MUSINGS FROM THE CHAIR

Hi all

When we started Mapperley and District U3A, my personal target was to reach a membership of 200. We came close last year in the 190's, but now we have made it. I'm sure my successor, as chair of the committee, will have even grander targets and I hope we will be able to meet them.

About half the membership attend the main meeting too, which probably indicates the very good speakers we get and the friendly atmosphere we create. The interest groups go from strength to strength, the events get better and better and all in all you can all congratulate yourselves as being a part of a successful U3A. Let's keep it up, remember it is YOUR U3A and each member has a full say in the way the group works.

Having said that, the whole committee stands down in May and Maggie and I cannot be re-elected to our current positions, because we've been in position for the maximum 3 years allowed. Both of us have said we will put ourselves forward to be on the committee and help all we can and I'm sure many of the existing committee will put themselves forward. However, we still need new committee members to help run the U3A; please think about putting yourself forward, it really isn't that onerous. If you are worried that you would be out of your depth, please talk to one of us and we could invite you along to a committee meeting so you could see how it works.

OK, that's enough from me, just look at all the stuff coming up below. More interest groups, day trips, quizzes, theatre trips etc. etc. are in the offing.

Hope to see you soon

Richard Hill
Chairman

NOTICES and ITEMS OF INTEREST

QUIZ NIGHT

We shall be having another quiz night on Wednesday 24 April at 19:30 at Mapperley Golf Club on Central Avenue, Plains Road, Mapperley, Nottingham, NG3 5LD. Tickets are just £3.00 per person.

The quiz will be open to all, not just U3A members, so come along with family and friends and have a good night out. You can form your own team (up to 4 people) or you can just come along and join others on the night. There will be a bar, ‘facilities’ are on the same level and there’s plenty of parking.

So put the date in your diary and come along for another ‘quizzical’ evening.

Geraldine will be selling tickets at the main meetings, or you can contact her to buy a ticket or for more information. You can also just come along and buy a ticket at the door on the night.
TRIPS AND VISITS

MURDER MYSTERY EVENING AND DINNER:
A great night out was enjoyed by 31 members who attended the Murder Mystery evening at Bestwood Lodge Hotel.
It was such a successful evening that another may be organised later in the year.

ESCAPE ROOM:
10 people went to the Escape Room and had a lot of fun, but no-one escaped! It was a lot of fun and people want to go again (practice makes…?).

Looking ahead:
• Liverpool trip on 12-14 March.
• Possible second trip to Liverpool on 1-3 November with a Skills Coach
• Quiz night on 24 April at Mapperley Golf Club.
• 21 May – Holocaust Museum
• May – Trip to Eyam
• July - Trip to Chatsworth
• August – Trip to Welbeck Estate
• 9-10 December - Thursford, Norfolk Christmas Show

If you have any ideas or suggestions for social activities, or for further information please contact Geraldine Chaffe

Best wishes
Geraldine (Social Secretary)

Fighting Technology?
Would you benefit from a little help getting to grips with your tablet or iPad?
We are thinking of setting up a support system to help people feel more comfortable using technology, and have several volunteers willing to offer ‘one to one’ support to help others get started. We may also be able to offer assistance if you’re struggling with your computer.

At the moment this is in the early stages of planning, but if you think you would be interested in receiving - or giving - such help please contact Maggie Grimshaw.

A shopkeeper was dismayed when a store opened next door with a huge sign that said, BEST DEALS!"
To make things worse, another store opened on the other side with a huge sign reading "LOWEST PRICES!"
He nearly panicked until he had the idea to put up his own sign, bigger than the other two, that read, "MAIN ENTRANCE.”
Saving Lives

Dr Tim Gray recently spoke to MaD U3A about the importance of knowing what to do if someone collapses and stops breathing. There is a 7% chance of someone surviving if you call the emergency services but take no other action. By applying CPR and using a de-fibrillator you increase the likelihood of survival to over 70%.

By a lucky chance, on the following Thursday we held a very successful session with the Red Cross which showed us exactly what to do! (see photos). We gained the confidence to think that we could do something really useful by giving CPR and using a de-fibrillator and that we were far more likely to make things better rather than, as we all fear, making them worse. In fact it would be very difficult to make things worse for anyone in this predicament! We also learned how to deal with a number of other emergencies, including serious bleeding, strokes, burns and choking.

It was a really good session, interesting, informative and entertainingly presented. All those who attended strongly recommend that as many U3A members as possible learn some of the very simple skills needed to make a difference when they are faced with this kind of emergency.

If there is sufficient interest, we can arrange for another session with the Red Cross. The minimum number is 20 participants. Please contact Maggie Grimshaw, Secretary of MaD U3A, if you would like to attend such a course.

Your MaD U3A Needs You - to Nominate your Committee!

Nominations for officers and committee members for the MaD U3A committee for 2019/20 are now open. You can find the nomination form on the MaD U3A website here.

The AGM will be held on Thursday 23 May at 10.15 am at Mapperley Plains Social Club.

As you know, we will need to elect a new Chair and Secretary this year and we are still looking for people who are prepared, with support, to get involved as officers and trustees of the U3A. We are particularly looking for anyone who might take on all or part of the Secretary’s role.

All U3A officers and committee members (trustees) step down every year, although we are lucky that most are willing to continue to volunteer in one capacity or another, if that’s what the members want. Trustees cannot themselves make nominations, so we need members to put forward the names of the people they want to see on the committee. These can be existing or new committee members. It would be exciting to have an election!

So think about it, talk to any of the current committee members and decide what you can do to help MaD U3A continue to grow as a successful and friendly U3A.

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<thead>
<tr>
<th>Your Committee</th>
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<tbody>
<tr>
<td><strong>Richard Hill</strong></td>
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<tr>
<td><strong>Carolyn Luckhurst</strong></td>
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<td><strong>Anne Elliott</strong></td>
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<td><strong>Maggie Grimshaw</strong></td>
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<td><strong>Chris Padgett</strong></td>
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<td><strong>Geraldine Chaffe</strong></td>
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<td><strong>Chair</strong></td>
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<td><strong>Vice Chair</strong></td>
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<td><strong>Treasurer</strong></td>
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<td><strong>Business Secretary</strong></td>
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<td><strong>Membership Secretary</strong></td>
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Thanks to Riviera Travel and an observant member of MaD U3A

We were very surprised when one of our MaD U3A members called in to tell us that she had spotted an advert in Third Age Matters offering U3A members the chance to ask for a donation to their U3A if they booked a holiday with Riviera Travel. She was travelling with Riviera Travel so she checked it out and they confirmed that if Mapperley and District U3A sent an invoice, they would make a contribution. We duly did so and a payment of nearly £249.80 appeared in our account within a couple of weeks!

Many thanks to our lovely MaD U3A member for noticing this offer and to Riviera Travel for the fantastic donation.

So if you are planning a holiday with Riviera Travel, please follow this example and mention MaD U3A when you make your booking!

NON-U3A

You are welcome to join us at the next

**Nottingham Workplace Chaplaincy INSIGHT Meeting.**

These meetings have the objective of informing people about different aspects of the day to day workings of the city. Key people join us to give an INSIGHT into their areas.

**Wednesday 20th March 2019** from 12:00 to 1:30 pm at The Royal Concert Hall – Level 4 foyer (arrive by the Concert Hall booking office)

**THE BUSINESS OF THEATRE**

The Theatre Royal and Royal Concert Hall are two of the UK’s most successful touring venues, leading the way for arts and entertainment in the East Midlands. Also offering a wide range of workshops and projects involving the local community and schools, free foyer performances, backstage tours - there really is something for everyone.

This is your chance to have INSIGHT into the business side of the theatre complex and hear how the management team has maximised the use of these fabulous assets of our city.

You will also be able to see, firsthand, the changes made as a result of The Royal Transformation Project that is increasing daytime use through improved facilities and better use of spaces such as meeting rooms, foyer spaces, the café bar and roof terraces - all for the benefit of both theatre/concert goers and businesses community alike.

A buffet lunch is provided.

To help with the catering arrangements please email: lensimmonds@aol.com to confirm your attendance.

MEETINGS

February's General Meeting

David Bell came to talk to us about the ‘plague village’ Eyam (pronounced Eem) and the doctors, medications and surgical procedures of the 1600s. When the plague came, the villagers decided to close themselves off from the outside world to help to prevent spreading that dreadful disease. Two thirds of the villagers died.

The doctors of that time thought that the medicines necessary to cure ills should resemble the problem; so, a stick of celery was given to help mend a broken bone because it resembles a bone, depression could be eased by eating bananas because of their ‘smiley’ shape - and I’ll leave you to decide what ailment was treated with a monkey nut and two bulbs of garlic!!

Operations were carried out using rust implements and there was no anaesthetic or antiseptic. Thank goodness for the NHS and 21st century medicine!
EMICS:
At January’s meeting Dr Tim Grey talked to us about the East Midlands Immediate Care Scheme, which is a totally voluntary organisation whereby doctors give their time and skills to provide immediate response to trauma cases in road traffic incidents, helping to save lives. Many MaD Members present at that meeting chose to make a donation to EMICS, and Dr Grey reported to us that he received a total of £337.00! He has sent us a certificate acknowledging this very generous donation. The certificate is now on our website - to view it [click here].

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Future General Meetings

Thursday 28 March
Running across the Sahara
Chris Vesper

Thursday 25 April
Stone Carver from Lincoln
Paul Ellis

Thursday 23 May
Wildlife Photography based on Sherwood Forest and conservation
Barbara Meyer

Thursday 27 June
New Orleans to New York - Live Jazz
Roger Browne

Thursday 25 July
Bloopers
Steve King

Thursday 22 August
Coffee Morning, no speaker

Thursday 26 September
To be confirmed

Thursday 24 October
Robin Hood legend and reality
Bob White

Thursday 28 November
Magician and comedian
Dave Moylan

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New and Prospective Members’ Meetings

There’s a very informal meeting held at Tipsy T, 908 Woodborough Road on Mapperley Top, on the Thursday after the General Meeting. This is for people who have just joined our U3A or who are thinking of joining to come along and find out more about how they can benefit from membership.

Two members of the Committee will be there on each occasion. If you know of someone who may like to join us then please either send them along or bring them with you.

The next meeting will be on Thursday 7 March from 10.30 to 11.30 am.

Something to say?

Please contact Elaine Wyatt if you have any concerns, ideas, problems or appreciation of Mapperley and District U3A. Either speak to Elaine at one of our meetings, or email her on ewyatt@gmail.com and she will do her best to deal with your issue.

FACEBOOK - are you a member of our group?
There are lots of lovely photos on our Facebook site - Mapperley and District U3A. Do join the group and keep up to date with news, views and information regarding the MaD U3A.

It’s a closed group, open only to members of MaD U3A (so not visible to anyone else) and it’s easy to join. Just log into your Facebook account, search in ‘Groups’ for ‘Mapperley and District U3A’ and send a request to join the group. If you don’t have an account you can easily create one by going to facebook.com.
NEWS FROM INTEREST GROUPS

Challenging Photography

Another inspired collections of interpretations and judging was not easy. 'Delicious' provided pictures of food, alcoholic beverages, babies bottoms, flowers, cows, cats, an array of sticky children and a few unmentionables from the antipodes (thank you Alison). Some of the photographs just screamed delicious, others took a little bit more thought to discover the deliciousity (I made it up, it should be deliciousness but I can't spell that). Some of the children pictures generated a need for a 'Grandchild Appreciation Group' in MaD U3A.

Our winning entry was from Richard Lally with an exceptional photograph of a raspberry floating in a fizzy drink. This photograph was probably the highest scoring entry from the two years we have been running. In second place was a delightful picture of a female blackbird feeding on a frosty morning. In third place, a picture from Christine Padgett showing her cat eating its dinner and showing obvious signs of deliciousness.

Congratulations to all our winners and a very well done to the valiant efforts of others. On balance, ‘delicious' was not an easy challenge but it certainly got the members thinking and smacking their lips.

Best wishes
Malcolm

Creative Writing

The subject for the February homework was ‘Unrequited Love’ and Fay Staton chose to write a poem. The Creative Writing Group laughed and sighed and asked Fay if she would be prepared to share it with the rest of our U3A members through the Newsletter. We hope that you will all enjoy it as much as we do.

Unrequited Love

| When her marriage vows went up in smoke | When the flirting started she couldn’t cope |
| She got herself another bloke | She didn’t want to give him hope |
| He was handsome, smart, a Casanova | His love was simply unrequited |
| Adept at bowling a maiden over. | They were never meant to be united. |
| A brand-new tiny semi ... Heaven, she thought | His protestations once denied |
| Soon to discover the shambles she’d bought. | She made a choice, she would decide |
| Water coming through the ceiling | To tell him in a pleasant manner |
| Shelving loose and plaster peeling! | She was only impressed by the use of his hammer. |
| Though Casanova had a Muse | “You’ve led me on, you made me think |
| He couldn’t even change a fuse ... | You loved me more than your damn sink! |
| So now more problems with the sink | Find someone else to drill and screw |
| She had to sit and have a think. | That’s it, you and me, we’re through!” |
| “I’ll have to find another man, | A bucket sat under the unfixed leak |
| One with tools and small white van”. | But all was solved in just one week, |
| Young and friendly, muscles rippling | She joined the U3A to try |
| She plied him with tea and Mr Kipling | Her hand at Beginners DIY. |
| Sometimes he wouldn’t take her money | Now she doesn’t need a man |
| Saying “It’s just a pleasure, honey.” | She’s bought some tools, |
| He often just called in for a natter | SHE’S A GIRL WHO CAN! |
| At first she thought it didn’t matter ... |
The Earth`s Crust and how we survive on it

This course in now half way complete and we are about to look at mining for mineral extraction, from coal, to stone, to diamonds, including minerals for medical and energy purposes, and also including the controversial subject of FRACKING. It is still not too late to join the course as many of the sub-subjects are "stand alone" topics.

Glamping in Birmingham!

Four members of the Glamping Group had a great day out at the Caravan, Camping and Motorhome Show at Birmingham NEC.

Besides picking up handy bits of equipment from the brilliant accessories stalls (full of things you didn’t know you needed…) they saw the latest in motorhomes and caravans – you can only dream. They also shared handy tips between them about free motorhome stops, motorway toll roads abroad and great campsites. Glorious weather too!

What do you get when you cross a dyslexic, an insomniac, and an agnostic?
Someone who lays awake at night wondering if there is a dog.
**Geography - A Road Trip**

At time of going to press, we ‘have been to’ Iceland, Kenya, Papua New Guinea (a country of 80% almost impenetrable jungle) and Israel (frequently in the news but for all the wrong reasons).

Below are a few photographs showing the areas we have ‘visited’.

![PAPUA NEW GUINEA – a mix of modern and primitive](image)

![ISRAEL – a land of contrasts](image)

**Introduction to Heraldry**

The numbers for the next delivery (the second time) of this course are building up nicely. It started on Wednesday 27 February in Arnold library from 2.00 until 4.00 pm. These are samples from my Study Guide which you will receive.

It will be a colourful and intriguing experience to get to grips with the ‘Old English’ and ‘Norman French’ language used to describe a coat of arms ... and still used today when new heraldic arms are presented, such as to professional Football Clubs, Companies, Local Authorities and newly created Peers of the Realm etc.

Its not just “pretty patterns” – it all means something. That’s what we’ll be finding out!!
**Music Appreciation**

Gary introduced a range of slightly quirky music including some famous and some less well known composers and pieces. He first focussed on music which expressed stormy weather, then music related to the concept of time. We started with Vivaldi's Violin Concerto Storm at Sea - quite different from the more familiar Four Seasons. Next was the 3rd movement of Beethoven's 6th Symphony, The Pastoral, again less well known than the other movements and with a brooding quality. Smetana's Vltava from Ma Vlast was new to some of us as was Frank Bridge's The Sea Suite. Bridge was Benjamin Britten's tutor at the RCM and, while he was a lesser composer, you could hear his influence as we then listened to Britten's Sea Interlude "Storm" from Peter Grimes.

The idea of "Time" has been taken up by many composers. We heard the famous Minute Waltz by Chopin (you can't play it in a minute!) followed by Kodaly's Viennese Musical Clock. O Fortuna from Carmina Burana by Carl Orff was Marmite - loved by some, but not others. However, Arvo Pert was a revelation to most of us - Gary played Fratres from Spiegel in Spiegel and everyone loved it.

Josef Haydn's Farewell Symphony was also new to many, but was eclipsed by Salve Regina from Les Dialogues des Carmélites by Francis Poulenc, which was bizarrely horrific as we heard each head dropping into the basket of the guillotine. We finished with the theme from Morse by Barrington Pheloung and wondered whether anyone had checked out the morse code sequence. Does it really spell Morse? Can anyone tell us?

**Playhouse Theatre Group**

MaD members are welcome to experience selected productions of great theatre at the special 'Hothouse' price of £7.00 per ticket. Tickets can be purchased at the monthly meetings or by contacting the convenor via the website.

Our forthcoming productions are:

**Friday 22 March** - **Skellig**
Modern classic. Let your imagination take flight in this magical beautiful story.

**Friday 3 May** - **The Memory of Water**
Three sisters reunite at their mother's funeral. Hilarious and heart-breaking drama

**Friday 7 June** - **One Night in Miami**
1964 Cassius Clay is crowned New Heavyweight champion of the world and celebrates with three of his closest friends, Malcolm X, Jim Brown and Sam Cooke in a downtown motel room.

**Friday 20 September** (TBC) - **An Enemy of the People** by Ibsen, starring Alex Kingston
An updated version of this timely and gripping play about fake news, whistle-blowers and the corruption of power which challenges both personal and global politics.

**Friday 15th October** (TBC) - **Assassins** a Musical by Stephen Sondheim

**Thursday 2nd January 2020** (TBC) - **SLEEPING BEAUTY** pantomime (this production will be £8.00)

Don’t forget to ask for your complementary programme when presenting your Hothouse ticket to the Front of House Team.

Looking forward to seeing you at the Playhouse.

Judith

*Always remember you're unique, just like everyone else*
Wine Appreciation

An enthusiastic group met to try some organic wines in February. We started by finding out what makes wine organic (it's produced with organic grapes) and then learned that there can be additives including yeast and egg whites, so not necessarily vegan. The biggest debate is on the use of sulfites (SO2) as these prolong the shelf life. Without these, wine growers would not be able to produce wines whose quality improves and develops over time. In Europe and Canada, an organic wine may contain added sulfites, in the USA they cannot. We also learned that sulfites are probably not to blame for red wine headaches - the culprits are more likely to be histamines, tannins (most likely), or just too much!

All wines were from Waitrose, and all were single varietals. Our first was a really lovely bubbly, Casuzze Organic Grillo Spumante Brut from Sicily (£11.99, now available for £8.99) - off dry with delicate bubbles, soft and subtle, loved by all, a real hit.

Tilimuqui Fairtrade Torrontes from Argentina (£9.49) was not so well favoured by most, maybe better with food and definitely better later in the afternoon!

Miguel Torres Las Mulas, a Chilean Sauvignon Blanc (£9.39) was fruity and smooth with kiwi, and elderflower - scored high with everyone.

Yalumba Viognier from South Australia (£9.99) had a more mixed reception, buttery and smooth with minerals and resin, agreed to be not the best Viognier although some liked it.

Quoins Organic Rosé is an English wine - comments varied from farmyard to furniture polish to strawberries, but at £12.99 it was a "would not buy".

Marques de Calatrava Organic Tempranillo from La Mancha, Spain was a marmite wine - loved or thoroughly disliked - probably good with (Manchego) cheese and a bargain at £5.99, reduced from £7.99.

Finally Terre de Fiano, Primitivo Salento (aka Zinfandel) had chocolate, smoke and spice, dark fruit and sultanas and most, but not all, loved it! In fact when it turned out that it was reduced from £9.99 to £6.66, an order was immediately placed to buy a dozen and a half.

In March, we will go to France to try wines from three regions.

Sadly, we don't have room for any more members at this time, but please let me know if you want to go on a waiting list (or even better, to set up another wine appreciation group).

Maggie

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NATIONAL U3A NEWSLETTER

If you’d like to read the National U3A Newsletter just click on this link and sign up to receive your copy - National Newsletter.

PLEASE REMEMBER to let the Membership Secretary know if your personal details change. If you don’t you may stop receiving Third Age Matters, email information and the Newsletter etc.

The MaD Moments Newsletter is published monthly in digital format. Hard copies are available for members who do not have email. Please contact your Chairman Richard Hill or speak to one of the Committee members.

The Third Age Matters magazine is available in a text only format to make it readable with screen reader. (You will have to register with the Resources section. Let me know if you have any problems and I will send you a text file.)
If your household receives two copies of the Third Age Matters monthly magazine it would be very helpful to us if you could bring your second copy to the next main meeting, so that new members can have a chance to browse this.

With thanks
Your Committee

NEW INTEREST GROUPS

We have had suggestions for two new interest groups. Lists were started and names have been added for both French Conversation and Culture and Knit and Natter. There is also a possible 6 week course on solving Cryptic Crosswords.

At the moment, we don’t have any details of how these groups may operate and will arrange for an initial get together for each of them in the next few weeks.

Please send an email to Carolyn Luckhurst via this link if you are interested in joining any of these proposed new groups.

National Trust Visits

We are hoping to have this new group starting up next spring. It will only run through the summer months. Watch this space for more details in 2019.

Wood Carving

A group of us joined the Calverton Woodcarving group in January 2019. They are a very friendly and welcoming group who meet at Shirebrook Scout Camp, NG14 6HP on Tuesdays from 1.30-3.30 pm. The cost is £17.00 per term (c12 weeks).

This is not a U3A group, so updates won’t appear in the Newsletter, but if you’re interested in joining the group please contact Martin Cooke who is happy to field any questions.

There are quite a few ideas for new Interest Groups, so watch this space!

If you wish to make suggestions for new groups or to join those already set up please get in touch. Ownership of each group lies with the members of that group and they get together to agree on times and places.

Two free taster sessions are available to those who are not members of MaD U3A. To find out more please go to the website. Each group below has a link to the relevant page.

Always try to be modest and be proud of it!

INTEREST GROUPS

Each group has its own page on the website giving details of the group’s activities

Do please remember to let the convener or your group know if you won’t be able to make it to a meeting. They go to considerable time and effort, and sometimes expense, to get the group organised and running smoothly for you - please don’t let them down by just failing to attend. An email or phone call is all it takes.

Occasionally meeting dates may be different from their norm
Please check with your convener for confirmation and meeting details
<table>
<thead>
<tr>
<th><strong>Art History</strong></th>
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<tr>
<td><strong>Convener</strong></td>
<td>Julie Rigby</td>
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<tr>
<td><strong>Meet</strong></td>
<td>3rd Thursday from 10:00 - 12:00 am</td>
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<tr>
<td><strong>Venue</strong></td>
<td>Mapperley Plains Sports and Social Club</td>
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<tr>
<td><strong>Next meeting</strong></td>
<td>Thursday 21 March</td>
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<td><strong>For more information</strong>, contact Julie Rigby at Art History convener</td>
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<tr>
<th><strong>Bookclub</strong></th>
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<tr>
<td><strong>Convener</strong></td>
<td>Martin Cooke</td>
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<tr>
<td><strong>Meet</strong></td>
<td>2nd Tuesday at 10:30 am</td>
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<tr>
<td><strong>Venue</strong></td>
<td>Members’ homes</td>
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<tr>
<td><strong>Next meeting</strong></td>
<td>Tuesday 9 April - Book ‘Gilead’ by Marilynne Robinson</td>
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<td><strong>There will be no meeting in March.</strong></td>
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<td><strong>We have room in Bookclub for two people. First come first served. Please contact the Bookclub convener.</strong></td>
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<th><strong>Bridge : Learn to play Bridge</strong></th>
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<tr>
<td><strong>Convener</strong></td>
<td>Freddie Davies</td>
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<tr>
<td><strong>Meet</strong></td>
<td>Alternate Tuesdays from 2:00 - 4:00 - dates to be announced</td>
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<tr>
<td><strong>Venue</strong></td>
<td>To be Decided</td>
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<tr>
<td>If you are interested in joining the course please read my page on the <a href="#">website</a>. If, in the meantime, you wish to comment or enter your details on a waiting list, please see me at the meeting or email me at Bridge Group Convener.</td>
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<th><strong>Challenging Photography</strong></th>
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<tr>
<td><strong>Convener</strong></td>
<td>Malcolm Darroch</td>
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<tr>
<td><strong>Meet</strong></td>
<td>4th Wednesday from 2:00 - 4:00 pm</td>
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<tr>
<td><strong>Venue</strong></td>
<td>Room 2 Arnold Library - £2 per head to cover room hire</td>
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<tr>
<td><strong>Next meeting</strong></td>
<td>27 March - subject ‘Clouds’</td>
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<td></td>
<td>24 April - subject ‘Ruins’</td>
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<tr>
<td><strong>Contact</strong> Malcolm Darroch for more information.**</td>
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<th><strong>Creative Writing</strong></th>
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<td><strong>Convener</strong></td>
<td>Carolyn Luckhurst</td>
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<tr>
<td><strong>Meet</strong></td>
<td>Once a month, varying days, at 2:00 - 4:00 pm (latest).</td>
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<tr>
<td><strong>Venue</strong></td>
<td>Member’s home</td>
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<tr>
<td><strong>Next meeting</strong></td>
<td>Thursday 21 March - ’A Shaggy Dog Story’</td>
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<tr>
<td><strong>This is a particularly interesting group with a variety of skill levels and a pure desire for enjoyment, friendship and fun.</strong></td>
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<td><strong>We are able to take a couple more people. Please contact Carolyn for further information.</strong></td>
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<th><strong>Discussion Group</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Convener</strong></td>
<td>Lynn Majewski</td>
</tr>
<tr>
<td><strong>Meet</strong></td>
<td>2nd Monday from 2:00 - 4:00 pm</td>
</tr>
<tr>
<td><strong>Venue</strong></td>
<td>Room 1 Arnold Library</td>
</tr>
<tr>
<td><strong>Next meeting</strong></td>
<td>Monday 11 March</td>
</tr>
<tr>
<td>Come and join the group in a friendly atmosphere, liberally laced with beverage, and, perhaps, make new friends in the process. If you wish to join please contact Lynn by email at <a href="mailto:lynnmajewski@hotmail.com">lynnmajewski@hotmail.com</a></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Family History</strong></th>
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</thead>
<tbody>
<tr>
<td><strong>Convener</strong></td>
<td>Claire Wilkie</td>
</tr>
<tr>
<td><strong>Meet</strong></td>
<td>4th Monday at 2:00 pm</td>
</tr>
<tr>
<td><strong>Venue</strong></td>
<td>Arnold Library</td>
</tr>
<tr>
<td><strong>Next meetings</strong></td>
<td>Friday 22 March - visit to the Nottingham Archives</td>
</tr>
<tr>
<td></td>
<td>Monday 25 March - Inquests</td>
</tr>
<tr>
<td>If you want to comment or show more interest in this group, please send an email to the Family History convener via the website</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Freddie’s Antiques Road Show</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Convener</strong></td>
<td>Freddie Davies</td>
</tr>
<tr>
<td><strong>Meet</strong></td>
<td>Monthly, on Tuesday afternoons from 2:00 - 4:00 pm</td>
</tr>
<tr>
<td><strong>Venue</strong></td>
<td>To be decided</td>
</tr>
<tr>
<td><strong>First meeting</strong></td>
<td>To be announced</td>
</tr>
<tr>
<td>Looking at history through items brought to meetings by members (but not necessarily antiques!!)</td>
<td></td>
</tr>
</tbody>
</table>
Games
Convener: Marion Wright
Meet: Wednesdays from 2:00 - 4:00 pm
Venue: The Punchbowl, Porchester Road, Nottingham

We meet each Wednesday in an alcove at the back of the Punchbowl, or tucked away in a cosy corner of the bar. There is no room charge, but we pay £1.00 a head for tea and coffee, which is provided during the afternoon. Contact Marion via this link - Games convener

Gardening
Convener: Chris Padgett
Meet: 3rd Monday at 10:15 am - 12 noon
Venue: Various
Next meeting: Monday 18 March, venue to be decided

We have 30 members - a friendly, cheerful group of enthusiastic people who share an interest in gardening. None of us are experts, but we all have willing hearts and hands, so why not join us? For more information, just send an email to the Gardening convener. Whatever your gardening interest, I look forward to hearing from you!

Geography Road Trip
Convener: Freddie Davies
Meet: 2nd Wednesday from 2:00 - 4:00 pm
Venue: Arnold Library
Next meeting: Wednesday 6 March

A members’ participation group discussing the characteristics of various countries. For more information please contact Freddie Davies via the website page

Geology 1: The Magic of our Solar System
Convener: Freddie Davies
First meeting: New course of 10 sessions on alternate Wednesdays from 2:00 - 4:00 - dates to be announced
Venue: Arnold Library

If you are interested in learning about our sun and the neighbouring planets in the vastness of space and what they mean to us on Earth join this course for a voyage into space and time. Please visit the website page for full information.

Geology 2: The History of the Planet Earth
Convener: Freddie Davies
First meeting: Alternate Wednesdays from 2:00 - 4:00 - dates to be announced
Venue: Venue to be announced

This is be a follow-on from ‘The Magic of our Solar System’ course. To find out more about this course please visit the website page.

Geology 3: The Earth’s Crust and Us
Convener: Freddie Davies
First meeting: New 10 session course, alternate Wednesdays 2:00 - 4:00
Venue: Arnold Library
Next meeting: Wednesday 20 March

This short course will deal with the amazing and volatile structure of Earth’s crust and how we use it and survive on it. To find out more please visit the website or speak to me at our general meeting.

Glamping Group
FOR ALL MOTORHOME AND CARAVAN OWNERS - ACTUAL OR ASPIRING

We meet occasionally, rather than on a fixed basis, and at various venues to be decided by the group themselves. It is envisaged that much of the activity will take place between meetings with tips and information being exchanged as required between members and by a variety of means.

If you’re interested please contact Vic Blake for more information

Heraldry: An Introduction
Convener: Freddie Davies
Meetings: Alternate Wednesdays 2:00 - 4:00 pm (10 sessions)
Venue: Arnold Library
Next meetings: Wednesday 13 March, Wednesday 27 March

A colourful booklet I have prepared will be handed out. If you’d like to know more, please contact the Heraldry group convener

Few women admit their age. Few men act theirs
Historical Architecture
Convener: Freddie Davies
Meetings: Alternate Wednesdays 2:00 - 4:00 pm
Venue: Arnold Library

A new course of 12 sessions of two hours each from 2.00 until 4.00 on alternate Wednesday afternoons will be held at Arnold Library starting later in 2019 and subject to numbers of members showing interest. It will be the third time that this course has been run.

If you wish to comment or show more interest in this group, please send an email to the Historical Architecture Group Convener.

Indoor Mat Bowls
Convener: Doreen Edwards
Venue: Richard Herrod Centre, Carlton 4:30 - 6:30 pm
Next Meeting: Tuesday 5 March - Check with Convener
Cost: £5.25

Future meeting dates - to be fixed. Please contact the group convener via website page for more details.

International Dining
Convener: Margaret Taylor
Venue: Various
Next Meeting: Thursday 28 March at Anya's Polish Restaurant, Mansfield Road, Sherwood

This group meets once a month on the same day as the General Meeting. For information please contact the International Dining Group Convener.

Italian Speech
Convener: Joice Hall
Meet: Wednesdays from 12.00 noon - 1.15 pm (no meetings during the school holidays)
Venue: Arnold Library, Meeting Room 2

Ciao. This beginners group meets every Wednesday.

Local History
Convener: Dorothy Ritchie and Michael Payne
Meet: 1st Tuesday from 10:00 - 12:00 am
Venue: Mapperley Social Club, Games Room
Next meeting: Tuesday 5 March - Hazel Hartstone ‘Finding Stephan, Colin’s Story’

If you would like to know more about this group please send an email to the Local History convener.

Luncheon Club
Convener: Martin Davenport and Sheila Stacey
Meet: 3rd Wednesday at 12:00 noon
Venue: Various
Next meeting: Wednesday 20 March - The Townhouse, High Street, Arnold

Come along and enjoy good company and make new friends, whilst having a bite to eat. We dine every third Wednesday in the month choosing different venues, meeting at noon. Please contact Martin for details of future lunches.

Music Appreciation
Convener: Joan Davis
Meet: Usually 1st Monday of the month at 7:00 pm
Venue: Members’ Homes
Next meeting: Monday 4 March

The group is not able to take any new members at the moment, but please contact Joan Davis or Maggie Grimshaw if you want to put your name on the waiting list.

Philosophy
Convener: Vic Blake
Meet: 4th Tuesday from 10:30 - 12:30 pm
Venue: Convener’s home
Next meeting: Tuesday 26 March

The group is currently full but if you want to comment or show more interest - or perhaps convene a second group, please send an email to the Philosophy group convener via the website.

Everyone has a photographic memory. Some don’t have film.
Playhouse Theatre Group

Convener: Judith Gamble
Meet: Various
Venue: Nottingham Playhouse
Next Meeting: Friday 22 March 19:30 ‘Skellig’

MaD members are now able to experience certain productions of great theatre at the special price of £7.00 per ticket. Tickets will be available at the monthly meetings, when you can sign up and pay. To book tickets, or for more information, please contact Judith via the website.

Play Reading

Convener: Sue Cullen
Meet: 1st Thursday from 1:30 - 4:30 pm
Venue: Member’s Home
Next meeting: Thursday 7 March – ‘House Guest’ by Francis Durbridge

This friendly, supportive and encouraging group meets for 3 hours which enables us to read a whole play in one afternoon. The group is now full, but if you’d like to put your name on the waiting list please send an email to Sue via website.

Shorter Walks Group

Convener: Carolyn Luckhurst
Meet: 2nd Friday
Venue: Various
The next walk: Friday 15 March - Wollaton Park, meet at bus stop J5 outside Victoria Centre, Milton St

From April, Shorter Walks will take place on the second Friday of each month.

This Group is designed for those of us who would like to walk between 3 and 5 miles using fairly local routes and just once a month. For further information please contact Carolyn via this link.

Spanish Conversation

Convener: Vic Blake
Meet: To be decided
Venue: Convener’s home

This group isn’t running at the moment but if you would like to show interest or get more information please contact Vic via the website.

Walking

Convener: Martin Davenport
Meet: 3rd Friday at 10:15 am
Venue: Various
Next Meeting: Friday 15 March – 8 miles through Gedling and Burton Joyce

For details, please contact the walking group convener Walking Group convener

Wine Appreciation

Convener: Maggie Grimshaw
Meet: 3rd Wednesday at 2:30 pm
Venue: Convener’s Home
Next meeting: Wednesday 20 March – ‘French Wines’

This group is not taking new members at the moment, but we will keep the situation under review. Please contact me if you want me to put you on the waiting list.

YOUR NEWSLETTER … we need your feedback

Are you reading it? Are you enjoying it? Is there something you’d like to add?

This is YOUR Newsletter - if there is something you’d like to add, or remove, or if you would like to share with us an article you’ve seen, or a story or poem you’ve written - anything you feel would be of interest to the members of MaD U3A, please contact the Editor with your submission or suggestion for consideration.

We would love to hear from you …… but keep it polite!
THE LITTLE MaD QUIZ

1. Who was the Wonder Horse in a 1950s television series?
2. Which actor famously came out of a heat haze in Lawrence of Arabia and was a noted bridge player?
3. Brideshead Revisited and Scoop are amongst the works of which writer?
4. Which Canadian snooker player was the first to make a 147 break in the World Snooker Championships at the Crucible Theatre?
5. What was founded by William Booth in 1865?
6. Founded in 1858 and based in Manchester, what is the name of Britain’s longest-established symphony orchestra?
7. Alexander Selkirk, an 18th-century sailor, was the inspiration for which novel?
8. Which mountain is the highest volcano in Africa?
9. In a Beatles song, who “picks up the rice in the church where a wedding has been”?
10. On which river does Toulouse stand?

Answers to January’s Quiz

And finally ……

It was the last day of philosophy class, and time for the final exam. The professor had exposed the students to several schools of philosophy during the semester. He looked out over them as they sat and waited expectantly. Finally, he pointed at his desk and said, “I have only a single question on this final test. Use anything I’ve taught you this year to prove to me this desk does not exist.”

Immediately the students started writing furiously, filling pages and pages of exam books with proofs for the non-existence of the desk.

One girl, however, wrote for a few seconds, gathered her books, walked to the front of the class, turned in her exam book, and was out of the classroom in two minutes.

When the professor posted the grades the following Monday, only one person had received an A. It was the girl who finished the exam so quickly.

Her answer: “What desk?”
Occasionally meeting dates may be different from the norm
Please check with your convener for confirmation and meeting details

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Group</th>
<th>Meet at</th>
<th>Details</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Mon</td>
<td>19:00</td>
<td>Music Appreciation</td>
<td>Member’s Home</td>
<td></td>
<td>Joan Davis</td>
</tr>
<tr>
<td>5</td>
<td>Tues</td>
<td>10:00</td>
<td>Local History</td>
<td>Mapp. Plains social club</td>
<td>‘Finding Stephan, Colin’s Story’</td>
<td>D Richie &amp; M Payne</td>
</tr>
<tr>
<td>5</td>
<td>Tues</td>
<td>16:30</td>
<td>Indoor Mat Bowls</td>
<td>Richard Herrod Centre</td>
<td>£5.25</td>
<td>Doreen Edwards</td>
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<tr>
<td>6</td>
<td>Wed</td>
<td>12:15</td>
<td>Italian Speech</td>
<td>Arnold library</td>
<td>Room 2</td>
<td>Joice Hall</td>
</tr>
<tr>
<td>6</td>
<td>Wed</td>
<td>14:00</td>
<td>Games</td>
<td>Punchbowl, Porchester Rd</td>
<td>Can bring own game</td>
<td>Marion Wright</td>
</tr>
<tr>
<td>7</td>
<td>Wed</td>
<td>14:00</td>
<td>Geography Road Trip</td>
<td>Arnold Library</td>
<td></td>
<td>Freddie Davies</td>
</tr>
<tr>
<td>7</td>
<td>Wed</td>
<td>14:00</td>
<td>Heraldry</td>
<td>Arnold library</td>
<td></td>
<td>Freddie Davies</td>
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<tr>
<td>7</td>
<td>Wed</td>
<td>14:00</td>
<td>Italian Speech</td>
<td>Arnold library</td>
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<td>Joice Hall</td>
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<td>Wed</td>
<td>14:00</td>
<td>Games</td>
<td>Punchbowl, Porchester Rd</td>
<td>Can bring own game</td>
<td>Marion Wright</td>
</tr>
<tr>
<td>8</td>
<td>Fri</td>
<td>10:15</td>
<td>Walking</td>
<td>Welbeck</td>
<td>7.5 or 5 miles</td>
<td>Martin Davenport</td>
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<tr>
<td>11</td>
<td>Mon</td>
<td>14:00</td>
<td>Discussion Group</td>
<td>Arnold Library, Room 1</td>
<td></td>
<td>Lynn Majewski</td>
</tr>
<tr>
<td>11</td>
<td>Mon</td>
<td>14:00</td>
<td>Discussion Group</td>
<td>Arnold Library, Room 1</td>
<td></td>
<td>Lynn Majewski</td>
</tr>
<tr>
<td>13</td>
<td>Wed</td>
<td>12:15</td>
<td>Italian Speech</td>
<td>Arnold library</td>
<td>Room 2</td>
<td>Joice Hall</td>
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<td>Wed</td>
<td>14:00</td>
<td>Games</td>
<td>Punchbowl, Porchester Rd</td>
<td>Can bring own game</td>
<td>Marion Wright</td>
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<td>Wed</td>
<td>14:00</td>
<td>Games</td>
<td>Punchbowl, Porchester Rd</td>
<td>Can bring own game</td>
<td>Marion Wright</td>
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<td>13</td>
<td>Wed</td>
<td>14:00</td>
<td>Games</td>
<td>Punchbowl, Porchester Rd</td>
<td>Can bring own game</td>
<td>Marion Wright</td>
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<tr>
<td>13</td>
<td>Wed</td>
<td>14:00</td>
<td>Games</td>
<td>Punchbowl, Porchester Rd</td>
<td>Can bring own game</td>
<td>Marion Wright</td>
</tr>
<tr>
<td>18</td>
<td>Mon</td>
<td>10:00</td>
<td>Gardening</td>
<td>Venue to be decided</td>
<td></td>
<td>Chris Padgett</td>
</tr>
<tr>
<td>18</td>
<td>Mon</td>
<td>10:00</td>
<td>Gardening</td>
<td>Venue to be decided</td>
<td></td>
<td>Chris Padgett</td>
</tr>
<tr>
<td>20</td>
<td>Wed</td>
<td>12:00</td>
<td>Luncheon Club</td>
<td>The Townhouse</td>
<td>Arnold</td>
<td>Martin Davenport &amp; Sheila Stacey</td>
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<tr>
<td>20</td>
<td>Wed</td>
<td>12:15</td>
<td>Italian Speech</td>
<td>Arnold library</td>
<td>Room 2</td>
<td>Joice Hall</td>
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<tr>
<td>20</td>
<td>Wed</td>
<td>14:00</td>
<td>Games</td>
<td>Punchbowl, Porchester Rd</td>
<td>Can bring own game</td>
<td>Marion Wright</td>
</tr>
<tr>
<td>20</td>
<td>Wed</td>
<td>14:00</td>
<td>Geology 3 – Earth’s Crust &amp; Us</td>
<td>Arnold Library</td>
<td>French</td>
<td>Freddie Davies</td>
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<tr>
<td>20</td>
<td>Wed</td>
<td>14:30</td>
<td>Wine Appreciation</td>
<td>Convenor’s home</td>
<td>Organic wines</td>
<td>Maggie Grimshaw</td>
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<tr>
<td>21</td>
<td>Thurs</td>
<td>10:00</td>
<td>Art History</td>
<td>Mapp. Plains Social Club</td>
<td></td>
<td>Julie Rigby</td>
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<tr>
<td>21</td>
<td>Thurs</td>
<td>14:00</td>
<td>Creative Writing</td>
<td>Member’s home</td>
<td>‘Shaggy Dog Story’</td>
<td>Carolyn Luckhurst</td>
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<tr>
<td>22</td>
<td>Fri</td>
<td>14:00</td>
<td>Family History</td>
<td>Nottingham Archives</td>
<td>Visit</td>
<td>Claire Wilkie</td>
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<td>22</td>
<td>Fri</td>
<td>19:30</td>
<td>Playhouse Theatre Group</td>
<td>Nottingham Playhouse</td>
<td>‘Skellig’</td>
<td>Judith Gamble</td>
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<td>25</td>
<td>Mon</td>
<td>14:00</td>
<td>Family History</td>
<td>Arnold library</td>
<td>Inquests</td>
<td>Claire Wilkie</td>
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<tr>
<td>26</td>
<td>Tues</td>
<td>10:30</td>
<td>Philosophy</td>
<td>Convenor’s home</td>
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<td>Vic Blake</td>
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<tr>
<td>27</td>
<td>Wed</td>
<td>12:15</td>
<td>Italian Speech</td>
<td>Arnold library</td>
<td>Room 2</td>
<td>Joice Hall</td>
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<tr>
<td>27</td>
<td>Wed</td>
<td>14:00</td>
<td>Challenging Photography</td>
<td>Arnold Library, Room 2</td>
<td>‘Clouds’</td>
<td>Malcolm Darroch</td>
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<tr>
<td>27</td>
<td>Wed</td>
<td>14:00</td>
<td>Challenging Photography</td>
<td>Arnold Library, Room 2</td>
<td>‘Clouds’</td>
<td>Malcolm Darroch</td>
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<tr>
<td>28</td>
<td>Thurs</td>
<td>10:00</td>
<td>General Meeting</td>
<td>Mapp. Plains Social Club</td>
<td>The Plague Doctor – Eyam by David Bell</td>
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<td>28</td>
<td>Thurs</td>
<td>18:30</td>
<td>International Dining</td>
<td>Anya’s Polish Restaurant</td>
<td>Sherwood</td>
<td>Margaret Taylor</td>
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<td>No meeting in March</td>
<td>Book Club</td>
<td>Member’s homes</td>
<td></td>
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<td>Martin Cooke</td>
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<td>Freddie’s Antiques Road Show</td>
<td>Venue to be announced</td>
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<td>Freddie Davies</td>
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<tr>
<td>Dates to be announced</td>
<td>Geology 1 – Solar System</td>
<td>Venue to be announced</td>
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<td></td>
<td>Freddie Davies</td>
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<tr>
<td>Dates to be announced</td>
<td>Geology 2 – Earth’s History</td>
<td>Venue to be announced</td>
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<td></td>
<td>Freddie Davies</td>
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<tr>
<td>Various</td>
<td>Glamping</td>
<td>Venue TBD</td>
<td></td>
<td></td>
<td>Vic Blake</td>
<td></td>
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<tr>
<td>New course dates TBC</td>
<td>Historical Architecture</td>
<td>Venue to be announced</td>
<td></td>
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<td>Freddie Davies</td>
<td></td>
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<tr>
<td>Dates to be announced</td>
<td>Learn to play Bridge</td>
<td>Arnold Library</td>
<td></td>
<td></td>
<td>Freddie Davies</td>
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<tr>
<td>Wednesday 24 April</td>
<td>Quiz Night</td>
<td>Mapperley Golf Club</td>
<td></td>
<td></td>
<td>Geraldine Chaffe</td>
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