



### Chair's Ramble

What glorious weather we have been having. If we could guarantee weather like this people would not go abroad. This part of the country is beautiful.

Well, this is my last Chair's Ramble as I have completed 3 years as chair of Newcastle Emlyn U3A at the AGM on 4th July and the constitution says that is all I can do in one stint. I can't believe it has been 3 years and I have thoroughly enjoyed them. Our U3A has grown in that time with more members and more groups and I have been proud to have represented you at Local, Network and Wales events. At the start of my chairmanship I challenged you to find new members and become more active! I think we have achieved this so well done to everyone. I hope we continue to grow and achieve good things.

Please remember that subs of £14 per person are now due for 2018-19. They can be paid at the AGM or by bank transfer (details from Ruth) and you will all also have to sign a renewal form this year to cover the new data protection laws that have come into place. If you cannot get to the AGM these forms will, hopefully, get to you via your group leader. Please return them as soon as you can. If you no longer wish to remain a member please let us now so that we don't pester you for the next few months!

There is no monthly meeting in August but an outing has been arranged to Llanerchaeron and there are more details about this elsewhere in the newsletter. Then we start our new programme for our new year. Details of this will be on your membership card.

Many thanks for all your support and help over the last three years. Please support the next chair in the same way.

Hazel

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The government says I can't have my pension yet, as I am only 22  
I hate being born on a leap year  
Most of my friends are 88

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### Lampeter University Humanities Workshops - 2018 Programme

Wednesday, 4th July - History and Culture  
Wednesday, 8th August - Philosophy  
Wednesday, 5th September - The Ancient World

<http://www.uwtsd.ac.uk/humanities-workshops/>

## What's On In Newcastle Emlyn U3A - July 2018

### July

Wednesday	4	<b>Monthly Meeting</b> - at Community Hall, N. Emlyn	10.30am
		<b>NE U3A AGM</b> - with 'in-house' entertainment (subscriptions due!)	
Wednesday	4	<b>Lampeter University - Humanities Workshop</b> History and Culture <a href="http://www.uwtsd.ac.uk/humanities-workshops/">http://www.uwtsd.ac.uk/humanities-workshops/</a>	
Thursday	5	<b>Art Group</b> - at Penboyr Village Hall	10.00am
Friday	6	<b>Garden Group</b> - at Duffryn Gardens near Fishguard (see group report for travel details/arrangements)	10.00am
Monday	9	<b>French Group</b> - at Peggy's in Croeslan	10.30am
Monday	9	<b>Philosophy (pm)</b> - at Susan's in Pontgarreg	2.00pm
Tuesday	10	<b>Digital Photography</b> - at Coracle Hall, Llechryd	10.30am
Tuesday	10	<b>Table Tennis</b> - at Rhydlewys Village Hall, Llandysul	2.00pm
Wednesday	11	<b>Crafty Crafters</b> - at Betty's in Waungilwen	11.00am
Thursday	12	<b>Creative Writing</b> - at Carol's in Penrhiwllan	10.45am
Friday	13	<b>Scrabble</b> - at Margery's in Waungilwen	2.00pm
Tuesday	17	<b>Games Group</b> - at Hazel's in Waungilwen	10.30am
Tuesday	17	<b>ICT Support Session</b> - at Hazel's in Waungilwen	2.00pm
Wednesday	18	<b>Astronomy</b> - at Coracle Hall, Llechryd	2.00pm
Thursday	19	<b>Art Group</b> - at Penboyr Village Hall	10.00am
Thursday	19	<b>Philosophy (am)</b> - at Penrhiwllan Village Hall	10.30am
Thursday	19	<b>Wine Appreciation</b> - visit to Gwaun Brewery, nr. Fishguard	2.00pm
Friday	20	<b>Activity Group</b> - Newcastle Emlyn Bowling Club Outdoor Bowls Taster, meet at NE Market Car Park	6.00pm
Wednesday	25	<b>Lunch Club</b> - at TBA	12.30pm
Thursday	26	<b>Table Tennis</b> - at Rhydlewys Village Hall, Llandysul	10.30am
Friday	27	<b>Strollers</b> - at Dinas Head	10.30am
Tuesday	31	<b>Book Club</b> - at Betty's in Adpar	10.30am

**Family History** - email support group, see 'Our Subject Groups'

### August

Wednesday	1	<b>Monthly Meeting</b> - no monthly meeting this month Visit to Llanerchaeron House and Gardens - details inside	11.45am
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To add events to this monthly calendar please contact John, giving date, venue and time plus any further information to assist those wishing to attend.

Closing date for newsletter contributions will be on the 24th of the month.

Sorry, later than this and I cannot guarantee its inclusion.

Contact John via email at: [neu3anewsletter@hotmail.com](mailto:neu3anewsletter@hotmail.com)

It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)  
**newsletter** (I think you've got it!) - **@hotmail.com** (gets it to me).

## Our Subject Groups

### Activity Group

(every 2-3 months. Activity and location varies)  
More details contact Hazel

### Art Group

(1st and 3rd Thursdays from 10.00am at Penboyr Village Hall)  
More details contact Amanda

### Astronomy

(3rd Wednesday from 2.00pm at Coracle Hall, Llechryd) - Joint with Cardigan U3A  
More details contact Malcolm

### Book Club

(4th Tuesday from 10.30am at Betty's in Adpar)  
More details contact Ann

### Crafty Crafters

(2nd Wednesday from 11.00am at Betty's in Waungilwen or Barbara's in Cenarth)  
More details contact Ruth

### Creative Writing

(2nd Thursday from 10.30am at Carol's in Penrhiwllan)  
More details contact Carol

### Digital Photography

(2nd Tuesday from 10.30am at Coracle Hall, Llechryd) - Joint with Cardigan U3A  
More details contact Denis

### Family History

(currently an email support group) - Joint with Cardigan U3A  
More details contact Harold

### French Group

(date varies - from 11.00am at Peggy's in Croeslan)  
More details contact Ann

### Games Group

(3rd Tuesday from 10.30am at Hazel's in Waungilwen)  
More details contact Hazel

### Gardens Group

(1st Friday, generally pm - venue & time varies amongst the group, or other gardens)  
More details contact Tony

### ICT Support Sessions

(3rd Tuesday from 2.00pm at Hazel's in Waungilwen)  
More details contact Hazel

### Lunch Group

(last Wednesday - venue varies)  
More details contact Tracy

### Philosophy am

(3rd Thursday from 11.00am at Penrhiwllan Village Hall)  
More details contact Jim

### Philosophy pm

(2nd Monday from 2.00pm at Susan's in Pontgarreg)  
More details contact Susan

### Scrabble

(2nd Friday from 2.00pm at Margery's in Waungilwen)  
More details contact Margery

### Strollers

(last Friday of the month from 10.30am, venue varies)  
More details contact Jim

### Table Tennis

(2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewis Village Hall)  
More details contact Ali

### Wine Appreciation

(3rd Thursday from 7.00pm - venue varies, amongst the group)  
More details contact Hazel

**Note:** *Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.*

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A letter to a national UK newspaper in the 1950's declared: 'My grandfather, who is 87, has been converted to nudism. He sits all day long in the greenhouse without a stitch on except for his hat. When I asked him what he wants with a hat on if he's a nudist he hits out at me with his walking stick and hollers, "Because I'm bald."

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One day a police panda car pulled up to Granny's home and Grampy got out. The constable explained that this elderly gentlemen had said he was lost in the Victoria park.

'Why, Ivor,' said Granny, 'You've been going there for over 30 years!  
How on earth could you say you had got lost?'

Leaning close to Granny so the police officer couldn't hear, he whispered,  
'Wasn't exactly lost. I was just too tired to walk home.'

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## Group Reports

### Activity Group

We have organised an outdoor bowls taster session at Newcastle Emlyn Bowling Club (mart car park) on Friday 20th July at 6.00pm. It will last for a couple of hours and there will be members of the club on hand to give advice and support. They are not charging for this activity but please can we donate £2.00 per person as a gesture of goodwill.

Please bring flat shoes to wear on the green.

Please sign the sheet at the AGM or email to let me know that you are interested in coming.

*Hazel*

### Book Club

The book for July is 'Two Caravans' by Marina Lewycka which is a humorous novel. The date will be Tuesday 31st July at Betty's in Adpar.

*Ann*

### French Group

Our next meeting is Monday 9th July, 10.30am at Peggy's. We will read the last story in the book so we will need a decision on our next course.

*Ann*

### Games Group

The games group met as usual in June at Hazel and John's house, unfortunately it was just before the good weather started and we did not manage outdoor games in the garden - maybe July 17th will be better for this!

*Hazel*

### Gardens Group

Our meeting for July will be a visit to Duffryn Gardens near Fishguard. This would be on Friday 6th July, again with car share. Duffryn has been highly recommended by The Times and Gardeners World as well as other august organizations so it should be a very worthwhile trip out. Refreshments may have to be pre booked, otherwise we could take picnics.

Car share will be from NE 'market' car park at 10.00am - returning around 4.00pm. All those wishing to go please contact Tony in good time, including information if you require a lift or are using your own car. Please, also let Tony know if you are planning to go direct to Duffryn Gardens.

Should the weather forecast look inappropriate it may be necessary to amend the dates and notifications would be sent out in good time.

*Tony*

### Wine Appreciation

Eight members and one visitor enjoyed an evening at Hazel and John's last month when we all bought our favourite Aldi wine! We had tried a few from Aldi in past tastings and thought we would give them a chance again. All 5 wines tasted came out quite favourably with the white Picpoul de Pinet being the favourite. Our conclusion was Aldi wines are very reasonably priced and well worth a try.

Next months meeting will be an afternoon visit to Gwaun Brewery near Fishguard at 2.00pm on Thursday 19th July. If anyone else who is not in the wine appreciation group would like to join us on this visit please let me know.

The August meeting (Thursday 23rd) will be at Janet and John's house and we will be tasting Bordeaux wines.

*Hazel*

We understand that not every member is on email but please be aware that group leaders make every effort to contact members regarding details of their group meetings.

This may include venue changes, outing details etc.  
please respond to these emails so that group leaders know  
who is able to attend or not, otherwise things may be cancelled.

*Thank you, The Committee*

I'm the life of the party - even if it lasts until 8.00pm

- o - o - o - o -

I'm smiling all the time because I can't hear a thing you're saying

- o - o - o - o -

I'm very good at telling stories; over and over and over and over . . .

- o - o - o - o -

I'm not really grouchy, I just don't like traffic, waiting, crowds, lawyers,  
loud music, unruly kids, barking dogs, politicians  
and a few other things I can't seem to remember right now.

- o - o - o - o -

I'm sure they are making adults much younger these days,  
and when did they let kids become policemen?

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Which country's capital is the fastest growing?

Ireland's - Every year it's Dublin

- o - o - o - o -

A man was admitted to hospital with 8 plastic horses in his stomach

His condition is now stable

- o - o - o - o -

Apparently taking a day off is not something you should do  
when you work for a calendar company

- o - o - o - o -

A guest calls the waiter and complains, "How come there are no chairs at our table?"

The waiter shrugs, "I'm sorry but you only booked a table!"

- o - o - o - o -

A recent scientific study showed that out of 2,293,618,367 people,  
94% are too lazy to actually read that number

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Old George, told Guy only last week that, 'I'm not 80

- I'm merely 28 with 52 years' experience'

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I have gotten that dreaded furniture disease  
... that's when your chest is falling into your drawers

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When I went to lunch today, I noticed an old man sitting on a park bench sobbing his  
eyes out. I stopped and asked him what was wrong.

He told me, 'I have a 22 year old wife at home. She rubs my back every morning and  
then gets up and makes me pancakes, sausage, fresh fruit and freshly ground coffee.'

I continued, 'Well, then why are you crying?'

He added, 'She makes me homemade soup for lunch and my favourite biscuits, cleans  
the house and then watches sports TV with me for the rest of the afternoon.'

I said, 'Well, why are you crying?'

He said, 'For dinner she makes me a gourmet meal with wine and my favourite dessert  
and then we cuddle until the small hours.'

I inquired, 'Well then, why in the world would you be crying?'

He replied, 'I can't remember where I live.'

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**NE U3A - August 2018 Outing**  
**Llanerchaeron House and Gardens**  
**Wednesday 1st August**

**For the Newcastle Emlyn U3A August annual outing  
this year we will be visiting the National Trust house at  
Llanerchaeron and we have arranged a guided tour  
of both the house and gardens**

**Lunch** - visit Conti's cafe or if you prefer to bring a picnic  
there are outside tables

**Price:** Admission - **£7.81** (standard)

This is a National Trust property therefore no admission fee  
for those of you who are members

**Please meet in the main car park at  
Llanerchaeron, Ciliau Aeron, Lampeter - SA48 8DG by 11.45am**

The first tours will commence at 12.00noon for approximately 45 minutes  
The afternoon tours will commence at 2.00pm for approximately 45 minutes

Transport arrangements can be made for those members who do not have cars

*a more detailed leaflet is attached along with the emailed newsletter*

**The Knitted Bible Exhibition**

'The Knitted Bible Exhibition' will be on display

Friday 20th to Sunday 22nd of July

11.00am to 4.00pm at St. Michael's Troedryaur, SA38 9EY

Super 'All-Day Tea', also Waste Not Want Not, Bric a Brac, Cakes and Traidcraft  
Everyone is welcome and we look forward to seeing you there

*Janet Piggott*