



Newcastle Emlyn u3a Newsletter July 2021

<http://u3asites.org.uk/newcastle-emlyn>



Chair's Ramble

Life seems to be slowly getting back to some normality and many of our groups are managing to meet physically in gardens and outdoor spaces with some restrictions. Some are even meeting in their halls although numbers are restricted. A few people have asked me when the main meetings will start again. We have been in touch with the Community Hall but numbers there are restricted to 15 maximum because of social distancing. We are making enquiries at the Emlyn Arms as well. So there are no immediate plans to resume the main meetings in a hall.

After listening to Kari's talk about her Canadian adventures in June I am full of admiration for what she achieved. If you haven't followed the link I sent out it is well worth watching! Well done Kari!

July's meeting is the AGM and quiz. All of the paperwork you need will come out by email or will be included in the envelope with your newsletter. Please take the time to read the reports before the meeting to save some time. We still need volunteers for the committee so please get in touch with me if you are interested. July is the start of our year as well so membership fees are due. Details of how to pay will be sent out with all of the other paperwork.

After many years of service Margery has finally decided to step down from organising the Scrabble Group. Many thanks to Margery for all of her time and efforts on behalf of Newcastle Emlyn u3a. For the time being the Scrabble group will be incorporated into the Games Group but if anyone would like to run a separate Scrabble group please speak to Ali, the group co-ordinator.

The speaker for the August meeting will be Colin who is a u3a member and will be giving us a talk on the History of Tea. This will be via zoom but will be followed in the afternoon by a Picnic and Games in the Park where we can get together for a social gathering and a bit of fun. More information about this later but keep the afternoon of August 4th free!

Next year is the 40th Anniversary of the u3a nationally. There are many events planned but the first one that is being launched is a competition to create a square to be placed in an anniversary quilt. Ruth is one of the co-ordinators of this and is quite heavily involved so I am asking people to have a think and get involved if you can. The theme is Positive Ageing through our strapline Learn Laugh Live. If anyone would like to take part and produce a square all of the information is here.

<https://www.u3a.org.uk/events/40th-anniversary>

Hazel

Our Subject Groups

Activity

Date, Activity and Location will vary - see 'What's On In Newcastle Emlyn U3A'
For details contact Hazel

Art

Every other Thursday from 10.00am at Penboyr Village Hall
For details contact Amanda

Astronomy

3rd Wednesday from 2.00pm at Coracle Hall, Llechryd - Joint with Cardigan U3A
For details contact Malcolm

Book Club

4th Tuesday from 10.30am at venue to be advised (currently Zoom meetings)
For details contact Vicky

Bowls

1st Tuesday and 3rd Monday both from 2.00pm at Newcastle Emlyn Bowling Club
For details contact Julia

Bucket List

Date, Activity and Location will vary - see 'What's On In Newcastle Emlyn U3A'
For details contact Helen

Crafty Crafters

2nd Wednesday from 10.30am at Penboyr Village Hall
For details contact Ruth

Creative Writing

2nd Thursday from 10.30am at Carol's
For details contact Carol

Croquet

1st and 3rd Friday from 2.30pm at Sue's
For details contact Sue

Digital Photography

2nd Tuesday from 10.30am at Coracle Hall, Llechryd - Joint with Cardigan U3A
For details contact Denis

Family History

4th Tuesday from 2.30pm at The Church of Latter Day Saints, Newcastle Emlyn
For details contact Margaret

French

4th Monday from 10.30am at Ali's
For details contact Ali

Games

3rd Tuesday from 10.30am at Penboyr Village Hall
For details contact Hazel

Gardens

Date, venue and time varies amongst the group, or other gardens

For details contact Tony

ICT Support Sessions

3rd Tuesday from 2.00pm at Hazel's

For details contact Hazel

Lunch

Last Wednesday - venue varies

For details contact Tracy

Patchwork and Quilting

2nd Friday from 11.00am at Penboyr Village Hall

For details contact Ruth

Petanque (Boules)

1st Monday and 3rd Tuesday from 2.00pm at King George V Park, Newcastle Emlyn

For details contact John

Philosophy am

3rd Thursday from 10.30am at Penrhiwllan Village Hall

For details contact Ali

Philosophy pm

2nd Monday from 2.00pm at Susan's

For details contact Susan

Science and Technology

4th Monday from 2.00pm at Penrhiwllan Village Hall

For details contact Jim

Scrabble

3rd Tuesday from 10.30am - **Has Now become Part of the Games Group**

For details contact Hazel

Strollers

Last Friday of the month from 10.30am, venue varies

For details contact Cyndy

Table Tennis

2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewis Village Hall

For details contact Ali

Welsh

1st Tuesday from 10.30am at Vicky's or Liz's

For details contact Vicky

Wine Appreciation

3rd Thursday from 7.00pm - venue varies, amongst the group

For details contact Hazel

Note: Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.

Group Reports

Book Club

Our book for June was *The Lost Man*, by Australian novelist, Jane Harper. It is set in the Australian outback and describes a vast, hot and dry landscape and the isolation of the family living there. A man is found dead and his older brother is piecing together the reasons for his death while also trying to reconnect with his visiting teenage son. We all enjoyed the book and wanted to know the answers to the questions raised. Most, but not all, of us would read another book by this author.

Next month, on a lighter note, we are reading *The Girl Who Saved The King Of Sweden* by Jonas Jonasson. Our meeting will be on Tuesday 27th July via Zoom.

Vicky

Crafty Crafters

Our first actual meeting for a long time. Because we hold our meetings in Penboyr Village Hall, there was plenty of room to space out. There weren't many members present but we had a good catch up and worked on our own projects. Denise had some canvas work which she was recovering a chair seat with. Carol worked with some beadwork that we did in group before the country went into it's first lockdown, she had decided to make it a bit bigger and use it in a box lid; I was starting a new project making (another) sewing box having seen the pictures online and buying the book.

The next meeting will be Wednesday 14th July, in Penboyr Hall, 10.30am – 12.30pm. Again, we will work on our own projects.

Ruth



Family History

Six members again met via zoom in June and although Margaret was not able to be with us she had left us some information to check out on FreeBMD. She also recommended that we check out school admissions registers for information regarding our ancestors. Many of these can be found on Ancestry and Find my Past but can also be found on some county record office sites and offices.

Some members had had some interesting revelations from DNA contacts and certificates found in the loft! Cyndy had been trying to transfer data from Genes

reunited and Family Tree Maker onto Ancestry with limited results so we may well look into this more when we can meet physically.

Ken reminded us that information is being added regularly to Family Search and it has many more search options than just by name. If you have a microfiche film number then you can search by that as well.

July's meeting will be on Tuesday 27th July at 2.30pm and weather permitting may be held in a garden rather than on zoom. Further information will be sent to members soon.

Hazel

Gardens Group

At our meeting last month we were lucky with the weather and had an enjoyable afternoon at Mike and Krystyna's. They have a small but pretty garden which won our photograph competition last year. We managed to split ourselves into smaller groups to comply with the government guidelines.

Afterwards we explored the Welsh countryside and managed to find the Ty Cwm Nursery where we enjoyed tea and cakes and were interested in the owners talk on carnivorous plants. A good time was had by all.

Our next meeting will be on Thursday 1st July 2.00pm at the garden of our member Jo in Pentrecwrt.

Tony



Directions, from NCE take the road to Pentrecwrt. In the village, at the crossroads, turn left and immediately right, almost straight across. Keep left along this narrow lane and is the last house on the right just before a large farm.

The garden is about an acre in size with colorful beds, a rockery, stream and woodland area.

Our following meeting will be Thursday 5th August at Carol garden and then on to the Farmyard Nursery at Llandysul.

Hope to see you there,

Tony

Games Group

We again met on zoom in June and enjoyed a chat and a couple of games on Trickster Cards. We tried a new one called Hearts where the idea is to lose tricks containing hearts which really tested the brains! A couple have also downloaded Rummikub so they can try it against the computer for next time.

It doesn't look as if the July meeting will be a physical one yet so we will continue on zoom on Tuesday 20th July at 10.30am. Due to Margery's retirement, Scrabble will now transfer to the Games Group.

Hazel

Patchwork and Quilting

This was only the second physical meeting of our new Patchwork & Quilting group, the first was March 2020! Let's hope we can now get going properly.

It was another quiet meeting, it appears it was a day when people had other meetings they needed to attend. It was good to spend some dedicated time to sewing, although only two of us did some actual patchwork/quilting. The other two members who attended wanted to finish some other work before starting something new, although Hazel did show us the Trapunto work we did a couple of months ago, now sewn together into a strip for the quilt she will make for her grandson.

Denise started a new project, cutting fabric for a table runner using the twisted pole pattern. She plans to stitch it by hand so she can work on it when she is not at home. I finished quilting a small quilt/wall hanging of a moon on a dark background.

Hopefully we will be more members at next month's meeting which will be Friday 9th July, 11.00am - 3.00pm in Penboyr Hall.

Ruth





Petanque

First, thank you to John, Elaine and Paul for standing in on the first session in June - while I was away enjoying some good weather! The second session went equally as well. I am grateful for the offered assistance and all we need to do now is establish how we use a third session. The proposal is to maintain the current two sessions as they stand - maximum of 12 at each session. Please do not attend if your name is not on the list.

A third session will be on the second Thursday, 2.00pm - offered to the first 12 to request a place each month. Equally, we will try to share the places amongst you all each month so everyone gets a chance of playing twice a month.

John

Philosophy am

In Philosophy we revisited the vaccine question, and had a lively debate. We also discussed whether we could move back to face to face meetings, but to include all we need to have a wifi connection too, so we are looking into this.

Ali

Scrabble

Just to let you know that there is a change with the Scrabble group. Margery has decided to step down as leader and Hazel and I have agreed that it would be best to bring the Scrabble group into the Games group.

Many thanks to Margery for her support during the past few years.

Ali

Table Tennis

We have now had 3 sessions of Table Tennis and the group have enjoyed getting back together, and skills are returning.

Ali

Wine Appreciation

What a fantastic meeting in June with 16 of us meeting physically outside in Julia and Brian's garden in amazing weather. It was so good to be able to chat and actually share thoughts about the wines as we used to do. There were 7 different wines from New South Wales, Australia. They included a white and 6 reds with some very interesting names such as Magic Box, Jammy Red Roo, The Boxer and 19 Crimes. Jammy Red Roo, one of the Yellow Tail wines came out top in our scoring system.

July's meeting will be a barbecue at Angela and Trevor's on Thursday 15th July at 7.00pm.

Hazel



Membership fees are now due

We have again held the fee at £14 per member, £7.00 for those members who are fully paid members of another u3a

Payment by cheque or bank transfer please
No cash at this time

Details of how to pay will be sent out with the information for the AGM

July AGM meeting on Wednesday 7th July at 10.30am

Newcastle Emlyn u3a is inviting you to a scheduled AGM Zoom meeting

Topic: Newcastle Emlyn U3A's AGM Zoom Meeting

Time: 10:30am Wednesday 7th July, 2021

Time: July 7th, 2021 - 10:30am London
Join Zoom Meeting

<https://us02web.zoom.us/j/7696055146?pwd=aXhXc0xmdnV0QmJXU1d1RVZxNmJOQT09>

Meeting ID: 769 605 5146

Passcode: NEu3a

Dial by phone:

0208 080 6591 United Kingdom

Meeting ID: 769 605 5146

Passcode: 812530

Strollers (May)

Our May walk was a stroll around the Wildlife park at Cilgerran, we met at the cattle market in Cardigan, although the weather forecast was for rain we only had a couple of light showers, not enough to get wet. We walked along the new broad walk to the Water Buffalo hide where we saw three water buffalo quite close up. We then continued along the tarmac road up to the Park Centre and along part of the river making our way to the café for refreshments before heading back along the old railway track back to where we had parked.

Cyndy



Strollers (June)

For June's stroll we met at the Nags Head in Abercych to walk the Sculpture Trail up to the Roundhouse. We came across a sculpture of a wild hog and then a bit further along there was a bench with a wooden figure which looked like the Tin Man from Wizard of Oz complete with tin hat and oil can, sitting next to him was another wooden figure wearing a baseball cap!

We then reached the Roundhouse and admired the different colour bottles embedded in the wall, next to the Roundhouse was a sculpture made entirely of horseshoes, it was in the shape of a gypsy caravan complete with round wheels which were also made of horseshoes.

It was a fun walk rounded off with lunch at the Nags Head.

Cyndy



Senior Moments (book by Freddie Green)

When you pop out for milk and come home with a new dog collar, rawl plugs, some plant pots that were on special offer . . . but no milk.

Middle age is when your old classmates are so wrinkled and bald they don't recognise you. (Bennett Cerf)

The older we get, the better we used to be. (John McEnroe)

When you become frustrated by instructions to "press any key" - why would they tell you to do that when there's no "any" key on your keyboard?

Anyone can get old. All you have to do is live long enough. (Groucho Marx)

When you require a pen and paper to order a round of drinks.

Middle age is when your broad mind and narrow waist begin to change places. (E. Joseph Cossman)

The secret to staying young is to live honestly, eat slowly and lie about your age. (Lucille Ball)

What's On In Newcastle Emlyn u3a - July 2021

July

Thursday	1	Gardens - Jo's garden at Pentrecwrt	2.00pm
Friday	2	Croquet - meets at Sue's in Penrhiwllan	2.30pm
Monday	5	Petanque - meets King George V Park, Newcastle Emlyn	2.00pm
Tuesday	6	Welsh - Zoom meeting	10.30am
Tuesday	6	Bowls - meets Newcastle Emlyn Bowling Club	2.00pm
Wednesday	7	Monthly Meeting - AGM & Quiz - Zoom meeting	10.30am
Thursday	8	Art - meets fortnightly via Zoom	10.00am
Thursday	8	Petanque - meets King George V Park, Newcastle Emlyn	2.00pm
Friday	9	Patchwork and Quilting - meets Penboyr Village Hall	11.00am
Tuesday	13	Philosophy pm - Zoom meeting	2.00pm
Tuesday	13	Table Tennis - meets Rhydlewis Village Hall	2.00pm
Wednesday	14	Crafty Crafters - meets Penboyr Village Hall	10.30am
Thursday	15	Philosophy am - Zoom meeting	10.30am
Thursday	15	Wine Appreciation - Zoom meeting	7.00pm
Friday	16	Croquet - meets fortnightly as Sue's	2.30pm
Monday	19	Bowls - meets Newcastle Emlyn Bowling Club	2.00pm
Tuesday	20	Games - Zoom meeting	10.30am
Tuesday	20	Petanque - meets King George V Park, Newcastle Emlyn	2.00pm
Wednesday	21	Astronomy - meets at Coracles Hall, Llechryd	2.00pm
Thursday	22	Art - meets fortnightly via Zoom	10.00am
Thursday	22	Table Tennis - meets Rhydlewis Village Hall	2.00pm
Monday	26	French - Venue to be advised or Zoom meeting?	11.00am
Monday	26	Science and Technology - Zoom meeting	2.00pm
Tuesday	27	Book Club - Zoom meeting	10.30am
Tuesday	27	Philosophy pm - Zoom meeting	2.00pm
Tuesday	27	Family History - Zoom meeting	2.30pm
Friday	30	Strollers - Starting at Cenarh	10.30am
		ICT Support Session - as required	10.30am

Groups currently not active: Activity, Bucket List, Creative Writing, Digital Photography, Lunch, Scrabble (transferring to Games Group)

August

Wednesday 4 **Monthly Meeting** - Colin, "Tea and its History" 10.30am

To add events to this monthly calendar please contact John, giving date, venue and time, plus any further information to assist those wishing to attend.

Closing date for newsletter contributions will be on the 24th of the month, at the latest.

Contact John via email at: neu3anewsletter@hotmail.com

It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)

newsletter (I think you've got it!) - @hotmail.com (gets it to me).