



## Chairs Ramble

Flis Randall gave us an interesting and lively second instalment to her family story of the Haggars at the main meeting in May. She has promised there may be another episode, so watch this space.

Unfortunately, the Music and Picnic in the park event on the 8th May was a bit damp but there were lots of people there including a good number of u3a members during the afternoon. Only six of us braved a picnic and we didn't get too wet.



Our speaker for Wednesday 7th June is a local lady from Penboyr. Jayne Holland and her husband Rob will be telling us all about their little pop up restaurant, Veganishmum's and will explain all about the emergence of the Veganishack and all the cooking shenanigans appertaining to the venture! They will also show some photos and clips of their humanitarian aid trips out to Ukraine over the past year or so. We, as a u3a, contributed to the generators and other appeals for aid.

I also need to give you notification of our AGM on Wednesday 5th July at 11.00am. This, as usual, will be part of our main meeting when we hope to have some small displays from some of our groups and a couple of quizzes as well as the business part of the meeting.

July is also the start of our membership year and your fees are due again. These remain at £16 a head or £8 if you already belong to another u3a.

Information about how to pay your fees and official notification for the AGM will be sent out with the newsletter and by email. As numbers of members have risen this year, we now have 172, the number we have to get at an AGM also rises so please try and attend if you can. If you wish to nominate anyone for the committee, nomination forms will go out with the notification.

**ART**

Every Thursday from 10.00am at Penboyr Village Hall

**ASTRONOMY**

3rd Wednesday from 2.00pm at Coracle Hall, Llechryd - Joint with Cardigan u3a.

**BADMINTON**

2nd and 4th Wednesday from 12 - 2 at Llandysul Leisure Centre

**BOOK CLUB**

4th Tuesday from 10.30am at venue to be advised (currently Zoom meetings).

**BOWLS**

1st Tuesday 3rd Monday 2.00pm at NCE Bowling Club

**BUCKET LIST**

Date, Activity and Location will vary - see 'What's On In Newcastle Emlyn u3a'

**CRAFTY CRAFTERS**

2nd Wednesday from 10.30am at Penboyr Village Hall.

**CREATIVE WRITING**

2nd Thursday from 11.00am at Ali's - venue varies.

**CROQUET**

Every Friday from 2-30pm at Sue's garden in Penrhiwllan

**DIGITAL PHOTOGRAPHY**

2nd Tuesday from 10.30am at Coracle Hall, Llechryd - Joint with Cardigan U3A.

**DON'T GET ME STARTED**

2nd Monday from 2.00pm at Susan's in Pontgarreg

**FAMILY HISTORY**

4th Tuesday from 2.30pm at The Church of Latter Day Saints, Newcastle Emlyn.

**FRENCH**

4rd Monday - at 11.00am at Sue's in Penrhiwllan

**GAMES**

3rd Tuesday from 10.30am at Penboyr Village Hall.

**GARDEN**

1st Thursday at 2pm venue varies.

**ICT SUPPORT SESSIONS**

3rd Tuesday from 2.00pm at Hazel's in Waungilwen.

**KAYAK PADDLERS**

**LUNCH**

Last Wednesday - venue varies.

**PATCHWORK AND QUILTING**

2nd Friday from 11.00am at Penboyr Village Hall.

**PETANQUE**

1st Monday and 3rd Tuesday from 2.00pm  
George VI playing fields Newcastle Emlyn

**PHILOSOPHY**

3rd Thursday from 11.00am at Penrhiwllan Village Hall.

**SCIENCE AND TECHNOLOGY**

4th Monday from 2-00pm at Coracle Hall  
Lechryd

**SKETCHERS**

1st Tuesday from 10-30am venue to be  
confirmed

**STRICTLY BASIC BALLROOM GROUP**

2nd Wednesday from 10.30am to 12.00noon.

**STROLLERS**

Last Friday of the month from 10.30am, venues vary - to be decided monthly.

**TABLE TENNIS**

2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhyd Lewis Village Hall.

**THEOLOGY**

1st Monday from 2pm at Ffostrasol Village Hall

**WALKERS**

2nd Monday from 10.30am venues varies.

**WELSH**

1st Tuesday from 10.30am at Vicky's in Capel Iwan or Liz's in Cenarth.

**WINE APPRECIATION**

3rd Thursday from 7.00pm - venue varies, amongst the group.

## ASTRONOMY

The Cardigan and Newcastle Emlyn joint u3a Astronomy group met as usual on the 3rd Wednesday afternoon of the month, May 17th in this case. We went over what is easily visible in the sky at the moment – and it is Venus, of course, which is still far and away the brightest object apart from the Moon, and it continues to dominate the western sky for a couple of hours after sunset.

We continued with a light-hearted quiz about our galaxy, the Milky Way – held together by a super-massive black hole at its centre that has mass and gravitational pull 4 million times that of our Sun. We were also tested on our knowledge of a number of easily-seen constellations such as Ursa Major (The Plough), Cassiopeia and Orion



Strictly, we should call these recognisable patterns of stars (the 7 stars of The Plough and Orion, and the “W” of Cassiopeia) asterisms, as they are not the whole of their constellations or sometimes not even just from one single constellation.

We also had a look at a report that new spaceports for launching satellites into orbit were being built in northern Scotland. Who knew? Anyway, mindful of the most recent glorious British space failure, Richard Branson’s attempt to launch satellites from the jumbo jet that is based at his Cornish spaceport, we wondered how the Brits might get on in Sutherland county this time.

It turns out that the Orbex company is currently making 19m-long rockets capable of lifting 180kg satellites into low-Earth orbit at its HQ near Inverness (shown below) and has started to build a launch site on the North coast of Scotland, on land (at the blue marker) leased from the local crofter cooperative. The site has no land north of it so it is ideal for launching rockets with satellites that are to orbit over the Poles (rather than along the more common routes around the Equator). The rockets are Bio-propane-propelled and are reusable so all operations are aiming to be minimally CO<sub>2</sub>-producing.



The company has raised most of its capital privately but has had financial support of about £30M from various UK and Scottish government agencies – including around £3M from the Nuclear Decommissioning Agency which is responsible for cleaning up the nearby closed Dounreay Fast-Breeder site now that we don't need any more fissile plutonium for our defence capability. Dounreay was (still is?) the major employer in the area and Sutherland Spaceport will provide some alternative employment opportunities.

Orbex have orders for launches in 2024, and in 2018 the original plans included for Lockheed-Martin also to launch rockets from the Sutherland site. However they pulled out in 2020 and are building their own Space Centre on the north coast of Unst, the most northerly populated island in Shetland. Again there is no problem with people under the launch path. Their's looks a slightly bigger operation than the Orbex one, with permission for 30 launches per year (vs 12 for Sutherland) – but their more conventional kerosine-powered one-trip rockets are perhaps less environmentally friendly – and they also have orders for launches in 2024. We await next year with great interest.



Our next meeting will be on Wed, 21 June at 2pm in Llechryd's Coracle Hall. Please come and join us if you are interested, or ring 01239-891549 if you want more information.

## BADMINTON

The standard has improved noticeably from our initial sessions with the brushing off old father time's cobwebs, rallies now require a lot more effort to win a point. The numbers of players are consistently around 8. If you would like to come along to give it a go we would love to see you, please get in touch

*Nigel*

## BOOK CLUB

Sheila O'Flanagan is an Irish author of over thirty books.

The two women who ran away are Deira and Grace, who, having been thrown together unexpectedly, share a car trip through France and Spain. Both are suffering the anger, turmoil and grief of loss for their partners. The women share their stories and also work together to solve a treasure hunt set by Grace's husband.

As so often, there were mixed feelings about the book. Generally, we considered it an easy read and enjoyed the treasure hunt plot line. But some felt it was too light, needing more substance, and that the loose ends were all too easily tidied up by the end.



Our next meeting will be on Tuesday 27th June, on zoom, and we will be discussing How to Kill Your Family, by Bella Mackie.

*Vicky*

## BOWLS GROUP

A great start to the bowling season at Newcastle Emlyn Bowling Club. The weather was very pleasant for our first two sessions with new members joining in the fun.

The sessions are on the first Tuesday and third Monday of the month as follows:

June - Tuesday 6th & Monday 19th

July - Tuesday 4th & Monday 17th

August - Tuesday 1st & Monday 21st

September - Tuesday 5th & Monday 18th

Do come along and have a go.

*Julia*

## CRAFTY CRAFTERS



At May's Crafty Crafters meeting we all took our own projects along to work on. Jessica was knitting as was I, working on an Aran cardigan using wool which Jim and Anne gave me before they moved. Hazel started crocheting a dragon which she has since finished. Irene started working on a macramé kit. Helen had a rabbit with her, knitted from fluffy wool. It was just missing it's tail which she made at the meeting. Carol and Denise both had sewing with them.



The next meeting will be 14th June when Irene's husband Eric will be doing pyrography with us. If you have a pyrography tool , please bring it along. We will have some wood blanks for people to have a go on.

If you are interested in joining us, or if you are creative yourself and would be willing to come along and demonstrate, please get in touch.

*Ruth*

## CREATIVE WRITING

We had another enjoyable meeting with lively discussion on our poetry homework. Then we had to create 6 sentences with only 6 words, which was taxing! Our homework is to write a chapter about the most dangerous, scariest situation you have been in.

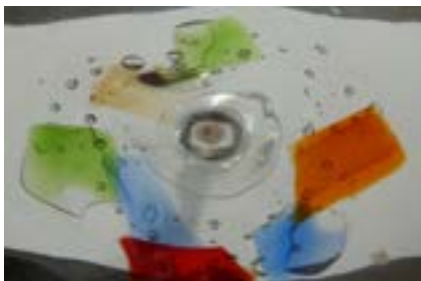
If anyone else wants to join our merry band please let me know, we meet 2nd Thursday of the month at 11am in Rhydlew Hall.

*Ali*

## DIGITAL PHOTOGRAPHY

Digital Photography celebrates its 10th anniversary this month (May) and still has 4 original members! Our first calendar was produced in 2015 and we did one each year until the 2020 edition, when Covid stopped play. We are considering restarting the calendar, but lack of funding has prevented us from producing one thus far. So the group have agreed to increase the monthly attendance fee to £3.00, so that we can start building a pot of money. We love to hear the thoughts of u3a members about a calendar, or is there something else you would consider buying, such as notelets?

May's homework was 'glass' (e.g. drinking glass, a bowl, a vase, a shop window, or anything else) and members were asked to consider if they wanted a reflection as part of their images or not. To aid with the homework we watched video tutorials called "Laws of Light: How to Light Glass", "Glass photography" and "Street Photography: Photographing Thru Windows".



**Colin Luker**



**Howard Jenkins**



**Howard Jenkins****Dave Thomas****Colin Luker**

June's homework is 'low light photography' and members are encouraged to take photos inside or outside with low light, at sunset, at night, etc., while thinking about putting their cameras in 'manual' or 'bulb' mode, using a Neutral Density (ND) filter, using a tripod and getting to the right spot in plenty of time.

The photography tutorial videos, tip and books that I am collating are still growing and there are now, 35 tutorial videos, 45 tip sheets and 356 e-books for members to choose from.

If you are a beginner, an intermediate or an advanced digital photographer, everyone is very welcome to join us, so what are you waiting for! (If you would like to join us, please email Dave at [digitalphotography@cardiganu3a.org.uk](mailto:digitalphotography@cardiganu3a.org.uk) or [davejthomas66@gmail.com](mailto:davejthomas66@gmail.com) with your name and contact numbers prior to the next meeting. I will then send you a welcome email and links to the tutorial videos to aid you with the months homework.)

Our next meeting is 10.30am to 12.30pm on Tuesday 13th June 2023 in Coracle Hall, Llechryd. (Please arrive around 10.15am ready for a 10.30 start.)

## FAMILY HISTORY

We had another interesting session on the First World War this month and will continue with the Military theme next month. WW1 records are readily available on Ancestry or FindMyPast but it's not so easy to find records online for WW2. So we'll see what stories everyone comes up with. The June meeting can include records, stories and memorabilia from any conflict that your ancestors were involved in, or in fact anything military.

*Margaret*

## FRENCH



Our latest meeting was a beautiful day of French food, music and Petanque kindly hosted by Gwynneth and Alan. Thank you so much to both of you for making it such an enjoyable occasion. The weather was perfect. We enjoyed croissant and French cheeses, gateaux and café. Then we all played Petanque under the patient instructions from



Paul, with music from an accordion in the background. It was a morning full of fun, laughter..... and the odd French phrase! Merci tous le monde!



Next gathering will be at 11am on June 19 at Sue's in Penrhiwllan.

*Ali*

## GAMES GROUP

At the last meeting some of our members had a go at a new game called Qwirkle which involves making interlocking lines of shapes and colours. Two other members had a go at Continuo and some played an old favourite, spider dominoes.

Our next meeting will be on Tuesday 20th June at 10.30 in Penboyr Village Hall.

*Hazel*

## GARDENING GROUP

This months Garden Group visit was to Pen Y Cwm gardens in Blaenffos, Pembrokeshire. The garden has been developed over the past 7 years and is new to the NGS catalogue. In the owners words it is still a young garden which is continuously developing and responding to the advantages and challenges of the site. Some of these challenges include high winds, rabbits and a heavy clay soil but the owners have done very well to make this garden well worth a visit. One unusual feature is the use of various trees such as Yew, Birch, Hornbeam, Redwood and Beech to make hedge lined avenues down and across the garden probably making good wind breaks in the future. Other features include a large wildlife pond, an orchard, herbaceous borders, a secret wood and a very sweet smelling compost tip!

Our next meeting will be at 2pm on Thursday 1st June at the Old Cilgwyn Estate in Adpar. The estate has an imposing old country manor and a beautiful woodland garden. The estate has been in the hands of the Fitzwilliams family for generations and apparently they used to own large swathes of west Wales and are very much part of the local history. The estate is thought to be around 20 acres but Mrs Fitzwilliams is not too sure! All are welcome to attend



The plant of the month is this brilliant poppy and I could not resist including a pic of my garden as it is approaching its best at this time of the year.



*Mike*

### **ICT SUPPORT**

Unfortunately we had to cancel the session in May but hopefully we will be able to offer support in June on Tuesday 20th at 2pm. Please ring first to book a place as numbers are restricted so we can give personal support. If you have any problems with laptops, tablets or phones please ask.

*Hazel*

### **PATCHWORK GROUP**

Seven of us met at Penboyr Hall in May, everyone working on their own patchwork projects. Amongst other things, there was a foundation pieced patchwork owl, a small child's quilt, a table runner, log cabin blocks stitched together and a new stained glass patchwork panel started.

Our next meeting will be Friday, 9th June.

*Ruth*

## PETANQUE GROUP

Petanque is French boules played with metal balls on a hard gravel surface. If you are interested in finding out more and having a bit of fresh air and company please join us in the King George V playing fields in Newcastle Emlyn. (By the main car park)



All welcome, if you would like any further details please contact Trevor .

*Trevor*

## PHILOSOPHY

Unfortunately I missed the last philosophy meeting, but I have had good reports from members that they enjoyed the discussion, suggested by Sue and led by Gwyn on "How do we balance individual freedoms v overall welfare? e.g. ban smoking to reduce costs to NHS, sugar taxes, compulsory vaccination?"

*Ali*

## SCIENCE AND TECHNOLOGY

Monday 22nd May – a group of 10 members made the longish drive up to the CAT (Centre for Alternative Technology) at Machynlleth for an informative day of what has been going on at CAT over recent years. An interesting talk was given by Dieter from CAT at the start of our visit. Whatever your environmental interests then CAT is well worth a visit. Luckily it was a beautiful sunny day which made it even more enjoyable.

Next month – 26th June. We are planning to go to the secondary school in Newcastle Emlyn to be brought up to date on what children of today are taught about science. Hopefully things have changed from the rather dreadful and uninspiring teachers of our youth. We shall see?

For more information on this group email [colinlucker@yahoo.co.uk](mailto:colinlucker@yahoo.co.uk)

*Colin*

## SKETCH GROUP

The group met on the 2nd May at the Quay in Cardigan in beautiful warm sunshine.

Regrettably there was only one boat on the river to draw so we crossed the bridge and found a bench opposite the now defunct hospital and St Mary's Church tower. A peaceful couple of hours flashed by and sketches were completed.

The next meeting is likely to be at Henllan. This will be confirmed nearer the time.

*Millie*

## STRICTLY BASIC BALLROOM

The SBB group welcomes you to join in our 90 minute session of exercise and fun. We are currently practicing the moves for Cha Cha Cha, Rumba and waltz and introducing the rhythm for foxtrot and tango.

Wether you're on your own or a couple, come and have a go. No previous experience needed.

The next session is on Wednesday 14th June 2023.

*Julia.*

## STROLLERS

This months walk took the group somewhat further afield with a visit to the Hafod Estate up near Devils Bridge. The trip was made somewhat longer by a combination of closed roads and modern technology failure ie sat nav.

Eventually a group of 10 people arrived safely at the car park and we initially went to explore St Michael Church next to the car park. We were welcomed by piped music and a choir when we entered the church which continued throughout the very interesting visit. The church itself originated with the estate in the 17thC and was restored and remodelled at the end of the 18thC.



The church was badly damaged by a fire in 1932 with various original items destroyed or in need of major restoration including a 3000 year old vase which originated from the Mediterranean region but has now been reassembled. Having spent a little time looking at the variety of items in the church including a wonderful model of the estate mansion that sadly no longer exists the group set off on the walk along what is called the Ladys Walk.



The estate comprises a number of walks ranging in distance and difficulties. The walks were all created by the original owner Thomas Johnes in the 18th century so that the family and guests could enjoy the wonderful landscapes. Our walk took us past waterfalls and along by the river Ystwyth culminating in a wonderful vista of the Ystwyth Valley .

Though the walk in parts was quite challenging we all managed to get round and back to our cars in one piece. We then adjourned to the Two hoots cafe in Devils Bridge for some light refreshments and were fortunate to witness the arrival of the steam train from Aberystwyth



The groups next stroll will be on 30 June to Ffynnonne waterfalls.

*Nigel*

## TABLE TENNIS

Unfortunately I have missed the last month's 2 sessions and I thank Ruth for running them. They have been fun and great exercise as always.

*Ali*

## THEOLOGY

Turning detective, our theological hitch-hikers explored the biggest mystery of all: what on earth (literally) happened on that first Easter Day?

Rising from the dead turned out to be a less than unique occurrence amongst gods of various cultures and in ancient times, with their periodic visits to and returns from the underworld often explaining why we experience the famine of winter followed by the fruitful rejoicing of spring and summer. Our word 'Easter', after all, derives from the Anglo-Saxon goddess of life Oestre (also responsible for naming the fertility hormone oestrogen, as well as the East of the sunrise, via Old High German) – raising the question as to what our Christian forebears called the festival before the Anglo-Saxons invaded. (Pasg, probably: that pesky invasion is what drove the noble Celtic languages into the corners.)

But back to the plot, and the double locked-room mystery. How did Jesus get out of the tomb, and how did he get into the locked room where his frightened disciples were holed up afterwards? All the Gospels, including those that didn't make the final cut of the New Testament, describe in varying degrees of detail the security arrangements outside the tomb – guards posted by the Romans, seals verified by the Jewish authorities – to make absolutely sure his disciples didn't sneak along and remove the body, especially on that crucial third night. The Apocryphal Gospel of Philip even details the evidence-tent they put over the sealed entrance, just in case – and names Centurion Petronius as the man in charge, and the originator of John Wayne's famous line in the film: "Truly, this man was the Son of God!"

After his Resurrection, how does Jesus, without a key, effect entry into the secure Upper Room, then pop up to meet his surprised disciples in various unexpected places? There was definitely something different about Jesus in those days.

Dan Brown didn't invent the conspiracy theories that attempt to explain Christianity's central mystery. Did Jesus escape before the crucifixion, or revive afterwards, elope with Mary Magdalen and live happily ever after in Provence? Did his sorrowing disciples visit the wrong tomb on Easter morning? Did they steal the body after all? (That account of the Romans' bribe to the guards to say so rather explodes that idea.) Was the appearance of Jesus a foretaste of the End of Time, or a moment when the quantum theory that all times exist at once becomes a reality? And is it heresy to suggest that the disciples may not have regarded Jesus as truly divine until after his Resurrection? Other questions discussed by the Hitch-hikers included wondering which day was Jesus' actual Last Supper? (Passover lasts for eight days, and the Seder meal could have been on any one of them.) How did his disciples manage to give Jesus a proper burial, when crucified criminals were normally left to rot where they hung or dumped in the tip? (Though famous for his association with lowlife, Jesus also had rich and influential friends, like Joseph of Arimathea.) And do bunnies and chocolate have anything to do with it after all? (The Easter Bunny, it seems, was invented in the 17th Century as an alternative to Papist celebrations. In other countries it's foxes or cuckoos who hide those ubiquitous symbols of new life, the Easter Eggs.)

Whatever the theory, it's clear something dramatic happened to convince the disciples that Jesus was seriously special, and that it was worth putting their own lives on the line for it. There's something about forgiveness, love bouncing back, and the conviction that however horrible things are, God doesn't go away. Which is worth celebrating, whether or not you believe in the Easter Bunny.

Next time, on June 5th at 2pm in Ffostrasol Village Hall, there will be a special guest appearance from Gwyn Wardman (well-known to the Philosophy Group) who will talk to us about the Society of Friends – aka the Quakers.

*Carol*



## WALKING GROUP



Our walk this month started and finished at the Felin Geri site near Cwm Cou. The group set off past the old chapel and mill in Cwm Cou to walk the Bluebell walk at the back of Cwm Cou. Having walked it a few days earlier I was a little concerned at the fields that we had to cross, with the heifer's being inquisitive sorts joining me on my scouting trip but on the day itself they showed no interest in us at all so huge sigh of relief.

We came out by the old primary school now being used for Covid vaccinations and crossed the main road before heading into the woods behind Felin Geri. Our walk then took us up to the bridge over the river Ceri where we walked down the side of the river back in the direction of Felin Geri.



On the way we stopped to take in the rapids just before what was an old roughage mill so I am reliably informed by the local historian where there are ruins of the old mill and I would guess the millers house including the old mill wheel. We then walked again through another area of bluebells, which seem to be particularly flourishing this year, before ending back at Felin Geri for some drinks and cake.

Our next walk will be on Monday 12 June; location to be advised.

*Nigel*

## WELSH GROUP

In the past few sessions we've been looking at basic pronunciation, including grappling with and understanding local place names, house names, road traffic signs and so on.

So we will be moving on next time to think about conversations involving meetings and greetings.

We will be nextmeeting on Tuesday 6th June at Vicky's in Capel Iwan

*Vicky*

## WINE APPRECIATION

In May twelve of us met in Capel Iwan to taste wines from Burgundy.

The region is quite small in size but it has a big influence in the world of wine. The main grapes grown there are Pinot Noir for the reds and Chardonnay for the whites.



There are five main growing regions, Chablis, Côte de Nuit, Côte de Beaune, Côte Chalonnaise and Mâconnais and we managed to have wines from each region between us.

There were 4 whites and 2 reds and all of the wines scored well with only 3 1/2 points between the top and bottom ratings. The favourite was an M and S wine from the Côte de Beaune called Albert Bichot 2018.

Next month we will be enjoying our annual summer barbecue at Trevor and Angela's on Thursday 15th June starting at 5pm. Then in July Julia and Brian will host us for our final French region, Champagne!

*Hazel*

Thursday	1	Art - Penboyr Village Hall	10-00am
Thursday	1	Gardening - Old Cilgwyn Estate Adpar	2-00pm
Friday	2	Croquet in Sue's garden in Penrhiwllan	2-30pm
Monday	5	Petanque - George VI playing fields NCE	2-00pm
Monday	5	Theology - Ffostrasol Village Hall	2-00pm
Tuesday	6	Sketchers - Henllan	10-30am
Tuesday	6	Welsh - Vicky's Capel Iwan	10-30am
Tuesday	6	Bowls - NCE Bowls Club	2-00pm
Wednesday	7	June main meeting talk from Jayne + Rob Holland - NCE Rugby Club	10-30am
Thursday	8	Art - Penboyr Village Hall	10-00am
Thursday	8	Creative Writing - at Rhydlewis Village Hall	11-00am
Friday	9	Patchwork and Quilting - Penboyr Village Hall	11-00am
Friday	9	Croquet in Sue's garden in Penrhiwllan	2-30pm
Monday	12	Don't get me started - Sue's in Pontgarreg	2-00pm
Monday	12	Walkers	10-30am
Tuesday	13	Digital Photography - Coracle Hall Llechryd	10-30am
Tuesday	13	Table Tennis - Rhydlewis Village Hall	2-00pm
Wednesday	14	Badminton - Llandysul Leisure Centre	12-15am
Wednesday	14	Crafty Crafters - Penboyr Village Hall	10-30am
Wednesday	14	Strictly Basic Ballroom - NCE Holy Trinity Church Hall	10-30am
Thursday	15	Art- Penboyr Village Hall	10-00am
Thursday	15	Philosophy am - Penrhiwllan Village Hall	11-00am
Thursday	15	Wine Appreciation - Trevor and Angela's	5-00pm
Friday	16	Croquet in Sue's garden in Penrhiwllan	2-30pm
Monday	19	Bowls - NCE Bowls Club	2-00pm
Monday	19	French - Sue's in Penrhiwllan	11-00am
Tuesday	20	Games - Penboyr Village Hall	10-30am
Tuesday	20	ICT Support Session - as required contact Hazel	2-00pm
Tuesday	20	Petanque - George VI playing fields NCE	2-00pm
Wednesday	21	Astronomy - Coracle Hall Llechryd	2-00pm
Thursday	22	Art- Penboyr Village Hall	10-00am
Friday	23	Croquet in Sue's garden in Penrhiwllan	2-30pm
Monday	26	Science and Technology - Newcastle Emlyn Secondary School	2-00pm
Tuesday	27	Book Club - Zoom meeting	10-30am
Tuesday	27	Family History - Church of Latter Day Saints NCE	2-30pm
Wednesday	28	Badminton - Llandysul Leisure Centre	12-15am
Wednesday	28	Lunch Club - Various venues	12-00am
Thursday	29	Art - Penboyr Village Hall	10-00am
Thursday	29	Table Tennis - Rhydlewis Village Hall	10-30am
Friday	30	Strollers - Ffynnonne Waterfalls	10-30am
Friday	30	Croquet in Sue's garden in Penrhiwllan	2-30pm
<b>July</b>			
Wednesday	5	AGM - Newcastle Emlyn Rugby Club	11-00am

To add events to this monthly calendar please contact Nigel [neu3newsletter@hotmail.com](mailto:neu3newsletter@hotmail.com) giving date, venue and time, plus any further information to assist those wishing to attend. Closing date for newsletter contributions will be on the 24th of the month, at the latest.