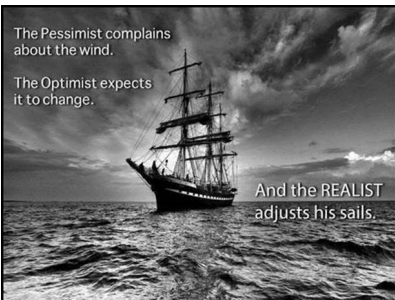
**If I learned anything in
my 22 years on earth
is that it's
ok to lie
about your age.**



**My wife came home from
Walmart complaining about
the cashier being a royal
bitch. I asked her if she was
at the self checkout: And that
is how the fight started**

**Sometimes, not
saying anything is the
best answer. You see,
silence can never be
misquoted.**

**The School Called Today
And Said "Your Son Is
Telling Lies"
"Well" I Replied "He Must
Be Really Good Because
I Don't Have Any
Kids"**



**There's a fine line between
a numerator and a
denominator.
Only a fraction of people will find this funny.**

Art Group

Julie Richardson



Joy Jackson



Carol Hughes



Anne Campbell



Angie Mobs



Graham Hays



Ros Dowling



Roy Mobbs



U3A Lunch Bunch

Friday 30th JUNE 2023 at 12.15 pm for 12.30 pm service

The Drove (Brewers' Fayre)

Newhaven BN9 OAG

(Behind Sainsbury's Newhaven)

2 courses + tip £ 16 or £17 (with extra)

Pre-order and pay in advance

Please buy your drinks at the Bar.

MAIN COURSES

Smothered Chicken: In a bacon, cheese and barbbq sauce with skin-on fries, coleslaw, garlic bread and salad garnish.

Scampi and chips: with garden peas.

Fish pie topped with cheesy potato and salad garnish

Beef Lasagne: with mixed salad and garlic bread.

Sweet potato, spinach and chick pea Curry with fluffy rice (V)

DESSERTS

Apple Betty served warm with custard

Strawberries and ice cream

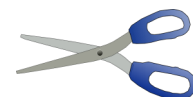
Sticky Toffee pudding with custard (+£1 extra)

Knickerbocker Sundae (+£1 extra)

Last day for orders and payment: **Friday 16th JUNE 2023**

Maximum 30 places available.

----- Please cut off the slip below -----



Name:.....

The Drove: Friday 30th JUNE 2023 @ 12.15pm for 12.30pm

Main Course:.....

Dessert..... Price: £16 or £17 CASH

Phone no or email:.....



U3A Lunch Bunch

Friday 25th August 2023 @ 12noon for 12.30pm

(as we have to queue to order our meals)

Stonehouse Peacehaven Carvery,

295 South Coast Road, Peacehaven, BN10 7HX

Instructions

Sign-in with me.

Find yourself a seat.

Check the menu on your table for choices and prices

Go to the Bar, order & pay for your meal & drinks.

Traditional Carvery £7.99	Small Carvery £4.99
Scampi £8.99	Classic Burgers from £ 9.99
Mac and cheese (v) £8.49	Camembert +veg bake (v) £7.99
Pizzas from £10.99	
DESSERTS from £4.99	Tea and Coffee available

**All prices subject to change.

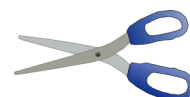
There will be no need to pay in advance for this meal.

Booking available for max. **30 members.**

Please book a seat with me before Fri.18th August 2023

Sharon Ahearn Tel: 01273 589953 Email: sunview70@yahoo.com

----- Please tear off slip below -----



Name:.....

Peacehaven Carvery Friday 25th August 2023 at 12 noon

(Pay as you go!)

Phone no. or email:.....

Please let me know if you find that nearer the booking you cannot make it.

There will probably be a waiting list and this will help other members.



Dates For Your Diary



2023	Day	Time	Event
June	Thursday 1st	14:15	Monthly Meeting: Recycling , Hillcrest Centre, Newhaven
	Wednesday 7th		Theatre: Brick Lane Music Hall , London East End
	Friday 9th	12:00	Van Gogh Live, The Dome, Brighton
	Saturday 10th	14:30	Theatre: Magic of the Musicals , Meridian Centre, Peacehaven
	Thursday 22nd	09:30	Outings: Visit to Pashley Manor Gardens, Rose Week
	Friday 30th	12:15	Lunch Bunch: The Drove (Brewers Fayre), Newhaven BN9 OAG
July	Thursday 6th	14:15	Monthly Meeting: Fabricating Lureland, a history of Peacehaven , Meridian Centre, Peacehaven
	Friday 7th	10:30	Nature rambles around Castle Hill near Newhaven Fort
	Sunday 16th	13:00	The Summer Lunch , EBM Centre, 16 Seaview Road, Peacehaven
	Sunday 23rd		Visit to Buckingham Palace
	Saturday 29th	14:30	Theatre: Guys & Dolls , Hippodrome Theatre, Eastbourne, pre-theatre lunch at The Crown & Anchor
August	Thursday 3rd	14:25	Monthly Meeting: "Where Amazing Things Happen" Meridian Centre, Peacehaven
	Saturday 5th		Bus Pass Outing: Littlehampton
	Thursday 24th:		Stanmer Park
	Friday 25th	12:00	Lunch Bunch: Stonehouse Carvery, Peacehaven, BN10 7HX
October	Wednesday 4th	14:30	Theatre: Blood Brothers , Theatre Royal, Brighton
	Friday 6th	10:30	Nature rambles around Castle Hill near Newhaven Fort
September	Wednesday 13th		Outings: Tenterden Town plus Kent East Sussex Railway
November	Thursday 9th	14:30	Theatre: Everybody's talking about Jamie , Theatre Royal, Brighton: pre-theatre lunch at Pinocchio's
December	Thursday 14th	14:30	Theatre: The King and I , Congress Theatre, Eastbourne
2024	Day	Time	Event
January	Monday 15th		Holidays: 5 Days to Warner's Cricket St. Thomas Hotel
March	Wednesday 13th	19:45	Theatre: Sister Act , Theatre Royal, Brighton:

When possible, please contact committee members only between the hours of 09:00 to 17:30