



(Our Members' Day Super Star Millie)
(Kind permission of Mille's Mum)

AGM SEPTEMBER 2023

NEWSLETTER



Mansfield u3a QR Code

Words from the Chair: Yvonne Kennison

You will be pleased to know that I don't have a lot to report in this final letter as Chairman.

I have submitted a year - end report in which I most sincerely thank everyone who has helped to make my time in this role enjoyable.

I didn't name names because there are too many to mention and I don't want to upset anyone by forgetting to include them, but I just want to say that my time on the Committee has been a privilege and I couldn't have done it without the help and support of all the Committee and that includes those who have served on it during my time as Treasurer as well as Chairman.

Joining the u3a was one of the best things Mick and I did and it has been a pleasure getting to know so many of you and being able to contribute a little bit into making our u3a such a success.

It was a great success before we joined and it will be long after we have gone, but meantime we hope to go on enjoying being part of it.

Thank you, everyone one of you, for your support and friendship.

Yvonne.

A gentle reminder for all Group Leaders.

Meeting at the Mansfield Bowling Club, Chesterfield Road. Time 10 am on 8 Sept



The cost of the u3a diary for 2024 will be £4.00 + p&p £2.70 = £6.70.

If you do wish to order a diary then please bring the correct money to either the September or October Members' Meeting and hand to Gill Mallinder, Treasurer.

Words from the Editor: Bill Harrison

Hi and welcome to my final Newsletter and I sincerely hope you enjoy it.

My journey onto becoming Mansfield u3a Newsletter Editor began back on the 27 March 2020, at a time when the uncertainty of ever meeting again was looking very daunting; a time when keeping in touch was paramount. This is when the idea of Madkit was born.

Carole and I would search for any relevant news, government and local council up-to-date information to keep our members aware of what was happening. This combined with a few humorous quotes, puzzles and all good stuff to lift the spirits of our members. When the good news came with the amazing vaccination role out, we could once again meet up with our loved ones, friends and family, a sense of normality was returning.

It was around this time that the very efficient Mike Allen, my predecessor Newsletter Editor, was stepping down. So a meeting was set up with Mike at his home to guide me through the art of being the Newsletter Editor. No better man could I have had as a tutor, his wealth of knowledge in all things u3a was, and still is paramount today.

And so, I set off on my journey as Editor into the u3a world of providing information to our wonderful members, members who have sent some wonderful comments and contributions over my time as Newsletter Editor, and for this I'm eternally grateful.

The importance of producing a great Newsletter comes not only from the effort put in by the editor, but the team of proof-readers that are so important in making any corrections that have been overlooked, combined with meeting deadlines and getting the newsletters printed. My first encounter with my loyal proof-readers was with Pearl Brown, a beautiful lady inside and out. Pearl was bulletproof when it came to proof reading, nothing got past her. R.I.P Pearl x.

It was very encouraging when two of our loyal and very active u3a members Elaine Huckerby and Sheila Pegg, stepped up to the mark. Both have been amazing in helping to get the Newsletters out to our members, very efficient and punctual, just what an editor requires. Pearl would be very proud of you both. Thank you both so much for your time and effort. It's really appreciated xx.

And so, I leave you in the very capable hands of our past Treasurer / Chairman, a lady who is so passionate about the success of the Mansfield u3a; I feel sure we will be in capable hands.

It has been a pleasure serving as your newsletter editor, and I sincerely hope I have given you some enjoyment over the past few years

Bill

In this issue:

Pages 2 - 3	Final words from the Chair/Editor
Page 4	Social Committee News
Pages 5 - 11	AGM news
Pages 12 - 24	Meeting Dates/Speakers/ u3a Group News
Pages 25- 57	Group Leaders and their Groups
Pages 58- 60	Learn, Laugh, Live
Page 61	Important Information
Page 62	Closing Thoughts



Social Committee News 2023

Many thanks for your continued support of events the Social Committee are planning – the more the merrier, lots of laughter, fun and new friendships forged. It was a fantastic atmosphere at Members' Day with many staying around to chat. We have already begun planning for 2024, so there will be many more events in the pipeline for us all to enjoy.

LUNCH TIME QUIZ – Friday 13 October 2023 - 12.30pm

The Kevin Bird Suite, One Call Stadium, Quarry Lane Mansfield, NG18 5DA. A lunch of lasagne and salad will be served at 1.00pm. **Please ensure you tell the Social Committee on Tuesday 19 September, whether you would prefer beef lasagne or vegetable lasagne otherwise we will assume you want beef lasagne. There are now no tickets available.** There will be prizes for the winning quiz team and a raffle.

HALLOWEEN PARTY and PIE & PEA SUPPER - Friday 27 October – 7.00pm – 11.00pm

This is a joint party with Dukeries u3a and Forest Town u3a at Clipstone Social Welfare Club. The Moonshiners, an excellent band, will be providing toe tapping music to dance to. You do not have to wear Fancy Dress but there will be prizes for the best costumes and many people will be in fancy dress.

There are now no tickets available. Please ensure you pay the Social Committee on Tuesday 19 September if you still owe £10.

CHRISTMAS LUNCH Tuesday 12 December - 12.00pm

The Hostess Restaurant, Sookholme Road, NG19 8LL 12.00pm – 3 course lunch + coffee and mince pies – the total cost is a non-refundable £19. Unfortunately. **Twentynine** people still need to pay the balance of £9. This needs to be paid to the Social Committee on Tuesday 19 September as Marie Barrow needs to pay the balance to The Hostess. **Please note there are no more places available.**

UP-COMING EVENTS

Christmas market at November 21st's Main Meeting

Medieval Banquet

Trent River Cruise 2024



24th Annual General Meeting

Tuesday 19 September 2023

10.00-12.00

**1861 Suite, One Call Stadium
Quarry Lane, Mansfield
Notts. NG18 5DA**

AGENDA

1. Chair's Welcome:

The Chair's Report is in the September AGM issue of the Newsletter, on the Website and sent out with this Agenda.

2. Apologies:

*Apologies to the Business Secretary on 07512 763330, businesssec.mansfieldu3a@gmail.com or on the day by another member.
Apologies received from Linda Oliver.*

3. Approval of Minutes from 2022 AGM:

The Minutes are available on the Website, in the September Newsletter and copies will be available at the meeting

4. Treasurer's Report (incl. approval of the Accounts):

A summary of the Treasurer's Report is given in the September AGM issue of the Newsletter and on the Website.

In addition, the Group Co-ordinator, Membership Secretary, Newsletter Editor and Website Administrator's Reports are in the September issue of the Newsletter and on the Website.

5. Nominations for the Committee:

Three members are retiring from the Committee:

Yvonne Kennison (Chair)

Mick Kennison (Group Coordinator)

Lynne Payne (Committee Member)

The following are seeking election or re-election to the Committee:

Elaine Huckerby (Chair)	2026
Irena Dubowski (Vice Chair)	2026
Gill Mallinder (Treasurer)	2026
Kathryn Henshaw (Business/Minutes Secretary)	2026
Sheila Pegg (Group Treasurer)	2026
Philip Tucker (Speaker Finder)	2024
Jean Hatton (Membership Secretary/Helping Hand)	2024
Stella Hall (Group Co-ordinator)	2026
Hilary Miller, (Committee Member)	2026
John Lawes, (Committee Member)	2026
Susan Ford (Committee Member)	2026
Carole Harrison (Committee Member)	2024

Members with Special Expertise

Bob Longden (Website Administrator)
Mike Allen (Website Editor)
Yvonne Kennison (Newsletter Editor)
Sarah Spurry (Facebook Officer)

6. Election of the new Committee:

There being no contest, the Committee will be proposed and elected on bloc.

7. Any Other Business:

There are no other items for consideration.

Any motions for consideration at the AGM must be proposed and seconded and sent to the Business Secretary before the beginning of the AGM Meeting.

Many thanks

The Committee

Date of the next Annual General Meeting: Tuesday 17 September 2024

IMPORTANT INFORMATION REGARDING THE AGM

To ensure we are quorate for the Meeting we need 20% attendance/proxy votes by the members

If you are unable to attend the Annual General meeting in person, the Committee can act as your proxy. Please send an email to businesssec.mansfieldu3a@gmail.com by Friday 15 September 2023 to say whether you agree or not with the approval of the new Committee.



DRAFT

**23rd Annual
General Meeting of the Mansfield & District u3a**

**One Call Stadium, Quarry Lane, Mansfield, Notts. NG18 5DA
Tuesday 20 September 2022
10.50-11.30am**

MINUTES

1. Background:

A month prior to the meeting the Notice of the Meeting had been emailed out to all members. This was followed by the Agenda, Minutes from the previous meeting, Balance Sheet and reports from the Chair, Treasurer, Membership Secretary, Groups Co-ordinator, Web Administrator and Newsletter Editor. These items were included in the Newsletter and on the Website and Facebook.

The number of attendees present (100) and the proxy votes received (6) ensured that we achieved quoracy of 20% of the paid-up membership (176).

2. Chairman's Welcome:

The Chair, Yvonne Kennison, welcomed members to the 23rd AGM of the Mansfield and District u3a and thanked everyone for attending.

Yvonne also thanked the Committee and Group Leaders for their hard work and commitment over the previous year.

3. Apologies and their Proxy Votes had been received from:

Lorna Pye, Gill Mallinder, Christine Teasdale, Ian Donald, Sue Cotterill and Kathryn Henshaw. Plus, Andrea Thompson (with my thanks to all concerned for all the hard work that they put into running/organising the various aspects of Mansfield u3a. Keep up the good work!)

4. Approval of the AGM Minutes from the Meeting held on Tuesday 21 September 2021:

The Minutes were approved after being **PROPOSED** by Sylvia Slack and **SECONDED** by Mike Allen.

5. Matters Arising:

There were no matters arising.

6. Treasurers Report:

Yvonne Kennison presented the report on behalf of Gill Mallinder who was unable to attend the Meeting. The Books had been audited, checked and circulated to all members.

The Financial Report was approved unanimously after first being **PROPOSED** by John Lawes and **SECONDED** by Sheila Whalley.

7. Nominations for the Committee:

There were no members standing down from the Committee this year.

New members seeking election to the Committee are:

- Yvonne Kennison (Chair)
- Elaine Huckerby (Vice Chair)
- Gill Mallinder (Treasurer)
- Sheila Pegg (Group Treasurer)
- Carole Harrison (Business/Minutes Secretary)
- Philip Tucker (Speaker Finder)
- Jean Hatton (Membership Secretary)
- Lynne Payne (Committee Member)
- Graham Headworth (Committee Member)
- Kathryn Henshaw (Committee Member)
- Mick Kennison (Groups Co-ordinator/Safeguarding Lead)

Members with Special Expertise are:

- Bob Longden (Website Administrator)
- Mike Allen (Website Editor)
- Bill Harrison (Newsletter Editor)
- Sarah Spurry (Facebook Officer)

It was **PROPOSED** by Jean Houghton and **SECONDED** by David Drew that the Committee be re-elected en bloc. This was unanimously **APPROVED**.

8. Any Other Business

Subscriptions

The membership had been increased by £1.00 to cover the extra capitation fee requested by the Third Age Trust.

Yvonne Kennison welcomed Councillor Stephen Garner to the meeting. Councillor Garner had kindly donated funds to the u3a in order to buy the u3a printer and indoor curling set.

9. Date and Time of next Meeting:

The next AGM would take place on Tuesday 19 September 2023.



COMMITTEE REPORTS

Yvonne Kennison
Chair

Here we are, my last report to you as Chairman and I am pleased to say that we have had another successful year, and, as Jean pointed out at the Committee Meeting, it has been our 24th.

All of our groups are running smoothly thanks to our brilliant Group Leaders and our monthly meetings see more and more members coming into the One Call Stadium each time.

This year we have enjoyed holidays, days out, social get-togethers, educational speakers, regular walks, shared learning groups, meals out and played competitive games. I don't need to list all the wonderful ways we meet up to Learn, Laugh and Live.

Most important are the members who organize, plan and oversee. Those who make tea, buy biscuits, collect money, sell books, take minutes, bookkeep, write and print the Newsletters, people who send in articles and those who oversee the Website and Facebook, keep all the membership records up to date, book speakers, look after all our equipment and co-ordinate the groups. Every little or large job adds towards making the whole such a success. You all know who these wonderful members are and I want to thank everyone who undertakes these important roles most sincerely.

I have enjoyed the support of the Committee throughout my time as Chairman and Treasurer before that come to think of it, and I couldn't have done it without their friendship. I also want to thank every member of Mansfield & District u3a. I am extremely grateful for the good fellowship I share with you all. It means an awful lot and I hope it continues for a long time. I feel privileged to have served you and thank you for allowing me to do it.

I have every confidence in the Committee that hopefully will be voted in at our AGM and I look forward to sharing many more enjoyable times with you all from the back benches!

With all good wishes.

Yvonne

Gill Mallinder
Treasurer

Although I have now been Treasurer for almost two years, the AGM in September will be my first as last year I was in hospital with a fractured hip. Thanks to the amazing Committee Members, I'm sure I wasn't missed!

Thank you to all of you for your patience at the monthly Members Meetings.

As you will know, some of our most able and long serving Committee Members are retiring this year and I'd like to thank them for being so supportive.

We are still in a secure position financially and so we are able to keep Membership fees the same as last year. I hope we can continue to thrive as successfully as we have done in the past.

Gill

Jean Hatton
Membership Secretary

I have thoroughly enjoyed being your Membership Secretary for this past year

I always have wonderful support from the Committee and members in general and this makes my job so much easier and a pleasure to do.

Our membership continues to be a healthy number although it is always difficult when we lose someone to illness or unfortunately to passing, but we will always remember them and the part they have played within our u3a.

I am looking forward to hopefully being your Membership Secretary for at least the next 12 months and will do my best to help you all in any way I can.

Jean

Mick Kennison
Groups Co-ordinator

I do not have an awful lot to report for my role as Groups Co-ordinator and Safeguarding Officer owing to the fact that all the Group Leaders run their interest groups so efficiently that rarely does a problem arise and thankfully that has been the case since I took over the role last year.

We have been lucky to have had a few new groups formed and they are running successfully although I understand Classic Cars is struggling for members and one of the ones I personally have been involved in, Indoor Curling, is also struggling for members and would benefit greatly from a new Group Leader.

Theatre Visits is another group which ran successfully for many years, but the cost of tickets became prohibitive and without a good number booking them, we lost our discounts which Sheila had successfully negotiated.

We are fortunate to have a very good relationship with the other u3a groups in our Neighbourhood Network and we are grateful to Liz and Denise from Sherwood for organizing many holidays and outings which our members enjoy.

We are happy to encourage new groups forming at any time, and assistance is always available to help with set up costs (£50 has always been the grant but I am sure, in this day and age, if more help is needed, it could be arranged).

Thank you for making my time as Group Co-ordinator a relatively easy one. I am confident I am leaving you in good hands with Stella (Hall) and I look forward to seeing all the Group Leaders for the Annual Group Leaders Meeting on 8 September.

With all good wishes.

Mick

Bob Longden
Website Administrator

The website is still waiting for the Third Age Trust to change it to the new format. After the trials of the last twelve months, we are not far away from that happening. We have had some emails with information of how it will look and details of editing.

We still continue to edit the site as before and I must thank all Editors and Group Leaders for their work in keeping the site up-to-date.

R. Longden

Bill Harrison
Newsletter Editor

So, my role as Editor began in very strange times during several lockdowns due to the global pandemic. There was never a time our members needed communication more than during this period.

Contact with the Group Leaders is paramount for future meetings/various visits, so data can be inputted into the Newsletter, keeping all our members informed.

I feel the u3a Newsletters are an important role in communication. When I took over the role, I felt there was a need to have two versions of the Newsletter - the printed copy, which contains a shortened version, and the online version which has much more content. The Newsletters are posted on the Mansfield & District u3a website. An email with the extended version will be sent out to all paid-up members. This can also be viewed on the Mansfield & District u3a Facebook page.

Sadly, my Newsletter journey has come to an end, but I will leave you in the very capable hands of Yvonne Kennison, who I'm sure will bring you a new dynamic to the Newsletters. Many thanks to everyone for your support during my time as Newsletter Editor.

Bill

FINANCIAL REPORT:

The year-end Accounts are currently being audited and will be sent out separately.

Speaker Finder: Philip Tucker

MEETING DATES/SPEAKERS 2023

Month	Members' Meetings Held in the 1861 Suite, Mansfield Town Football Club, One Call Stadium, Quarry Lane, Mansfield, NG18 5DA commencing at 10.00am
September	Tuesday 19 Annual General Meeting Geoff Harris – 'Stories of London not heard before'
October	Tuesday 17 Catherine McAteer – 'From Russia with Love'
November	Tuesday 21 'Co-op legal issues'
December	CHRISTMAS LUNCH Tuesday 12 December The Hostess Restaurant, <u>Sookholme, NG19 8LL</u> 12.00pm – 3 course lunch + coffee and mince pies Please note there are no more places available.

Warsop & District u3a Barn Dance

Hello everyone,

I was unable to attend the last meeting of the North Notts Neighbourhood Group, but my colleague Ann Ayodele mentioned the Barn Dance we are holding.

I would be very grateful if you could advertise this event to your members and ask anyone who would like to attend to get in touch with me.

Details: Friday 20 October at 7.00pm in The Oaklands Centre, Oakfield Lane, Warsop, Notts, NG20 0JE.

Cost: £20.00 per head, non-members welcome.

Buffet supper, bar and the services of a professional caller, John Shakespeare, retired music teacher from Birmingham.

My contact details are jennifer568@btinternet.com 07762 476901

This will be our third Barn Dance at this venue and with this caller; they've all been really good fun.

Hope to see you there

Many thanks
Jennifer Thomson

Member's Renewal Day.

Many thanks to the amazing work the Social Committee and u3a Committee carried out to make the members day a huge success and to our Group Leaders, who took the time out to promote their groups.

A fantastic turnout, it was lovely to see so many members new and old participating.

A few pictures from the day, with the star of the show Millie (cover photo), with her new companion.



(Our ever dependant raffle ladies)



(The hub of ladies taking your money, last seen on a Caribbean Cruise)



(Excellent work from our cake stall ladies, proving you can have your cake and eat it too)



(Tea for Two, our wonderful ladies serving up a brew)



(Fantastic display of beadwork)



(I may be looking puzzled at these reasonable prices)



(Beautiful handmade cards)



(Come and have a Crafty Chat and Stitch)



(Anyone fancies a shuffle, sign on the dotted line)



(A stunning display of crochet)



(Our items may be old, but we are still young)

Solo Dining: Sheila Pegg

We enjoyed two meals in August - a successful evening at Ciao Bella and a Sunday Lunch at The Redgate. Lots of conversation and good food was enjoyed by all.

Thank you to Elaine for looking after the Ciao Bella evening during my absence.

Many thanks to the loyal support of our existing members.

Bridge Group: Sheila Pegg

We had two well attended sessions again in August, playing on two tables. Our next dates are September 4 and September 18.

Games and Cards: Sheila Pegg

The numbers for our second evening were somewhat less than the first session but we still managed to have two tables playing different games and a good time was had by all.

Thank you to the people who contacted me to say they were unable to come that evening.

Looking forward to seeing you all at the next event which will be Saturday 23 September, 7pm at The Rushley.

Photoshop Group: Gordon Howlett

It is with regret that I am closing the Photoshop group with immediate effect. The demand was never great and I will continue to help individuals when asked but for personal reasons I cannot continue as I would wish.

I have informed current members and Mick Kennison as Groups Co-ordinator.

Subject: Sutton in Ashfield u3a 60s, 70s and 80s disco

We are having a 60's, 70's and 80's disco on Friday 15 September the time is 7.30pm to 11.00pm. The venue is Polly Bowls Social Club, Unwin Road, Sutton in Ashfield Notts NG17 4HN.

We have got two DJ's and they are both very good. The tickets are £5.00 each and there will be light refreshments and a full bar.

Would you be so kind as to read it out at your next meeting and put it on your website and Facebook page to see if any of your members would like to come.

If any of your members do wish to come then please can you ask them to email me.

Thank you very much.

June Hall, Email address junehall2@btinternet.com

Group coordinator and New Membership Secretary.

Sent in by Sherwood u3a: Elizabeth Wilson

Wednesday, 13 September The Loire Holiday revisited in photographs, 10am The Coopers.

Saturday 30 September QUIZ NIGHT



7pm Turner Hall £10 includes Fish and Chip Supper, tabled quizzes, 6 rounds of quiz questions plus joker AND a fun format Quiz!!!! Bring your own drinks, glasses!

Saturday 21 October AFTERNOON TEA

2pm – 5pm Turner Hall £15 Entertainment by Martin Perry (you know, the one most people missed at the Meeting because of the snow, and everyone there thought he was brilliant!) AND Melody Flyte who will be doing 70s and 80s music so we can sing along



and boogie!

National Trust

Tatton Park Tuesday 17 October Cost £15 - Cheques to Sherwood u3a

Pick up at:
Morrisons 9am
Iceland
9.15am Depart
Venue 4pm



Tuesday 14 November “AUTUMN FAYRE” COFFEE MORNING

To all Members of Sherwood u3a and friends.

The Committee is inviting you all to come along to our

“AUTUMN FAYRE “COFFEE MORNING

at Turner Hall 10am – 12 noon



Potters Resort: Denise Whitsed Sherwood u3a

20 November 2023

Monday to Friday

We are taking a group to Potters Christmas Extravaganza, as previously arranged
It is now fully inclusive of everything.

Every break is unashamedly full board which means four meals on each full day, each offering a wide selection to suit every appetite.

Kickstart your day the right way with a delicious **breakfast**, from a traditional and hearty full English, to a choice of cereal, yoghurts and pastries. For your tasty **3-course lunch** you can choose from a range of hot dishes, salads and desserts. And in the evenings, enjoy a sumptuous **3-course dinner** in readiness for the night ahead, including a delicious variety of starters, mains and desserts to satisfy even the healthiest of appetites. Plus, enjoy a **late night snack** before you either retreat for the evening, or continue your night in style.

Our chefs cater for most dietary requirements, so please feel free to discuss this with our friendly team at time of booking.



Two different accommodations of bungalow plus an hotel.

Depending on numbers we will get at least £60 discount plus 2 free places to be shared, so we can choose our rooms. We hire a separate bus with Skills Travel.

At the moment, I have only been given twins and double rooms in both hotel and bungalows.

Please email Denise deewhits@aol.com or telephone 07791941502 (Mon to Fri 9.00 to 16.00)

Many thanks
Denise

Good News.

Julia Hyde a new member, wants to take a group to see Dreamcoat Stars on 14 October at the Palace Theatre, Mansfield.

If you are interested, please call Julia as soon as possible to book your place on 01623 514806 or mobile 07927 414101.

Julia is anxious to get the theatre group revived. Please give her all the support you can. This show looks amazing to kick the group off.

Wine Appreciation Group One: Mike Allen

On a sunny afternoon in August 2023, an intrepid group of ten wine buffs set out from Mansfield to discover the outer reaches of the wine world. Not Italy, France or Chile, let alone India or China, but ... Derbyshire. In the 'remote' village of Wessington (On the A615 to Matlock), down Back Lane lies the home of Amber Valley Wines.

In a sloping field overlooking the Amber River to the east lay six rows of vines, a shed called a shop, a car park and an apple orchard in which chairs were laid out surrounding an open pavilion. The owner, an enthusiastic English eccentric, regaled us with the history of the vineyard.

A Damascene moment after his university degree led him to travel the world looking at and working in vineyards. Back home in Derbyshire, he realized that it might be possible to create wine on family lands. Starting with only a little knowledge, he, with his family and a partner, planted vines in the April snow of 2012 and waited for the first harvest. A full-time job was necessary as no fortune could be made from a few vines.

But the grapes grew and the wine was made from about 2018 onwards. The vineyard is organic, as the owner is a 'regenerative' farmer, refusing to use chemicals, not even weeding under the vines, as this would disturb the biomes in the soil. None of this is unusual nowadays, but it was when he first started.

This was all gathered, along with much other interesting information on viticulture in England, as we walked along the rows of Solaris grapes, with Bacchus and other varietals. English wines have achieved international fame, but these are champagne-type wines, from the chalk hills of southern England. Derbyshire vines, on different ground, with less sun, more frost and rain are another matter.

Only some white grapes do well, and red wines are almost impossible to make as their grapes need harsh sun.

The success of the vintage lies in the wine. So how do the white wines of Amber Valley compare? There was no fizzy wine – 'sold out' till the new batch arrives at Christmas, but there were four wines to taste - two white, one rosé and an 'amber' (obviously!) blend of grapes. The Margot blend was pleasant, light with a decent after taste and length, with a fruity 'nose'; the Millstone was harsher, more acidic and less pleasant.

I found the rosé quite acidic again – pleasant enough for a summer evening, but not more than a couple of glasses, while the amber wine (an orange colour created with blending some red grapes in) was rather sharp and heavy.

So far, so good. Acceptable wine that could be interesting. The main problem with English wine is the price and these ran from £12 to £20 a bottle. With the recent duty increase (let alone the Brexit increase), they have to compete against some good wines from elsewhere. Unfortunately, I don't think they do, yet. Given time, and greater economy of scale, they may do, but not yet.

However, that does not stop us admiring the guts of an Englishman making wine in Derbyshire, nor prevent us from enjoying an afternoon's wine tasting in the sun under the cider apple trees (£15 per person) and learning about viticulture. So do check the website – there are Farmers and Artisans Markets on the land as well. And enjoy a glass of the Margot if you can...



Photo by Ian and Pauline Boucher of John and Margaret Florence, Trevor and Barbara Kirby, Ron and Carole Britton, Colin Slack and Mike Allen.

Strollers Walking Group: Susan Howlett, Val Hart, Ian Lakin

Some of the large group of Strollers who enjoyed perfect weather, as they walked from Welbeck to Cresswell Crag. Thanks to Sue Howlett for leading us on a pleasant walk.



Pathfinders Walking Group: Ken White, Val Hart

Dear All,

I am very sorry to inform you that all Pathfinder walks will be temporarily suspended until further notice due to unforeseen circumstances. Please keep your eye on your emails for further information regarding our future walks.

Many thanks,
Ken

Abound by nature's beauty: Poem by Bill Harrison



The angler sits all forlorn
Patient he will wait.
Excited for what's in store
For a fish to take his bait.

The wind creates the ripples
As stillness turns to motion.
But still, he waits in anticipation
He feels he's got the notion.

Intrepid as angler's are
They sit for many hours.
Waiting for the rod to bend
Tranquillity all around them
At one with nature till the end.

Picture and words by Bill Harrison

The only way to LEARN, LAUGH, LIVE, is to get involved in the following groups.

Key to Meetings details:

The tables on the following pages show the Interest Groups. Please check the Mansfield u3a website for up-to-date information of your group/groups.

Some outdoor activities will be indicated by various meetings/meeting places.

Meeting places: various Groups will be meeting as indicated in the meetings column; please check with your Group Leaders or u3a website if any amendments have been made.

Group Leaders' names and contact details: please make a note of the contact details for your chosen Group.

Could all Group Leaders please inform the Newsletter Editor of any alterations.

July 2023

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

printcal.net

AFTERNOON TEAS GROUP



Name of Group:	Afternoon Teas
Group Leader:	Sheila Whalley
Group Leader's contact details:	01623 453908
Venue:	Various
Meeting dates and times:	2nd Saturday monthly 2pm–4pm
Cost of event:	Costs vary
What happens: The Mansfield u3a Afternoon Teas Group meets on the second Saturday of every month (usually) at pubs, garden centres and other places of interest locally. The aim is to develop friendships informally, while exploring new venues and sometimes indulging in some retail therapy. However, I do sometimes have to change the dates, so keep looking.	

ANTIQUES AND COLLECTABLES GROUP



Name of Group:	Antiques and Collectables
Group Leader:	Patricia Blackwell
Group Leader's contact details:	01623 481745
Venue:	St Peter's Centre Mansfield
Meeting dates and times:	2nd Tuesday monthly, 10am-12noon
Cost of event:	£0.00
What happens: The Group meets once a month and there is a different topic each time. Members bring along an item relating to the subject. It is helpful if they have done some research on the item and can tell the rest of the Group about it. In that way we all learn and expand our knowledge. If you haven't got anything that month it doesn't matter because you will learn from what others have brought. Group full, with a waiting list.	

BEADWORK GROUP



Name of Group:	Beadwork
Group Leader:	Marilyn Jones
Group Leader's contact details:	Marilyn.jones1947@gmail.com Landline: 01773 819155 Mobile: 07803 244841
Venues:	Group Leader's home in Hilcote
Meeting dates and times:	Every Wednesday 10am-12noon. There is also an overflow group every Monday at the same time.
What happens: Often, we are all working on a single project, or at times, members may be making different items.	
Equipment: Members can source their own materials singly, collectively, or can buy from Marilyn from her stock, if available, at cost.	
The Wednesday group is currently full.	

BIRDWATCHING AND WILDLIFE GROUP



Name of Group:	Birdwatching and Wildlife
Group Leaders:	Val Hart and Ken White
Group Leaders' contact details:	ken@atrain.org.uk - 07973 315050 valerie.hart@hotmail.co.uk - 07745 208248
Venues:	Various
Meeting dates and times:	Various
Cost of event:	Free but cost for transport if required and any entry charges
What happens: Visits to various places of interest in Nottinghamshire, Derbyshire, Yorkshire and Lincolnshire. Plus, occasional overseas visits.	
Equipment: Members should bring their own first aid kits. Suitable footwear and clothing to be worn Food and drink for picnics as required Bring binoculars or telescopes if required Please have your "in case of emergency card" with you at all times.	

Board Games/Card Games Group: Sheila Pegg



Name of Group:	Board Games/ Card Games
Group Leader:	Sheila Pegg
Group Leader's contact details:	07883720657
Venues:	The Rushley, Nottingham Road, Mansfield
Meeting dates and times:	Fourth Saturday of each month. 7.00pm – 9.30pm
Cost of event:	£0
Equipment:	All welcome. No cost; just buy a drink for your own consumption. Some board games will be supplied, but feel free to bring your own games or donate any unwanted games.

BOWLS GROUP



Name of Group:	Bowls
Group Leader:	Paul Sanderson
Group Leader's contact details:	07592016691 paulsanderson168@gmail.com
Venues:	Mansfield Bowling Club (Summer) Lammas Centre Sutton (Winter)
Meeting dates and times:	This will be every Tuesday, time is 1.30-3.30pm If anyone requires any further information, please contact Paul on the above number.
Cost of event:	The cost will be £4 per session
Equipment:	All you need is a pair of flat shoes and we mean flat; there must be no heels.

BRIDGE GROUP



Name of Group:	Bridge
Group Leader:	Sheila Pegg
Group Leader's contact details:	07883720657
Venue:	The Rushley, Nottingham Road, Mansfield
Meeting dates and times:	1st & 3rd Mondays Time 6.30pm-9pm
Cost of event:	No fee charged by venue- we just buy a drink (or two!)
What happens: Just turn up. We can sort out a partner if you turn up alone. We are a friendly group, playing for fun. Equipment: Provided	

CALLIGRAPHY GROUP



Name of Group:	Calligraphy
Group Leader:	Marilyn Jones
Group Leader's contact details:	Marilyn.jones1947@gmail.com Landline: 01773 819155 Mobile: 07803 244841
Venue:	Leader's home in Hilcote
Meeting dates and times:	2nd and 4th Wednesday in the month from 1pm- 3pm. Three spaces available.
What happens:	This is a course led by Marilyn (Group Leader), using video tuition and lots of practice.
Equipment:	Members will need to source their own pens and paper, although these will be provided at the beginning until they know what they need.

CARD CRAFTING GROUP



Name of Group:	Card Crafting
Group Leader:	Jill West
Group Leader's contact details:	07554012769 jwptt1s@hotmail.co.uk
Venue:	Quaker Room 124 Rosemary Street NG18 1RB
Meeting dates and times:	Last Tuesday, monthly. Future dates for 2023 are: Christmas card making sessions 26 September, 31 October and 28 November. All at the Quaker Meeting Rooms 1pm to 3pm. There are 3 places now available in the group.
Cost of event:	Due to room hire and materials, sessions will cost £5, including free tea and coffee.
What happens: Ideal for beginners to moderate level, but everyone welcome. All materials will be provided. Look forward to seeing everyone and making some excellent card projects. At the moment the group is full; however, I would happily place anyone new that is interested on a list. Please contact Jill 07554012769 if you are interested or unable to attend so we can offer the place on that date to others.	

CLASSICAL MUSIC GROUP



Name of Group:	Classical Music
Group Leader:	Michael Allen
Group Leader's contact details:	michaelallen446@gmail.com 01623 653345 Mobile 07565 936859
Venue:	Group Leader's home
Meeting dates and times:	4th Monday, monthly, 2pm-4pm
Cost:	£0.00
What happens:	Play music / discuss
Future Events:	Nothing as yet

CLASSIC MOTORING GROUP



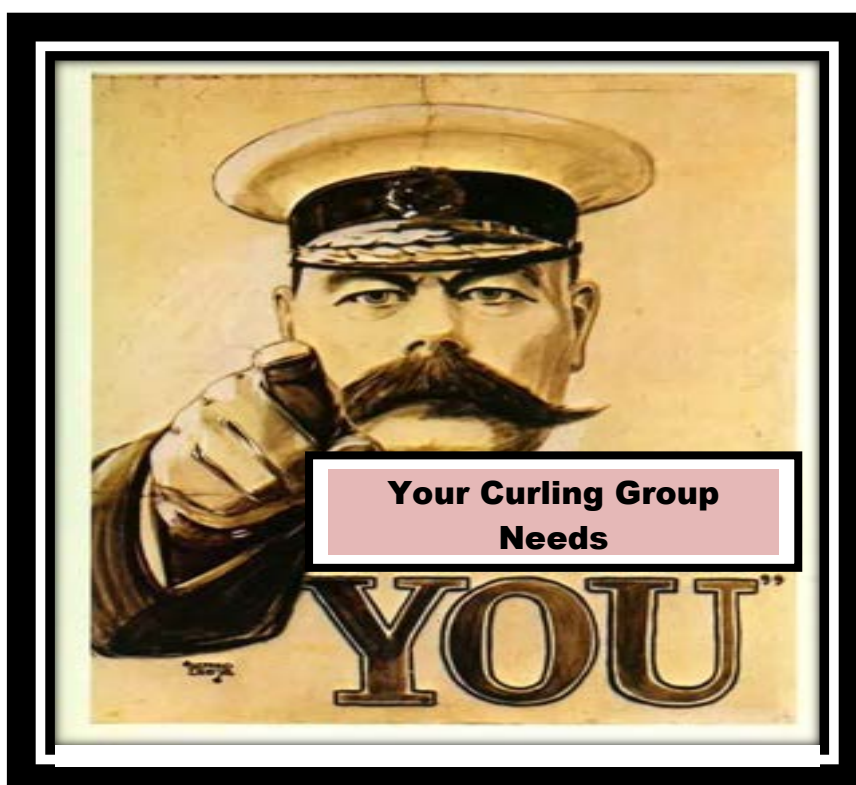
Name of Group:	Classic Motoring Group
Group Leaders:	Trevor Kirby
Group Leader's contact details:	Mobile: 07922 120729 Email: trevorandbarbara@hotmail.com
Venues:	The Rushley, Nottingham Road, Mansfield
Cost of event:	£0
Meeting dates and times:	1st Tuesday monthly 2.pm-3.pm
What happens: Members meet monthly to share knowledge of all things motoring. To discuss future visits of Classic Motoring	

CRAFTY CHAT



Name of Group:	Crafty Chat
Group Leaders:	Stephen or Stella Hall
Group Leaders' contact details:	07940460250 hall.s@hotmail.co.uk
Venue:	Quaker Room 124 Rosemary Street NG18 1RB
Meeting dates and times:	This Group will be run during term time only, on the 3rd Monday in the afternoon. 2pm-4pm Any new members will be more than welcome.
Cost:	There will be a charge of £12.00 a term to cover the cost of the room and refreshments.
Equipment:	No equipment required

CURLING GROUP



Name of Group:	Indoor Curling
Group Leader:	To be announced
Group Leaders' contact details:	To be announced
Venue:	To be announced
Meeting dates and times:	To be announced
Cost:	To be announced
Equipment:	To be announced

CURRENT AFFAIRS GROUP



Name of Group:	Current Affairs
Group Leader:	Graham Headworth
Group Leader's contact details:	01623 468883
Venues:	Mansfield Bowling Club Chesterfield Road South. NG19 7AP
Meeting dates and times:	The Current Affairs Group will meet between 10am and 12noon on the first Friday of the month.
What happens: We have some very interesting discussions which can be quite lively, especially when we are discussing Westminster matters. But we are always friendly. If any member of Mansfield u3a would like to join us on this occasion you will be welcome, but we will be restricting it to 15 guests. Please contact me on the above number for availability.	

FAMILY HISTORY GROUP



Name of Group:	Family History
Group Leaders:	Valerie Wood and Ken Gilbert
Group Leader's contact details:	Valerie Wood at v.a.l.woody11@gmail.com Ken Gilbert at kattaria@gmail.com
Venues:	Members' homes
Meeting dates and times:	4th Tuesday, monthly, 10am-12noon No meetings during August & December
What happens: Valerie Wood and Ken Gilbert are the Group Leaders for Mansfield u3a Family History. The group enjoys researching family histories and welcomes new members with similar interests. Members share their family history research, photographs, maps and artefacts. We will also guide members to which websites to use to do their research. Our Group's usual meetings are held at 10.00am on the 4th Tuesday of the month. Our meetings take place at a member's home. If you would like to join our Group, please contact Valerie Wood or Ken Gilbert on the above emails.	

GARDENING AND GARDEN VISITS GROUP



Name of Group:	Gardening and Garden Visits
Group Leader:	Marilyn Dibble
Group Leader's contact details:	01623 634805 dandmdibble@gmail.com
Venue:	St Peter's Centre Mansfield NG18 1AP
Meeting dates and times:	1st Tuesday, monthly, 10am-12noon Visits – various The speaker next month is Jonathan Gant with a talk on Sweet Peas.
Cost of event:	For those who would like to be a Garden Group member. Members pay £16.00 twice a year. Guests most welcome at £5.00 per session. Cash or cheque (cheque to Mansfield u3a)
What happens: We have a wide variety of guest speakers covering a broad selection of horticultural topics. In the summer we have an organised group visit to an outstanding garden. There is a charge for the monthly meetings, refreshments are included.	

HISTORY GROUP



Name of Group:	History
Group Leader:	Philp Tucker
Group Leader's contact details:	01623 437516
Venue:	Mansfield Bowling Club Chesterfield Road South. NG19 7AP
Meeting dates and times:	3rd Wednesday, monthly, 10am-12noon
Cost:	£2.00 per head
What happens: I look forward to hearing suggestions for interesting presentations coming through from Group members. Presentations which have some quirky appeals are especially welcome. If you have a particular passion for some historical event, by all means bring it forward. At our friendly meetings, we have tea or coffee and sometimes homemade cakes. We have presentations and discussions from members. Funds permitting, we may have the opportunity to hire an external speaker at least once during the coming year.	

MINI BREAKS GROUP



Name of Group:	Mini Breaks
Group Leader:	Jacqui Hampshire
Group Leader's contact details:	01623 239210 jhampshire09@talktalk.net
Venues:	Various
Meeting dates and times:	See table at the meetings
What happens: A group formed to organise mini-breaks for u3a members throughout the year. Please contact Jacqui Hampshire for more details. Answer to the riddle: Words	

PATHFINDERS WALKING GROUP



Name of Group:	Pathfinders Walking
Group Leaders:	Valerie Hart and Ken White
Group Leader's contact details:	ken@atrain.org.uk – mobile - 07973 315050 valerie.hart@hotmail.co.uk – mobile - 07745 208248
Venues:	Various
Meeting dates and times:	Various
Cost of event:	Free, but cost of transport if required and any entry
What happens: Shorter walks of 3-5 miles Longer walks of 5-7 miles	
Equipment: Members should bring their own first aid kits and emergency contact cards at all times. Suitable footwear and clothing to be worn. Food and drinks for picnics as required.	
Future Events: Please visit the website or contact Valerie or Ken on the above numbers for details. Please have your “in case of emergency card” with you at all times.	

POPULAR MUSIC GROUP



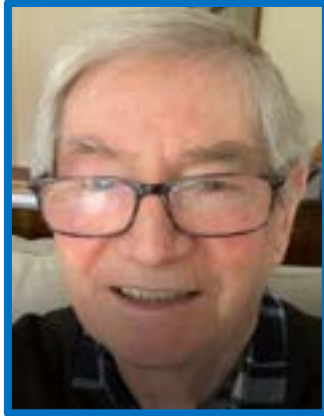
Name of Group:	Popular Music Appreciation
Group Leader:	Elizabeth Ellis
Group Leader's contact details:	01623 644429
Venue:	Members' homes
Meeting dates and times:	4th Tuesday, monthly, 2pm-4pm
Cost:	£0
What happens: The Group has been running successfully for nine years. We meet on the 4th Tuesday of each month. We now meet at Members' Homes from 2.00pm till 4.00pm, except in March when we have lunch and a music quiz at the Carnarvon Arms, Teversal. We do not meet in December, but we have our Christmas fuddle at the November meeting. The Popular Music Group welcomes new members who have a wide interest in all types of music. Do join us or contact Elizabeth Ellis on the above number for more information.	

READ A LITTLE LOUD GROUP



Name of Group:	Read a Little Aloud
Group Leader:	Susan Howlett
Group Leader's contact details:	01623 627423
Venues:	Members' homes
Meeting dates and times:	2nd Friday, monthly, 2pm-4pm
Cost:	£0.00
What happens: We read extracts from books, poems etc and then discuss. This group provides an opportunity for members to sample a variety of extracts from novels, biographies or non-fiction books. Copies are provided which have been marked in sections so that each person reads aloud about two paragraphs each. The topics involved might be: Friendship, Love and Marriage, Indiscretion, etc. The idea is to prompt discussion afterwards about our reactions to the subject; we don't delve into criticism or style of the writing. We always fly off on a tangent and relate our own anecdotes on the theme, and it's surprising where it leads us! It is not necessary for all members to read aloud if they prefer just to listen. This Group is currently full.	

READING GROUP 1



Name of Group:	Reading Group 1
Group Leader:	Peter Dawson
Group Leader's contact details:	01623 882191
Venues:	Peter Dawson's home or members' homes
Meeting dates and times:	3rd Thursday, monthly, 2pm-4pm
Cost:	£0.00
What happens: We meet once a month on the third Thursday, usually in Farnsfield, but sometimes at other members' homes. At our friendly meetings, we have tea or coffee and then we discuss the book we have read the previous month; we are then given the book we will read in time for the next meeting.	

READING GROUP 2



Name of Group:	Reading Group 2
Group Leader:	Mick Kennison
Group Leader's contact details:	01623 481721
Venue:	Sylvia Slack's home
Meeting dates and times:	3rd Tuesday, Monthly, 2pm-4pm
Cost:	£0.00
What happens: The Mansfield u3a group members are supplied with the same book to read. We then meet for discussion.	

SCRABBLE



Name of Group:	Scrabble
Group Leader:	Lynne Payne
Group Leader's contact details:	Mobile - 07954463384 Home – 01623 555738
Venue:	Lynne's home
Meeting dates and times:	2nd Monday, monthly, 2pm-4pm
Cost:	£0.00
What happens: We meet at my house on the second Monday of the month, where we enjoy 2/3 games of Scrabble with a break for coffee/tea and biscuits.	

SHUFFLERS GROUP



Name of Group:	Shufflers
Group Leaders:	Sylvia Newlyn and Ian Lakin
Group Leader's contact details:	Sylvia Newlyn 01623 655893 Ian Lakin 07989668272
Venues:	Various – Short and Gentle
Meeting dates and times:	4 th Thursday, monthly, 12.pm. Variable finish times
Cost of event:	£0.00
What happens: Mansfield u3a's Shufflers Group holds social meetings for members who have problems that restrict their mobility. This has enabled members to continue enjoying friendship and outings with like-minded members. We meet for lunch at various venues that have flat grounds to enable as many as possible to enjoy a short 'shuffle': Rufford Park, Vicar Water and Sutton Lawn have all proved very enjoyable as they have facilities for short walks and somewhere for those less able to walk to enjoy the surroundings and have a natter. Please have your "in case of emergency card" with you at all times.	

SOFT TENNIS GROUP



Name of Group:	Soft Tennis
Group Leaders:	Yvonne and Mick Kennison
Group Leaders' contact details:	01623 481721
Venue:	Oak Tree Leisure Centre
Meeting dates and times:	2nd Tuesday, monthly 2pm-3pm
Cost:	£10 each for the four months.
Equipment:	Provided. No black soled shoes
Dates for 2023/24: September 12 October 10 November 14 (subscriptions due) January 9 No meeting in December the date coincides with the Christmas Lunch.	

SOLO DINING GROUP



Name of Groups:	Solo Dining
Group Leader:	Sheila Pegg
Group Leader's contact details for. Mid-Week Evening Solo Dining	Sheila Pegg: Mobile – 07883720657
Venues:	Various
Meeting dates and times for: Mid-Week Evening Solo Dining Solo Sunday Lunch	First Thursday in the month for the evening meal. Solo Sunday lunch – third Sunday in the month. Times Various.
Cost:	Choose from the menu and we all pay individually.
What happens: This group enjoys the company of other single people in a friendly atmosphere. An evening meal is arranged at various dining locations on the first Thursday of the month. A Sunday lunch has also proved to be popular, generally on the third Sunday of the month. It is with great regret that due to the large number of diners on our list, we are unable to add any new members at the moment. If the situation changes in the future, you can be assured that we will let you know through this Newsletter. Many thanks to the loyal support of our existing members.	

STROLLERS GROUP



Name of Group:	Strollers
Group Leaders:	Susan Howlett, Valerie Hart and Ian Lakin
Group Leader's contact details:	Susan Howlett – 01623 627423 valerie.hart@hotmail.co.uk - 07745 208248 Ian Lakin - 07989 668275
Venues:	Various
Meeting dates and times:	2nd Wednesday, monthly, 10.30am. Variable finish times
Cost of event:	£0.00
What happens: Mansfield u3a's Strollers Group do short easy walks of about two miles in length, avoiding stiles and steep hills. It is a good way to improve your health and to make new friends. Please have your “in case of emergency card” with you at all times. At the end of the walk, there is an opportunity to have coffee, tea and refreshments.	

TAI CHI GROUP



Name of Group:	Tai Chi
Group Leader:	Lorna Pye
Group Leader's contact details:	Mobile – 07712 029262 01623 636060
Venue:	Bethel Chapel, Nottingham Road
Meeting dates and times:	Monday, weekly, 10.30am-11.30am
Cost:	£30.00 per term
Events:	We do have two spaces at the moment. If anyone would like to come and give it a try.
What happens: Within our group, you work amongst friends, within your own ability, standing, or sitting if needed, and feeling that you have gently exercised every part of your body (even internal bits that you cannot see). Ken really understands how our bodies work. Tai Chi, with its calm movements, focuses on deep breathing, and is known to reduce chronic stress and improve health and emotional well-being. With all these benefits, it comes to u3a members highly recommended.	

WINE APPRECIATION GROUP ONE



Name of Group:	Wine Appreciation 1
Group Leader:	Michael Allen
Group Leader's contact details:	michaelallen446@gmail.com 01623 653345 Mobile 07565 936859
Venue:	Members' homes
Meeting dates and times:	3 rd Wednesday, monthly, 7.30pm
Cost:	To be shared
What Happens:	Drink wine/discuss
Future Events:	To be announced
We do have two spaces at the moment. If anyone would like to come and give it a try. Please contact Mike Allen on the above contact details.	

WINE APPRECIATION GROUP TWO



Name of Group:	Wine Appreciation 2
Group Leader:	Graham Allin
Group Leader's contact details:	01623 473662
Venues:	Members' homes
Meeting dates and times:	4th Tuesday, monthly, 7.30pm
Cost of event:	To be shared
What happens: Our meetings are essentially to give Mansfield u3a members friendly, relaxed evenings, whilst, at the same time, fostering a desire to know more about good wine. A number of wines will be tasted. This group is full.	

WRITING FOR PLEASURE GROUP



Name of Group:	Writing for Pleasure
Group Leaders:	Susan Ford and Hilary Miller
Group Leader's contact details:	Hilary Miller 01623 620067 Susan Ford 01623 844286
Venue:	Friends Meeting House Rosemary Street Mansfield NG19 6AB
Meeting dates and times:	2nd Monday, monthly, 2pm-4pm
Cost of event:	We pay 3 times a year Cost per session = £3.00
What happens: Mansfield u3a members enjoy writing for the pleasure of it – simply that. Get your ideas and words flowing and share them with others in an entertaining and happy two-hour session. We write on a variety of subjects including found poetry, free verse, many different story titles and even the odd Limerick.	

LEARN

In our final post to mark #NottsDay we look at another notable person from Mansfield, the architect Watson Fothergill, whose distinctive buildings have left an indelible footprint on the county. He's probably associated more with Nottingham but it was in Mansfield where some of his earliest designed buildings can be found.

Born Fothergill Watson in Mansfield, in 1841, he was the son of a wealthy Nottingham Lace merchant, Robert Watson and Mary Ann Fothergill. He changed his name to Watson Fothergill later in life to continue his maternal family name. In 1867, at St John's Church, Mansfield, he married Anne Hage, whose father, Samuel Hage, was a founding partner of Mansfield Brewery.

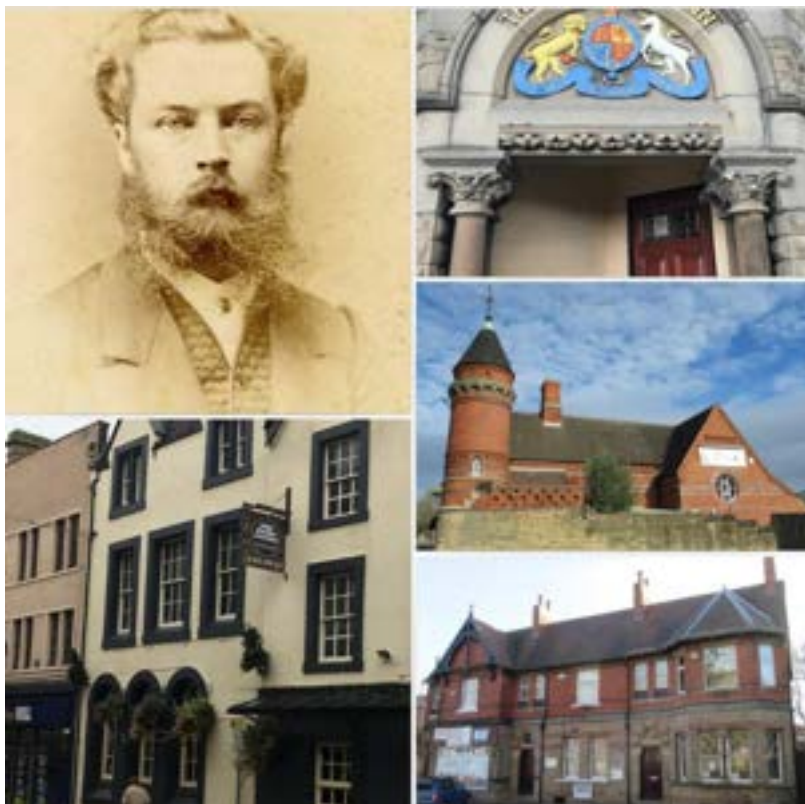
Watson Fothergill's influences were mainly from the Gothic Revival and Old English vernacular architecture styles. His easily recognisable style includes the use of contrasting bands of red and blue brick, timber eaves and balconies, elaborate turrets and stone carvings, strongly influenced by his interest in medieval history.

He designed over 100 buildings in Nottingham including offices, banks, warehouses, churches and houses. Among the buildings he designed in Mansfield are an 1874 rebuilding of the Mansfield branch of the Nottingham and Notts Bank in Church Street (later incorporated into The Swan pub) which features Fothergill's signature style of twin gables at the front.

There is also the King's Arms, in Ratcliffe Gate/Newgate Lane, (1875), houses in St John's Street, and the Cattle Market building, in Nottingham Road, Mansfield (1876). It is now the Ciao Bella restaurant. Find out more about his Mansfield buildings

here: watsonfothergillwalk.com/2018/10/07/watson-fothergill-safari-2-mansfield/

Photos courtesy of watsonfothergillwalk.com and www.watsonfothergill.co.uk.



LAUGH

1. A bullfrog goes into a bank and asks for a loan. All he has for collateral is a ceramic elephant. The loan officer, Mr Paddy Wag, asks his boss for advice. His boss doesn't hesitate with a reply: 'It's a knickknack, Paddy Wag, give the frog a loan.'

2. Why do Peruvian owls hunt in pairs?
It's because they're in cahoots.

3. Where did Noah keep the bees on the Ark?
In the archives.

4. Why is 'dark' spelled with a K and not a C?
Because you can't C in the dark.

Solve the following Riddle:

5. We hurt without moving. We poison without touching. We bear the truth and the lies. We are not to be judged by our size. What are we?

The answer is hidden some somewhere in this newsletter.



Boy aged 4: Dad, I've decided to get married.
Dad: Wonderful; do you have a girl in mind?!

Boy: Yes... grandma! She said she loves me, I love her, too....and she's the best cook & story teller in the whole world!!

Dad: That's nice, but we have a small problem there!!

Boy: What problem?!

Dad: She happens to be my mother. How can you marry my mother!!

Boy: Why not?! You married mine!!!!

Facts ON LONGEVITY

Here are some interesting facts on longevity
Some things to ponder as we age:



The inventor of the treadmill died at the age of 54



The inventor of gymnastics died at the age of 57

The world bodybuilding champion died at the age of 41 🤔🤔🤔🤔



The best soccer player in the world, Maradona, died at the age of 60

And then...



KFC inventor died at 94



Inventor of Nutella brand died at the age of 88



Cigarette maker Winston died at the age of 102



The inventor of opium died at the age of 116 - in an earthquake



Hennessey cognac, Irish inventor died at 98

How did doctors come to the conclusion that exercise prolongs life?

The rabbit is always jumping, but it lives for only 2 years.

The turtle that doesn't exercise at all, lives 400 years.

So ...

Have a glass of wine...

Take a nap ...

And IF you wake up, have bacon & eggs!

IMPORTANT INFORMATION

First of all, here's hoping that everyone is keeping safe and well. If anyone is struggling or needing any help in any way, please don't hesitate to let me or any of the Committee know. We will do our best to help in any way we can. (Businesssec.mansfieldu3a@gmail.com)

Subscription costs for current members for 2023/2024 is £16.00. £18.00 for new members and £12.00 for Associate Members.

Cheques payable to Mansfield and District u3a

The Membership Renewal Form can be downloaded from the website or will be available from the Treasurer at the monthly meetings.

Please note: All current members must complete all sections of the Membership Renewal Form to comply with Data Protection laws when paying their subscriptions. Thank you.

Online Banking is now available to members to pay their subscriptions online. As publishing details for this facility has compromised its security, members are asked to apply to the Treasurer. treasurer.mansfieldu3a@gmail.com

Events and visit payments

Members are reminded that deposits and payments for events and visits organised by Mansfield u3a and its interest groups are non-refundable, but places may be offered to others.

Please note: if you go on a trip/visit organised by a company, cheques for the event must be made out to the company, not Mansfield u3a.

Changes of Address, etc. Please contact the Membership Secretary, Jean Hatton on (0793 5707582) or membership.u3amansfield@gmail.com if you've changed your address, phone number or email recently so that she can update our records.

If you have any health issues that you think may affect your participation in, or enjoyment of, the activities of Mansfield & District u3a, you might wish to disclose them voluntarily to the Group Leaders of the groups you join, should it be helpful to do so.

Please have your "in case of emergency card" with you at all times.

(If you do not have one of these cards, then please ask Jean Hatton, Membership Secretary, when you sign in at your next members' meeting).

Mansfield u3a may take photographs of members engaged in u3a activities for the Newsletter and Website. Should you not wish to be included in any photographs, please inform the photographer as otherwise we will assume your consent has been given. **You may change your data consent at any time by contacting the Business Secretary (businesssec.mansfieldu3a@gmail.com).**

Safeguarding is everyone's responsibility. Please bring any issues to the notice of any Committee Member or the Safeguarding Officer once appointed.

Mansfield District u3a will seek to ensure that the u3a is active and accessible to all.

Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Mansfield & District u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

CLOSING THOUGHTS

Poem by Bill Harrison

The rivers are the veins of life.

If life was compared to a river
With emotions, expressed by the flow.
The calmness of a babbling brook
Through our veins, the blood will flow.

The peaks and troughs, that life can bring
With pressures in our head.
Can be found, by comparison
To the rocks on the river bed.

As the river gathers momentum
Seeing pressure through our eyes
The flow will increase rapidly
Akin to blood, as the pressures rise.

The clarity of the water
Represents, the clearness of our mind
The river bed, so full of life
As with nature in what we find.

The erosion of the river banks
When the rivers are in flood.
Like the ageing process of mankind
And the flowing of our blood.

Where will our journey end
When hearts are filled with glee
Just like the rivers journey
As it flows into the sea.

Please send contributions for the next issue to newsletter.editoru3a@gmail.com or by hand to Yvonne Kennison as soon as you can and by the 28th of the month at the latest.
Newsletter Editor: Yvonne Kennison

Website: www.u3asites.org.uk/mansfield/home
Flickr: www.flickr.com/photos/mu3a2016
Facebook: www.facebook.com/groups/349190408987691/

The Third Age Trust
Registered Charity No. 1164177