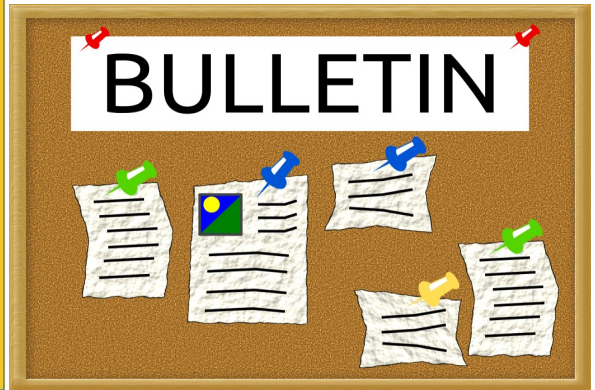


JULY 2023



Monthly Meeting

July 2023
Thursday 6th July at 2.15pm
in The Meridian Centre, Peacehaven

**Fabricating Lureland
a history of Peacehaven**

A talk by
Dr Julie Winkler
Principal Lecturer
School of Art & Media
University of Brighton



NEWHAVEN 2.15 pm

Main Hall,
Hillcrest Centre,
Bay Vue Road,
BN9 9LH.



Please remember to bring your own cup/mug for tea/coffee

An Invitation To Our Next Committee Meeting

We have a brilliant team of volunteers who make up our committee. We would love for you to come along and see what we do at our meetings. They are not extremely serious events – in fact we do have a laugh now and again. I am very proud of the effort that all our committee members put in to make our u3a work so smoothly and I would love to ‘show them off’. So do please come along to our next meeting which will be on Wednesday 12th July 10 to 12.15 in the Charles Neville Room in the Meridian Centre. Just let me know that you are coming by emailing me at marianstanley43@gmail.com or telephone: 01273 611068.

I look forward to seeing you.

Marian

Monthly Bulletin

The **Monthly Bulletin** contains any important information or updates to the information published in the preceding Newsletter and it is only distributed by email.

Please send all content for the Monthly Bulletin to John Harrison at 01273 586766 or harrystjohn2003@yahoo.co.uk to arrive before 26th of the month.

If you know a member that does not have email please pass any relevant information onto them.



Get well and sympathy cards

If you know of any U3A member who is ill or in hospital and would appreciate a cheery card from us all at the U3A, please let **Norma Ingram** know on: **01273 581492**

The u3a is a self-help learning organisation for people who have completed their career or finished raising a family and is an equal opportunities organisation welcoming all members.



[u3aNewhavenPeacehaven](https://www.facebook.com/u3aNewhavenPeacehaven)



our email u3aNP@outlook.com



[u3a Newhaven & Peacehaven](https://www.youtube.com/u3aNewhavenPeacehaven)

<https://u3asites.org.uk/>

GROUPS & GROUP NEWS



Interest Groups

Details of all Interest Groups can be found on our website or by contacting the appropriate Group Leader:

Art Club: Graham Heys - 01273 585999	Book Group Newhaven: Delia Boatin - 01273 514303
Book Group Peacehaven: Rose Lawrence - 01273 580908	Bridge Club: Jacquie Webber - 0742815944
Beginners Bridge: Jacquie Webber - 0742815944	Intermediate Bridge: Jacquie Webber - 0742815944
Boccia: Mick Etheridge - 07766514161	Outings – Bus Pass Outings: Leslie Hirtle - 01273584494 : Andy Rutherford - 01273582620 : Deanne Smith - 01273982598
Chatter Boxes: Doreena Evans - 01273 585089	Cribbage: Nigel Barnes - 07963431887
Classical Music: John Pheby - 01273 579642	
Discussion 1 Peacehaven: Jacquie Webber - 07428159444	Flower Arranging: Patti Elliott - 01273 582379
Discussion 2 Newhaven: Marian Stanley - 01273 611068	French (Basic): Chis Sutton - 01273 512261
Gardening: John Shepherd - 01273 516079	Keep Fit: Jacquie Webber - 07428159444
Laptops, Tablets and Smart Phones: Tony Garwood - 07428122161	
Lunch Bunch: Sharon Ahearn - 01273 589953	
Mahjong: Joan Farrimond - 01273 580143	Movies Club: John Pheby - 01273 579642
Meditation: Kevin Knight - 01273 786488	Music Appreciation: John Pheby - 01273 579642
Needles & Pins: Pat Bethel- 01273 758041	Rock Music Appreciation: Tony Garwood - 07428122161
Scrabble: Yvonne Maclaughlin - 01273 581523	Singing for Pleasure: Pam Beaumont- 01273 982218
Ten Pin Bowling: Alan - 01273 302967	Theatre Group: Jacquie Webber - 07428159444
Ukulele: Marian Stanley - 01273 611068	Walking: Pam Thompson - pamthompson2@btinternet.com
Under the Covers: Joyce Bourne - 0789441106	Wine Tasting: Tony Garwood: tonygarwood@hotmail.com

Group Coordinators

Pam Beaumont on 01273 982218 or prmbeaumont@hotmail.com

Tricia Shepherd on 01273 516079 or johndtricia@tiscali.co.uk

Groups News

Lunch Bunch Update

I have been ill since February and require an operation at the Royal Sussex County Hospital. I am endeavouring to keep the lunch bookings going but it is a very difficult whilst not knowing when the op will be as well as the minimum 5 day stay in the hospital followed by a 6 week recuperation period. So please be as cooperative and understanding as you can be if you wish to attend the Lunch Bunch, with the substitute coordinator in my absence.

Normal service will be resumed as soon as possible!!

Sharon Ahearn

Operettas & 1930-1940 Musicals Group

You are invited to join this group which is run by 5 Deans u3a and is happy to accept members of our u3a. The group meets monthly in Saltdean at the Group Leader's home on the 4th Thursday of each month at 2pm.

Further details from the Group Leader: Andrew Cregeen.

Phone 07849761664 or email cregandrew@talktalk.net



Rock Music Group

The Who will be the focus for the next meeting on Friday 2nd July. During the last year the group has listened to music by, amongst others, The Beatles, The Rolling Stones, Pink Floyd, Jethro Tull, The Jam and Fleetwood Mac. The group meets the first Friday afternoon of each month for a couple of hours. Each month those present agree the focus for the following meeting. The whole of rock music is to choose from, provided only that someone has the relevant LP. We usually listen to something from the beginning of the bands career and compare that with later work. However, in true rock style, flexibility in format is embraced.

If you would like to know more about the group contact the Group Leader Tony on 07428122161 or tonygarwd@hotmail.com.



**Art Club
 Exhibition 23**

Friday 22nd September
10am - 4pm
 The Hillcrest Centre
Free admission
Everybody welcome



Art Club Exhibition 23

Friday 22nd September
 10am to 4pm
 Hillcrest Centre Newhaven.
 Following the success of the stunning Art Exhibition in 2022 the Art Club will be presenting their work for our enjoyment. New pieces have been created and new artist have joined longer serving members. Put the date on your diary.



Friday 2pm The House Project



KEEP FIT Thursdays 10:45am



Thursday 2pm Peacehaven Library

**Smiles
 From
 Sharon**

A man and a woman were traveling in a train.
 Woman : Every time you smile, I feel like inviting you to my place.
 Man : Awwww! Are you single ?
 Woman : No, I am a Dentist....

I have many hidden talents.
 Just wish I could remember where I hid them.

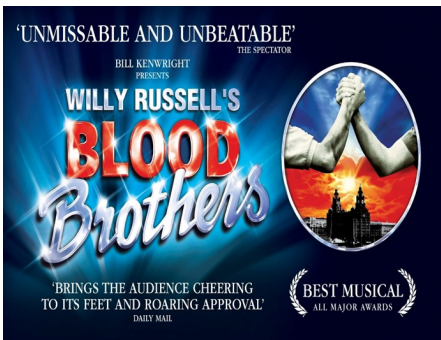
anyone who says their wedding was the best day of their life has clearly never had 2 candy bars fall down at once from a vending machine.



The Theatre Group

To book your place
phone **Jacque** on **07428159444**
or email **jacquiewr@hotmail.com**

If paying for theatre trips in cash, please bring it in a sealed envelope marked with your name and the trip.
Blood Brothers Theatre Royal Brighton



Wednesday 4th October at 2.30pm £33.50

[Optional pre-theatre lunch at Pinocchio's](#)

Written by Willy Russell the legendary Blood Brothers tells the captivating and moving tale of twins who, separated at birth, grow up on the opposite sides of the tracks, only to meet again with fateful consequences. This is one of only 3 musicals ever to achieve the milestone of an amazing 10,000 performances in London's West End.



Alice in Pantoland Meridian Centre

Saturday 9th December at 2:30pm Tickets £11.50

A family pantomime in traditional style from Peacehaven Players. Alice is off on her travels again in a completely new adventure. This time too she strays into the enchanted realm where all our favourite panto characters go in the down season. If Witch Whey cannot be stopped, evil will triumph in all pantos. Only Alice and her new friends can defeat the evil ones and ensure good prevails. Along the way Alice finds love and there's song, dance and loads of laughs.

The King and I – Congress Theatre, Eastbourne—Thursday 14th December 2:30pm £34



[Optional pre-theatre lunch at The Stage Door](#)

The multi award-winning Broadway production of Rodgers and Hammerstein's **The King and I** returns to the UK, following its critically-acclaimed sold out season at The London Palladium.

Helen George, best known as Trixie in the hit BBC One series Call The Midwife, will star as Anna. The King and I is the greatest musical

from the golden age of musicals – with one of the finest scores ever written including Whistle a Happy Tune and Shall We Dance?

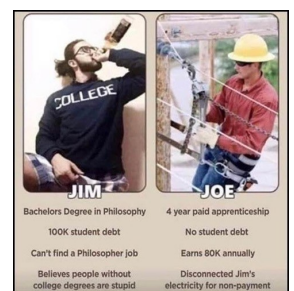
This gloriously lavish production is brought to the stage by an internationally renowned creative team under Tony Award-winning director Bartlett Sher (South Pacific / My Fair Lady / To Kill a Mockingbird) and will feature a world-class company of over 50 West End and Broadway performers and a full-scale orchestra.

**More
Smiles
From
Sharon**

**My wife asked if she could have a little peace and quiet while she cooked dinner...
So I took the battery out of the smoke alarm!**

**Wife said, "Our new neighbours are so in love. He kisses her, strokes her hair and hugs her. Why don't you do that?"
I said, "Because I don't know her that well yet!"**

**I visited a monastery and as I walked past the kitchen I saw a man frying chips. I asked him "Are you the friar?"
He replied "No, I'm the chip monk..."**



And Then There Were None – Theatre Royal Brighton – Thursday 11th January 2024



at 2.30pm £32

Optional pre-theatre lunch at Pinocchio's

And Then There Were None – The Best Selling Crime Novel of all time – Directed by **Lucy Bailey** (*Witness for the Prosecution*, now in its 6th year in London), this brand-new production of the Queen of Crime, Agatha Christie's best selling crime novel of all time will keep you on the edge of your seat. It's genuinely terrifying....Ten strangers are

lured to a solitary mansion off the coast of Devon. When a storm cuts them off from the mainland, the true reason for their presence on the island becomes horribly clear,

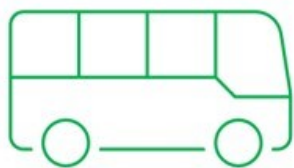
Sister Act – Theatre Royal, Brighton – Wednesday 13th March 2024 at 7.45 pm £42.50



Disco diva Deloris' life takes a surprising turn when she witnesses a murder. Placed under protective custody, she is hidden in the one place she shouldn't be found – a convent! Encouraged to help the struggling choir, she helps her fellow sisters find their true voices as she unexpectedly rediscovers her own. Lesley Joseph as the Mother Superior stars in this award-winning production.

Sister Act features original music by 8 times Oscar and Tony Award winner Alan Menken whose credits include Disney's Beauty and the Beast and Aladdin, and songs inspired by Motown, soul and disco, this joyous and hilarious musical is one nostalgia filled trip

you will never forget. This is going to be a sell out, so book early.



Outings



Tenterden Town plus Kent & East Sussex Railway

Wednesday 13th September

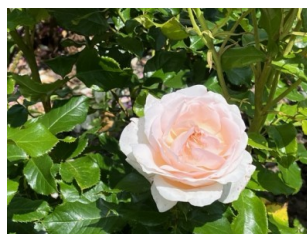
A day in the lovely Tenterden in Kent. We will travel by coach. Then you can chose between a day around the town or a steam train journey on the Kent and East Sussex Railway (which includes a cheese or ham ploughman's lunch). The cost is £50.50 for coach and train or £20 for coach ride only.

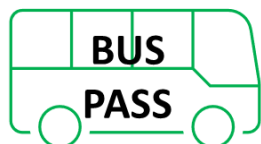
Here is the link to the [Booking Form](#).

It will also be available at the monthly meeting.

Everyone seemed to enjoy the outing to Pashley Manor Gardens. We even manage to organise a sunny day for it.

Lesley and Chris Mallows wrote to us to say "Thank you so much for arranging the excellent outing to Pashley Manor Gardens. What a very beautiful place. We had a wonderful day." Here are some of the photos they took. (more on page 6)





Outings

Saturday 12th August

Littlehampton

Thursday 24th August

Stanmer Park

Contact Lesley Hurtle on 01273 584494 for further details



Notice from the Theatre and Outings Teams

Please help us by putting all cash and cheque payments to us in a sealed envelope with your name on and details of what you are paying for. This helps us to process your payment accurately and efficiently.



Holidays

Holiday to Warners' Cricket St. Thomas Hotel — January 2024 — £395

We are planning a 5-day trip to Warners at Cricket St. Thomas from 15th January 2024. We will be travelling by coach to Somerset and 2 days of optional excursions are included in the price. This price includes breakfast and evening meal as well as a free bar from 6pm until midnight. There will be the usual high quality evening entertainment as well as wide-ranging on-site activities during the day.



Cricket St. Thomas is a stately home and is one of Warners more upmarket venues. People have fond memories of it from the days when it was used as

the home of Penelope Keith in "To the Manor Born"

The cost of the trip is £395 per person for two people sharing. There are just 2 double rooms remaining. To secure a place we need a deposit of £50 per person. We are also offering the opportunity to pay monthly and will be accepting cheques or bank transfers for £50 during the first week of each month until final payment is made. After paying the deposit you can, of course, pay the remainder in one go. The last date for final payment is the 25th October.

Maureen Bywaters is interested in finding someone to share a room with at Warners.

If you might be interest please contact Jacquie, or Maureen, to discuss this. Cost £395 each.

You can read more about Cricket St. Thomas on the [Warners Hotel Website](#).

Please contact me if you would like further information. **Jacquie**

N&P Coffee Morning

Join us for a chat and a cuppa



Open 10am-12noon
 2nd Tuesday of each month

At Peacehaven Stonehouse Carvery

293- 295 South Coast Road, Peacehaven BN10 7HX

No need to book
 just turn up and socialise



Next Coffee Morning 11th July

Monthly
 Meeting



August 2023

Thursday 3rd August at 2.15pm
 in The Meridian Centre, Peacehaven



'Where Amazing Things Happen'

A talk by

Joy Dyson

Community & Events Fundraiser

No change in membership fees for 2023-24.

We are happy to announce that there will be no increase in membership fees for 2023-2024.

Individual £15 Joint £27 Individual Associate £11 Joint Associate £18.80

There will continue to be a discount for Associates who joined us before August 2022.

Historical Associates will be contacted individually.

Historical Individual Associate £7.50 Historical Joint Associate £13.50

From this year, you will not be required to fill in a renewal form. Payment of the membership fee will be all you need to do. You will still be issued with a membership card in the usual way.

All the provisions of your original application remain in force unless you tell us differently.

So, please tell us if any of your personal details change.

You also agreed that:

Your details may be held on a computer database for the use of only u3a officials.

Your inclusion in photographs taken by members can be used and published by the u3a .

Some of you agreed to join the Gift Aid scheme.

Membership fees are due on the **1st September 2023**.

However, we can accept renewal payments from **1st July**.

You can pay:

Cash in a sealed envelope with your name on the front.

Cheque to Newhaven & Peacehaven u3a. Write on the back who you are paying for.

Bank Transfer Newhaven & Peacehaven u3a, A/c Number: 83005390; Sort Code: 60-16-41
 In the Reference Box put: u3a Subs plus your Surname.

Debit/Credit card At a monthly meeting.

The discontinuation of the Renewal Form will save the u3a a considerable amount of money in paper and ink. There will also be a reduction in the workload of the Membership Secretary Sally.

Tony Garwood





Paying for u3a events and membership

We know that different people like to pay for events in different ways. We believe that we should be as flexible as possible in how we accept payments. That's why we have been accepting payments in cash, by cheque and by bank transfer for some time. However, during the pandemic many of us got use to paying by card. Some of us actually don't carry money around with us any more. So, we have introduced the option for you to pay by card (or even using a smart phone). The choice is yours.



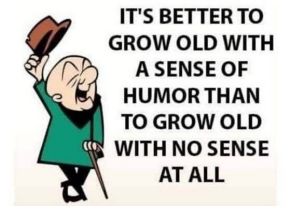
Please note, if you pay using a card and subsequently require a refund this will be made to your card. However, the card payment company will deduct their fee before the refund is made. The u3a will not be able to make up the difference.

**More
Smiles
From
Sharon**

We live in a time where intelligent people are being silenced so that stupid people won't be offended.



I woke up this morning determined to drink less, eat right and exercise... But that was 4 hours ago...when I was younger and full of hope.



Stop Press: Groups News

Boccia

Just a reminder that the Boccia group will begin this coming Friday 30th June 10 - 12 in the grounds of the Church of the Ascension in Peacehaven. Boccia is a game a little like bowls. There is no fee but the vicar of the church has asked for donations of cakes for the churches coffee mornings. After Friday the group will meet on the last Friday of the month (weather permitting) until October. If you are interested in attending please let Mick Etheridge the leader of the group know. His phone number is 07766514161.

Marian Stanley

U3A Lunch Bunch

Friday 25th August 2023 @ 12noon for 12.30pm
 (as we have to queue to order our meals)

**Stonehouse Peacehaven Carvery,
 295 South Coast Road, Peacehaven, BN10 7HX**

Instructions

Sign-in with me.

Find yourself a seat.

Check the menu on your table for choices and prices

Go to the Bar, order & pay for your meal & drinks.

Traditional Carvery £7.99	Small Carvery £4.99
Scampi £8.99	Classic Burgers from £ 9.99
Mac and cheese (v) £8.49	Camembert +veg bake (v) £7.99
Pizzas from £10.99	
DESSERTS from £4.99	Tea and Coffee available

**All prices subject to change.

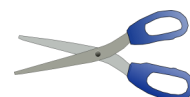
There will be no need to pay in advance for this meal.

Booking available for max. **30 members.**

Please book a seat with me before Fri.18th August 2023

Sharon Ahearn Tel: 01273 589953 Email: sunview70@yahoo.com

----- Please tear off slip below -----



Name:.....

Peacehaven Carvery Friday 25th August 2023 at 12 noon

(Pay as you go!)

Phone no. or email:.....

Please let me know if you find that nearer the booking you cannot make it.

There will probably be a waiting list and this will help other members.



U3A Lunch Bunch

Friday 29th September 2023 @ 12.15pm for 12.30pm

The Old Plough

20 Church Street, Seaford, BN25 1HG

On this one you need to select your choices and work out your payment total+£1 tip. (We are between menus.)

Places available: 30. Please order and pay for your drinks individually.

MAIN COURSE :

- Beef pie, mash, seasonal veg and gravy £14.50
- Cod and chips with creamy minted peas £14.50
- Seafood pie, of mixed fish with Cheddar mash. £13.50
- Chicken and Bacon pie in wine sauce , mash with Cheddar sauce and veg. £14.50
- Scampi, chips and peas £8.50**
- Almond Pesto Linguine with spinach, tomatoes and mushrooms .(V) £8.50**
- Tomato, Pepper and Cannellini Bean Pie with baby potatoes and veg (V) £9..50**

**From previous budget menus !!

DESSERTS :

- Chocolate Brownie with vanilla ice cream £5.75
- Bread and Butter fingers with jug of custard £5.75
- Eton Mess £5.75
- Crumble of the Day with custard £5.25
- Just vanilla ice cream with sauce. £2

Phone Please pre-order and pay before **Fri. 15th September 2023**

Sharon Ahearn Tel: 01273 589953 Email: sunview70@yahoo.com

----- Please tear off slip below -----



The Old Plough: Friday 29th September 2023 @ 12.30pm

Name:.....

Main Course: _____ Price_____

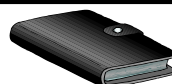
Dessert: _____ Price_____

+ £1 per person tip Total Price_____

Phone Number or email: _____



Dates For Your Diary



2023	Day	Time	Event
July	Thursday 6th	14:15	Monthly Meeting: Fabricating Lureland, a history of Peacehaven , Meridian Centre, Peacehaven
	Friday 7th	10:30	Nature rambles around Castle Hill near Newhaven Fort
	Sunday 16th	13:00	The Summer Lunch , EBM Centre, 16 Seaview Road, Peacehaven
	Sunday 23rd		Visit to Buckingham Palace
	Saturday 29th	14:30	Theatre: Guys & Dolls , Hippodrome Theatre, Eastbourne, pre-theatre lunch at The Crown & Anchor
August	Thursday 3rd	14:25	Monthly Meeting: "Where Amazing Things Happen" Meridian Centre, Peacehaven
	Saturday 5th		Bus Pass Outing: Littlehampton
	Thursday 24th:		Bus Pass Outing: Stanmer Park
	Friday 25th	12:00	Lunch Bunch: Stonehouse Carvery, Peacehaven, BN10 7HX
September	Friday 9th	12:15	Lunch Bunch: The Old Plough, 20 Church Street, Seaford, BN25 1HG
	Wednesday 13th		Outings: Tenterden Town plus Kent East Sussex Railway
	Friday 22nd	10:00	Art Club Exhibition 2023 , Hillcrest Centre, Newhaven. 10:00 to 14:00
October	Wednesday 4th	14:30	Theatre: Blood Brothers , Theatre Royal, Brighton
	Friday 6th	10:30	Nature rambles around Castle Hill near Newhaven Fort
November	Thursday 9th	14:30	Theatre: Everybody's talking about Jamie , Theatre Royal, Brighton: pre-theatre lunch at Pinocchio's
December	Saturday 9th	14:30	Theatre: Alice in Panto Land , Meridian Centre, Peacehaven
	Thursday 14th	14:30	Theatre: The King and I , Congress Theatre, Eastbourne
2024	Day	Time	Event
January	Monday 15th		Holidays: 5 Days to Warner's Cricket St. Thomas Hotel
	Thursday 11th	14:30	Theatre: And Then There Were None , Theatre Royal, Brighton: pre-theatre lunch at Pinocchio's
March	Wednesday 13th	19:45	Theatre: Sister Act , Theatre Royal, Brighton:

When possible, please contact committee members only between the hours of 09:00 to 17:30