**u3a Ambles Programme 2023**

Walks of 2½ to 3½ miles, mostly on fairly flat, good surface, footpaths, at a slightly slower pace than the Short Walks. Meet at 10.20 am to walk at 10.30. No need to pre-book. Contact Rosalind Wilson 507249 with any queries or just turn up on the day. New walkers are always welcome.

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| **DATE** |  | **WALK DETAILS** | **LEADER** |
| Feb 3rd |  | College Lake, Bulbourne |  |
| Feb 17th |  | Priory Park, Bedford |  |
| Mar 3rd |  | Park at Stockwood Discovery Centre for Memorial Park |  |
| Mar 17th |  | Putteridgebury. Park in Selsey Drive at Wandon Park end |  |
| Mar 31st |  | Motte and Bailey, Pirton |  |
| Apr 14th |  | Brim and Crown for Bramingham Woods - bluebell season |  |
| Apr 28th |  | Rothamsted Conference Car Park for Knot Wood bluebells |  |
| May 12th |  | Park at top of Warden Hill Road for cowslips below Warden Hill |  |
| May 26th |  | Oughton Head, Redhill Road, Hitchin |  |
| Jun 9th |  | Sharpenhoe Clappers Car Park for orchid meadow |  |
| Jun 23rd |  | Mill Stream pub Hitchin, for Purwell Meadows Nature Reserve |  |
| Jul 7th |  | Dunstable Downs NT Car Park - along the ridge |  |
| Jul 21st |  | Bushmead Car Park, for Warden Hill summer flower meadow |  |
| Aug 4th |  | Woburn Village Car Park |  |
| Aug 18th |  | Chequers pub Car Park, Redbourn |  |
| Sep 1st |  | Dunstable Downs NT Car Park, to Tree Cathedral |  |
| Sep 15th |  | Barton Springs, park in Old Road, Barton le Clay |  |
| Sep 29th |  | Maulden Woods for fungi |  |
| Oct 13th |  | Stockwood Discovery Centre Car Park for Kidney Wood |  |
| Oct 27th |  | Monument Car Park, Ashridge for Autumn colour |  |
| Nov 10th |  | Wardown Museum Car Park for River Lea upstream |  |
| Nov 24th |  | French's Avenue, Dunstable, Sewell walk |  |
| Dec 8th |  | Brim and Crown for Bramingham Park to A6, return via Warden Hill Rd |  |
| Dec 22nd |  | Houghton Park |  |