



Newcastle Emlyn U3A

Newsletter - August 2020
<http://u3asites.org.uk/newcastle-emlyn>



Chair's Ramble

Another month gone and some things are beginning to look and feel slightly more 'normal' but the virus has not gone away and as the visitors return please be careful and stay safe. The AGM in July went really well with 43 members attending. Thank you to everyone who came on to Zoom and were so well behaved that I did not have to mute the meeting!

In August we would normally have an outing but unfortunately we cannot do that this year. All the more to look forward to for next year. However, we have booked a speaker for the September main meeting which will again take place on Zoom.



Don't forget you can listen in and take part on the phone so no one need be excluded. The speaker will be Andy Smith whose talks are 'musical'. He plays several guitars, ukulele, mandolin etc. etc. and sings songs and tells, hopefully humorous, anecdotes. I will send out the link to the meeting with the September newsletter and via email and we will start the meeting at 10.30am so everyone can chat and have a coffee and then the speaker will start at 11.00am prompt. I hope as many as possible will be able to join us for this.

The other great news is that some of our outdoor activity groups are restarting again now. The bowls and croquet groups have both met this month for the first time for a while. We have done risk assessments and are following guidelines regarding social distancing. The U3A has purchased supplies of wipes and hand sanitiser for each group that has restarted. The gardens group is also restarting with a visit to the Botanic Gardens in August. More information about all the restarting groups can be found in the newsletter.

A reminder that membership fees were due in July and, although we appreciate that we cannot accept cash at this time and that times might be a little hard for some at the moment, if you are able to pay by bank transfer or cheque please do so. The details are on page 9 in this newsletter.

Stay safe and stay well,

Hazel

What's On In Newcastle Emlyn U3A - August 2020

August

Tuesday	4	Welsh Group - Zoom meeting	10.30am
Tuesday	4	Bowls Group - at Newcastle Emlyn Bowling Club	1.00pm
Thursday	6	Gardens Group - Visit to National Botanic Gardens	11.00am
Friday	7	Croquet Group - at The Old Rectory, Llandyfriog	2.30pm
Monday	10	Philosophy (pm) - Zoom meeting	2.00pm
Friday	14	Crafty Crafters - Zoom meeting - merged with P & Q	11.00am
Friday	14	Patchwork and Quilting -merged with Crafty Crafters	11.00am
Monday	17	Bowls Group - at Newcastle Emlyn Bowling Club	1.00pm
Tuesday	18	Games Group - Zoom meeting	10.30am
Thursday	20	Philosophy (am) - Zoom meeting	10.30am
Thursday	20	Wine Appreciation - Zoom meeting	7.00pm
Friday	21	Croquet Group - at The Old Rectory, Llandyfriog	2.30pm
Monday	24	Science and Technology - Zoom meeting	2.00pm
Tuesday	25	Family History - Zoom meeting	2.30pm
		Creative Writing - email	
		Write Now - email	
		ICT Support Session - as required	
		Monthly Meeting - Traditional annual outing has been cancelled	
		French Group -	
		Digital Photography -	
		Table Tennis -	
		Scrabble -	
		Astronomy -	
		Book Club -	
		Lunch Group -	
		Table Tennis -	
		Strollers -	
		Art Group -	

September

Wednesday	2	Monthly Meeting - Zoom meeting (Speaker)	10.30am
		Speaker: Andy Smith - Musical compilation	

To add events to this monthly calendar please contact John, giving date, venue and time plus any further information to assist those wishing to attend.

Closing date for newsletter contributions will be on the 24th of the month, at the latest.

Contact John via email at: neu3anewsletter@hotmail.com

It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)
newsletter (I think you've got it!) - **@hotmail.com** (gets it to me).

Our Subject Groups

Activity

Date, Activity and Location will vary - see 'What's On In Newcastle Emlyn U3A'
More details contact Hazel

Art

Every other Thursday from 10.00am at Penboyr Village Hall
More details contact Amanda

Astronomy

3rd Wednesday from 2.00pm at Coracle Hall, Llechryd - Joint with Cardigan U3A
More details contact Malcolm

Book Club

4th Tuesday from 10.30am at Betty's in Adpar
More details contact Betty

Bowls

1st Tuesday and 3rd Monday both from 2.30pm at Newcastle Emlyn Bowling Club
More details contact Ali

Bucket List

Date, Activity and Location will vary - see 'What's On In Newcastle Emlyn U3A'
More details contact Helen

Crafty Crafters

2nd Wednesday from 10.30am at Penboyr Village Hall
More details contact Ruth

Creative Writing

2nd Thursday from 10.30am at Carol's in Penrhiwllan
More details contact Carol

Croquet

1st and 3rd Friday from 2.30pm at The Old Rectory, Llandyfriog
More details contact Sue

Digital Photography

2nd Tuesday from 10.30am at Coracle Hall, Llechryd - Joint with Cardigan U3A
More details contact Denis

Family History

4th Tuesday from 2.30pm at The Church of Latter Day Saints, Newcastle Emlyn
More details contact Margaret

French

Date varies - from 10.30am at Peggy's in Croeslan
More details contact Ann

Games

3rd Tuesday from 10.30am at Penboyr Village Hall
More details contact Hazel

Gardens

Date, venue and time varies amongst the group, or other gardens
More details contact Tony

ICT Support Sessions

3rd Tuesday from 2.00pm at Hazel's in Waungilwen
More details contact Hazel

Lunch

Last Wednesday - venue varies
More details contact Tracy

Patchwork and Quilting

2nd Friday from 11.00am at Penboyr Village Hall
More details contact Ruth

Philosophy am

3rd Thursday from 10.30am at Penrhiwllan Village Hall
More details contact Jim

Philosophy pm

2nd Monday from 2.00pm at Susan's in Pontgarreg
More details contact Susan

Science and Technology

4th Monday from 2.00pm at Penrhiwllan Village Hall
More details contact Jim

Scrabble

2nd Friday from 2.00pm at Margery's in Waungilwen
More details contact Margery

Strollers

Last Friday of the month from 10.30am, at Cilgerran Wildlife Park
More details contact Jim

Table Tennis

2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewis Village Hall
More details contact Ali

Welsh

1st Tuesday from 10.30am at Vicky's in Capel Iwan or Liz's in Cenarth
More details contact Vicky

Wine Appreciation

3rd Thursday from 7.00pm - venue varies, amongst the group
More details contact Hazel

Write Now

1st Tuesday from 10.30am at Carol's in Penrhiwllan
More details contact Carol

Note: *Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.*

Group Reports

Bowls Group

Excellent news folks - on Monday 20th July we had our first outdoor bowls session since lockdown, well actually of the year! There were six bowlers, following social distancing rules and the rules laid down by the Welsh Bowls Association to keep bowlers safe. We had beautiful weather and members really enjoyed meeting up and getting some gentle exercise together. Next session is Tuesday 4th August at 1.00pm.



Ali

Crafty Crafters & Patchwork and Quilting Groups, combined

Seven of us attended the Zoom meeting on 10th June to talk about and show what we have been making. Some members had created something in black and white which was last month's challenge - Hazel had made a note book cover in crazy patchwork using black and white fabrics; Ruth showed a blackwork picture which she had stitched some time before and Ali showed us the zentangling she has been doing.

Everyone agreed the zentangling was brilliant and the Crafty Crafters' members were keen to add it to the list of future demonstrations/projects when we can restart the meetings. We discovered Michelle's hidden talents with silk painting and Carol has been hard at work with her patchwork creating cushion covers.

It was suggested that we try to find demonstration videos that we could show



during the Zoom meetings. The next meeting will be Tuesday 14th August at 11.00am. It would be really good if we could have more members join our Zoom meetings, why not give it a try.



The next challenge is to create something with a theme of hearts using any craft/medium.

Ruth

Croquet

The Croquet Group re-started on Friday 24th July thanks to assistance from Hazel. Three people had an enjoyable afternoon playing in accordance with social distancing regulations. Hand sanitiser and wipes for equipment were provided by NE U3A.

Our next meetings will be at The Rectory, Llandyfriog starting at 2:30pm on Friday 7th August and Friday 21st August i.e. the 1st and 3rd Friday each month. I hope to be able to join in possibly on the 7th August, but definitely on the 21st – weather permitting. For what it's worth (not a lot!) I've had a look at the BBC weather predictions for August and it's looking very changeable; damp, breezy and cool to begin, hopefully becoming warmer and drier in the 2nd half of the month.

I'm looking forward to seeing you soon.

Sue Phillips

Family History

At the time of writing this, we have not had our July Zoom meeting - the subject for general discussion is to be 'What we do with the Information we Find', including saving and storing it, sharing information with relatives, family tree programmes and publishing our tree.



I hope to hold regular meetings via Zoom at 2.30pm on the 4th Tuesday of each month.

Margaret

Games Group

We decided that we would have a zoom meeting in July if only to see each other and have a chat. Six members joined in and after putting the world to rights Val gave us a quiz about games (sports) which kept our brains active! We also enjoyed a short word game together. Next months meeting will be on Tuesday 18th August at 10.30am when I hope a few more members manage to join us.

Hazel

Gardens

Still under lockdown but the weather has been quite good for gardening with a mixture of sun and rain. With the slight easing of lockdown restrictions we have decided to try having a Garden Group meeting. This will be on Thursday 6th August at 11.00am, meeting at the National Botanic Gardens.

This is a very suitable venue as there is plenty of space to allow us to socially distance and all the facilities such as cafe,

toilets, etc. are open and the gardens and parkland are looking good. If any non Garden Group U3A members wish to join us, please let me know.

Plant of the month:

This month I have a photo of our small wildflower meadow which has been a picture right through July. I just dig it over during the winter and sprinkle a packet of wildflower seeds over it in March/April and then let it grow. So a patch of weeds becomes my plant of the month!

Happy gardening,

Tony

ICT Support

Although this group is not officially running at the moment Ruth and I are available for email or socially distanced support if anyone needs it. I have helped a couple of members to get onto Zoom so they can take part in meetings and Ruth has supported group leaders with the Beacon system. Please contact us if you need any help. We don't profess to be experts or to solve everything but we will have a good go!

Hazel

Welsh

We met again using Zoom in July. The topic for discussion was families. We talked about where our relatives came from, what they do or did, our children, grandchildren and great grandchildren. We learnt that quite a few of the group have some Welsh ancestry and that many of us have family in London.

Next time we are going to talk about clothing: What we wear most often, what we like and don't like, summer and winter clothing, favourite colours and styles and so on.

Our next meeting will be on Tuesday 4th August, starting at 10.30am, using Zoom.

Vicky

Wine Appreciation

We had a lovely zoom meeting in July with eleven members joining together to taste Beaujolais wines. Each of us had purchased a Beaujolais wine although three were actually the same one. We felt that this actually helped in the zoom situation as we could actually compare notes and thoughts about the same wine. We started with a powerpoint presentation about Beaujolais and learnt that there are 12 different Beaujolais appellations, ten of which are Cru Beaujolais wines and then Beaujolais Villages and Beaujolais.

The Beaujolais Run was started on the 18th November 1970, at the Hotel Maritones where Joseph Berkman and Clement Freud were sharing a dinner of Coq au Vin. Owner of eight London restaurants, Berkman also ran his own wine distribution company and wrote a weekly column for The Sunday Times. Clement Freud was Director of the London Playboy Club, a respectable Member of Parliament and wine correspondent for The Sun.

As bottle succeeded bottle that night, the germ of an idea took shape. Sometime after midnight, they roared away with several cases of Beaujolais in the back of each car; having challenged each other to be the first to get their cases to London in the first Beaujolais race.

In 1973, Alan Hall, columnist for The Sunday Times, published an article that threw down the gauntlet to Fleet Street to 'Bring Back the Beaujolais' offering a bottle of Champagne for the first to deliver a bottle of the new vintage to his desk.

At that time the object of the exercise was speed, and this was brought to an end by the RAF, who took up the challenge in a Harrier and broke all records! In 2006, by kind permission of his grace, The Duke of Richmond, The Beaujolais Run made its spiritual home at Goodwood and is still run every November.

We had all been quite sceptical about Beaujolais as it is not a wine many of us would have usually bought but we were all very impressed and pleasantly surprised.

If current restrictions allow us to get together physically in August outdoors we will hold a barbecue at Trevor and Angela's house but otherwise we will meet via zoom on Thursday 20th August at 7.00pm and will sample Sherry!

Hazel



Lockdown Poems

I had a couple of lockdown poems sent to me at around the 100th day. Thought they might be good to put in the newsletter.

Hazel

Buzzard soars across calm blue sky,
Effortlessly sweeping the valley,
To spot some morsel for its young.
Swirling around, it checks the trees
For nests to rob.
I rest from digging to gaze
At this bird's beautiful flight.
Time stands still until
A jay launches, to warn
Such predators that attack
Will come swiftly.
The buzzard
Swoops away.
My garden tasks
Forgotten,
I am blessed to witness
Nature's wonders,
My break for tea
Becomes magically filled.

Jessica Bartlett

100 days of lockdown how can that possibly be? 🤔
We've not been to a Pub, out to dinner or even had our usual cheeky little
cake and cup of tea 😞
100 days of lockdown, how can that be so? 🤔
We've laughed, we've cried, and only very nearly had the occasional little
blow 😞
100 days of lockdown is this a dream or is it true? 🤔
I look at my list, and still there are a lot of things on there I really need to do 🤔
100 days of lockdown and we're still not to travel far 😞
Although the shops are open it's too far to go by car 🚗
100 days of lockdown since our Family we have not seen 😞
Although it's been wonderful, you just can't get a Cwtch when they're on that
screen 😞
100 days of lockdown there's mad hair everywhere 😞

But then I suppose that's just normal in my case to be fair 🤔

100 days of lockdown, what shall we do today? 🤔

We'll just carry on, doing what we do, as we can't go out to play 🧑🧑

100 days of lockdown is it a celebration or commiseration? 🤔

I'm not sure, but this afternoon . . . We'll sit and raise a G and T to us all,
sitting waiting in anticipation 🥂

Angela Gunn

NE U3A Membership Fees 2020 - 2021

The current fee is £14.00 per person or £7.00 per person if you are a member of another U3A and pay them their full membership fee.

Payment details for bank transfer:

Sort code:

Account No:

Account Name:

Please put your name(s) as the reference.
I will check the account regularly but if you email me at
neu3atreasurer@outlook.com I know to expect it.

Payment by cheque: Please make cheques payable to:

Newcastle Emlyn U3A:

Address:

The usual membership cards will not be available until we can start up the meetings again but I will email (or post) confirmation of receipt of payment.

If there are any issues or problems with paying at this time please contact me or email: neu3atreasurer@outlook.com.

Thank you for your help in this matter: *The Treasurer*

Around Wales Quiz

(Credit and Answers next month)

1. What is the longest river entirely in Wales?
2. What is the Welsh equivalent of English Heritage, the organisation that looks after historical buildings?
3. Which town in Clwyd is home every year to the International Eisteddfod?
4. Which castle in Gwent is the second largest in Britain?
5. In which town in North Wales is Britain's smallest house?
6. Which future James Bond was born in Colwyn Bay in 1946?
7. Why were the 'Rebecca Riots' in Mid & South Wales of the early 19th Century so called?
8. Which West Wales town forms the Western terminus of the A40 trunk road?
9. Name the six cities of Wales?
10. Which future King of England was born in Monmouth in 1386?
11. Which part of North Wales was known as 'Mam Cymru' (Mother Wales) during the Middle Ages?
12. Where in North Wales were the Beatles staying when they learned of the death of their manager Brian Epstein?
13. Which is the largest local authority (by area) in Wales?
14. What tourist attraction can be found at Dan-Yr-Ogof?
15. What earth bank that runs the border of Wales was built to keep the Welsh in?
16. Robert Owen was born in Newtown, Powys, what organisation did he go on to create?
17. In which year was Cardiff proclaimed capital of Wales?
18. Which 19th Century structure made from red stained limestone stands at Tongwynlais to the North of Cardiff?
19. Which stadium hosted the FA Cup Final while the new Wembley Stadium was being constructed?
20. Britain's THIRD National Park is in Wales, which is it?

Cryptic Town and Cities Quiz

Last Month's Questions with Answers

1	Tub full of water	BATH
2	Spread before morning	MARGAM
3	Has a letter to spare	DOVER
4	Crank Miss Rantzen	WINCHESTER
5	Half a score is alongside	TENBY
6	Cranium stuck in rabbit hole	EDINBURGH
7	Professor of rollers	DONCASTER
8	A chocolate bar without for instance	YORK
9	Nearly the colonel's twelve inches	SAUNDERSFOOT
10	A person who is leaving	EXETER
11	People's rock	FOLKSTONE
12	A complete bacon	FULHAM
13	Calligraphy with an "H"	PENARTH
14	Home of Sale of the Century	NORWICH
15	Shipsmen	CREWE
16	Tying meat	NOTTINGHAM
17	Latest fortified wine	NEWPORT
18	Religious skull	HOLYHEAD
19	Tend fire	STOKE
20	Is this Piggott's town?	LEICESTER
21	There are no ends to a hairdryer	AIRDRIE
22	Pushed down heavyweight	PRESTON
23	Where the steer (of the bovine family) crossed the river	OXFORD
24	One of the three R's	READING
25	Almost speechless in front of the French chips	DUMFRIES
26	Mother's garden entrance	MARGATE
27	Witches attempt to meet	COVENTRY
28	Sounds like a vehicle is followed by a Scottish golfer	CARLISLE
29	A male, part of the torso with some hesitation	MANCHESTER
30	Arran or Holy in the middle of one's wages	PAISLEY