



### Chair's Wanderings

October has been an eventful month, with Storm Callum and floods in Newcastle Emlyn. I was checking that it was still OK for the Strollers to walk along the river path through the Teifi Gorge. The height the floods were marked on the vegetation above our heads, fortunately the path is OK and walkable.

Also, in October, Julia organised a talk by Richard about his life with bees. He enthralled us with how he developed his hives and trying to keep them disease free, of taking them to all parts of southern England to various farms and how he successfully breeds Queen Bees, sending them all over the country - by PO parcel post.

It was our turn to host the U3A West Wales Network Meeting. It was instructive to hear of the other U3A's activities and some of their plans for the future. Hazel is the Network Secretary and I hope she could bring in a copy of their minutes to the next meeting so you can see what is happening locally.

We had a New Members Coffee morning. The conversations were soon flowing and it seemed wrong to interrupt so I will bore you all with a very short history of our U3A here.

The U3A movement was founded in the Faculty of Social Science at Toulouse University by Professor Vallas in 1973. It has remained associated with the universities across the continent. For example, in Poland there are 500 U3As across the country all connected with Polish Universities. There are now almost 500,000 members with a wide range of subjects and activities. The members can take exams and obtain qualifications. It is funded by local and national governments with a little from the EU. The U3A started in the UK in 1985 and in some other English speaking countries the U3A has moved into the community and the teaching is undertaken by its members, with no qualifications given.

Newcastle Emlyn U3A had their first AGM and full recognition in 1995, with 20 members present at the Emlyn Leisure Centre. We have a report that NE U3A was running in 1994. The subscriptions were £8.00 and there were 4 groups running - Local History, Family History, Sunday Lunch and Reading for Pleasure, during the year Bridge for Beginners and a Theatre, Concert and Music Group were started. Unfortunately the fees went up to £10.00 during the year. They even had to provide their own crockery and cutlery. They were finding it difficult to find committee members and were down from 7 to 5 committee members at the AGM in 1976. They were a very lively group and I will continue the history in future Wanderings. Hope to see many of you at our next meeting.

Jim

## What's On In Newcastle Emlyn U3A - November 2018

### November

|           |    |   |         |
|-----------|----|---|---------|
| Thursday  | 1  | <b>Art Group</b> - at Penboyr Village Hall  | 10.00am |
| Tuesday   | 6  | <b>Welsh Group</b> - at Vicky's in Capel Iwan   | 10.30am |
| Wednesday | 7  | <b>Monthly Meeting</b> - at Community Hall, N. Emlyn<br>Speaker - Sara Wentworth - Arts for Wellbeing   | 10.30am |
| Wednesday | 7  | <b>Lampeter University - Humanities Workshop</b><br>Religion and Culture - I<br><a href="http://www.uwtsd.ac.uk/humanities-workshops/">http://www.uwtsd.ac.uk/humanities-workshops/</a> |         |
| Thursday  | 8  | <b>Creative Writing</b> - at Carol's in Penrhiwllan   | 10.45am |
| Friday    | 9  | <b>Scrabble</b> - at Margery's in Waungilwen  | 2.00pm  |
| Monday    | 12 | <b>Philosophy (pm)</b> - at Susan's in Pontgarreg   | 2.00pm  |
| Tuesday   | 13 | <b>Digital Photography</b> - at Coracle Hall, Llechryd  | 10.30am |
| Tuesday   | 13 | <b>Table Tennis</b> - at Rhydlewys Village Hall, Llandysul  | 2.00pm  |
| Wednesday | 14 | <b>Crafty Crafters</b> - at Betty's in Waungilwen   | 11.00am |
| Thursday  | 15 | <b>Art Group</b> - at Penboyr Village Hall  | 10.00am |
| Thursday  | 15 | <b>Philosophy (am)</b> - at Penrhiwllan Village Hall  | 10.30am |
| Thursday  | 15 | <b>Wine Appreciation</b> - at Tony and Liz's at Cenarth   | 7.00pm  |
| Tuesday   | 20 | <b>Games Group</b> - at Penboyr Village Hall  | 10.30am |
| Tuesday   | 20 | <b>ICT Support Session</b> - at Hazel's in Waungilwen   | 2.00pm  |
| Wednesday | 21 | <b>Astronomy</b> - at Coracle Hall, Llechryd  | 2.00pm  |
| Thursday  | 22 | <b>Table Tennis</b> - at Rhydlewys Village Hall, Llandysul  | 10.30am |
| Tuesday   | 27 | <b>Committee Meeting</b> - at Coracles, Cenarth   | 10.00am |
| Wednesday | 28 | <b>Lunch Group</b> - TBA  | 12.30pm |
| Friday    | 30 | <b>Strollers</b> - Henllan  | 10.30am |
| TBA       |    | <b>French Group</b> - at Peggy's in Croeslan  |         |
|           |    | <b>Family History</b> - <i>email support group, see 'Our Subject Groups'</i>  |         |
|           |    | <b>Book Club</b> - <i>there is no meeting this month</i>  |         |
|           |    | <b>Gardens Group</b> - <i>in winter recess until March 2019</i>   |         |

### December

|           |   |   |         |
|-----------|---|---|---------|
| Wednesday | 5 | <b>Monthly Meeting</b> - at Community Hall, N. Emlyn<br>Xmas celebrations with buffet | 10.30am |
|-----------|---|---|---------|

To add events to this monthly calendar please contact John, giving date, venue and time plus any further information to assist those wishing to attend.

Closing date for newsletter contributions will be on the 24th of the month.

Sorry, later than this and I cannot guarantee its inclusion.

Contact John via email at: [neu3anewsletter@hotmail.com](mailto:neu3anewsletter@hotmail.com)

It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)

**newsletter** (I think you've got it!) - [@hotmail.com](mailto:@hotmail.com) (gets it to me).

## Our Subject Groups

### Activity Group

every 2-3 months. Activity and location varies  
More details contact Hazel

### Art Group

1st and 3rd Thursdays from 10.00am at Penboyr Village Hall  
More details contact Amanda

### Astronomy

3rd Wednesday from 2.00pm at Coracle Hall, Llechryd - Joint with Cardigan U3A  
More details contact Malcolm

### Book Club

4th Tuesday from 10.30am at Betty's in Adpar  
More details contact Ann

### Crafty Crafters

2nd Wednesday from 11.00am at Betty's in Waungilwen or Barbara's in Cenarth  
More details contact Ruth

### Creative Writing

2nd Thursday from 10.30am at Carol's in Penrhiwllan  
More details contact Carol

### Digital Photography

2nd Tuesday from 10.30am at Coracle Hall, Llechryd - Joint with Cardigan U3A  
More details contact Denis

### Family History

currently an email support group - Joint with Cardigan U3A  
More details contact Harold

### French Group

date varies - from 10.30am at Peggy's in Croeslan  
More details contact Ann

### Games Group

3rd Tuesday from 10.30am at Penboyr Village Hall  
More details contact Hazel

### Gardens Group

1st Friday, generally pm - venue & time varies amongst the group, or other gardens  
More details contact Tony

### ICT Support Sessions

3rd Tuesday from 2.00pm at Hazel's in Waungilwen  
More details contact Hazel

### Lunch Group

last Wednesday - venue varies  
More details contact Tracy

### Philosophy am

3rd Thursday from 11.00am at Penrhiwllan Village Hall  
More details contact Jim

### Philosophy pm

2nd Monday from 2.00pm at Susan's in Pontgarreg  
More details contact Susan

### Scrabble

2nd Friday from 2.00pm at Margery's in Waungilwen  
More details contact Margery

### Strollers

last Friday of the month from 10.30am, venue varies  
More details contact Jim

### Table Tennis

2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewish Village Hall  
More details contact Ali

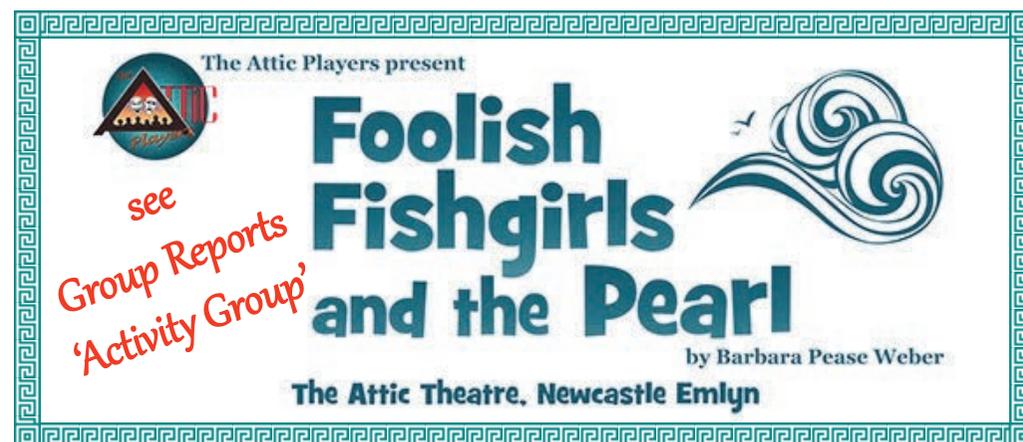
### Welsh Group

1st Tuesday from 10.30am at Vicky's in Capel Iwan or Liz's in Cenarth  
More details contact Vicky

### Wine Appreciation

3rd Thursday from 7.00pm - venue varies, amongst the group  
More details contact Hazel

**Note:** *Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.*



## Group Reports

### Activity Group

This group, which everyone belongs to and anyone can attend, will be organising a visit to The Attic Players in Newcastle Emlyn for their Christmas production called 'Foolish Fishgirls and The Pearl' by Barbara Pease Weber. This is hilarious, touching, wonderfully written and features a superb cast of Attic Players.

I will book tickets for the performance on Thursday 29th November, starting at 7.30pm but I will need names and money by the monthly meeting on Wednesday 7th November. Tickets go on sale on the 1st November so we cannot leave it any later than this. Ten members of NE U3A attended last year's presentation of 'Lord Arthur Saville's Crime', it was very funny and a thoroughly good evening.

Please email me if you are interested or sign the sheet available at the monthly meeting. The tickets will cost £8 per adult.

*Hazel*

### Crafty Crafters

This month Pat started a cross stitch for the first time and Carol helped Hazel and Julie to do iris folding for the first time, all with the idea of making Christmas cards. I have also been doing small cross stitch pictures and copied another one using beads. Hopefully we will be able to show you photographs of the finished cards when they are done.



Next month's meeting will be at Betty's in Waungilwen, hopefully continuing our theme of Christmas cards.

*Ruth*

### Games Group

The games group is changing its venue due to a rise in numbers. The group will now meet at Penboyr Village Hall, about a mile the other side of Drefach Felindre. For those who want instructions, please contact Hazel. No change to the times.

*Hazel*

### Philosophy am

Following on from last time we looked at the Nanny State - is our government too big and does it regulate some of our personal activities. Such as smoking bans, sugar tax.

Overall it was felt that there may be a need for more Nanny State, when talking about children, obesity and mental health. We, as usual, were unable to come up with how it could be regulated for or whether it ever should be.

Our next meeting will be a look at the work of Mrs Mary Midgely.

*Jim*

### Philosophy pm

We looked at the work of Lady Warnock, who lead enquiries on Special Education and recommended it be transferred to ordinary schools. We agreed with her change of heart later. We looked at her Human & Fertilisation enquiry and the recommendation that no research should be undertaken on any embryo over 6 weeks. We also looked at her work on Animal Experimentation where she suggested external oversight and licencing. We mainly agreed with all of the views, though there was some discussion about her favoured background and life. We agreed that many philosophers were similar and wondered how much this affected their views.

Next time we will be looking at The Philosophy of 'Gaia' on Monday 12th November.

*Jim*

### Strollers

In September we had a shortish walk from Drefach Felindre Woollen Mill, over the fields towards Cwmhiraeth. One too many unfortunately, we changed direction because of a herd of cows. Then returned to the Museum for refreshments and a planning meeting for next year's programme. It was interesting to see a different part of Drefach Felindre.

The October walk took us from Cilgerran Wildlife Park along the paths to Cilgerran and then down to the river and on to Llechryd. Five intrepid explorers set out and negotiated some

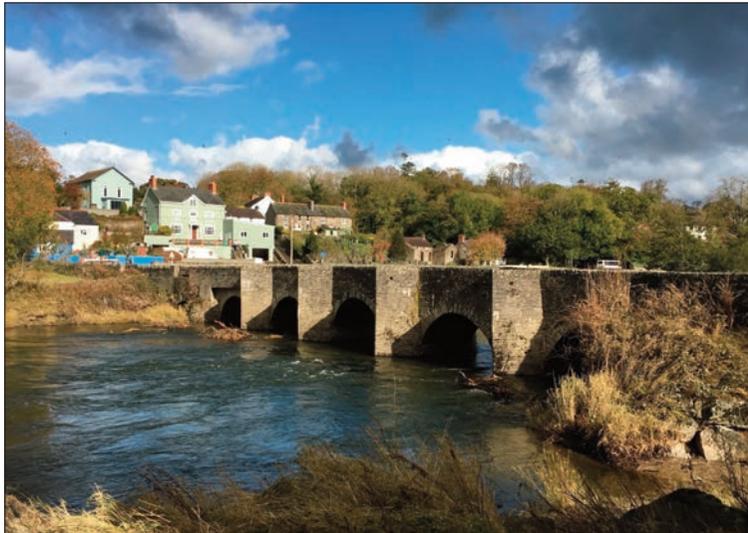
*Along the riverside between  
Cilgerran and Llechryd*



interesting obstacles left by Storm Callum. Felled trees, landslips and banks that had almost been destroyed. All five intrepid explorers returned unscathed to the cafe at the wildlife park to enjoy a well earned lunch.

November's walk will be led by Tony and will be around Henllan.

*Jim*



*Lechryd bridge, still closed to traffic after the floods but available to walkers*

### Welsh Group

Nine of us met on Tuesday 2nd October for our second session. We learnt some useful greetings, ordered tea and coffee in Welsh and discussed the first two lessons from the 'saysomethinginwelsh' website. Next time we will be using the words for numbers and for days, weeks etc. and will review the third lesson from the website.

The next meeting will be on Tuesday 6th November, 10.30am at Vicky's.

The December meeting will be on Tuesday 4th December, 10.30am at Vicky's.

*Vicky*

### Wine Appreciation

Eight members met in Waungilwen this month to taste Rhône wines. There are two main areas in the Rhône valley, i.e. north and south. We all brought wines from the southern area and we were interested to find that they were all very similar.

This month's meeting will be on Thursday 15th November, 7.00pm at Tony and Liz's, in Cenarth. We will be tasting wines from the Languedoc Area of France, another southern France region.

The Christmas meeting will be at the Groves' house near Henllan when we will be trying our hand at identifying different priced wines of the same grape. The January meeting is a nostalgic one when we will taste 'old favourites' from our youth! This meeting will be at Chris' house in Brongest.

If you are interested in joining this group please contact Hazel.

*Hazel*

### Possible New Groups?

#### Science and Technology

As we only have a small number that seem to be interested in a science and technology group, I wonder if there are other members who would be interested if we choose a topic such as how do we get safe water, in the tap and the river, and the science of baking etc. This covers a wide area and we will need help with investigating the subjects and talking about the findings - maybe with visits if possible. If you haven't signed up yet please get in touch with me.

*Jim*

#### Spanish

At the last committee meeting I was asked to be the groups co-ordinator so I was very interested to hear, at the new members meeting, that a few people were showing an interest in starting a Spanish conversation group. So, we were wondering if there were any others interested in learning a new language together.

There will be a sheet at the next monthly meeting to show your interest or get in touch with Hazel - we will be looking to start this group after Christmas.

*Hazel*

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |                     |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---------------------|
| Y | Y | P | H | Y | Y | P | Y | R | K | W | T | F | S | P | G | X | U | Activity            |
| O | H | S | H | W | M | T | Y | L | K | A | V | R | Y | H | N | Z | P | Art                 |
| K | E | P | V | I | I | O | Q | T | B | A | E | P | K | I | I | K | G | Astronomy           |
| D | S | J | A | V | L | F | N | L | A | T | M | V | L | L | T | Q | A | Book Club           |
| E | P | C | I | R | Y | O | E | O | F | X | D | O | N | O | I | S | R | Crafty Crafters     |
| X | I | T | R | W | G | T | S | A | R | M | X | X | Q | S | R | R | D | Creative writing    |
| T | C | O | Y | A | E | O | R | O | P | T | W | I | F | O | W | E | E | Digital photography |
| A | R | T | H | N | B | C | T | H | P | T | S | C | D | P | E | L | N | Family History      |
| A | B | Z | N | K | Y | B | F | O | C | H | U | A | J | H | V | L | S | French Games        |
| O | H | I | N | T | I | R | L | H | H | N | Y | N | T | Y | I | O | B | Gardens             |
| C | S | M | F | E | E | F | X | E | E | P | U | A | L | P | T | R | W | ICT Support         |
| K | I | A | N | N | S | E | M | A | G | E | L | L | M | M | A | T | H | Lunch               |
| I | R | I | C | L | G | S | F | S | C | M | Y | A | K | N | E | S | S | Philosophy am       |
| C | W | H | T | F | A | M | I | L | Y | H | I | S | T | O | R | Y | L | Philosophy pm       |
| T | R | O | P | P | U | S | T | C | I | V | H | T | X | I | C | F | E | Scrabble            |
| S | X | O | E | E | B | O | O | K | C | L | U | B | S | O | G | B | W | Strollers           |
| C | L | F | S | O | Z | Z | P | T | F | F | J | F | R | I | Q | I | S | Table Tennis        |
| N | C | Y | C | L | E | E | M | L | Y | V | V | B | S | Y | K | N | D | Welsh Wine          |

## Beacon Management System

The Third Age Trust, the national representative body for the U3A movement, have developed an easy to use computer system that will allow individual U3As to manage their accounts and membership, if they wish to use it. It is up to each U3A to decide whether or not they wish to adopt the system to make the administration of their U3A easier. The system is called the Beacon Management System.

At the last committee meeting in September, your committee took the decision to use Beacon and we have therefore started the job of preparing for its implementation, which we think will be sometime during the first six months of 2019.

Using this system does not mean that we will become a branch of a much bigger organisation - being told what we should do, any more than we currently are. Although there are now many individual U3As using Beacon, each one is still in control of running their own U3A, including finances, memberships, groups etc. and no other U3A, or the Third Age Trust, can access the records of any other U3A. Each one is run on Beacon as a completely separate unit with only their own authorised members allowed to access it and those members only having access to the information they need. Because the authorised users will all access the same system it will avoid us having to email lists of members and other details to each other, meaning it will be more secure.

Once set up, Beacon will enable the easier running and maintenance of the finances and membership. Each individual member will be able to access and monitor their own and only their own details to ensure its accuracy. It will also enable any future Treasurer to easily follow on and will ensure a consistent, accurate service.

If you have any questions or concerns regarding the use of Beacon, please talk to Ruth Smith (treasurer and membership secretary) or Julia Pearson (programme secretary) who are the main contacts for it.

Ruth

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My daughter and I went to the McDonald's checkout to pay our bill  
and I gave the clerk a £5 note

Our total bill was £4.20, so I also handed her a 20 pence piece

She said, 'You gave me too much money'

I said, 'Yes I know, but this way you can just give me £1 back'

She sighed and went to get the Manager who asked me to repeat my request

I did so, and he handed me back the 20 pence and said

'We're sorry but we do not do that kind of thing'

The clerk then proceeded to give me back 80 pence in change

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## December Monthly Meeting

We do not engage a speaker for our December meeting but always do our own in-house entertainment. This may be something like a quiz or game.

We also book the hall for slightly longer and enjoy a buffet together.

We ask that members bring a small plate of food or something to share at the buffet.

In order to try and get a variety we ask that those with surnames beginning with **A - M** bring savoury and **N - Z** bring sweet.

There will also be a hamper raffle at this meeting



## Lampeter University Humanities Workshops - 2018 Programme

Wednesday, 7th November - Religion and Culture - I

Wednesday, 5th December - Religion and Culture - II

<http://www.uwtsd.ac.uk/humanities-workshops/>



[www.actiononhearingloss.org.uk/wales](http://www.actiononhearingloss.org.uk/wales)

ActionOnHearingLossCymru

@hearinglosscym



575,500 people in Wales have hearing loss - that's one in six of us.

Read our landmark Hearing Matters report  
and **take action** today.

## HELP IMPROVE SERVICES FOR DEAF AND HARD OF HEARING PEOPLE IN WEST WALES

JOIN OUR FOCUS GROUPS AND HAVE YOUR SAY

Who is invited?

Adults who are Deaf, have a hearing loss and/or have tinnitus that live in Carmarthenshire, Pembrokeshire and Ceredigion.

*for more information see leaflet attached with the email newsletter*