



Newcastle Emlyn U3A



Newsletter - September 2016

<http://u3asites.org.uk/newcastle-emlyn>

Chair's Ramble

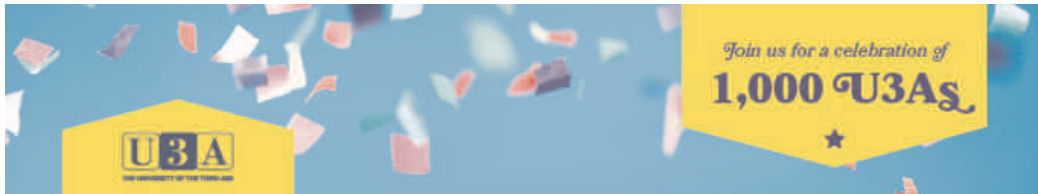
Well the summer holidays are nearly over and the nights are already drawing in, though we may still get some lovely sunny weather to enjoy. Fingers crossed! If, like us, you are still to have your holidays then enjoy your travels.

September sees another meeting of the Activity group as we sample the entertainment of a murder mystery evening at Llanelly House. 16 members have booked to go so it should be a good evening.

Please keep an eye on your emails as we sometimes have to notify everyone of new events or changes and this can be the best way of getting in touch with most people. We are aware of those who do not have email and if necessary will get in touch with them by phone.

I hope to start visiting each group over the next few months to see what goes on and who is in each group. I will try and contact the group leader before turning up! Please try and remember that if there are any changes to your usual programme to let the newsletter editor know and also to put in a report once in a while.

Have a great September! A very happy special birthday to George Brookes on the 16th September!



A celebration of 1,000 U3As

To mark reaching the milestone of 1,000 U3As, a special event is being held on the 22nd November at Friends House, London.

Eric Midwinter (founder of the U3A movement) and Baroness Frances d'Souza (Speaker of the House of Lords) will be addressing the hall.

Tickets cost just £5, and are available now via Eventbrite.

They will be sending some flyers and posters in the next general mailing to help us advertise this to our members. If you wish to book, visit u3a1000.eventbrite.co.uk.

Our Subject Groups

Activity Group

(every 2-3 months. Activity and location varies)
More details contact Annabelle

Art Group

(2nd and 4th Thursdays from 10.00am to 12.00 at Penboyr Village Hall)
More details contact Amanda

Astronomy

(2nd Wednesday from 2.00pm at Coracle Hall, Llechryd). Joint with Cardigan U3A
More details contact Malcolm

Book Club

(4th Tuesday from 10.30am at Ken & Val's in Horeb)
More details contact Ann

Crafty Crafters

(2nd Wednesday from 11.00am at Annabelle's in Penboyr)
More details contact Ruth

Creative Writing

(2nd Thursday from 10.30am at Carol's in Penrhiwllan)
More details contact Carol

Digital Photography

(2nd Tuesday from 10.30am at Coracle Hall, Llechryd). Joint with Cardigan U3A
More details contact Denis

Family History

(4th Wednesday from 10.30am at Coracle Hall, Llechryd). Joint with Cardigan U3A
More details contact Harold

French Group

(date varies - from 11.00am at Peggy's in Croeslan)
More details contact Ann

Games Group

(3rd Tuesday from 10.30am to 12.30 at Hazel's in Waungilwen)
More details contact Hazel

Lunch Club

(last Wednesday - venue varies)
More details contact Mags

Philosophy am

(3rd Thursday from 11.00am at Lesley's in Henllan)
More details contact Lesley

Philosophy pm

(2nd Monday from 2.00pm at Teresa's in Penboyr)
More details contact Teresa

Scrabble

(2nd Friday from 2.00pm at Margery's in Henllan)

More details contact Margery

Strollers

(last Friday of the month from 10.30am, venue varies)

More details contact Jim

Wine Appreciation

(3rd Thursday from 7.00pm - venue varies, amongst the group)

More details contact Hazel

Note: Circumstances may require these details to change. Please refer to the current monthly calendar to confirm date, venue and time.

Visit to The Italian Church at Henllan

Teresa had visited the Italian Chapel and wondered if any other members would be interested if we arranged a further visit. For those who do not know about this church:-

This Italian Chapel was built in 1942 in a prisoner of war camp in Henllan. The camp held 1,000 prisoners of war from the war in Northern Africa. In the camp there was no place for religious worship, when the prisoners requested one, they had to sacrifice one of the dormitories to build a chapel. As skillful as ever, the Italians built it using whatever came to hand. They created a little masterpiece, and devoted it to The Sacred Heart, complete with hand painted frescoes and candlesticks fashioned from corn beef tins.



Photo taken by Teresa

Mario Ferlito was the artist who decorated the beautiful frescos in the chapel. Sadly, the Italian Chapel, which echoes in a minor scale, the more famous one in Orkney, Scotland, is in urgent need of restoration and preservation. It is one of the 3 remaining chapels built by Italians, the third one believed to be in northern Africa.

The Prisoner of War camp and the Church of the Sacred Heart has become a place of pilgrimage for many who were held as Prisoners of War, their families and of course for scores of tourists.

We will be taking names of members interested at the next monthly meeting. If there are enough we will fix a date.

For more details look at www.ourladyofthetaper.org.uk/page48

Group Reports

Activity Group

We have arranged a Murder Mystery Evening at Llanelly House, Llanelli on Saturday 24th September. During a three course meal various characters will be appearing and we will be required to solve a scandalous murder at the end of the evening! Llanelly House is an historic house in the centre of the town with a wonderful period atmosphere. The evening promises to be exciting, great fun and good value considering what is on offer.

Art Group

There is a change of dates for the Art Group, we are moving our meetings to the 2nd and 4th Thursday in the month, from September. So the September meeting dates will be 8th and 22nd September, same time, 10 to 12 in Penboyr Village Hall.

Book Club

The next date for Book Club will be Tuesday, September 27th at Val's at Horeb. At August's meeting we discussed A Trick of the Light by Louise Penny, a Canadian author. Most people had enjoyed this detective story which is part of a series about Detective Ganache and would like to read more of the series. The book for September is Brooklyn by Colm Toibin, an Irish writer. For October we intend to read A Painted House by John Grisham. We also decided to try our hands at play reading in the future.

Creative Writing Group

This time run by Alison with only four of us trying to access our creative side. We were given 3 random nouns 1 'concrete' noun and 2 abstract nouns which had to be mentioned at least once in a short story. We all agreed we were slowly improving. At least my punctuation has improved, but certainly not my spelling. Thank you Hilary for coming up with interesting and challenging ideas to keep us coming back and for guiding us along.

French

The next date for French will be Monday, 3rd October at Peggy's at 11 am. At August's meeting we looked at three prospective course books and tried out "Travellers' French" which has a cd to use with it. We all agreed that this course would be one to follow. We will also use elements of the other two.

Monthly Meeting - visit to Llanelly House

A group of members enjoyed a visit to Llanelly house at the beginning of August instead of the monthly meeting. Llanelly house, in the centre of Llanelli, is Wales' finest Georgian mansion and is run by Llanelly House and Carmarthenshire Heritage Regeneration Trust 2013. The visit was interesting and informative and we were joined on our tour by Sir Thomas Stepney himself! After a tour of the house, including the servants quarters, we had a lovely lunch in a private dining room. The audio visual effects were brilliant and we were made to feel very welcome.

Monthly Meeting Speaker List

Please note - there has been a change to the speakers for the October and November meetings. Simply a straight swap for October and November.

John Wigley (The Bee Man) will now be speaking at the October Meeting.

Melvyn Grey (Wild Life Photography) will now be speaking at the November meeting.

Philosophy am

We felt we needed a lighter topic this time, when we looked at all aspects of LOVE. From romantic love to family, country, religion, money and food. It was discussed in a gentle sensitive way. I am sure most of us were wiser and were grateful to everyone for being so open.

The next time we are coming down to earth and topical with The Philosophy of the Olympics and Competition on the 15th September.

Philosophy pm

Unfortunately there were not enough of us to philosophise this month. Maybe we will be doubly philosophical on September 12th.

Wine Appreciation Group

In August the wine appreciation group met in the garden at Annabelle and George's house in Penboyr. The weather was lovely, the views delightful and the Italian Reds we were sampling scored well. Two Chianti and a Valpolicella were the wines sampled. Next month we are meeting at Ruth and Malcolm's and will be sampling German Whites. If anyone else would like to join us you would be most welcome.

Celteg Wines

A date for your diary!

The wine appreciation group are organising a visit to Celteg Wines in Henllan on Thursday 17th November at 6:30. We will have a talk, a look around and have tastings of their wines. There will also be a chance to buy some gifts for Christmas! Please let Hazel know if you would like to come on this visit.

Welsh Hearts Charity

In last months newsletter we mentioned the CPR and Defibrillator training taking place at Cawdor Hall in Newcastle Emlyn. At least three of our members, Jim, Ann and Hazel, went along and are now trained in the use of the Defib machine. Congratulations to them.

Teacher: How old is your father?

Child: He is 6 years.

Teacher: What? How's that possible?

Child: He became father only when I was born.

Let's Talk Health - Wellbeing Assessment

Public service providers across Carmarthenshire, Ceredigion and Pembrokeshire are working together to assess the state of well-being of local people and communities, now and for the future. Many things can influence the well-being of individuals and communities, such as economic, social, environmental and cultural factors.

You can give your views by completing a Well-being Survey by 30th September 2016, on <http://www.snapsurveys.com/wh/s.asp?k=146653035198>

The information provided will be used by each County to produce an Assessment of Local Well-being. The assessment will be used by each County's Public Services Board to put together a 5 year Local Well-being Plan that will say what we intend on doing and how the Board will be working together to improve the economic, social, environmental and cultural well-being of each County. The Plan will need to be in place by April 2018.

If you would like a copy of the survey on paper or in another accessible format, or if you would like any further information please contact us by:

email: hyweldda.engagement@wales.nhs.uk or by telephone: 01554 899 056.



Games group enjoying the August sunshine. Last month (July) was too hot!



Teacher: Harold, what do you call a person who keeps on talking when people are no longer interested?

Harold: A teacher.

What's On In Newcastle Emlyn U3A - September 2016



Strollers, August 2015 - Fond memories!

Teacher: Maria, go to the map and find North America.
 Maria: Here it is.
 Teacher: Correct. Now, class, who discovered America?
 Class: Maria.
 * * * * *

Teacher: Glenn, how do you spell 'crocodile'?
 Glen: K-R-O-K-O-D-I-L
 Teacher: No, that's wrong.
 Glenn: Maybe it is wrong, but you asked me how I spell it.
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Teacher: Clyde, your composition on 'My Dog' is exactly the same as your brother's. Did you copy his?
 Clyde: No, sir; It's the same dog.

Drefach Felindre Gardening Club 29th Annual Horticultural and Craft Show

Saturday 10th September - 2.00pm to 4.00pm
 Red Dragon Hall, Drefach Felindre (opposite the Premier shop)

For more information and schedule for entries contact Helen Nolan

Why not try your hand and enter something in the many and varied categories

September

Wednesday	7	Monthly Meeting - at Community Hall, N. Emlyn	10.30am
		Speaker - Sarah Rochira, Commissioner for older people	
Thursday	8	Art Group - at Penboyr Village Hall	10.00am
Thursday	8	Creative Writing - at Carol's in Penrhiwllan	10.30am
Friday	9	Scrabble - at Margery's in Henllan	2.00pm
Monday	12	Philosophy (pm) - at Teresa's in Penboyr	2.00pm
Tuesday	13	Digital Photography - at Coracle Hall, Llechryd	10.30am
		(potential new members please phone first)	
Wednesday	14	Crafty Crafters - at Annabelle's in Penboyr	11.00am
Wednesday	14	Astronomy - at Coracle Hall, Llechryd	2.00pm
Wednesday	15	Philosophy (am) - at Lesley's in Henllan	10.30am
Thursday	15	Wine Appreciation - at Ruth & Malcolm's in Bryngwyn	7.00pm
Tuesday	20	Games Group - at Annabelle's in Penboyr	10.30am
		change of Venue	
Thursday	22	Art Group - at Penboyr Village Hall	10.00am
Saturday	24	Activity Group - at Llanelly House, Llanelli	7.00pm
		Murder Mystery Evening	
Tuesday	27	Book Club - at Val's in Horeb	10.30am
Wednesday	28	Family History - at Coracle Hall, Llechryd	10.30am
Wednesday	28	Lunch Club - Hammet House, Llechryd	12.15pm
Friday	30	Strollers - at Newcastle Emlyn to Cenarth	10.30am
		French - no meeting this month, back in October	

October

Wednesday	5	Monthly Meeting - at Community Hall, N. Emlyn	10.30am
		Speaker - John Wigley, The Bee Man	
Wednesday	5	Lunch - at Emlyn Arms (after monthly meeting - all welcome)	
		(if you wish to attend, you will need to book and choose your meal at the start of the monthly meeting)	

To add events to this monthly calendar please contact John, giving date, venue and time plus any further information to assist those wishing to attend. Closing date for newsletter contributions will be on the 24th of the month. Sorry, later than this and I cannot guarantee its inclusion.

Contact John via email at: neu3anewsletter@hotmail.com
 It's easy to remember - **n** (Newcastle), **e** (Emlyn), **u3a** (catching on!)
newsletter (I think you've got it!) - @hotmail.com (gets it to me).