



Newcastle Emlyn U3A



Newsletter - November 2016

<http://u3asites.org.uk/newcastle-emlyn>

Chair's Ramble

Happy Autumn, Divali, Halloween and Bonfire night! Haven't the colours been fantastic this Autumn. Driving around the area is just beautiful and I have to confess to kicking my way through a few piles of crisp colourful leaves! We were lucky enough to visit Westonbirt Arboretum during October and the Acers and Maples were in full colour, absolutely amazing.

A few committee members made a presence at the Cardigan U3A open afternoon at the end of October and hopefully a few people will join us from that event. Our membership is at 86.

Good luck to the German group which is starting this month and will be meeting at the Woollen Mill in Drefach Felindre. If you have never visited the mill it is well worth a visit. It is very interesting and free!

We are so lucky to live in such a beautiful and interesting area. The strollers enjoyed a stroll on the coastal path this month between Aberporth and Tresaith, but we also have castles, museums, beautiful rivers, gardens and much more. Watch out for all the Christmas craft and food fairs coming up during November and December. Newcastle Emlyn will also be celebrating Bonfire night at the castle on Saturday 5th November. Never a dull moment!

Scam phone calls selling smoke alarms

Please see the Press release received from Mid and West Wales Fire and Rescue Service in relation to a telephone scam they have recently become aware of in which the caller either purports to be operating on behalf of a Fire and Rescue Service, or where they tell householders that they are in breach of regulations if they do not have smoke alarms and try to sell them across the phone requesting credit card details.

Lewis Barron, Policy Officer
Community Safety & Civil Contingencies Unit, Aberaeron

It's not about age . . . It's about Attitude

* * * * *

How old would you be if you didn't know how old you are?

* * * * *

*I've reached the age where I finally "Got It Together"
Now, if I can just remember where I put it*

Our Subject Groups

Activity Group

(every 2-3 months. Activity and location varies)
More details contact Annabelle

Art Group

(2nd and 4th Thursdays from 10.00am to 12.00 at Penboyr Village Hall)
More details contact Amanda

Astronomy

(2nd Wednesday from 2.00pm at Coracle Hall, Llechryd). Joint with Cardigan U3A
More details contact Malcolm

Book Club

(4th Tuesday from 10.30am at Ken & Val's in Horeb)
More details contact Ann

Crafty Crafters

(2nd Wednesday from 11.00am at Annabelle's in Penboyr)
More details contact Ruth

Creative Writing

(2nd Thursday from 10.30am at Carol's in Penrhiwllan)
More details contact Carol

Digital Photography

(2nd Tuesday from 10.30am at Coracle Hall, Llechryd). Joint with Cardigan U3A
More details contact Denis

Family History

(4th Wednesday from 10.30am at Coracle Hall, Llechryd). Joint with Cardigan U3A
More details contact Harold

French Group

(date varies - from 11.00am at Peggy's in Croeslan)
More details contact Ann

Games Group

(3rd Tuesday from 10.30am to 12.30 at Hazel's in Waungilwen)
More details contact Hazel

German Group

(1st Thursday from 11.00am at National Woollen Museum, Drefach Felindre)
More details contact Steph and Terry

Lunch Club

(last Wednesday - venue varies)
More details contact Mags

Philosophy am

(3rd Thursday from 11.00am at Lesley's in Henllan)
More details contact Lesley

Philosophy pm

(2nd Monday from 2.00pm at Teresa's in Penboyr)

More details contact Teresa

Scrabble

(2nd Friday from 2.00pm at Margery's in Henllan)

More details contact Margery

Strollers

(last Friday of the month from 10.30am, venue varies)

More details contact Jim

Wine Appreciation

(3rd Thursday from 7.00pm - venue varies, amongst the group)

More details contact Hazel

Note: Circumstances may require these details to change occasionally. Please refer to the current monthly calendar to see if there are any changes to date, venue and time.

Visit to The Italian Chapel at Henllan

30 of us enjoyed an informative, fascinating and sobering visit to the POW Camp.

We were shown the camp itself. It was built just before the war started, on 17 acres of farmland. The majority of POWs were Italian and had shown they could be trusted and able to work in the community. We then moved into the Chapel and learnt of how it came to be and how it has been preserved. All interspersed with many tales and anecdotes, setting the scene as to how life was here at the time of conflict. It ended with tales of how the painter was traced and he and other POWs being welcomed back.

It will be their last tour this year, if any one else would like to go next year do let us know.

Newcastle Emlyn Victorian Evening

Newcastle Emlyn U3A will again be having a stall at the Victorian evening held in the town on Wednesday 7th December.

Last year we cooked and gave out roasted chestnuts as well as information about the U3A. We are planning to do the same again but need people to help on the evening.

If you are able to help on this evening please speak to one of the committee.



*I wasn't yawning while you were talking . . .
. . . I was just trying to get a word in*

Group Reports

Art Group

Remember the change of dates for the Art Group, we have moved our meetings to the 2nd and 4th Thursday in the month.

Crafty Crafters

At our last craft meeting we made paperback book hedgehogs which we all enjoyed.

It was decided that we would have another go with paperback book folding at the November meeting on Wednesday 9th. This time we are going to make a Christmas tree!



You will need to bring;

1. An old paperback book with at least 160 plus pages. The more you fold the denser the tree.
2. A fairly strong glue to attach the decorations (Hazel will bring a glue gun as well).
3. Small decorations for the sides and something for the top. Ribbons can be used as tinsel. Glitter adds sparkle! Hazel will try and get some suitable items which we can use. The Range has quite a good selection. Gold doilies and sequins or small beads might be useful as well.
4. Scissors
5. Patience!

Please can you let Hazel or Annabelle know if you are coming, or not, so we can make sure we have enough chairs. If anyone would like to join us for the first time please contact Hazel.

Creative Writing Group

This month we were given another interesting task. We were given a list of 10 objects that a person could own. We were then asked to create a character based on some of the objects that this person owned. As always we had a varied and interesting interpretation of the task, and as always, it was great fun.

Meetings held at Carol's in Penrhiwllan.

Family History

Our October meeting was attended by a group of seven members who had an interesting discussion on researching gravestones and the follow up of confirming details inscribed on them. I had visited the Tyrhos chapel again and found a grave on the newer side which had a memorial to a man who was the holder of the BEM and my efforts to locate the records of this medal roused some comment and discussion.



Next month I will be working away and members felt it might be a good opportunity to join with the Local History Group who are having a talk by Glen Johnson on the subject of Shipwrecks on the Teifi, this meeting will be on Monday November 21st at the Coracle Hall Llechryd at 2.00 for 2.30pm start. All our members are very welcome to take part.



Cardigan U3A held its Open Day on Thursday October 27th and we were represented there with a display of items of interest to family history researchers, there was some contact and I hope we may get visits from those who I spoke with in the new year.

Attached are photographs of our display, a bit cramped but we made the best of it.

German

The group will meet on Thursday 3rd November at 11.00am. There will be a discussion (in English) on what every one wants from the group and how to organise the group. For more details contact Steph and Terry.

Philosophy am

This time we went back to basics and looked at what is Philosophy. As it is not easy to define we talked about the following statements.

- 1. Philosophers are people unafraid of the large questions** and over the centuries have asked the very largest.
- 2. We are vulnerable to errors of common sense** Public opinion, common sense stuff that's just assumed to be true. Are they logical?
- 3. We are mentally confused.** We lack insight into our own likes and dislikes. We need to examine our own minds. *Know yourself.*
- 4. We have muddled ideas about what will make us happy,** how can we seek to be wise by getting more precise about the activities and attitudes that really can help our lives to go better.



5. Our emotions can send us in dangerous directions, Philosophers teach us to think about our emotions, rather than simply have them. By understanding and analysing our feelings.

6. We panic and lose perspective. We are constantly losing a sense of what matters and what doesn't. We are, as the expression goes, constantly 'losing perspective'. 'Philosophical' a byword for calm.

It was a fruitful morning and we did come to the conclusion that we were being philosophical and would like to continue and had ideas how to improve our skills. To explore more we are going to look at the Philosophy of Education. As it is such a huge subject we are starting "Why do we need Education"

Wine Appreciation Group

There was no meeting in October. This month we are visiting the Celteg winery for a talk and tasting. There will also be a chance to purchase gifts for Christmas! This visit is on Thursday 17th November and is open to any member who wishes to attend. We will be meeting at 6:30pm at the winery in Henllan and can sort anyone who needs a lift. Please let Hazel know if you wish to attend or sign the sheet at the next monthly meeting. We need at least 10 people so please come along and enjoy the evening.

Is your group making the most of our monthly newsletter?

Would you like to share your activity with more members? Why not use the newsletter to tell the rest of us what you are doing - it might inspire someone to come along and see what you are doing, who knows, perhaps they might decide to join you.

A request from the editor; Please let us know where and when your activities are happening - especially if the venue, or date, changes on a regular basis.

An Email from God

One day God was looking down at earth and saw all of the rascally behaviour that was going on. So he called one of his angels and sent the angel to earth for a time. When he returned, he told God, "Yes, it is bad on Earth; 95% are misbehaving and only 5% are not".

God thought for a moment and said, "Maybe I had better send down a second angel to get another opinion". So God called another angel and sent him to earth for a time also. When this angel returned he went to God and said, "Yes, it's true. The earth is in decline; 95% are misbehaving, but 5% are being good". God was not pleased.

So he decided to email the 5% who were good, because he wanted to encourage them, give them a little something to help them keep going.

"Do you know what the email said?"

No?

Okay, just wondering. I didn't get one either . . .

Words of Beatles Songs

Words

Song Title

1	I'll pretend that I'm kissing the lips that I am missing	_____
2	There's nothing you can do that can't be done	_____
3	I give her all my love	_____
4	Oh dear what can I do	_____
5	If you say you love me too	_____
6	It took me so long to find out	_____
7	Love you every day girl always on my mind	_____
8	When I'm walking beside her	_____
9	I got arms that long to hold you and keep you by my side	_____
10	Now these days are gone I'm not so self assured	_____
11	Well she was just seventeen	_____
12	It's such a feeling that my love I can't hide	_____
13	One day you'll look to see I've gone	_____
14	I don't want to kiss or hold your hand	_____
15	Picture yourself in a boat on a river with tangerine trees	_____
16	For though they may be parted there is still a chance that they will see	_____
17	All the lonely people where do they all belong	_____
18	Happy ever after in the market place	_____
19	You think you've lost your love	_____
20	Nothing is real and nothing to get hung about	_____
21	You say you will love me if I have to go	_____
22	The girl that's driving me mad is going away	_____
23	So I wait and in a while	_____
24	Here I stand head in hand	_____

What's On In Newcastle Emlyn U3A - November 2016

November

Wednesday	2	Monthly Meeting - at Community Hall, N. Emlyn	10.30am
		Speaker - Melvyn Grey, Wild Life Photography	
Wednesday	2	Lunch - at Emlyn Arms (after monthly meeting)	12.30am
Thursday	3	German - Inaugural meeting at The Woolen Museum	11.00am
Tuesday	8	Digital Photography - at Coracle Hall, Llechryd	10.30am
Wednesday	9	Crafty Crafters - at Annabelle's in Penboyr	11.00am
Wednesday	9	Astronomy - at Coracle Hall, Llechryd	2.00pm
Thursday	10	Art Group - at Penboyr Village Hall	10.00am
Thursday	10	Creative Writing - at Carol's in Penrhiwllan	10.30am
Friday	11	Scrabble - at Margery's in Henllan	2.00pm
Monday	14	Philosophy (pm) - at Teresa's in Penboyr	2.00pm
Tuesday	15	Games Group - at Hazel's in Waungilwen	10.30am
Thursday	17	Philosophy (am) - at Lesley's in Henllan	10.30am
Thursday	17	Wine Appreciation - Celteg Winery, Henllan	6.30pm
Monday	21	Family History - at Coracle Hall, Llechryd (change of date - see 'Group Reports')	2.00pm
Tuesday	22	Book Club - at Val's in Horeb	10.30am
Thursday	24	Art Group - at Penboyr Village Hall	10.00am
Friday	25	Strollers - To Be Advised	10.30am
Wednesday	30	Lunch Club - venue TBA	12.15pm
	TBA	French - at Peggy's in Croeslan	11.00am

December

Wednesday	7	Monthly Meeting - at Community Hall, N. Emlyn	10.30am
		Informal meeting followed by a buffet lunch	
Wednesday	7	Lunch - Not this month	

To add events to this monthly calendar please contact John, giving date, venue and time plus any further information to assist those wishing to attend.
Closing date for newsletter contributions will be on the 24th of the month.
Sorry, later than this and I cannot guarantee its inclusion.

Contact John via email at: neu3anewsletter@hotmail.com
It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)
newsletter (I think you've got it!) - @hotmail.com (gets it to me).