

CHAIRS' LUNCH

6TH FEBRUARY 2023 10.30am-3.30pm

LIFT Islington, 45 White Lion Street, London, N1 9PW

AGENDA

From 10.00	ARRIVAL: Informal introductions over tea/coffee –Registration by Rikki, Catherine and Liz
10.30	WELCOME: Explanation of Event and Agenda – Introduced by Derek Harwood (Chairs lunch in context LR) , Catherine Ware (New venue, lunch and Construction of the programme from last years event and Questionnaires) and Liz Day (Plan for the day).
	PART 1: LEARNING FROM OTHERS – <u>HOW</u> WE RUN OUR U3AS?
10.40	SMALL GROUP DISCUSSION (groups of 3) (introduced by Liz Day) Share your experiences of being a u3a Chair in the context of your u3a, based on Questionnaire Nos 2,3,4: <ul style="list-style-type: none"> • ways of chairing including useful skills and experience. • u3a's benefit to the community • finding your own inspiration.
11.10	COMBINED GROUP DISCUSSION (groups of 6) Discuss what you've learned from the small group discussion that would be useful to share with the wider audience.
11.40	PLENARY: Report from each group, plus general comments. (Chaired by Liz Day)
12.00	PRESENTATIONS: Individual Chairs to present on new initiatives that have worked well or are in development , as identified in their questionnaires– Description of the context, the aims, the leadership involved, the outcome: <ol style="list-style-type: none"> 1. Sandy Boden (Bromley) : Nurturing and investing in new members - their expectations of u3a and their skills and interests. Follow up 1yr on (Islington). 2. Val Girling (Palmers Green) : Developing new Models of Learning (Taster courses, Bite size, use of streamed materials) 3. Rosemary Mayers and Joanna Tambouridou (Barnet) on successful workshops and interest groups and future events and community links. 4. Jenny Wilson (Croydon) : Contributing to the community on Environmental Sustainability and working with local partners to influence local and national issues. 5. Mention staging u3a Events , if time – Winter party (Kenton) Speed dating (Hounslow) Barn Dance and Quiz (Barnet) Interest Group Showcase Event (Ealing) . NOT COVERED DUE TO LACK OF TIME
12.45-1.45	LUNCH

PART 2: APPLYING NEW IDEAS –WHAT TO DO NEXT AND HOW?	
1.45	<p>GROUP DISCUSSION (Move to re-assigned tables and talk to different u3as) (Introduced by Liz Day) What ideas have you heard in presentations before lunch that are applicable to your u3a? How could you adapt these projects or others you think of, in your context?</p> <p>Share your ideas firstly with a partner, then the larger group. Identify questions, new suggestions, ways of working</p>
2.20	PLENARY: Feedback from each table group and reflection (Chaired by Liz Day)
2.50	<p>PLENARY cont'd: (Chaired by Jenny Wilson) Reflective comments from individuals on what you have heard today that you'd like to take back to your u3a -- new ideas? – work in progress? – important considerations?- ways of developing your role? – your practice as a Chair?</p>
3.15	<p>Suggestions for London Region Network: (Led by Derek Harwood) Suggestions to carry forward these ideas and problem-solving opportunities. Next steps.</p>
3.30	End