

## Virtue

During Socrates' lifetime, it was usually assumed that there are five **cardinal virtues**:

1. Wisdom,
2. Moderation/temperance,
3. Bravery,
4. Justice,
5. Piety.

Aristotle, like that of Plato, focused on virtue, recommending the virtuous way of life by its relation to happiness they are:

1. Courage – bravery
2. Temperance – moderation
3. Liberality – spending
4. Magnificence – charisma, style
5. Magnanimity – generosity
6. Ambition – pride
7. Patience – temper, calm
8. Friendliness – social IQ
9. Truthfulness – honesty, candidness
10. Wit – humor, joy
11. Modesty – ego
12. Justice – sense of right / wrong, indignation

Catholic background - virtues are the path to salvation for those that obediently follow them

Cardinal virtues

- Prudence - practical reason to act - the prudent man looks where he is going - guides the judgment of morals
- Justice - habitual right thinking and the uprightness of conduct towards his neighbor
- Fortitude - enables to conquer fear including death
- Temperance - moderates the attraction to pleasure

Theological virtues

- Faith - are works and beliefs for salvation
- Hope - sustains men at times of abandonment trust in salvation

- Charity - demands beneficence, benevolence and generosity for salvation

Modern virtues - More numerous two sets of examples are those directed towards personal gratification and those illustrating caring

Personal gratification

- Assertiveness - confident behavior
- Determination - focused on difficult tasks with tenacity
- Enthusiasm - active interest in something you like or enjoy
- Excellence - seeking to achieve high quality to gain respect
- Passionate - expressing strong emotions or feelings
- Perseverance - determination to achieve despite difficulties
- Reliability - commitment to deliver regardless of difficulties

Caring

- Compassionate - desire to alleviate others distress
- Considerate - take into account the effect of your actions on other
- Empathic - try to understand, feel the distress of others
- Graciousness - respect the thought and action of others
- Humility - thinking the best of others