



Chair's Ramble

Well for one brief moment I thought summer had arrived but seemingly not just yet. But it did lift the spirits and make me look at my summer wardrobe!

The Red Cross First Aid session in April was very useful and fourteen members attended. There was a bit of practical and theory so it was both interesting and informative. Thank you to all those who attended and to Pam for providing teas and coffees.

Eight members are off to Llandrindod Wells on the 9th May for the U3A All Wales Conference and I will be taking some of our contributions for the Coastline project. I will take lots of photos so that you can all see our part. This isn't the end of the project and you can still take part as we will be having another display at our AGM in July and maybe later in the year at an open day.

We now have our new projector, with many thanks to the Big Lottery Fund. It will hopefully get its first outing at the May monthly meeting but please bear with us while we learn how to use it! Anita Freter, one of our own members will be talking at this meeting. Unfortunately, I will not be there as I am going to Strata Florida with one of the Lampeter University Workshops. Please support these workshops as they have developed from our link with the university and the Philosophy day - even though they clash with our own monthly meetings.

Hazel

Photographs of the Red Cross First Aid session



Lampeter University Humanities Workshops - 2018 Programme

Wednesday, 2nd May - Archaeology - A Guided Tour of Strata Florida
 Saturday, 2nd June - Archaeology - A Guided Tour of the Archaeological Dig at Llanllyr
 Wednesday, 4th July - History and Culture
<http://www.uwtsd.ac.uk/humanities-workshops/>

What's On In Newcastle Emlyn U3A - May 2018

May

Wednesday	2	Monthly Meeting - at Community Hall, N. Emlyn	10.30am
		Speaker - Anita Freter - Animal Welfare - how the other half lives	
Wednesday	2	Lampeter University - Humanities Workshop	
		Archaeology - A Guided Tour of Strata Florida	
		http://www.uwtsd.ac.uk/humanities-workshops/	
Thursday	3	Art Group - at Penboyr Village Hall	10.00am
Friday	4	Garden Group - at Hazel's in Waungilwen	2.30pm
Tuesday	8	Digital Photography - at Coracle Hall, Llechryd	10.30am
Tuesday	8	Table Tennis - at Rhydlewys Village Hall, Llandysul	2.00pm
Wednesday	9	Crafty Crafters - at Betty's in Waungilwen	11.00am
Thursday	10	Creative Writing - at Carol's in Penrhiwllan	10.45am
Friday	11	Scrabble - at Margery's in Waungilwen	2.00pm
Monday	14	Philosophy (pm) - at Susan's in Pontgarreg	2.00pm
Tuesday	15	ICT Support Session - at Ruth's in Bryngwyn	2.00pm
Wednesday	16	Astronomy - at Coracle Hall, Llechryd	2.00pm
Thursday	17	Art Group - at Penboyr Village Hall	10.00am
Thursday	17	Philosophy (am) - at Penrhiwllan Village Hall	10.30am
Thursday	17	Wine Appreciation - at Angela & Trevor's in Capel Iwan	7.00pm
Monday	21	French Group - at Peggy's in Croeslan	10.30am
Thursday	24	Table Tennis - at Rhydlewys Village Hall, Llandysul	10.30am
Friday	25	Strollers - at Coed Y Foel, Llandysul	11.00am
Tuesday	29	Book Club - at Vicky's in Capel Iwan	10.30am
Wednesday	30	Lunch Club - at TBA	12.30pm
		Family History - email support group, see 'Our Subject Groups'	
		Games Group - cancelled for May	

June

Wednesday	6	Monthly Meeting - at Community Hall, Newcastle Emlyn	
		Speaker - John Piggott - Guatemala - history, culture, wildlife	

To add events to this monthly calendar please contact John, giving date, venue and time plus any further information to assist those wishing to attend. Closing date for newsletter contributions will be on the 24th of the month. Sorry, later than this and I cannot guarantee its inclusion.

Contact John via email at: neu3anewsletter@hotmail.com
 It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)
newsletter (I think you've got it!) - @hotmail.com (gets it to me).

Our Subject Groups

Activity Group

(every 2-3 months. Activity and location varies)
More details contact Hazel

Art Group

(1st and 3rd Thursdays from 10.00am at Penboyr Village Hall)
More details contact Amanda

Astronomy

(3rd Wednesday from 2.00pm at Coracle Hall, Llechryd) - Joint with Cardigan U3A
More details contact Malcolm

Book Club

(4th Tuesday from 10.30am at Betty's in Adpar)
More details contact Ann

Crafty Crafters

(2nd Wednesday from 11.00am at Betty's in Waungilwen or Barbara's in Cenarth)
More details contact Ruth

Creative Writing

(2nd Thursday from 10.30am at Carol's in Penrhiwllan)
More details contact Carol

Digital Photography

(2nd Tuesday from 10.30am at Coracle Hall, Llechryd) - Joint with Cardigan U3A
More details contact Denis

Family History

(currently an email support group) - Joint with Cardigan U3A
More details contact Harold

French Group

(date varies - from 11.00am at Peggy's in Croeslan)
More details contact Ann

Games Group

(3rd Tuesday from 10.30am at Hazel's in Waungilwen)
More details contact Hazel

Garden Group

(1st Friday, generally pm - venue & time varies amongst the group, or other gardens)
More details contact Tony

ICT Support Sessions

(3rd Tuesday from 2.00pm at Hazel's in Waungilwen)
More details contact Hazel

Lunch Group

(last Wednesday - venue varies)
More details contact Tracy

Philosophy am

(3rd Thursday from 11.00am at Penrhiwllan Village Hall)
More details contact Jim

Philosophy pm

(2nd Monday from 2.00pm at Susan's in Pontgarreg)
More details contact Susan

Scrabble

(2nd Friday from 2.00pm at Margery's in Waungilwen)
More details contact Margery

Strollers

(last Friday of the month from 10.30am, venue varies)
More details contact Jim

Table Tennis

(2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhyd Lewis Village Hall)
More details contact Ali

Wine Appreciation

(3rd Thursday from 7.00pm - venue varies, amongst the group)
More details contact Hazel

Note: *Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.*

Cardigan U3A - Lecture and Lunch 'Artificial Intelligence – Driverless Cars' by Dr. Alan Cameron Wills

All the big car companies, and governments all over the world
are investigating self-driving cars

Are they safe? How do they work? Why does anyone want them?
Friday 18th May in the Radley Room, Cardigan Guildhall, SA43 1JL

Lecture starts at 11.00am, with coffee from 10.30am
£8 per person to include a light lunch provided by U3A members

*for booking information please see attached leaflet
with this emailed newsletter*

Group Reports

Book Club

We said thank you and goodbye to Val as she had put up with and hosted the group, with a very enjoyable lunch at the Daffodil. She is now settled near her family in Stafford. We wished her well for the future and that she soon find a U3A in Stafford.

There was a change of venue to Vicky Thomas' in Capel Iwan when we reviewed Lee Child's 'The Killing Floor'. It was felt to be violent but a page turner.

The next meeting is on Tuesday 29th May - 10.30am at Vicky's in Capel Iwan. The next books are by Dick Francis. We are all reading a different book, to look at the format, similarities and differences of his books.

Ann

Crafty Crafters

April's meeting was quiet, with just four people attending due to members having other commitments. I believe there was a lot of chatter and not much work but it was very enjoyable.

May's meeting will be at Betty's in Waungilwen. Betty has decided that unless we need the studio to work in, it will be better for us to have the meeting in the kitchen or lounge so use the front door instead of making your way through the garden. There is nothing planned for the meeting, so take along something of your own to work on.

We need a programme for the rest of the year and so far, the ideas we have had are needle felting, tatting and ribbon embroidery. Any other suggestions would be welcome.

Unfortunately, Hazel and I will not be able to attend again in May because we will be at the All Wales Conference in Llandrindod Wells. The fabric panel of Mwnt that we have been working on will be finished and we will take it, along with any other work that our groups have been working on, as our contribution for the Coastline and Borders Project.

Ruth

French Group

We are continuing to read stories from 'Learning French through stories' and thoughts about our contributions to the 'Coast and Borders Project' about the last invasion near Fishguard.

The next French Group is at Peggy's on Monday 21st May.

Ann

Games Group

The games group continues to meet each month and welcomed a new member last month. We are currently enjoying the challenge of Backgammon, Sequence and Spider Dominoes amongst other games. We are hoping to take our games to the coast at some point and enjoy a picnic for our contribution to the coastline project.

Unfortunately, the Games Group May meeting has had to be cancelled.

Hazel

Gardens Group

The next meeting of the Gardens Group will be on Friday 4th May, 2.30pm at Hazel and John's, Waungilwen.

Tony

ICT Support Group

Don't forget that this group is there to help you with any problems you are having with using your phones, tablets and laptops. Please ring me to book a space as places are limited so that we can give you our full support.

Next months group will be run by Ruth and will be at her house in Bryngwyn.

Hazel

Philosophy am

We looked at Equality of gender, race, opportunity and education. An enormous subject, we did go round in circles, but knew that equality was a long way away in many areas. Next meeting is Tuesday 17th May, 10.30am at Penrhwillan Village Hall. We will venture into The Third Gender and Transgender.

Jim

Wine Appreciation

In April eight members met at Lesley and Les' house to taste British wines. The first thing we found was that they are not easy to get hold of and the supermarkets generally do not stock them. The second thing was that they are not cheap wines. However, we were pleasantly surprised at the quality and taste of the ones we had. The winner this month was in fact a Welsh white wine from grapes grown on the hillsides of Snowdonia.

Next months meeting will be on Thursday May 17th at Angela and Trevor's in Capel Iwan. The chosen wine this time will be wines from the Loire Valley in France.

Hazel

Dementia Friends Information Session

Monday 21st May at 2.00pm

Powerhouse, Llandysul, Chapel Street, Pont Tyweli, Carmarthenshire SA44 4AH

We would like to offer you a Dementia Friends Session run by a volunteer Dementia Friends Champion trained and supported by the Alzheimer's Society

for more information please see attached leaflet included with this email newsletter

