



Newcastle Emlyn u3a Newsletter October 2021

<http://u3asites.org.uk/newcastle-emlyn>



Chair's Ramble

Well, where has 2021 gone to! October already! Thank you to the stalwarts who attended the zoom quizzes and coffee morning for September's main meeting. The good news is that the October main meeting on Wednesday 6th October will not be on zoom but will be a physical meeting when Roger James has agreed to come and speak to us face to face with his talk about Mr Rolls and Mr Royce. This meeting will be in a new venue at the **Newcastle Emlyn Rugby Club** which is on the road from the Adpar roundabout to Llandyfriog. There is plenty of parking but if anyone does not have transport and needs a lift please let me know and we can try and sort something out. I also realise that not everyone is totally happy yet to meet up in person so if I can get my head around the technology the talk will also be transmitted via zoom. But I need to know who would prefer to join us in that way, so please email me at neu3achair@hotmail.com. We can make our own teas and coffees but we cannot get into the hall until 10.15am so please bear with us while we get set up.

Ruth will be bringing the Castles Quilt with her to the meeting to show to everyone. This was part of a Wales wide shared learning project during 2019-20 which many of our members took part in. Unfortunately Covid got in the way of the quilt being displayed as it should be but hopefully now we can let people see it.

It is so good to hear of all of the groups activities starting up again. Please remember to let our group coordinator, Ali Dowling, and our newsletter editor, John Towle, know of any changes to venues or times. If you are considering a new time for your groups also remember to look at the calendar to make sure you are not clashing with other groups.

One group that is desperate to get going again is the digital photography group but after many years of service Denis, who has lead the group, has decided to call it a day. (He is 90 year old!) So the group are looking for another person who has some expertise in digital photography to help the group. If you know of anyone who has this knowledge or want to know more about what it would entail please contact Dave on davethomasj@hotmail.com. It would be a shame to lose this group.

Due to Covid we had to cancel our 25th Anniversary dinner at Rhosygilwen. The committee have decided to try and continue with the plans for the dinner, hopefully in June 2022.

A very happy special birthday this last month to Jim and Ann Sibley! I hope you both managed to celebrate in style!

You should by now have received your Third Age Matters magazine. Always a good read but check out page 6 especially. You may recognise someone! There is always lots of inspiration in the magazine and ideas for new groups. If anyone wants to start a group for anything please let Ali or myself know. Something musical would be really good!

Hazel

Our Subject Groups

Activity

Date, Activity and Location will vary - see 'What's On In Newcastle Emlyn U3A'
For details contact Hazel

Art

Every other Thursday from 10.00am at Penboyr Village Hall
For details contact Amanda

Astronomy

3rd Wednesday from 2.00pm at Coracle Hall, Llechryd - Joint with Cardigan U3A
For details contact Malcolm

Book Club

4th Tuesday from 10.30am at venue to be advised (currently Zoom meetings)
For details contact Vicky

Bowls

1st Tuesday and 3rd Monday both from 2.00pm at Newcastle Emlyn Bowling Club
For details contact Julia

Bucket List

Date, Activity and Location will vary - see 'What's On In Newcastle Emlyn U3A'
For details contact Helen

Crafty Crafters

2nd Wednesday from 10.30am at Penboyr Village Hall
For details contact Ruth

Creative Writing

2nd Thursday from 11.00am at Rhydlewys Village Hall
For details contact Ali

Croquet

1st Friday and every other Friday from 2.30pm at Sue's
For details contact Sue

Digital Photography

2nd Tuesday from 10.30am at Coracle Hall, Llechryd - Joint with Cardigan U3A
For temporary contact please use Dave

Family History

4th Tuesday from 2.30pm at The Church of Latter Day Saints, Newcastle Emlyn
For details contact Margaret

French

4th Monday from 10.30am at Ali's
For details contact Ali

Games

3rd Tuesday from 10.30am at Penboyr Village Hall
For details contact Hazel

Our Subject Groups

Gardens

Date, venue and time varies amongst the group, or other gardens
For details contact Mike

ICT Support Sessions

3rd Tuesday from 2.00pm at Hazel's
For details contact Hazel

Lunch

Last Wednesday - venue varies
For details contact Tracy

Patchwork and Quilting

2nd Friday from 11.00am at Penboyr Village Hall
For details contact Ruth

Petanque (Boules)

1st Monday, 2nd Thursday & 3rd Tuesday at King George V Park, Newcastle Emlyn
For details contact John

Philosophy am

3rd Thursday from 10.30am at Penrhiwllan Village Hall
For details contact Ali

Philosophy pm

2nd Monday from 2.00pm at Susan's
For details contact Susan

Science and Technology

4th Monday from 2.00pm at Penrhiwllan Village Hall
For details contact Jim

Strollers

Last Friday of the month from 10.30am, venue varies
For details contact Cyndy

Table Tennis

2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewis Village Hall
For details contact Ali

Welsh

1st Tuesday from 10.30am at Vicky's or Liz's
For details contact Vicky

Wine Appreciation

3rd Thursday from 7.00pm - venue varies, amongst the group
For details contact Hazel

Note: Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.

Group Reports

Astronomy Group

The next meeting of the Astronomy Group will return live on Wednesday 29th September at 2.00pm. Venue is the Coracle Hall in Llechryd.

Malcolm

Bowls Group

The weather was glorious for the September meetings of the bowls group. The first meeting was almost too hot! Hats and plenty of water was needed. We all feel that we have now learned the basics so hope that next year we can actually try some proper matches. However, new members are always welcome.

Unfortunately the bowls season has now finished and the Bowls club now begin their winter maintenance. We usually begin again in April. Notice will be given in the newsletter when the group restarts.

Hazel

Crafty Crafters

There was a variety of crafts taking place at Crafty Crafters in September. Most of had brought work that we had been working on for a while – Betty’s cross stitch, Hazel’s blackwork, Denise’s folded star patchwork and my embroidered workbox; Julia was knitting a jumper with a tractor on the front for a grandson and Helen, having finished the felt seagull she had been making was starting another bird.

At this time of year, we often start working on Christmas projects so we discussed what we would like to do over the next 3 months. We decided that in October we would do quilling which we could use to make Christmas cards, decorations or gift tags, in November we would make felt decorations and in December we would make no-sew fabric covered pinecones.

October’s meeting will be Wednesday 13th, 10.30am at Penboyr Village Hall. See you there.

Ruth



Creative Writing

Creative Writing group will be meeting next month on Thursday 14th October at 11.00am in Rhydlewis Village Hall. If you would like to join us please contact Ali, if no reply leave a message or text or email. It's a very friendly, relaxed group, having fun with various writing exercises.

Ali

Digital Photography

The Digital Photography group is hoping to restart soon but needs someone with some digital photography know how to support them in their work. If you or anyone you know might be able to help please get in touch with Dave.

Also a Cardigan U3A member, Adrian, is providing a talk entitled "My Life as a Fashion Photographer" at 2.00pm on Thursday 28th October in the Great Hall of Cardigan Guildhall. This might be of interest to members of the group or other members of our u3a and Cardigan u3a are happy for us to visit.

Dave

Family History

At the time of writing this, we have not yet had our September meeting, but we shall be deviating from our own Family History research this time and researching our house or local area. I hope that many group members will have been able to already find out something they did not know before. We will hopefully be able to add to what we already know when we get together.

I have found it fascinating seeing who occupied all the houses up my road on the 1939 Register. The lady and her brother who built my bungalow in the 60's or 70's were living on the farm next door then and, as children in the farmhouse, are on the 1911 census.

I know that other members of the group have quite a bit of information about who lived in their house in years gone by and we shall be discussing what we have found out at the next meeting and perhaps finding out more.

Next month, I hope to cover how we research our ancestors in countries other than England and Wales.

Margaret

French

The October meeting will be on Monday 25th, 10.30am at Ponthirwaun.

Ali

Gardens Group

For our September meeting 15 members and 1 guest arrived punctually at Pauline and Malcolm's large property in Penparc.

We were impressed by the artistically designed layout and features of the garden. Amongst the things we saw were: a dry river bed, bonsai trees, sentry? boxes, bird cage, a solar powered fountain, a fruitful peach tree (really?), sculptures and a chinese dragon. What we didn't see was a single blade of grass or the resident hedgehog!

Pauline was busy with showing us the "before and after" photo album, then on tea making duties then finally selling us copious amounts of greeting cards.

Our next meeting will be on Thursday 7th October at the Norwood Gardens and Tea Room located in Llanllwni near Pencader.

Plant of the month is this purple coneflower (*echinacea purpurea*) found at Norwood

Mike





Games Group

It was fantastic to be able to meet again in Penboyr Village Hall in September for the Games Group. There were only six of us but we enjoyed playing Sequence and Continuo.

If you are not sure what these games are why not come along to the games group and find out. We play all sorts of board and card games and are always open to new games.

The next meeting will be on Tuesday 19th October at 10.30am.

Hazel

ICT Group Report

I am pleased to say that the ICT Support Group is now up and running again. Because of the nature of the almost 1 - 1 support we ask that you book a place in this group before the day.

We offer support for using programmes or apps on your laptop, tablet or phone and try to help people with making folders and files etc.

This month's meeting will be on Tuesday 19th October at 2.00pm.

Hazel

Patchwork and Quilting

It was good see more members at the group in September, though we still missed those who couldn't make it this month. One of our new members, who has no previous patchwork experience, chose a pattern for a tote bag which she would like to make and we made a start on cutting the fabric.

We talked about paying for the hall going forward. It was decided that the best way to do this was for all members of the group to pay for 6 months at a time, in advance. This makes it relatively cheap per session.

The next meeting will be Friday 8th October, 11.00am at Penboyr Village Hall. For this meeting, we will be at the hall until 2.00pm and then, for the last hour, we will visit Barbara in Cenarth. Although a member of our group, Barbara finds she is unable to join us for our meetings at the present time but has offered to show us the quilts she has made over the years. It will be well worth the visit.

And for those who have often thought they would like to do patchwork but don't know where, or how, to start? Why not come along and give it a try. We have members who can help you get started. You don't need to buy any special equipment like rotary cutters, rulers and cutting mat until you are ready as there is always some there that you can use. You don't even have to have a sewing machine if you prefer to do hand sewing. This is also possible. Contact me for more information if you are interested.

Ruth

Petanque

Petanque has done slightly better this month. Eleven people on the first session, None on the second session (mainly due to bad weather). Having given up and decided to go home the bad weather had ceased and I arrived home to clear sunny, blue sky!

The third session was expecting nine people but only managed three. The three of us had a good session and able to concentrate on how to play and throw the Boule. A pleasant and friendly session.

I will not be available for the 4th October (first session) and John and Elaine have agreed to take this one on for me. Thank you both.

John

Philosophy am

We had a very interesting discussion on Simple Funerals and Pure Cremations. It gave us plenty of chuckles. We discussed the role of religion, and the second hand knowledge we had of funerals that were not conventional, as well as our own family experiences. We had discussion on being buried on your own land. A very interesting topic.

Ali

Strollers

This month's walk we met at Newport Sands for a very enjoyable 4½ mile walk. Due to the high tide we followed the footpath across the golf course and along the estuary where we saw lots of Canada Geese and other water fowl, we continued down to Parrog where we had a welcomed break at the cafe. The clouds cleared as we set off back to the beach and walked back in glorious sunshine which was an added bonus as the weather forecast predicted thick cloud all day, thank goodness they got it wrong! Once back to the beach we stopped to take in the beautiful views of the beach and sea. There were 10 strollers altogether so quite a good turn out this month!

Cyndy



Table Tennis

Table Tennis is continuing to be popular. It's a great way to get exercise whilst still being very sociable.

Ali

Welsh Group

In September five of us met, with three people face to face and two joining via zoom. This hybrid meeting did present some audibility problems but we coped well.

We each selected food from a sample tea shop menu and from a sample restaurant menu and calculated the total costs of our choices. We then moved on to discuss the weather, revising how to describe weather conditions in the past, present and future tenses.

Next time we will be discussing and describing parts of the body. Our next meeting will be on Tuesday 5th October, again with the option of face to face and zoom participation.

Vicky

Wine appreciation

Over five years ago now the wine group first visited Spring Hollow Vineyard in Cwmpengraig near Drefach Felindre. Sally and Wayne had just started their venture into wine production and Wayne was single handedly planting 7,000 vines and Sally was embarking on a three year degree course in Viticulture.

We visited again in 2018 when they had had their first picking and the wine was in production. In September this year fourteen members went back for a wine tasting and tour of the now well established vineyard. They now have a small winery where they produce their wine although it is sent away for bottling at the moment. They have had to jump through many legal hoops. Their wine is totally organic and natural.

We tasted their 2018 vintage rose, white, red and sparkling and the group declared them all very good. Obviously people had their preferences but they were all very drinkable and the sparkling, made using traditional champagne methods, was excellent (in my opinion!).

The wine can be bought at the cellar door or online from their website

<https://springhollowvineyard.co.uk/>

I am sure we will be back! They are just about to start picking their grapes for this years vintage. They do this with the help of family and local volunteers!

The October meeting will be on Thursday 21st October at 7.00pm at the home of Pauline and Malcolm who live in Penparc, Cardigan.

Hazel

Patchwork Exhibition on 5th, 8th, 9th October 2021

Time: 11:00am to 4.00pm

Barbara, one of our members, is an excellent quilter and has made many gorgeous quilts

She has decided to hang and display these quilts and is going to open the Smithy with a Patchwork Exhibition

The Smithy is in Cenarth opposite the Three Horseshoes pub and anyone would be welcome to go and have a look

**Please support Barbara with her exhibition if you can.
Donations for the British Lung Foundation
would be very much appreciated**



What's On In Newcastle Emlyn u3a - October 2021

October

Friday	1	Croquet - meet fortnightly at Sue's in Penrhiwllan	2.30pm
Monday	4	Petanque - meet King George V Park, Newcastle Emlyn	2.00pm
Tuesday	5	Welsh - Hybrid meeting at Vicky's in Capel Iwan	10.30am
Wednesday	6	Monthly Meeting - Roger James - Mr Rolls & Mr Royce	10.30am
Thursday	7	Art - meet fortnightly at Penboyr Village Hal	10.00am
Thursday	7	Gardens - Norwood Gardens and Tea Room in Llanllwni	2.00pm
Friday	8	Patchwork and Quilting - meet Penboyr Village Hall	11.00am
Monday	11	Philosophy pm - at Sue's in Pontgarreg	2.00pm
Tuesday	12	Table Tennis - meet Rhydlewis Village Hall	2.00pm
Wednesday	13	Crafty Crafters - meet Penboyr Village Hall	10.30am
Thursday	14	Creative Writing - meet at Rhydlewis Village Hall	11.00am
Thursday	14	Petanque - meet King George V Park, Newcastle Emlyn	2.00pm
Friday	15	Croquet - meet fortnightly at Sue's in Penrhiwllan	2.30pm
Tuesday	19	Games - meet at Penboyr Village Hall	10.30am
Tuesday	19	Petanque - meet King George V Park, Newcastle Emlyn	2.00pm
Tuesday	19	ICT Support Session - as required, contact Hazel	2.00pm
Wednesday	20	Astronomy - meet at Coracles Hall, Llechryd	2.00pm
Thursday	21	Art - meet fortnightly at Penboyr Village Hall	10.00am
Thursday	21	Philosophy am - at Penrhiwllan Village Hall	10.30am
Thursday	21	Wine Appreciation - at the Brown's in Penparc, Cardigan	7.00pm
Monday	25	French - at Ali's in Ponthirwaun	10.30am
Monday	25	Science and Technology - at Penrhiwllan Village Hall	2.00pm
Monday	25	Philosophy pm - at Sue's in Pontgarreg	2.00pm
Tuesday	26	Book Club - Zoom meeting	10.30am
Tuesday	26	Family History - at Ken's in Trebedw	2.30pm
Wednesday	27	Lunch Club - at TBA	12.00pm
Thursday	28	Table Tennis - meet Rhydlewis Village Hall	10.30pm
Friday	29	Strollers - at TBA	10.30am
Friday	29	Croquet - meet fortnightly at Sue's in Penrhiwllan	2.30pm
		Bowls - Into their Winter maintenance recess	

Groups currently not active: Activity, Bowls, Bucket List, Digital Photography

November

Wednesday 3 **Monthly Meeting** - Linda Feagon, History & work of the dogs trust 10.30am

To add events to this monthly calendar please contact John, giving date, venue and time, plus any further information to assist those wishing to attend. Closing date for newsletter contributions will be on the 24th of the month, at the latest. Contact John via email at: neu3anewsletter@hotmail.com
It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)
newsletter (I think you've got it!) - @hotmail.com (gets it to me).
