

# SUMMER WALKS AND VISITS IN LONDON For u3a members only

# PROGRAMME May-July 2024

This year, instead of the traditional Summer School, we have organised an exciting programme of 31 guided walks, visits and talks at museums/galleries in central London. Each event is about 2hrs long and led by qualified guides and lecturers.

> Each event is bookable separately For a full day out, book a walk plus visit

Walk: £10.00 (max 20 participants) Visit: £10.00 (max 15 participants)

**To book:** please click on the link for the event that you are interested in (links are located below the description for each event in this document)

# Please apply and pay on-line in advance –

it's quick and easy, saves paper and helps with administration.

**BACs Payment:** If you do not wish to pay through the online booking system you may pay by bank transfer to London Region's bank account -- details provided by email upon request. Note: this is slower than paying online. Places confirmed only upon receipt of payment.

**Booking/Payment Confirmation:** Your booking and payment confirmations will be sent to you by email on receipt of payment. If you think you have not received the Booking Confirmation, please check your spam/junk folder before emailing the contact below.

# Please bring Booking Confirmation with you (paper or 'phone) on the day/s you attend, as this will act as your ticket. No refunds.

Enquiries: Bookings.lru3a@gmail.com

# PROGRAMME SUMMARY See page reference for event details and booking links NB: Each event bookable separately

Date & Time	Event	Event Title	Page
Tues May 21 <sup>st</sup>	Type Walk	David Lloyd: Striding the Strand	n 1
11.0013.00	Walk	David Lloyd: Striding the Strand	p.4
Tues May 21 <sup>st</sup>	Visit	David Lloyd: National Portrait Gallery – Tudor	p.4
14.3016.30	VISIL	Times to the Present	p.4
	Mall		
<b>Tues May 21<sup>st</sup></b> 11.0013.00	Walk	Steve Parkinson: Quirky London	p.5
	\/:-:+	Chause Daulin and Matienal Dautualt Callery	F
<b>Tues May 21<sup>st</sup></b> 14.3016.30	Visit	Steve Parkinson: National Portrait Gallery – Westminster Connections	p.5
Tues May 21 <sup>st</sup>	Walk	Phil Scott: Out of the Shadows LGBT+	p.6
11.0013.00			
Tues May 21 <sup>st</sup>	Visit	Phil Scott: National Portrait Gallery - From the	p.6
14.3016.30		Tudors to the 21 <sup>st</sup> Century	
Tues May 21 <sup>st</sup>	Walk	Paul Waddams: Women in Westminster	p.7
11.0013.00			
Tues May 21 <sup>st</sup>	Visit	Paul Waddams: National Portrait Gallery –	p.7
15.00 – 17:00		Westminster Women	
Fri May 31 <sup>st</sup>	Walk	Marilyn Greene: Mews Monuments and Museums	p.8
11.0013.00			-
Fri May 31 <sup>st</sup>	Visit	Marilyn Greene: Cultural Highlights of the Victoria	p.8
14.3016.30		and Albert Museum	•
Wed June 5 <sup>th</sup>	Walk	Richard Cohen: Regent's Park: Fantasy Terraces and	p.9
11.0013.00		Secret Gardens	-
Wed June 5 <sup>th</sup>	Visit	Richard Cohen: The Wallace Collection	p.9
14.3016.30			•
Thurs June 13 <sup>th</sup>	Walk	David Lloyd: St Giles to St Georges: a tragi-comic	p.10
11.0013.00		walk	-
Thurs June 13 <sup>th</sup>	Walk	Sue McCarthy: Politicians, Philanthropists and	p.10
11.0013.00		Physicians	
Thurs June 13 <sup>th</sup>	Walk	Rebecca Walker: Walking the Wild Side of	p.11
11.0013.00		Bloomsbury	
Thurs June 13 <sup>th</sup>	Walk	Carla Zoso: East Bloomsbury in 3D	p.12
11.0013.00			
Thurs June 13 <sup>th</sup>	Visit	Daniel Hausherr: British Museum Highlights	p.13
14.3016.30			
Thurs June 13 <sup>th</sup>	Visit	Alison Seabrook Moore: British Museum Highlights	p.13
14.3016.30		Tour	
Thurs June 13 <sup>th</sup>	Visit	Jo Wilkinson: Highlights of the British Museum	p.14
14.3016.30			

Date & Time	Event Type	Event Title	Page
Thurs June 13 <sup>th</sup>	Visit	Aaron Hunter: Discover the British Museum	p.14
14.3016.30	<b>V</b> ISIC	Treasure House	P-1 -
Wed June 19 <sup>th</sup>	Walk	Richard Cohen: The Squares and Gardens of	p.15
11.0013.00		Bloomsbury in Springtime	•
Wed June 19 <sup>th</sup>	Visit	Richard Cohen: The Hunterian Museum of Anatomy	p.15
14.3016.30			
Mon July 1 <sup>st</sup>	Walk	Christine Wilkins Molloy: Rebel Girls and Wicked	p.16
11.0013.00		Women	
Mon July 1 <sup>st</sup>	Visit	Christine Wilkins Molloy: Guided visit to Guildhall	p.16
14.0015.45		Art Gallery	
Mon July 1 <sup>st</sup>	Visit	Marilyn Greene: Constable and the British	p.17
11.0013.00		Landscape Tradition at the V&A	
Fri July 5 <sup>th</sup>	Walk/	Hazel Beale: Walk along the Thames followed by	p.18
11.00-13.00	Visit	Tate Britain tour	
Fri July 5 <sup>th</sup>	Walk/	Walk along the Thames followed by Tate Modern	p.18
14.3016.30	Visit	tour	
Wed July 10 <sup>th</sup>	Walk	AbdulMaalik Tailor: Islamic History in London	p.19
11.0013.00			
Wed July 10 <sup>th</sup>	Visit	AbdulMaalik Tailor: Islamic History in the British	p.19
14.3016.00		Museum	
Thurs July 18 <sup>th</sup>	Walk	Pernille Ahlström: St James's Gentlemen's	p.20
11.0013.00		London	

Save the date. More details to be publicised later when information available.

Tues July 23 <sup>rd</sup>	Talks	Natural History Museum: Meet the Scientists
13.0015.00		Two one-hour lectures by scientists working at the
		museum.

#### Notes

Our experienced Guides have noted any significant points for their own walk in the Programme description.

On the day, Guides will brief their groups in more detail about the route and any specific instructions.

However, the following general points apply to all walks:

- A back-marker will be nominated by the Guide to keep an eye on those at the back of the group.
- Guides may be equipped with voice amplification equipment.
- All Guides are qualified and full members of Guiding associations with third party insurance but if Applicants have any issues that the Guide needs to know about, please indicate this in your application form.
- Please wear suitable footwear and clothing; bring drinking water and other essential personal items; coins (50p recommended) for public toilets.

# Tuesday 21<sup>st</sup> May 2024

# AM: Walk: Striding the Strand PM: Guided visit: Portraits from Tudor times to the present (Each event bookable separately)

#### **<u>Guide</u>: David Lloyd**

Time	Session	Session Description			
	Туре				
11.00- 13.00	Morning Guided Walk	<ul> <li>Meeting Place: Outside Temple Underground Station (District and Circle lines)</li> <li>Notes: The walk will last about 2 hours and cover a distance of about 2 miles, ending at Charing Cross. There are steep steps at times; so not suitable for wheelchair users or people with mobility problems</li> <li>Description: 'Striding the Strand'</li> <li>During the walk we will uncover over 700 years of London's turbulent history as we encounter conflicts and controversies over politics, war, slavery, education, religion, the environment, music and architecture. If history is your thing this is one for you.</li> </ul>			
		To book for this walk <u>Click here</u> Max 20 participants Cost:£10.00			
14.30-	Afternoon	Meeting Place			
16.30	Guided Visit	In the foyer of the National Portrait Gallery. Nearest stations: Charing Cross or			
	to National	Leicester Square. Please note the Tube stations do not have lifts.			
	Portrait	<u>Notes</u> : The visit will last about 2 hours			
	Gallery	Description: Portraits from Tudor times to the present			
		The National Portrait Gallery has been called the 'face of the nation' and houses some of the most famous portraits from Tudor times to the present. We will see monarchs, ministers, medics and musicians; poets, playwrights and philosophers as well as others- that's enough alliteration!			
		To book for this event Click hereMax 15 participantsCost:£10.00.			
Your gui	de: David Lloyo	d studied History at Bristol and Liverpool Universities and UCL. He taught History			
and Law	for many years	s in London since the late 1970's.			
He has g	uiding qualifica	itions from The City of London, the City of Westminster and the Borough of			
Camden.	In addition to	the NPG he also guides at Trinity House, the Guildhall Art Gallery and the Foundling			
Museum	as well as lead	ling history and literary walks in the capital.			

# Tuesday 21st May 2024

#### AM Walk: Quirky London

#### PM Visit: National Portrait Gallery – Westminster Connections\*

If you think you know London well and have seen all the big sights let me show you the stranger side of the capital on a walking tour of Westminster, and an afternoon examining some relevant portraits in the National Portrait Gallery.

#### (Each event bookable separately)

### **Guide:** Steve\* Parkinson

Time	Session	Session Description
	Туре	
11.00	Morning	Meeting Place Tour starts in Villiers Street just outside the north exit of
13.00	Guided	Embankment tube station. This station does not have a lift.
	Walk	Notes: The walk will last about 2 hours and cover a distance of about 2 miles,
		ending in Trafalgar Square.
		Description: Quirky London
		We'll see some of the strange, odd and bizarre sights of Westminster. We'll zig-
		zag around, stopping at some things you would normally walk right past. Steps
		that lead nowhere, a lamp fed by an unusual sustainable bio fuel, a door that
		might fool some people and a very bizarrely named alley. Let's scratch our heads
		about old Imperial measurements and smile at the somewhat idiosyncratic
		pedestrian crossing lights. Certainly plenty to smile and wonder about!
		To book for this walk, <u>Click here</u> Max 20 participants Cost:£10.00.
14.30	Afternoon	Meeting Place
16.30	Guided Visit	Meet by the Sir Henry Irving statue outside the entrance to the NPG in St Martin's
	to the	Place. Nearest Stations: Charing Cross or Leicester Square. Please note the Tube
	National	stations do not have lifts.
	Portrait	Notes: The visit to the NPG will last about 2 hours
	Gallery	Description: Westminster Connections*
		The NPG's collection of portraits numbers over 210,000 – we won't be seeing
		them all! Hear the stories of 12 portraits each with a link to Westminster –
		covering almost 500 years of British history.
		To book for this event, <u>Click here</u> Max 15 participants Cost:£10.00.
Your gui	de: Steve* Par	kinson first worked in London in 1991 and fell in love (with the city)! After a career
in the in	ternational oil a	and chemical industries he changed direction. He is now a qualified City of
		of London guide and still spends some of his free time exploring new areas. He

Westminster and City of London guide and still spends some of his free time exploring new areas. He leads commercial tours on a variety of topics including science, architecture, Royal London and even pubs!

**\*NB: Corrections**: Earlier version of Programme was incorrect, but it is not possible to correct the online booking form now that bookings have started. Therefore please note:

Correct name of your guide: Steve Parkinson (name on BOOKING FORM: Simon Parkinson): Title of Afternoon Visit: Westminster Connections (title on BOOKING FORM: Quirky London Portraits)

# Tuesday 21<sup>st</sup> May 2024

## AM walk: Out of the Shadows LGBT+ PM visit: From the Tudors to the 21<sup>st</sup> Century

#### (Each event bookable separately)

#### **Guide: Phil Scott**

Time	Session	Session Description	
	Туре		
11.00 13.00	Morning Guided Walk	<u>Meeting Place:</u> Westminster Tube station. Outside Exit 1, (Guide will be in front with a sign) Step-free access. <u>Notes:</u> The walk lasts about 2 hrs and covers about 2 miles, ending at Trafalgar Sq.	
		Description: Out of the Shadows LGBT+For many years people in the LGBT+ community had to live in the shadows due to discriminatory laws and attitudes. This walk reflects on the prejudice suffered as well as celebrating the contributions of LGBT + people in history and the major strides made towards equality in the UK.We will encounter a man persecuted for his sexuality memorialised in a coffin, the 'most handsome man in England' who was the lover of a former king; war heroes; brave men and women who drove the push to equality, the park which Lord Liverpool had locked up at night to prevent 'scandalous practises', a trans fencer who fenced in front of the Prince of Wales plus the pioneer of computing who appears on a banknote.To book for this walk Click hereMax 20 participants Cost:£10.00	
14.30 16.30	Afternoon Guided Visit to National Portrait Gallery	Meeting Place: outside the main entrance to the NPG, St. Martin's Place. Closest stations Charing Cross or Leicester Square. Note the Tube stations don't have lifts. Notes: The visit will last about 1½-2hrs. Description: From the Tudors to the 21st Century We will look at UK history from Tudor times to the 21st century in portraits. We will witness the rise and fall of empire; periods of immense political and religious turmoil, the end of absolute monarchy and the growth of modern democracy (including the fight for votes for all); civil war and the world war along with huge cultural, religious and social changes. All of this is illustrated through a range of portraits featuring people who have made a difference, from Elizabeth I to Elizabeth II.To book for this event Click hereMax 15 participants Cost:£10.00	
fascinate Westmin 30 years.	Your guide: Philip Scott was originally from Lancashire but has lived in London for 43 years and is still fascinated by this amazing metropolis. He is a qualified London tour guide achieving the City of Westminster qualification in 2019. Prior to this he taught Politics and History in east London for more than 30 years. He specialises in royal and political history, diverse histories, war and remembrance, off beat London as well as central London's various neighbourhoods. <i>Instagram</i> - @walkwithphilip		

# Tuesday 21<sup>st</sup> May 2024

# AM: Walk: Women in Westminster PM: Visit: National Portrait Gallery – Westminster Women

Exploring influential women in Westminster through a morning walk in Westminster and an afternoon examining their portraits in the National Portrait Gallery.

## (Each event bookable separately)

#### **<u>Guide</u>: Dr Paul Waddams**

Time	Session Type	Session Description
11:00 -	Morning	Meeting Place
13:00	Guided	In the courtyard of Burlington House, Piccadilly, in front of the statue to Sir Joshua
	Walk	Reynolds at 11:00 am. Nearest Tube Stations: Piccadilly Circus or Green Park.
		Please note Green Park Station has lifts and Piccadilly does not.
		Notes: The walk will last about 2 hours and cover a distance of about 2 miles,
		ending in Trafalgar Square.
		Description: Women in Westminster
		During the walk we will encounter a number of remarkably influential women. We
		will start with two founder members of the Royal Academy: Angelica Kauffman and Mary Moser. In St James's Piccadilly we will meet two lesser known artists: Mary Beale and Mary Delany. Influential women who lived in St James's Square include Ada Lovelace and Nancy Astor. Along Pall Mall and Waterloo Place we will meet Florence Nightingale, Nell Gwynne and two extraordinary scientists Elsie Widdowsen and Dorothy Hodgkin. At the Women of World War II Memorial in
		Whitehall we will talk about Noor Inayat Khan and Queen Elizabeth II. We finish in
		Trafalgar Square where wartime concerts in the National Gallery often featured
		Dame Moira Hess.
		To book for this walk, click hereMax 20 participantsCost:£10.00
15.00 –	Afternoon	<b><u>Meeting Place</u></b> : In the foyer of the National Portrait Gallery. Nearest Tube Stations:
17:00	Guided	Charing Cross or Leicester Square. Please note Tube stations do not have lifts.
	Visit to	Notes: The visit to the NPG will last about 2 hours.
	the	<u>Description:</u> Portrait Gallery – Westminster Women
	National	During the afternoon we will visit portraits of <u>some</u> of the individuals we met on
	Portrait	the morning walk. We will also meet some of their contemporaries.
	Gallery	To book for this event click hereMax 15 participantsCost:£10.00
of his car 2017, Pa training	reer in the er ul has becon to be a tour §	ddams studied Geology at the Universities of Cardiff and Cambridge. He spent most nergy industry working in numerous locations around the world. Since retiring in ne a qualified City of London Guide and a City of Westminster Guide. He is currently guide inside Westminster Abbey. He has given numerous talks to local U3A groups BA walks in the City and in Westminster.

# Friday 31<sup>st</sup> May 2024

## AM: Mews Monuments and Museums PM: Cultural Highlights of the Victoria and Albert Museum

#### (All events bookable separately)

### **<u>Guide</u>: Marilyn Greene**

Time	Session	Session Description:
	Туре	
11.00 13.00	Morning Guided Walk	<ul> <li><u>Meeting Place:</u> Outside the main entrance to the Victoria and Albert Museum, Cromwell Road. Nearest Station South Kensington (not step Free). Knightsbridge station is planning step free access for mid-2024.</li> <li><u>Notes:</u> The walk will last about 2 hours and cover a distance of about 2 miles, ending near the Natural History Museum</li> <li><u>Description</u>: Mews Monuments and Museums</li> <li>On this tour we explore the delightful network of mews and features including churches and Brompton Oratory and the former Brompton Road Station in the south side of Cromwell Road between the V&amp;A and Harrods. We wind our way back via Holy Trinity Gardens to Albertopolis and discover the museums, institutions and monuments of South Kensington created as a result of the Great Exhibition in 1851.</li> </ul>
		To book for this walk Click hereMax 20 participantsCost:£10.00
14.30 16.30	Afternoon Guided Visit to Victoria and Albert Museum (V&A)	Meeting Place: Outside the main entrance to the V&A Museum, Cromwell Road. Nearest Station South Kensington (not step Free). Knightsbridge station is planning step free access for mid- 2024. Notes: The visit will last about 2 hours Ideally we will use the staircases but lifts can be arranged if required for most areas. (I need to know in advance) Description: Cultural Highlights of the V&A Museum This tour takes us around the highlights of the V&A galleries taking in significant objects from Britain, Europe, Asia and Africa from the 12 <sup>th</sup> – 21 <sup>st</sup> centuries. Some key objects include the Dale Chihuly's Chandelier, The Becket Casket, Paul Pindar's House, the Cast Courts, Hindu, Buddhist and Jain Sculptures, Tipu's Tiger, The Ardabil Carpet and the Bed of Ware. The tour also highlights some of the architecture, galleries and spaces created for the Museum and its collections, including the original restaurant rooms and Museum frontage. To book for this event Click here
the V&A faith bac	Museum from kgrounds to de	eene is a curator, educator, researcher, and City of London Guide. She worked at 2000-2013 where she initiated the programme of training guides from different liver intercultural tours, and researched her own gallery tours. She currently works
Treelance	e and for the Lo	ondon Transport Museum.

# Wednesday 5<sup>th</sup> June 2024

### AM: Walk: Regent's Park -- Fantasy Terraces and Secret Gardens PM: A Visit to the Wallace Collection

#### (Each event bookable separately)

### **<u>Guide</u>: Richard Cohen**

Time	Session	Session Description
	Туре	
11.00 13.00	Morning Guided Walk	<ul> <li>Meeting Place: Great Portland Street station in the booking hall. (no lifts)</li> <li>Notes: The walk will last about 2 hours and cover about 1.7 miles, ending at Baker Street station (no lifts)</li> <li>Description: Regent's Park - Fantasy Terraces and Secret Gardens</li> <li>We will see some of the most beautiful Nash Terraces on the Outer Circle and their gardens as well as St John's Lodge Gardens and the exquisite Queen Mary Rose Garden. We will look at the medicinal gardens of the Royal College of Physicians and hear about Prince Regent's grand scheme to make London the most magnificent city in Europe. We will look at how the buildings, gardens and open spaces of Regent's Park act to enhance our lives. June is a wonderful time to see the gardens and terraces of Regent's Park when so much new growth is green and bursting to life and colour.</li> </ul>
		To book for this walkClick hereMax 20 participantsCost: £10.00
14.30 16.30	Afternoon Guided Visit to the Wallace Collection	Meeting Place: Bond Street Tube station, Marylebone Lane exit, North of Oxford Street (Lifts available) Notes: The visit will last about 2 hours Description: Wallace Collection The Wallace Collection is a national museum in an historic London town house. Its 25 galleries contain unsurpassed displays of French 18th-century painting, furniture and porcelain with superb Old Master paintings and a world class collection of armour. It is a true treasure house and a unique collection as it has remained almost unchanged for more than 100 years. The setting of the gallery is truly elegant and a glorious reminder of a long since departed aristocratic way of life. We will be looking at a diverse selection of extraordinary art works in this introduction to one of London's greatest galleries. There is also a very comfortable place for refreshments.
		To book for this event Click hereMax 15 participantsCost: £10.00
London.	He has worked is enthusiasm	<b>hen</b> is an experienced guide with qualifications to guide in several different parts of for many years with Hampstead U3A (U3A in London) and is passionate about for the history of our great city with people of all kinds. You can read more about

Time	Session Type	St Giles to St Georges: a Tragi-Comic Walk <u>Guide</u> : David Lloyd
11.00 13.00	Morning Guided Walk	<ul> <li>Meeting Place: Tottenham Court Road Tube station, outside exit 4 at top of escalator. Lift available.</li> <li>Notes: The walk lasts about 2 hours (max) and covers 2 miles ending at the British Museum.</li> <li>Description: St Giles to St Georges</li> <li>We start at a place of execution but architectural excellence; continue to a horticultural oasis; meet the Beatles' manager and Monty Python; discover why John Keats would have made a terrible estate agent; avoid getting drenched; come across some extraordinary women from the early 20<sup>th</sup> century; marvel and perhaps smile when we arrive at another architectural masterpiece; meet an 18<sup>th</sup></li> </ul>
		century liberal and libertine and finish outside the British Museum.To book for this walkClick hereMax 20 participantsCost:£10.00
and Law Westmir	for many year oster and the E	yd studied History at Bristol and Liverpool Universities and UCL. He taught History rs in London. He has guiding qualifications from The City of London, the City of Borough of Camden. He guides at the National Portrait Gallery, Trinity House, the nd the Foundling Museum as well as leading history and literary walks in the capital.

Time	Session	Politicians, Philanthropists and Physicians	
	Туре	Guide: Sue McCarthy	
11.00	Morning	Meeting Place: Outside Holborn station by the KIngsway exit. There are steps	
13.00	Guided	from platforms to escalators but no lifts. Nearest toilets – Shakespeare's Head	
	Walk	(large Wetherspoons a little further down Kingsway)	
		<b>Notes:</b> The walk will last about 2 hours and cover about 1 <sup>3</sup> / <sub>4</sub> miles, ending at the	
		British Museum	
		<b>Description:</b> Politicians, Philanthropists and Physicians	
		This walk behind Holborn's main roads takes us through garden squares and tree-	
		lined streets. We visit Queen Square with its many hospitals and educational	
		associations and Red Lion Square, laid out by the first professional, female	
		landscape gardener. We pass architectural gems including the John Soane	
		Museum, and walk through Sicilian Avenue; see monuments to Ramsey	
		MacDonald's wife Margaret, radical politician Fenner Brockway, and the church	
		with a king on its spire close by early social housing and the hotel that started life	
		as a hostel for young women, before finishing at the British Museum.	
		To book for this walk <u>Click here</u> Max 20 participants Cost:£10.00	
Your gui	de: Sue McCar	thy has been a qualified guide for 10 years after a career in adult education and	
charities	. Her walks usu	ally have a social history or literary focus and she is particularly interested in the	
stories of	stories of London's women. Sue guides with <u>Capital Walks in London</u> and <u>Footprints of London</u> .		

Time	Session	Walking the Wild Side of Bloomsbury	
	Туре	<u>Guide</u> : Rebecca Walker	
11.0013.00	Morning Guided Walk	Meeting Place: At the sculpture of Matthew Flinders and Trim the Cat, outside the front of Euston Railway Station (south side), London NW1 2EE. Nearby transport links: mainline trains (Euston Railway Station); Underground (Euston/Euston Square no step-free access from Euston underground platforms.); Bus Station. Toilets (including accessible)/refreshments available at Euston Railway Station, or at Friends' House (opposite the War Memorial on the south side of the Euston Road). Notes: The walk will last about 1 hour 45 minutes and cover a distance of about 2 miles, ending at Bloomsbury Square, (approximately 5 minutes' walk to the British Museum) Description: Walking the Wild Side of Bloomsbury Bloomsbury is well known for its educational and literary links, for the serenity of its squares and the studious tranquillity of its libraries and museums. But behind these, lie hidden histories of radicalism and reform, heroism and betrayal. This walk will take us through the area's beautiful garden squares and historic streets where we will unearth and explore the lesser told stories of Bloomsbury's rule-breakers, risk-takers and radicals and meet these men and women – from VC holders to traitors, martyrs to medics, the godless to the godly – who, by daring to be different, found themselves making history.	
		To book for this walk <u>Click here</u> Max 20 participants Cost:£10.00	
2020 she	<b>Your guide: Rebecca Walker</b> has loved learning about history and sharing that learning for many years. In 2020 she completed the Camden Guiding Course, drawn to this lovely area of London after family research revealed that many of her ancestors were from there. She is also a qualified Islington Guide.		

# East Bloomsbury in 3D

# Guide: Carla Zoso

Time	Session	Session Description	
	Туре		
11.00	Morning	Meeting Place: Chancery Lane Underground Station. Meet outside the station,	
13.00	Guided	leaving via exit 1 (no lifts)	
	Walk	Notes: The walk will last 1.30 - 2 hours and cover a distance of about 2½ miles,	
		ending in the British Museum area.	
		Description: East Bloomsbury in 3D	
		Away from the elegant Georgian Squares, our walk will take us behind the	
		opulent houses into alleys once riddled with <i>Dirt, Disease</i> and <i>Destitution</i> , the 3	
		D's of our theme.	
		We will hear the rushing water of a disappeared river, described by Jonathan Swift	
		as a sewer of "dung, guts and drowned puppies". <i>Diamonds</i> (another D!) were	
		cut around the corner, not far from "ragged schools", workhouses and prisons. If	
		"Cleanliness is next to Godliness", dirt and poverty were next to disease and	
		deprivation in these dark streets.	
		The rapid increase in population during the Victorian age accelerated the need for	
		a proper sewage system, clean water for all and the first social housing. A few examples in our walk.	
		We will pass by The Foundling Museum, once a refuge for abandoned children.	
		After a stop by a former Horse Hospital, we will visit a square with more hospitals	
		and even a larder for a sick King. End around the British Museum area.	
		To book for this walk <u>Click here</u> Max 20 participants Cost:£10.00	
Your gui	de: Carla Zoso	was born in Italy but has lived in London for over 30 years and considers herself a	
•	consummate Londoner. She guides at the London Canal Museum and is a qualified Camden Guide. She		
	prefers the quieter and less crowded areas of London: Regent's Canal, the Legal Quarters, Highgate		
	Cemetery. She tries to leaven history with the humorous, the odd and the quirky. She makes lots of		
	connections with other cultures and countries. Her walks glisten with pendants of the past, present and		
	future. She worked as a language teacher, now semi-retired. She also volunteers at the Bloomsbury		
Squares'	Squares' Wellbeing walks and at Age UK.		

Time	Session	British Museum Highlights	
	Туре	Guide: Daniel Hausherr	
14.30	Afternoon	Meeting Place Inside the British Museum, Great Russell Street.	
16.30	Guided Visit	Meet at the Information Desk in the Great Court. Nearest Tube stations:	
	to British	Tottenham Court Road (step-free access); also Holborn/ Russell Square/Goodge	
	Museum	Street but none have step-free access.	
		Notes: The visit will last about 1.5-2 hours	
		Description: British Museum Highlights	
		This is a 90-minute tour of the highlights of the British Museum. In this tour you	
		will see the Assyrian lion hunts of King Ashurbanipal, the Parthenon Marbles, the	
		Rosetta Stone, the tomb chapel of Nebamun, a good selection of ancient Egyptian	
		artefacts, the Sutton Hoo ship burial, and many others. The British Museum holds	
		one of the largest collections of world history and is made up of some 8 million	
		objects. We barely have time to scratch the surface but what you will see are	
		some of the most beautiful treasures ever made by human hands. Your guide is a	
		former employee.	
		To book for this event <u>Click here</u> Max 15 participants Cost:£10.00	
Your gui	Your guide: Daniel Hausherr is an Islington and Camden tour guide who currently works at the National		
Portrait (	Portrait Gallery. Daniel has worked in most of London's major galleries and museums including the British		
Museum	Museum, National Gallery, Science Museum, V&A and many others. Originally from NY Daniel moved to		
London i	London in the 1980s.		

Time	Session	British Museum Highlights Tour
	Туре	Guide: Alison Seabrook Moore
14.30 16.30	Afternoon Guided Visit to The British Museum	Meeting Place:Meet at the rear entrance of the British Museum, Montague Place.Nearest Tube stations:Tottenham Court Road (step-free access); also Holborn/ RussellSquare/Goodge Street but none have step-free access.Notes:The visit will last about 1 ¾ to 2 hoursDescription:British Museum Highlights TourThe British Museum might be called Britain's "museum of the world for the world".world".The first national museum anywhere, it all started in 1759, because of doctor-to-the-aristocracy and avid collector Sir Hans Sloane.Norman Foster's Great Court (the largest covered square in Europe), we will go on a whistle-stop introductory tour of British Museum highlights, why they're special, beautiful and important and how they came to be here: the Rosetta Stone, Parthenon Marbles, Sutton Hoo, Lewis Chessmen, Hoa Hakananai'a, Ramesses the Great, Tang Tomb Warriors, Gebelein Man, Mildenhall Treasure and the Mold Gold Cape.
		To book for this event <u>Click here</u> Max 15 participants Cost:£10.00
training. internati	Your guide: Alison Seabrook Moore is a qualified Camden Tour Guide and London Blue Badge guide in training. After a career using her languages (French, German, Spanish) in travel and event organisation, international relations and education, she now enjoys sharing her love and knowledge of London with travellers from far and wide.	

Time	Session	Highlights of the British Museum
	Туре	<u>Guide</u> : Jo Wilkinson
14.30 16.30	Afternoon Guided Visit to the British Museum	<ul> <li><u>Meeting Place</u> British Museum, Great Russell Street. Meet at the Information Desk in the Great Court. Nearest Tube stations: Tottenham Court Road (step-free access); also Russell Square/ Holborn/ Goodge Street but none has step-free access.</li> <li><u>Notes</u>: Main entrance on Great Russell Street has 12 steps with a handrail. The North (rear) entrance on Montague Place has 12 steps and lift access. Self-operable lifts on both sides of these steps. The visit will last about 1½-2 hours.</li> <li><u>Description:</u> Highlights of the British Museum</li> <li>A tour of some of the Highlights of the British Museum taking in exhibits from many parts of the world, some of which are well known and some of which might be new. From monumental sculpture to tiny figures, from Britain to China, from</li> </ul>
		India to Greece, from items we were never meant to see to objects celebrating their makers there is so much to see.
		To book for this event <u>Click here</u> Max 15 participants Cost:£10.00
She work since 202	Your guide: Jo Wilkinson visited the British Museum regularly when at university studying ancient history. She worked in the Museum bookshop and on the Information desk for a number of years and as volunteer since 2020. She is a City of London Guide and a Camden Guide and in addition to the British Museum, guides at the Foundling Museum, the Old Bailey and the London Charterhouse as well as leading walks.	

Time	Session	Discover the British Museum Treasure House	
	Туре	<u>Guide</u> : Aaron Hunter	
14.30 16.30	Afternoon Guided Visit to The	<u>Meeting Place</u> British Museum – rear entrance from Montague Place. Closest Tube stations: Tottenham Court Road (step-free access); also Russell Square/ Holborn/Goodge Street but none have step-free access.	
	British Museum	Notes: The visit will last about 2 hours Description Discover the British Museum Treasure House	
		Discover the world's greatest museum of antiquity and world culture. The British Museum can appear overwhelming in its diversity of treasures. On this museum tour, I will unlock this vast collection by showing its most iconic objects, including what some believe is the most valuable, the most famous and the most controversial! We will start our journey by discovering how this museum started before we travel to Ancient Greece, Rome, Egypt and Assyria. We look at the walls of an ancient Assyrian Palace and the famous freezes of the most famous Greek temple in the world before searching for two of the seven wonders of the ancient world.	
		To book for this event Click hereMax 15 participantsCost: £10.00	
great mu	Your guide: Dr Aaron Hunter is a Scientist and Historian of Science who focuses on giving tours of the great museums of London. For the past two years, he has been part of the team that offers tours of the British Museum in the early morning before the doors open or for corporate events in the evenings.		

# Wednesday 19<sup>th</sup> June 2024

### AM: The Squares and Gardens of Bloomsbury in Springtime PM: The Hunterian Museum of Anatomy

#### (Each event bookable separately)

#### **Guide:** Richard Cohen

Time	Session	Session Description	
	Туре		
11.00	Morning	Meeting Place: Tottenham Court Road Underground Ticket Hall, between Exits 3 &	
13.00	Guided	4 by Daniel Buren's colourful 'Diamonds & Circles' mural. Lift located between	
	Walk	Ticket Hall and Northern Line platforms,	
		Notes: Walk lasts about 2 hrs and covers 1½ miles, ending at Holborn Tube station.	
		Description: Squares and Gardens of Bloomsbury in Springtime	
		Bloomsbury is a fine example of a planned and civilised environment. On this walk	
		we will explore its beautiful squares which pioneered a new concept in town living,	
		the idea of Rus in Urbe which combined the greenery and tranquillity of garden	
		squares with the convenience of city life. We will look at the handsome buildings	
		on Lincoln's Inn Fields and see some jewels of Georgian architecture. We will	
		wander through the traditional neighbourhood High Street of Holborn at Lamb's	
		Conduit Street with its high end, elegant boutiques and then hear the story of the	
		struggle for paediatric medicine at Great Ormond Street Hospital. Everything will	
		be looking at its very best in the glorious June sunshine!	
		To book for this walk Click hereMax 20 participantsCost: £10.00	
14.30	Afternoon	Meeting Place Hunterian Museum 38-43 Lincoln's Inn Fields WC2A 3PE	
16.30	Guided	Closest station: Holborn Underground station. No lifts.	
	Visit to	<u>Notes</u> : The visit will last about 1.5 hours	
	Hunterian	Description: Hunterian Museum of Anatomy	
	Museum	The Hunterian Museum, named after the 18th century surgeon and anatomist John	
		Hunter, reopened in 2023 following the 5-year redevelopment of the Royal College	
		of Surgeons. You will see an extraordinary and at times unsettling display of over	
		2,000 anatomical preparations from Hunter's original collection, alongside	
		instruments, equipment, models & paintings which trace the history of surgery from	
		trepanning in ancient times to the latest robot-assisted operations. The Museum	
		includes England's largest public display of human anatomy. There are some truly	
		wonderful interactive displays using the latest digital technology.	
		To book for this event Click hereMax 15 participantsCost: £10.00	
Your gui	de: Richard (	Cohen: An experienced guide with qualifications to guide in several different parts of	
London.	London. He has worked for many years with Hampstead U3A and is passionate about sharing his		
enthusia	sm for the his	story of our great city with people of all kinds. You can read more about him <u>here</u> .	

### Monday 1st July 2024

### A day in the City of London, exploring history and art

#### AM: Walk: Rebel Girls and Wicked Women PM: Visit: Treasures of the Guildhall Art Gallery

# (Each event bookable separately)

#### **<u>Guide</u>: Christine Wilkins Molloy**

Time	Session	Session Description	
	Туре		
11.00	Morning	Meeting Place: outside St Paul's Tube station (no step-free access). Exit 2, by	
13.00	Guided	Caffe Nero, Panyer Alley.	
	Walk	Notes: The walk will last about 2 hours and cover a distance of about 1½ miles,	
		ending at Bank Junction outside the Mansion House. Most of the walk is on level	
		ground, with small flights of steps at certain locations.	
		Description: Rebel Girls and Wicked Women	
		Women's stories have not always been given prominence in the history of the City	
		of London, but digging below the surface of the last two thousand years reveals	
		tales of rebellious queens, a seventeenth century cross-dressing pickpocket,	
		would-be religious and political reformers, and an acquitted husband-killer. Hear	
		the accounts of their lives and decide for yourself the labels that best fit!	
		To book for this walk <u>Click here</u> Max 20 participants Cost: £10.00	
Maat	Afternoon		
Meet 14.00	Guided Visit	<u>Meeting Place</u> In Guildhall Yard, Gresham Street, at the entrance to the Art Gallery – nearest stations St Paul's (Tube station), Moorgate (Tube and National	
	to Guildhall		
Tour 14.15-		Rail), Bank (Tube and DLR). No step-free access.	
	Art Gallery	<b>Notes</b> : The visit will last one and a half hours. The Gallery has airport style	
15.45		security for bags and closes at 4pm, so we will need to meet from 2pm to allow	
		time for access. The Gallery has lift access between the various levels as well as	
		stairs. <u>Description:</u> Treasures of the Guildhall Art Gallery	
		Guildhall Art Gallery is home to the City of London Corporation's art collection.	
		The collection includes over 1300 oil paintings, dating from 1670 to the present	
		day, with a number of Pre-Raphaelite items and other choice Victorian material –	
		as well as an unexpected archaeological discovery. The tour will introduce some	
		of the highlights of the gallery.	
		of the highlights of the gallery.	
		To book for this event Click hereMax 15 participants Cost: £10.00	
Your gui	Your guide: Chris Wilkins Molloy has lived and worked in London since the early 1980s. A History graduate		
and a for	and a former teacher, she is now a qualified City of London, City of Westminster, and London Borough of		
Camden	Camden tour guide. She has led walks for the U3A London Region since 2021.		

# Monday 1<sup>st</sup> July 2024

# Constable and the British Landscape Tradition at the V&A

### **<u>Guide</u>: Marilyn Greene**

		Session Description:
	Туре	
11.00	Morning	Meeting Place: Inside the back (Exhibition Road) entrance to the Victoria and
13.00	visit to	Albert Museum. Nearest Station South Kensington (not step Free). Knightsbridge
	Victoria and	station is planning step free access for mid-2024
	Albert	Notes: The tour will last about 2 hours
	Museum	<b>Description:</b> Constable and British Landscape Tradition at the V&A
		The V&A has a significant collection of eighteenth and nineteenth-century
		landscape painting which gives a sense of changing attitudes to the land and
		landscapes at the time in a period which saw much agricultural unrest. Many
		were from the collection of John Sheepshanks to form a national museum of
		British Art in 1857. Works by John Constable were amongst the first donations to
		the South Kensington Museum in 1857 and in 1888, Constable's last surviving
		daughter, Isabel Constable donated some 390 landscape sketches to the museum
		making the Museum have one of the largest collections of his work.
		To book for this walk <u>Click here</u> Max 15 participants Cost:£10.00
Your guid	de: Marilyn Gr	eene is a curator, educator, researcher, and City of London Guide. She worked at
the Victo	ria and Albert	Museum from 2000-2013 where she initiated the programme of training guides
from diff	erent faith bac	kgrounds to deliver intercultural tours and researched her own gallery tours. She
		ce and for the London Transport Museum.

## Friday 5th July 2024

## AM Walk along the Thames followed by Tate Britain tour PM Walk along the Thames followed by Tate Modern tour

#### (Each event bookable separately)

#### **Guide:** Hazel Beale

Time	Session	Session Description	
	Туре		
11.00	Morning	Meeting Place: Inside Waterloo station 'under the clock' (traditional meeting	
13.00	Guided	place, now has a Coronation sticker on floor) from 10.30 for 11.00 start.	
	walk and	Notes: Length of walk about 1 mile, about 1 hour	
	gallery tour	Description: Walk along the Thames followed by Tate Britain tour	
	(Tate	We will walk through Archbishop's Park and beside the Thames to Tate Britain,	
	Britain)	looking at St Thomas's Hospital and the Covid memorial wall, Lambeth Palace,	
		across Lambeth Bridge, and look at the riverside artworks near Vauxhall Bridge. In	
		Tate Britain there will be a tour of about 8 artworks currently on display, finishing around 13.00.	
		To book for this walk, click hereMax 15 participantsCost:£10.00	
14.30	Afternoon	Meeting Place London Bridge station near Gregg's on the lower concourse (toilets	
16.30	Guided	and water fountain in station) from 14.00 for 14.30 start.	
	walk and	Notes: Length of walk about 1 mile, about 1 hour	
	gallery tour	Description: Walk along the Thames followed by Tate Modern tour	
	(Tate	We will walk beside the Thames to Tate Modern looking at Hay's Galleria, HMS	
	Modern)	Belfast, Southwark Cathedral, Borough Market, the site of Shakespeare's 'Rose'	
		Theatre and the present-day Shakespeare's Globe. In Tate Modern there will be a	
		tour of about 8 artworks currently on display, finishing around 16.30 with	
		optional visit to cafe or gallery shop.	
		To book for this event, <u>click here</u> Max 15 participants Cost:£10.00	
Your guid	Your guide: Hazel Beale trained as a London Blue Badge guide, City of London guide, and London Borough		
of Camde	of Camden guide. She is a volunteer guide at the British Museum, Tate Britain, Tate Modern, and Red		
House in	House in Bexleyheath. She leads frequent walks and talks for her local U3A (Southeast London).		

# Wednesday 10<sup>th</sup> July 2024

# AM: Walk: Islamic History in London PM: Visit: Islamic History in the British Museum

#### (Each event bookable separately)

### Guide: AbdulMaalik Tailor

Time	Session Type	Session Description	
11.00 13.00	Type Morning Guided Walk	<ul> <li><u>Meeting Place:</u> Outside Holborn Tube Station, Kingsway exit. Steps from platforms to escalators but no lifts.</li> <li><u>Notes:</u> The walk will last approx 1½ -2hrs hours and cover a distance of about 1.2 miles, ending at Wellcome Collection, Euston Road</li> <li><u>Description</u>: Islamic History in London</li> <li>Embark on a captivating journey through history discovering some hidden Muslim gems in Bloomsbury! Uncover the vanished Victorian mosque in 1889 and explore the last house of William Henry Quilliam, the founder of England's first mosque. Delve into the untold story of a Muslim spy's tragic tale. Witness Pakistan's first unofficial embassy and see the site of Eid prayers near Holborn tube station. Discover the secrets behind a Turkish bath's pavement sign, blending history and intrigue. Join us in unravelling these enigmatic narratives, a perfect blend of</li> </ul>	
		mystery, culture, and Muslim historical significance!To book for this walk Click hereMax 20 participantsCost:£10.00	
14.30 16.30	Afternoon Guided Visit British Museum	Meeting Place: Back entrance of British Museum. Tottenham Court Road Tube (step-free access); also Russell Square (lifts but some steps from platform to lift) Notes: The visit will last about 1½-2 hours Description: Islamic History in the British Museum Explore the hidden narratives of Islamic History in the British Museum, from Ayub Suleiman Diallo's emancipation in 18th-century America to William Quilliam and Haji Mohammad Dollie shaping Islam in 19th-century Britain. Navigate the intricacies of terminology to combat stereotypes, and trace Britain's early Muslim connection dating 141 years after Prophet Muhammad's death. Uncover the potential influence of Vikings' encounters with Muslims on their culture. Witness the historic clash between Salahuddin and Richard I during the Crusades. Dr. Leitner's role in Britain's first purpose-built mosque is highlighted, offering a pivotal glimpse into his life.	
Vour Col	da, Abd	To book for this event <u>Click here</u> Max 15 participants Cost:£10.00           lik Tailor is Britain's first professionally qualified Muslim tour quide and a leading	
authority fascinatio	Your Guide: AbdulMaalik Tailor is Britain's first professionally qualified Muslim tour guide and a leading authority on Halal tourism in the country. His journey began with a conversion to Islam, sparking a deep fascination with Muslim history in Britain. With expertise and passion, AbdulMaalik Tailor has become a pioneer, promoting Halal tourism and sharing the rich heritage of Muslims in Britain through his guided tours.		

# Thursday 18<sup>th</sup> July 2024

# St James's: Gentlemen's London...

A gentle stroll through centuries of the quarters and lifestyles of men, sprinkled with stories of women

#### Guide: Pernille Ahlström

Time	Session	Session Description	
	Туре		
11.00	Morning	Meeting Place: Outside Green Park Tube station (Stratton Street exit). Lifts	
13.00	Guided	available.	
	Walk	Notes: The walk will last about 2 hours and cover a distance of about 1.2 miles,	
		winding its way to St James's Square and finishing on East Pall Mall at Trafalgar	
		Square.	
		Description: St James's: Gentlemen's London	
		Sandwiched between Piccadilly, The Mall, Green Park and Haymarket, St James's	
		forms a distinctive area traditionally known as 'Gentlemen's London'. Since the	
		17thC, it has been the home and haunt of aristocrats, politicians and the literati,	
		as well as those catering to their lifestyles and whims, including hotels, shops,	
		clubs and gaming halls. The area takes its name from the site of a leper hospice	
		for women, St James the Less, founded in 1189 and transformed by Henry VIII	
		into a palace, subsequently becoming the seat of royal power after the	
		destruction by fire of the Palace of Whitehall in 1698.	
		To book for this walk <u>click here</u> Max 20 participants Cost:£10.00	
Your gui	Your guide: Pernille Ahlström received her MA in History of Design from the Royal College of Art in 1986,		
having pi London.	having previously worked as a museum guide-lecturer and teaching art history in Sweden until moving to London. She qualified as a professional tour guide in 2009 and has led tours at Parliament and		
Westmin	Westminster Abbey alongside her own tours and talks, focusing on the Westminster area.		