Walk - 2023

AREA	Max No of Walkers			
MILEAGE AND TERRAIN				
SHARE CARS FROM	Location: Time:			
	Mileage Petrol cost per car @ 15p per mile shared between all passengers:			
WALK STARTS FROM				
WALK STAKTS FROM	Location: Time:			
Food or Lunch arrangement				

Please note the walk details down when you sign up and let the leader know if you are unable to attend.

Members are responsible for their own safety and walk at their own risk.

Please do not join this walk unless you are certain that your level of fitness will allow you to complete the walk.

Appropriate clothing & footwear should be worn on all walks.

Please read the guidance for walking group members before joining a walk.

Name (Please Print)	U3A No	Phone Number	Emergency Contact No	Meet at
1				
2				
3				
4				
5				
6				
7				
8				

Name (Please Print)	U3A No	Phone Number	Emergency Contact No	Meet at
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20				