



### Chair's Ramble

Happy Halloween and Bonfire night! Stay safe and enjoy any celebrations that you attend.

November is a rather exciting month for Newcastle Emlyn U3A as we are hosting our Philosophy Study Day at Lampeter University on Tuesday 7th November. It is our first study day for a while and all credit to Jim as he has worked very hard to make it happen. I understand there are still a few places left if you do wish to join us. Please contact Jim direct.

November is also the first time we have organised a new members coffee afternoon to get to know new members and also let them see who the committee members are and ask any questions about the U3A. This will take place at Waungilwen on Tuesday 14th November from 2.00-4.00pm. All new members from the last 2 years should have had an email invitation but please let me know if you haven't received an invitation and think you should have. If you can let me know if you will be attending this event that would be helpful so that I can make sure I have enough cups and cakes!

A reminder also about the Victorian night in Newcastle Emlyn on Wednesday 6th December when we will be making popcorn to give out to passers by along with information about our U3A. Support on the stall, even for 15 minutes would be appreciated. Please let me know if you are able to help at anytime from 4.30-8.00pm.

We have had an invitation from Claire Greenhouse at the British Red Cross to host a free Everyday First Aid training session. The training is tailored around people who are most likely to come across trip and fall emergencies as well as heart attacks and strokes. The course is approximately 2 hours long but is flexible to suit our needs. I am going to get in touch with Claire as to the possibility of running the course for us in the new year. I hope that many of you will take this opportunity to get some basic training. More details later!

At the last monthly meeting there was quite a few people showed an interest in a table tennis group and Jim is now working with people to get this set up. Please remember though that it is not Jim's job to set up all the groups but just to help others set them up and make sure they run smoothly. If you have any interest groups that you think might be an addition to our list please speak to a committee member who will help you get it off the ground.

Finally a last call to any members who have not yet paid their yearly membership to do so or I'm afraid they will be taken off the mailing and membership list!

*Hazel*

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## Our Subject Groups

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### Activity Group

(every 2-3 months. Activity and location varies)  
More details contact Hazel

### Art Group

(1st and 3rd Thursdays from 10.00am to 12.00 at Penboyr Village Hall)  
More details contact Amanda

### Astronomy

(3rd Wednesday from 2.00pm at Coracle Hall, Llechryd). Joint with Cardigan U3A  
More details contact Malcolm

### Book Club

(4th Tuesday from 10.30am at Val's in Horeb)  
More details contact Ann

### Crafty Crafters

(2nd Wednesday from 11.00am at Betty's in Waungilwen or Barbara's in Cenarth)  
More details contact Ruth

### Creative Writing

(2nd Thursday from 10.30am at Carol's in Penrhiwllan)  
More details contact Carol

### Digital Photography

(2nd Tuesday from 10.30am at Coracle Hall, Llechryd). Joint with Cardigan U3A  
More details contact Denis

### Family History

(4th Wednesday from 10.30am at Cardigan Bowling Club). Joint with Cardigan U3A  
More details contact Harold

### French Group

(date varies - from 11.00am at Peggy's in Croeslan)  
More details contact Ann

### Games Group

(3rd Tuesday from 10.30am to 12.30 at Hazel's in Waungilwen)  
More details contact Hazel

### Garden Group

(1st Friday, generally pm - venue & time varies amongst the group, or other gardens)  
More details contact Tony

### German Group

(1st and 3rd Thursday from 11.00am at National Woollen Museum, Drefach Felindre)  
More details contact Steph and Terry

### ICT Support Sessions

(3rd Tuesday from 2.00pm to 3.30 at Hazel's in Waungilwen)

More details contact Hazel

### Lunch Group

(last Wednesday - venue varies)

More details contact Tracy

### Philosophy am

(3rd Thursday from 11.00am at Lesley's in Henllan)

More details contact Lesley

### Philosophy pm

(2nd Monday from 2.00pm at Susan's in Pontgarreg)

More details contact Susan

### Scrabble

(2nd Friday from 2.00pm at Margery's in Waungilwen)

More details contact Margery

### Strollers

(last Friday of the month from 10.30am, venue varies)

More details contact Jim

### Wine Appreciation

(3rd Thursday from 7.00pm - venue varies, amongst the group)

More details contact Hazel

**Note:** Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.

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Do the difficult things while they are easy and do the great things while they are small.

A journey of a thousand miles must begin with a single step.

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Only I can change my life. No one can do it for me.

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Carry out a random act of kindness with no expectation of reward, safe in the knowledge that one day someone might do the same for you. – Princess Diana

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## Group Reports

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### Book Club

The next Book Club will be on Tuesday 28th November at Val's when the book will be *The Wind in the Willows* by Kenneth Grahame.

At this month's meeting we discussed *Fahrenheit 451*. It received mixed reviews, being described as prescient by one person but being less popular to others. Some allowance should perhaps be given as it was published over 50 years ago & Sci Fi is more sophisticated now.

*Ann*

### Crafty Crafters

During *Crafty Crafters* in October, it was time to make Christmas puddings - yes, it's only October, but you have to start sometime. These were not the edible ones but ones made as Christmas decorations from polystyrene balls and felt. Ruth had prepared kits for everyone and by the end of the meeting everyone was well on their way to finishing their pudding. All that needed to be added to complete them was to add beads.

The meeting in November will be a trip to a mosaic workshop given by Maddie Janes at her workshop near St. David's followed by lunch somewhere nearby. Details for the trip will be forwarded to those attending.

December's meeting will be held at Barbara's in Cenarth.

*Ruth*



### Creative Writing

First, we had some very good news, we were delighted to hear that Carol's entry to the Wales U3A short story competition has been selected for the ten short listed stories that will be passed to Marcia Humphries, the Subject Adviser for Creative Writing for the Third Age Trust, who will select the winner. Well done Carol, we are all so pleased for you (and as a group, reflecting in your glory of course! :). We wish you the very best of luck for the final result.

This month Hilary had us doing a grammatical 'test' . . . we had to pick a room, any room, and describe it in one sentence, keeping it grammatically correct. We were able to use all other punctuation but not full stops. The number of words ranged from about 50 to nearly 400! The second part was to describe the same room in a paragraph containing sentences of 6 words or less. After the long sentences the paragraphs were quite short and concise! It was quite a testing exercise . . . but with plenty of laughs as usual.

The next meeting is the 9th November at Carol's.

*Ali*

## French Group

The next French Group will be on Monday 6th November at Peggy's. We will continue reading stories in French & using CDs. Contact Ann for details.

*Ann*

## Garden Group

The garden group had its first away day at the beginning of October and ten of us enjoyed a fine day at Picton gardens near Haverfordwest. There was a surprising amount of colour for the time of year and a wide variety of plantings, both formal and more natural, with the walled garden being particularly impressive. There is also a considerable area of woodland which includes many interesting well established trees.



Light refreshments and more substantial midday meals were provided by a very good Spanish style restaurant of which most of our group took full advantage.



A spring or summer return visit next year was thought to be very likely for the group especially as the rhododendrons and azelias would be at their best, maybe late May or early June.

Our next gathering will be with Hazel and John, 2.00-4.00pm on Friday 3rd November.

After this there will be a break until February.

*Tony*



## Lunch Group

The November lunch is booked at the Coopers Arms in Newcastle Emlyn for November 29th. Meet at 12.30 for 1.00pm.

I will bring the menu to the monthly meeting on 1st November.

*Tracy*

## Philosophy am

The serious nature of our Philosophy discussions continued with a look at the Ten Commandments. There was discussion as to where morals originated, many felt they are from religions, others that they are an innate part of social humans. We wandered far and wide till coming up with ten commandments, which really didn't cover many of the morals we use.

Our next meeting has been moved to the 30th November. We will be looking at what has been said at the Study Day as well as looking at Philosophy itself and perhaps plan a programme for next year.

*Jim*

## Philosophy am

We looked at the Philosophy of Punishment this month. Was it retribution - 'let the punishment fit the crime', or incapacitation - 'removing the offender from society', deporting, or perhaps deterring other offenders or even rehabilitation. We felt it was a mixture of all, but felt with the overflowing prisons we needed to explore all reactions to offending to reduce the effect on all of us.

In view of the Philosophy Study Day there will be no November meeting and we will be back in December to review our Study Day and plan a programme for next year.

*Jim*

## Wine Appreciation

In October we met at Ruth and Malcolm's house and tasted Eastern European wines. The first thing we noted was that they were not easy to get hold of. Yet the Eastern European countries are said to be a substantial contributor to the global wine market!

We had 3 reds and a white although 2 of the reds were the same this month, the first time we have duplicated a wine between us! The white came out on top in our tasting with the duplicated red being the least appreciated!

Next month the group is visiting the Penderyn Whisky Distillery on Thursday 16th November. The tour is booked for 2.00pm but we hope to enjoy some lunch together first!

*Hazel*

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Why is it called a "building" when it's already been built ?

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Bet you didn't notice the the word 'the' has been said twice. :)

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Teacher: Imagine you're in a world with dinosaurs  
and a dinosaur was going to eat you. What would you do?

Boy: Easy, stop imagining.

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## Cardigan U3A Open Day

For the 3rd year running, members of your committee manned a table at Cardigan U3A's open day in October.

Several people passed comment at how inviting the display looked. We had two new members join our U3A with quite a few showing interested.

*Ruth*



## December Monthly Meeting

Christmas December Meeting - advance notice!

Our monthly meeting on Wednesday 6th December will be an in-house meeting with entertainment and a quiz followed by a 'bring and share' buffet.

If your surname begins with the letter A-M please bring something sweet for the buffet table and if it begins with the letters N-Z please bring something savoury.

We will need volunteers to help with the teas and coffees as Pam cannot be with us on that day. She is willing to show people what she does and how to run the dishwasher etc. at the November meeting. We will also need help with the setting up and clearing away. Please let me know if you can help.

*Hazel*

## Philosophy Study Day - Tuesday 7th November

The closing date for the Study Day has now passed.

If there is anyone still interested do get in touch with Jim and we could just squeeze you in.

*Jim*

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I waited and stayed up all night and tried to figure out where the sun was.  
Then it dawned on me.

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Two lawyers arrive at the pub and ordered a couple of drinks.  
They then take sandwiches from their briefcases and began to eat.  
Seeing this, the angry publican approaches them and says,  
'Excuse me, but you cannot eat your own sandwiches in here!'  
The two look at each other, shrug and exchange sandwiches.

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## What's On In Newcastle Emlyn U3A - November 2017

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### November

Wednesday	1	<b>Monthly Meeting</b> - at Community Hall, N. Emlyn Speaker - Rodney Webb, Stepdance to Survive	10.30am
Thursday	2	<b>Art Group</b> - at Penboyr Village Hall	10.00am
Thursday	2	<b>German</b> - at The Woollen Museum	11.00am
Friday	3	<b>Garden Group</b> - at Hazel's in Waungilwen	11.00am
Monday	6	<b>French Group</b> - at Peggy's in Croeslan	11.00am
Tuesday	7	<b>Philosophy Study Day</b> - at Lampeter University (registration at 10.30am)	11.00am
Wednesday	8	<b>Crafty Crafters</b> - Mosaic Workshop, near St. David's	
Thursday	9	<b>Creative Writing</b> - at Carol's in Penrhiwllan	10.45am
Friday	10	<b>Scrabble</b> - at Margery's in Waungilwen	2.00pm
Tuesday	14	<b>Digital Photography</b> - at Coracle Hall, Llechryd	10.30am
Wednesday	15	<b>Astronomy</b> - at Coracle Hall, Llechryd	2.00pm
Thursday	16	<b>Art Group</b> - at Penboyr Village Hall	10.00am
Thursday	16	<b>German</b> - at The Woollen Museum	11.00am
Thursday	16	<b>Wine Appreciation</b> - at Penderyn Whisky Distillery	2.00pm
Tuesday	21	<b>Games Group</b> - at Hazel's in Waungilwen	10.30am
Tuesday	21	<b>ICT Support Session</b> - at Hazel's in Waungilwen	2.00pm
Wednesday	22	<b>Family History</b> - at Cardigan Bowling Club	10.30am
Friday	24	<b>Strollers</b> - at Aberaeron then south along coastal path	10.30am
Tuesday	28	<b>Book Club</b> - at Val's in Horeb	10.30am
Wednesday	29	<b>Lunch Club</b> - at Coopers Arms, Newcastle Emlyn	1.00pm
Thursday	30	<b>Philosophy (am)</b> - at Lesley's in Henllan (please park on the road to allow space for cottage guests) <b>Philosophy (pm)</b> - no meeting this month	10.30am

### December

Wednesday	6	<b>Monthly Meeting</b> - at Community Hall, N. Emlyn Xmas celebrations with buffet	
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To add events to this monthly calendar please contact John, giving date, venue and time plus any further information to assist those wishing to attend.  
Closing date for newsletter contributions will be on the 24th of the month.  
Sorry, later than this and I cannot guarantee its inclusion.

Contact John via email at: [neu3newsletter@hotmail.com](mailto:neu3newsletter@hotmail.com)  
It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)  
**newsletter** (I think you've got it!) - [@hotmail.com](mailto:@hotmail.com) (gets it to me).

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