



Newcastle Emlyn U3A

Newsletter - March 2018

<http://u3asites.org.uk/newcastle-emlyn>



Chair's Ramble

We have had some glorious weather in February as long as you wrapped up warm. The forecast is set to be even colder with some snow, as March comes in like a lion. We shall see. We have frogspawn in our pond and the snowdrops and daffodils are looking lovely so it lifts the spirits out of the dark days of winter.

The table tennis group is going well and we even had a go at indoor curling at the last meeting. Maybe another group? I don't think any of us profess to be experts so if you fancy a go come along and join us. We have a good laugh if nothing else! The Rhyd Lewis village hall have been excellent hosts and are looking into buying another table for us to use.

10 of us attended the workshop to find out more about the National Library project to transcribe old wartime documents. It was really interesting and you can do as little or as much as you want according to how much time you have. We plan to have a joint session at some point to help each other out. This may be in the Market Hall.

This month's speaker is from Welsh Hearts, a charity based in Cardiff providing Defibrillators and training people to use them. We have also booked some First Aid Training with the Red Cross. It is to look, initially, at how to deal with slips, trips and falls and will give advice on how to deal with these and other things. This will be held in the Community Hall from 11.00am - 1.00pm on Wednesday 11th April and is free to any of our members who wish to attend. There is a limit of 25 but if loads more want to do it we can book another session. There will be chance to sign up at the monthly meetings in March and April or you can email or phone me to book a place.

The committee is in the process of putting together a new members pack which will help new members settle in and get to know more about the U3A movement.

Hazel

Lampeter University Humanities Workshops - 2018 Programme

Wednesday, 7th March	The Ancient World - Kings, Emperors and Heroes
Wednesday, 4th April	Politics & Culture
Wednesday, 2nd May	Archaeology - A Guided Tour of Strata Florida

<http://www.uwtsd.ac.uk/humanities-workshops/>

Our Subject Groups

Activity Group

(every 2-3 months. Activity and location varies)
More details contact Hazel

Art Group

(1st and 3rd Thursdays from 10.00am at Penboyr Village Hall)
More details contact Amanda

Astronomy

(3rd Wednesday from 2.00pm at Coracle Hall, Llechryd) - Joint with Cardigan U3A
More details contact Malcolm

Book Club

(4th Tuesday from 10.30am at Val's in Horeb)
More details contact Ann

Crafty Crafters

(2nd Wednesday from 11.00am at Betty's in Waungilwen or Barbara's in Cenarth)
More details contact Ruth

Creative Writing

(2nd Thursday from 10.30am at Carol's in Penrhiwllan)
More details contact Carol

Digital Photography

(2nd Tuesday from 10.30am at Coracle Hall, Llechryd) - Joint with Cardigan U3A
More details contact Denis

Family History

(currently an email support group) - Joint with Cardigan U3A
More details contact Harold

French Group

(date varies - from 11.00am at Peggy's in Croeslan)
More details contact Ann

Games Group

(3rd Tuesday from 10.30am at Hazel's in Waungilwen)
More details contact Hazel

Garden Group

(1st Friday, generally pm - venue & time varies amongst the group, or other gardens)
More details contact Tony

German Group

(This group has ceased to meet - as of February)

ICT Support Sessions

(3rd Tuesday from 2.00pm at Hazel's in Waungilwen)

More details contact Hazel

Lunch Group

(last Wednesday - venue varies)

More details contact Tracy

Philosophy am

(3rd Thursday from 11.00am at Penrhiwllan Village Hall)

More details contact Jim

Philosophy pm

(2nd Monday from 2.00pm at Susan's in Pontgarreg)

More details contact Susan

Scrabble

(2nd Friday from 2.00pm at Margery's in Waungilwen)

More details contact Margery

Strollers

(last Friday of the month from 10.30am, venue varies)

More details contact Jim

Table Tennis

(2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewys Village Hall)

More details contact Ali

Wine Appreciation

(3rd Thursday from 7.00pm - venue varies, amongst the group)

More details contact Hazel

Note: Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.

A sales rep, an administration clerk, and the manager are walking to lunch when they find an antique oil lamp.

They rub it and a Genie comes out. The Genie says, "I'll give each of you just one wish".

"Me first! Me first!" says the administration clerk. "I want to be in the Bahamas, driving a speedboat, without a care in the world". Poof! She's gone.

"Me next! Me next!" says the sales rep. "I want to be in Hawaii, relaxing on the beach with my personal masseuse, an endless supply of Pina Colodas and the love of my life". Poof! He's gone.

"OK, you're up," the Genie says to the manager.

The manager says, "I want those two back in the office straight after lunch".

Group Reports

Crafty Crafters

Crafty Crafters in February was held at Barbara's in Cenarth. Nine of us met and enjoyed a morning planning our project for the Welsh Coastline and Borders Celebration. Having spoken to Helen Elliott to ask for her permission, we are going to make a fabric panel based on one of Helen's pictures. We will be using knitting, patchwork, appliqué, painting and others depending on members' ideas. Our plan is to have it completed by the beginning of May so it can be displayed at the All Wales Conference along with any other offerings our U3A has by then.

Ruth

Creative Writing

This month we were given a sentence and then had to write 4 lists with 10 alternative adjectives describing a woman, 10 alternative nouns for a woman, 10 verbs to replace walk, and 10 nouns instead of room. Then had to write 3 new sentences using words from our lists. Brain draining! . . . and we were given homework! But it was a most enjoyable 2 hours. Next meeting is March 8th at Carol's.

Ali

Strollers

Strollers in February met at Pentre Ifan near Newport. We had a look round the burial chamber monument and then drove a short distance down the hill for a very pleasant walk through the woods. It was a beautiful, though cold, day with plenty of sunshine to warm us up.



Following the walk, those who wanted to drove on to The Parrog for lunch at Morawelon.

Ruth

Editor's comment:

Sterling job there Jim - I'm quite impressed!

Table Tennis

We held our 2nd Table Tennis meeting on Tuesday 13th February. Although the second table hasn't arrived yet, it is hoped that it will be with us by March. In the meantime we all got a lot of fun and a good bit of exercise by using the Air Hockey table and the small Pool Table as well as the table tennis (we are all such children at heart!).

Ali

Wine Appreciation

Nine members met at Liz and Tony's in February to enjoy Romanian wine. This included two new members. Three people had managed to source a bottle of Romanian wine, two whites and one red. The rest of us failed miserably! However, we all tasted the wine and talked about its qualities and where it had come from.

The next wine group meeting is on Thursday 15th March at Ruth and Malcolm's. We will be tasting 3 different priced wines from the same grape or region in an attempt to see if price really matters!

In April we hope to visit the Llaethliw Vineyard near Aberaeron for our contribution to the coastal project!

Hazel

Bletchley Park

Hitler's secret messages and the birth of Colossus

Tuesday 6th March, 6.00pm at Aberystwyth University

The Mid-Wales Branch of the BCS is pleased to be hosting a talk on the wartime work of Bletchley Park on breaking the high-grade German Lorenz cipher which led to the building of Colossus, thought by many to be the world's first computer

Lorenz was a stronger and more important cipher than the better known Enigma and its analysis led to a number of far reaching developments both theoretical and engineering

The National Museum of Computing has re-created the Colossus and the talk will be given by Phil Hayes of the Museum and Technical Director of the Colossus project

He will describe the cipher, how it was broken, and the subsequent design and build of the Colossus

The presentation should be accessible to a broad range of interests

For further and fuller information, and to reserve a place, go to:

<http://midwales.bcs.org/colossus/>

What's On In Newcastle Emlyn U3A - March 2018

March

Thursday	1	Art Group - at Penboyr Village Hall	10.00am
Wednesday	7	Monthly Meeting - at Community Hall, N. Emlyn Speaker - Sharon Owen, Welsh Hearts	10.30am
Wednesday	7	Lampeter University - Humanities Workshop The Ancient World - Kings, Emperors and Heroes http://www.uwtsd.ac.uk/humanities-workshops/	
Thursday	8	Creative Writing - at Carol's in Penrhiwllan	10.45am
Friday	9	Scrabble - at Margery's in Waungilwen	2.00pm
Monday	12	Philosophy (pm) - at Susan's in Pontgarreg	2.00pm
Tuesday	13	Digital Photography - at Coracle Hall, Llechryd	10.30am
Tuesday	13	Table Tennis - at Rhydlewys Village Hall, Llandysul	2.00pm
Wednesday	14	Crafty Crafters - at Betty's in Waungilwen	11.00am
Thursday	15	Art Group - at Penboyr Village Hall	10.00am
Thursday	15	Philosophy (am) - at Penrhiwllan Village Hall	10.30am
Thursday	15	Wine Appreciation - at Ruth and Malcolm's in Bryngwyn	7.00pm
Tuesday	20	Games Group - at Hazel's in Waungilwen	10.30am
Tuesday	20	ICT Support Session - at Hazel's in Waungilwen	2.00pm
Wednesday	21	Astronomy - at Coracle Hall, Llechryd	2.00pm
Thursday	22	Table Tennis - at Rhydlewys Village Hall, Llandysul	10.30am
Friday	23	Strollers - Newquay, town trail and coast path to south	10.30am
Tuesday	27	Book Club - at Val's in Horeb	10.30am
Wednesday	28	Lunch Club - at TBA	12.30pm
	TBA	French Group - at Peggy's in Croeslan	10.30am
		Family History - <i>email support group, see 'Our Subject Groups'</i>	
		Garden Group - <i>winter recess, no meeting until April 2018</i>	

April

Wednesday	4	Monthly Meeting - at Community Hall, Newcastle Emlyn Speaker - Mark Cole - Dyfed Shire Horse Farm, Eglwysrwr	
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To add events to this monthly calendar please contact John, giving date, venue and time plus any further information to assist those wishing to attend.

Closing date for newsletter contributions will be on the 24th of the month.

Sorry, later than this and I cannot guarantee its inclusion.

Contact John via email at: neu3anewsletter@hotmail.com

It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)

newsletter (I think you've got it!) - **@hotmail.com** (*gets it to me*).