

Lymington u3a Newsletter

Feb - March 2024



From our Chairman

Dear members

A Happy New Year!

I hope you all enjoyed the Christmas/New Year break and are raring to go for 2024. Look out for new groups forming and let us know if there is a group you would like to take part in. We can start new groups if required.

I hope that you have managed to change **the renewal of your subscription** to Lymington u3a if you pay by Standing Order, and increased it to £20 but **not to be paid before 1st March**. There is a Standing Order Amendment Form at the end of this newsletter.

I know a lot of people pay by BACS. Renewal of your membership is due **on or after 1st March 2024**. Here are the details you need – please include your name or membership number as the reference:-

Account name: Lymington u3a
Sort code: 20-53-53
Account No: 20271233.

If you have to pay by cheque, please make it payable to 'Lymington u3a' with your membership number on the back and put it in the post box marked 'Lymington u3a' in the Community Centre.

Let's Get Digital

The 'Let's Get Digital' Course was so successful that we have asked Solent Mind to run another one. This will start on 29th May 2024 for 8 weeks (ends 17th July) at the URC Church Hall 11am-1pm. It is better if you can attend every one as they build on your confidence and knowledge. If you are interested, do let me know. I already have about 10 people who want to do it. The course is free but we have to pay for the room – this equates to about £3.50 per week per head.

Third Age Matters, our 5 times a year magazine, has been renamed 'u3a Matters' as people tend not to associate u3as with the Third Age Trust,

which is the umbrella organisation. If you don't receive it and wish to have it, please let us know.

Third Age Trust is currently running a **Pilot Council** to address the skill set needed to run a large Charity and they are testing ways the Trust can work more efficiently. If you are interested, there is a special meeting on 4th March 2024. If you wish to ask questions send to council@u3a.org.uk The meeting will be advertised on the u3a website – u3a.org.uk

Best wishes

Hilvary Robinson, Chairman, Lymington u3a
01590 672825

Got an iPad for Christmas? Newly online?

If you have just joined the IT world and now have an email account that we don't know about, please email our Hon Secretary at lymingtonu3a.generalsecretary@gmail.com

Activities open to all our members:

Monthly lectures held in the Gates Hall at the Lymington Centre usually on the first Thursday in the month at 2.15 for 2.30 pm, but no meeting in August. Tea/coffee available free afterwards.

Forthcoming speakers:

1st February Tales of a Blue Badge guide: speaker Graham Horn

7th March History of the English language: speaker Laura Bates

4th April Lepe Beach and the Mulberry harbours: speaker Philip Benstead



TED talks - for stimulating, sometimes challenging discussion – just what u3a is for!

These take place on the third Monday morning of the month at 10 am prompt (except Bank Holidays and August) in the Fuller Hall at the Lymington Centre. We watch an interesting short video

together and then discuss it in small groups. Coffee or tea are available free of charge until 10.15 am.

Our next topics are:

Mon Feb 19th 'Why you should embrace mediocrity.'

From "elite" pickles to "premium" baby diapers, marketers are constantly telling us to seek superiority — but "by the simple law of averages, most of us have to live a life more ordinary," says sociolinguist Crispin Thurlow. He invites us to embrace mediocrity for a change, offering a different path to contentedness without comparison.

Mon Mar 18th 'Is technology our saviour - or our slayer?'

When it comes to technology, we're often presented with two contrasting visions of the future: one where technology fulfils all our desires, and another where it leads to chaos and conflict. Sociologist Ruha Benjamin is here with a more radical vision of the future — one where humanity isn't saved or slayed by technology, but rather uses it to uplift ordinary people and make things like health care and housing for all a reality.

Do come and join us!



News from the Groups:

Vacancies in our groups:

There are potential new groups:

- Bridge
- Current affairs
- Local environment
- Military history
- Photography
- Practical gardening

And there are vacancies in:

- Environmental topics
- Golf
- Italian intermediate

Mah-Jong (including beginners)

Petanque

Philosophy

Questors

Rummikub

Theatre

If you are interested, please contact our Groups Co-ordinators, Tim and Sue Norris, at 07835 130900.

Nothing you like the look of? Would you like to set up a group on a subject which interests you? Or is the group you fancy full? Then start a new one! Tim and Sue will guide you and help you to recruit members.

A message from our Group Coordinators

We really could do with more people to run / coordinate / facilitate groups. This would not be too difficult as you can run a group jointly. BUT we do need an individual to be the point of contact.

If you feel you could be the contact person or administrator for a Group, please let us know.

Tim & Sue Norris 07835 130900

Walking group

The Walking Group meets on the first Monday of each month. For more information or to receive details of each walk please contact Trevor Norton at 01590 674193.



Lunch Club

The Lunch Club Group meet once a month on different days of the week at various venues (usually a pub) for a meal and a chat.

All are welcome, either every month or on the odd occasion. The practical maximum number for a pub lunch is about 20, which usually works out, but if not booking is on a 'first come' basis.

To receive information about forthcoming lunches please contact organiser Cheng Wood:

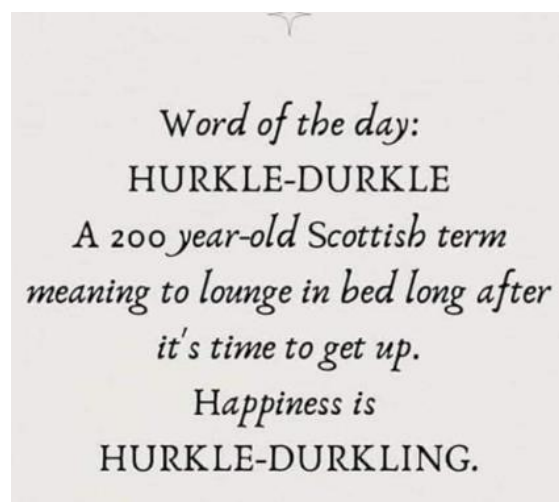
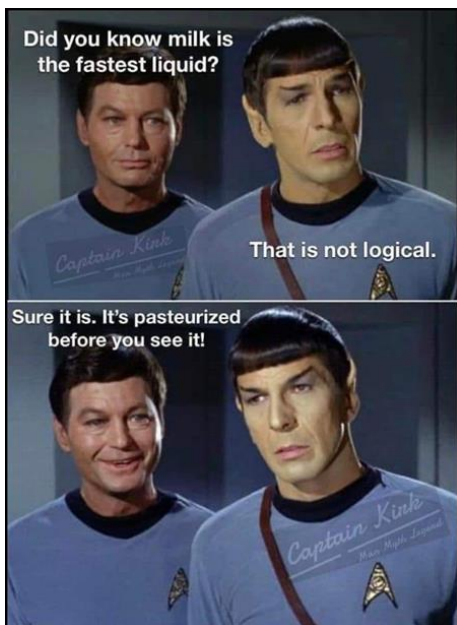
Tel: 01590 673213 / 07940 851242

FOR YOU TO KEEP: Revised Lymington u3a Speaker List 2024

- 1st February Tales of a Blue Badge Guide - Graham Horn
7th March History of the English Language - Laura Bates
4th April Lepe Beach & the Mulberry Harbours - Philip Benstead
2nd May The mysterious theft of the Irish Crown Jewels - Steve Herra
6th June Lumberjills - Joanna Foat
4th July Winchester - Andrew Negus
August No meeting
5th September Tales from Downton Abbey - Bronda Dossett
3rd October Climate Change – Ben Collins
7th November Aspects of the New Forest - Brice Stratford
5th December Theatrical performance 'The Creativity of Miss Jekyll' - Jane Glennie

Meetings are on the first Thursday of the month at 2.15pm in the Gates Hall at Lymington Community Centre. Tea is served afterwards.

Some humour from our Chair:



Notice about change of level of annual subscription from March 2024

Dear member

As you are aware the annual membership subscription to Lymington u3a is increasing to £20 a year per person from **1st March 2024**. If you currently pay by Standing Order, you can amend it yourself using online banking – **it must not be paid until 1st March though**. However, if you would prefer, please complete the attached tear-off Standing Order slip and send it or take it to your Bank.

If you wish to continue paying by cheque when your renewal becomes due at the end of February 2024, please make your cheque payable to Lymington U3A for £20 dated 1st March 2024 and

EITHER

send it to the Membership Secretary: Penny Witherick, 2 Grosvenor Gardens, Lymington SO41 9NS

OR

put it in the u3a box inside Lymington Community Centre. Thank you.

Yours sincerely

Hilvary Robinson

Chairman
Lymington u3a

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STANDING ORDER AMENDMENT FORM

Please replace my/our current standing order in favour of Lymington u3a (delete if not applicable)

To (Your Bank): _____

Your Account name: _____

Your Sort Code: ____ - ____ - ____ Your Account Number: _____

Please pay: Lymington U3A

Sort Code: 20-53-53

Account Number: 20271233

Reference (your surname): _____

New amount to pay: £_____ (£20 per person) on the **1st March 2024** and annually on the **1st March** until further notice.

Signed: _____ Date: _____