

## REQUEST FROM UNIVERSITY OF EXETER

We are researchers at the University of Exeter, and we are recruiting members for our patient advisory group. We would love to hear from anyone in u3a in London who may be interested in taking part.

The **Beetle Project** is looking at strategies which aim to improve recovery and reduce time spent in hospital for older adults who go in for planned procedures. We would like to work with people aged 60 or over who have been admitted to hospital overnight for a planned procedure; or carers, family, and friends who have supported older adults around their hospital admission. A 'planned procedure' is basically a non-emergency admission to hospital for something like surgery. We are creating an advisory group to ensure the perspectives of patients and carers are considered and addressed.

At the advisory group meetings, we will be asking you to share your experiences and views about being a hospital patient for a planned procedure, or a carer for someone who was. We will share what we're finding out in the research, and ask you for your thoughts on it. You don't need to have any previous experience with research to take part.

We will be meeting four times between June 2021 and August 2022, all over Zoom. The first meeting is Tuesday 22<sup>nd</sup> June, 2-4pm, and you will be paid £35 for each meeting for your time.

I have attached a poster (in [PDF](#) and [photo formats](#)) which I'd be grateful if you could share with U3A London members, or anyone who may be interested, or as part of one of your email updates to the community if the timing fits. I am based in Sydenham, south-east London, so I'm happy to chat to anyone who would prefer to speak to someone locally first.

If you have any questions or would like more information, please feel free to get in touch with me at any time.

Many thanks for your help and looking forward to hearing from you,  
**Debbie Kinsey**

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