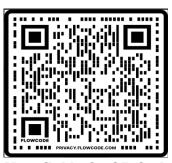




(Photograph courtesy of Paula Cornwell)

NEWSLETTER JUNE 2023



Mansfield u3a QR Code

Words from the Chair: Yvonne Kennison

One of my mum's favourite sayings was "never cast a clout until May is out". She insisted I continued to wear my winter long socks and jumpers no matter how warm it got. I used to sneak a pair of short socks in my satchel and get changed at my friend's house round the corner before heading off to school. I think that was the most I ever did to disobey my mum.

I thought about this as I packed away some of my jumpers and winter clothing now that the nicer weather is hopefully coming. Mind you, it didn't seem like it when we were in Bruges last week, exploring the beautiful city in pouring rain.



I didn't hear anyone on the trip complaining, although it would have been nicer to have been able to enjoy some sunshine along with the chocolate shops, beer shops and churches.

Even though the brighter weather shows up all the work that needs doing inside and outside the house, it always makes life's problems seem that little less important. I hope that's the case for all of you. Keep well everyone.

Scam Alert, please be Aware

The police say someone had their bank accounts emptied after they paid a taxi driver with a debit card. They had wanted to pay with their credit card, but taxi asked for another method because he didn't want to pay the 4% visa fee.

Police advise that whenever you are asked to use a debit card instead of credit card for whatever reason, enter the wrong PIN. If it is a counterfeit machine it will pretend to process the payment and produce a receipt. Whereas an authentic machine will reject the PIN and request a "try again" message.

Help spread the word, as the police state this type of fraud is becoming increasingly prevalent. Thank you!!!!

Many thanks

Yvonne

Words from the Editor: Bill Harrison

Hi, and welcome to the June edition of the Mansfield u3a Newsletter.

Once again, we bring you plenty of information from our Groups. The Social Committee have once again been busy organising some terrific social events, which we hope you will participate in.

Philip Tucker, once again came up trumps with our front cover speaker, Lady Denman, who gave us a wonderful and amusing talk on the lady's eye view of driving safely in the 1920s. I am sure Lady Denman would have made a great suffragette; we men were certainly put in our place, with this no-nonsense lady. I must go and brush up on my hand signals.

Sadly, David Drew has stepped down as Group Leader for the Curling Group. So, if anyone would be interested in taking over this group, I'm sure David will only be too happy to give help and advice.

Our Solo Dining Groups are gaining in numbers, thanks to the organisation of Sheila Pegg.

Sheila will still be running the mid-week solo evening dining, (see group grid for details).

Philip Tucker will be taking over the solo Sunday lunches, (see group grid for details).

All members please note the time has changed for the 15 August Membership Renewal Day 1.30 – 4.30pm.

So that's yet another month out of the way; you can now cast your clouts. Flaming June is upon us, as the Summer Solstice approaches on the 21 June, hopefully bringing the warmer weather that has been predicted.

May I wish you all a very happy summertime.

Bill

In this issue:

Pages 2 - 3 Words from the Chair/Editor Page 4 Social Committee News Page 5 Meeting Dates/Speakers

Pages 6- 16 u3a Group News

Pages 17- 49 Group Leaders and their Groups

Pages 50- 53 Learn, Laugh, Live Page 54 Important Information Page 55 Closing Thoughts



Social Committee News 2023

Please support the events the Social Committee are planning, as we have really tried to respond to your requests on the recent survey.

REFINED DINING - Friday 16 June, 2023

Thank you to all for paying the £10 deposit and choosing your dishes. See you at 1.00pm.

THE PRINCESS RIVER CRUISE - Wednesday 12 July 2023

Details for pick-up times and place are still to be confirmed.

MEMBERS' DAY - 15 August, 2023 1.30 - 4.30pm

A day to pay your membership, see old friends and make new ones. There will be refreshments, a Beadwork stall, a Hand-Made Cards stall, a Cake stall, and a Crafty Stitch stall. If any group or person would like a stall, please ask the Social Committee

LUNCH TIME QUIZ - Friday 13 October 2023

This event replaces A Night at the Races

The Kevin Bird Suite, One Call Stadium, Quarry Lane, Mansfield, NG18 5DA from 1.00pm. Lasagne and salad. Tickets £15 available from the Social Committee on Tuesday 20 June at the Members Meeting. There will be prizes for the winning guiz team and a raffle.

HALLOWEEN PARTY and PIE & PEA SUPPER - Friday 27 October 2023

Details to come in June's newsletter.

CHRISTMAS LUNCH - Tuesday 12 December 2023

The Hostess Restaurant, Sookholme Road, NG19 8LL

12.00pm – 3 course lunch + coffee and mince pies

Non-refundable deposits of £10 payable to the Social Committee on Tuesday 20 June at the Main meeting.

Please note places are filling up very quickly and we only have six places remaining.

Speaker Finder: Philip Tucker

MEETING DATES/SPEAKERS 2023

	Members' Meetings
Month	Held in the 1861 Suite, Mansfield Town Football Club, One Call Stadium, Quarry Lane, Mansfield, NG18 5DA commencing at 10.00am
June	Tuesday 20 Wendy Davenport – retired female police officer discussing her career
July	Tuesday 18 Ellie Devereux – 'Use of herbs in Medicine'
August	Membership Renewal Day 15 August 1.30 - 4.30pm St Philip Neri's Church Hall
September	Tuesday 19 Annual General Meeting Geoff Harris – 'Stories of London not heard before'
October	Tuesday 17 Catherine McAteer – 'From Russia with Love'
November	Tuesday 21 'Co-op legal issues'
December	CHRISTMAS LUNCH Tuesday 12 December The Hostess Restaurant, Sookholme, NG19 8LL 12.00pm – 3 course lunch + coffee and mince pies Non-refundable deposits of £10 payable to the Social Committee on Tuesday 20 June at the Main meeting.

Riddle sent in by Marie Barrow

Take away my first letter and I sound the same.

Take away my last letter, I still sound the same.

Even take away my letter in the middle, I will still sound the same.

I am a five-letter word. What am I?

Now find the answer to the riddle, somewhere in this Newsletter.

Gardening Group: Marilyn Dibble

Hi Everyone

Please find attached Martin's Newsletter.

They are working very hard!

Our speaker on the 6 June is Jonathan Gant on the topic of sweet peas.

Hope to see you then.

Take care and happy gardening.

Marilyn.

Hello everyone and hope you are all keeping well?



Apologies for being late with the May newsletter. It's

been on my list of jobs to do for the past couple of weeks, and here we are now on the 8 May and I'm only just doing it! Over the past few weeks Jill and I have been trying to play catch up in the new vegetable garden and after a lot of hard work we feel we are getting somewhere. We cleared and levelled the site and then constructed four raised beds from sleepers.

The topsoil arrived last Friday and it's all been barrowed into the beds and I've already planted some veg plants that I'd started off in the greenhouse. At this point I've got to put my hand up and admit that I didn't barrow much of the soil; Jill did, all five tons. Instead, I was preparing a long border that runs along the side of the vegetable garden getting it ready to plant a row of cordon fruit trees.

What should have been a fairly simple job turned into a much bigger one. I lifted the turf first and when I tried to push my spade in, it bounced out. To my horror I discovered what I think was an old hard-standing area about 6 inches down made from broken bricks, concrete and tarmac, which took me a day to break up with a pickaxe. It certainly wasn't what I was expecting, but it's all done now and 15 apple and pear trees have been planted and are being watered in by the rain as I type!

If you want to see what we've been up to in the veg pot, we're featuring it this Thursday 11 May on our YouTube channel, Pots & Trowels.

Although I'm around a month later than normal planting in the veg garden. I think, this year, the season is 2-3 weeks behind. Although we've had some fine days, the temperatures haven't been that high and the nights have been very cool. Certainly, this time last year it was much warmer and plants were further on. I'd be interested to know if it's the same where you are.

Martin & Jill

Jobs for May by Martin Fish

Now is the perfect time to plant perennials and shrubs into the garden while there is plenty of moisture in the soil. As the soil and air temperature warm up, the new plants will soon establish.

Shrubs such as spiraea, forsythia, viburnum and ribes that flowered in March and April can be given a light prune if needed. Cut back long stems to help improve the shape and thin out twiggy and crossing stems to prevent overcrowding. Don't however, prune too hard as that will encourage strong new growth at the expense of flowers next spring.

Towards the end of May, you can start planting tender bedding plants out into the garden. If planting in containers or hanging baskets, make sure they are kept frost free until the plants establish.

Dahlia tubers can be planted out into the garden in good garden soil. Plant so that the top of the tuber is a couple of inches below soil level and mark the spot with a short cane. By the time new shoots appear, hopefully the danger of frost will have passed.

Already I've spotted a couple of red lily beetles, so if you have lilies growing, check the plants for the pest and squash them.

Start supporting tall perennials before they get too tall and fall over; canes, twiggy sticks or plant supports are ideal.

If you are not taking part in No Mow May, the lawn will need regular mowing to keep it looking good. Ideally give it a weekly trim which helps to keep the lawn healthy and with a thick covering of grass.

Because it's a late season, there's still time to sow vegetables such as peas, beans, carrots, lettuce, beetroot and parsnips in the garden. In fact, very often a later sowing does better than early sowing when the soil is cooler.

Tomato plants can be planted into a cold greenhouse or conservatory from early May, either in large pots or growbags, but remember on cold nights to drape some garden fleece over them. If planning to grow outside tomatoes on a patio, wait until the end of May.

If growing cucumbers in a greenhouse, remember they like it warm. Close the vents at night to avoid draughts and if a cold night is forecast, cover the plants with fleece.

Earth-up potatoes into ridges and give them a feed of a granular fertiliser to help underground stems and tubers develop.

Pheromone traps help control Codling moths on apple trees and can be hung in the trees from the third week of May. They do work and will greatly reduce the amount of damage to the fruits.

For more weekly gardening tips and advice from Martin visit "Pots & Trowels" on Facebook or subscribe on YouTube for free.

Happy gardening

Martin Fish. www.martinfish.com

Sent in by Barbara Dixon

Many thanks to Barbara Dixon for sending me your contribution, following my appeal for your Coronation celebration pictures.

We chose the wrong day for our Coronation Street party and had to move into my garage and house. Lots of food and good humour despite the weather.



All good wishes, Barbara Dixon

Sent in by: Marie Barrow

Greasley Beau vale Primary School have won the national joke competition run in the Beano comic.

'What happened to the maths teacher's garden? It grew square roots! '

Solo Dining: Sheila Pegg

The Solo Dinners enjoyed another evening at The Redgate for their first meal of May. Good food and service is always guaranteed here, and the evening was very successful.

Sunday lunch was at The Carnarvon, Teversal - a venue we hadn't visited since before Covid - and was enjoyed by all.

It is with great regret that due to the large number of diners on our list, I am unable to add any new members at the moment. If the situation changes in the future, you can be assured that I will let you know through this Newsletter.

Philip Tucker, has taken over the Sunday Solo Dining Lunch. Please see Solo Dining Group Grid for contact details.

Many thanks to the loyal support of our existing members.

Bridge Group: Sheila Pegg

We only had one meeting in May due to the Bank Holiday. We were pleased to welcome four new members making a total of eight for the evening, so we were able to have a very enjoyable evening playing on two tables.

The next dates are the 5th and 17th June.

Please note that bridge is 1st and 3rd Mondays of the month, not alternate Mondays

Please contact me if you are interested in joining us.

COFFEE MORNING AND PLANT SALE: Jill Pullen

Sunday 5 June 10.00am – 1.00pm 33 Southwell Road East Rainworth. NG21 0DL Free entrance.

Plants – flower bedding; perennials; shrubs; vegetables; tomato plants; climbing beans etc...

Tea, coffee and cakes.

Please come along and support the Veg Society.

Plus, Gardening for Mental Health.



(Picture courtesy of St Peters Church)

Organ concert

In January, February, March, April, May, June, July, September, October, November on the last Friday of the month at 12.00noon for 45 mins

Venue: Mansfield: St Peter & St Paul

Address: Church Side Mansfield Nottingham, NG18 1AP

Our organist, John Marriott, will play a selection of music on our wonderful church organ.

We meet at noon for a warm drink and cake before John plays a variety of musical pieces.

The event will finish between 12.45 and 1.00pm, depending upon the music choices.

This is a free event; however, donations are gratefully accepted for refreshments.

This is an open invitation event; tickets/booking are not required.

This is a monthly event but has a break in August and December.

Potters Resort: Denise Whitsed Sherwood u3a

20 November 2023

Monday to Friday

We are taking a group to Potters Christmas Extravaganza, as previously arranged It is now fully inclusive of everything.

Every break is unashamedly full board which means four meals on each full day, each offering a wide selection to suit every appetite.

Kickstart your day the right way with a delicious **breakfast**, from a traditional and hearty full English, to a choice of cereal, yoghurts and pastries. For your tasty **3-course lunch** you can choose from a range of hot dishes, salads and desserts. And in the evenings, enjoy a sumptuous **3-course dinner** in readiness for the night ahead, including a delicious variety of starters, mains and desserts to satisfy even the healthiest of appetites. Plus, enjoy a **late night snack** before you either retreat for the evening, or continue your night in style.

Our chefs cater for most dietary requirements, so please feel free to discuss this with our friendly team at time of booking.



Two different accommodations of bungalow plus and hotel.

Depending on numbers we will get at least £60 discount plus 2 free places to be shared, so we can choose our rooms. We hire a separate bus with Skills Travel.

At the moment, I have only been given twins and double rooms in both hotel and bungalows.

Please email Denise deewhits@aol.com or telephone 07791941502 (Mon to Fri 9.00 to 16.00)

Many thanks Denise West Sussex Holiday 18th September to 22nd September

Half Board - Avisford Park Hotel, Arundel

£415 for National Trust Members - £489 for Non NT Members

Monday

8am Pick up at Forest Town Arena.

Travel to Petworth House and Gardens (NT) and hotel





Inspired by Baroque palaces of Europe, set amidst a fine landscaped deer park and garden nestled in the South Downs, Petworth House displays one of the finest art collections in the care of the National Trust. // Petworth House is an extraordinary and surprising place created by just one family over 900 years.

Tuesday

Standon House and Gardens (NT) and Brighton







Wednesday

Arundel Castle (House and Gardens only entrance included) and Bognor Regis







Thursday

9am Travel to Uppark House and Gardens (NT) and Winchester







Friday

Nymans (NT) and home BOOKING OPENS IN JANUARY - £50 DEPOSIT - SKILLS

Please email Denise deewhits@aol.com or tele 07791941502 (Mon to Fri 9.00 to 16.00)

Many thanks Denise

Wentworth Woodhouse

Wednesday 26th July: Cost £18 with cheques made payable to Sherwood u3a

Pick up Morrisons 9.00am, Iceland 9.15am. Depart venue at 4.00pm

Wentworth Woodhouse has played host to a wide variety of filming including Oscar winning feature films such as Darkest Hour, worldwide hit TV series including ITV's Victoria and BBC's Gentleman Jack, Jonathan Strange & Mr Norrell, Charles III, Billionaire Boy, music videos and stunning fashion photography shoots.





Writing for pleasure Group: Hilary Miller and Sue Ford

WRITING FOR PLEASURE -

Our May homework was to write a twelve-line poem using the letters **RVOHKE** at the beginning of a line twice. Here is the work that we produced:

Tracey Hatton wrote:

Velvety soft is the puppy curled at my side; sweet Jess.

Haggard stress lines soften as fingers gently caress,
Relishing a moment of peaceful companionship.

One hand tracing your little fat belly with a careful fingertip
Keeping the other as a pillow for your silken head.

Eyelids flicker at canine dreams, but suddenly all signs of sleep have fled.

Vulnerable sleepy pup transforms into a whirling dervish
Eagerly challenging the world to a tooth and claw skirmish,
Racing crazy laps around the living room,
Keeping me on my toes, as around me you zoom,
Offering me no quarter as I offer you your tug toy,
How, without trying, you fill me with joy.

Sue Ford wrote:

Roses ramble prettily over the garden arch,
Violets peep curiously from beneath a coronet of leaves,
Olive trees cast lolly-pop shadows in the afternoon sun.
Honeysuckle loads the breeze with fragrant perfume but ...
Knotweed encroaches everywhere, hidden evil in God's Eden.
Evening storm clouds threaten as howling winds intensify.
Roses tremble as the shaking arch collapses.
Violets look no more as roots are wrenched apart.
Olive trees, leafless and battered, cast no shadows
Honeysuckle's sweet seduction lost in the maelstrom.
Kneeling before climate change, all is lost.
Everywhere, everything ends.



Yvonne Kennison wrote:

"Verily my friend, you sing out of tune."

"Oh no, you can't be serious." I said with a smile.

"How you don't know? Haven't you sung in a while?"

Keeping in tune alludes me I know;

Each time I swear to get better and put on a show.

"Right, give it a go." said the man in the sky.

Virtue is repaid when you really try."

"Really", I said to the Man in the Moon.

Over the source of my life. I releved

Over the course of my life, I relayed

Hearing my voice sounds like a foghorn being played.

Knowing I try to spare my audience's wrath,

Each time I sing in future, it will only be in the bath.



Julie Turner wrote:

Rolling through the hay, she smiles
Voluptuous and lush, a sight for your eyes.
Over and over, she rolls,
Her eyes smiling sweetly, knowing,
Keeping the glow glowing,
Eve, the lovely Eve.
Rambling over the hillside, he smiles
Victorious in his latest quest.
Over and over, he recalls them together,
Hoping for the day he'll see her again.
Keeping their lust alive. Oh
Eve; his Achilles heel, Eve.



MACBETH AND ROMEO AND JULIET

AN UNHINGED COMEDY DOUBLE BILL

JULY 29 CRESWELL CRAGS



The only way to LEARN, LAUGH, LIVE, is to get involved in the following groups.

Key to Meetings details:

The tables on the following pages show the Interest Groups. Please check the Mansfield u3a website for up-to-date information of your group/groups.

Some outdoor activities will be indicated by various meetings/meeting places.

Meeting places: various Groups will be meeting as indicated in the meetings column; please check with your Group Leaders or u3a website if any amendments have been made.

Group Leaders' names and contact details: please make a note of the contact details for your chosen Group.

Could all Group Leaders please inform the Newsletter Editor of any alterations.

Calendar for Year 2023 (United Kingdom)





		1/	lard	h			
Week	Мо			•	Fr	Sa	Su
9						4	
10	6	7	8	9	10	11	12
11	13	14	15	16	17	18	19
12	20	21	22	23	24	25	26
13	27	28	29	30	31		
7:	0 1	15: 0	21		29:	D	

		-	Apr i				
Week	Мо	Tu	We	Th	Fr	Sa	Su
13						1	2
14	3	4	5	6	7	8	9
15	10	11	12	13	14	15	16
16	17	18	19	20	21	22	23
17	24	25	26	27	28	29	30
6:	0 1	3: 0	20	•	27:	D	

			May	/			
Week	Мо	Tu	We	Th	Fr	Sa	Su
18	1	2	3	4	5	6	7
19	8	9	10	11	12	13	14
20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	28
22	29	30	31				
5:	0 1	2:0	19		27:	D	



AFTERNOON TEAS GROUP



Name of Group:	Afternoon Teas
Group Leader:	Sheila Whalley
Group Leader's contact details:	01623 453908
Venue:	Various
Meeting dates and times:	2 nd Saturday monthly 2pm-4pm
Cost of event:	Costs vary
VAUL - C. L	•

What happens:

The Mansfield u3a Afternoon Teas Group meets on the second Saturday of every month (usually) at pubs, garden centres and other places of interest locally. The aim is to develop friendships informally, while exploring new venues and sometimes indulging in some retail therapy. However, I do sometimes have to change the dates, so keep looking.

ANTIQUES AND COLLECTABLES GROUP



Name of Group:	Antiques and Collectables
Group Leader:	Patricia Blackwell
Group Leader's contact details:	01623 481745
Venue:	St Peter's Centre Mansfield
Meeting dates and times:	2 nd Tuesday monthly, 10am-12noon
Cost of event:	£0.00

What happens:

The Group meets once a month and there is a different topic each time. Members bring along an item relating to the subject. It is helpful if they have done some research on the item and can tell the rest of the Group about it. In that way we all learn and expand our knowledge. If you haven't got anything that month it doesn't matter because you will learn from what others have brought.

Group full, with a waiting list.

BEADWORK GROUP



Name of Group:	Beadwork
Group Leader:	Marilyn Jones
Group Leader's contact details:	Marilyn.jones1947@gmail.com Landline: 01773 819155 Mobile: 07803 244841
Venues:	Group Leader's home in Hilcote
Meeting dates and times:	Every Wednesday 10am-12noon. There is also an overflow group every Monday at the same time.

What happens: Often, we are all working on a single project, or at times, members may be making different items.

Equipment:

Members can source their own materials singly, collectively, or can buy from Marilyn from her stock, if available, at cost.

The Wednesday group is currently full.

BIRDWATCHING AND WILDLIFE GROUP





Name of Group:	Birdwatching and Wildlife
Group Leaders:	Val Hart and Ken White
Group Leaders' contact details:	ken@atrain.org.uk - 07973 315050 valerie.hart@hotmail.co.uk - 07745 208248
Venues:	Various
Meeting dates and times:	Various
Cost of event:	Free but cost for transport if required and any entry charges
	I

What happens:

Visits to various places of interest in Nottinghamshire, Derbyshire, Yorkshire and Lincolnshire. Plus, occasional overseas visits.

Equipment:

Members should bring their own first aid kits.

Suitable footwear and clothing to be worn

Food and drink for picnics as required

Bring binoculars or telescopes if required

Please have your "in case of emergency card" with you at all times.

BOWLS GROUP



Name of Group:	Bowls
Group Leader:	Paul Sanderson
Group Leader's contact details:	07592016691 paulsanderson168@gmail.com
Venues:	Mansfield Bowling Club (Summer) Lammas Centre Sutton (Winter)
Meeting dates and times:	The outdoor bowls coaching starts on Tuesday, 2nd May at 12.15-1.45pm. This will take place every week for 5 weeks. The last session will be held on 30th of May. Every session will be organised by DBS checked, registered coaches. These sessions will be held at Mansfield Bowling Club, Chesterfield Road, Mansfield. If anyone requires any further information, please contact Paul on the above number.
Cost of event:	The cost will be £2 per session
Equipment:	Flat soled shoes without tread must be worn whilst on the green. All other equipment will be provided.

BRIDGE GROUP



Name of Group:	Bridge
Group Leader:	Sheila Pegg
Group Leader's contact details:	07883720657
Venue:	The Rushley, Nottingham Road, Mansfield
Meeting dates and times:	1 st & 3 rd Monday's Time 6.30pm-9pm Our next dates will be 5 June and 19 June.
Cost of event:	No fee charged by venue- we just buy a drink (or two!)
What have and	

What happens:

Just turn up. We can sort out a partner if you turn up alone. We are a friendly group, playing for fun.

Equipment: Provided

CALLIGRAPHY GROUP



Name of Group:	Calligraphy
Group Leader:	Marilyn Jones
Group Leader's contact details:	Marilyn.jones1947@gmail.com Landline: 01773 819155 Mobile: 07803 244841
Venue:	Leader's home in Hilcote
Meeting dates and times:	2 nd and 4 th Wednesday in the month from 1pm- 3pm. Three spaces available.
What happens:	This is a course led by Marilyn (Group Leader), using video tuition and lots of practice.
Equipment:	Members will need to source their own pens and paper, although these will be provided at the beginning until they know what they need.

CARD CRAFTING GROUP



Name of Group:	Card Crafting
Group Leader:	Jill West
Group Leader's contact details:	07554012769 jwpttls@hotmail.co.uk
Venue:	Quaker Room 124 Rosemary Street NG18 1RB
Meeting dates and times:	Last Tuesday, monthly. Future dates for 2023 are: June 20 1.30pm – 3pm July 25 1pm – 3pm
Cost of event:	Due to room hire and materials, sessions will cost £5, including free tea and coffee.

What happens:

Ideal for beginners to moderate level, but everyone welcome. All materials will be provided.

Look forward to seeing everyone and making some excellent card projects. At the moment the group is full; however, I would happily place anyone new that is interested on a list.

Please contact Jill 07554012769 if you are interested or unable to attend so we can offer the place on that date to others.

CLASSICAL MUSIC GROUP



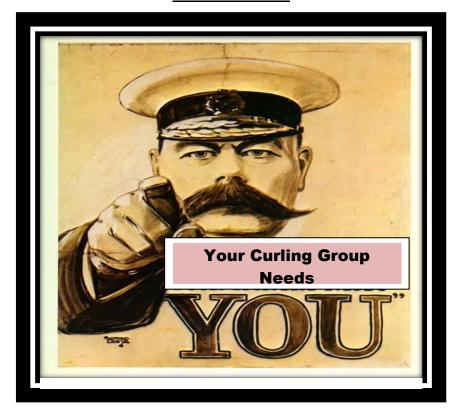
Name of Group:	Classical Music
Group Leader:	Michael Allen
Group Leader's contact details:	michaelallen446@gmail.com 01623 653345 Mobile 07565 936859
Venue:	Group Leader's home
Meeting dates and times:	4 th Monday, monthly, 2pm-4pm
Cost:	£0.00
What happens:	Play music / discuss
Future Events:	Nothing as yet

CRAFTY CHAT



Name of Group:	Crafty Chat
Group Leaders:	Stephen or Stella Hall
Group Leaders' contact details:	07940460250 hall.s@hotmail.co.uk
Venue:	Quaker Room 124 Rosemary Street NG18 1RB
Meeting dates and times:	This Group will be run during term time only, on the 3 rd Monday in the afternoon. 2pm-4pm
	Any new members will be more than welcome.
Cost:	There will be a charge of £12.00 a term to cover the cost of the room and refreshments.
Equipment:	No equipment required

CURLING GROUP



Name of Group:	Indoor Curling
Group Leader:	To be announced
Group Leaders' contact details:	To be announced
Venue:	To be announced
Meeting dates and times:	To be announced
Cost:	To be announced
Equipment:	To be announced

CURRENT AFFAIRS GROUP



Name of Group:	Current Affairs
Group Leader:	Graham Headworth
Group Leader's contact details:	01623 468883
Venues:	Mansfield Bowling Club Chesterfield Road South. NG19 7AP
Meeting dates and times:	The Current Affairs Group will meet between 10am and 12noon on the first Friday of the month.
What have and	

What happens:

We have some very interesting discussions which can be quite lively, especially when we are discussing Westminster matters.

But we are always friendly. If any member of Mansfield u3a would like to join us on this occasion you will be welcome, but we will be restricting it to 15 guests. Please contact me on the above number for availability.

FAMILY HISTORY GROUP



Name of Group:	Family History
Group Leaders:	Valerie Wood and Ken Gilbert
Group Leader's contact details:	Valerie Wood at v.a.l.woody11@gmail.com Ken Gilbert at kattaria@gmail.com
Venues:	Members' homes
Meeting dates and times:	4 th Tuesday, monthly, 10am-12noon No meetings during August & December
Mile of Learners	

What happens:

Valerie Wood and Ken Gilbert are the Group Leaders for Mansfield u3a Family History. The group enjoys researching family histories and welcomes new members with similar interests.

Members share their family history research, photographs, maps and artefacts. We will also guide members to which websites to use to do their research.

Our Group's usual meetings are held at 10.00am on the 4th Tuesday of the month. Our meetings take place at a member's home.

If you would like to join our Group, please contact Valerie Wood or Ken Gilbert on the above emails.

GARDENING AND GARDEN VISITS GROUP



Name of Group:	Gardening and Garden Visits
Group Leader:	Marilyn Dibble
Group Leader's contact	01623 634805
details:	dandmdibble@gmail.com
Venue:	St Peter's Centre Mansfield NG18 1AP
Meeting dates and times:	1st Tuesday, monthly, 10am-12noon
	Visits – various
	The speaker next month is Jonathan Gant with a talk on Sweet Peas.
Cost of event:	For those who would like to be a Garden Group member. Members pay £16.00 twice a year.
	Guests most welcome at £5.00 per session.
	Cash or cheque (cheque to Mansfield u3a)

What happens:

We have a wide variety of guest speakers covering a broad selection of horticultural topics.

In the summer we have an organised group visit to an outstanding garden.

There is a charge for the monthly meetings, refreshments are included.

HISTORY GROUP



Name of Group:	History
Group Leader:	Philp Tucker
Group Leader's contact details:	01623 437516
Venue:	Mansfield Bowling Club Chesterfield Road South. NG19 7AP
Meeting dates and times:	3 rd Wednesday, monthly, 10am-12noon
Cost:	£2.00 per head

What happens:

I look forward to hearing suggestions for interesting presentations coming through from Group members. Presentations which have some quirky appeals are especially welcome.

If you have a particular passion for some historical event, by all means bring it forward.

At our friendly meetings, we have tea or coffee and sometimes homemade cakes. We have presentations and discussions from members.

Funds permitting, we may have the opportunity to hire an external speaker at least once during the coming year.

MINI BREAKS GROUP



Name of Group:	Mini Breaks
Group Leader:	Jacqui Hampshire
Group Leader's contact details:	01623 239210 jhampshire09@talktalk.net
Venues:	Various
Meeting dates and times:	See table at the meetings
What happens:	

A group formed to organise mini-breaks for u3a members throughout the year. Please contact Jacqui Hampshire for more details.

CLASSIC MOTORING GROUP



Name of Group:	Classic Motoring Group
Group Leaders:	Trevor Kirby
Group Leader's contact details:	Mobile: 07922 120729
	Email: trevorandbarbara@hotmail.com
Venues:	The Rushley, Nottingham Road, Mansfield
Cost of event:	£0
Meeting dates and times:	1 st Tuesday monthly 2.pm-3.pm
What happens: Members meet monthly to share k	nowledge of all things motoring.
To discuss future visits of Classic	

34

PATHFINDERS WALKING GROUP





Name of Group:	Pathfinders Walking
Group Leaders:	Valerie Hart and Ken White
Group Leader's contact details:	ken@atrain.org.uk - mobile - 07973 315050 valerie.hart@hotmail.co.uk - mobile - 07745 208248
Venues:	Various
Meeting dates and times:	Various
Cost of event:	Free, but cost of transport if required and any entry

What happens:

Shorter walks of 3-5 miles Longer walks of 5-7 miles

Equipment:

Members should bring their own first aid kits and emergency contact cards at all times.

Suitable footwear and clothing to be worn.

Food and drinks for picnics as required.

Future Events: Please visit the website or contact Valerie or Ken on the above numbers for details.

Please have your "in case of emergency card" with you at all times.

PHOTOSHOP GROUP



Photoshop
Gordon Howlett
g.howlett@ntlworld.com
Group Leader's Home
£0
3 rd Thursday monthly 10am-12noon

What happens:

Members meet monthly to share information and knowledge about image manipulation, based on, but not exclusive to Adobe Photoshop.

The programme will reflect the on-going needs or challenges mentioned by members. This enables them to develop their skills and encourage others.

Two hours when you can aside time to enhance your skills and, of course, have a chat.

POPULAR MUSIC GROUP



Name of Group:	Popular Music Appreciation
Group Leader:	Elizabeth Ellis
Group Leader's contact details:	01623 644429
Venue:	Members' homes
Meeting dates and times:	4 th Tuesday, monthly, 2pm-4pm
Cost:	£0

What happens:

The Group has been running successfully for nine years.

We meet on the 4th Tuesday of each month. We now meet at Members' Homes from 2.00pm till 4.00pm, except in March when we have lunch and a music quiz at the Carnarvon Arms, Teversal.

We do not meet in December, but we have our Christmas fuddle at the November meeting.

The Popular Music Group welcomes new members who have a wide interest in all types of music. Do join us or contact Elizabeth Ellis on the above number for more information.

READ A LITTLE LOUD GROUP



Name of Group:	Read a Little Aloud
Group Leader:	Susan Howlett
Group Leader's contact details:	01623 627423
Venues:	Members' homes
Meeting dates and times:	2 nd Friday, monthly, 2pm-4pm
Cost:	£0.00
Nam	

What happens:

We read extracts from books, poems etc and then discuss.

This group provides an opportunity for members to sample a variety of extracts from novels, biographies or non-fiction books.

Copies are provided which have been marked in sections so that each person reads aloud about two paragraphs each. The topics involved might be: Friendship, Love and Marriage, Indiscretion, etc.

The idea is to prompt discussion afterwards about our reactions to the subject; we don't delve into criticism or style of the writing.

We always fly off on a tangent and relate our own anecdotes on the theme, and it's surprising where it leads us! It is not necessary for all members to read aloud if they prefer just to listen.

This Group is currently full.

READING GROUP 1



Name of Group:	Reading Group 1
Group Leader:	Peter Dawson
Group Leader's contact details:	01623 882191
Venues:	Peter Dawson's home or members' homes
Meeting dates and times:	3 rd Thursday, monthly, 2pm-4pm
Cost:	£0.00

What happens:

We meet once a month on the third Thursday, usually in Farnsfield, but sometimes at other members' homes.

At our friendly meetings, we have tea or coffee and then we discuss the book we have read the previous month; we are then given the book we will read in time for the next meeting.

READING GROUP 2



Name of Group:	Reading Group 2
Group Leader:	Mick Kennison
Group Leader's contact details:	01623 481721
Venue:	Sylvia Slack's home
Meeting dates and times:	3 rd Tuesday, Monthly, 2pm-4pm
Cost:	£0.00
What happens:	

The Mansfield u3a group members are supplied with the same book to read. We then meet for discussion.

SCRABBLE



Name of Group:	Scrabble
Group Leader:	Lynne Payne
Group Leader's contact details:	Mobile - 07954463384 Home - 01623 555738
Venue:	Lynne's home
Meeting dates and times:	2 nd Monday, monthly, 2pm-4pm
Cost:	£0.00
What happens:	I

What happens:

We meet at my house on the second Monday of the month, where we enjoy 2/3 games of Scrabble with a break for coffee/tea and biscuits.

SHUFFLERS GROUP



Name of Group:	Shufflers
Group Leaders:	Sylvia Newlyn and Ian Lakin
Group Leader's contact details:	Sylvia Newlyn 01623 655893 Ian Lakin 07989668272
Venues:	Various – Short and Gentle
Meeting dates and times:	4 th Thursday, monthly, 12.00pm. Variable finish times
Cost of event:	£0.00

What happens:

Mansfield u3a's Shufflers Group holds social meetings for members who have problems that restrict their mobility.

This has enabled members to continue enjoying friendship and outings with likeminded members.

We meet for lunch at various venues that have flat grounds to enable as many as possible to enjoy a short 'shuffle': Rufford Park, Vicar Water and Sutton Lawn have all proved very enjoyable as they have facilities for short walks and somewhere for those less able to walk to enjoy the surroundings and have a natter.

Please have your "in case of emergency card" with you at all times.

SOFT TENNIS GROUP



Name of Group:	Soft Tennis
Group Leaders:	Yvonne and Mick Kennison
Group Leaders' contact details:	01623 481721
Venue:	Oak Tree Leisure Centre
Meeting dates and times:	2 nd Tuesday, monthly 2pm-3pm
Cost:	£10 each for the four months.
Equipment:	Provided. No black soled shoes
Dates for 2022	

Dates for 2023:

June 13
July 11 (subscriptions due)
August 8
September 12
October 10
November 14 (subscriptions due)
No meeting in December

SOLO DINING GROUPS



Mid-Week Evening Solo Dining



Solo Dining Sunday Lunch

Name of Groups:	Solo Dining
Group Leaders:	Sheila Pegg Philip Tucker
Group Leader's contact details for. Mid-Week Evening Solo Dining	Sheila Pegg: Mobile – 07883720657
Group Leader's contact details: Solo Sunday Lunch	Philip Tucker: 01623 437516
Venues:	Various
Meeting dates and times for: Mid-Week Evening Solo Dining	First Thursday in the month for the evening meal.
Meeting dates and times for: Solo Sunday Lunch	Solo Sunday lunch - third Sunday in the month. Times - various.
Cost:	Choose from the menu and we all pay individually.

What happens:

This group enjoys the company of other single people in a friendly atmosphere.

An evening meal is arranged at various dining locations on the first Thursday of the month.

A Sunday lunch has also proved to be popular, generally on the third Sunday of the month.

It is with great regret that due to the large number of diners on our list, we are unable to add any new members at the moment. If the situation changes in the future, you can be assured that we will let you know through this Newsletter. Many thanks to the loyal support of our existing members.

STROLLERS GROUP





Name of Group:	Strollers
Group Leaders:	Susan Howlett, Valerie Hart and Ian Lakin
Group Leader's contact details:	Susan Howlett – 01623 627423 <u>valerie.hart@hotmail.co.uk</u> - 07745 208248 Ian Lakin - 07989 668275
Venues:	Various
Meeting dates and times:	2 nd Wednesday, monthly, 10.30am. Variable finish times
Cost of event:	£0.00

What happens:

Mansfield u3a's Strollers Group do short easy walks of about two miles in length, avoiding stiles and steep hills.

It is a good way to improve your health and to make new friends.

Please have your "in case of emergency card" with you at all times.

At the end of the walk, there is an opportunity to have coffee, tea and refreshments.

TAI CHI GROUP



Name of Group:	Tai Chi
Group Leader:	Lorna Pye
Group Leader's contact details:	Mobile - 07712 029262 01623 636060
Venue:	Bethel Chapel, Nottingham Road
Meeting dates and times:	Monday, weekly, 10.30am-11.30am
Cost:	£30.00 per term
Events:	We do have two spaces at the moment. If anyone would like to come and give it a try.

What happens:

Within our group, you work amongst friends, within your own ability, standing, or sitting if needed, and feeling that you have gently exercised every part of your body (even internal bits that you cannot see).

Ken really understands how our bodies work. Tai Chi, with its calm movements, focuses on deep breathing, and is known to reduce chronic stress and improve health and emotional well-being.

With all these benefits, it comes to u3a members highly recommended.

WINE APPRECIATION GROUP ONE



Name of Group:	Wine Appreciation 1
Group Leader:	Michael Allen
Group Leader's contact details:	michaelallen446@gmail.com 01623 653345 Mobile 07565 936859
Venue:	Members' homes
Meeting dates and times:	3 rd Wednesday, monthly, 7.30pm
Cost:	To be shared
What Happens:	Drink wine/discuss
Future Events:	To be announced
We do have two spaces at the moment. If anyone would like to come and give it a try.	

Please contact Mike Allen on the above contact details.

WINE APPRECIATION GROUP TWO



Name of Group:	Wine Appreciation 2
Group Leader:	Graham Allin
Group Leader's contact details:	01623 473662
Venues:	Members' homes
Meeting dates and times:	4 th Tuesday, monthly, 7.30pm
Cost of event:	To be shared
What have and	

What happens:

Our meetings are essentially to give Mansfield u3a members friendly, relaxed evenings, whilst, at the same time, fostering a desire to know more about good wine.

A number of wines will be tasted.

This group is full.

WRITING FOR PLEASURE GROUP



Name of Group:	Writing for Pleasure	
Group Leaders:	Susan Ford and Hilary Miller	
Group Leader's contact details:	Hilary Miller 01623 620067 Susan Ford 01623 844286	
Venue:	Friends Meeting House Rosemary Street Mansfield	
Meeting dates and times:	NG19 6AB 2 nd Monday, monthly, 2pm-4pm	
Cost of event:	We pay 3 times a year Cost per session = £3.00	
1871		

What happens:

Mansfield u3a members enjoy writing for the pleasure of it - simply that.

Get your ideas and words flowing and share them with others in an entertaining and happy two-hour session.

We write on a variety of subjects including found poetry, free verse, many different story titles and even the odd Limerick.



LEARN

The Summer Solstice from Wikipedia,

The **summer solstice**, also called the **estival solstice** or **midsummer**, occurs when one of **Earth**'s **poles** has its maximum tilt toward the **Sun**. It happens twice yearly, once in each **hemisphere** (**Northern** and **Southern**). For that hemisphere, the summer solstice is the day with the longest **period** of **daylight** and shortest night of the year, when the Sun is at its **highest position** in the sky. Within the **Arctic circle** (for the Northern hemisphere) or **Antarctic circle** (for the Southern), there is **continuous daylight** around the summer solstice. The opposite event is the **winter solstice**.

The summer solstice occurs during summer. [8] This is the <u>June solstice</u> (usually 20 or 21 June) in the Northern hemisphere and the <u>December solstice</u> (usually 21 or 22 December) in the Southern. On the summer solstice, Earth's maximum <u>axial tilt</u> toward the Sun is 23.44°. Likewise, the Sun's declination from the celestial equator is 23.44°.

Since prehistory, the summer solstice has been seen as a significant time of year in many cultures, and has been marked by festivals and rituals. Traditionally, in many <u>temperate</u> regions (especially Europe), the summer solstice is seen as the middle of summer and referred to as "midsummer"; although today in some countries and calendars it is seen as the beginning of summer.

Although the summer solstice is the longest day of the year for that hemisphere, the dates of earliest sunrise and latest sunset vary by a few days. This is because Earth orbits the Sun in an ellipse, and its orbital speed varies slightly during the year.

Although the Sun appears at its highest altitude from the viewpoint of an observer in outer space or a terrestrial observer outside tropical latitudes, the highest altitude occurs on a different day for certain locations in the tropics, specifically those where the Sun is directly overhead (maximum 90 degrees elevation) at the subsolar point. This day occurs twice each year for all locations between the Tropic of Cancer and Tropic of Capricorn because the overhead Sun appears to cross a given latitude once before the day of the solstice and once afterward. For example, Lahaina Noon occurs in May and July in Hawaii. See solstice article. For all observers, the apparent position of the noon Sun is at its most northerly point on the June solstice and most southerly on the December solstice.

Answer to the Riddle

EMPTY



Sent in by: Alan Miller

Teaching Maths, from the 1950s to Today

1. Teaching Maths In 1950...

A logger sells a truckload of timber for £100

His cost of production is 4/5 of the price.

What is his profit? £____

2 Teaching Maths In 1970...

A logger sells a truckload of timber for £100.

His cost of production is 4/5 of the price, or £80.

What is his profit? £____

3 Teaching Maths In 1990...

A logger sells a truckload of timber for £100.

His cost of production is £80.

Did he make a profit? __Yes or __No

4. Teaching Maths In 2000...

A logger sells a truckload of timber for £100.

His cost of production is £80 and his profit is £20.

Your assignment: Underline the number 20.

5. Teaching Maths In 2015...

A logger cuts down a beautiful forest because he is selfish and inconsiderate and cares nothing for the habitat of animals or the preservation of our woodlands.

He does this so he can make a profit of £20.

What do you think of this way of making a living?

Topic for class participation after answering the question: How did the birds and squirrels feel as the logger cut down their homes? What % of minorities and transgenders were employed by the logger?

6. Teaching Maths in 2023...

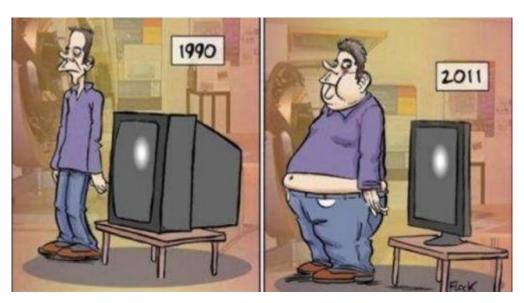
Maths is Racist

Students no longer need any maths skills to go to university.

2+2=4, or 22, or whatever you feel is correct.

There are no wrong answers, feel free to express your feelings e.g. anger, anxiety, inadequacy, helplessness etc.

If these questions upset you, at the end of the exam there are Counsellors available to assist you.



What do we learn from cow, buffaloes & elephants?



It's impossible to reduce weight by eating green grass and salads and walking

People say that drinking milk makes you stronger.

Drink 5 glasses of milk and try to move a wall.

Can't?

Now drink 5 glasses of wine. The wall moves all by itself!



IMPORTANT NOTIFICATIONS:

First of all, here's hoping that everyone is keeping safe and well. If anyone is struggling or needing any help in any way, please don't hesitate to let me or any of the Committee know. We will do our best to help in any way we can. (Businesssec.mansfieldu3a@gmail.com)

Subscription costs for current members for 2022/2023 is £16.00. £18.00 for new members and £12.00 for Associate Members.

Cheques payable to Mansfield and District u3a

The Membership Renewal Form can be downloaded from the website or will be available from the Treasurer at the monthly meetings.

Please note: All current members must complete all sections of the Membership Renewal Form to comply with Data Protection laws when paying their subscriptions. Thank you.

Online Banking is now available to members to pay their subscriptions online. As publishing details for this facility has compromised its security, members are asked to apply to the Treasurer. treasurer.mansfieldu3a@gmail.com

Events and visit payments

Members are reminded that deposits and payments for events and visits organised by Mansfield u3a and its interest groups are non-refundable, but places may be offered to others.

Please note: if you go on a trip/visit organised by a company, cheques for the event must be made out to the company, not Mansfield u3a.

Changes of Address, etc. Please contact the Membership Secretary, Jean Hatton on (0793 5707582) or membership.u3amansfield@gmail.com if you've changed your address, phone number or email recently so that she can update our records.

If you have any health issues that you think may affect your participation in, or enjoyment of, the activities of Mansfield & District u3a, you might wish to disclose them voluntarily to the Group Leaders of the groups you join, should it be helpful to do so.

Please have your "in case of emergency card" with you at all times.

(If you do not have one of these cards, then please ask Jean Hatton, Membership Secretary, when you sign in at your next members' meeting).

Mansfield u3a may take photographs of members engaged in u3a activities for the Newsletter and Website.

Should you not wish to be included in any photographs, please inform the photographer as otherwise we will assume your consent has been given. You may change your data consent at any time by contacting the Business Secretary (businesssec.mansfieldu3a@gmail.com).

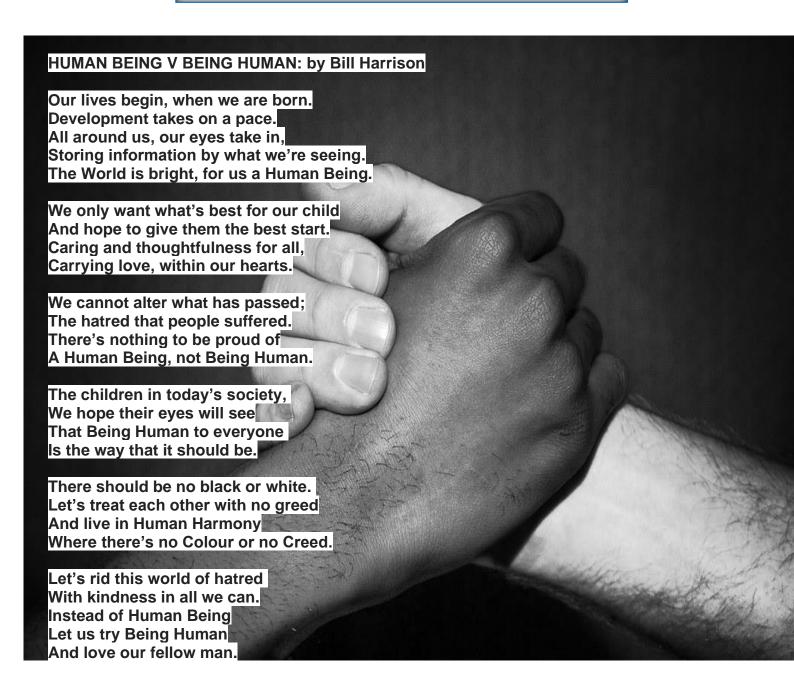
Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Mansfield & District u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to newsletter.editoru3a@gmail.com or by hand to Bill Harrison as soon as you can and by the 28th of the month at the latest.

Newsletter Editor: Bill Harrison: 01623 462188 / 07849 966962

CLOSING THOUGHTS



Website: www.u3asites. org.uk/mansfield/home Flickr: www.flickr.com/photos/mu3a2016

Facebook: www.facebook.com/groups/349190408987691/

The Third Age Trust Registered Charity No. 116417