



NEWSLETTER

JULY 2023



Words from the Chair: Yvonne Kennison

You don't need me to tell you how quickly we are moving through 2023, and my time as your chairman is soon to be coming to an end. I have been thinking about what I will say in my closing report to you next month, as I consider what to say each month in this little piece of prose for the newsletter. I don't think it is too soon to say that it has been a privilege, and I don't know if it is the right term to use, but I will say a privilege to "serve you" in this role.

I feel guilty that I won't be at the July meeting.

This will be only the second time I have missed a meeting during my time in the chair, but, as we all say, family comes first. Our son, as many of you know, has been through a tough few years in his personal life and we are grateful that he still likes to spend a few days away with us after his stint working hard at Wimbledon each year. It is just unfortunate that the tournament finishes two days before our meeting this year, so I hope you will forgive me for choosing to spend time with him.



We are all so lucky to have a great committee and Kathryn has kindly stepped up to fill in for me and I know she will do a great job. In fact, we have a strong committee and an even stronger one going forward into 2023/2024, so I shall be leaving our great charity in strong and capable hands, which leaves me in a happy place.

Stay safe everyone and I will see you at the August 15 Membership Renewal Day at St Philip Neri's Church Hall, Chesterfield Road South at 1.30 pm.

Many thanks

Yvonne

Words from the Editor: Bill Harrison

Hi, and welcome to the July edition of the Mansfield u3a Newsletter.

And so, the longest day has come and gone in the blink of an eye. The weather has been very kind to us, with plenty of sunshine and the occasional shower, to keep the gardens topped up.

Our cover photograph depicts the iconic Spitfire, on its maiden landing at the Mansfield Armed Forces Day in the town marketplace. A very hot day, which bought the crowds flocking into the centre. This was very well supported by the town's folk.
For details on the Spitfire, see the Learn section page 46.

I'm sure our last meeting brought home the struggles for women in a male dominated workplace.

Wendy Davenport, a retired female police officer, discussing her career, and the trials and tribulation encountered along the way.

A very interesting talk, by a very courageous lady.



Well once again, those that wanted to go potty, did so at their recent vacation to Potters. Yet another excellent time away for our u3a members. See report and pictures.

The Gardening Group have once again excelled, with a visit to Highgrove, many thanks to Marilyn Dibble for organising.

I'm sure those who are booked onto the river cruise, will be looking forward to a fantastic time. Yet another great line-up of forthcoming events, please make sure you don't miss out.

In this issue:

Pages 2 - 3	Words from the Chair/Editor
Page 4	Social Committee News
Page 5	Meeting Dates/Speakers
Pages 6- 12	u3a Group News
Pages 13- 45	Group Leaders and their Groups
Pages 46- 48	Learn, Laugh, Live
Page 49	Important Information
Page 50	Closing Thoughts



Social Committee News 2023

Please support the events the Social Committee are planning, as we have really tried to respond to your requests on the recent survey.

THE PRINCESS RIVER CRUISE - Wednesday 12 July 2023

Could you please let the Social Committee know as soon as possible where you'd like to be picked up from.

The Forest Town Arena – 4.30pm

Stags Ground – 4.30pm

Please note there are two Redfern coaches going to Colwick.

MEMBERS' DAY – 15 August 2023 1.30 – 4.30pm

A day to pay your membership, see old friends and make new ones. There will be refreshments, a Beadwork stall, a Hand-Made Cards stall, a Cake stall, and a Crafty Stitch stall. If any group or person would like a stall, please ask the Social Committee

LUNCH TIME QUIZ - Friday 13 October 2023

The Kevin Bird Suite, One Call Stadium, Quarry Lane, Mansfield, NG18 5DA from 1.00pm. Lasagne and salad. Tickets £15 available from the Social Committee on Tuesday 18 July at the Members Meeting. There will be prizes for the winning quiz team and a raffle.

HALLOWEEN PARTY and PIE & PEA SUPPER - Friday 27 October 2023

This is a joint party with Dukeries u3a and Forest Town u3a at Clipstone Social Welfare Club. The Moonshiners, an excellent band, will be providing toe tapping music to dance to. You do not have to wear Fancy Dress but there will be prizes for the best costumes. Tickets £10 are available on Tuesday 18 July at the Main meeting.

CHRISTMAS LUNCH - Tuesday 12 December 2023

The Hostess Restaurant, Sookholme Road, NG19 8LL

12.00pm – 3 course lunch + coffee and mince pies

Non-refundable deposits of £10 payable to the Social Committee on Tuesday 18 July at the Main meeting.

Please note places are filling up very quickly and we only have one place remaining.

MEETING DATES/SPEAKERS 2023

Month	Members' Meetings Held in the 1861 Suite, Mansfield Town Football Club, One Call Stadium, Quarry Lane, Mansfield, NG18 5DA commencing at 10.00am
July	Tuesday 18 Ellie Devereux – 'Use of herbs in Medicine'
August	Membership Renewal Day 15 August 1.30 - 4.30pm St Philip Neri's Church Hall
September	Tuesday 19 Annual General Meeting Geoff Harris – 'Stories of London not heard before'
October	Tuesday 17 Catherine McAteer – 'From Russia with Love'
November	Tuesday 21 'Co-op legal issues'
December	CHRISTMAS LUNCH Tuesday 12 December The Hostess Restaurant, <u>Sookholme, NG19 8LL</u> 12.00pm – 3 course lunch + coffee and mince pies Non-refundable deposits of £10 payable to the Social Committee on Tuesday 18 July at the Main meeting.

The following message was sent via the Mansfield & District u3a Web Site. It was addressed to: Secretary.

Hi there,

I work for a production company that is currently in charge of organising G4 and their 2023 Christmas tour. G4 is a classical/cross-over harmony quartet group that rose to fame after winning the first X-factor.

As we have had a lot of bookings from u3a members in the past, we would like to offer the u3a a 10% discount using code U3A2023 should you wish to come to one of our shows.

They will be coming to Southwell Minster on the 28 November as part of the aforementioned tour, so if any of your members may be interested in the offer or would simply like to have some more information please do get in contact at Production@amickproductions.co.uk

Solo Dining: Sheila Pegg

The Solo Diners had two enjoyable outings in June - an evening at The Young Vanish, Glapwell - a new venue for us and we returned to one of our favourite places - The Redgate, for our Sunday lunch.

Philip Tucker, has taken over the Sunday Solo Dining Lunch. Please see Solo Dining Group Grid for contact details.

Many thanks to the loyal support of our existing members.

Bridge Group: Sheila Pegg

June saw our numbers somewhat depleted; a mixture of hip replacements, broken wrists, a holiday and a football match were among the reasons we only had four and five people to our sessions but we still managed to have some good games and enjoyable evenings.

Get well soon; we look forward to you returning.

Our next dates are 3 July and 17 July.

Please contact me if you are interested in joining us.

Soft Tennis Group: Yvonne and Mick Kennison

Hi everyone

Hope you are in good spirits and keeping well. Just a gentle reminder that subs for the soft tennis will be due at our July meeting on Tuesday July 11 - £10 please.

Please note that there will be no meeting in August as the Oak Tree Leisure Centre want the room for the children during the school holidays.

The following will be the dates you are paying for:

12 September
10 October
14 November
9 January

The December date would coincide with the Christmas Lunch.

Many thanks Yvonne

Sent in by Janet Whitlam



(Picture courtesy of St Peters Church)

Organ concert

In January, February, March, April, May, June, July, September, October, November on the last Friday of the month at 12.00noon for 45 mins

Venue: Mansfield: St Peter & St Paul

Address: Church Side Mansfield Nottingham, NG18 1AP

Our organist, John Marriott, will play a selection of music on our wonderful church organ.

We meet at noon for a warm drink and cake before John plays a variety of musical pieces.

The event will finish between 12.45 and 1.00pm, depending upon the music choices.

This is a free event; however, donations are gratefully accepted for refreshments.

This is an open invitation event; tickets/booking are not required.

This is a monthly event but has a break in August and December.

Holiday to Potters June 2023 report and collage, sent in by Gordon Howlett

The recent holiday to Potters Resort at Hopton on Sea was very successful. The weather was unbelievably good for the whole period. Every day was sunny and warm.

It is difficult to accept that you can have a holiday in this country without needing a coat. We only needed an extra layer in the dining room because of the air conditioning.

The site is next to the sea so if you go to the cliff edge there is a lovely sea breeze. It certainly was a chance to switch off, make new friends and memories and try new things.

There are so many things to do that it is possible to be busy all day, or you can choose to be lazy.

There are quiet activities like quilling and crafts. The range of sports available is amazing. You can participate or just watch bowling, archery, rifle shooting, table tennis, tennis, golf, putting, pickle ball, various types of dancing and many others. There are both serious and silly quizzes to take part in.

The evenings start with bingo, which was very popular for many and there were several winners amongst us. This is followed by singers and dancing, followed by a fantastic show by the resident theatre company and live band. The day ends with further music if you have any energy left.

There are three full meals a day plus a late supper should you feel the need for even more food. It is an all-inclusive resort.

It is easy to travel by bus to Yarmouth and Lowestoft and a few of our group did so, but most of us were happy to stay on site and enjoy the facilities and the lovely weather.

Our thanks go to Denise, from Sherwood u3a, for arranging the holiday. Her organisation and administration are excellent. Look out for next year's visit.

Photographic Collage, composed by Gordon Howlett.



u3a visit Potters Resort with Denise 2023



Relaxing near beach

- < Was she a winner with her winner's bag?
- > He convinced many he was the welly wanging winner - he did put all of them in the box.
- > He clawed a Dumbo and gave it away.
- < She only wanted to know what Pickle ball was but found herself playing it.



< Four meals a day can be very tiring.

A relaxing time was had by all. >



Potters Resort: Denise Whitsed Sherwood u3a

20 November 2023

Monday to Friday

We are taking a group to Potters Christmas Extravaganza, as previously arranged
It is now fully inclusive of everything.

Every break is unashamedly full board which means four meals on each full day, each offering a wide selection to suit every appetite.

Kickstart your day the right way with a delicious **breakfast**, from a traditional and hearty full English, to a choice of cereal, yoghurts and pastries. For your tasty **3-course lunch** you can choose from a range of hot dishes, salads and desserts. And in the evenings, enjoy a sumptuous **3-course dinner** in readiness for the night ahead, including a delicious variety of starters, mains and desserts to satisfy even the healthiest of appetites. Plus, enjoy a **late night snack** before you either retreat for the evening, or continue your night in style.

Our chefs cater for most dietary requirements, so please feel free to discuss this with our friendly team at time of booking.



Two different accommodations of bungalow plus and hotel.

Depending on numbers we will get at least £60 discount plus 2 free places to be shared, so we can choose our rooms. We hire a separate bus with Skills Travel.

At the moment, I have only been given twins and double rooms in both hotel and bungalows.

Please email Denise deewhits@aol.com or telephone 07791941502 (Mon to Fri 9.00 to 16.00)

Many thanks
Denise

West Sussex Holiday: Denise Whitsed Sherwood u3a

West Sussex Holiday 18th September to 22nd September

Half Board – Avisford Park Hotel, Arundel

£415 for National Trust Members - £489 for Non NT Members

Monday

8am Pick up at Forest Town Arena.

Travel to Petworth House and Gardens (NT) and hotel



Inspired by Baroque palaces of Europe, set amidst a fine landscaped deer park and garden nestled in the South Downs, Petworth House displays one of the finest art collections in the care of the National Trust. // Petworth House is an extraordinary and surprising place created by just one family over 900 years.

Tuesday

Standon House and Gardens (NT) and Brighton



Wednesday

Arundel Castle (House and Gardens only entrance included) and Bognor Regis



Thursday

9am Travel to Uppark House and Gardens (NT) and Winchester



Friday

Nymans (NT) and home **BOOKING OPENS IN JANUARY - £50 DEPOSIT - SKILLS**

Please email Denise deewhits@aol.com or tele 07791941502 (Mon to Fri 9.00 to 16.00)

Many thanks
Denise

Wentworth Woodhouse

Wednesday 26th July: Cost £18 with cheques made payable to Sherwood u3a

Pick up Morrisons 9.00am, Iceland 9.15am. Depart venue at 4.00pm

Wentworth Woodhouse has played host to a wide variety of filming including Oscar winning feature films such as Darkest Hour, worldwide hit TV series including ITV's Victoria and BBC's Gentleman Jack, Jonathan Strange & Mr Norrell, Charles III, Billionaire Boy, music videos and stunning fashion photography shoots.



The only way to LEARN, LAUGH, LIVE, is to get involved in the following groups.

Key to Meetings details:

The tables on the following pages show the Interest Groups. Please check the Mansfield u3a website for up-to-date information of your group/groups.

Some outdoor activities will be indicated by various meetings/meeting places.

Meeting places: various Groups will be meeting as indicated in the meetings column; please check with your Group Leaders or u3a website if any amendments have been made.

Group Leaders' names and contact details: please make a note of the contact details for your chosen Group.

Could all Group Leaders please inform the Newsletter Editor of any alterations.

July 2023

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August 2023

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

printcal.net

AFTERNOON TEAS GROUP



Name of Group:	Afternoon Teas
Group Leader:	Sheila Whalley
Group Leader's contact details:	01623 453908
Venue:	Various
Meeting dates and times:	2nd Saturday monthly 2pm–4pm
Cost of event:	Costs vary
What happens: The Mansfield u3a Afternoon Teas Group meets on the second Saturday of every month (usually) at pubs, garden centres and other places of interest locally. The aim is to develop friendships informally, while exploring new venues and sometimes indulging in some retail therapy. However, I do sometimes have to change the dates, so keep looking.	

ANTIQUES AND COLLECTABLES GROUP



Name of Group:	Antiques and Collectables
Group Leader:	Patricia Blackwell
Group Leader's contact details:	01623 481745
Venue:	St Peter's Centre Mansfield
Meeting dates and times:	2nd Tuesday monthly, 10am-12noon
Cost of event:	£0.00
What happens: The Group meets once a month and there is a different topic each time. Members bring along an item relating to the subject. It is helpful if they have done some research on the item and can tell the rest of the Group about it. In that way we all learn and expand our knowledge. If you haven't got anything that month it doesn't matter because you will learn from what others have brought. Group full, with a waiting list.	

BEADWORK GROUP



Name of Group:	Beadwork
Group Leader:	Marilyn Jones
Group Leader's contact details:	Marilyn.jones1947@gmail.com Landline: 01773 819155 Mobile: 07803 244841
Venues:	Group Leader's home in Hilcote
Meeting dates and times:	Every Wednesday 10am-12noon. There is also an overflow group every Monday at the same time.
What happens: Often, we are all working on a single project, or at times, members may be making different items.	
Equipment: Members can source their own materials singly, collectively, or can buy from Marilyn from her stock, if available, at cost.	
The Wednesday group is currently full.	

BIRDWATCHING AND WILDLIFE GROUP



Name of Group:	Birdwatching and Wildlife
Group Leaders:	Val Hart and Ken White
Group Leaders' contact details:	ken@atrain.org.uk - 07973 315050 valerie.hart@hotmail.co.uk - 07745 208248
Venues:	Various
Meeting dates and times:	Various
Cost of event:	Free but cost for transport if required and any entry charges
What happens: Visits to various places of interest in Nottinghamshire, Derbyshire, Yorkshire and Lincolnshire. Plus, occasional overseas visits.	
Equipment: Members should bring their own first aid kits. Suitable footwear and clothing to be worn Food and drink for picnics as required Bring binoculars or telescopes if required Please have your "in case of emergency card" with you at all times.	

BOWLS GROUP



Name of Group:	Bowls
Group Leader:	Paul Sanderson
Group Leader's contact details:	07592016691 paulsanderson168@gmail.com
Venues:	Mansfield Bowling Club (Summer) Lammas Centre Sutton (Winter)
Meeting dates and times:	<p>The outdoor bowls coaching starts on Tuesday, 2nd May at 12.15-1.45pm.</p> <p>This will take place every week for 5 weeks. The last session will be held on 30th of May. Every session will be organised by DBS checked, registered coaches.</p> <p>These sessions will be held at Mansfield Bowling Club, Chesterfield Road, Mansfield.</p> <p>If anyone requires any further information, please contact Paul on the above number.</p>
Cost of event:	The cost will be £2 per session
Equipment:	Flat soled shoes without tread must be worn whilst on the green. All other equipment will be provided.

BRIDGE GROUP



Name of Group:	Bridge
Group Leader:	Sheila Pegg
Group Leader's contact details:	07883720657
Venue:	The Rushley, Nottingham Road, Mansfield
Meeting dates and times:	1st & 3rd Mondays Time 6.30pm-9pm Our next dates will be 5 June and 19 June.
Cost of event:	No fee charged by venue- we just buy a drink (or two!)
What happens: Just turn up. We can sort out a partner if you turn up alone. We are a friendly group, playing for fun. Equipment: Provided	

CALLIGRAPHY GROUP



Name of Group:	Calligraphy
Group Leader:	Marilyn Jones
Group Leader's contact details:	Marilyn.jones1947@gmail.com Landline: 01773 819155 Mobile: 07803 244841
Venue:	Leader's home in Hilcote
Meeting dates and times:	2nd and 4th Wednesday in the month from 1pm- 3pm. Three spaces available.
What happens:	This is a course led by Marilyn (Group Leader), using video tuition and lots of practice.
Equipment:	Members will need to source their own pens and paper, although these will be provided at the beginning until they know what they need.

CARD CRAFTING GROUP



Name of Group:	Card Crafting
Group Leader:	Jill West
Group Leader's contact details:	07554012769 jwpttls@hotmail.co.uk
Venue:	Quaker Room 124 Rosemary Street NG18 1RB
Meeting dates and times:	Last Tuesday, monthly. Future dates for 2023 are: June 20 1.30pm – 3pm July 25 1pm – 3pm
Cost of event:	Due to room hire and materials, sessions will cost £5, including free tea and coffee.
<p>What happens: Ideal for beginners to moderate level, but everyone welcome. All materials will be provided.</p> <p>Look forward to seeing everyone and making some excellent card projects. At the moment the group is full; however, I would happily place anyone new that is interested on a list.</p> <p>Please contact Jill 07554012769 if you are interested or unable to attend so we can offer the place on that date to others.</p>	

CLASSICAL MUSIC GROUP



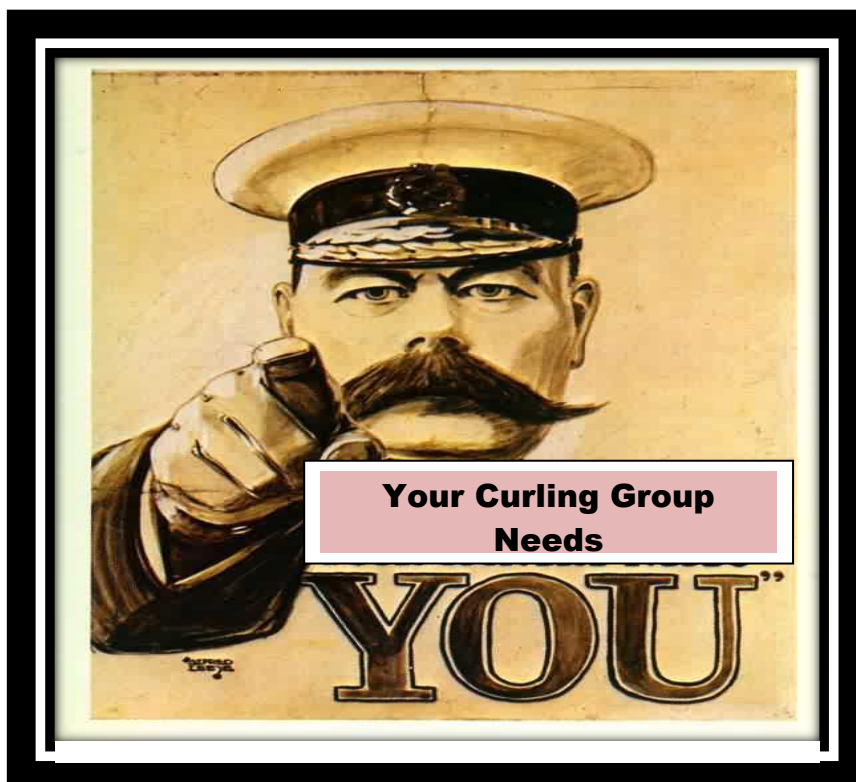
Name of Group:	Classical Music
Group Leader:	Michael Allen
Group Leader's contact details:	michaelallen446@gmail.com 01623 653345 Mobile 07565 936859
Venue:	Group Leader's home
Meeting dates and times:	4th Monday, monthly, 2pm-4pm
Cost:	£0.00
What happens:	Play music / discuss
Future Events:	Nothing as yet

CRAFTY CHAT



Name of Group:	Crafty Chat
Group Leaders:	Stephen or Stella Hall
Group Leaders' contact details:	07940460250 hall.s@hotmail.co.uk
Venue:	Quaker Room 124 Rosemary Street NG18 1RB
Meeting dates and times:	This Group will be run during term time only, on the 3 rd Monday in the afternoon. 2pm-4pm Any new members will be more than welcome.
Cost:	There will be a charge of £12.00 a term to cover the cost of the room and refreshments.
Equipment:	No equipment required

CURLING GROUP



Name of Group:	Indoor Curling
Group Leader:	To be announced
Group Leaders' contact details:	To be announced
Venue:	To be announced
Meeting dates and times:	To be announced
Cost:	To be announced
Equipment:	To be announced

CURRENT AFFAIRS GROUP



Name of Group:	Current Affairs
Group Leader:	Graham Headworth
Group Leader's contact details:	01623 468883
Venues:	Mansfield Bowling Club Chesterfield Road South. NG19 7AP
Meeting dates and times:	The Current Affairs Group will meet between 10am and 12noon on the first Friday of the month.
What happens: We have some very interesting discussions which can be quite lively, especially when we are discussing Westminster matters. But we are always friendly. If any member of Mansfield u3a would like to join us on this occasion you will be welcome, but we will be restricting it to 15 guests. Please contact me on the above number for availability.	

FAMILY HISTORY GROUP



Name of Group:	Family History
Group Leaders:	Valerie Wood and Ken Gilbert
Group Leader's contact details:	Valerie Wood at v.a.l.woody11@gmail.com Ken Gilbert at kattaria@gmail.com
Venues:	Members' homes
Meeting dates and times:	4 th Tuesday, monthly, 10am-12noon No meetings during August & December
What happens: Valerie Wood and Ken Gilbert are the Group Leaders for Mansfield u3a Family History. The group enjoys researching family histories and welcomes new members with similar interests. Members share their family history research, photographs, maps and artefacts. We will also guide members to which websites to use to do their research. Our Group's usual meetings are held at 10.00am on the 4th Tuesday of the month. Our meetings take place at a member's home. If you would like to join our Group, please contact Valerie Wood or Ken Gilbert on the above emails.	

GARDENING AND GARDEN VISITS GROUP



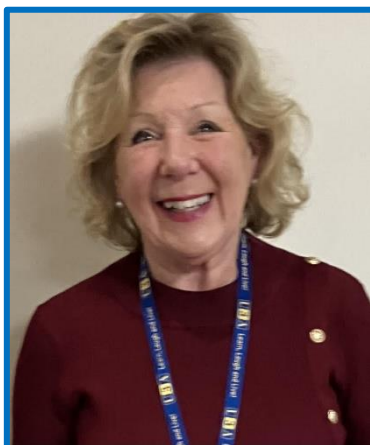
Name of Group:	Gardening and Garden Visits
Group Leader:	Marilyn Dibble
Group Leader's contact details:	01623 634805 dandmdibble@gmail.com
Venue:	St Peter's Centre Mansfield NG18 1AP
Meeting dates and times:	1st Tuesday, monthly, 10am-12noon Visits – various The speaker next month is Jonathan Gant with a talk on Sweet Peas.
Cost of event:	For those who would like to be a Garden Group member. Members pay £16.00 twice a year. Guests most welcome at £5.00 per session. Cash or cheque (cheque to Mansfield u3a)
What happens: We have a wide variety of guest speakers covering a broad selection of horticultural topics. In the summer we have an organised group visit to an outstanding garden. There is a charge for the monthly meetings, refreshments are included.	

HISTORY GROUP



Name of Group:	History
Group Leader:	Philp Tucker
Group Leader's contact details:	01623 437516
Venue:	Mansfield Bowling Club Chesterfield Road South. NG19 7AP
Meeting dates and times:	3rd Wednesday, monthly, 10am-12noon
Cost:	£2.00 per head
What happens: I look forward to hearing suggestions for interesting presentations coming through from Group members. Presentations which have some quirky appeals are especially welcome. If you have a particular passion for some historical event, by all means bring it forward. At our friendly meetings, we have tea or coffee and sometimes homemade cakes. We have presentations and discussions from members. Funds permitting, we may have the opportunity to hire an external speaker at least once during the coming year.	

MINI BREAKS GROUP



Name of Group:	Mini Breaks
Group Leader:	Jacqui Hampshire
Group Leader's contact details:	01623 239210 jhampshire09@talktalk.net
Venues:	Various
Meeting dates and times:	See table at the meetings
What happens: A group formed to organise mini-breaks for u3a members throughout the year. Please contact Jacqui Hampshire for more details.	

CLASSIC MOTORING GROUP



Name of Group:	Classic Motoring Group
Group Leaders:	Trevor Kirby
Group Leader's contact details:	Mobile: 07922 120729 Email: trevorandbarbara@hotmail.com
Venues:	The Rushley, Nottingham Road, Mansfield
Cost of event:	£0
Meeting dates and times:	1st Tuesday monthly 2.pm-3.pm
What happens: Members meet monthly to share knowledge of all things motoring. To discuss future visits of Classic Motoring	

PATHFINDERS WALKING GROUP



Name of Group:	Pathfinders Walking
Group Leaders:	Valerie Hart and Ken White
Group Leader's contact details:	ken@atrain.org.uk – mobile - 07973 315050 valerie.hart@hotmail.co.uk – mobile - 07745 208248
Venues:	Various
Meeting dates and times:	Various
Cost of event:	Free, but cost of transport if required and any entry
What happens: Shorter walks of 3-5 miles Longer walks of 5-7 miles	
Equipment: Members should bring their own first aid kits and emergency contact cards at all times. Suitable footwear and clothing to be worn. Food and drinks for picnics as required.	
Future Events: Please visit the website or contact Valerie or Ken on the above numbers for details. Please have your “in case of emergency card” with you at all times.	

PHOTOSHOP GROUP



Name of Group:	Photoshop
Group Leaders:	Gordon Howlett
Group Leader's contact details:	g.howlett@ntlworld.com
Venues:	Group Leader's Home
Cost of event:	£0
Meeting dates and times:	3 rd Thursday monthly 10am-12noon
What happens: Members meet monthly to share information and knowledge about image manipulation, based on, but not exclusive to Adobe Photoshop. The programme will reflect the on-going needs or challenges mentioned by members. This enables them to develop their skills and encourage others. Two hours when you can aside time to enhance your skills and, of course, have a chat.	

POPULAR MUSIC GROUP



Name of Group:	Popular Music Appreciation
Group Leader:	Elizabeth Ellis
Group Leader's contact details:	01623 644429
Venue:	Members' homes
Meeting dates and times:	4th Tuesday, monthly, 2pm-4pm
Cost:	£0
What happens: The Group has been running successfully for nine years. We meet on the 4th Tuesday of each month. We now meet at Members' Homes from 2.00pm till 4.00pm, except in March when we have lunch and a music quiz at the Carnarvon Arms, Teversal. We do not meet in December, but we have our Christmas fuddle at the November meeting. The Popular Music Group welcomes new members who have a wide interest in all types of music. Do join us or contact Elizabeth Ellis on the above number for more information.	

READ A LITTLE LOUD GROUP



Name of Group:	Read a Little Aloud
Group Leader:	Susan Howlett
Group Leader's contact details:	01623 627423
Venues:	Members' homes
Meeting dates and times:	2nd Friday, monthly, 2pm-4pm
Cost:	£0.00
What happens: We read extracts from books, poems etc and then discuss. This group provides an opportunity for members to sample a variety of extracts from novels, biographies or non-fiction books. Copies are provided which have been marked in sections so that each person reads aloud about two paragraphs each. The topics involved might be: Friendship, Love and Marriage, Indiscretion, etc. The idea is to prompt discussion afterwards about our reactions to the subject; we don't delve into criticism or style of the writing. We always fly off on a tangent and relate our own anecdotes on the theme, and it's surprising where it leads us! It is not necessary for all members to read aloud if they prefer just to listen. This Group is currently full.	

READING GROUP 1



Name of Group:	Reading Group 1
Group Leader:	Peter Dawson
Group Leader's contact details:	01623 882191
Venues:	Peter Dawson's home or members' homes
Meeting dates and times:	3rd Thursday, monthly, 2pm-4pm
Cost:	£0.00
What happens: We meet once a month on the third Thursday, usually in Farnsfield, but sometimes at other members' homes. At our friendly meetings, we have tea or coffee and then we discuss the book we have read the previous month; we are then given the book we will read in time for the next meeting.	

READING GROUP 2



Name of Group:	Reading Group 2
Group Leader:	Mick Kennison
Group Leader's contact details:	01623 481721
Venue:	Sylvia Slack's home
Meeting dates and times:	3rd Tuesday, Monthly, 2pm-4pm
Cost:	£0.00
What happens: The Mansfield u3a group members are supplied with the same book to read. We then meet for discussion.	

SCRABBLE



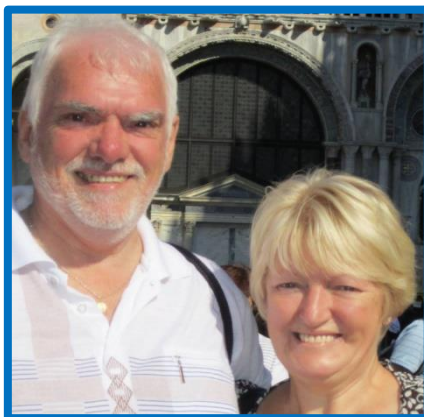
Name of Group:	Scrabble
Group Leader:	Lynne Payne
Group Leader's contact details:	Mobile - 07954463384 Home – 01623 555738
Venue:	Lynne's home
Meeting dates and times:	2nd Monday, monthly, 2pm-4pm
Cost:	£0.00
What happens: We meet at my house on the second Monday of the month, where we enjoy 2/3 games of Scrabble with a break for coffee/tea and biscuits.	

SHUFFLERS GROUP



Name of Group:	Shufflers
Group Leaders:	Sylvia Newlyn and Ian Lakin
Group Leader's contact details:	Sylvia Newlyn 01623 655893 Ian Lakin 07989668272
Venues:	Various – Short and Gentle
Meeting dates and times:	4th Thursday, monthly, 12.00pm. Variable finish times
Cost of event:	£0.00
What happens: Mansfield u3a's Shufflers Group holds social meetings for members who have problems that restrict their mobility. This has enabled members to continue enjoying friendship and outings with like-minded members. We meet for lunch at various venues that have flat grounds to enable as many as possible to enjoy a short 'shuffle': Rufford Park, Vicar Water and Sutton Lawn have all proved very enjoyable as they have facilities for short walks and somewhere for those less able to walk to enjoy the surroundings and have a natter. Please have your "in case of emergency card" with you at all times.	

SOFT TENNIS GROUP



Name of Group:	Soft Tennis
Group Leaders:	Yvonne and Mick Kennison
Group Leaders' contact details:	01623 481721
Venue:	Oak Tree Leisure Centre
Meeting dates and times:	2nd Tuesday, monthly 2pm-3pm
Cost:	£10 each for the four months.
Equipment:	Provided. No black soled shoes
Dates for 2023: July 11 (subscriptions due) August 8 September 12 October 10 November 14 (subscriptions due) No meeting in December	

SOLO DINING GROUPS



Mid-Week Evening Solo Dining



Solo Dining Sunday Lunch

Name of Groups:	Solo Dining
Group Leaders:	Sheila Pegg Philip Tucker
Group Leader's contact details for: Mid-Week Evening Solo Dining	Sheila Pegg: Mobile – 07883720657
Group Leader's contact details: Solo Sunday Lunch	Philip Tucker: 01623 437516
Venues:	Various
Meeting dates and times for: Mid-Week Evening Solo Dining	First Thursday in the month for the evening meal.
Meeting dates and times for: Solo Sunday Lunch	Solo Sunday lunch - third Sunday in the month. Times - various.
Cost:	Choose from the menu and we all pay individually.
<p>What happens:</p> <p>This group enjoys the company of other single people in a friendly atmosphere.</p> <p>An evening meal is arranged at various dining locations on the first Thursday of the month.</p> <p>A Sunday lunch has also proved to be popular, generally on the third Sunday of the month.</p> <p>It is with great regret that due to the large number of diners on our list, we are unable to add any new members at the moment. If the situation changes in the future, you can be assured that we will let you know through this Newsletter. Many thanks to the loyal support of our existing members.</p>	

STROLLERS GROUP



Name of Group:	Strollers
Group Leaders:	Susan Howlett, Valerie Hart and Ian Lakin
Group Leader's contact details:	Susan Howlett – 01623 627423 valerie.hart@hotmail.co.uk - 07745 208248 Ian Lakin - 07989 668275
Venues:	Various
Meeting dates and times:	2nd Wednesday, monthly, 10.30am. Variable finish times
Cost of event:	£0.00
What happens: Mansfield u3a's Strollers Group do short easy walks of about two miles in length, avoiding stiles and steep hills. It is a good way to improve your health and to make new friends. Please have your “in case of emergency card” with you at all times. At the end of the walk, there is an opportunity to have coffee, tea and refreshments.	

TAI CHI GROUP



Name of Group:	Tai Chi
Group Leader:	Lorna Pye
Group Leader's contact details:	Mobile – 07712 029262 01623 636060
Venue:	Bethel Chapel, Nottingham Road
Meeting dates and times:	Monday, weekly, 10.30am-11.30am
Cost:	£30.00 per term
Events:	We do have two spaces at the moment. If anyone would like to come and give it a try.
What happens: Within our group, you work amongst friends, within your own ability, standing, or sitting if needed, and feeling that you have gently exercised every part of your body (even internal bits that you cannot see). Ken really understands how our bodies work. Tai Chi, with its calm movements, focuses on deep breathing, and is known to reduce chronic stress and improve health and emotional well-being. With all these benefits, it comes to u3a members highly recommended.	

WINE APPRECIATION GROUP ONE



Name of Group:	Wine Appreciation 1
Group Leader:	Michael Allen
Group Leader's contact details:	michaelallen446@gmail.com 01623 653345 Mobile 07565 936859
Venue:	Members' homes
Meeting dates and times:	3 rd Wednesday, monthly, 7.30pm
Cost:	To be shared
What Happens:	Drink wine/discuss
Future Events:	To be announced
We do have two spaces at the moment. If anyone would like to come and give it a try. Please contact Mike Allen on the above contact details.	

WINE APPRECIATION GROUP TWO



Name of Group:	Wine Appreciation 2
Group Leader:	Graham Allin
Group Leader's contact details:	01623 473662
Venues:	Members' homes
Meeting dates and times:	4th Tuesday, monthly, 7.30pm
Cost of event:	To be shared
What happens: Our meetings are essentially to give Mansfield u3a members friendly, relaxed evenings, whilst, at the same time, fostering a desire to know more about good wine. A number of wines will be tasted. This group is full.	

WRITING FOR PLEASURE GROUP



Name of Group:	Writing for Pleasure
Group Leaders:	Susan Ford and Hilary Miller
Group Leader's contact details:	Hilary Miller 01623 620067 Susan Ford 01623 844286
Venue:	Friends Meeting House Rosemary Street Mansfield NG19 6AB
Meeting dates and times:	2nd Monday, monthly, 2pm-4pm
Cost of event:	We pay 3 times a year Cost per session = £3.00
What happens: Mansfield u3a members enjoy writing for the pleasure of it – simply that. Get your ideas and words flowing and share them with others in an entertaining and happy two-hour session. We write on a variety of subjects including found poetry, free verse, many different story titles and even the odd Limerick.	

The Iconic Spitfire (taken from Wikipedia)

The Supermarine Spitfire is a British single-seat fighter aircraft used by the Royal Air Force and other Allied countries before, during, and after World War II. Many variants of the Spitfire were built, from the Mk 1 to the Rolls-Royce Griffon-engine Mk 24 using several wing configurations and guns. It was the only British fighter produced continuously throughout the war. The Spitfire remains popular among enthusiasts; around 70 remain airworthy, and many more are static exhibits in aviation museums throughout the world.

The Spitfire was designed as a short-range, high-performance interceptor aircraft by R. J. Mitchell, chief designer at Supermarine Aviation Works, which operated as a subsidiary of Vickers-Armstrong from 1928. Mitchell developed the Spitfire's distinctive elliptical wing (designed by Beverley Shenstone) with innovative sunken rivets to have the thinnest possible cross-section, achieving a potential top speed greater than that of several contemporary fighter aircraft, including the Hawker Hurricane. Mitchell continued to refine the design until his death in 1937, whereupon his colleague Joseph Smith took over as chief designer, overseeing the Spitfire's development through many variants.

During the Battle of Britain (July–October 1940), the public perceived the Spitfire to be the main RAF fighter; however, the more numerous Hurricane shouldered more of the burden of resisting the Luftwaffe. Nevertheless, the Spitfire was a better fighter aircraft than the Hurricane. Spitfire units had a lower attrition rate and a higher victory-to-loss ratio than those flying Hurricanes, probably because of the Spitfire's higher performance metrics. During the battle, Spitfires generally engaged Luftwaffe fighters—mainly Messerschmitt Bf 109E-series aircraft, which were a close match for them.

After the Battle of Britain, the Spitfire superseded the Hurricane as the principal aircraft of RAF Fighter Command, and it was used in the European, Mediterranean, Pacific, and Southeast Asian theatres. Much loved by its pilots, the Spitfire operated in several roles, including interceptor, photo-reconnaissance, fighter-bomber, and trainer, and it continued to do so until the 1950s.

The Seafire was an aircraft carrier–based adaptation of the Spitfire, used in the Fleet Air Arm from 1942 until the mid-1950s. The original airframe was designed to be powered by a Rolls-Royce Merlin engine producing 1,030 hp (768 kW). It was strong enough and adaptable enough to use increasingly powerful Merlins, and in later marks, Rolls-Royce Griffon engines producing up to 2,340 hp (1,745 kW). As a result, the Spitfire's performance and capabilities improved over the course of its service life.

I've got a date with a lady who self identifies as a wheelie bin...but can't remember if I'm taking her out Tuesday or Wednesday 😊

When I was a baby my parents used to bath me in cheap Australian lager. It wasn't until I was 18 that I realised I'd been fostered.

"Two things are infinite: the universe and human stupidity. And I'm not sure about the universe."
—Albert Einstein

"When life gives you lemons, squirt someone in the eye."
—Cathy Guisewite

"Life is pleasant. Death is peaceful. It's the transition that's troublesome."
—Isaac Asimov

"When I was growing up, I always wanted to be someone. Now I realize I should have been more specific."
—Lily Tomlin

"You only live once, but if you do it right, once is enough."
—Mae West

"If at first you don't succeed, try, try again. Then quit. No use being a damn fool about it."
—W.C. Fields

"I love mankind... it's people I can't stand!!"
— Charles M. Schulz

"I always cook with wine. Sometimes I even add it to the food."
—W.C. Fields

"People say money is not the key to happiness, but I have always figured if you have enough money, you can have a key made."
—Joan Rivers

"Do not take life too seriously. You will never get out of it alive."
—Elbert Hubbard

"I generally avoid temptation unless I can't resist it."
—Mae West

IMPORTANT INFORMATION

First of all, here's hoping that everyone is keeping safe and well. If anyone is struggling or needing any help in any way, please don't hesitate to let me or any of the Committee know. We will do our best to help in any way we can. (Businesssec.mansfieldu3a@gmail.com)

Subscription costs for current members for 2022/2023 is £16.00. £18.00 for new members and £12.00 for Associate Members.

Cheques payable to Mansfield and District u3a

The Membership Renewal Form can be downloaded from the website or will be available from the Treasurer at the monthly meetings.

Please note: All current members must complete all sections of the Membership Renewal Form to comply with Data Protection laws when paying their subscriptions. Thank you.

Online Banking is now available to members to pay their subscriptions online. As publishing details for this facility has compromised its security, members are asked to apply to the Treasurer. treasurer.mansfieldu3a@gmail.com

Events and visit payments

Members are reminded that deposits and payments for events and visits organised by Mansfield u3a and its interest groups are non-refundable, but places may be offered to others.

Please note: if you go on a trip/visit organised by a company, cheques for the event must be made out to the company, not Mansfield u3a.

Changes of Address, etc. Please contact the Membership Secretary, Jean Hatton on (0793 5707582) or membership.u3amansfield@gmail.com if you've changed your address, phone number or email recently so that she can update our records.

If you have any health issues that you think may affect your participation in, or enjoyment of, the activities of Mansfield & District u3a, you might wish to disclose them voluntarily to the Group Leaders of the groups you join, should it be helpful to do so.

Please have your "in case of emergency card" with you at all times.

(If you do not have one of these cards, then please ask Jean Hatton, Membership Secretary, when you sign in at your next members' meeting).

Mansfield u3a may take photographs of members engaged in u3a activities for the Newsletter and Website.

Should you not wish to be included in any photographs, please inform the photographer as otherwise we will assume your consent has been given. **You may change your data consent at any time by contacting the Business Secretary (businesssec.mansfieldu3a@gmail.com).**

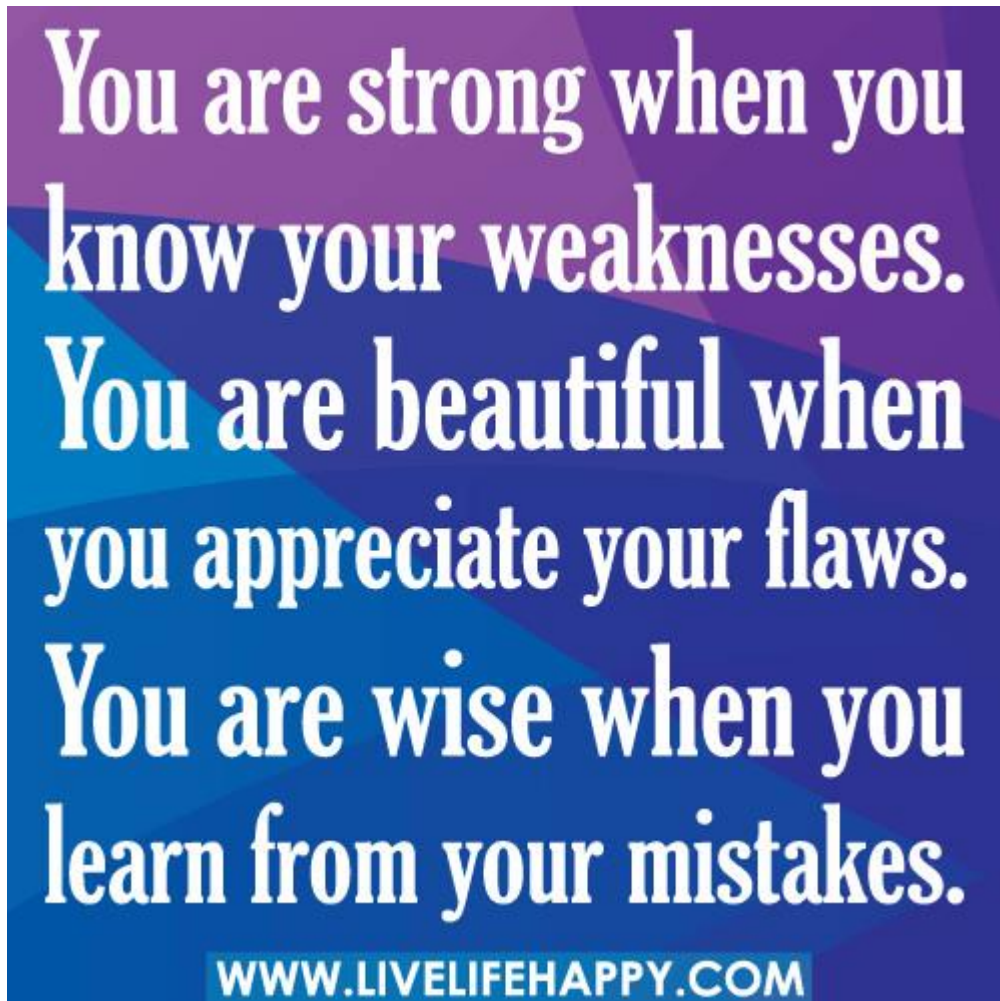
Disclaimer

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Mansfield & District u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

Please send contributions for the next issue to newsletter.editoru3a@gmail.com or by hand to Bill Harrison as soon as you can and by the 28th of the month at the latest.

Newsletter Editor: Bill Harrison: 01623 462188 / 07849 966962

CLOSING THOUGHTS



[This Photo](#) by Unknown Author is licensed under [CC BY-SA-NC](#)

Website: www.u3asites.org.uk/mansfield/home
Flickr: www.flickr.com/photos/mu3a2016
Facebook: www.facebook.com/groups/349190408987691/

The Third Age Trust
Registered Charity No. 116417