**u3a Ambles Programme 2023**

Walks of 2½ to 3½ miles, mostly on fairly flat, good surface, footpaths, at a slightly slower pace than the Short Walks. Meet at 10.20 am to walk at 10.30. No need to pre-book. Contact Rosalind Wilson 507249 with any queries or just turn up on the day. New walkers are always welcome.

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| **DATE** |   | **WALK DETAILS** | **LEADER** |
| Feb 3rd |   | College Lake, Bulbourne |   |
| Feb 17th |   | Priory Park, Bedford |   |
| Mar 3rd |   | Park at Stockwood Discovery Centre for Memorial Park |   |
| Mar 17th |   | Putteridgebury. Park in Selsey Drive at Wandon Park end |   |
| Mar 31st |   | Motte and Bailey, Pirton |   |
| Apr 14th |   | Brim and Crown for Bramingham Woods - bluebell season |   |
| Apr 28th |   | Rothamsted Conference Car Park for Knot Wood bluebells |   |
| May 12th |   | Park at top of Warden Hill Road for cowslips below Warden Hill |   |
| May 26th |   | Oughton Head, Redhill Road, Hitchin |   |
| Jun 9th |   | Sharpenhoe Clappers Car Park for orchid meadow |   |
| Jun 23rd |   | Mill Stream pub Hitchin, for Purwell Meadows Nature Reserve |   |
| Jul 7th |   | Dunstable Downs NT Car Park - along the ridge |   |
| Jul 21st |   | Bushmead Car Park, for Warden Hill summer flower meadow |   |
| Aug 4th |   | Woburn Village Car Park |   |
| Aug 18th |   | Chequers pub Car Park, Redbourn |   |
| Sep 1st |   | Dunstable Downs NT Car Park, to Tree Cathedral |   |
| Sep 15th |   | Barton Springs, park in Old Road, Barton le Clay |   |
| Sep 29th |   | Maulden Woods for fungi |   |
| Oct 13th |   | Stockwood Discovery Centre Car Park for Kidney Wood |   |
| Oct 27th |   | Monument Car Park, Ashridge for Autumn colour |   |
| Nov 10th |   | Wardown Museum Car Park for River Lea upstream |   |
| Nov 24th |   | French's Avenue, Dunstable, Sewell walk |   |
| Dec 8th |   | Brim and Crown for Bramingham Park to A6, return via Warden Hill Rd |   |
| Dec 22nd |   | Houghton Park |   |