



Chairs Ramble

It seems a long time since we did our Festive Feat skit for you all before Christmas. Here we are in the second month of 2024 already!

We had a lovely first meeting of the year in January when Tony Poole talked and showed us pictures of their trips to India. It certainly whetted my appetite to see more. Our next main meeting will be on Wednesday 7th February when we will welcome another of our own members, Peter Berry-Ottaway, who is presenting an interesting talk about an occasion in his life when he came 'Back from the Dead'.

It is about a first exploration in the Zambezi valley of a gorge never previously penetrated. He celebrated his 20th birthday 14 weeks after the expedition. Due to a collection of circumstances, they were listed 'Missing, believed dead' for almost ten days. We will start at 10.30 as usual at the Rugby Club with coffee and chat.

I have great pleasure in telling you that we have two new groups to start the new year. That takes our total to 32! A snooker group has started at the Beulah Snooker Hall and Gareth has started his choir/singing group. This is great news as I have always thought one of the things that was missing in Newcastle Emlyn u3a was music of some sort. Good luck to both groups. It is getting harder to find empty time slots for new groups and sometimes the timing is controlled by the availability of the hall or the leader, so I am sorry if there are clashes with other groups. If anyone else has groups that they would like to organise or start please speak to Tracy Maczka our group coordinator. We try to give as much support as we can to new ideas and groups.

We have a committee meeting at the start of February. If anyone is interested in finding out a bit more about our committee then please ask to come along as an observer. If there is anything you would like us to discuss then contact one of the committee. Their emails and phone numbers are all on your membership cards.

| | |
|---|---------------|
| ART Every Thursday from 10.00am at Penboyr Village Hall | Amanda |
| ASTRONOMY 3rd Wednesday from 2.00pm at Coracle Hall, Llechryd - Joint with Cardigan u3a. | Malcolm |
| BADMINTON/PICKLEBALL 2nd and 4th Wednesday from 12.15pm at Llandysul Leisure Centre | Nigel |
| BOOK CLUB 4th Tuesday from 10.30am at venue to be advised (currently Zoom meetings). | Vicky |
| BOWLS Winter recess | Julia |
| BUCKET LIST Currently suspended | Helen |
| CHOIR/SINGING 2nd and 4th Tuesday from 2 - 4pm at Catholic Church Hall Newcastle Emlyn | Gareth |
| CRAFTY CRAFTERS 2nd Wednesday from 10.30am at Penboyr Village Hall. | Ruth |
| CREATIVE WRITING 2nd Thursday from 11.00am at Ali's - venue varies. | Ali |
| CROQUET Winter recess | Sue |
| DIGITAL PHOTOGRAPHY Last Wednesday from 2.30pm at Coracle Hall, Llechryd - Joint with Cardigan U3A. | Dave |
| DON'T GET ME STARTED 2nd Monday from 2.00pm at Susan's in Pontgarreg | Sue |
| FAMILY HISTORY 4th Tuesday from 2.30pm at The Church of Latter Day Saints, Newcastle Emlyn. | Margaret |
| FRENCH 4th Tuesday - at 11.00am at Sue's in Penrhiwllan | Ali |
| GAMES 3rd Tuesday from 10.30am at Penboyr Village Hall. | Paul Linda |
| GARDEN 2nd Thursday at 2pm venue varies. | Tony Mike |

ICT SUPPORT SESSIONS

3rd Tuesday from 2.15 pm at Hazel's in Waungilwen.

Hazel

KAYAK PADDLERS

Various dates and venues

Nigel

LUNCH

Last Wednesday - venue varies.

Tracy

PATCHWORK AND QUILTING

2nd Friday from 11.00am at Penboyr Village Hall.

Ruth

PETANQUE

Winter recess

Trevor

PHILOSOPHY

3rd Thursday from 11.00am at Penrhiwllan Village Hall.

Ali

SCIENCE AND TECHNOLOGY

4th Monday from 2-00pm at Coracle Hall
Llechryd

Colin

SKETCHERS

1st Tuesday from 10-30am venue to be confirmed

Millie

SNOOKER

3rd Tuesday from 1pm at Beulah Snooker Hall

Mike

STRICTLY BASIC BALLROOM

2nd Wednesday from 10.30am to 12.00noon.

Julia

STROLLERS

Last Friday of the month from 10.30am, venues vary

Pam

TABLE TENNIS

2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewys Village Hall.

Margaret

THEOLOGY

1st Monday from 2pm at Ffostrasol Village Hall

Carol

WALKERS

2nd Monday from 10.30am, venues vary

Nigel

WELSH

1st Tuesday from 10.30am at Capel Iwan Village Hall

Vicky

WINE APPRECIATION

3rd Thursday from 7.00pm - venue varies, amongst the group.

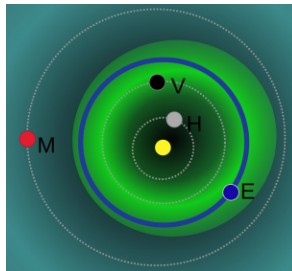
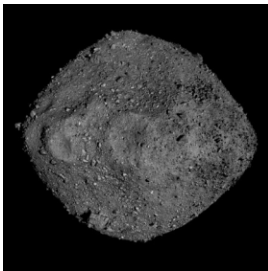
Hazel

ASTRONOMY

The Cardigan and Newcastle Emlyn u3a Astronomy group had its first meeting of 2024 on Jan 17th, the 3rd Wednesday of the month as usual.

We had a quick comparison with November, the time of our last meeting, of what is easy to see in the current skies - and Jupiter remains the brightest by far, except for Venus for about an hour before sunrise. Jupiter shines at a convenient angle around 45 degrees above the south to south-western horizon from dusk until around midnight. There is now no Summer Triangle of Altair, Vega and Deneb to see, but Orion and all the Winter Hexagon stars that surround it are very visible, as they rise and move from East to West through the evening.

Last week NASA managed to remove the last two, very reluctant, bolts from the Osiris-Rex capsule returned in September, with its pristine rock and dust samples collected from near-Earth asteroid Bennu. This prompted us to look at this space project - which started with lift-off in Sept 2016, arrival at Bennu in December 2018, 2 years of orbiting it to map it and then a drop-down to the loose surface to sample it in Oct 2020. It left on its return to Earth in May 2021, and deposited the sample container on the Utah desert in Sept 2023.



Bennu is one of thousands of small asteroids which orbit the Sun in the green area of the diagram between Venus' orbit and just beyond Earth's. Many of these asteroids cross Earth's orbit and so could be hazardous. Bennu is about a half-kilometre across in most dimensions and has a mass of around 70 million tonnes – and was chosen because it was likely to contain a lot of carbon and water, and possibly organic compounds which could lead to life on Earth. Studying Bennu's orbit in detail so that its hazard potential is better known, was also a factor in its choice for study. (Bennu is now estimated to have a 1-in-1750 chance of hitting Earth between 2178 and 2290!)

When opened in a sterile glove-box in October, the returned capsule's external (but also sealed) compartment yielded about 70 grams of particulate matter – more than the project aimed for in total – and initial tests have shown the presence of water and carbon and a wide variety of rock compositions. Some of these rock and dust samples most probably were present when the Solar System's precursor dust and gas were condensing into the Sun and planets so are likely to be unchanged from pre-Solar System times. Hopefully this will help us understand more about the formation of the Solar System and how life started.

Now that the main container has been fully opened, we have perhaps another 2 kg of Bennu dust and rock for eager analysts at labs around the world to spend their time on.

The Japanese Space Agency, JAXA, had already visited two similar asteroids with their Hyabusa spacecraft and brought back samples in 2010 and 2020 - though not as voluminous as Osiris-Rex's. These samples are also carbon-rich so NASA and JAXA are now working closely together, sharing samples and new relevant analytical techniques – and we await results from the many labs which will be involved in both sets of analyses.

To conclude our meeting, Jon demonstrated the free planetarium-type program, Stellarium, that shows us where almost everything we can see in the sky with modest telescopes (or just binoculars or naked eyes) is going to be at any point in time – and how we can use it to find anything, e.g. one of the examples he used, the Beehive Cluster of stars.

Our next meeting will be on Wed, 21 February at 2pm in Llechryd's Coracle Hall. Please come and join us if you are interested, or ring 01239-891549 if you want more information.

Galileo

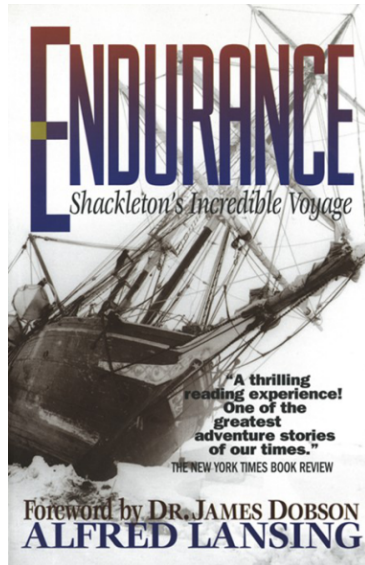
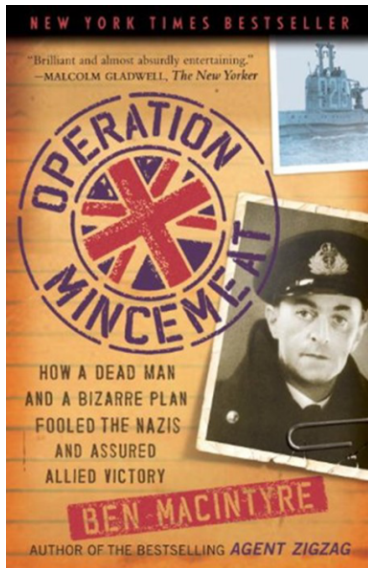
BADMINTON

Our January sessions proved to be popular with the addition of pickleball in our second monthly session resulting in three courts being used. Sadly your correspondant forgot to take some pictures to enhance this report but there seemed to be a lot of shouting and running as players tried to retrieve either a shuttle or the ball in pickleball. For the time being I will continue to book two courts with the possibility of a third, as was kindly set up by the staff at the leisure centre due to the numbers, so that we will have at least one court but two if required for badminton with a court being available to play pickleball .

Nigel

BOOK CLUB

In January we selected two true stories: *Operation Mincemeat* by Ben Macintyre and *Endurance – Shackleton's Incredible Voyage* by Edward Lansing. Some Book Club members have read both and some just one of the books.



Following the success of the Allied forces in North Africa in the Second World War, attention turned towards the invasion of Europe. The true target for the start of the invasion was Sicily, but an ingenious plan was hatched to fool the Axis Powers into thinking that there would be a two-pronged attack, in Greece and in Sardinia, with a decoy attack on Sicily. The dead body of a tramp, dressed as a Royal Marines officer, was released from a submarine into the sea off the coast of Spain, carrying important letters about the impending invasion, together with personal effects, including letters and a photo of his non-existent fiancée. Although nominally neutral, Spain passed the documents about the invasion to the Germans to be copied and hence they came to the attention of Hitler. Germany then reinforced units in Greece and Sardinia, while none were sent to Sicily. Consequently, Sicily was liberated more quickly and with fewer casualties than would otherwise have been expected.

Lansing's book draws on the memories and diaries of the crew of *Endurance*. After the ship was trapped in the ice sheet, the plan to cross the Antarctic on foot was abandoned and survival became the only goal. When the ship was crushed by the ice the crew lived in consecutive small camps on the ice floes, having salvaged some supplies and three small boats. As they drift north the ice floes break up and

the men take to the boats and make their way in a perilous journey to Elephant Island, where they camp on the beach, living on seals and penguins. Realising they could not stay there indefinitely, Shackleton and five others then cross 650 miles of the Southern Ocean in one of the small boats and reach South Georgia. Finally, he and two crew members cross the Island on foot to reach the whaling outpost on the other coast, over glaciers, ravines and mountains. Eventually after several failed attempts, due to sea ice, the party left on Elephant Island were rescued. All twenty-eight of the crew survived.

Both books contained a huge amount of detail and background information, researched by their respective authors. This made them in places not an easy read. Views were very varied about the two books. Some of us enjoyed both. Others did not finish their chosen book. But we were all agreed on the ingenuity and determination of the participants. In one case, to all survive so many perils against all the odds and in the other case to devise a plot and to succeed in fooling the other side, thereby saving allied lives and possibly shortening the war.



Our next meeting will be on Tuesday 26th February and we will be discussing Violetta by Isabel Allende.

Vicky

CRAFTY CRAFTERS

January's Crafty Crafters was a gentle introduction to 2024. We took our own projects along to work on while we chatted about Christmas and discussed what we would like to have a go at in the coming months. The list we came up with includes parchment work, macramé, quilling, flower arranging, encaustic art, tea bag folding, iris folding, decoupage, and more. This should keep us going for a while.

Our next meeting is Wednesday, 14th February. We will be doing encaustic art. Because we don't have a lot of equipment, only 1 or 2 members at a time can do it, please also bring a project of your own to work on.



Ruth

CREATIVE WRITING

This month we brought our homework which was to take a passage of a classic novel and re-write it in modern day language. We had Alice in Wonderland, Pride and Prejudice, Eggs, Beans and Crumpets by P G Wodehouse, and a Christmas Carol special version of Wordsworth's "Daffodils ". The task was taken on in a couple of different ways, one was just a passage, another was to re- write the whole story/poem which actually worked better.

Next month our homework is write a short ghost story, about 500 words.

Ali

DIGITAL PHOTOGRAPHY

On behalf of the digital photography group, I hope you all had a happy festive season and Happy New Year to you all too!

As a group we had agreed not to have a formal meeting in December and will have an informal get together over lunch instead from now on. So for December 2023, we dined at the Welsh Wildlife Centre in Cilgerran. We were joined by two special guests, Denis True who used to run the digital photography group and his lovely wife Gill. The staff were very friendly and accommodating and the food was delicious - Thank you Welsh Wildlife Centre staff.



If you would like to join us, we welcome beginners, intermediates and advanced digital photographers, so it doesn't matter what camera equipment or level of experience you have, so what's stopping you!

Our next meeting is Wednesday 31st January 2024 at 2.30 pm in Coracle Hall, Llechryd and the homework is:

1. SIX (6) Light Trails and/or Light Painting photographs (Light Trails – Such as car head and tail light, the stars, etc. / Light Painting – Getting creative. e.g. With a torch or some Christmas lights.)

2. SIX (6) something of interest photographs you have taken between 29th November 2023 and Wednesday 31st January 2024

OR

3. A mixture of homework and something of interest. Maximum of SIX (6) photographs.

For more information, please email Dave at davejthomas66@gmail.com with your name and contact number. You will then receive a welcome email with information to aid you with the months homework to help you get started straight away.

Dave

FAMILY HISTORY

In December (a couple of days after Christmas) just four of us met for an informal session, but our January meeting was well attended. We had no specific topic this month but we talked about what we had been researching recently and the mysteries we were left with – we all have plenty of them. When you are left with a problem there is often someone with a suggestion that might help and this is one of the aims of the group.

Our subject in January will be Maps – paper ones, online tithe maps, Google maps etc etc. We will discuss how they have helped us and the information you can gain from them with regards to family history. Some of us have books of old maps that may help others.

There is always a general discussion as well and new members are welcome to join us – contact me first in case there has been a last minute change of any sort.

Margaret

FRENCH

We had a very enjoyable French session hosted very kindly by Sue, who sustained us with her delicious cakes and coffee. We each gave a short résumé of something we had done recently and read and translated a chapter from our French story book. This chapter was about Christelle's first visit to London, where she feasted on the great British gourmet dish of fish and chips! amongst other things.

Ali

GAMES GROUP

For our Christmas meeting (seems so long ago) we had extra nibbles, members having decided we would all bring a little extra like we used to do at the main monthly U3A meeting in December. In January we had our largest turnout for some time (maybe ever) but are always looking to welcome newcomers for a friendly little session of games and banter.

Linda and Paul

GARDEN GROUP

The group is back to business following the winter break and we are currently planning the year's activities. As usual if you have any suggestions for garden visits let us know.

In an attempt to increase falling attendance numbers we will be changing the meeting day to the second Thursday of the month thus avoiding any juxtaposition with the main U3A meeting.

We hope to kick off the programme with a guest speaker in March.

Dont forget the Llandysul Gardening Weekend which runs from Thursday 15th February to Sunday the 18th. As usual there will be a host of guest speakers on subjects ranging from No Dig gardening to Vegetables Naturally to Terraniums etc. For details visit the Farmyard Nursery website :-

<https://www.farmyardnurseries.co.uk/plant-nursery/>

Mike

ICT SUPPORT

In January Ruth and I managed to help two people with queries about an app on their phone and how to download something from an email. If you have a query or are puzzled by something then get in touch and pop along on Tuesday 20th February at 2.15pm.

Hazel

PATCHWORK AND QUILTING

At January's meeting of patchwork everyone continued working on their own projects. A couple of members were working on quilted bags while everyone else had quilts they were working on. One of the quilts was for a boy who likes dinosaurs. One is to celebrate a son's wedding later in the year and a third is for a new baby due in March. There was also a Christmas quilt which just needed the binding putting on and another quilt was being made from ready cut squares for Project Linus.

It was wonderful to see one of our members, who hadn't used a sewing machine before she joined us, finish the bag she has been making. Well done.

The next meeting will be Friday, 9th February.



Ruth

PHILOSOPHY

After the previous session on Friedrich Nietzsche and Superman the Christmas episode was a relaxed affair with a quiz, questions asked, and answered between mouthfuls of cake and biscuits.....and much laughter.

The question which still lingered on everyone's lip was HOW DO YOU SPELL NIETZSCHE?

We all await, no doubt with bated breath, the next(and final) session on Friedrich Nietzsche.

Gwyn

SKETCHERS

We had a convivial meeting at the Woollen mill this week - much laughter and chat. We had set up a still life of flowers and plants which brought some spring colour into the cafe.

Sketchers drew parts or all of the display, some using watercolour, some coloured pencils and others using pencil



Our next meeting is the first Tuesday of the month. Please contact me for venue details if you'd like to come along and see what we do.

Millie

SNOOKER

The inaugural snooker session took place on the 16th January and was a successful meeting with nine attendees. It was encouraging to hear positive feedback from everyone. Several people asked if it could be possible to have more frequent events, to answer this would those interested get in touch with me with what days they can play. I would also appreciate info on who if anyone has joined Beulah snooker club.



The next meeting is currently scheduled for 20th February. I look forwards to seeing you all again.

Any other members wishing to join us please contact me or Nigel.

Mike

STROLLERS



January Strollers walk was from Aberporth to Tresaith, and back. The group met at the Chapel car park in Aberporth and set off along the coast path to Tresaith. It was a bit of a chilly start but everyone soon warmed up. As it is a steep slope down to Tresaith some turned back along the costal path, whilst the others mastered the slope down and back up! There were ten members on the walk along with some four legged companions. The morning was finished off with five of the group enjoying a light lunch at The Ship in Aberporth. New members very welcome for more info. please get in touch.

Pam

TABLE TENNIS

It has become something of a tradition that we have a fun tournament in December, and last month was no exception. Every couple of weeks we have fun, but no prizes, or mince pies.



Margaret

HITCH-HIKERS' GUIDE TO THEOLOGY

Migrants by Vocation

Exploring one of the hottest topics in the news, the Theological Hitch-hikers met online with Dr Torsten Moritz of Churches' Commission for Migrants and Refugees in Europe (CCME), to consider how our theological traditions approach what governments and the media like to call 'the migration and refugee crisis'.



Migration, Torsten reminded us, is integral to the human condition. Since the dawn of time, people have moved about the globe in search of new lands and opportunities: ("What would immigration officials have made of Abraham's reasons for migrating" Torsten wondered, "when his intention was to create a huge family and found a new nation?"), or are driven from their homelands by famine, war, or natural disaster (think of the Israelites forced into exile by Babylonian invaders in the 6th Century BCE, or Naomi and Ruth – foremothers of King David and Jesus – moving from Bethlehem to Moab and back again). Churches have been founded and developed by migration: as a CCME statement puts it, 'Christians are migrants by vocation'.

Every single person in the theology group had contact with some refugee re-settlement programme – most of them founded by religious bodies. No-one needed to be reminded of the Abrahamic (Jewish, Christian, Muslim) principles of encounter, hospitality, welcome, and fellowship. The Hebrew Bible commanded the Jews to treat foreigners well because they themselves had been migrants in Egypt, and in saying "I was a stranger and you took me in – or failed to", Jesus positively identified himself with outsiders. Deeds, not words, are what matter; and when it comes to the question of "Who is my neighbour?" we all know what Jesus said to that. ("Anyone in need", is the short answer from the Good Samaritan story.) Why, then, is migration perceived as a problem? And why, sometimes, are 'Christian' values invoked to oppose it?



Torsten the theologian, and Colin our man (formerly) in the Foreign Office, were of entirely one mind on this – as were all the others connected with migrant and refugee re-settlement. The problem of illegal migration (including asylum-seeking) is vastly outweighed by the normal, legal movement of people for work, study, or family reasons.

The fear-factor is disproportionately played up, especially when contrasting the culture of 'Christian Europe' with unfamiliar, foreign influences (whether "the Turks at the gates of Vienna" or recent remarks about 'hordes', 'invasions' and 'swamping')

As a central European, Torsten drew attention to a wider understanding of history – especially of the lesser-known bits such as the Austro-Hungarian and Ottoman Empires – to show that inter-Christian persecution has been as much of a problem as rivalry between faiths.

Better contingency planning for events which inevitably propel people into new place; robust legal processes for seeking asylum; and more effort to assess claims quickly, would vastly alleviate the perceived resource problems of sudden influxes. Criminal gangs who lure vulnerable people with false promises could be more energetically pursued, too. ("If we can send drones to target individuals on the other side of the world, how come we can't stop people 25 miles away across the Channel?")

In the spirit of encounter, fellowship, courage and truth-telling, it is understanding people's stories, and exploding myths when we hear them, that can combat ignorance, prejudice and fear. Understanding different cultures, traditions and even manners can be challenging, but surveys show that 80% of people are well-disposed towards refugees and immigrants. Judging by the Newcastle Emlyn U3A theology group, that may be closer to 100%.

Carol

WALKING

Hopefully we will be up and walking next month after a few months of abeyance mixture of bad weather and clash with other events however I seem to have pulled my hamstring which is limiting my walking at present. Fingers crossed I will be suitably repaired for the walk in February which will be not too challenging and in the Aberporth area, more details to follow.

Nigel

WELSH GROUP

We met on 2nd January and had a session where we practised ordering afternoon tea – sandwiches, cakes, tea, coffee etc in a café and then paying for it. We took turns to be the customer and the person behind the



counter and practised being polite. Next time we are going to continue with, and expand, this theme, using a restaurant menu and ordering dinner and drinks.

Our next meeting will be at Capel Iwan village hall on Tuesday 6th February, starting at 10.30.

Vicky

WINE APPRECIATION

Eleven members met on a snowy January day in Cenarth to sample Chilean wines. Chile is known as the 'country of poets' and is one of South America's most important wine producing countries. Chile spans 2700 miles north to south between the Pacific Ocean and the Andes mountains but is only 100 miles wide. It has produced wine since the mid 16th Century. It produces red and white wines. We actually had 6 wines to taste ranging from a Sauvignon Blanc Rosé through 2 Cabernet Sauvignons, a Pinot Noir, a Shiraz and a Malbec so quite a range. We decided the rosé would be nice on a warm summers evening! The best red was the Malbec, Valle Del Bio Bio from the Co-op.

Our next meeting will be at Lesley and Les's on Thursday 15th February at 2pm and we are finishing out tour of the Americas by trying to find wines from any of the regions we haven't already looked at. We suspect they may be rather few and far between so it could be interesting!

Hazel

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|-----------|----|--|---------|
| Thursday | 1 | Art - Penboyr Village Hall | 10-00am |
| Monday | 5 | Committee meeting - Rhydlewys Village Hall | 10-00am |
| Monday | 5 | Theology - Llechryd Village Hall | 2-00pm |
| Tuesday | 6 | Sketchers - TBA | 10-00am |
| Tuesday | 6 | Welsh- Capel Iwan Village Hall | 10-30am |
| Wednesday | 7 | Main Meeting - NCE Rugby Club | 10-30am |
| Thursday | 8 | Art - Penboyr Village Hall | 10-00am |
| Thursday | 8 | Creative Writing - at Rhydlewys Village Hall | 11-00am |
| Thursday | 8 | Garden - TBA | 2-00pm |
| Friday | 9 | Patchwork and Quilting - Penboyr Village Hall | 11-00am |
| Monday | 12 | Walkers - Aberporth | 10-30am |
| Monday | 12 | Don't get me started - at Sue's In Pontgarreg | 2-00pm |
| Tuesday | 13 | Table Tennis – Rhydlewys Village Hall | 2-00pm |
| Tuesday | 13 | Singing - Church of Latter Day Saints NCE | 2-00pm |
| Wednesday | 14 | Strictly Basic Ballroom – NCE Holy Trinity Church Hall | 10-30am |
| Wednesday | 14 | Crafty Crafters – Penboyr Village Hall | 10-30am |
| Wednesday | 14 | Badminton/Pickelball - Llandysul Leisure Centre | 12-15pm |
| Thursday | 15 | Art - Penboyr Village Hall | 10-00am |
| Thursday | 15 | Philosophy am – Penrhiwlan Village Hall | 11-00am |
| Thursday | 15 | Wine Appreciation - Lesley and Les | 2-00pm |
| Tuesday | 20 | Games – Penboyr Village Hall | 10-30am |
| Tuesday | 20 | Snooker - Beulah Snooker Hall | 1-00pm |
| Tuesday | 20 | ICT Support Session - as required contact Hazel | 2-15pm |
| Wednesday | 21 | Astronomy – Coracle Hall Llechryd | 2-00pm |
| Thursday | 22 | Art - Penboyr Village Hall | 10-00am |
| Thursday | 22 | Table Tennis – Rhydlewys Village Hall | 10-30am |
| Friday | 23 | Strollers - TBA | 10-30am |
| Monday | 26 | Science and Technology - Coracle Hall Llechryd | 10-30am |
| Tuesday | 27 | Book Club – Zoom meeting | 10-30am |
| Tuesday | 27 | French – at Sue's in Penrhiwllan | 11-00am |
| Tuesday | 27 | Singing - Church of Latter Day Saints NCE | 2-00pm |
| Tuesday | 27 | Family History – Church of Latter Day Saints NCE | 2-30pm |
| Wednesday | 28 | Lunch Club - Various venues | 12-00am |
| Wednesday | 28 | Badminton/Pickelball - Llandysul Leisure Centre | 12-15pm |
| Wednesday | 28 | Digital Photography - Coracle Hall Llechryd | 2-30pm |
| Thursday | 29 | Art - Penboyr Village Hall | 10-00am |

To add events to this monthly calendar please contact Nigel neu3anewsletter@hotmail.com giving date, venue and time, plus any further information to assist those wishing to attend. Closing date for newsletter contributions will be on the 24th of the month, at the latest.