



Chair's Ramble

Happy New Year to you all. I hope 2018 brings you whatever you wish for in life. I trust that everyone enjoyed the festive season and is now ready to get back to normal and face the scales!

Thank you to everyone who came to the December social meeting. It went really well and as usual we had loads of food! Also a big thank you to the brave souls who faced the inclement weather on Victorian evening. We had a wet but enjoyable few hours giving out popcorn and information about the U3A. Hopefully a few people will now know who we are.

Some groups did not meet in December but hopefully we will be all back to the usual calendar now. Remember to let John know of any date or venue changes for the newsletter. The latest addition to the calendar is the new table tennis group which will be meeting in Rhydlewis Village Hall on Thursday 25th January from 10.30 – 12.30pm. The initial meeting went well in December and it was decided to go ahead with the group. Thanks go to Alison who has agreed to lead the group.

Now we are in to 2018 I also want to remind all the groups of my New Year challenge. The U3A is running a Welsh Coastline and Border Celebration Project to promote our beautiful coastline. Groups are asked to produce anything to do just this. It can be artwork, written work, photos, history projects, geology etc, etc. I have challenged each of our 20 groups to produce or do something about the coastline. I appreciate that for some it is easier than others but that's the challenge! They are hoping that articles and items are available to display at the All Wales Conference in May but the project is continuing all year as far as I know and I would like to have a Newcastle Emlyn



'display' at this years AGM in July. Please can the group leaders let Jim or myself know what their group is planning to do as soon as possible. I will be sending out information about the project as I receive it and the flyers will be available to look at at the monthly meeting.

Hazel

*A wet Victorian evening in NE
Photograph courtesy of Barry Adams*

Our Subject Groups

Activity Group

(every 2-3 months. Activity and location varies)
More details contact Hazel

Art Group

(1st and 3rd Thursdays from 10.00am at Penboyr Village Hall)
More details contact Amanda

Astronomy

(3rd Wednesday from 2.00pm at Coracle Hall, Llechryd) - Joint with Cardigan U3A
More details contact Malcolm

Book Club

(4th Tuesday from 10.30am at Val's in Horeb)
More details contact Ann

Crafty Crafters

(2nd Wednesday from 11.00am at Betty's in Waungilwen or Barbara's in Cenarth)
More details contact Ruth

Creative Writing

(2nd Thursday from 10.30am at Carol's in Penrhiwllan)
More details contact Carol

Digital Photography

(2nd Tuesday from 10.30am at Coracle Hall, Llechryd) - Joint with Cardigan U3A
More details contact Denis

Family History

(currently an email support group) - Joint with Cardigan U3A
More details contact Harold

French Group

(date varies - from 11.00am at Peggy's in Croeslan)
More details contact Ann

Games Group

(3rd Tuesday from 10.30am at Hazel's in Waungilwen)
More details contact Hazel

Garden Group

(1st Friday, generally pm - venue & time varies amongst the group, or other gardens)
More details contact Tony

German Group

(1st and 3rd Thursday from 11.00am at National Woollen Museum, Drefach Felindre)
More details contact Terry

ICT Support Sessions

(3rd Tuesday from 2.00pm at Hazel's in Waungilwen)

More details contact Hazel

Lunch Group

(last Wednesday - venue varies)

More details contact Tracy

Philosophy am

(3rd Thursday from 11.00am at Lesley's in Henllan)

More details contact Lesley

Philosophy pm

(2nd Monday from 2.00pm at Susan's in Pontgarreg)

More details contact Susan

Scrabble

(2nd Friday from 2.00pm at Margery's in Waungilwen)

More details contact Margery

Strollers

(last Friday of the month from 10.30am, venue varies)

More details contact Jim

Table Tennis

(2nd Tuesday from 2.00pm and 4th Thursday from 10.30am at Rhydlewys Village Hall)

More details contact Ali

Wine Appreciation

(3rd Thursday from 7.00pm - venue varies, amongst the group)

More details contact Hazel

Note: Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.

Community Health Councils are looking for members!

Do you have an interest in your local NHS?

Do you want to improve local health services in your area?

Do you have 3-5 days free per month to become a volunteer?

Then read the flyer attached with this month's email newsletter

'CHC ADVERT'

For further information, please contact Hywel Dda CHC on:

01646 697610 or

email: member.recruitment@waleschc.org.uk or

visit the website www.communityhealthcouncils.org.uk

Group Reports

Crafty Crafters

December's Crafty Crafters was a seasonal meeting at Barbara's with Christmas crafting and nibbles to eat. Ann showed us how to make wreaths from fabric that won't die but can be brought out year after year. They were very easy to make, just needing a 10" ring, which Ann had kindly sourced for us, about 1/2 metre of fabric and any decorations we wanted to add. This meant that we could spend lots of time nattering and then tucking into the variety of nibbles we had all taken. Many thanks to Ann for her instructions and to Barbara for our venue.



Our January meeting will be at Betty's in Waungilwen when those of us who did the mosaic workshop will be completing their pictures with grout and we will be taking along anything else we are working on.

Hope you had a happy Christmas and may 2018 be everything you could wish for.

Ruth

Creative Writing

We enjoyed a 'Festive' session of Creative Writing, with a choice of 2 subjects to write a short piece on. The first was to describe 'Christmas' to someone who had no idea what Christmas was about! The second was a piece about rescuing a reindeer that had become detached from the sleigh, and how you'd get him back to his mates!

As always there was a lot of variety and many laughs . . . with a delicious spread of mince pies and cakes provided by Carol. Many thanks go to Hilary for coming up with so many great ideas for our sessions, and to Carol for all her lovely refreshments.

Hope you all had a Happy Christmas, and look forward to more literary master pieces in 2018! Next session is Thursday 11th January, 10.45am at Carol's.

Ali

ICT Support

Numbers have dwindled in this group coming up to Christmas but hopefully will pick up again now. If you have had a new tablet, laptop or iPad for Christmas and want some help give me a ring and book in for a session with Ruth and myself. We don't profess to be experts but we will try and help with any problems you have.

The sessions run on the 3rd Tuesday of the month from 2.00pm to 4.00pm.

Hazel

Table Tennis

On December 7th we held our taster session for a Table Tennis group at Rhydlewic Village Hall. 12 of us attended and we had use of one table tennis table and a number of other table top games. It was a very enjoyable couple of hours and it was decided to go ahead with setting up the Group. Alison will be Group leader.

We decided that we really need another table to accommodate those interested and so we approached Rhydlewic Hall Committee about this. They are keen to provide another table but storage has to be confirmed. The fee will be £2.50 per person for a session of 2 hours. Our first session is on Thursday 25th January, 10.30am to 12.30pm. After that we will meet twice a month, on the 2nd Tuesday 2.00pm and the 4th Thursday 10.30am, at Rhydlewic village Hall. Please contact Alison for more details.

Ali

Wine Appreciation

December's meeting was a social get together with nibbles and of course, wine! We were pleased to be joined by Helen and Godfrey from the Cardigan wine group.

January's meeting is at Lesley's house on Thursday 18th January at 7.00pm and the theme is 'bring a favourite wine' with some information about it. We will also be discussing our future programme.

Hazel

Study Days with Lampeter University *(see Humanities Workshops flyer with email)*

As you know we had our first Study Day with Lampeter University. As it went well the university are organising their own Open Study Days involving the expertise from their various Departments. These look very interesting. The Open Study days are open to everyone not just members of the U3A. I would imagine some will be very popular and soon fill up. So, if you are interested you will need to apply early.

The open days will be organised and managed entirely by the university and they will be creating a web page where you will need to apply to. We at Newcastle Emllyn U3A will not be involved in the planning so we can sit back and enjoy!

We thoroughly enjoyed our Study Day at the University. They were very good hosts and were good at putting over the subject to us. There seems to be much interest already in the Archeology visits. Will keep you informed about booking details.

Jim

What's On In Newcastle Emllyn U3A - January 2018

January

Wednesday	3	Monthly Meeting - at Community Hall, N. Emllyn Speaker - Tony Poole, Butch Cassidy and the Welsh Emigrants to Patagonia	10.30am
Thursday	4	Art Group - at Penboyr Village Hall	10.00am
Thursday	4	German - at The Woollen Museum	11.00am
Monday	8	Philosophy (pm) - at Susan's in Pontgarreg	2.00pm
Tuesday	9	Digital Photography - at Coracle Hall, Llechryd	10.30am
Wednesday	10	Crafty Crafters - at Betty's in Waungilwen	11.00am
Thursday	11	Creative Writing - at Carol's in Penrhiwllan	10.45am
Friday	12	Scrabble - at Margery's in Waungilwen	2.00pm
Tuesday	16	Games Group - at Hazel's in Waungilwen	10.30am
Tuesday	16	ICT Support Session - at Hazel's in Waungilwen	2.00pm
Wednesday	17	Astronomy - at Coracle Hall, Llechryd	2.00pm
Thursday	18	Art Group - at Penboyr Village Hall	10.00am
Thursday	18	Philosophy (am) - at Lesley's in Henllan <i>(please park on the road to allow space for cottage guests)</i>	10.30am
Thursday	18	German - at The Woollen Museum	11.00am
Thursday	18	Wine Appreciation - at Lesley's in Henllan	7.00pm
Tuesday	23	Book Club - at Val's in Horeb	10.30am
Thursday	25	Table Tennis - at Rhydlewic Village Hall, Llandysul	10.30am
Friday	26	Strollers - Aberaeron to Llanerchaeron, or Lampeter	10.30am
Wednesday	31	Lunch Club - at The Gogeddan Arms (details to follow)	12.30pm
	TBA	French Group - at Peggy's in Croeslan	10.30am
		Family History - <i>email support group, see 'Our Subject Groups'</i>	
		Garden Group - <i>Winter recess, no meeting until February 2018</i>	

February

Wednesday	7	Monthly Meeting - at Community Hall, Newcastle Emllyn Speaker - Janet Barber, Pant Glas World of Nature - Owls and Hawks	
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To add events to this monthly calendar please contact John, giving date, venue and time plus any further information to assist those wishing to attend.

Closing date for newsletter contributions will be on the 24th of the month.

Sorry, later than this and I cannot guarantee its inclusion.

Contact John via email at: neu3anewsletter@hotmail.com

It's easy to remember - **n** (Newcastle), **e** (Emllyn), **u3a** (catching on!)

newsletter (I think you've got it!) - @hotmail.com (*gets it to me*).