



Newcastle Emlyn u3a Newsletter September 2021

<http://u3asites.org.uk/newcastle-emlyn>



Chair's Ramble

It was really lovely to get together properly in August when the weather was kind to us and 36 members and two visitors enjoyed time together in the park playing bowls, croquet and petanque amongst other games. The afternoon started with the committee planting a Rowan tree to mark the 25th Anniversary of Newcastle Emlyn u3a and everyone enjoyed their own picnic. People seemed to really enjoy the event and have suggested we do it again at some point.

On the morning of the 4th August we enjoyed finding out about the History of Tea from Colin Andrew via zoom. The next main meeting on Wednesday 1st September will again be on zoom but unfortunately Roger James from Newport u3a will not be able to talk to us about Mr Rolls and Mr Royce. He has been given a long awaited hospital appointment for that morning which he obviously does not want to miss. Because it is rather short notice we will therefore have some quizzes and coffee and chat. Hopefully by October we may be able to meet physically again in a hall and Roger may come to speak to us then. We are currently finding out the regulations if any for the community hall and finding out prices for the Emlyn Arms and other possible venues.

All of our groups are meeting again now and the lunch group will be enjoying lunch at the Cardigan Golf club on Wednesday 29th at 12pm. Please see further details in the newsletter, all are welcome but Tracy needs to know your menu choices.

I am so pleased we are up and running properly again, thank you to everyone for all of your support during the last 18 months. It has been a very strange time but hopefully we are through the worst now. We will still be producing risk assessments and being as careful as we can be to keep you all safe.

There is a committee meeting on Monday 6th September. If anyone has anything they think we ought to be discussing please let me know.

Hazel

Monthly meeting

Unfortunately, at rather late notice, our speaker for September 1st, Roger James, has had to cancel due to a hospital appointment that he doesn't want to turn down. That is totally understandable so we have decided to have a coffee and chat meeting with a couple of quizzes this Wednesday 1st September starting at 10.30am.

Our Subject Groups

Activity

Date, Activity and Location will vary - see 'What's On In Newcastle Emlyn U3A'
For details contact Hazel

Art

Every other Thursday from 10.00am at Penboyr Village Hall
For details contact Amanda

Astronomy

3rd Wednesday from 2.00pm at Coracle Hall, Llechryd - Joint with Cardigan U3A
For details contact Malcolm

Book Club

4th Tuesday from 10.30am at venue to be advised (currently Zoom meetings)
For details contact Vicky

Bowls

1st Tuesday and 3rd Monday both from 2.00pm at Newcastle Emlyn Bowling Club
For details contact Julia

Bucket List

Date, Activity and Location will vary - see 'What's On In Newcastle Emlyn U3A'
For details contact Helen

Crafty Crafters

2nd Wednesday from 10.30am at Penboyr Village Hall
For details contact Ruth

Creative Writing

2nd Thursday from 10.30am at Carol's
For details contact Carol

Croquet

1st and 3rd Friday from 2.30pm at Sue's
For details contact Sue

Digital Photography

2nd Tuesday from 10.30am at Coracle Hall, Llechryd - Joint with Cardigan U3A
For details contact Denis

Family History

4th Tuesday from 2.30pm at The Church of Latter Day Saints, Newcastle Emlyn
For details contact Margaret

French

4th Monday from 10.30am at Ali's
For details contact Ali

Games

3rd Tuesday from 10.30am at Penboyr Village Hall
For details contact Hazel

Our Subject Groups

Gardens

Date, venue and time varies amongst the group, or other gardens
For details contact Mike

ICT Support Sessions

3rd Tuesday from 2.00pm at Hazel's
For details contact Hazel

Lunch

Last Wednesday - venue varies
For details contact Tracy

Patchwork and Quilting

2nd Friday from 11.00am at Penboyr Village Hall
For details contact Ruth

Petanque (Boules)

1st Monday and 3rd Tuesday from 2.00pm at King George V Park, Newcastle Emlyn
For details contact John

Philosophy am

3rd Thursday from 10.30am at Penrhiwllan Village Hall
For details contact Ali

Philosophy pm

2nd Monday from 2.00pm at Susan's
For details contact Susan

Science and Technology

4th Monday from 2.00pm at Penrhiwllan Village Hall
For details contact Jim

Strollers

Last Friday of the month from 10.30am, venue varies
For details contact Cyndy

Table Tennis

2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewis Village Hall
For details contact Ali

Welsh

1st Tuesday from 10.30am at Vicky's or Liz's
For details contact Vicky

Wine Appreciation

3rd Thursday from 7.00pm - venue varies, amongst the group
For details contact Hazel

Note: Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.

Group Reports

Book Club

Our book for August was *When God was a Rabbit*, by Sarah Winman. The book is in two parts, the first written by Elly as a child and the second part written by her as an adult. It chronicles Elly's relationship with her parents, her brother Joe, her best friend Jenny and many others. Elly's one constant is her brother, until the tragic events of 9/11 threaten to part them.

Most, but not all, of us enjoyed the book and found it both funny and sad.

The book for our meeting in September is *The Service of Clouds*, by Susan Hill. The meeting will be on Tuesday 28th September, 10.30am via zoom.

Vicky

Crafty Crafters

August's meeting was a good, chatty affair with more of us managing to get together. Hazel introduced the group to the project for the u3a nation quilt to celebrate the 40th anniversary of the u3a in the UK. Hazel has designed the block and asked for members to embroider a line each. Denise volunteered to stitch the first line. In the meantime, the rest of us spent the morning carrying on with our own projects, cross stitch, embroidery, silk painting (Carol has already made a start on making her Christmas cards), knitting.

We also had a discussion about what we can try our hands at in the coming months and that next month would be time to start Christmas projects. Suggestions so far are quilling, silk painting, pyrography and Christmas patchwork pinecones. Any other suggestions are always welcome.

Next meeting is Wednesday 8th September, 10.30am.

Ruth

Creative Writing

We are planning to get back to face to face meetings in October, meanwhile Hilary will be setting us a task in preparation!

Ali

Croquet

Due to weather and other issues most members were unable to attend. But Margaret and I played for 1.5 hours interspersed with chatting about garden plants etc.

This was a really good session as we both improved on different 'swing' techniques. I tried the traditional Croquet swing between the feet (with help from Margaret on how to place the hands) somewhat unsuccessfully, and Margaret tried the 'golf' swing with

similar results. Then I realised she was holding the mallet as for the trad swing for a golf swing. When we corrected that she did much better. We were also able to take time to consider the Roquet/Croquet conundrum. And the various angles that may or may not help you pass through a hoop. So a very pleasant afternoon.

I've been researching on-line as to what happens when a croqueted ball runs through the hoop (and the striker's ball doesn't). I believe that the 'croqueted ball' runs the hoop and doesn't get a second shot as it is not that player's turn. Assuming the striker's ball hasn't also run the hoop the striker doesn't get a second shot.

I intend to come up with a list of Croquet don'ts sometime soon as it is easier to understand the don'ts than the numerous things you can do.

Look forward to seeing you on Friday 13th, 20th and 27th August and hopefully into September weather permitting.

Whatever the complications may be we play for enjoyment and fun while trying to adhere to some basic Croquet rules.

Please come along and give it a go. It is really good fun.

Sue

Family History

There were 13 of us at this month's meeting, held in glorious sunshine outside at Ken's. We discussed some of the problems we have with our research and how to proceed with some of the brick walls we have. Although there were not many solutions, some helpful suggestions were made e.g. – Scotlands People for records from North of the Border. The (London) Gazette often has notices of insolvencies and bankruptcies and not just in London. Janet had already found a fascinating notice in the Gazette for me regarding my Solicitor ancestor from Portsmouth.

The British Newspaper Archives (also accessible via FindMyPast) may have articles about people in the entertainment business, or The Stage newspaper – look out also for The Era newspaper published 1838-1939 – I have found articles and adverts of interest from that in the past.

Next month, we shall be talking about researching our local area and discussing how we can find out more about where we live now, possibly using the National Library of Wales website which we talked about last month. Hopefully some of us will have found out something of interest before we meet next time.

Margaret

French

We had our first face to face meeting in NCE park at the Petanque terrain, by kind permission of the Petanque group and kind use of their equipment. It was great fun . . . and a little French was spoken! We hope to do the same in September, weather permitting.

Ali



Gardens Group

For our August meeting 8 intrepid gardeners braved the elements and descended on Carol's impressive garden in Llandysul.

Everyone enjoyed her colourful, pretty, well designed and well stocked garden with it's spectacular views over the Teifi valley.

The weather tried to dampen our enthusiasm but failed.

We had time to inspect Carol's "before and after" photos which showed the hard work that she has put into developing her garden with the help of her family

Afterwards we journeyed to the huge Farmyard Nursery, also in Llandysul, and were treated to complementary tea and biscuits by the owner Richard Bramley who proudly showed off his RHS awards.

We were then given a guided tour by Mike, one of the staff members, who was very informative and passionate about his work with the plants

Fortunately we did not get too wet as we visited many of the polytunnels which they use to propagate and grow their produce. They specialise in unusual herbaceous plants.

The choice of plant of the month was difficult but eventually i opted for this display of sarracenias (trumpet pitchers) at the nursery.

Our next meeting will be on Thursday 2nd September at Pauline and Malcolm's resplendent garden in Cardigan. Everyone is welcome so please contact me for details.

Mike





Games Group

How lovely to finally meet face to face and play some games for the first time in seventeen months. The weather was not brilliant so we actually met indoors at Hazel and John's house and had doors and windows open. We also managed to have a hybrid meeting by having Marilyn on a zoom call from Kidderminster who joined in a game of Rummikub. It all worked very well.

Next month we will go back to meeting at Penboyr Hall on Tuesday 21st September at 10.30am.

Hazel



Patchwork and quilting

Just 3 of us made it to patchwork in August but we 3 were hard workers for the four hours. Julia took advantage of having the space in order to pin the three layers of her quilt together ready for quilting; Denise was working on finishing a patchwork made of circles of folded triangles for a new top for a stool; I was finishing the binding of the daffodil quilt I started two or three months ago – finally done.

Next meeting Friday 10th September, 11.00am.

Ruth



Petanque

August was an unusual month. The first session went well, then the second and third sessions did not have enough people to have a game. Not sure if there was a glieche with information or other reasons.

Please can you let me know if there are any problems with the playing list or you wish to change the day you are listed for. To turn up for just 2/3 people is not very rewarding. The list for Monday 6th September and both the other sessions will be distributed within the next couple of day.

Looking forward to a bigger attendance for the September sessions,

John

Philosophy am

Discussion this month was on “What do we think about the rapid withdrawal of troops from Afghanistan and whether we should take in refugees and, if so, who?”

The discussion started with a brief recent history of the area, from when the Russians invaded in 1979, what was their reasoning behind the invasion? Did they achieve anything? And was this the catalyst to the present situation? It brought lively discussion, as well as the usual deviation from the subject!

Ali

Strollers

At the end of August eight members finally got to complete the Cenarth walk in glorious sunshine. It was a 4.5 mile round trip starting and finishing on the new board walk along the river at Cenarth. We then followed paths and country roads to near Cwm Cou and then a bridle way and across some fields back to the board walk. Some of us then enjoyed a lovely lunch at Ty Te in the village.

Next month on Friday 24th September we are hoping to do a walk at Newport along the estuary.

Hazel



Table Tennis

The table tennis group is enjoying meeting up and being back in action, getting some useful exercise in.

Ali

Welsh Group

For our August meeting we were concentrating once again on food. We talked about a picture of one of Lesley's food cupboards, which was full of cans, packets and jars of goodies and ingredients. Then we discussed a picture of a food shop on the island of Naxos, where Liz and Tony have a home, where fruit and veg were displayed outside.

Afterwards we had a sample menu from a teashop and practised ordering and paying for sandwiches, scones, cakes and hot drinks.

We felt we needed more practice on ordering food and also on totalling up the prices, so we will revisit the teashop menu next time, together with the restaurant menu from last month. We are also going to revise ways to describe the weather at our next meeting which will be on Tuesday 7th September, starting at 10.30am. This is to be a hybrid meeting with some members joining via Zoom and others meeting at my house for the first time since February 2020.

Vicky

Wine appreciation

Finally after seventeen months fourteen members of the wine appreciation group met face to face for a wine tasting evening about wines from the North Island of New Zealand. As these wines seemed quite hard to get from local supermarkets I ordered some online and we shared the cost. We tried four different whites and two reds ranging in cost from £6.99 to £16.99! It was interesting as the white wine from Aldi that Vicky and Brian managed to find was a clear favourite, it isn't all about cost!

Next month we are hoping to organise a wine tasting at Spring Hollow Vineyard in Cwmpengraig on Thursday 16th September.

Hazel

Quotes from Gyles Brandreth book - "Have you eaten Grandma?"

My husband is dark and handsome. When it's dark, he's handsome.

**And if you are addressing someone by name,
put a comma before the name to avoid confusion.**

This is clear: I fancy your sister, Basil.

***September monthly Zoom
meeting on Wednesday
1st September
at 10.30am***

Newcastle Emlyn u3a is inviting you to a
scheduled monthly Zoom meeting

Topic: Newcastle Emlyn U3A's
monthly Zoom Meeting

Time: 10:30am Wednesday 1st September, 2021

Join Zoom Meeting

[https://us02web.zoom.us/j/7696055146?pwd=aXhXc0xmdnV
oQmJXU1d1RVZxNmJOQT09](https://us02web.zoom.us/j/7696055146?pwd=aXhXc0xmdnV
oQmJXU1d1RVZxNmJOQT09)

Meeting ID: 769 605 5146

Passcode: NEu3a

Dial by phone:

0208 080 6591 United Kingdom

Meeting ID: 769 605 5146

Passcode: 812530

Quotes from Gyles Brandreth book - "Have you eaten Grandma?"

At a Bus station: - TOILETS ONLY FOR DISABLED PREGNANT CHILDREN

On a school computer: - We're going to learn to cut and paste kids!

**In a country park in New York State: HUNTERS PLEASE USE CAUTION WHEN
HUNTING PEDESTRIANS USING WALK TRAIL**

**In the street where I live: - GARAGE IN CONSTANT USE ILLEGALLY
PARKED CARS WILL BE CLAMPED**

In the street where my daughter lives: - SLOW CHILDREN CROSSING

What's On In Newcastle Emlyn u3a - September 2021

September

| | | | |
|-----------|----|---|---------|
| Wednesday | 1 | Monthly Meeting - Coffee & Quiz - Zoom meeting | 10.30am |
| Thursday | 2 | Art - meets fortnightly at Penboyr Village Hal | 10.00am |
| Thursday | 2 | Gardens - Pauline & Malcolm's garden in Cardigan | 2.00pm |
| Friday | 3 | Croquet - meets fortnightly at Sue's in Penrhiwllan | 2.30pm |
| Monday | 6 | Petanque - meets King George V Park, Newcastle Emlyn | 2.00pm |
| Tuesday | 7 | Welsh - Hybrid meeting at Vicky's in Capel Iwan | 10.30am |
| Tuesday | 7 | Bowls - meets Newcastle Emlyn Bowling Club | 2.00pm |
| Wednesday | 8 | Crafty Crafters - meets Penboyr Village Hall | 10.30am |
| Thursday | 9 | Petanque - meets King George V Park, Newcastle Emlyn | 2.00pm |
| Friday | 10 | Patchwork and Quilting - meets Penboyr Village Hall | 11.00am |
| Monday | 13 | Philosophy pm - at Sue's in Pontgarreg | 2.00pm |
| Tuesday | 14 | Table Tennis - meets Rhydlewys Village Hall | 2.00pm |
| Wednesday | 15 | Astronomy - meets at Coracles Hall, Llechryd | 2.00pm |
| Thursday | 16 | Art - meets fortnightly at Penboyr Village Hall | 10.00am |
| Thursday | 16 | Philosophy am - at Sue's in Pontgarreg | 10.30am |
| Thursday | 16 | Wine Appreciation - hopefully at Spring Hollow Vineyard! | TBA |
| Friday | 17 | Croquet - meets fortnightly at Sue's in Penrhiwllan | 2.30pm |
| Monday | 20 | Bowls - meets Newcastle Emlyn Bowling Club | 2.00pm |
| Tuesday | 21 | Games - meets at Penboyr Village Hall | 10.30am |
| Tuesday | 21 | Petanque - meets King George V Park, Newcastle Emlyn | 2.00pm |
| Thursday | 23 | Table Tennis - meets Rhydlewys Village Hall | 2.00pm |
| Friday | 24 | Strollers - Starting at Newport | 10.30am |
| Monday | 27 | French - Venue to be advised | 11.00am |
| Monday | 27 | Science and Technology - Zoom meeting | 2.00pm |
| Monday | 27 | Philosophy pm - at Sue's in Pontgarreg | 2.00pm |
| Tuesday | 28 | Book Club - Zoom meeting | 10.30am |
| Tuesday | 28 | Family History - at Ken's in Trebedw | 2.30pm |
| Wednesday | 29 | Lunch Club - at Cardigan Golf Club | 12.00pm |

ICT Support Session - as required

Groups currently not active: Activity, Bucket List, Creative Writing, Digital Photography

October

Wednesday 6 **Monthly Meeting** - To be advised 10.30am

To add events to this monthly calendar please contact John, giving date, venue and time, plus any further information to assist those wishing to attend.

Closing date for newsletter contributions will be on the 24th of the month, at the latest.

Contact John via email at: neu3anewsletter@hotmail.com

It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)

newsletter (I think you've got it!) - **@hotmail.com** (gets it to me).