

Strolling Group Risk Assessment

I have taken advice from both the National U3A and the Government guidelines and used this advice to develop this risk assessment.

Prior to arranging a stroll I need to carry out a risk assessment to determine what additional measures need to be taken and even then, whether the activity would be safe or not. Any member considering strolling with us would also need to assess if it would be sensible for them to take part.

I apologise if all this sound a little officious but we do have to ensure the safety of all our members. I will certainly take all necessary measures to ensure that our members are well protected.

My risk assessment has raised the following points:

1. Initially our strolls should be quite short (approximately 1- 1hours).
2. No strolls for the time being will require the need for public transport.
3. A register or log will be kept of all members taking part in any stroll.
4. Our register must include an emergency contact number. Please bring this on your next stroll so that we can update our records.
5. The number of participants will initially need to be regulated on the stroll. To this end we will separate into smaller groups, where necessary, to ensure a social distancing throughout the stroll.
6. Face coverings will be essential for all participants and members will not be allowed to join us if they are unwilling to wear one. Members need to provide their own mask which must be worn when we meet up but may be removed whilst strolling.
7. Hand sanitisers or gloves to be used at the discretion of the individual member.
8. Members must not take part if anyone in their household has symptoms of Corona Virus.
9. Members must not take part if they have been in contact with anyone who has shown symptoms of Corona Virus.
10. Members must not take part if they have had any flulike symptoms in the last 2 weeks.
11. Every stroller must verbally confirm with me that they have done their own personal risk assessment. (See below)

Personal Risk Assessment

Every prospective stroller must complete a personal risk assessment to consider what risks and hazards that taking part in this activity could affect them as an individual.

1. Members must consider the points above and how they relate to themselves.
2. Members should consider their own physical health and well-being.
3. Members should be aware of their age and personal circumstances.
4. Members should consider the circumstances of others in their own household.
5. This actual information does not need to be shared with the group leader, only the fact that you have considered the factors for yourself and concluded that you can safely take part.

Document prepared by Shirley Hammond