



DECEMBER 2023



Inside this issue:	
Chair's Report	1
Information	2-4
Groups & Group News	4-13
Odds & Ends:	14
Diary Dates / Committee	15-16

Chair's Report

Well, I don't know about you but 2023 seems to have whizzed past very quickly. We certainly have been a very busy u3a what with all the groups meeting, regular lunches and the Summer and Christmas Lunches, trips, a holiday, theatre visits plus lots of other activities. Well done to anybody who has given their time and expertise to everything. Thank you very much.

Of course 2024 will bring similar events and activities for you to take part in and enjoy. However, there is one particular aspect that we will have to concentrate on during the next ten months and that is the succession of the roles of Chair, Vice Chair and Secretary. According to our constitution Jacquie Webber, Pat Bethel and myself will have to stand down at the AGM in October. It would not be a good idea to leave the succession until the last minute so I am asking all of you to think very carefully whether you would like to take on any of these roles. On pages 3 and 4 of the Newsletter you will find the Role Descriptions of the three officer posts. Please if you know someone who you think would like to take on one of these roles please have a chat to them.

Alternatively you may be interested in the posts. Anybody who would like to have more information please give me a ring and we can have a chat. My phone number is always on the last page of the Newsletter. Support will be willingly given by the present Chair, Vice Chair and Secretary during the transition and after the AGM in October. Newhaven and Peacehaven u3a has become a very successful and active branch and it would be wonderful to see that continue. So please give everything I've written some thought.

On to other matters. As you know Morrisons will begin the building work in the Meridian Centre some time at the beginning of next year. All the groups that meet in Peacehaven Town Council meeting rooms and the monthly meetings in the hall will continue as usual. However there will be an issue of access. The information that I have as I am writing this report is that the main entrance to

Peacehaven Town Council will be closed and we will all have to use the side entrance into the corridor which houses the kitchen and toilets. At the moment we are not sure about access to parking. We never have the first monthly meeting in January at the Meridian Centre because the centre is closed. As we were not sure of access arrangements at the time of booking the venues for the monthly meetings January and February will be at the Hillcrest Centre in Newhaven. We will then return to some meetings at the Meridian Centre. The information will be in the subsequent bulletins and Newsletters. When I get more information I will let you know.

I look forward to seeing you all in 2024. It just remains for me to wish you all a wonderful Christmas and a Healthy and Happy New Year.

Marian Stanley



From the Newsletter Team

The u3a is a self-help learning organisation for people who have completed their career or finished raising a family and is an equal opportunities organisation welcoming all members.



u3aNewhavenPeacehaven



our email u3aNP@outlook.com



u3a Newhaven & Peacehaven

Check out past copies and Group activities at: <https://u3asites.org.uk/newhaven-peacehaven>

INFORMATION

Content for inclusion in the Newsletter.

Please send all content for the Newsletter by the 16th of the month, prior to the publication at the beginning of the following month to:

Digital: John Harrison at harrystjohn2003@yahoo.co.uk

Hand Written: Jacquie Webber at jacqiewr@hotmail.com

Monthly Meetings Speakers

Our monthly meetings are held on the 1st Thursday of every month. There is usually a speaker or a theme such as a quiz and a raffle. It's an opportunity to sign up for outings and activities as well as meeting other u3a members. **Do come along!**

PEACEHAVEN 2.15 pm

Main Hall,
 Community House,
 Meridian Centre,
 BN10 8BB.



NEWHAVEN 2.15 pm

Main Hall,
 Hillcrest Centre,
 Bay Vue Road,
 BN9 9LH.



Please note that the January and February meetings will be held at the Hillcrest Centre

Monthly Meeting
 December 2023
 Thursday 7th December at 2:15pm
 in The Meridian Centre, Peacehaven

The Christmas Meeting

Entertainment by
Cotillion
 Sussex-based folk group

Monthly Meeting
 January 2024
 Thursday 4th January at 2:15pm
 in The Hillcrest Centre, Newhaven

A Conspiracy History Of The World

A talk by
Andy Thomas
 author and lecturer on mysteries and histories

Monthly Meeting
 February 2024
 Thursday 1st February at 2:15pm
 in The Hillcrest Centre, Newhaven

**Buried Secrets:
 Anecdotes of a Funeral Director**

A talk by
Harry Pope

Monthly Meeting
 March 2024
 Thursday 7th March at 2:15pm
 Community House, Peacehaven
 (formerly The Meridian Centre)

Scams Awareness

A talk by
Tracey Firth

ZAMBIA : After 7 years my local parish appeal for unwanted glasses, rosaries and hearing aids will close from 1st January 2024. Sincere thanks are due to all those supporters who donated goods or cash for postage during this time. In all we have sent out 165 shoe and trainer boxes full of these unwanted but needed basic items to the St Vincent de Paul Society ladies in Chipata. Your generosity to this cause has been an inspiration! Thank you all so much

Sharon Ahearn



Get Well and Sympathy Cards

If you know of any u3a member who is ill or in hospital and would appreciate a cheery card from us all at the u3a, please let **Marion Booker** know on: **01273 587712 / 07772078052.**

The Role descriptions of the Chair, Vice Chair and Secretary of Newhaven and Peacehaven u3a

Please note that at this time through personal choice Marian as Chair and Jacquie as Vice Chair fulfil more roles than those that are set out below.

Chair

- Ensure that Newhaven and Peacehaven u3a abides by the principles and ethos of the u3a movement.
- Attend West Sussex Network and Brighton and East Sussex network of u3a's in person or via Zoom. Attend the AGM of National u3a also via Zoom.
- Ensure that speakers and venues are booked for the monthly meetings
- Attend Newhaven and Peacehaven u3a functions and host monthly meetings.
- Ensure that a Risk Assessment has been completed for the venues of monthly meetings.
- Plan the dates and venues for Committee meetings, Chair committee meetings and have a casting vote if necessary. Agree the Agenda with the Secretary.
- Ensure that the committee keeps its ways of working periodically under review.
- Write a Chair's report for the AGM and the Newsletters.
- Be a Trustee of Newhaven and Peacehaven u3a charity.
- Monitor the online bank account.
- Play an active part in Succession Planning and on leaving office carry out a comprehensive hand over to the new Chair

Vice Chair

- Support the Chair in all decisions related to the activities of Newhaven and Peacehaven u3a
- Ensure that Newhaven and Peacehaven u3a abides by the guiding principles of the u3a movement.
- Deputise for the Chair as appropriate.
- Attend u3a functions and host monthly meetings as required
- Play an active part in Succession Planning, on leaving office carry out a comprehensive hand over to the new Vice Chair.

Secretary

- Ask committee members for items for the agenda for committee meetings.
- To liaise with the Chair re items for committee meetings.
- Take the minutes of committee meetings.
- Circulate draft minutes after committee meetings.
- Present the minutes to the next committee meeting for approval.
- Produce the AGM Agenda and supporting documents in consultation with the Committee for circulation to the members.
- Organise the nominations for, and election of Officers and Committee members.
- Check that the AGM is quorate and minute the AGM.
- Act as the custodian of the u3a's constitution.
- Complete the annual return of membership numbers to the Third Age Trust.
- Notify the Third Age Trust Office of all relevant changes to the committee.
- Contact the Third Age Trust Office with insurance claims.
- On leaving office carry out a comprehensive hand over to a new Secretary.

Roles: Continued

Other roles which the Chair has been fulfilling which would not necessarily be the responsibility of the new Chair. – Volunteers are therefore needed to undertake the following tasks:

- Buy the refreshments for monthly meetings. Liaise with the tea/coffee volunteers for servers of refreshments at the monthly meetings.
- Organise the raffle at monthly meetings.
- Book speakers and venues for the monthly meetings.

GROUPS & GROUP NEWS



Group Coordinators

Pam Beaumont on 01273 922218 or prmb Beaumont@hotmail.com
Tricia Shepherd on 01273 516079 or johnandtricia@tiscali.co.uk



The latest lunches are as follows, menus and booking forms are on pages x and y

Lunch Bunch Monthly Details in January and February 2024				
Fridays at 12.00 or 12.15pm for 12:30pm				
Date	Venue	Cost*	Closing Date	Comments
26th January	Stonehouse Carvery, 295 South Cost Road	Depending on Choice	15th January	• £1 Tip
23rd February	Telcombe Tavern, 405 South Coast Road	£18	15th September	2 courses and tip

The Lunch Bunch fixtures continue despite my absence due to my recent bout of COVID and complications. I am able to set up bookings / payments from home and the lovely Marion Booker will supervise on the day. Thank you so much Marion....without you I should have had to close the group's activities for a while.

REMINDER:

Please put your cash and booking slip into a sealed envelope with your name on the front and give it in to Marion. This is vital as we are dealing with up to 30 folk at a time and we need to be businesslike and efficient with your money. A handful of anonymous cash does not fit what we need to process our payments and choices for our participants. It's not much to ask....

Onwards and Upwards....

Sharon Ahearn

For bookings please contact Sharon Ahearn Tel: 01273 589953 / sunview70@yahoo.co.uk

Please telephone between the hours of 09:00 to 17:30

Sharon Ahearn



French Conversation

We have a French Conversation Group that meets every Thursday morning at 10:30 am in the Hillcrest Centre Cafe in Newhaven. They would love more members to join them. This is a chatty, social group. Please contact Jackie Finney on 01273 513771 for further information.



KEEP FIT Thursdays 10:45am

Telcombe Civic Centre



The Zombies and Argent will be the focus for the next meeting on Friday 8th December. **Please note this is the second Friday. Back to first Friday for January.**

The group usually meets the first Friday afternoon of each month for a couple of hours. Each month those present agree the focus for the following meeting. The whole of rock music is to choose from, provided only that someone has the relevant LP. We usually listen to something from the beginning of the bands career

and compare that with later work. However, in true rock style, flexibility in format is embraced.

If you would like to know more about the group contact the Group Leader Tony on 07428122161 or tonygarwd@hotmail.com.



Wine Tasting Group



The Wine Tasting Group is working on a self-education model.

A theme is chosen for each meeting, say Italy. Half the members buy a bottle of wine from the region with no more than £10 spent. Each wine purchaser does some research on the wine so that they can report back to the group.

At the meeting, each wine is tasted in turn and the research is shared with the group. Meetings are every 2 to 3 months.

The current wine group has 12 members which is the optimum size to sample 6 bottles of wine.

There is a small waiting list to join, so we would like to explore creating a second group if there are enough members interested in forming one.

If you would like to be part of a second Wine Tasting Group please email me on tonygarwd@hotmail.com
 Tony



The Theatre Group

To book your place
 phone **Jacque** on **07428159444**
 or email jacquiewr@hotmail.com



Alice in Pantoland Meridian Centre

Saturday 9th December at 2:30pm Tickets £11.50

A family pantomime in traditional style from Peacehaven Players. Alice is off on her travels again in a completely new adventure. This time she strays into the enchanted realm where all our favourite panto characters go in the down season. If Witch Whey cannot be stopped, evil will triumph in all pantos. Only Alice and her new friends can defeat the evil ones and ensure good prevails. Along the way Alice finds love and there's song, dance and loads of laughs.

Lionel Bart's Oliver! – from Brighton Theatre Group – Theatre Royal Brighton,

Thursday 15th February at 2.30pm £25.23

[Optional pre- theatre lunch at Pinocchio's at 12 noon](#)

Experience the life and death adventures of young orphan Oliver Twist who, through his education in the finer arts of pick pocketing, by none other than the Artful Dodger, finally pockets the greatest treasure of all – a home and a family of his own. This production is by the Brighton Theatre Group who are a long established local amateur dramatic company with a big, big reputation.



Sister Act – Theatre Royal, Brighton – Wednesday 13th March at 7.45 pm £42.50

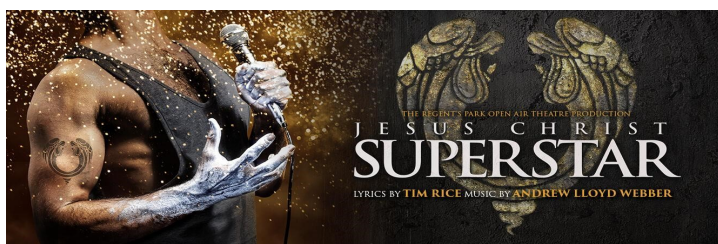


Optional pre-theatre supper at Pinocchio's

Disco diva Deloris' life takes a surprising turn when she witnesses a murder. Placed under protective custody, she is hidden in the one place she shouldn't be found – a convent! Encouraged to help the struggling choir, she helps her fellow sisters find their true voices as she unexpectedly rediscovers her own. Lesley Joseph as the Mother Superior stars in this award-winning production.

Sister Act features original music by 8 times Oscar and Tony Award winner Alan Menken whose credits include Disney's Beauty and the Beast and Aladdin, and songs inspired by Motown, soul and disco. This joyous and hilarious musical is one nostalgia-filled trip you will never forget. This is going to be a sell out so book early.

Jesus Christ Superstar – Congress Theatre Eastbourne – Thursday 18th April 2024



at 2.30pm £39

Optional pre-theatre lunch at The Stage Door

An album that inspired a revolution, a revelation that changed the world. A reinvention for this millennium.

Timothy Sheader (*Crazy for You, Into the Woods*) directs this mesmerizing new production of the iconic global phenomenon. Originally staged by

London's Regent's Park Open Air Theatre, this reimagined production won the 2017 Olivier Award for Best Musical Revival, garnering unprecedented reviews and accolades.

Choreographed by Drew McOnie (*King Kong, Strictly Ballroom*), with music and lyrics by Andrew Lloyd Webber and Tim Rice, JESUS CHRIST SUPERSTAR is set against the backdrop of an extraordinary series of events during the final weeks in the life of Jesus Christ, as seen through the eyes of Judas. Reflecting the rock roots that defined a generation, the legendary score includes *I Don't Know How to Love Him, Gethsemane* and *Superstar*.

Don't miss your chance to see this "gorgeous, thrilling, heavenly musical." The Guardian.

Abba Voyage – Abba Arena London – Sunday 30th June – £82.50



See ABBA on stage in a concert 40 years in the making. Blending cutting-edge technology, spectacular lighting, and some of the most beloved songs ever written, ABBA take to the stage in a whole new way. In a stunning, purpose-built arena, one of the most popular groups in history appear as digital avatars in a 'ground-breaking' (Metro) concert that really 'needs to be seen to be believed' (BBC).

This price includes travel by coach to Abba Arena, London, and is £15 cheaper than the same trip with Lynn's Travel. We have just 49 seats in total available. So, act quickly if you are interested. As we have already paid for the tickets, we need full payment to secure your seat.

Chess The Musical –with The Rattonians Saturday 3rd August at 2.30pm

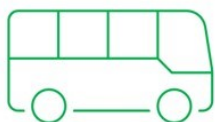


Royal Hippodrome Theatre, Eastbourne—£22

Optional pre-theatre lunch

At the height of the Cold War, two chess masters meet in Bangkok to battle for the world championship, but their greatest contest is for the love of one woman. Written in 1984 by Abba songwriters Benny Andersson and Bjorn Ulvacus, and Tim Rice it includes the international hit singles 'I Know Him So Well' and 'One Night in Bangkok'.

When paying for theatre trips in cash / cheque, please bring it in a sealed envelope marked with your name and the trip. Please pay for all theatre trips in one go.



Outings

80th Anniversary of D Day Outing



THE D-DAY STORY PORTSMOUTH

6th June next year will mark the 80th anniversary of D Day. To commemorate this event, we will be organising a trip to Portsmouth in June. The morning will be spent at the wonderful D Day Museum, the only museum in the UK dedicated to the Allied Invasion in June 1944. It tells the unique personal stories behind this epic event. Thanks to the Heritage Lottery Fund, a £5 million redevelopment project was completed in 2018. The museum was transformed to provide an engaging insight into the lives of those who took part in D-Day. whether they were on the shore in

Portsmouth, or went over to Normandy . For the afternoon, we plan to tour the historic ship The Mary Rose. There are 3 galleries showing how the men of the Mary Rose lived and worked. This year a new immersive 4D theatre experience opened. It explores the history of when the Mary Rose sank 377 years ago, right up to the present day.

At the moment we can't confirm a date, or a price, for the trip but it would be good to know how many members would be interested in this trip.

Jacque

Notice from the Theatre and Outings Teams



Please help us by putting cash or cheque payments to us in a sealed envelope with your name on and details of all the events you are paying for. You need only give us **ONE** envelope and **ONE** cheque. We do not want separate envelopes, or cheques, for each event. This helps us to process your payment accurately and efficiently.

Many thanks.

N&P Coffee Morning

Join us for a chat and a cuppa



Open 10am-12noon
 2nd Tuesday of each month

At Peacehaven Stonehouse Carvery

293- 295 South Coast Road, Peacehaven BN10 7HX

**On 12th December, 9th January,
 3rd February, 12th March, & 9th April**

No need to book
 just turn up and socialise



Monthly
 Meeting

April 2024
 Thursday 4th April at 2:15pm
 Community House, Peacehaven
 (formerly The Meridian Centre)

Guide
 Dogs



A talk by

Mick Etheridge

Art Group

Anne Campbell



Graham Hays



Joy Jackson



Daphne Ashton



Fran Pearson



John Shepherd



Ross Dowling



u3a Lunch Bunch

Friday 26th January 2024 @ 12noon for 12.30pm
 (as we have to queue to order our meals)

**Stonehouse Peacehaven Carvery,
 295 South Coast Road, Peacehaven, BN10 7HX**

Instructions

Sign-in with me.

Find yourself a seat.

Check the menu on your table for choices and prices

Go to the Bar, order & pay for your meal & drinks.

Traditional Carvery £7.99	Small Carvery £4.99
Scampi £8.99	Classic Burgers from £ 9.99
Mac and cheese (v) £8.49	Camembert +veg bake (v) £7.99
Pizzas from £10.99	
DESSERTS from £4.99	Tea and Coffee available
The menu has Meal Deals on it. Check carefully!	

**All prices subject to change.

There will be no need to pay in advance for this meal. It's pay as you go!

Booking available for max. **30 members.**

Please book a seat with me before Fri.12th January 2024

Sharon Ahearn Tel: 01273 589953 Email: sunview70@yahoo.com

----- Please tear off slip below -----



Name:.....

Peacehaven Carvery Friday 26th January 2024 at 12 noon

Please reserve me a place.

Name:.....

Phone no. or email:.....



u3a Lunch Bunch

Friday 23rd February 2024 @ 12.15pm for 12.30pm

Venue opens at 12noon

Telscombe Tavern, 405 South Coast Rd., BN10 7AD

U3A menu: 2 courses and tip: £ 18 inclusive. CASH ONLY

Places available: 30. Please order and pay for your meal in advance

Buy your drinks at the Bar. Mobility: Front entrance has only a few easy steps.

MAIN COURSE

Beef Country Casserole with chunky veg., potatoes and peas

Fishcake, chips and salad

Chicken pie, potatoes, peas and gravy

Creamy Courgette Lasagne with salad (V)

DESSERTS

Pear Belle Helene (Tinned pear, ice cream and chocolate sauce)


Hot Apple Pie with custard

Telscombe Trifle

Cheese Plate : small (V)

Please pre-order and pay before **10th February 2024**

Sharon Ahearn Tel: 01273 589953 Email: sunview70@yahoo.com

----- Please tear off slip below ----- 

Name:.....

Telscombe Tavern: Friday 23rd February 2024 @ 12.15 for 12.30pm

Main Course:.....

Dessert..... Price £18 cash inclusive


Phone no. or email:.....












Interest Groups

Group	Information	Contact	Venue	Cost
Art Club 	An interesting informal class.	Graham Heys on 01273 585999 or graham.heys@btinternet.com	Hillcrest Centre, Newhaven. Every Tuesday of the month. 14:00 to 16:00	£3
Book Group Newhaven 	Enjoy reading a book, and then join in the lively discussion. Group full at present.	Delia Boatin on 01273 514303	Alternates between members' homes in Newhaven and Seaford. Second Monday of the month. 14:00 to 16:00	
Book Group Peacehaven 	Enjoy reading a book, and then join in the lively discussion.	Rose Lawrence on 01273 580908	To be held at Rose Lawrence's home. Last Tuesday of the month. 14:00 to 16:00. Cost £1.75 per year + £0.60 per month for the book.	
Bridge Club 	Social bridge in a friendly and supportive environment. Suitable for those with a basic knowledge of bridge.	Jacque Webber on 07428159444 No contact required, just go along and give it a try.	The Good Companions pub, Roderick Avenue Peacehaven. Every Tuesday 14:00 to 16:00 Please buy a drink.	
Discussion (1) (Peacehaven) 	Members bring along clippings from newspapers to be discussed.	Jacque Webber on 07428159444 or jacquiewr@hotmail.com	Jacque Webber's home. Third Thursday of the month. 14:00 to 16:00	
Discussion (2) (Newhaven) 	Many topics discussed, some topical, some serious and others that are light hearted.	Marian Stanley on 01273 611068	Newhaven Coffee House. 4th Tuesday of the month. 10:30 to 12:00 Please buy a coffee.	
Chatterboxes 	Friendly informal group, the "Chatterboxes". There is one place available at the moment..	Doreena Evans on 01273 585089	Doreena's home in Peacehaven. Third Friday of the month, 10:15 to 12:15	
Music Appreciation 	A friendly group, listening to classical, jazz and opera, with time for tea and discussion. 2 more places available.	John Pheby on 01273 579642 or jbpheby@outlook.com	John's home in Peacehaven. Every other Friday of the month. 14:00 to 16:00	50p
Crochet Group 	Both experienced and less experienced crocheters' are most welcome.	Angela Barnet on 07788230523	Peacehaven Carvery, 1st Tuesday of the month., 14:00 to 13:30	
Ten Pin Bowling Club 	This is a 5 Deans u3a group that N&P u3a members can join.	Alan on 01273 302967 or k12smallmanalan@yahoo.co.uk for September starting date.	Alternate Tuesdays of the month at The Hollywood Bowl at Brighton Marina 11:00	Venue Charge

Interest Groups

Group	Information	Contact	Venue	Cost
Scrabble 	The Peacehaven Group have played Scrabble for a number of years .	Yvonne Maclaughlin on 01273 581523	Anzac Room, Community House, Meridian Centre, Peacehaven. Every Thursday of the month. 14:00 to 16:00	£3
Singing for Pleasure 	Men particularly welcome	Pam Beaumont on 01273 982218	Anzac Room, Community House, Meridian Centre, Peacehaven. Every Monday of the month. 10:45 to 12:00	£2
Theatre Group 	Visits to shows in Brighton, Eastbourne and locally.	Jacquie Webber on 07428159444	Please see the relevant page of the Newsletter for details.	Variable
Walking 	Pam Thompson.	pamthompson2@btinternet.com	As announced	
Ukulele Beginners and Experienced 	The Group is going from strength to strength.	Marian Stanley on 01273 611068	House Project, Peacehaven. 2nd and 4th Thursday of the month. Beginners: 9:45 to 10:45 Experienced: 10:45 to 12:00	£2
Needles & Pins 	A group looking to include other crafts as well as knitting.	Pat Bethel on 01273 758041	Pat's home 1st and 3rd Tuesdays of the month, 10:00 to 12:00	
Rock Music Appreciation 	Meets monthly to listen, to enjoy and discuss rock music in its many guises.	Tony Garwood on 07428122161	Monthly on the first Friday of the month, 14:00 to 16:00	
Laptops, Tablets and Smart Phones 	No need to worry. You can master your device. Prospective members should contact Tony before attending.	Tony Garwood on 07428122161	Laptops: Monday afternoons 14:00 to 15:30: 1st Tuesday: Tablets (group 2) 2nd Tuesday: Laptops 3rd Tuesday: Smartphones 4th Tuesday: Tablets (group 1)	
Mahjong 	Leader: Joan Farrimond	Joan Farrimond on 01273 580143	Every Friday, The House Project 14:00 to 16:00	£2
Gardening 	We are a friendly group sharing tips and advice. Seed swaps, plants etc. Spaces available.	John Shepherd on 01273 516079	Third Wednesday of the month, 10:30 to 12 noon Mencap Hall, Riverside, Newhaven	£2
Cribbage 	A card game that involves playing and grouping cards in combinations which gain points.	Nigel Barnes on 07963431887	Good Companions pub, third Thursday of each month at 13:30..	

Interest Groups

Group	Information	Contact	Venue	Cost
Movies Club 	A friendly group watching and discussing a range of classic films. 2 more places available.	John Pheby on 01273 579642 or jbpheby@outlook.com	John's home every other Friday, 13:30 to 16:30	50p
French Conversation 	New members welcome to this chatty social group.	Jackie Finney on 01273 513771	Hillcrest Centre Café, Newhaven every Thursday, 10:30,	
Under the Covers 	This is a new book group.	Joyce Bourne on 07879441106	Peacehaven Carvery, third Thursday of the month, 10:30	
Boccia 	A sport similar to bowls. Please contact Mick if you are interested.	Mick Etheridge on 07766514161 or, sportable.activities@gmail.com	Last Friday of the month at 10:00 at the Church of the Ascension at the corner of Bramber Avenue / Arundel Road, Peacehaven.	
Lunch Bunch 	Monthly group lunches in local venues.	Sharon Ahearn on 01273 589953 or sunview70@yahoo.co.uk	Monthly meals out at a variety of local pubs and restaurants.	Variable
Wine Tasting 	Sample a selection of wines and to learn more about wine. Limited number: 10	Tony Garwood on tonygarwd@hotmail.com	Bi-monthly at Telscombe Civic Centre 14:00 to 16:00	£10
Keep Fit 	Gentle exercises set to music led by a qualified and insured instructor. No need to book, just turn up.	Jacquie Webber on 07428159444 or jacquiewr@hotmail.com	Telscombe Civic Centre. Corner of South Coast Rd. and Central Avenue. Plenty of parking space. Every Thursday 10:40 to 11:45.	£3 per session
Meditation 	A group run in conjunction with 5 Deans that gives you a chance to try different meditation techniques.	Kevin Knight on 01273 786488 or kevinknightu3a@outlook.com	Telscombe Civic Centre. 1st and 3rd Tuesday of the month. 14:00 to 15:00.	
Nature Ramblers 	Nature rambles around Castle Hill near Newhaven Fort	Marian Stanley on 01273 611068 or marianstanley43@gmail.com	Co-op on the corner of Fort Road and Gibbon Road, Newhaven	
Classical Music 	Listen and watch classical music, including a jazz interval	John Pheby on 01273 579642	John's house, every other Friday, 14:00 to 16:00	50P

ODDS AND ENDS



Paying for u3a events and membership

We know that different people like to pay for events in different ways. We believe that we should be as flexible as possible in how we accept payments. That's why we have been accepting payments in cash, by cheque and by bank transfer for some time. However, during the pandemic many of us got used to paying by card. Some of us actually don't carry money around with us any more. So, we have introduced the option for you to pay by card (or even using a smart phone). The choice is yours.

Please note, if you pay using a card and subsequently require a refund this will be made to your card. However, the card payment company will deduct their fee before the refund is made. The u3a will not be able to make up the difference.

Moving house, changing your phone number or email address?

If any of the above are true, please make sure you tell Sally, our Membership Secretary, so that we can keep our records up to date. We have a special form available for this.

You can get one at any monthly meeting or download one from our website:

<https://u3asites.org.uk/files/n/newhaven-peacehaven/docs/membershipchangeofdetailsform.pdf>



Residues from Events

It is the intention of this u3a that all events (e.g. outings, theatre visits, meals.) be planned to cover their own costs. We do not set out to raise funds from these activities. This is the same principle as applies to Group activities. However, we must not make a loss on either.

To ensure that unexpected losses do not occur it has been agreed that refunds will not normally be made if someone cannot attend whatever the reason.

The expectation is that they will find a replacement. We offer help in finding a replacement. The one exception to this is where a cost has not been incurred (e.g. an entrance fee) the monies for that part of the initial charge will be refunded.

Due to the popularity of some events, the monies collected are greater than expected or unexpected economies of scale are made due to the use of a larger coach. This leaves a surplus.

The u3a Committee has agreed the following policy to cover what we will do if there is a surplus.

- If the likely refund per person is £10 or more, then individual refunds will be made.
- If the likely refund per person is less than £10, then the surplus will be used to reduce the cost of future similar events including any losses incurred on similar events.

Tony



One is the way!

Paying for several events at the same time?

Please use just **ONE** cheque, **ONE** BACS, **ONE** card payment or **ONE** envelope of cash to pay for all your events in **ONE** go.

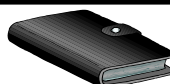
So long as you make it clear what you are paying for it is less work for us to process **ONE** payment rather than lots of separate ones. Also less work for you.

Thank you for your help with this.



u3a Diary 2024 £4.50
 Now available. Numbers limited.
 When they're gone, they've gone.
Jacquie

Dates For Your Diary



2023	Day	Time	Event
December	Thursday 7th	14:15	Monthly Meeting: The Christmas Meeting , Meridian Centre, Peacehaven
	Saturday 9th	14:30	Theatre: Alice in Pantoland , Meridian Centre, Peacehaven
	Thursday 14th	14:30	Theatre: The King and I , Congress Theatre, Eastbourne
	Sunday 17th	12:00	The Christmas Dinner, The EMB Centre, 16 Seaview Road, Peacehaven, BN10 8PX
2024	Day	Time	Event
January	Thursday 4th	14:15	Monthly Meeting: A Conspiracy History of the World , Hillcrest Centre, Newhaven
	Thursday 11th	14:30	Theatre: And Then There Were None , Theatre Royal, Brighton: pre-theatre lunch at Pinocchio's
	Monday 15th		Holidays: 5 Days at Warner's Cricket St. Thomas Hotel
	Friday 26th	12:00	Lunch Bunch: Stonehouse Peacehaven Carvery, 295 South Coast Road, Peacehaven, BN10 7HX
February	Thursday 1st	14:15	Monthly Meeting: Buried Secrets: Anecdotes of a Funeral Director , Hillcrest Centre, Newhaven
	Thursday 15th	14:30	Theatre: Lionel Bart's Oliver! , Theatre Royal, Brighton: pre-theatre lunch at Pinocchio's
	Friday 23rd	12:00	Lunch Bunch: Telscombe Tavern, 405 South Cost Road, Peacehaven, BN10 7AD
March	Thursday 7th	14:15	Monthly Meeting: Scams Awareness , Meridian Centre, Peacehaven
	Wednesday 13th	19:45	Theatre: Sister Act , Theatre Royal, Brighton:
April	Thursday 4th	14:15	Monthly Meeting: Guide Dogs , Meridian Centre, Peacehaven
	Thursday 18th	14:30	Theatre: Jesus Christ Superstar , Congress Theatre, Eastbourne: Pre-theatre lunch at the Stage Door.
June			Outing: 80th Anniversary of D Day —Date and details to be advised
	Monday 10th		Holiday: TLH Resort Derwent Hotel, Torquay.
	Sunday, 30th		Theatre: Abba Voyage Sister Act , Abba Arena, London
August	Saturday 3rd	14:30	Theatre: Chess The Musical with the Rattונים , Royal Hippodrome Theatre, Eastbourne: Pre-theatre lunch optional

Committee Members

Chair	Marian Stanley	01273 611068	marianstanley43@gmail.com
Vice Chair	Jacquie Webber	07428159444	jacquiewr@hotmail.com
Secretary	Pat Bethel	01273 758041	patbethel@hotmail.com
Membership Secretary	Sally Freeman	01273 513707	sally.freeman1@btinternet.com
Treasurer	Tony Garwood	07428122161	tonygarwd@hotmail.com
Assistant Treasurer & Group Coordinator	Pam Beaumont	01273 982218	pmbeaumont@hotmail.com
Assistant Group Coordinator	Tricia Shepherd	01273 516079	johnandtricia@tiscali.co.uk
Newsletter Editor and Beacon Database Administrator	John Harrison	01273 586766	harrystjohn2003@yahoo.co.uk
Publicity Officer			
u3a Webmaster	Tony Garwood	07428122161	tonygarwd@hotmail.com
Recruitment Secretary	Sharon Ahearn	01273589953	sunview70@yahoo.com
Committee Member	Heather Booth	01273 588288	heatherbooth12@gmail.com
Committee Member	Diane Newton	01273 969289	dianenewton1960@gmail.com
Committee Member	Deanne Smith	01273 982598	smith.deanne78@googlemail.com
Committee Member	Nigel Barnes	07963431887	barleypub@hotmail.com

Missing Contact Details

We have noticed that we don't have emergency contacts for everyone, so over the next few months I will be contacting members for whom we have no emergency contacts by phone or email. This can be anyone you choose, a relative, friend or neighbour, but someone who is not likely to be on an outing with you.

Please contact me if you have any queries.

Sally Freeman

01273 513707

When possible, please contact committee members only between the hours of 09:00 to 17:30