



THE UNIVERSITY OF THE THIRD AGE

LONDON REGION OF U3As

October 2018

U3A Regions and Countries



**The Trust's regional
structure as
constituted in 2008**

Source: Presentation by Ian McCannah at Network Link meeting 21 November 2017.

U3A Countries/Regions

- Formal constituencies of Third Age Trust governance
- 12 constituencies in UK: 3 countries; 9 English regions
- Each Country/Region represented on National Executive Committee by a Trustee
- Every U3A belongs to a Country/Region
- Each U3A belongs to just one Country/Region
- Variable sizes geographically/number of U3As

London Region



London Region Compared Nationally

U3A National Office data to end of March 2017 (excluding Associate members)

REGION	U3As	Members	Average per U3A
East Midlands	112	38,856	347
East of England	140	65,390	467
London	43	24,759	576
North East	46	9,758	212
North West	99	42,855	433
Northern Ireland	24	7,971	332
Scotland	50	11,515	230
South East	193	94,383	489
South West	130	55,112	424
Wales	59	14,800	251
West Midlands	85	32,043	377
Yorkshire and the Humber	51	26,803	526
N/A	1	79	79
National Total	1,033	424,324	411

***Data excludes Dagenham, new 2018**

"N/A" is the Virtual U3A

London Region U3As

44 U3As

Over 24,800 members

U3As in London		
Abbeywood & Thamesmead	Haringey	Palmers Green & Southgate
Barnet	Harrow	Redbridge & District
Beckenham	Havering	Richmond-Upon-Thames
Bexley	Hillingdon	Sidcup & District
Brent	Hillingdon South	South East London
Bromley	Hounslow	Stanmore & District
Crouch End & District	Islington	Sutton Area
Croydon	Kenton & District	Tower Hamlets
Dagenham*	Kingston	U3A in London
Dulwich & District	Merton	Upminster
Ealing	Mill Hill	Waltham Forest
Enfield	North London	Wandsworth
Hackney	Northwood & District	Wanstead & Woodford
Hammersmith & Fulham	Norwood	Welling
Hampstead Garden Suburb	Orpington	

* Dagenham new 2018

U3As North of Thames



28 U3As

Boroughs with no U3A: City; Kensington & Chelsea; Newham; Westminster

***Dagenham new 2018**

BOROUGH	U3A
Barking & Dagenham	*Dagenham
Barnet	Barnet
	Hampstead Garden Suburb
	Mill Hill
	North London
Brent	Brent
Camden	U3A in London
Ealing	Ealing
Enfield	Enfield
	Palmers Green & Southgate
Hackney	Hackney
Hammersmith & Fulham	Hammersmith & Fulham
Haringey	Crouch End
	Haringey
Harrow	Harrow
Harrow / Brent	Kenton & District
	Stanmore & District
Havering	Havering
	Upminster
Hillingdon	Hillingdon
	Hillingdon South
	Northwood
Hounslow	Hounslow
Islington	Islington
Redbridge	Redbridge & District
Tower Hamlets	Tower Hamlets
Waltham / Redbridge	Wanstead & Woodford
Waltham Forest	Waltham Forest

U3As South of Thames



16 U3As

Boroughs with no U3A: None

***Cover more than one Borough**

BOROUGH	U3A
Bexley	Bexley
	Sidcup & District
	Welling
Bromley	Beckenham
	Bromley
	Orpington
Croydon	Croydon
	Norwood
Royal Greenwich	Abbeywood & Thamesmead
	*London South East
Kingston	Kingston
Lambeth	*Dulwich & District
Lewisham	*London South East
Merton	Merton
Richmond	Richmond
Southwark	*Dulwich & District
Sutton	Sutton
Wandsworth	Wandsworth

Membership April 2018*

LONDON REGION

U3A National Office data to end of March 2017 (excluding Associate members)

	LONDON REGION	North of Thames	South of Thames
TOTAL 2018	24,759	14,450	10,309
INCREASE ON 2017	1,161	865	296
% GROWTH	5%	6%	3%
AVERAGE per U3A 2018	576	535	644
U3As with declining membership	9	6	3

MEMBERS	2011	2012	2013	2014	2015	2016	2017	2018
London Total	16,803	17,870	18,931	19,475	20,068	21,448	23,596	24,759
Average per U3A	509	526	526	499	515	523	549	576
Number of U3As	33	34	36	39	39	41	42	43

Data excludes Dagenham, new 2018

Membership April 2018

NORTH OF THAMES

U3A National Office data to end of March 2017 (excluding Associate members)

U3A NAME	2018	% increase on 2017
Barnet	1,494	8%
Brent	89	17%
Crouch End & District	498	22%
*Dagenham	N/A	N/A
Ealing	333	-1%
Enfield	390	-3%
Hackney	243	10%
Hammersmith & Fulham	164	-2%
Hampstead Garden Suburb	569	58%
Haringey	26	24%
Harrow	1,236	3%
Havering	462	1%
Hillingdon	1,052	-7%
Hounslow	142	14%

U3A NAME	2018	% increase on 2017
Islington	597	15%
Kenton & District	132	1%
Mill Hill	863	13%
North London	791	5%
Northwood & District	785	6%
Palmers Green & Southgate	315	13%
Redbridge & District	669	-3%
South Hillingdon	120	6%
Stanmore & District	135	1%
Tower Hamlets	114	3%
U3A in London	1,834	0%
Upminster	497	41%
Waltham Forest	309	-1%
Wanstead & Woodford	590	6%

Data excludes Dagenham, new 2018

Membership April 2018

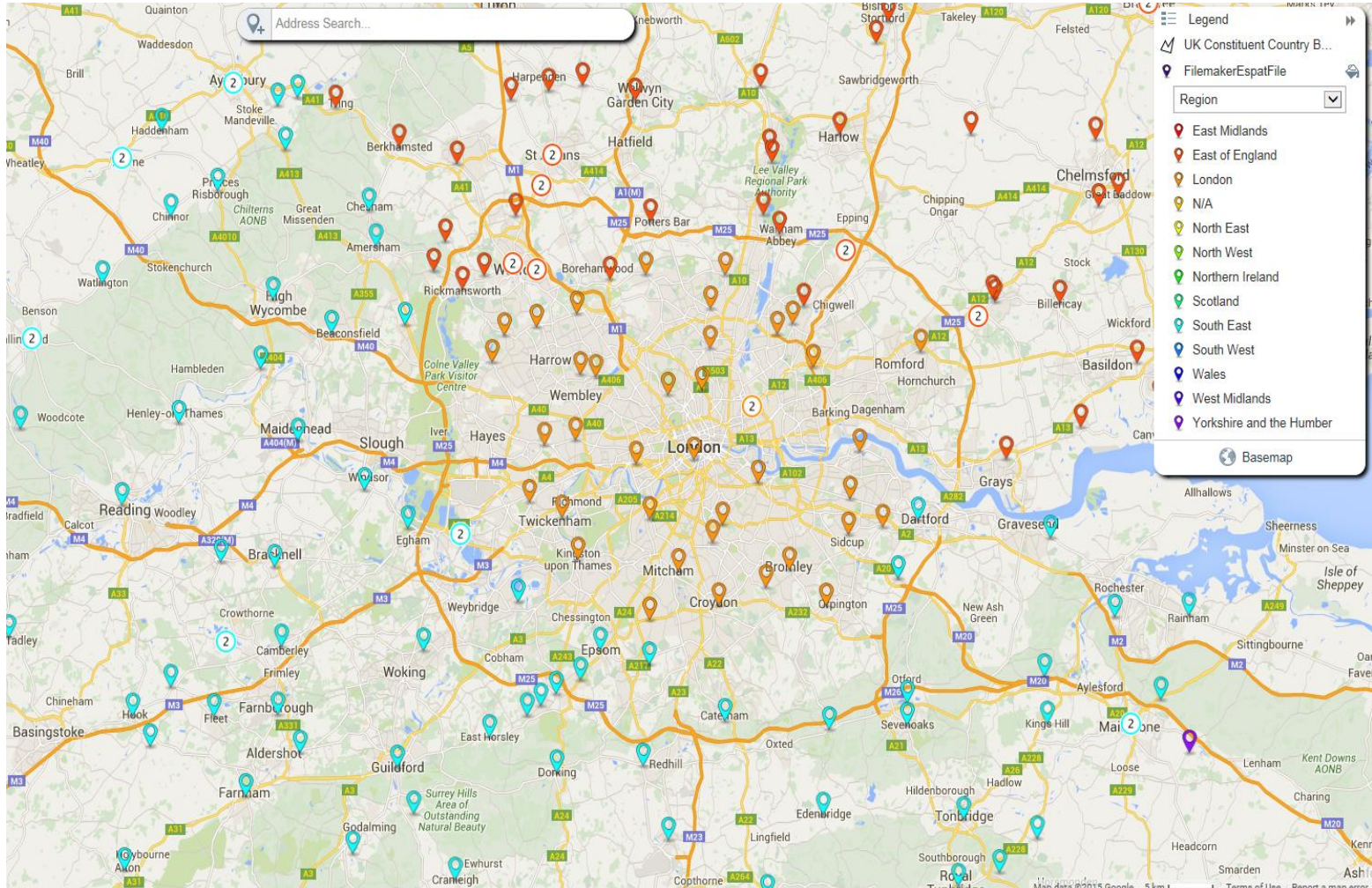
SOUTH OF THAMES

U3A National Office data to end of March 2017 (excluding Associate members)

U3A NAME	2018	% increase on 2017
Abbeywood/Thamesmead	66	3%
Beckenham	322	1%
Bexley	545	4%
Bromley	1,706	4%
Croydon	735	6%
Dulwich & District	566	13%
Kingston	1,060	5%
Merton	954	-3%
Norwood	61	20%
Orpington	1,010	-4%
Richmond-Upon-Thames	1,286	3%
Sidcup & District	259	18%
South East London	771	-2%
Sutton Area	397	0%
Wandsworth	383	9%
Welling	187	9%

U3As London Region & neighbouring areas

Interactive map: U3A national website home page (2017)



U3A 'groupings'

- No part in Third Age Trust governance
- Develop informally/organically for mutual support
- Names vary e.g. Network/Forum/Consortium/Cluster
- Membership voluntary
- About two thirds of U3As belong to a 'network'
- Estimated 70 such groupings in UK
- Usually small areas but boundaries very varied (may overlap each other/straddle region boundaries)
- Most Countries/Regions have several 'networks'
3 regional networks (London/N.Ireland/Scotland)
- U3As can belong to more than one network

LONDON REGION of U3As

- The London Region of U3As is an unincorporated members association. It is a forum of wholly self-funded and operationally independent U3As operating within the London Area.
- It exists for the mutual benefit of those U3As and their members. It is separate from the geographical administration area of the Third Age Trust's London Region.
- A 'grouping' of U3As...successor body to the Greater London Regional Forum first established 1994

LONDON REGION OF U3As cont'd

- Members: All U3As in the U3A London Region
- Delegates:
 - Two Delegates per member U3A/One vote per U3A
- Executive Committee:
 - Elected by Delegates
 - Regional Trustee ex-officio (elected by Delegates)
- Constitution 2018
- Bank account
- Applying for registered charity status

Full constitution available on London Region website

LONDON REGION of U3As

Aims

1	To support all U3As in the London Area in the advancement of education and, in particular, the education of older people and those who are retired from full time work by all means, including associated activities conducive to learning and personal development.
2	To support the exchange of experience and knowledge amongst Participating U3As.
3	To support the exchange of experience and knowledge between Participating U3As and the Third Age Trust.
4	To encourage and support U3A growth and development activities in the London Area.
5	To reinforce and support the overall aims and objectives of the U3A movement and the Third Age Trust.
6	To promote the diversity of membership of all U3As in the London Area.

LONDON REGION of U3As Committee 2018-19

- **Chair:** Catherine Ware
- **Vice Chair (North of Thames):**
- **Vice Chair (South of Thames):** Rona Black
- **Hon. Secretary:**
- **Hon. Treasurer:** Jim Jenkins
- **Membership Secretary:** Jo Livingston
- **Outreach Liaison:** Liz Day
- **Web editor:** Derek Harwood
- **Regional Trustee:** John Bent (ex-officio)
- **SLP Co-ordinator:** Jo Walters
- **Chair, Summer School Committee:** Chris Feldman
- **Regional Volunteers:** Liz Day, Sue Wood

All can be contacted via the London Region website

LONDON REGION of U3As

Delegates

- Two named delegates per U3A; one vote per U3A
- Regional meetings at least 4 times per year
 - Agendas to include suggestions and presentations from Delegates
 - Opportunity to meet the Committee, Trust officers and staff, and delegates of other U3As
 - Opportunity to catch up on news, listen to guest speakers, discuss problems, exchange ideas, and vote on issues to promote mutual benefit
 - Other members may attend as observers/guests at discretion of Executive Committee

LONDON REGION OF U3As

Key benefits for U3As

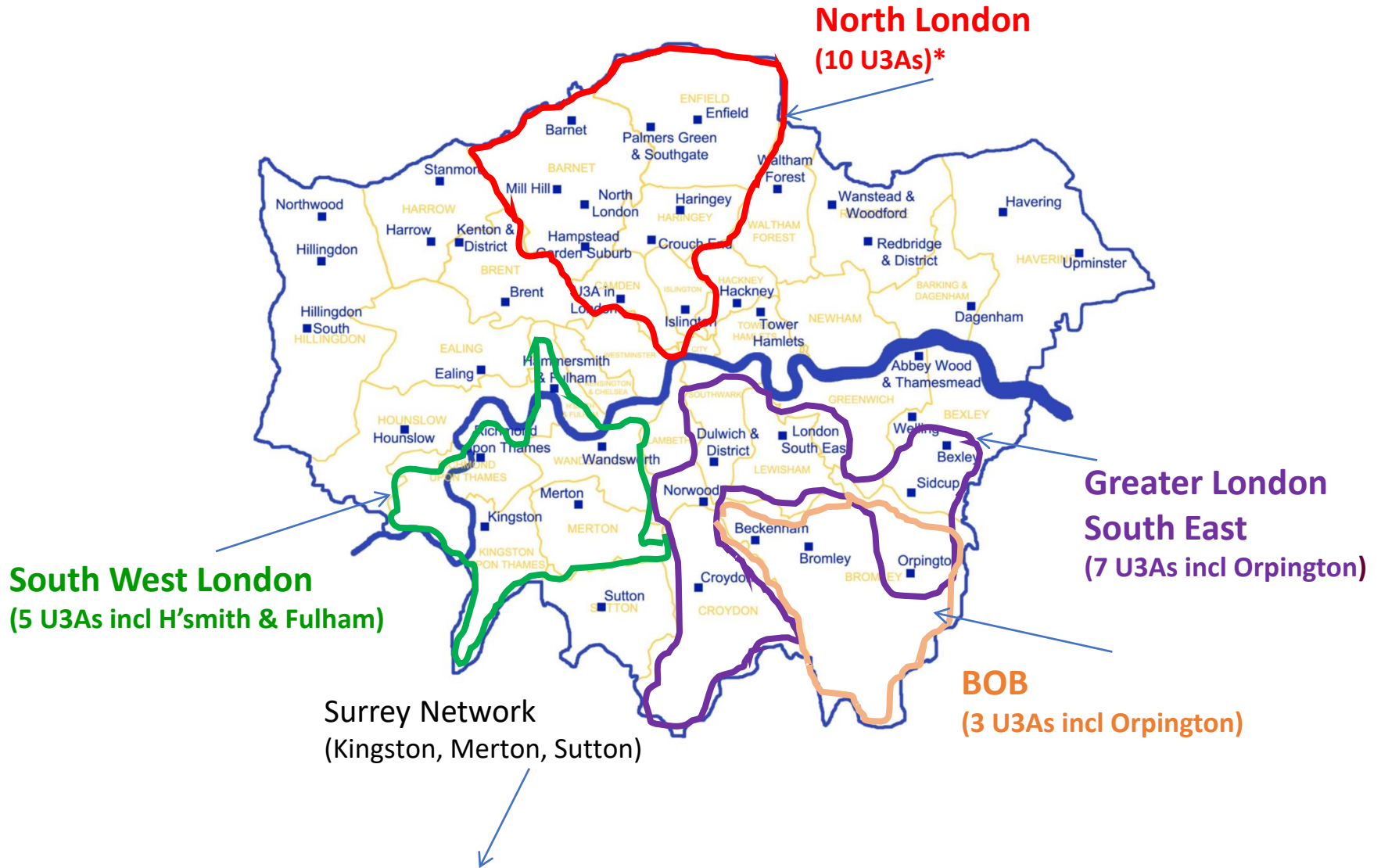
- All U3As in London Region included
- No membership fee
- Regional Trustee a member of Executive Committee (ex-officio)
- Regional channel for representation/voting
- Regional channel for communication with Trustee/Trust/National Office
- Regional funding and support from Trust via Trustee
- Regional communications e.g. website/news/information/discussions
- Regional publicity/influence/outreach
- Regional collaboration with relevant organisations

LONDON REGION OF U3As

Key benefits for U3As cont'd

- Regional advice & best practice/support
- Regional programme of events & activities
 - Quarterly meetings of Committee & Delegates
 - Other networking events for specific committee roles e.g. Chair, Treasurer, Secretary, Communications
 - Study Days/workshops
 - Summer School
 - Shared Learning Projects + other research
 - Speakers/speakers lists
- Central London venues/good public transport access

LONDON REGION: Local Networks



Advantages of local networks

- Smaller geographical area: Shorter distances to travel, easier to participate and share organisational workload
- Interest groups: easier to make up groups where subjects are less 'mainstream'/small numbers
- SLPs/Study days/Talks/Research
- Events/Outings: vacant spaces can be filled more easily to cover costs
- Social events with neighbouring U3As: e.g. friendly competitions (games/matches)
- Local interests, knowledge, contacts
- Shared venues, equipment, funding and other resources
- Mutual support: sharing ideas, expertise, communications
- Shared publicity/outreach with relevant organisations

LONDON REGION: Local networks

May overlap, straddle North/South River and Regions

Variable structures and activities

U3As can belong to more than one network

➤ **London North Network**

North London, Barnet, U3A in London, Islington, Mill Hill, Palmer's Green & Southgate, Haringey, Crouch End and Hampstead Garden Suburb

- Initiated spring 2016; Meetings 3 times per year to discuss common issues; shared resources. Delegates are generally committee members.

LONDON REGION: Local networks cont'd

➤ **BOB**

Bromley, Orpington and Beckenham.

Informal. Monthly meetings (no minutes). AGM in January. Share information about speakers. Some shared interest/study groups where there would otherwise be a shortage of members (e.g. hand bells).

➤ **Greater London SE Network**

Bexley, Croydon, Dulwich & District, Norwood, Orpington, Sidcup & District, S.E. London

- Steering group (one delegate per U3A). Constitution. Member U3As pay £30 p.a. toward core costs; events and learning activities; Newsletter; email alerts.

Website: <https://u3asites.org.uk/glondonsenetwork/home>

LONDON REGION: Local networks cont'd

➤ **SW London Consortium**

Wandsworth, Merton, Kingston, Richmond, Hammersmith & Fulham

- Informal, no constitution; no website; Shared activities e.g. Study Days; Shared Learning Projects; Roehampton University link; Visits

➤ **Surrey Network**

Kingston, Merton, Richmond, Sutton plus U3As in NE Surrey

Website: <https://u3asites.org.uk/surreyu3anetwork/home>

- Part of South East Region/SE Forum; Formal network; constitution; 6-monthly network meetings; Study Days; international exchanges

London Region of U3As: Website

www.u3asites.org.uk/london-region

HOME WELCOME LONDON U3As DELEGATES EVENTS LEARNING THE REGION CONTACT

LONDON REGION OF U3As



Please use the buttons or tabs above to explore our site
(N.B. There are recent notices on the Welcome Page)

LONDON REGION U3As

