



LONG EATON AND DISTRICT  
in the County of Derbyshire  
[www.u3asites.org.uk/long-eaton](http://www.u3asites.org.uk/long-eaton)

## LEAD U3A E-NEWS No. 231 of 9<sup>th</sup> September 2019

### U3A Jukebox

The next Jukebox meeting will be on Tuesday 1<sup>st</sup> October.  
Details from Linda Attwood 07944 189 720.

### Change of Speaker on Wednesday 18<sup>th</sup> September

The original speaker for September's meeting (Marina Leweyska) has, unfortunately had to cancel, but we are pleased to advise that Elaine Clifford, an Audiologist and Hearing Aid Consultant, has agreed to come along and give a presentation to us.

In this talk, she will explore what happens to our hearing as we get older and how we can look after our ears and make the most of our hearing. She will also explain what tinnitus is and what can be done to help. She will also talk to us about the relationship between hearing and the brain, touching on the fact that untreated hearing loss can increase the chance of dementia.

All in all, this sounds as though it will be a fascinating talk and, as ever, everyone is more than welcome.

### Hearing Loop at West Park Leisure Centre

As you will be aware, we have done a lot recently to try to overcome the problems that exist at the West Park Leisure Centre with regard to the fact that, at times, not everyone can hear all that is being said at the monthly meetings.

However, we know that these problems still persist and we have therefore discussed this issue at length with the management of the Centre and are pleased to advise you that, at the next meeting, they will be extending their hearing loop into the main hall to see if this will be of benefit to those of you with hearing aids.

At this stage, this is being introduced on a 'trial' basis but, if it is successful, hopefully we can retain it on a permanent basis.

**Wirksworth Heritage Centre** invites you to bring your group on a visit to this fascinating market town in the Derbyshire Peak District. We offer a range of activities to choose from, including guided walks, a look around our award-winning museum, or a group talk on a variety of interesting topics. Our in-house Webster's Cafe - catering for groups up to 40 people - can provide you with lunch, afternoon tea or a variety of drinks and cakes during your visit.

"Our thanks for a wonderful welcome to the newly opened Heritage Centre which showcases the best of Wirksworth's history. We enjoyed an interesting afternoon talk followed by a superb afternoon tea - we will return!" - Bolehill W.I.

"Many thanks to all of your brilliant team for all the hard work for our trip to Wirksworth.. everyone said what a lovely day they had had, and many are going to bring their grandchildren back in the summer holidays." Ashby Civic Society

"Your guides gave us a splendid tour of the town. The two ladies who shepherded us around were wonderful." Ticknall History Society

For further details, please download our Group Visits factsheet from <https://www.wirksworthheritage.co.uk/visit-us/group-visits/> or call our team on 01629 707000.

For any matters to do with Long Eaton and District U3A e-news, please contact David Pinney at [lead.u3a@live.co.uk](mailto:lead.u3a@live.co.uk)