



Mansfield & District u3a

Newsletter October 2023

Registered Charity No 116417

Yvonne & Mick would like to say a big "thank you" for all the kind words and best wishes they received together with the gift of Afternoon Tea and flowers which were beautiful.



Gill presented Bill and Carole with a parting gift in appreciation for all their hard work.

Please send articles for the November newsletter to :
Newsletter.editoru3a@gmail.com
No later than 20 October. I need time to feel my way around.

Thanks Yvonne



Our New Committee Members



Left to right : John Lawes, Carole Harrison, Hilary Miller, Susan Ford (Committee Members), Elaine Huckerby (Chair), Gill Mallinder (Treasurer), Kathryn Henshaw (Business Secretary), Sheila Pegg (Group Treasurer), Stella Hall (Groups Co-ordinator) Jean Hatton (Membership Secretary), Philip Tucker (Speaker Finder).



Irena Dubowski our new Vice Chair was away

Afternoon Quiz – 13 October 12.30pm to 5.00pm

Website: www.u3asites.org.uk/Mansfield/home
Facebook page : Mansfield u3a



QR Code

Social Committee News

The Social Committee would like to thank members for their continued support for the events that they organise - the more the merrier lot of laughter, fun and friendships forged. They have begun planning events for 2024 and have so many in the pipeline.

LUNCH TIME QUIZ Friday 13th October 2023 12.30pm.

The Kevin Bird Suite, One Call Stadium, Quarry Lane Mansfield, NG18 5DA. Lunch will be served at 1.00pm Lasagne and salad. **Have you told the Social Committee whether you want beef lasagne or vegetable lasagne?** Otherwise we will assume you want beef lasagne. **There are now no tickets available.** There will be prizes for the winning quiz team and a raffle.

HALLOWEEN PARTY and PIE & PEA SUPPER - Friday 27 October. 7pm – 11pm

This is a joint party with Dukeries u3a and Forest Town u3a at Clipstone Social Welfare Club. The Moonshiners, an excellent band, will be providing toe tapping music to dance to. You do not have to wear Fancy Dress but there will be prizes for the best costumes and many people will be in fancy dress. **There are now no tickets available. Please ensure you pay the Social Committee asap if you still owe £10.**

CHRISTMAS LUNCH -Tuesday 12 December 12pm

The Hostess Restaurant, Sookholme Road, NG19 8LL 12.00pm. 3 course lunch + coffee and mince pies – the total cost is a non-refundable £19. Unfortunately **15 people** still need to pay the overdue balance of £9. This needs to be paid to the Social Committee asap as Marie Barrows needs to pay the balance to The Hostess. **Please note there are no more places available.**

CHRISTMAS MARKET at November 21st's Main Meeting .

DUKERIES ANNUAL QUIZ NIGHT- Friday 24 November 2023 at the Jubilee Hall, Wellow Road, Ollerton, NG22 9AP Doors Open 6.30pm Quiz starts 7.00pm Supper 7.45 pm Supper - Chicken and vegetable casserole with mash, bread roll, tea and coffee. Vegetarian and gluten free options available. u3a members £10 per person Non-members £11 per person. Just bring your own drinks and glasses, and a pen! Up to four players per team. We will be collecting the money on 17th October at the Main u3a Meeting. All welcome.

REFINED RESTAURANT - Thursday 30th November 1pm.

36 places have been booked at the restaurant. A deposit of £10 will be collected at the next Main Meeting on 17th October. Please note no places will be reserved without payment.

CHINESE NEW YEAR – Thursday 8th February 7pm

Springwater Restaurant, Calverton -12 places have been booked at the restaurant. Entertainment starts at 9:30 pm & ends about midnight, this includes a lion dance, disco and fireworks display. A non-refundable deposit of £5 will be collected at the next Main Meeting on 17th October. Please note no places will be reserved without payment. The total cost was £28 per person in 2023 but the restaurant thinks it may go up by a little bit due to rising costs. We won't know for certain the final cost until November/ December. The balance is payable on the night.



As the new Chair, the first thing I have to say is that Yvonne has done us all proud over the last couple of years. Thank you, Yvonne. We are in a strong position as a u3a and I am delighted to take up the mantle. I'm looking forward to the coming months and all that it brings.

The Social Committee has a host of events planned for the next twelve months or so and there is definitely something there for everyone. Many of you already support these events and I would encourage you to "give it a go" if there is something you haven't done before. I look forward to seeing many of you at the Quiz on 13 October. The great thing about our quizzes is that it really doesn't matter if you don't know the answer

- someone in your team may know - or not! It's fun anyway!

The same applies to our group activities. We have more than thirty different activities on offer and it is tremendous to see some new groups starting up at the beginning of this new u3a year. The Group Leaders really do an amazing job; the groups are definitely the place to get to know people and form new friendships. Keep an eye on what is on offer and have a go. It's what keeps us young after all!

Elaine

Meeting Dates and Speakers

MONTH	Members' Meetings are held on the 1861 Suite, Mansfield Town Football Club, One Call Stadium, Quarry Lane, Mansfield, NG18 5DA commencing at 10.00am
Tuesday October 17	Speaker – Catherine McAteer "From Russia with Love"
Tuesday November 21	Co-op – Legal Issues
Tuesday December 12	Christmas Lunch to be held at The Hostess Restaurant, Sookholme, NG19 8LL. 12 noon – 3 course lunch + coffee and mince pies.

The cost of the u3a diary for 2024 will be £4.00 + pp £2.70 = £6.70.

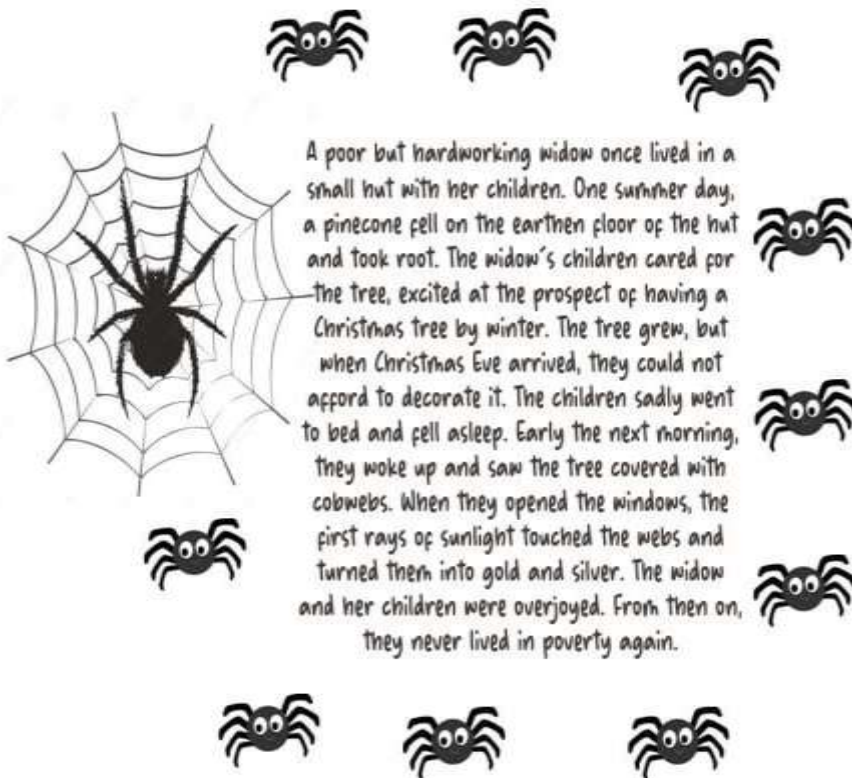
If you would like to order one, please bring the correct money and order from Gill at the October meeting.

Please note that if subscriptions for 2023/2024 have not been paid by the end of October, we will assume that you don't want to renew and you will be removed from the Members' list.

Beadwork Group – Marilyn Jones

I prodded a spider's nest and this is what crawled all over my desk.

Luckily these are Christmas Spiders and there is a Legend about them.



From Dusk until Dawn. Poem by, Bill Harrison.

In our minds, we cast our thoughts
As night time falls on another day,
Reflections of what could have
been.

We give thanks, as we kneel and
pray.

Thanks for the love bestowed on us
Grateful for the friends we know,
The children bring much happiness
Take note, how fast they grow.

Gratefulness, that they are safe
Innocent to the world around
Watching over our loved ones
Making sure our duties abound.

Let not the negativity move in
Be aware of the needs of others
Always lending a helping hand,
To the needs of our sisters and
brothers

If you search in your heart for
happiness
You'll be sure of good things to say
Portray those thoughts of kindness
When you awake the following day.



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Caligraphy Group - Marilyn Jones

One piece of information I have just learned from Marilyn is that there are only two Caligraphy Groups in the country and ours is the oldest and Marilyn had the privilege of being invited to write the VIP invitations for the 40th Anniversary Celebrations by the Third Age Trust. What a wonderful achievement. Yvonne

September's Speaker - Philip Tucker

As our September Speaker we had Geoff Harris who royally entertained us 18 months ago telling us all about his life as a Toastmaster. This time he was giving us an insight into some of the least known facts about London. We were saturated with some unexpected facts such as the King not being permitted to enter the City of London without the approval of the Lord Mayor; the playwright Ben Jonson being buried vertically in Westminster Abbey; Shakespeare's colleague and fellow actor Richard Burbage having a simple plaque on his grave saying 'Exit Burbage;' the unexpected truth that the Thames only had one Bridge across the Thames until 1850 – now there are 33; the first gas street light was installed in 1807; the ownership of vast tracts of London by the Duke of Westminster who never sells the freehold of any of his properties, not even to the American Embassy.



I hope you enjoyed my talk about little known parts of London. Below is a list of some of the places I have mentioned and their nearest tube or DLR station, should you ever feel the need to visit any of them. Even with the tube guide, some of them will still need a little searching out, which is a part of their charm. Make the effort, it's worth it.

Great Scotland Yard	(Scottish Embassy)	-	Charing Cross/Embankment
Grosvenor Square	(US Embassy)	-	Bond Street/Marble Arch
St Bride's, Fleet Street	(Wedding Cake)	-	Blackfriars/St Paul's/Thameslink City
St Bartholomew the Great	(Weeping Statue)	-	Barbican
Kensal Green	(Cemetery)	-	Kensal Green
Highgate	(Cemetery)	-	Archway
Necropolis Railway	(Leake Street)	-	Waterloo
Postman's Park	(Memorials)	-	St Paul's
Poet's Corner	(Memorials)	-	Westminster Abbey
St Leonard's Shoreditch	(Memorial)	-	St Paul's
Greenwich	(Painted Hall)	-	Cutty Sark/DLR Island Garden/River Taxi
Trafalgar Square	(Lock up)	-	Charing Cross
Marble Arch	(Police Station)	-	Marble Arch
Theatre Royal Haymarket	(Break A Leg)	-	Charing Cross
Tower Bridge	(Tour)	-	Tower Hill
Albert Bridge	(Bridge)	-	South Kensington
The Mall	(Gas lights)	-	Charing Cross
Whitehall	(Kerbstones)	-	Charing Cross
Burlington Arcade	(Beadles)	-	Green Park/Piccadilly Circus

Crafty Chat - Steve and Stella Hall

The Crafty Chat group met on Monday 18th September following a break in August. It was good to see our old members returning and to welcome new ones.

We had a good afternoon doing our own various craft projects and enjoyed planning for future events that we hope to hold in the New Year. The Group will be having a Craft Stall during the November General Meeting where we hope to sell some Christmas themed items that our members have made.

If you are interested in joining our group please email us via the link on the Crafty Chat page on the Mansfield and District U3a website or ring us on 07460250

Group Leaders - Stephen and Stella Hall



Good News! We're back walking again!

Ravenshead - Fountain Dale - Blidworth Circular - Tuesday 10th October 2023

Walk Leaders: Tony Wardell and Val Hart

Distance/Time: 6 miles approx 3 hours walking time with a break approximately half way around

Terrain Type: Open countryside, B road, bridleways and country footpaths.

Starting and end point: The Little John Pub, Ravenshead, postcode NG15 9GS - **Free parking available for our walking group**

Standard of walk: Moderate, with two stiles and gentle hills

Refreshments: Available at the Little John Pub at the completion of the walk. (Note: This establishment is in new hands and its reputation for good food and drink is excellent).

Walk overview: We begin our walk from The Little John Pub and proceed to Fountain Dale in Harlow Wood. Harlow Wood just south of Mansfield is part of the old Royal Wood of Lyndhurst, although mainly Forestry Commission plantations and is a popular place for quiet walks. Fountain Dale is claimed to be the legendary location where Robin Hood met the feisty Friar Tuck in the famous folktale, the overgrown remains of a 12th-century moat, lodge, and holy well complex persist in this soggy corner of Sherwood Forest.




















From here we walk towards Blidworth along the forest paths and then continue on our circular route back to The Little John Inn for refreshments for those who wish to join us.








The Blidworth Druid Stone –






On the outskirts of Blidworth not too far from St. Mary's church sits a large holed stone known locally as the Druid Stone. A 6-foot (2-metre) passage is cut out of the base of the rock, which is theorized to be a Druidical altar and aligns with the May Day sunrise, possibly hinting at a link between the stone and the fertility festival of Beltane, a traditional Gaelic May Day festival held between the spring equinox and the summer solstice.

If you wish to reserve a place and to receive more information about this walk please contact Val Hart (email valerie.hart@hotmail.co.uk or Tel 07745 208248

AFTERNOON TEAS Second Saturday of every month 2pm – 4pm	Sheila Whalley  01623 453908	Meets in pubs, garden centres and other places of interest locally. The aim is to develop friendships informally while exploring new venues and sometimes indulging in some retail therapy. However sometimes the dates have to change so keep looking.
ANTIQUES & COLLECTABLES Second Tuesday of every month 10 am – 12 noon St Peter's Centre	Patricia Blackwell  01623 481745	There is a different topic at each meeting. Members bring along an item relating to the subject. It is helpful if they have done some research on the item and can tell the rest of the group about it. That way we all learn something. If you haven't got anything that month it doesn't matter because you will learn from what others have brought. (Group Full with a waiting list).
BEADWORK Marilyn's home, Hillcote. Every Wednesday 10am-12noon. Overflow group Every Monday at the same time.	Marilyn Jones  01773 819155 Mobile : 07803 244841	Often we are all working on a single project, or, at times, Members may be making different items. Members can source their own materials singly, collectively, or can buy from Marilyn from her stock at cost price. (Group on Wednesday is currently full).
BIRD WATCHING & WILDLIFE Times and meeting places vary	Val Hart & Ken White   Valerie.hart@hotmail.co.uk 07973 315050 ken@atrain.org.uk 0745 208248	Visits to various places of interest in Nottinghamshire, Derbyshire, Yorkshire and Lincolnshire. Plus occasional Overseas visits. Members are asked to bring their own first aid kits. Suitable footwear and clothing to be worn. Food and drink for picnics as required and binoculars or telescopes if required. "In case of emergency card" should be with you at all times.
BOARD GAMES Last Saturday in month. 7-9.30 The Rushley, Nottingham Road, Mansfield	Sheila Pegg  07883720657	Just come along to enjoy a pleasant evening playing board games. Cost of a drink for yourself .
BOWLS Mansfield Bowling Club (Summer). Lammas Centre Sutton (Winter)	Paul Sanderson Paulsanderson168@gmail.com  07592016691	Outdoor coaching will take place every week for 5 weeks. Every session will be organised by DBS checked, registered coaches. The outdoor bowls coaching starts on Tuesday 2 May. 12.15 – 1.45
BRIDGE First and Third Mondays 6.30 – 9 pm. The Rushley, Nottingham Rd. Mansfield.	Sheila Pegg  07883720657	Just turn up. We can sort out a partner if you come alone. We are a friendly group, playing for fun. Equipment provided. No fee charged by venue – we just buy a drink (or two)
CALIGRAPHY Marilyn's home, Hilcote Second and Fourth Wednesday of the month 1pm – 3pm .	Marilyn Jones Marilyn.jones1947@gmail.com 01773 819155  07803 244841	This is a course led by Marilyn using video tuition and lots of patience. Members will need to source their own pens and paper, although these will be provided at the beginning until they know what they need. There are currently no spaces available

CARD CRAFTING Last Tuesday monthly 1pm – 3pm at Friends Meeting House Rosemary St, Mansfield NG19 6AB	Jill West  07554012769 jwpttts@hotmail.co.uk	All materials are provided and included in the cost of £5 per session, which includes room hire and refreshments. Members, as well as learning card making skills, have a lovely card to take home. Contact Jill to find out if there are spaces.
CLASSIC MOTORING First Tuesday monthly 2 – 3pm at The Rushley, Nottingham Road	Trevor Kirby trevorandbarbara@hotmail.com  07922 120729	Members meet monthly to share knowledge of all things motoring and to discuss future visits of Classic Motoring.
CLASSICAL MUSIC 1 Group Leader's home Fourth Monday monthly 2-4pm	Michael Allen Michaelallen446@gmail.com  01623 653345 07565 936859	Music is played and discussed.
CRAFTY CHAT Group is run during term time only at the Quaker Room, 124 Rosemary St On 3 rd Monday 2-4pm	Stephen & Stella Hall hall.s@hotmail.co.uk  07940460250	Just bring along something you want to be creative with or just come along for a chat. A charge of £12 is made per term to cover room hire and refreshments. New members welcome.
CURRENT AFFAIRS Mansfield Bowling Club NG19 7AP First Friday of the Month 10 am – 12 noon	Graham Headworth  01623 468883	We have some very interesting discussions which can be quite lively, especially when we are discussing Westminster matters. We are always friendly. Members of Mansfield u3a welcome but restricting to 15 guests. Contact Graham on above number for availability. Charge to cover cost of room hire & refreshments.
FAMILY HISTORY Members' homes Fourth Tuesday monthly Except for August & Dec 10 am – 12noon	Valerie Wood & Ken Gilbert v.a.l.woody11@gmail.com  kattaria@gmail.com	The group enjoys researching family histories and welcomes new members with similar interests. Members share their family history research, photographs, maps and artefacts. We also guide members to which websites to use for their research. New members welcome
GARDENING AND GARDEN VISITS St Peter's Centre NG18 1AP. First Tuesday monthly. 10 am – 12 noon	Marylin Dibble dandmdibble@gmail.com  01623 634805	Garden Group Members pay £16 twice a year to cover room rent fees. Guests most welcome at £5 per session. Cash or cheque payable to Mansfield & District u3a.
HISTORY GROUP Mansfield Bowling Club Third Wednesday monthly 10am – 12 noon £2 per session	Philip Tucker  01623 437516 Philip.tucker1@ntlworld.com	If you have a particular passion for some historical event, by all means bring it forward. All our meetings are friendly, with tea and coffee and sometimes home-made cakes. Funds permitting, we may hire an external speaker at least once during the year.

<p>PATHFINDERS WALKING</p> <p>Times and dates vary</p>	<p>Val Hart and Ken White Valerie.hart@hotmail.co.uk 07973 315050 ken@atrain.org.uk 07745 208248</p> <div>   </div>	<p>The events are free except for cost of transport if required and any entry fees.</p> <p>Shorter walk of 3-5 miles, longer walks 5-7 miles</p> <p>Members should bring their own first aid kits and emergency contact cards at all times. Suitable footwear and clothing to be worn. Food and drinks for picnics as required. Please visit website or contact Valerie or Ken for details.</p>
<p>POPULAR MUSIC</p> <p>Members' homes</p> <p>Fourth Tuesday of each month. 2.00pm-4.00pm</p>	<p>Elizabeth Ellis 01623 644429</p> 	<p>The Group has been running successfully for nine years. In March instead of our usual meeting, we have lunch and a music quiz at the Carnarvon Arms, Teversal.</p>
<p>READ A LITTLE ALOUD</p> <p>Members' homes</p> <p>Second Friday monthly 2.00pm – 4.00pm</p>	<p>Sue Howlett</p>  <p>01623 627423</p>	<p>We read extracts from books, poems etc and then discuss. Copies of books are provided which have been marked in sections so that each person reads aloud about two paragraphs each. The topics involved might be : friendship, love and marriage, indiscretion etc. The idea is to promote discussion about reactions to the subject. We don't delve into criticism or style of writing. We always fly off on a tangent and it's surprising where it leads us! If a member prefers to just listen and not read aloud that's fine. Currently the group is full.</p>
<p>READING GROUP 1</p> <p>Group Leader's home or Members' homes</p> <p>Third Thursday monthly 2.00pm – 4.00pm</p>	<p>Peter Dawson</p>  <p>01623 882191</p>	<p>At our friendly meetings, we have tea or coffee and then we discuss the book we have read the previous month; we are then given the book we will read in time for the next meeting.</p>
<p>READING GROUP 2</p> <p>Sylvia Slack's home 2.00pm-4.00pm Third Tuesday monthly</p>	<p>01623 481721</p> 	<p>Our members are supplied with the same book to read and then we meet for discussion.</p>
<p>SOFT TENNIS</p> <p>Second Tuesday monthly 2.00pm – 3.00pm</p> <p>Oak Tree Lane Leisure Centre</p>	<p>Yvonne & Mick Kennison</p>  <p>01623 481721</p>	<p>Tennis is played on a badminton court and normal rules apply, but we play with soft tennis balls. £10 for four months paid in advance.</p> <p>Equipment provided. No black soled shoes please.</p> <p>Please have your "in case of emergency card" with you at all times</p>

<p>SOLO DINING</p> <p>First Thursday in the month for evening meal.</p> <p>Third Sunday in the month .</p> <p>Times vary</p>	<p>Sheila Pegg</p>  <p>07883 720657</p>	<p>This group enjoys the company of other single people in a friendly atmosphere. An evening meal is arranged at various dining locations. Sunday lunches have also proved to be popular.</p> <p>It is with regret that due to the large number of diners on our list, we are unable to add any new members at the moment. If the situation changes we will certainly let you know through this newsletter. Many thanks to the loyal support of our existing members.</p>
<p>STROLLERS GROUP</p> <p>Second Wednesday monthly 10.30 am</p> <p>Finish times vary</p>	<p>Sue Howlett, Valerie Hart and Ian Lakin</p>   <p>Sue 01623 627423 Valerie 07745 208248 Ian 07989 668275</p>	<p>Mansfield u3a's Strollers Group do short easy walks of about two miles in length avoiding stiles and steep hills.</p> <p>It is a good way to improve your health and to make new friends. At the end of the walk there will be opportunity to have refreshments.</p> <p>Please have your "in case of emergency card" with you at all times</p>
<p>TAI CHI GROUP</p> <p>Monday weekly 10.30 am – 11.30 am</p> <p>£30 per term.</p> <p>Bethel Chapel, Nottm Rd.</p>	<p>Lorna Pye</p>  <p>01623 636060 07712 029262</p> <p>We do have two spaces at the Moment</p>	<p>Within our group, you work amongst friends, within your own ability, standing or sitting and feeling that you have gently exercised every part of your body (even internal bits that you cannot see). Ken really understands how our bodies work. Tai Chi with its calm movements, focuses on deep breathing and is known to reduce chronic stress and improve health and emotional well-being. With all these benefits it comes to u3a members highly recommended.</p>
<p>WRITING FOR PLEASURE</p> <p>Second Monday monthly 2.00pm – 4.00pm.</p> <p>Friends Meeting House Rosemary St, Mansfield NG19 6AB</p> <p>We pay four times a year. Cost per session £3</p>	<p>Hilary Miller and Susan Ford</p>  <p>Hilary 01623 620067 Susan 01623 844286</p>	<p>Mansfield u3a members enjoy writing for the pleasure of it – simply that.</p> <p>Get your ideas and words flowing and share them with others in an entertaining and happy two-hour session.</p> <p>We write on a variety of subjects including found poetry, free verse, many different story titles and even the odd limerick.</p>

The Group Leaders gathered at the Bowling Club for their annual meeting on 15 September. Everyone was very positive about their particular groups. Elaine joined the group meeting and distributed Risk Assessment Forms for all leaders to fill in for u3a records.

Card Crafting



Members attending Tuesday 26 September's class produced some innovative Christmas Cards. All individually decorated. Group Leader Jill provided detailed instructions together with all the Materials.



Left to right: Sheila Pegg, Yvonne Kennison, Val Wood, Marilyn Dibble, Lorna Pye, Marilyn Jones, Mick Kennison, Trevor Kirby, Sue Howlett, Julia Hyde, Graham Headworth, Philip Tucker, Paul Sanderson, Val Hart, Elaine Huckerby, Stella Hall, Sue Ford, Steve Hall and Hilary Miller.

Solo Dining – Sheila Pegg

We had an enjoyable meal at The Plough, Farnsfield for our first meal in September.

Our Sunday lunch was at The Waggon at Halam where we all enjoyed delicious Sunday roasts; some of us indulged in desserts and we decided this was a venue to which we would definitely return.



National u3a Week 16 – 24 September

A group of us gathered outside the old Debenham's Store in the Four Seasons Shopping Centre to promote Mansfield and District u3a on 21 September. Can't say we were inundated with enquiries, but we enticed a few inside the enclosure to see what we have to offer and if we get just one new member from it, it will have been worth it.

New Group

Julia Hyde, a relatively new member, has kindly started a Mansfield Palace Theatre Group.



There are five tickets left for “A Dazzling Afternoon of Festive Nostalgia” at The Palace Theatre on October 31 at 2.00pm. A spectacular show, not to be missed. Tickets are £16, payable at the next meeting. Let Julia know if you are interested in going on 01623 514806.

Please note that Ian Lakin's Contact Details should read 07989 668275 in the Membership Card

Tai Chi Contact Details listed in the Membership Card for Lorna Pye should read : 01623 636060



Fiona, second on the left, who looks after us very well at the One Call Stadium, waited on the King and Queen on 16 September at the St Ledger Races. The King's horse Desert Hero came third, and Fiona had a nice conversation with King Charles.

IMPORTANT NOTICES - First of all, here's hoping everyone is keeping safe and well. If anyone is struggling or needing any help in any way, please don't hesitate to let any of the Committee know. We will do our best to help in any way.

Subscription costs for the current year have remained the same - £16. New members £18 and £12 for Associate Members. Cheques payable to Mansfield & District u3a. Online payments can be made. Contact the Treasurer, Gill Mallinder for bank details. Membership forms can be downloaded from the finance page on the Website. All current members must fill in all sections to comply with data protection laws when paying their subscriptions.

Events and Visit payments. Members are reminded that deposits and payments for events and visits organized by Mansfield u3a and its groups are non-refundable, but places may be offered to others.

Changes of address etc. Please let Jean Hatton, Membership Secretary know to keep our records up to date.

If you have any health issues that you think may affect your participation in, or enjoyment of, the activities of Mansfield u3a, you might wish to disclose them voluntarily to the Group Leaders of the groups you join, should it be helpful to do so. **Please have your “in case of emergency” card with you at all times.** If you do not have one, please obtain one at the next Members' meeting.

Should you not wish to be included in any photographs taken whilst members are engaged in any activity, please let the photographer know as otherwise we will assume your consent has been given

Disclaimer – The views expressed here are those of the contributors only and do not necessarily reflect those of the Editor, the Committee of Mansfield & District u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.