

Learn, laugh, live

London Region of U3As



SUMMER SCHOOL 2023 Tuesday 25th and Wednesday 26th JULY

St. Bride Foundation Institute, 14 Bride Lane (off Fleet Street) EC4Y 8EQ (Easy access from Blackfriars underground station or City Thameslink)

£41 per day including refreshments and lunch You can choose to attend for one or both days. This is an in-person event for u3a members.

The following pages contain a map with directions, a timetable, floorplan, an alphabetical list of speakers and guides and details of each session.

Choose from a wide range of subjects including Art, Current Affairs, History, Literature, Performing Arts, Music, Sciences and Social Studies. There is not general theme this year. Contributors to the programme have been invited to select a topic from their area of interest.

Activities include talks, workshops and guided walks. Select any combination of sessions according to the timetable. *NB: in order to enable more members to participate in walks, only one walk per person per day will be bookable.* To join a waiting list see Contact below.

On-line booking: Please apply and pay on-line – it's quick and easy, saves paper and helps with administration. The Online Application Form will be available on the Events page of the London Region of U3As website when bookings open end of March. Please click on link: <u>https://u3asites.org.uk/london-region/events</u>

BACs Payment: If you do not wish to pay through the online booking system you may pay by bank transfer to London Region's bank account. Details provided by email upon booking.

Booking/ Payment Confirmation: Your booking and payment confirmations will be sent to you by email on receipt of payment. PLEASE BRING BOOKING CONFIRMATION WITH YOU (PAPER OR 'PHONE) ON THE DAY/S YOU ATTEND AS THIS WILL ACT AS YOUR TICKET & LUNCH VOUCHER.

Refunds may be given in exceptional circumstances until 26th June, but none thereafter.

Contact for further information: email: <u>bookings.lru3a@gmail.com</u> or Tel: 07774 884 297

WE ARE VERY MUCH LOOKING FORWARD TO WELCOMING YOU!

Travel notes: The venue is centrally located in London and well served by public transport (see map p.3). The event starts at 11.00 (doors open from 10.15) and ends by 16.30, so most participants should be able to travel outside peak hours.

Doors open from 10.15: Registration & Refreshments:

Registration desks at the rear of Bridewell Hall (see Floor Plan p4). Our Volunteers will check you in and give you your name label.

- Please bring your booking confirmation as it is your ticket indicating which sessions you have applied to attend.
- See Timetable and Floorplan for activities and room locations; also for location of loos.

After registration, help yourself to tea/coffee and biscuits.

Start of Activities 11.00 am: Please move to your first session promptly.

> Walkers please join your Guide outside on the Terrace

Our experienced Guides have noted any significant points for their own walk in the Programme description.

On the day, Volunteers will register and introduce Walkers to their Guides who will brief their groups in more detail about the route and any specific instructions. However, the following general points apply to all walks:

- All walks are scheduled for 2hrs, starting and ending at St. Bride's. Walkers should not leave the group without agreement of the Guide.
- A back-marker will be nominated by the Guide to keep an eye on those at the back of the group.
- Wear suitable footwear and clothing; bring drinking water, coins for public toilets, and other essential personal items; also travel pass where public transport mentioned.
- All Guides will be equipped with voice amplification equipment.
- Lunch 13.15-14.15: Served at the rear of Bridewell Hall, lunch will include a choice of healthy salads and fruit. Meals will be served in prepacked recyclable boxes which speed up service and are more hygienic.
- > Health Notes:
 - We ask you to exercise common sense regarding your own personal health and circumstances, and to respect others.
 - Please do not attend if you or others in your household have a transmissible infection.

Key points are noted in this Programme to help you decide about participation, but feel free to ask questions if you have any particular concerns



DIRECTIONS

St Bride Foundation Institute, 14 Bride Lane (off Fleet St) EC4Y 8EQ

By rail – City Thameslink (2 mins) London Blackfriars (5 mins)

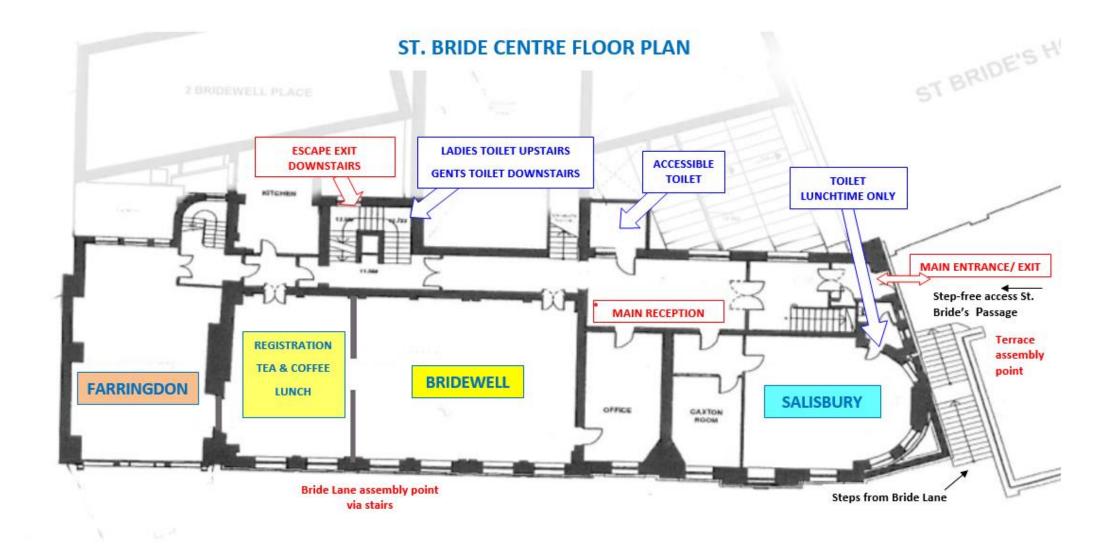
By Tube – Blackfriars (5 mins) St Paul's (7 mins) Chancery Lane (10 mins) Elizabeth Line to Farringdon Stn; then 341 bus to Ludgate Circus (2 mins)

All the above stations are shown on this map

By bus -- 11, 15, 26, 76 along Fleet St. 4 to Blackfriars station along Queen Victoria St. 63 along New Bridge St; 341 along Farringdon St.



For step-free access go from Fleet Street via Salisbury Court and St. Bride's Passage



TIME		TUE	SDAY 25th JU	LY			WEDN	ESDAY 26th .	IULY				
10.15-10.50				R	egistration &	Coffee							
10.50-11.00		Everyone to join their first session of the day											
	TALKS	TALKS	WORKSHOP	WALK	WALK	TALKS	TALKS	WORKSHOP	WALK	WALK			
11.00-12.00	Susan Elkin 'Please Miss, we're Boys'	James Manor India Success Stories Now at Risk	Philippa Bassett The Shock of the New (Art History)	Hazel Beale	Richard Cohen St. Paul's and Blackfriars	Helen Monger London's Historic Landscapes	Alan Morton London's Energy	Jenny	Paul Baker The City From the Romans to Richard Rogers & Beyond	Helen Long London's River			
12.15-13.15	Terry Lloyd Shaping of Eastern Europe	Brian Sweeney Practical Steps to Controlling Global Warming	TALK Dayna Miller Kingston Univ. Archive Cary Ellison Theatre Programmes	Shakespeare's London		Martin Heard Venice and the British	Andrew Graham What have we learnt from visiting the Moon?	Strong Quilting Workshop					
13.15-14.15					LUNC	н							
	TALKS	TALKS	WORKSHOP	WALK	WALK	TALKS	TALKS	WORKSHOP	WALK	WALK			
14.15-15.15	Nick Higham Mercenary River: London's water	Herbie Goldberg Music – The Royal Muse	John Lough How to Read	Chris Wilkins- Molloy Secret Gardens	lan McInnes The	Jane Pritchard Ballets Russes	Roger Luther Oresme, the Harmonic Series and Climate Change		Richard Cohen Walk the	Eleanor Bloom			
15.30-16.30	Chris Dean An English Lady in Constantinople	John Naylor Riddle of the Rainbow	a Film	and Pocket Parks	Elizabeth Line	Charles Tindale- Biscoe After Raphael	Kevin McCarron Long Dark River (addiction & morality in literature)	Ukulele	Bounds: London's City Walls Blackfriars to Moorgate	Literary Corner of London			

TIMETABLE

SPEAKER/	TIME	SESSION TYPE	SESSION DESCRIPTION & SPEAKER PROFILE
Neil Abrahams	Wed 26 th 14.15- 16.30	WORK SHOP Music	 Ukulele Workshop: The Workshop is intended for ukulele players from beginners upwards who would like to improve their repertoire of chords and songs. There will be some chord exercises and singalong songs of increasing difficulty as well as encouraging individuals to show off their ukulele skills. <i>Please bring your own ukuleles but there will be a limited number available if you state that you require one on your application form.</i> Neil has been running the Dulwich & District u3a ukulele group for the past five years, playing for fun and performing at community centres and care homes. During lockdown he ran one of the u3a Zoom national ukulele jam sessions which attracted over 60 Zoomers, and his group celebrated u3a's 40th anniversary by performing 40 songs from 40 years in 40 minutes, in the local park.
Paul Baker	Wed 26 th 11.00- 13.15	WALK	 The City From the Romans to Richard Rogers and Beyond: This walk offers the best and most dramatic aspects of the City 2000 years of history, dating back to the Romans, including medieval alleyways, the Great Fire, St Paul's Cathedral, and the present-day City of glass, concrete and steel. And in the light of recent events, we'll be asking: what is the future of the City of London? And, to get an overview of London, we'll climb (in a lift!) to a roof which offers a magnificent free view over the city. The tour finishes at Bank Station. Walkers can opt to be escorted by Tube back to St. Brides' or continue elsewhere on their own by agreement with Paul. Paul has lived in London for the past 40 years, and has been a qualified City of London guide for 20 years. As well as specialising in tours of the City and Greater London in English and French, Paul also guides in his own beloved borough of Barnet. He is a member of Barnet u3a.
Philippa Bassett	Tues 25 th 11.00- 12.00	WORK SHOP Art History	 The Shock of the New: We will explore changes in art history during the 1st part of the 20th century when the art scene moved from Europe to the USA. We can trace the effects of urbanisation and WW2 on the visual arts via the works of artists as diverse as Edward Hopper and Jackson Pollock and discuss new movements such as Abstract Expressionism. Presentation: slides, hand-outs and group work. No prior knowledge required. Philippa worked for U3A National Office for many years as national events manager, covering the arts and sciences. She has a BA Hons degree and specialised in art history from 1848 to the 1950s. Philippa has taken groups round the National Gallery, The Courtauld and Wallace Collection. She has been the art history group leader at Croydon u3a for many years.

SPEAKER/	TIME	SESSION TYPE	SESSION DESCRIPTION & SPEAKER PROFILE
Hazel Beale	Tues 25 th 11.00- 13.15	WALK	Shakespeare's London: We will make our way from St. Bride's Institute to the site of Blackfriars Theatre where The King's Men including William Shakespeare performed from 1608. The theatres were closed in 1642 with the Civil War, and the area destroyed in the Great Fire of 1666. We then walk across the Millennium Footbridge and look at the sites of the Rose and Globe theatres where Shakespeare's plays were performed in the 1590s, and present-day Shakespeare's Globe, a reconstruction of the playhouse of 1599. We will return to St Bride's Institute by walking through the new Blackfriars Station which straddles the Thames, enjoying the view as we walk the length of the platform (escalators either end). Hazel has lived in London for the past 23 years after moving from her home town of Bath. Her hobby is guiding in London where she is a volunteer guide with the British Museum, Tate Modern and National Trust as well as leading walks as a City of London guide and with her local u3a (Member of London Southeast u3a).
Eleanor Bloom	Wed 26 th 14.15- 16.30	WALK	A Literary Corner of London: Fleet Street gave its name to the national newspaper industry known as 'the print' which, although no longer there, is still synonymous with the street name. The walk winds through the courtyards and closes of the Fleet Street area where we'll see the home of the first printing press in London; the famous Cheshire Cheese pub rebuilt in 1667 frequented by literary giants; see where the first English dictionary was written, and step inside the Victorian world of the Temple where so many of the literary novels were filmed. Dr Johnson, Charles Dickens, William Shakespeare, Samuel Pepys and Sweeney Todd are among the colourful characters you will find out about on this walk. Eleanor is a retired police officer with 34 years' service in the City of London force. As a qualified tour guide for City of London and City of Westminster, she conducts regular guided walks around London, and also gives historical talks to social groups and cultural societies. She has received the freedom of the City of London, and brings to her tours her skills, experience and knowledge of the streets of London with a light-hearted and informal approach. Member of Redbridge u3a.
Richard Cohen	Tues 25 th 11.00- 13.15	WALK	St. Paul's and Blackfriars: This walk takes in no fewer than 4 magnificent Wren churches as well as offering the chance to look up at the world's most beautiful dome at St Paul's. We will wander through the narrow and unchanged alleys of Blackfriars past the site of the theatre where several of Shakespeare's plays had their first performance. Hear about the horrors of Newgate Prison and the Old Bailey. To cap it all we take a quick look at some of the taverns and drinking holes that the writers and journalists of Fleet Street would have known and loved. There are some slopes but no steep climbs on this walk but there are a couple of fairly short staircases to climb. As this short walk is replete with history and legend it should take 90 minutes to 2 hours to complete. Start and finish at St Brides. <i>See additional walk and speaker details next page.</i>

SPEAKER/	TIME	SESSION TYPE	SESSION DESCRIPTION & SPEAKER PROFILE
Richard Cohen	Wed 26 th 14.15- 16.30	WALK	Walk the Bounds London's City Walls from Blackfriars to Moorgate: Leaving Blackfriars we will trace our way along the line of ancient walls that protected the Roman and Medieval city. You will see the actual masonry in several places on the way and the site of a Roman encampment. We will also pass some of London's most beautiful churches along with an array of spectacular modern architecture. There are also some lovely gardens and three impressive Guild Halls on our route. There is one flight of stairs to climb on the walk but the new High Walk along which we pass along towards the end of the journey can be reached by lift. The walk ends at Moorgate but I will bring anyone who needs to return back to St Brides by bus. Bring Travel Cards or Freedom passes. <i>See additional walk previous page.</i>
			Richard is a true Londoner and has lived and worked in London throughout his life. He is a fully qualified guide for City of London Guides, Clerkenwell and Islington, the City of Westminster and Camden. He is a lifelong lover of history and worked as a teacher in London for many years. He is passionate about the social and political history of London and the story of the lives of Londoners over the centuries. He can tell you how London grew from the fields beneath our streets to the huge and cosmopolitan urban society we live in today. Richard is available for scheduled group walks, individual tailored walks, international and UK schools and corporate commissions.
Chris Dean	Tues 25 th 15.30- 16.30	TALK History	An English Lady in Constantinople, 1716-18: The volume of Turkish Embassy Letters by Lady Mary Wortley Montagu, have recently been republished. Nearly a quarter of the talk is devoted to the context, under two headings: female rulers of the Ottoman Empire, and England and the Ottoman Empire to 1700. The speaker then looks at the life of this extraordinary lady, with extracts from her letters on warfare, Reason, ladies' clothes, slavery, sex, and so on. "For those who like their history to be 'relevant', you can easily imagine how the mixture of tolerance and intransigence in Anglo-Turkish relations between the first diplomatic connections and the enlightened, feisty Lady Mary's life might have a resonance in our own era of Islamophobia and progressivism. For example, the vaccine-denying High Church clergy in early 18th century England have their counterparts today! Lady Mary introduced inoculation into England in the early 1720s - which itself makes a good story, relatable to covid, flu etc.). Christopher read History at Cambridge and taught at St Paul's School, London for many years. Since 2013 he has been a Coordinator for the u3a in London, giving talks on aspects of European history from the 15th to the 20th century.

SPEAKER/	TIME	SESSION TYPE	SESSION DESCRIPTION & SPEAKER PROFILE
Susan Elkin	Tues 25 th 11.00- 12.00	TALK Social Studies	Please Miss, We're Boys: Susan taught secondary school English for 36 years. She started at a very challenging all boys school in Deptford in 1965 and has since observed many changes in British education, most of them for the better. Her book describes those first five years when her skirts were nearly as short as her naivety and the boys howled in glee. Her talk discusses education then and now. Susan gradually switched careers to become a journalist and author. Her latest book is 'The Alzheimer's Diaries: a love story'. She is a member of Bromley u3a.
Herbie Goldberg	Tues 25 th 14.15- 15.15	TALK Music	Music – The Royal Muse: As we celebrate the coronation of King Charles III this year, it's fitting that we shall be hearing about royal composers through the ages. Most European kings, queens, princes and princesses received the finest education that money could buy, both in the arts and the sciences. It's hardly surprising that some of these royal personalities were familiar with music and even competent instrumentalists and, in some cases, composers too. We shall be exploring their efforts and discovering that many were far more than just talented dilettantes! Herbie's career has been in technology, having worked for IBM for 24 years as an engineer, instructor and technical author; he then became an independent IT consultant. He has a passion for classical music especially exploring lesser-known composers and works and gives fortnightly music appreciation talks at u3a in London, where he also manages the membership database and IT platform. He is a regular guest speaker at other u3as and the London Summer School.
Andrew Graham	Wed 26 th 12.15- 13.15	TALK Sciences	 What Have We Learnt from Visiting The Moon? The American Space programme in the 1960's focussed on two aspects of space research. One of these was the provision of a world-wide navigation system (Sat Nav). The other was the proposal for a manned landing on the Moon. This latter was focussed on the recovery of lunar rock samples. These would allow dating the lunar history from the formation age of the surface rock samples. The talk will focus on the significance of this evidence for the age of the Moon. Andrew is a geologist/geochemist who graduated from Manchester University with a PhD in 1970. His first employment was geochemical research at the Australian National University, Canberra. He then moved to America and held a research fellowship at the Smithsonian Institution, Washington DC, working on meteorites. This was followed by a research position in London at the Natural History Museum working on meteorites and samples from the Moon. In 1993 he changed career and became a science teacher in secondary sector schools, specialising in A-Level Chemistry.

SPEAKER/	TIME	SESSION TYPE	SESSION DESCRIPTION & SPEAKER PROFILE
Martin Heard	Wed 26th 12.15- 13.15	TALK History/ Arts	 Venice and The British: How the history of Venice and its culture has been influenced and developed by centuries long British tourism. Martin originally studied History of Art at Manchester University, and afterwards spent 3 years in the editorial department of a fine art publishing company. His career then took a decades' long detour in the world of information technology, where he was able to work and live in both continental Europe and North America. Now retired, Martin has devoted the past ten years travelling and researching Art Historical periods, and is an Arts Society Lecturer.
Nick Higham	Tues 25 th 14.15- 15.15	TALK History	Mercenary River: Today we take water for granted. Turn a tap and the stuff gushes out. But for centuries London struggled to supply its citizens with reliable, clean drinking water. Nick Higham's talk, based on his book The Mercenary River, tells the story of London's water from the middle ages to the 20th century. It's a tale of remarkable technological, scientific and organisational breakthroughs, but also a story of greed and complacency, high finance and low politics, which pitted the interests of private profit-making corporations against those of the public at large. Nick is a journalist, interviewer and author, and a former BBC News reporter. He was the BBC's first dedicated media correspondent, spent 14 years as arts and media correspondent, and went on to report on a wide range of subjects on television and radio, wherever possibly smuggling history onto the airwaves under the guise of news. The Mercenary River
Terry Lloyd	Tues 25 th 12.15- 13.15	TALK History	is his first book. The Shaping of Eastern Europe: The eastern fringes of Europe (roughly, the satellites of the former Soviet Union & western Russia) continue to create flashpoints for political tensions. The presentation looks in outline at how geography, ethnicity and dynastic & imperial ambitions collided to create this situation. Terry was a career Civil Servant but was able, alongside this, to indulge his enthusiasm for history by gaining a teaching qualification for adult education. He taught evening classes for Westminster Adult Education Service for over 25 years and, on retirement from the Civil Service, taught for 5 years at the Workers' Educational Association branch in Enfield. In addition, he has also given a number of history lectures for organisations such as the Holiday Fellowship and the City Lit. He is a member of the British Museum, the Current Archaeology and the Roman Society.

SPEAKER/	TIME	SESSION TYPE	SESSION DESCRIPTION & SPEAKER PROFILE
Helen Long	Wed 26 th 11.00- 13.15	WALK	London's River: A walk along the river Thames finding out about the 5 City Bridges ,walking over the hidden Walbrook and Fleet rivers and discovering the many places of interest on both sides of the Thames as well as why and exactly where the Romans founded London. We will begin at Blackfriars Bridge and finish at Wren's monument to the Great Fire in view of the last City Bridge, Tower Bridge. We will return to St Bride's Institute by Tube to Blackfriars or by bus to Fleet Street. Walkers will need a travel pass and, if hot, a bottle of water and a sunhat. Helen has led successful walks for the London Region Summer School since 2017. She is a Green Badge Guide, a City Guide, Westminster Guide and Clerkenwell and Islington Guide as well as a guide at St. Paul's Cathedral and St. John's Gate. She is also Groups Organiser and in charge of visits for Wandsworth u3a.
John Lough	Tues 25 th 14.15- 16.30	WORK SHOP Perform'g Arts (Film)	 How to Read a Film: The workshop will glance informally at some methods of analysing cinema and look at film in a new way. Participants will be encouraged to examine film clips using some basic concepts of the discipline of Film Studies, such as star, director, genre, editing, 'mise en scene', social/historical context, and more. There are no wrong answers, and no previous experience is required. We'll chat about how we might objectively look at the moving image, using clips from a variety of movies, both old and new. (NB: Maximum 15 participants) John has been a film buff from birth, (not the laboratory in Transylvania, as many have suggested, but in leafy Bristol) and when he found out that he could get paid to watch films and meet nice people, he never looked back! He has two degrees in Media, and another in Social Science. He has taught film and TV studies for 35 years, without ever touching a camera, and has set up film courses on three continents. He has been senior lecturer in film at Humberside, Manitoba and Ravensbourne universities; and ended his formal career as head of the Arts Department at Bexley Adult Education College. Member of Bromley u3a.
Roger Luther	Wed 26 th 14.15- 15.15	TALK Maths/ Climate Change	Oresme, the Harmonic Series and Climate Change: We'll be looking at the series $1 + 1/2 + 1/3 + 1/4$ and talking about some of its fascinating aspects and applications, including how long it takes for the total to reach 100, how many cereal packets you should open to get a complete set of the free cards enclosed within, and what it tells us about record weather events. We'll compare it with the series $1 + 1/2 + 1/4 + 1/8$, and see how they fundamentally differ. If there is time, I'll also show why $1 + 2 + 3 + 4$ = $-1/12!$ No specific mathematical knowledge will be assumed. Roger is very involved in u3a both locally (Preston Park, Brighton) and nationally, leading a number of maths and physics groups (and a monthly pub quiz!), together with tutoring at the u3a South East Summer School in Chichester. After teaching for many years at secondary level, he spent the last 20 years of his career lecturing at Sussex University. You may also have seen him on Mastermind!

SPEAKER/	TIME	SESSION TYPE	SESSION DESCRIPTION & SPEAKER PROFILE
James Manor	Tues 25 th 11.00- 12.00	TALK Social studies (Politics)	Four Remarkable Success Stories in India – Now at Risk: Until 2015 or so, India's media had greater analytical substance and autonomy than their counterparts anywhere else in the Commonwealth except Britain. Until recently, the better Indian universities and research institutes produced formidable analyses of its history, economy, society and public policy. India had developed exemplary civil society organisations to advance development, to offer constructive criticism of government policies, and to promote human rights and social justice. India's Election Commission had long been admirably independent to ensure that general elections were fair – leading, because of population growth, to the largest free exercise of the franchise in human history. This talk will explain how these four success stories – all important in bolstering democracy and social justice – emerged but now find themselves in jeopardy. James is an emeritus professor at the Institute of Commonwealth Studies in the School of Advanced Study, University of
			London. He has previously taught at Yale, Harvard, Sussex and Leicester Universities, and at the Institute for Social and Economic Change, Bangalore. He has studied India's politics and society for five decades. He has focused on elections, civil society, the politics of poverty reduction, caste and politics, democratic decentralisation and political leadership.
Kevin McCarron	Wed 26 th 15.30- 16.30	TALK Lit/ Social studies	Long Dark River: Drug Addiction, Alcoholism, and Morality: This talk will consider the representation of drug addiction in Alfred Lord Tennyson's poem `The Lotos-Eaters' (1835) and the depiction of alcoholism in Charles Dickens' novel The Pickwick Papers (1837). The causes of addiction in both texts are unequivocally depicted as the moral failures of the respective addicts. Although Liz Moore's `Long Bright River (2020) takes its title from Tennyson's poem, her novel is actually characteristic of modern beliefs about addiction which thoroughly reject as causes the individual morality of the addict.
			Kevin recently retired from the University of Roehampton as Reader in American Literature. He has published two monographs on <i>William Golding: The Writer and His Work</i> , and <i>The Coincidence of Opposites: William Golding's Later</i> <i>Fiction</i> . Other works include a book on adolescent horror fiction; chapters and journal articles on a range of subjects including The Dead Sea Scrolls, teaching and stand-up comedy, blasphemy, prison narratives, tattooing, prostitution, alcoholism and heroin addiction, begging and homelessness, and the Marquis de Sade. His latest book: <i>Savage Usury:</i> <i>Narratives of Addiction: 1995 – 2015.</i>

SPEAKER/	TIME	SESSION TYPE	SESSION DESCRIPTION & SPEAKER PROFILE
lan McInnes	Tues 25th 14.15- 16.30	WALK	The Elizabeth Line: Not only has the Elizabeth line brought 21st Century public transport to London, it has also generated a number of major developments around the new stations. This walk will take us on the new line to Bond Street and Tottenham Court Road to look at some of these schemes and see how they have responded to London's unique character and history. Circular tour from Bridewell - oyster card/travel card required. The walk will involve walking along unlevel pavements, crossing busy roads and walking up and down some flights of steps and gentle slopes. Ian is a retired architect with a particular interest in mid-century-modern architecture and is currently the Chair of Trustees of the Twentieth Century Society. He is a member of Dulwich & District u3a where he leads contemporary architecture walks.
Dayna Miller	Tues 25 th 12.15- 13.15	TALK Archive/ Perform'g Arts Theatre	 Spotlight on Cary Ellison Theatre Programmes and More from Kingston University Archive: The presentation will focus on the theatre programme collection of talent scout Cary Ellison, which represents UK repertory productions from 1954-1981. Alongside the personal reviews Ellison wrote within the pages the presentation will look at the contribution theatre programmes can make to social history research, and touch on the Shared Learning Project between u3a and Kingston University Archive. This will be accompanied by an overview of the Archive's other fascinating collections. Dayna joined Library and Learning Services at Kingston University in 2001, based in the School of Art. In 2009 she began assisting in the Archive where she focused on creating the Archive's digital collection of photographs and cataloguing its theatre programme collections. She completed a BA (Hons) degree in Arts and Humanities with the Open University and in 2018 took on the role of University Archivist while in the final stage of a three-year distance learning MLitt in Archives and Records Management with the University of Dundee.
Helen Monger	Wed 26 th 11.00- 12.00	TALK London/ History/ Green Spaces	 Protecting London's Historic Landscapes: Despite being a bustling world city, London prides itself on being green. This talk will discuss what constitutes an historic landscape. It considers the wide variety of historic parks, gardens, woodland and other green spaces that make up London's historic environment, and how this information can be used to defend them from adverse building development. Helen is Director of London Parks & Gardens, a charity that champions, celebrates and cultivates a love of green space within Greater London. She is a passionate advocate for public parks, having previously served as a Trustee for her local park's Friends group; and also as Chair of her local Neighbourhood Planning Group. Prior to her current job, Helen worked for 21 years at the Heritage Lottery Fund in a variety of roles.

SPEAKER/	TIME	SESSION TYPE	SESSION DESCRIPTION & SPEAKER PROFILE
Alan Morton	Wed 26 th 11.00- 12.00	TALK Climate Change	 London's Energy: For centuries people in London have used ever larger amounts of energy in their daily lives lives shaped by supplies of fuel and the technologies for its use, in their homes, workplaces, or travelling around with issues ranging from coal fumes in the 13th century to Low Traffic Neighbourhoods today. The talk will discuss these shifts in energy supply and use, the part played by the City of London in the development of energy industries worldwide, and the profound consequences these have had for our climate. Alan is a founder member of the Muswell Hill Sustainability Group (https://mhsgroup.org/), and a director of its community energy company, en10ergy limited. A historian of science and technology, Alan was previously curator of energy and modern physics at the Science Museum. Involved in local campaigning on energy and climate issues, he is member of u3a in London and has given many talks on energy and climate change.
John Naylor	Tues 25 th 15.30- 16.30	TALK Science	The Riddle of the Rainbow: People have always been fascinated by rainbows. They have been the subject of myth, a source of superstition, an inspiration to poets, a challenge to painters, the object of intense scientific interest and a touchstone for ideas about the nature of light and colour. Above all, the rainbow has been the embodiment of wonder from the earliest times to the present day. Beginning with the circumstances in which you are likely to see a rainbow and descriptions of its salient features, in this talk I will recount and explain some of the myths and superstitions about rainbows and how leading scientists in every age have sought to discover and understand the rainbow's secrets. John is a retired teacher of physics. He is the author of <i>Out of the Blue, a 24-hour Skywatcher's Guide</i> , a guide to the vast range of optical and astronomical phenomena that can be seen in the sky, day and night, and <i>Now Hear This, A Book About Sound</i> , an account of the history and science of sound. The subject of his latest book, <i>The Riddle of the Rainbow</i> , is the myth and science of rainbows and will be published in 2023.

SPEAKER/	TIME	SESSION	SESSION DESCRIPTION & SPEAKER PROFILE
Jane Pritchard	Wed 26 th 14.15- 15.15	TYPE TALK Perform' gArts (Dance)	The Ballets Russes The Company that Transformed C20th Performance: An illustrated presentation looking at the importance and development of Serge Diaghilev's company that introduced star dancer-choreographer Vaslav Nijinsky and composer Igor Stravinsky to audiences in Western Europe and the world. At the start of the C20th, when ballet was in decline, Diaghilev seized the opportunity not only to revitalise it but to encourage leading composers - Prokofiev as well as Stravinsky and fine artists from Leon Bakst and Natalia Goncharova to Pablo Picasso and Henri Matisse to contribute to his productions. In twenty years 1909 to 1929, with dance leading the way, the world of theatre became increasingly vibrant. Jane is curator of dance for the Victoria and Albert Museum, London (V&A). She co-curated <i>Diaghilev and the Golden Age of the Ballets Russes, 1909–1929</i> for the V&A which was adapted for Canada, Spain and presented at the National Gallery, Washington, and she edited the accompanying book. Her other exhibitions include <i>Les Ballets 1933</i> (which toured Britain and the USA); <i>Rambert Dance Company at 75; A Flash of Light: The Dance Photography of Chris Nash; Hand in Glove,</i> a performed exhibition; Anthony Crickmay: <i>Photographing People</i> and <i>Performance</i> and <i>On Point: Royal Academy of Dance at 100.</i> Previously she was archivist for Rambert Dance Company and English National. She has made radio programmes, curated seasons of dance films and contributed to numerous publications including the Oxford Dictionary of National Biography and The Annual Register. She was the author of <i>Anna Pavlova. Twentieth Century Ballerina.</i> She has been a recipient of a Churchill Travel Fellowship and the Anthony Denning Research Award. She was awarded an MBE in the 2014 New Year Honours.
Jenny Strong	Wed 26 th 11.00- 13.15	WORK SHOP Art	Quilting Workshop: Brief Outline: 1. Where, when & why was Quilting used? 2. How & why has it progressed & developed 3. Variety & popularity today 4. Influence of technology, fabrics, threads etc 5. Hopefully people will bring any quilts they have or are working on + sewing equipment – needle, threads, & scissors 6. I hope to bring examples of some old quilts, and some I have made. Jenny, a member of Dulwich and District u3a, is an experienced quilter working in a traditional style and a lead figure in the Dulwich Quilters Group. She is also the lead for the Linus Quilt Project at Kings College Hospital. This project makes quilts to cover the incubators of premature babies excluding light is essential. Each quilt saves the NHS £300 and the parents take the quilt home as a playmat when the baby is discharged.

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Brian Sweeney	Tues 25 th 12.15- 13.15	TALK Science/ Climate change	 Practical Steps to Controlling Global Warming: Limiting global warming - Making steel in the 19th century – and making it carbon free in the 21st. Iron and steel are vital for industrial processes and inherently a major source of CO2. This new process will make it CO2 emissions free. Brian studied Engineering (with Rowing as a subsidiary subject). His career included 20 years in the oil industry around the world with Shell, and 10 years in power generation with Rolls-Royce Industrial Power Group. Having generated much CO2 in his corporate life, he then joined Calix Ltd., an Australian company developing CCS technologies. Calix's Industrial focus is on Advanced batteries; Biotech (agriculture and aquiculture pest control); CO2 mitigation; Sustainable processing; Water treatment. CO2 Mitigation includes Reducing CO2 emissions from the manufacture of Cement, Lime Shipping and then
Charles Tindale- Biscoe	Wed 26 th 15.30- 16.30	TALK Art	 After Raphael: A discussion on the legacy the 'High Renaissance' of Leonardo, Michelangelo, Raphael and Titian, and why this lead to Mannerism, a relatively short, but idiosyncratic period of Art History found across different European countries, before the arrival of Baroque around 1600. Artists including Pontormo, Parmigianino and El Greco, and the term Mannerism will be considered. Charles trained originally in engineering and after graduating from Imperial College in 1968, worked for British Steel and other companies on computer applications until 1991 when he became a teacher of computing and business at a Sixth Form college. In 2004 he began to study History of Art at Birkbeck College and was awarded a Postgraduate Certificate in Art History. He has continued his study of the subject, regularly visiting art centres in Italy, France, Spain, Germany and the UK. Since 2015 he has been convenor of an Art History group at Dulwich and District u3a.
Christine Wilkins- Molloy	Tues 25 th 14.15- 16.30	WALK	Secret Gardens and Pocket Parks: There are a surprising number of hidden green spaces in the City of London's urban jungle, which have fascinating stories about their sites and planting. This tour presents a blend of history and horticulture in a selection of these public parks. The walk begins and ends near St Paul's Cathedral and includes an office workers' oasis, Roman remains and a ruined Wren church. There will be some steps and slopes to navigate on this walk. Chris came to London in the early 1980s and has been hooked on the capital city ever since. A History graduate and a former teacher, she is now a qualified City of London, City of Westminster and London Borough of Camden tour guide. She leads tours on a variety of themes and is happy to accommodate a range of age groups – from primary age children to grandparents.