



## Words from the Chair: Yvonne Kennison

Mick and I would like to wish every single one of you a very Happy Easter. Bunnies and chocolate: what's not to like?

What a wonderful time of the year it is. We have all had plenty to feel a bit low about for the last couple of years, and the daily feed of bad news doesn't help us much, but we have lots to feel good about just now and hopefully watching everything come back to life in our gardens and in nature, will lift our spirits.

Take care everyone and enjoy every precious moment you can. See you on 5 April at the Games Night. Fish & Chips and a bit of friendly competition always make me feel good.

Yvonne





## **Words from the Editor: Bill Harrison**

### **Saturday March 11 2023: an experience of a life time**

Our front cover depicts the iconic Flying Scotsman, celebrating its Centenary Anniversary. The coin in the picture, represents King George V who was on the throne in 1923.

Following a major overhaul, the Flying Scotsman was once again ready to grace the rails across the country. Such is the appeal to share this wonderful experience that gathers crowds from far and wide, lining the route to capture that awe-inspiring moment when this magnificent steam engine proudly roars past its admirers.

Bolton Street Station, Bury, opened on 28 September 1846 and re-built in the 1880's, was where the departure of the Flying Scotsman was to take place. Little did they know that Sir Nigel Gresley, forty-three years later, would surprise the world with this powerful machine.

As we both entered the historic Bury Station, there was an incredible buzz that welcoming us; the Union bunting draped across the station was a fitting tribute.

Please see some photographs on pages 12 and 13, as we share our wonderful experience of a lifetime.

Sadly due to family commitments, I have decided to step down as the Newsletter Editor in September. If anyone would like to take on the role, I would be more than happy to point you in the right direction.

Carole and myself, would like to send our very best wishes for a Happy Easter.

Bill

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## Social Committee 2023

### **Social Committee News:**

#### **Wednesday 5 April Games Night with Fish & Chip Supper at Mansfield Bowling Club.**

From 6.30 to 9.30 pm. Tickets are £11.

Come and enjoy a fun Board Games night with supper thrown in!

#### **Thursday 27 April Refined Dining, the College restaurant on Nottingham Road**

**The new date for lunch Thursday 27 April, it will be a different menu, so we will need pre-orders again... as soon as the menu is confirmed. I will email out, as long as we have your orders back by 20 April for food ordering purposes.**

#### **A NIGHT AT THE RACES Tuesday 23 May**

The Kevin Bird Suite, One Call Stadium, Quarry Lane, Mansfield, NG18 5DA

7.00pm- 10.00pm

Lasagne and salad

'Dress to Impress'

Tickets £15 available from the Social Committee on Tuesday 18 April at the Main meeting.

**Mansfield & District u3a,**

**Dukeries u3a and Forest Town & District u3a**

**Invite you to join us on The Princess River Cruise**

**Wednesday 12 July 2023**

**Boat sailing at 6.30-9.30pm**

**From Colwick Pier, Racecourse Rd., Nottingham, NG2 4RF**

**£34 including a coach to the river, a three-hour river cruise, drinks ticket for three drinks, food and a DJ**

**Many thanks to all those who have supported this event.**

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#### **Proposed Halloween Party and Pie & Pea Supper on Friday 27 October. Details to come.**

#### **CHRISTMAS LUNCH Tuesday 12 December**

The Hostess Restaurant, Sookholme Road, NG19 8LL

12.00pm – 3 course lunch + coffee and mince pies

Deposits £10 payable to the Social Committee on Tuesday 18 April at the Main meeting.

## MEETING DATES/SPEAKERS 2023

Month	Members' Meetings  Held in the 1861 Suite, Mansfield Town Football Club, One Call Stadium, Quarry Lane, Mansfield, NG18 5DA commencing at 10.00am
April	Tuesday 18 Fool's Gold – a musical duo
May	Tuesday 16 Paula Cornwell – 'Mind your manners'
June	Tuesday 20 Wendy Davenport – retired female police officer discussing her career
July	Tuesday 18 Ellie Devereux – 'Use of herbs in Medicine'
August	<b>Membership Renewal Day</b> <b>15 August 2.00-5.00pm</b> <b>St Philip Neri's Church Hall</b>
September	Tuesday 19 Annual General Meeting
October	Tuesday 17 Catherine McAteer – 'From Russia with Love'
November	Tuesday 21 'Co-op legal issues'
December	CHRISTMAS LUNCH Tuesday 12 December The Hostess Restaurant, <u>Sookholme, NG19 8LL</u> 12.00pm – 3 course lunch + coffee and mince pies Deposits £10 payable to the Social Committee on Tuesday 18 April at the Main meeting.

### Bowls Group: Paul Sanderson

The outdoor bowls coaching starts on Tuesday, 2nd May at 12.15-1.45pm.

This will take place every week for 5 weeks. The last session will be held on 30th of May. Every session will be organised by DBS checked, registered coaches.

These sessions will be held at Mansfield Bowls Club, Chesterfield Road, Mansfield. Flat soled shoes without tread must be worn whilst on the green. All other equipment will be provided.

The cost is £2 per session.

If anyone requires any further information, please contact Paul on 07592016691.

## Appreciation: Yvonne Kennison

Alistair Littlewood, our speaker for the March Meeting, took us back to our childhoods with his storytelling, although I am not sure I would have enjoyed my mother reading the original versions of the brothers Grimm Fairy tales.



Ashenputtel's story (Cinderella) was not quite as romantic as the later version that we all grew to love. I enjoyed the story of Gretel getting drunk and eating both the chickens she had cooked for her employer's guest who was arriving imminently.

I am sure we have all had a glass or two whilst cooking the Christmas turkey, but I have never quite gone that far, I am pleased to say.

She was, nevertheless, very resourceful. Not sure where Philip finds the speakers from but he always manages to come up trumps.

Stephen Garner and Andre Camilleri, two of our great supporters, came along to the March meeting and stayed throughout.

Stephen told me he had donated an extra £150 to our funds. He has been a great supporter for many years, and we are extremely grateful to him.

He won't mind me saying that by the time this goes to press he will have started some medical procedures and I am sure you will all join in with me in wishing him a speedy recovery. Yvonne

Take care everyone.

Yvonne



## Website Administrator: Bob Longden

### Mansfield and District u3a Website

Hi, as you know we have been experiencing some problems with our website due to the company supplying the system to the u3a withdrawing access to all "Site builder" u3a websites.

The u3a head office I.T. section and volunteers with the necessary skills, have worked hard to get the sites up and running. This is now complete but we are left with a limited facility for the websites. The u3a have decided to go with another system altogether which will take about 12 to 18 months. We, hopefully, will then have an up-to-date, easy to use system.

We would like to ask for volunteers from our u3a to monitor and edit our website when the changeover is completed. We shall train anyone interested in this and, being new, all of our editors will need to have some training on the new website.

Please pass your details to me, Bob Longden, either via the Link on the contact page of our website or email me at -: [bob.longden@richonline.net](mailto:bob.longden@richonline.net).

Thank you,

Bob Longden (Website Admin)

## **Mini Breaks: Jacqui Hampshire**

Bruges trip. 8-11 May 2023

We still have a couple of twin/double rooms available £369 pp staying at the Dukes Academie 4\* hotel.

Situated in a picturesque and quiet area. Plenty of delights are within walking distance.

On our second day, we will visit the medieval masterpiece, Ghent. This is a car-free, old city, restored to its previous splendour. Home to the Flemish Masters, including Bosh and Rubens.

Please see me for full details. Thank you.

Early departure, albeit times are yet to be decided, although we are looking around 5.00 am. However, we will be crossing on the 10.40 ferry.

May I remind you that a photo copy of your passport would be appreciated, and don't forget to check your insurance.

Skills do offer insurance at £40. Again, see me at the meeting for further information. Please inform me should you be taking a walking frame etc.

**Balances are now due.**

**£319pp shared / double room, £469 single room**

**Cheques made payable to SKILLS TRAVEL**

**WE DO STILL HAVE A COUPLE OF TWIN / DOUBLE ROOMS AVAILABLE. £369pp.**

Jacqui Hampshire [jhampshire09@talktalk.net](mailto:jhampshire09@talktalk.net) or call 07514344689

## **Bridge: Sheila Pegg**

We enjoyed two bridge sessions in March. Two new members joined us and we hope they will come again. Our next sessions are April 3, April 17 and May 15. Please contact me if you would like to join us for a fun evening of bridge.

## Potters Resort: Denise Whitsed Sherwood u3a

20 November 2023

Monday to Friday

We are taking a group to Potters Christmas Extravaganza, as previously arranged  
It is now fully inclusive of everything.

Every break is unashamedly full board which means four meals on each full day, each offering a wide selection to suit every appetite.

Kickstart your day the right way with a delicious **breakfast**, from a traditional and hearty full English, to a choice of cereal, yoghurts and pastries. For your tasty **3-course lunch** you can choose from a range of hot dishes, salads and desserts. And in the evenings, enjoy a sumptuous **3-course dinner** in readiness for the night ahead, including a delicious variety of starters, mains and desserts to satisfy even the healthiest of appetites. Plus, enjoy a **late night snack** before you either retreat for the evening, or continue your night in style.

Our chefs cater for most dietary requirements, so please feel free to discuss this with our friendly team at time of booking.



Two different accommodations of bungalow plus and hotel.

Depending on numbers we will get at least £60 discount plus 2 free places to be shared, so we can choose our rooms.  
We hire a separate bus with Skills Travel.

At the moment, I have only been given twins and double rooms in both hotel and bungalows.

Please email Denise [deewhits@aol.com](mailto:deewhits@aol.com) or tele 07791941502 (Mon to Fri 9.00 to 16.00)

Many thanks  
Denise



## West Sussex Holiday: Denise Whitsed Sherwood u3a

West Sussex Holiday 18<sup>th</sup> September to 22<sup>nd</sup> September

Half Board – Avisford Park Hotel, Arundel

£415 for National Trust Members - £489 for Non NT Members

Monday

8am Pick up at Forest Town Arena.

Travel to Petworth House and Gardens (NT) and hotel



Inspired by Baroque palaces of Europe, set amidst a fine landscaped deer park and garden nestled in the South Downs, Petworth House displays one of the finest art collections in the care of the National Trust. // Petworth House is an extraordinary and surprising place created by just one family over 900 years.

Tuesday

Standon House and Gardens (NT) and Brighton



Wednesday

Arundel Castle (House and Gardens only entrance included) and Bognor Regis



Thursday

9am Travel to Uppark House and Gardens (NT) and Winchester



Friday

Nymans (NT) and home **BOOKING OPENS IN JANUARY - £50 DEPOSIT - SKILLS**

Please email Denise [deewhits@aol.com](mailto:deewhits@aol.com) or tele 07791941502 (Mon to Fri 9.00 to 16.00)

Many thanks  
Denise

At our March meeting the topic was 'A Ceramic item' and as you will see from the image we had a lovely eclectic mix of items.

The building material part puzzled me but halfway through the meeting one of the members had brought something that resolved the issue. The member concerned brought a tradesman's sample of a ceramic white brick that was used for building and mainly for insulation purposes. That was something most of us had never seen or heard of before.

It then became clear that these two companies, based in Spain, are connected. Both are owned by Lladro but the Nao range is made by the apprentices and is therefore cheaper to buy.

As you can imagine there were lots of stories about how and where they had been bought or, sometimes, they had been inherited, but all in all it was an interesting and informative meeting.



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## Gardening Group: Marilyn Dibble

### Speaker: Greenspaces by Steve Lovell

Yet another fantastic turnout for our March 7 meeting. Our guest speaker was Steve Lovell, whose passion for all things landscaping, green and, just nature in general, is captivating. His slide show was a presentation of his work; this, combined with some very humorous tales of his landscaping experiences, made for a joyful presentation.

Sadly Steve announced that he would be retiring from his work as a landscaper to turn his attentions to the passion he has for his lectures and the beauty of nature that surrounds us all.

Details can be found on his website:

[www.stevelovellgreenspaces.co.uk](http://www.stevelovellgreenspaces.co.uk)

**'Nature is amazing; enjoy it, respect it and conserve it for future generations'**



(Photograph courtesy of Steve and his Wife)

<p><b>CONTACT</b></p> <p>Steve Lovell Greenspaces Nature Based in the UK</p> <p>Telephone: 01522 689456</p> <p>Mobile: 07957 618684</p> <p>Email: <a href="mailto:stephenlovell58@btinternet.com">stephenlovell58@btinternet.com</a></p> <p>Website: <a href="http://www.stevelovellgreenspaces.co.uk">www.stevelovellgreenspaces.co.uk</a></p> 	<p><b>STEVE LOVELL GREENSPACES NATURE</b></p> <p>Birdwatching and Nature Holidays, minibreaks, daytrips, talks and workshops based in the UK</p> <p><b>Nature guide for Lincolnshire</b></p>  <p>Email: <a href="mailto:stephenlovell58@btinternet.com">stephenlovell58@btinternet.com</a></p> <p>Website: <a href="http://www.stevelovellgreenspaces.co.uk">www.stevelovellgreenspaces.co.uk</a></p> <p><b><i>'Nature is amazing, enjoy it, respect it and conserve it for future generations'</i></b></p>
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## Our Flying Scotsman Experience

### Bolton Street Station Bury



### A Great British Welcome to all





**So close but not close enough**



**Now that's close enough. Carole on board with the Driver and the Fireman**





## **Pathfinders Walking Group: Val Hart and Ken White**

Pathfinders Walk Linby - Newstead Abbey Circular

Tuesday 14 March 2023

Our group of 20 walkers met outside the Horse & Groom pub in Linby to begin our six-mile walk. From here, we walked up by "Linby Docks," which were targeted by German bombers during the war thinking it was a major port holding many ships; luckily all the bombs missed this lovely village, falling instead in adjacent fields.

Lord Haw Haw pronounced it as a great success! The "Docks" is the name given to the small stream that flows through Linby before entering the river Leen.



From here, we walk up the hill to pass the Medieval Village Cross. Linby has two crosses; the second one, at the bottom of the village, was erected in 1660 to celebrate the restoration of King Charles II. Walking further up the hill we passed the church of St. Michael, which is much restored, but dates back to the 13th century.

A local legend claims that the pancake was invented by the women of the village to celebrate the defeat of Danish invaders who had enslaved them. From here, we turned right to walk along the old, disused Great Central railway line. Strangely enough, three different railway lines once passed through Linby, with stations.

They were all built by different railway companies, the Midland Railway, the Great Central Railway and the Great Northern Railway.



**Footpath on the Old Great Central Railway Line**



After completing our refreshments, we walked through the grounds of Newstead and turned into Abbey Wood and onto the Robin Hood Way until we reached Papplewick. We continued passed Papplewick Hall which was built between 1781 and 1787 for the Hon. Frederick Montagu. The church of St James, in the grounds of the Hall, was built in 1795.



**Some of the walking group in sunny weather**

From Papplewick we had a short stop at St. James' church, Papplewick to look at the daffodils in the church grounds. A church in these grounds was first recorded in 1170. Our walk then took us back into Linby.



**Linby Cross erected in 1660**

On completion of the walk a very nice lunch was taken in the Horse & Groom pub.

***Ken White March 2023***



## Pathfinders Creswell Crag Walk

**Tuesday 23 March 2023**

We began our walk at the Dukeries Garden Centre at Welbeck Abbey; there were 19 walkers in total on a bright sunny morning perfect for our walk although light showers came along as we refreshed ourselves at the Creswell Crag Cafe.



### **The Walking Group**

From the garden centre, we crossed the A60 and, taking several quiet country lanes, we headed towards the village of Holbeck which has some very interesting buildings. Tony informed us of the owl boxes found in the trees; one was for Barn Owls and the other for Tawny Owls.

We followed the road around until we turned left on the outskirts of the village onto a beautiful private avenue lined with Lime Trees and masses of daffodils on either side. Halfway along the avenue, we found the private chapel of St. Winifred's.



### **Walking along the Avenue**



**St Winifred's Church** was the traditional burial place of the Dukes of Portland and their families, most of whom are interred in the small churchyard. Note the names of those buried there... Dukes & Duchesses of Portland, Cavendish & Bentinck.



**St Winifred's Church**

Having looked around the grounds of the chapel, we continued along the avenue of Limes towards the other side of Holbeck. Here we took a path across farmland towards Creswell Crag, stopping occasionally to view the lovely countryside and the wild flowers, until we reached a mound looking over the village of Creswell. From here we could see the remains of the Holy Well of Creswell. On walking down the slope, we reached the Crag in all their glory.

The county borders of Nottinghamshire and Derbyshire run right down the middle of the lake and, on checking passports, we went down the Derbyshire side, viewing the caves and the gorge as we went along.

On reaching the Creswell Crag Visitors' Centre, most of us had some well-deserved refreshments. From here, it was a short, but very pleasant, walk back to the Dukeries Garden Centre, passing a memorial for a WWII crashed aircraft. At this point we viewed a magnificent rainbow.



**All photos by Ken White**

The only way to LEARN, LAUGH, LIVE, is to get involved in the following groups.

### Key to Meetings details:

The tables on the following pages show the Interest Groups. Please check the Mansfield u3a website for up-to-date information of your group/groups.

Some outdoor activities will be indicated by various meetings/meeting places.

Meeting Places: various Groups will be meeting as indicated in the meetings column; please check with your Group Leaders or u3a website if any amendments have been made.

Leader/Contact, Group Leaders' names and contact details: please make a note of the contact details for your chosen Group.

Could all Group Leaders please inform the Newsletter Editor of any alterations.

## Calendar for Year 2023 (United Kingdom)

January							
Week	Mo	Tu	We	Th	Fr	Sa	Su
52							1
1	2	3	4	5	6	7	8
2	9	10	11	12	13	14	15
3	16	17	18	19	20	21	22
4	23	24	25	26	27	28	29
5	30	31					
6:O 15:O 21:O 28:O							
February							
Week	Mo	Tu	We	Th	Fr	Sa	Su
5			1	2	3	4	5
6	6	7	8	9	10	11	12
7	13	14	15	16	17	18	19
8	20	21	22	23	24	25	26
9	27	28					
5:O 13:O 20:O 27:O							
March							
Week	Mo	Tu	We	Th	Fr	Sa	Su
9			1	2	3	4	5
10	6	7	8	9	10	11	12
11	13	14	15	16	17	18	19
12	20	21	22	23	24	25	26
13	27	28	29	30	31		
7:O 15:O 21:O 29:O							
April							
Week	Mo	Tu	We	Th	Fr	Sa	Su
13						1	2
14	3	4	5	6	7	8	9
15	10	11	12	13	14	15	16
16	17	18	19	20	21	22	23
17	24	25	26	27	28	29	30
6:O 13:O 20:O 27:O							
May							
Week	Mo	Tu	We	Th	Fr	Sa	Su
18	1	2	3	4	5	6	7
19	8	9	10	11	12	13	14
20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	28
22	29	30	31				
5:O 12:O 19:O 27:O							
June							
Week	Mo	Tu	We	Th	Fr	Sa	Su
22				1	2	3	4
23	5	6	7	8	9	10	11
24	12	13	14	15	16	17	18
25	19	20	21	22	23	24	25
26	26	27	28	29	30		
4:O 10:O 18:O 26:O							

## AFTERNOON TEAS GROUP



<b>Name of Group:</b>	<b>Afternoon Teas</b>
<b>Group Leader:</b>	<b>Sheila Whalley</b>
<b>Group Leader's contact details:</b>	<b>01623 453908</b>
<b>Venue:</b>	<b>Various</b>
<b>Meeting dates and times:</b>	<b>2<sup>nd</sup> Saturday monthly 2pm–4pm</b>
<b>Cost of event:</b>	<b>Costs vary</b>
<b>What happens:</b>  <b>The Mansfield u3a Afternoon Teas Group meets on the second Saturday of every month (usually) at pubs, garden centres and other places of interest locally. The aim is to develop friendships informally, while exploring new venues and sometimes indulging in some retail therapy. However, I do sometimes have to change the dates, so keep looking.</b>	

## ANTIQUES AND COLLECTABLES GROUP



<b>Name of Group:</b>	<b>Antiques and Collectables</b>
<b>Group Leader:</b>	<b>Patricia Blackwell</b>
<b>Group Leader's contact details:</b>	<b>01623 481745</b>
<b>Venue:</b>	<b>St Peter's Centre Mansfield</b>
<b>Meeting dates and times:</b>	<b>2<sup>nd</sup> Tuesday monthly, 10am-12noon</b>
<b>Cost of event:</b>	<b>£0.00</b>
<b>What happens:</b> The Group meets once a month and there is a different topic each time. Members bring along an item relating to the subject. It is helpful if they have done some research on the item and can tell the rest of the Group about it. In that way we all learn and expand our knowledge. If you haven't got anything that month it doesn't matter because you will learn from what others have brought.  <b>Group full, with a waiting list.</b>	



### **BEADWORK GROUP**



<b>Name of Group:</b>	<b>Beadwork</b>
<b>Group Leader:</b>	<b>Marilyn Jones</b>
<b>Group Leader's contact details:</b>	<a href="mailto:Marilyn.jones1947@gmail.com">Marilyn.jones1947@gmail.com</a> Landline: 01773 819155 Mobile: 07803 244841
<b>Venues:</b>	Group Leader's home in Hilcote
<b>Meeting dates and times:</b>	Every Wednesday 10am-12noon. There is also an overflow group every Monday at the same time.
<b>What happens:</b> Often, we are all working on a single project, or, at times, members may be making different items.	
<b>Equipment:</b> Members can source their own materials singly, collectively, or can buy from Marilyn from her stock, if available, at cost. The Wednesday group is currently full.	

## BIRDWATCHING AND WILDLIFE GROUP



Name of Group:	Birdwatching and Wildlife
Group Leaders:	Val Hart and Ken White
Group Leaders' contact details:	<a href="mailto:ken@atrain.org.uk">ken@atrain.org.uk</a> - 07973 315050 <a href="mailto:valerie.hart@hotmail.co.uk">valerie.hart@hotmail.co.uk</a> - 07745 208248
Venues:	Various
Meeting dates and times:	Various
Cost of event:	Free but cost for transport if required and any entry charges
<b>What happens:</b> Visits to various places of interest in Nottinghamshire, Derbyshire, Yorkshire and Lincolnshire. Plus, occasional overseas visits.	
<b>Equipment:</b> Members should bring their own first aid kits. Suitable footwear and clothing to be worn Food and drink for picnics as required Bring binoculars or telescopes if required  <b>Please have your "in case of emergency card" with you at all times.</b>	

## **BOWLS GROUP**



<b>Name of Group:</b>	<b>Bowls</b>
<b>Group Leader:</b>	<b>Paul Sanderson</b>
<b>Group Leader's contact details:</b>	<b>07592016691</b> <b><a href="mailto:paulsanderson168@gmail.com">paulsanderson168@gmail.com</a></b>
<b>Venues:</b>	<b>Mansfield Bowling Club (Summer)</b> <b>Lammas Centre Sutton (Winter)</b>
<b>Meeting dates and times:</b>	The outdoor bowls coaching starts on Tuesday, 2nd May at 12.15-1.45pm. This will take place every week for 5 weeks. The last session will be held on 30th of May. Every session will be organised by DBS checked, registered coaches. These sessions will be held at Mansfield Bowling Club, Chesterfield Road, Mansfield. If anyone requires any further information, please contact Paul on the above number.
<b>Cost of event:</b>	<b>The cost will be £2 per session</b>
<b>Equipment:</b>	Flat soled shoes without tread must be worn whilst on the green. All other equipment will be provided.

## **BRIDGE GROUP**



<b>Name of Group:</b>	<b>Bridge</b>
<b>Group Leader:</b>	<b>Sheila Pegg</b>
<b>Group Leader's contact details:</b>	<b>07883720657</b>
<b>Venue:</b>	<b>The Rushley, Nottingham Road, Mansfield</b>
<b>Meeting dates and times:</b>	<b>1<sup>st</sup> &amp; 3<sup>rd</sup> Mondays Time 6.30pm-9pm Our next dates will be April 3, April 17, May 15</b>
<b>Cost of event:</b>	<b>No fee charged by venue- we just buy a drink (or two!)</b>
<b>What happens:</b> <b>Just turn up. We can sort out a partner if you turn up alone. We are a friendly group, playing for fun.</b>  <b>Equipment: Provided</b>	



## CALLIGRAPHY GROUP



<b>Name of Group:</b>	<b>Calligraphy</b>
<b>Group Leader:</b>	<b>Marilyn Jones</b>
<b>Group Leader's contact details:</b>	<a href="mailto:Marilyn.jones1947@gmail.com">Marilyn.jones1947@gmail.com</a> Landline: 01773 819155 Mobile: 07803 244841
<b>Venue:</b>	<b>Leader's home in Hilcote</b>
<b>Meeting dates and times:</b>	<b>2<sup>nd</sup> and 4<sup>th</sup> Wednesday in the month from 1pm- 3pm. Three spaces available.</b>
<b>What happens:</b>	<b>This is a course led by Marilyn (Group Leader), using video tuition and lots of practice.</b>
<b>Equipment:</b>	<b>Members will need to source their own pens and paper, although these will be provided at the beginning until they know what they need.</b>

## CARD CRAFTING GROUP



<b>Name of Group:</b>	<b>Card Crafting</b>
<b>Group Leader:</b>	<b>Jill West</b>
<b>Group Leader's contact details:</b>	<b>07554012769</b> <a href="mailto:jwptt1s@hotmail.co.uk">jwptt1s@hotmail.co.uk</a>
<b>Venue:</b>	<b>Quaker Room</b> <b>124 Rosemary Street</b> <b>NG18 1RB</b>
<b>Meeting dates and times:</b>	<b>Last Tuesday, monthly, 1pm-3pm</b> <b>Future dates for 2023 are:</b> <b>April 25, May 30, June 27</b>
<b>Cost of event:</b>	<b>Due to room hire and materials,</b> <b>sessions will cost £5, including free tea and coffee.</b>
<p><b>What happens:</b> Ideal for beginners to moderate level, but everyone welcome. All materials will be provided.</p> <p>Look forward to seeing everyone and making some excellent card projects. At the moment the group is full; however, I would happily place anyone new that is interested on a list.</p> <p>Please contact Jill 07554012769 if you are interested or unable to attend so we can offer the place on that date to others.</p>	

## CLASSICAL MUSIC GROUP



<b>Name of Group:</b>	<b>Classical Music</b>
<b>Group Leader:</b>	<b>Michael Allen</b>
<b>Group Leader's contact details:</b>	<a href="mailto:michaelallen446@gmail.com">michaelallen446@gmail.com</a> 01623 653345 Mobile 07565 936859
<b>Venue:</b>	<b>Group Leader's home</b>
<b>Meeting dates and times:</b>	<b>4<sup>th</sup> Monday, monthly, 2pm-4pm</b>
<b>Cost:</b>	<b>£0.00</b>
<b>What happens:</b>	<b>Play music / discuss</b>
<b>Future Events:</b>	<b>Nothing as yet</b>

## CRAFTY CHAT



<b>Name of Group:</b>	<b>Crafty Chat</b>
<b>Group Leaders:</b>	<b>Stephen or Stella Hall</b>
<b>Group Leaders' contact details:</b>	<b>07940460250</b> <a href="mailto:hall.s@hotmail.co.uk">hall.s@hotmail.co.uk</a>
<b>Venue:</b>	<b>Quaker Room</b> <b>124 Rosemary Street</b> <b>NG18 1RB</b>
<b>Meeting dates and times:</b>	<b>This Group will be run during term time only, on the 3<sup>rd</sup> Monday in the afternoon.</b> <b>2pm-4pm</b>  <b>Any new members will be more than welcome.</b>
<b>Cost:</b>	<b>There will be a charge of £12.00 a term to cover the cost of the room and refreshments.</b>
<b>Equipment:</b>	<b>No equipment required</b>



### CURLING GROUP



<b>Name of Group:</b>	<b>Indoor Curling</b>
<b>Group Leader:</b>	<b>David Drew</b>
<b>Group Leaders' contact details:</b>	07960 385537 <a href="mailto:david.drew100@icloud.com">david.drew100@icloud.com</a>
<b>Venue:</b>	<b>Maun Community Centre Barringer Road Mansfield NG18 2DF</b>
<b>Meeting dates and times:</b>	<b>2<sup>nd</sup> Tuesday Monthly 3.30pm-4.30pm</b>
<b>Cost:</b>	<b>Provisionally £3.00 (subject to change)</b>
<b>Equipment:</b>	<b>Provided. No black-soled shoes</b>

## **CURRENT AFFAIRS GROUP**



<b>Name of Group:</b>	<b>Current Affairs</b>
<b>Group Leader:</b>	<b>Graham Headworth</b>
<b>Group Leader's contact details:</b>	<b>01623 468883</b>
<b>Venues:</b>	<b>Mansfield Bowling Club Chesterfield Road South. NG19 7AP</b>
<b>Meeting dates and times:</b>	<b>The Current Affairs Group will meet between 10am and 12noon on the first Friday of the month.</b>
<b>What happens:</b>  <b>We have some very interesting discussions which can be quite lively, especially when we are discussing Westminster matters.</b>  <b>But we are always friendly. If any member of Mansfield u3a would like to join us on this occasion you will be welcome, but we will be restricting it to 15 guests. Please contact me on the above number for availability.</b>	

## FAMILY HISTORY GROUP



<b>Name of Group:</b>	<b>Family History</b>
<b>Group Leaders:</b>	<b>Valerie Wood and Ken Gilbert</b>
<b>Group Leader's contact details:</b>	<b>Valerie Wood at <a href="mailto:v.a.l.woody11@gmail.com">v.a.l.woody11@gmail.com</a> Ken Gilbert at <a href="mailto:kattaria@gmail.com">kattaria@gmail.com</a></b>
<b>Venues:</b>	<b>Members' homes</b>
<b>Meeting dates and times:</b>	<b>4<sup>th</sup> Tuesday, monthly, 10am-12noon No meetings during August &amp; December</b>
<b>What happens:</b>  <b>Valerie Wood and Ken Gilbert are the Group Leaders for Mansfield u3a Family History. The group enjoys researching family histories and welcomes new members with similar interests.</b>  <b>Members share their family history research, photographs, maps and artefacts. We will also guide members to which websites to use to do their research.</b>  <b>Our Group's usual meetings are held at 10.00am on the 4th Tuesday of the month. Our meetings take place at a member's home.</b>  <b>If you would like to join our Group, please contact Valerie Wood or Ken Gilbert on the above emails.</b>	



## GARDENING AND GARDEN VISITS GROUP



<b>Name of Group:</b>	<b>Gardening and Garden Visits</b>
<b>Group Leader:</b>	<b>Marilyn Dibble</b>
<b>Group Leader's contact details:</b>	<b>01623 634805</b> <a href="mailto:dandmdibble@gmail.com">dandmdibble@gmail.com</a>
<b>Venue:</b>	<b>St Peter's Centre Mansfield NG18 1AP</b>
<b>Meeting dates and times:</b>	<b>1<sup>st</sup> Tuesday, monthly, 10am-12noon</b> <b>Visits – various</b> <b>Garden Group starts again next month with a talk from Steve Lovell.</b>
<b>Cost of event:</b>	<b>For those who would like to be a Garden Group member.</b> <b>Guests most welcome at £5.00 per session.</b> <b>Cash or cheque (cheque to Mansfield u3a)</b>
<b>What happens:</b>  <b>We have a wide variety of guest speakers covering a broad selection of horticultural topics.</b>  <b>In the summer we have an organised group visit to an outstanding garden.</b>  <b>There is a small charge for the monthly meetings, refreshments are included.</b>	

## HISTORY GROUP



<b>Name of Group:</b>	<b>History</b>
<b>Group Leader:</b>	<b>Philp Tucker</b>
<b>Group Leader's contact details:</b>	<b>01623 437516</b>
<b>Venue:</b>	<b>Mansfield Bowling Club Chesterfield Road South. NG19 7AP</b>
<b>Meeting dates and times:</b>	<b>3<sup>rd</sup> Wednesday, monthly, 10am-12noon</b>
<b>Cost:</b>	<b>£2.00 per head</b>
<p><b>What happens:</b> I look forward to hearing suggestions for interesting presentations coming through from Group members. Presentations which have some quirky appeals are especially welcome.</p> <p>If you have a particular passion for some historical event, by all means bring it forward.</p> <p>At our friendly meetings, we have tea or coffee and sometimes homemade cakes. We have presentations and discussions from members.</p> <p>Funds permitting, we may have the opportunity to hire an external speaker at least once during the coming year.</p>	

## **MINI BREAKS GROUP**



<b>Name of Group:</b>	<b>Mini Breaks</b>
<b>Group Leader:</b>	<b>Jacqui Hampshire</b>
<b>Group Leader's contact details:</b>	<b>01623 239210</b> <b><a href="mailto:jhampshire09@talktalk.net">jhampshire09@talktalk.net</a></b>
<b>Venues:</b>	<b>Various</b>
<b>Meeting dates and times:</b>	<b>See table at the meetings</b>
<b>What happens:</b> <b>A group formed to organise mini-breaks for u3a members throughout the year.</b> <b>Please contact Jacqui Hampshire for more details.</b>	



### PATHFINDERS WALKING GROUP



Name of Group:	Pathfinders Walking
Group Leaders:	Valerie Hart and Ken White
Group Leader's contact details:	<a href="mailto:ken@atrain.org.uk">ken@atrain.org.uk</a> – mobile - 07973 315050 <a href="mailto:valerie.hart@hotmail.co.uk">valerie.hart@hotmail.co.uk</a> – mobile - 07745 208248
Venues:	Various
Meeting dates and times:	Various
Cost of event:	Free, but cost of transport if required and any entry
What happens: Shorter walks of 3-5 miles Longer walks of 5-7 miles	
Equipment:  Members should bring their own first aid kits and emergency contact cards at all times.  Suitable footwear and clothing to be worn.  Food and drinks for picnics as required.	
Future Events: Please visit the website or contact Valerie or Ken on the above numbers for details.  <b>Please have your “in case of emergency card” with you at all times.</b>	

## PHOTOSHOP GROUP



<b>Name of Group:</b>	Photoshop
<b>Group Leaders:</b>	Gordon Howlett
<b>Group Leader's contact details:</b>	<a href="mailto:g.howlett@ntlworld.com">g.howlett@ntlworld.com</a>
<b>Venues:</b>	Group Leader's Home
<b>Cost of event:</b>	£0
<b>Meeting dates and times:</b>	3 <sup>rd</sup> Thursday monthly 10am-12noon
<b>What happens:</b> Members meet monthly to share information and knowledge about image manipulation, based on, but not exclusive to Adobe Photoshop.  The programme will reflect the on-going needs or challenges mentioned by members. This enables them to develop their skills and encourage others.  Two hours when you can aside time to enhance your skills and, of course, have a chat.	

## POPULAR MUSIC GROUP



<b>Name of Group:</b>	<b>Popular Music Appreciation</b>
<b>Group Leader:</b>	<b>Elizabeth Ellis</b>
<b>Group Leader's contact details:</b>	<b>01623 644429</b>
<b>Venue:</b>	<b>Members' homes</b>
<b>Meeting dates and times:</b>	<b>4<sup>th</sup> Tuesday, monthly, 2pm-4pm</b>
<b>Cost:</b>	<b>£0</b>
<b>What happens:</b>  <b>The Group has been running successfully for nine years.</b>  <b>We meet on the 4th Tuesday of each month. We now meet at Members' Homes from 2.00pm till 4.00pm, except in March when we have lunch and a music quiz at the Carnarvon Arms, Teversal.</b>  <b>We do not meet in December, but we have our Christmas fuddle at the November meeting.</b>  <b>The Popular Music Group welcomes new members who have a wide interest in all types of music. Do join us or contact Elizabeth Ellis on the above number for more information.</b>	



### READ A LITTLE LOUD GROUP



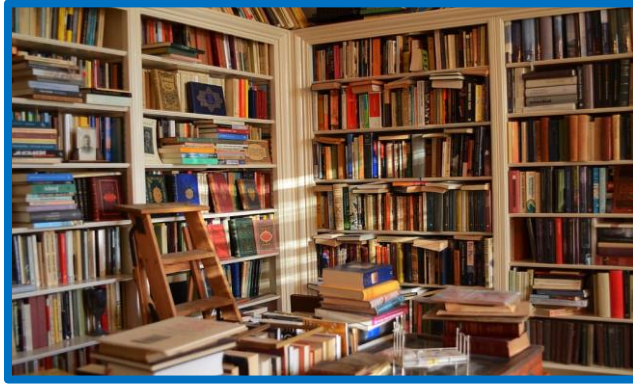
<b>Name of Group:</b>	<b>Read a Little Aloud</b>
<b>Group Leader:</b>	<b>Susan Howlett</b>
<b>Group Leader's contact details:</b>	<b>01623 627423</b>
<b>Venues:</b>	<b>Members' homes</b>
<b>Meeting dates and times:</b>	<b>2<sup>nd</sup> Friday, monthly, 2pm-4pm</b>
<b>Cost:</b>	<b>£0.00</b>
<b>What happens:</b>  We read extracts from books, poems etc and then discuss.  This group provides an opportunity for members to sample a variety of extracts from novels, biographies or non-fiction books.  Copies are provided which have been marked in sections so that each person reads aloud about two paragraphs each. The topics involved might be: Friendship, Love and Marriage, Indiscretion, etc.  The idea is to prompt discussion afterwards about our reactions to the subject; we don't delve into criticism or style of the writing.  We always fly off on a tangent and relate our own anecdotes on the theme, and it's surprising where it leads us! It is not necessary for all members to read aloud if they prefer just to listen.  This Group is currently full.	

## READING GROUP 1



<b>Name of Group:</b>	<b>Reading Group 1</b>
<b>Group Leader:</b>	<b>Peter Dawson</b>
<b>Group Leader's contact details:</b>	<b>01623 882191</b>
<b>Venues:</b>	<b>Peter Dawson's home or members' homes</b>
<b>Meeting dates and times:</b>	<b>3<sup>rd</sup> Thursday, monthly, 2pm-4pm</b>
<b>Cost:</b>	<b>£0.00</b>
<b>What happens:</b> <b>We meet once a month on the third Thursday, usually in Farnsfield, but sometimes at other members' homes.</b>  <b>At our friendly meetings, we have tea or coffee and then we discuss the book we have read the previous month; we are then given the book we will read in time for the next meeting.</b>	

## READING GROUP 2



<b>Name of Group:</b>	<b>Reading Group 2</b>
<b>Group Leader:</b>	<b>Mick Kennison</b>
<b>Group Leader's contact details:</b>	<b>01623 481721</b>
<b>Venue:</b>	<b>Sylvia Slack's home</b>
<b>Meeting dates and times:</b>	<b>3<sup>rd</sup> Tuesday, Monthly, 2pm-4pm</b>
<b>Cost:</b>	<b>£0.00</b>
<b>What happens:</b>  <b>The Mansfield u3a group members are supplied with the same book to read. We then meet for discussion.</b>	

## **SCRABBLE**



<b>Name of Group:</b>	<b>Scrabble</b>
<b>Group Leader:</b>	<b>Lynne Payne</b>
<b>Group Leader's contact details:</b>	<b>Mobile - 07954463384 Home – 01623 555738</b>
<b>Venue:</b>	<b>Lynne's home</b>
<b>Meeting dates and times:</b>	<b>2<sup>nd</sup> Monday, monthly, 2pm-4pm</b>
<b>Cost:</b>	<b>£0.00</b>
<b>What happens:</b>  <b>We meet at my house on the second Monday of the month, where we enjoy 2/3 games of Scrabble with a break for coffee/tea and biscuits.</b>	



## SHUFFLERS GROUP



<b>Name of Group:</b>	<b>Shufflers</b>
<b>Group Leaders:</b>	<b>Sylvia Newlyn and Ian Lakin</b>
<b>Group Leader's contact details:</b>	<b>Sylvia Newlyn 01623 655893</b> <b>Ian Lakin 07989668272</b>
<b>Venues:</b>	<b>Various – Short and Gentle</b>
<b>Meeting dates and times:</b>	<b>4<sup>th</sup> Thursday, monthly, 12.00pm.</b> <b>Variable finish times</b>
<b>Cost of event:</b>	<b>£0.00</b>
<b>What happens:</b>  <b>Mansfield u3a's Shufflers Group holds social meetings for members who have problems that restrict their mobility.</b>  <b>This has enabled members to continue enjoying friendship and outings with like-minded members.</b>  <b>We meet for lunch at various venues that have flat grounds to enable as many as possible to enjoy a short 'shuffle': Rufford Park, Vicar Water and Sutton Lawn have all proved very enjoyable as they have facilities for short walks and somewhere for those less able to walk to enjoy the surroundings and have a natter.</b> <b>Please have your "in case of emergency card" with you at all times.</b>	

## SOFT TENNIS GROUP



<b>Name of Group:</b>	<b>Soft Tennis</b>
<b>Group Leaders:</b>	<b>Yvonne and Mick Kennison</b>
<b>Group Leaders' contact details:</b>	<b>01623 481721</b>
<b>Venue:</b>	<b>Oak Tree Leisure Centre</b>
<b>Meeting dates and times:</b>	<b>2<sup>nd</sup> Tuesday, monthly 2pm-3pm</b>
<b>Cost:</b>	<b>£10 each for the four months.</b>
<b>Equipment:</b>	<b>Provided. No black soled shoes</b>
<b>Dates for 2023:</b>  <b>April 18</b> <b>May 9</b> <b>June 13</b> <b>July 11 (subscriptions due)</b> <b>August 15</b> <b>September 12</b> <b>October 10</b> <b>November 14 (subscriptions due)</b> <b>No meeting in December</b>	

## SOLO DINING GROUP



<b>Name of Group:</b>	<b>Solo Dining</b>
<b>Group Leader:</b>	<b>Sheila Pegg</b>
<b>Group Leader's contact details:</b>	<b>Mobile - 07883720657</b>
<b>Venue:</b>	<b>Various</b>
<b>Meeting dates and times:</b>	<b>First Thursday in the month for the evening meal. Solo Sunday Lunch - third Sunday in the month. Times - various.</b>
<b>Cost:</b>	<b>Choose from the menu and we all pay individually.</b>
<b>What happens:</b>  <b>This group enjoys the company of other single people in a friendly atmosphere.</b>  <b>An evening meal is arranged at various dining locations on the first Thursday of the month.</b>  <b>A Sunday lunch has also proved to be popular, generally on the third Sunday of the month.</b>	

## STROLLERS GROUP



<b>Name of Group:</b>	<b>Strollers</b>
<b>Group Leaders:</b>	<b>Susan Howlett, Valerie Hart and Ian Lakin</b>
<b>Group Leader's contact details:</b>	<b>Susan Howlett – 01623 627423 <a href="mailto:valerie.hart@hotmail.co.uk">valerie.hart@hotmail.co.uk</a> - 07745 208248 Ian Lakin - 07989 668275</b>
<b>Venues:</b>	<b>Various</b>
<b>Meeting dates and times:</b>	<b>2<sup>nd</sup> Wednesday, monthly, 10.30am. Variable finish times</b>
<b>Cost of event:</b>	<b>£0.00</b>
<b>What happens:</b>  <b>Mansfield u3a's Strollers Group do short easy walks of about two miles in length, avoiding stiles and steep hills.</b>  <b>It is a good way to improve your health and to make new friends.</b>  <b>Please have your “in case of emergency card” with you at all times.</b>  <b>At the end of the walk, there is an opportunity to have coffee, tea and refreshments.</b>	



## TAI CHI GROUP



Name of Group:	Tai Chi
Group Leader:	Lorna Pye
Group Leader's contact details:	Mobile – 07712 029262 01623 636060
Venue:	Bethel Chapel, Nottingham Road
Meeting dates and times:	Monday, weekly, 10.30am-11.30am
Cost:	£30.00 per term
Events:	<b>We do have two spaces at the moment.</b> If anyone would like to come and give it a try.
<b>What happens:</b>  Within our group, you work amongst friends, within your own ability, standing, or sitting if needed, and feeling that you have gently exercised every part of your body (even internal bits that you cannot see).  Ken really understands how our bodies work. Tai Chi, with its calm movements, focuses on deep breathing, and is known to reduce chronic stress and improve health and emotional well-being.  With all these benefits, it comes to u3a members highly recommended.	

## WINE APPRECIATION GROUP ONE



Name of Group:	Wine Appreciation 1
Group Leader:	Michael Allen
Group Leader's contact details:	<a href="mailto:michaelallen446@gmail.com">michaelallen446@gmail.com</a> 01623 653345 Mobile 07565 936859
Venue:	Members' homes
Meeting dates and times:	3 <sup>rd</sup> Wednesday, monthly, 7.30pm
Cost:	To be shared
What Happens:	Drink wine/discuss
Future Events:	To be announced
<b>We do have two spaces at the moment.</b> If anyone would like to come and give it a try. Please contact Mike Allen on the above contact details.	

## WINE APPRECIATION GROUP TWO



<b>Name of Group:</b>	<b>Wine Appreciation 2</b>
<b>Group Leader:</b>	<b>Graham Allin</b>
<b>Group Leader's contact details:</b>	<b>01623 473662</b>
<b>Venues:</b>	<b>Members' homes</b>
<b>Meeting dates and times:</b>	<b>4<sup>th</sup> Tuesday, monthly, 7.30pm</b>
<b>Cost of event:</b>	<b>To be shared</b>
<b>What happens:</b>  Our meetings are essentially to give Mansfield u3a members friendly, relaxed evenings, whilst, at the same time, fostering a desire to know more about good wine.  A number of wines will be tasted.  This group is full.	

## **WRITING FOR PLEASURE GROUP**



<b>Name of Group:</b>	<b>Writing for Pleasure</b>
<b>Group Leaders:</b>	<b>Susan Ford and Hilary Miller</b>
<b>Group Leader's contact details:</b>	<b>Hilary Miller 01623 620067 Susan Ford 01623 844286</b>
<b>Venue:</b>	<b>Friends Meeting House Rosemary Street Mansfield NG19 6AB</b>
<b>Meeting dates and times:</b>	<b>2<sup>nd</sup> Monday, monthly, 2pm-4pm</b>
<b>Cost of event:</b>	<b>We pay 3 times a year Cost per session = £3.00</b>
<b>What happens:</b>  <b>Mansfield u3a members enjoy writing for the pleasure of it – simply that.</b>  <b>Get your ideas and words flowing and share them with others in an entertaining and happy two-hour session.</b>  <b>We write on a variety of subjects including found poetry, free verse, many different story titles and even the odd Limerick.</b>	



## **Extracts from Ken White's Report**

### **Linby Hall**

The newer portions were probably added in the time of Sir Nicholas Strelley about 1495. From the Strelleys, the estates passed to the Staveleys in about 1535, and at some time before 1577, from the Staveleys to a Mr. Savile, who exchanged for land at Oxtun with Sir John Byron who owned that part of Linby previously belonging to Newstead Priory.

The railway line eventually meets Station Avenue where we take another right turn to walk into the grounds of Newstead Abbey. Passing the waterfall below the Upper Lake, we take refuge in the cafe to escape the lashings of a snow storm, warm drinks for those who need it.

### **Newstead Abbey**

Newstead was never an abbey; it was a priory.

The priory of St. Mary of Newstead, a house of Augustinian Canons, was founded by King Henry II of England about the year 1170, as one of many penances he paid following the assassination of Thomas Becket in Canterbury Cathedral on 29 December 1170.

The lectern was thrown into the Abbey fishpond by the monks to save it during the Dissolution of the Monasteries, but was discovered in 1805 following the dredging of the lake, and it was given to Southwell Minster by Archdeacon Kaye where it still resides.

Sir John Byron of Colwick in Nottinghamshire was granted Newstead Abbey by Henry VIII of England on 26 May 1540 and started its conversion into a country house.

It eventually passed into the hands of Lord Byron who became the 6th Baron Byron.

Lord Byron died in Greece in 1874 and wished to be buried at his beloved Newstead but he didn't own the estate so is buried locally in St. Mary Magdalene Church, Hucknall. The Dean of Westminster refused him to be buried in Westminster Abbey.

After completing our refreshments, we walked through the grounds of Newstead and turned into Abbey Wood and onto the Robin Hood Way until we reached Papplewick. We continued passed Papplewick Hall which was built between 1781 and 1787 for the Hon. Frederick Montagu. The church of St James, in the grounds of the Hall, was built in 1795.

**Welbeck Abbey:** Thomas de Cuckney founded the religious house in 1140 and it was made a monastery in 1153. The abbey thrived until Henry VIII dissolved the abbeys and it was eventually sold to Gilbert, 7th Earl of Shrewsbury for the sum of £555 6s 6d, and then the whole Welbeck estate to Bess of Hardwick's youngest son, Sir Charles Cavendish in 1607. It was then passed to his son William Cavendish, later the first Duke of Newcastle. In the 18th century, it passed through an heiress into the Bentinck family and became the seat of the Earls and Dukes of Portland.

Each generation has made its mark on the estate the 5th Duke of Portland - most famously known as the 'burrowing duke.' He was responsible for commissioning an extraordinary range of buildings as well as a network of tunnels below the estate.

He was also the man behind the creation of the estate's kitchen gardens - the largest in Britain, and the development of one of the biggest riding schools in the world.

Welbeck Village, at the heart of the estate, was also one of the 5th Duke's legacies. Today this private village is closed to the public and, hidden away, remains barely touched by the modern-day.

In 1890 Welbeck was sold again to Sir John Robinson, passing in 1929 to his great-nephew Captain John Farr, whose widow still lives there.

Welbeck Abbey's State Room has guided tours are open to the public during the summer and comes well recommended.

**Creswell Crags** is of outstanding historical importance and world renowned. The wildlife once living in and around the lake was extensive and included Hippopotamus, Woolly Mammoth, Rhino, Hyena, Sabre Toothed Tiger, Wolf and many more. The caves are also important sites for prehistoric Cave Art dating back 12,500 years ago. The Church Hole cave is world-famous, containing examples of the oldest verified cave art in the UK. This includes images of bison, reindeer and birds, as well as some abstract symbols which may have had some religious meaning or witch marks. The caves have been occupied as far back as 60,000 years ago. Guided Tours of the caves are available from the Visitors' Centre and are well worth the experience. More information can be found at <https://www.creswell-crags.org.uk/>



**Sent in by: Alan Miller**

Lexophile" is a word used to describe those that have a love for the use of words. Sometimes our love is focused on phrases full of puns... such as "you can tune a piano, but you can't tuna fish," or "to write with a broken pencil is pointless."

Here goes:

- ... When fish are in schools, they sometimes take debate.
- ... A thief who stole a calendar got twelve months.
- ... When the smog lifts in Los Angeles U.C.L.A.
- ... The batteries were given out free of charge.
- ... A dentist and a manicurist married. They fought tooth and nail.
- ... A will is a dead giveaway.
- ... With her marriage, she got a new name and a dress.
- ... A boiled egg is hard to beat.
- ... When you've seen one shopping centre, you've seen a mall.
- ... Police were summoned to a daycare centre where a three-year-old was resisting a rest.
- ... Did you hear about the fellow whose entire left side was cut off? He's all right now.
- ... A bicycle can't stand alone; it's just two tired.
- ... When a clock is hungry it goes back four seconds.
- ... The guy who fell onto an upholstery machine is now fully recovered.
- ... He had a photographic memory, which was never developed.
- .. When she saw her first strands of grey hair, she thought she'd dye.
- ... Acupuncture is a jab well done. That's the point of it.
- ... Those who get too big for their britches will be totally exposed in the end.

**Sent in by: Irena Dubowski**

What does it feel like to be old?

The other day, a young person asked me: - What did it feel like to be old?

I was very surprised by the question, since I did not consider myself old. When he saw my reaction, he was immediately embarrassed, but I explained that it was an interesting question. And after reflection, I concluded that getting old is a gift.

Sometimes I am surprised at the person who lives in my mirror. But I don't worry about those things for long. I wouldn't trade everything I have for a few fewer grey hairs and a flat stomach. I don't scold myself for not making the bed, or for eating a few extra "little things." I am within my rights to be a little messy, to be extravagant, and to spend hours staring at my flowers.

I have seen some dear friends leave this world, before they had enjoyed the freedom that comes with growing old.

-Who cares if I choose to read or play on the computer until 4 in the morning and then sleep until who knows what time?

I will dance with me to the rhythm of the 50s and 60s. And if later I want to cry for some lost love...I will!

I'll walk down the beach in a swimsuit that stretches over my plump body and dive into the waves letting myself go, despite the pitying looks of the bikini-wearers. They'll get old too, if they're lucky...

It is true that through the years my heart has ached for the loss of a loved one, for the pain of a child, or for seeing a pet die. But it is suffering that gives us strength and makes us grow. An unbroken heart is sterile and will never know the happiness of being imperfect.

I am proud to have lived long enough for my hair to turn grey and to retain the smile of my youth, before the deep furrows appeared on my face.

Now, to answer the question honestly, I can say: -I like being old, because old age makes me wiser, freer!-.

I know I'm not going to live forever, but while I'm here, I'm going to live by my own laws, those of my heart.

I'm not going to regret what wasn't, nor worry about what will be.

The time that remains, I will simply love life as I did until today; the rest I leave to God.

Dame Judy Dench

**Thank you, Marrie Barrow, for this little ditty**

My mate's motto was;

'Always leave the theatre with them wanting more.'  
He's a great mate but a terrible anaesthetist.



## **IMPORTANT NOTIFICATIONS:**

First of all, here's hoping that everyone is keeping safe and well. If anyone is struggling or needing any help in any way, please don't hesitate to let me or any of the Committee know. We will do our best to help in any way we can. ([Businesssec.mansfieldu3a@gmail.com](mailto:Businesssec.mansfieldu3a@gmail.com))

Subscription costs for current members for 2022/2023 is £16.00. £18.00 for new members and £12.00 for Associate Members.

### **Cheques payable to Mansfield and District u3a**

**The Membership Renewal Form** can be downloaded from the website or will be available from the Treasurer at the monthly meetings.

**Please note:** All current members must complete all sections of the Membership Renewal Form to comply with Data Protection laws when paying their subscriptions. Thank you.

**Online Banking** is now available to members to pay their subscriptions online. As publishing details for this facility has compromised its security, members are asked to apply to the Treasurer. [treasurer.mansfieldu3a@gmail.com](mailto:treasurer.mansfieldu3a@gmail.com)

### **Events and visit payments**

Members are reminded that deposits and payments for events and visits organised by Mansfield u3a and its interest groups are non-refundable, but places may be offered to others.

Please note: if you go on a trip/visit organised by a company, cheques for the event must be made out to the company, not Mansfield u3a.

**Changes of Address, etc.** Please contact the Membership Secretary, Jean Hatton on (0793 5707582) or [membership.u3amansfield@gmail.com](mailto:membership.u3amansfield@gmail.com) if you've changed your address, phone number or email recently so that she can update our records.

If you have any health issues that you think may affect your participation in, or enjoyment of, the activities of Mansfield & District u3a, you might wish to disclose them voluntarily to the Group Leaders of the groups you join, should it be helpful to do so.

**Please have your "in case of emergency card" with you at all times.**

(If you do not have one of these cards, then please ask when you sign in at your next members' meeting).

Mansfield u3a may take photographs of members engaged in u3a activities for the Newsletter and Website.

Should you not wish to be included in any photographs, please inform the photographer as otherwise we will assume your consent has been given. **You may change your data consent at any time by contacting the Business Secretary ([businesssec.mansfieldu3a@gmail.com](mailto:businesssec.mansfieldu3a@gmail.com)).**

### **Disclaimer**

The views expressed here are those of the contributors only, and do not necessarily reflect those of the Editor, the Committee of Mansfield & District u3a or the Third Age Trust. Nor can any responsibility be accepted for members' announcements or any errors that may occur.

**Please send contributions for the next issue to [newsletter.editoru3a@gmail.com](mailto:newsletter.editoru3a@gmail.com) or by hand to Bill Harrison as soon as you can and by the 28<sup>th</sup> of the month at the latest.**

**Newsletter Editor: Bill Harrison: 01623 462188 / 07849 966962**

## u3a - Our Insurance Cover

### BACKGROUND

All u3as (and their members, group leaders/convenors and committee officers & trustees) which are fully paid-up members of the Third Age Trust have the benefit of the nationally provided Public & Products Liability Insurance\* cover for £20,000,000 any one event/incident.

### GENERAL

**Question: How does this cover apply to Group Leaders/Convenors?**

Answer: The policy is set up to protect all u3a members and includes 'member to member' cover, so if somebody is injured undertaking a u3a activity and legal liability could be proven against another member, the insurers will deal with it. This means that group leaders/convenors are protected should there be a claim made against them personally for damages following an incident in their group.

**Q: Does Public Liability cover the u3a against accidents whilst out walking or any other type of outdoor or strenuous activity?**

A: It does, but it is not a personal accident insurance. It is an insurance against legal liability and therefore, it would have to be shown that u3a, its agents or members had in some way been negligent in causing injury to the claimant.

**Q: Does the Public and Products Liability policy cover against loss or damage to property belonging to others?**

A: The policy protects you against claims made by third parties subject to legal liability.

**Q: If a u3a uses a member's home to hold an interest group or run a meeting, is it covered for Public Liability?**

A: Yes, subject to the normal test of legal liability.

**Q: Is there any home contents insurance provided?**

A: Yes, up to £25,000 per claim for damage to any home contents belonging to a u3a member hosting a group.

**Q: If a u3a runs a function and serves meals or light refreshments and someone is taken ill as a result, can a claim be made against Public Liability Insurance?**

A: Public Liability insurance will cover this eventuality if the u3a is found to be legally liable.

**Q: If for any reason, for example, adverse weather conditions, we are unable to proceed with an event do we have any cancellation insurance cover?**

A: Regrettably not.

### NON-MEMBERS

**Q: If somebody wants to try u3a out prior to deciding whether to join, is it allowable under our insurance cover?**

A: Yes, it is, providing somebody is monitoring the situation and keeps the group leader informed, to ensure any attendance by a non-member does not continue indefinitely.

**Q: Is it permissible for a non-member e.g., spouse or friend of a member, to attend an interest group, general meeting or outing?**

A: No. With the exception of individuals who are genuinely thinking of joining, individuals who want to enjoy u3a activity need to be a member.

**Q: If a u3a member needs to bring a carer/companion when attending u3a activities/events, is this permissible under our insurance cover.**

A: Yes, it is, providing the carer/companion does not attend any u3a activities as an individual and committee approval has been given. In fact, should a member not be able to participate independently in u3a activities a carer/companion is essential as it is not acceptable for insurance reasons for the responsibility for care to be left to fellow members unless there is a specific arrangement in place with an individual member who may well be a friend.

**Q: Can grandchildren attend activities during the school holidays?**

A: No, there is no insurance cover for those who do not meet the criteria for membership.

**\*What is meant by Public & Products Liability Insurance?**

Public Liability Insurance provides compensation for injury or property damage sustained to others as a result of an activity. Product liability provides compensation for injury or damage caused by a product supplied. Further details of the u3a Insurance policy can be found on the National website ([www.u3a.org.uk](http://www.u3a.org.uk)) under “Insurance FAQs”.

[Prepared by IGD/August 2020]

## CLOSING THOUGHTS

“To plant a garden is to  
believe in tomorrow.”

- AUDREY HEPBURN



TOWN&COUNTRY

Website: [www.u3asites.org.uk/mansfield/home](http://www.u3asites.org.uk/mansfield/home)

Flickr: [www.flickr.com/photos/mu3a2016](http://www.flickr.com/photos/mu3a2016)

Facebook: [www.facebook.com/groups/349190408987691/](http://www.facebook.com/groups/349190408987691/)

The Third Age Trust  
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