

Newsletter - May 2023

Please Note - Monthly Meetings are now held on the 3rd THURSDAY of the month

Chairman's Chit Chat...

Congratulations to His Majesty King Charles III and Queen Camilla on the occasion of the CORONATION



I trust you all enjoyed the wonderful spectacle the Coronation either with friends or family at the various functions and have now recovered from same. We would love to hear of any stories and see photos you may wish to share, to be featured in the July Newsletter, and I'm sure Malcolm our Editor will include as many as space allows.

We had arranged a Coffee Morning for June but this has been postponed.

As usual we are having our Charity Event in August and hope to have stalls selling plants, books, Bring and buy brick-a-brack etc, so feel free to donate any of your unwanted "dust collectors" on the day. All proceeds will go to our nominated Charity Marple Dementia Drop-in.

The North West U3A annual AGM is to be held on 4th July '23 in Liverpool and is open to any member not just the committee, so if you wish to attend this please go to the main U3A website for details or ask any committee member who will be happy to pass on any information as to how to apply.

I'm pleased that you are enjoying the little stories that I read out at the meetings, and if any of you have any that you wish to pass to me for future meetings I will be pleased to include them.

In the meantime Spring has officially "sprung" and this year the daffodils and crocuses put on a very good show but obviously we are all hoping the weather improves as we move forward to summer. To date it has been rather cold in spite of the sunshine, but bluebells are already starting to emerge with a promise of better weather. Fingers crossed everyone.

Diane Holker

Notices & other News Items

Marple Bridge & Mellor u3a Meetings

Speakers at meetings for 2023

18/05/2023	Brian Hallworth	1939-45 Forget me Knots memories of the war years
15/06/2023	Bernard Loveday	A Healthy Heart
20/07/2023	Matthew Martin	Tax, Care and Toy Boys
17/08/2023	Charity Event	
21/09/2023	Paulina	Sustainability and the environment
19/10/2023	Peter Turner	Though the Eyes of a Magician

Almoner

If anyone hears of another member of Marple Bridge & Mellor u3a who is unwell, in hospital or needs a bit of cheering up for any reason, please let Olwyn Wych (almoner@mbmu3a.org.uk or 285 6766) know so that we can send a little card.

Book Sales at the Monthly Meetings

Due to the limited amount of storage space and the fact that hardback books and non fiction books are not popular, it is requested that paperback fiction books only are brought for the Stall.

Please do not bring any magazines as these also do not sell.

Jigsaw Sales at Monthly Meetings

We have a table selling 2nd HAND JIGSAW PUZZLES at our monthly meetings. Please bring some along and buy another one.

Dining Group.

Dining Group Visit to the Midway Restaurant

This was a great social evening as we aim that all our dining experiences are.

These meals give diners the opportunity to chat with other members of our u3a as well as enjoy a lovely meal. It doesn't matter whether you are on your own, with a group, with friends or in a couple everyone is welcome and will soon be chatting with others.

The meal at the Midway was absolutely superb. Delicious and plentiful food, with many members unable to eat all that was on their plate. The staff were very welcoming, cheerful, efficient and helpful.

In order to ensure the suitability of venue, with quality food and menus that our members will appreciate the organisers always visit the restaurants in advance,

The dining group is an open group and all members of our u3a are invited to join us. The programme of visits is always in the newsletters and meals can either be booked at the General Meetings or by contacting the organisers,



Pat Walker & Shirley Hammond.

- *Meals that have been organised for the future*
-
- **May - Tuesday 30th The Crown Hawk Green.**
- £24 for a two-course meal
- We still have a few places for anybody who is interested.
-
- **June - Wednesday 28th The Hare & Hounds Mill Brow Marple Bridge.**
- A different type of meal they call it a GRAZING MENU
- Three course menu for £19.99 choose your meal on the night.
-
- **July - Tuesday 18th The Little Mill @ Rowarth**
- Three courses for £25
- We are sorry but we are only allowed to take bookings for 30 people due to the size of the dining room.
-
- **August - Wednesday 16th The Oddfellows, Mellor**
- Three course meal for £25
- This also has a limited number of 25, due to the size of the dining room.
-
- If you wish to book any of our dining experiences, please come and see us at the monthly meetings.



Strolling Group

Our "Strolling Group" is for members who would like a gentle stroll rather than a longer walk for which we have a "Walking Group". We arrange strolls of about 2 miles followed by a cuppa. These take place on the first Tuesday morning in the month commencing at 10.30am, unless otherwise stated.

If you would like to be put on our contact list pass your details to Geoff Fogg joanfogg@btinternet.com or Shirley Hammond david.hammond60@btinternet.com Don't forget your bus pass in case we need to ride back! Bring a drink over the summer months! Please wear appropriate footwear in case it is wet underfoot.



We have quite a large group of members who join us for a variety of strolls exploring different areas around our area and the surrounding countryside. We benefit from outside exercise as well as joining in enjoyable social occasions. We do need some of you to help to plan future strolls.

Tuesday June 6th Jane Hallam

Please note the change of stroll due to the cancellation of the bus to Mellor.

Meet in Mellor Parish Church car park to leave at 10.30am.

This will be a circular stroll taking in some fantastic views across Derbyshire and returning back to the car park.

We could go to the Devonshire Arms for a drink or lunch after the stroll.

Tuesday July 4th Geoff Fogg

Meet in the large carpark at Stockport Sports Village, Woodley SK6 1QX to leave at 10.30am

Leaving the car park we will stroll down Turner Lane and Arden Road to the Bredbury and Denton boundary.

Leave the road and stroll along the River Tame. Then over the bridge and up Mill Lane, back to the car park.

This stroll should take approximately 1.5 hours. There is a short downhill section near the beginning.

The ground is slightly rough and could be wet underfoot.

We could then go for a cuppa in Woodley.

Tuesday August 1st Shirley Hammond

Meet at the Regent Cinema in Marple to set off at 10.30am

Stroll along Lakes Road down to the Roman Lakes. Explore around the lakes. Follow Low Lea Road back to Marple Bridge.

We could have a cuppa at one of the cafes in Marple Bridge.

We could either take the bus back to Marple or stroll back up the hill,

Please offer to arrange a stroll in 2023 if you want this group to continue. Just book in for one of the months and we can help you arrange a stroll later in the year. We still have quite a few months to plan for in 2023. It would be good if some of you would put your names down for a month, irrespective of whether you have an idea for a stroll yet. Put your thinking caps on.

Stroll - 2nd May 2023

Today sixteen strollers walked along the Sett Valley trail towards Hayfield, with a pleasant diversion around the Bluebell wood. As bluebells only have a very short window we were lucky they were in full bloom for us. Hayfield's cafes all close on Mondays and Tuesdays, and with the old Royal Hotel now permanently closed, we were warmly welcomed into St Michaels Church for coffee and biscuits. Some of us then enjoyed a visit into the church where a local historian cum organist and erstwhile bell ringer gave us a potted history of their beautiful church and surroundings. We then strolled in the sunshine through the village, down the short Calico Trail where the May Queen festival is taking place later this month, and back to the bus station in good time for the return journey to Marple; an enjoyable morning.



Third Age Fitness

The group meet on Friday mornings at St Pauls Church hall at 10 am. and spend three quarters of an hour doing light exercise. Picture of some of the group members taken 28th April 2023



Outings Group

We are now taking booking for the following trips during May and June general meetings. However if you are not able to attend the meeting, just email me (outings@mbmu3a.org.uk) or call me on my mobile 07808809795.

Wednesday 14th June

Bolton Abbey near Skipton, Yorkshire estate of Duke of Devonshire. Cost...£22pp

Monday 3rd July

National Trust Attingham Park, Shrewsbury Cost..£21pp for NT members , £36pp for non NT members.

Wednesday 8th November

Chatsworth Christmas Market plus house dressed as The Palace of Advent and Light shows in the garden.

Cost...£50pp

Hazel Bhatt

Marple Dementia Drop-in - Our Charity for 2023

Marple Dementia Drop-in is one of the largest support groups in Marple and the surrounding area and have supported hundreds of people with dementia and their carers since it was launched in 2014

They meet weekly providing a relaxed, social gathering for people with dementia and their carers. It's an opportunity for people living with dementia to get together and share experiences, information and support each other.

They don't provide personal care or supervision, but do provide a safe and familiar environment to relax, chat and make friendships and host a range of activities from arts and crafts, exercise classes, bingo, film screenings, guest speakers and entertainment.

Crossword Compiled by Marple Bridge and Mellor U3A Crossword Group

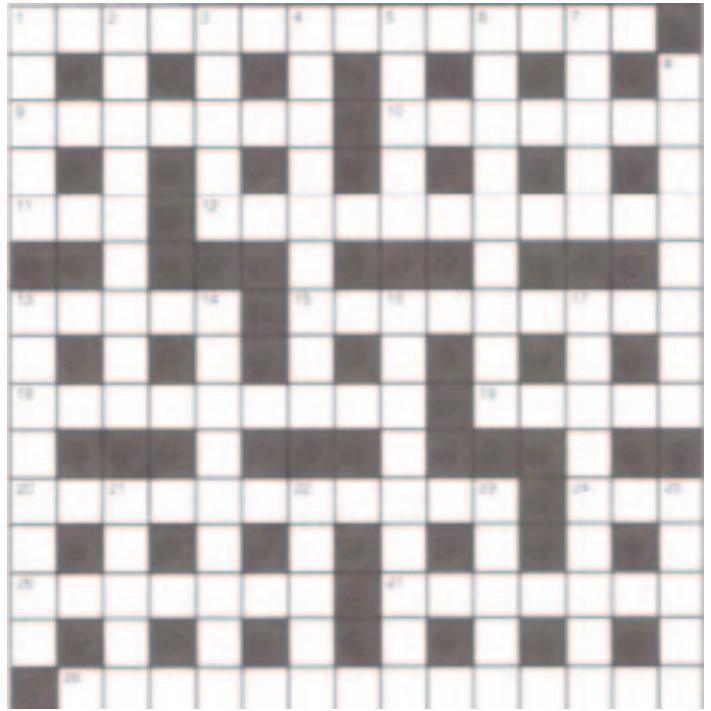
compiled jointly by U3A Crossword Group

Clues across

1. Elitist leaning over for academics. (14)
9. Movement from Sumatran sitting on bus. (7)
10. Adversary hit goal somehow and lost. (7)
11. Express surprise looking west for legendary bird. (3)
12. Season vegetable for use in salad. (6,5)
13. Public relations leaders organise low patrol. (5)
15. Rascal had started up study with church – what a cheek! (9)
18. Hire box, it might cause shower. (9)
19. Disorderly word by your leader. (5)
20. A commitment to escort on final journey perhaps. (11)
24. Shape of an old boat I hear. (3)
26. A climb initially speaks volumes. (7)
27. Received therapy without paying. (7)
28. She hanged hides, revealing arrogance. (4-10)

Clues down

1. Bury components of nitre. (5)
2. Holy tract re-written for decorative cover. (4-5)
3. Remaining salts dealt with. (5)
4. Obstruct change of direction without love, given extra time. (9)
5. Nigel was reborn in the highlands. (5)
6. Troll read out this difficult task. (4,5)
7. I torture one I hear, living in S W Asia. (5)
8. Gamble on line and end up in the high court. (8)
13. Before being extremely antiquated. (8)
14. Any birth with a novice can be confusing. (9)
16. Tried Temp out free. (9)
17. Laces went undone in Northern City. (9)
21. Laundry man started day hurrying over bleaching issues. (5)
22. In a quandary while sailing. (2,3)
23. Gluttony came out of meagre editions. (5)
25. Ethics can often disguise editor's selfishness at first. (5)



Sheila Stafford Group Co-ordinator

Apologies for the quality of the Grid but the original was such poor quality - Malcolm

Newsletter items

Thank you to the people who have submitted articles for inclusion in past Newsletters,
can I have some more please !!!

Things that have happened to you in the past, funny or serious, items that you think could be of interest to our members.

You don't need to have your name published with the article, if you do not wish to, but I do need to know who has sent the article.

Put your thinking caps on and let's try to make the Newsletter more interesting for all our readers.

Malcolm, Newsletter Editor

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Announcements

It is with deep regret that we record the death of two of our members.

Peter Mount and Marie Gouldson.

We send our sincere condolences to Margery, Peter's wife, and to all his family, and also to all the family of Marie Gouldson.

Geoff Heath, who was a member of our u3a since it began in 2004, has also died aged 99. He remained a member until a few years ago when he moved south to be near his family. Geoff formed our u3a Crossword Group and ran it until he moved.



Crossword Solution
Across 1. Intelligentia 9. Transit 10. Goliath 11. Roc 12. Spring
onion 13. Prowl 15. Impudence 18. Exhibitor 19. Rowdy
20. Undertaking 24. Arc 26. Amounts 27. Treated
28. High-handedness
Down 1. Inter 2. Tray-cloth 3. Lasts 4. Interdict 5. Elgin
6. Tall order 7. Iraqi 8. Chancery 13. prehuman 14. Labyrinth
16. Permitted 17. Newcastle 21. Dhobi 22. At sea 23. Greed
25. Codes

This Newsletter appears bi-monthly. The next edition will be published July 2023

Please send items for publication by email

to newslettereditor@mbmu3a.org.uk

Any stories, articles or photographs of interest to members are welcomed.

You can read all issues of the newsletter on our website www.mbm3a.org.uk

All contributions for the next edition of the Newsletter should be received by 28th June at the latest