

Interest Groups and Courses Bulletin – September 12th, 2021

Sent to Trust u3a members and group/course leaders.

Trust u3a Steering Committee:

Chair: Allan Walmsley, Trustee for West Midlands

Treasurer: John Bent, Trustee for London

Group Coordinator: Chris Winner, Trust Volunteer

Richard Teare, Trust Volunteer,

Julie Travers, Secretarial and Membership Support

Welcome to the new 'term' and welcome to our new members that have joined over the period. I hope you have all enjoyed the summer.

During this period our numbers have increased back up to 925 and they are still increasing on a weekly basis.

Many of our groups have taken a break over the summer and are now resuming activities and during the break, a couple of groups/courses have ended but others have started.

With our growing numbers, we are in dire need of more groups, talks and courses:

We need more groups and we need members to volunteer to run them for us. Any offers of talks and courses will also be very well received.

If any of you, (our new members and members that have been with us for a while), have an idea for a group or talk etc. Why not think about making it happen? You don't need to be an expert, just have a genuine interest and a willingness to share with your fellow members. Even if you have never run a group before, we can help you to get started. This is the 'self-help' principle on which the u3a movement is based.

If you can help please email me at: groups@trustu3a.online

Current Groups List:

Our current groups list is available on the Trust u3a website and on Beacon.

For full details of all our groups and talks we have at present visit:

<https://u3asites.org.uk/trustu3a/groups>

When you log into Beacon you can check see which groups have spaces and which are full and operating a waitlist.

I am pleased to say we do have new groups that have started recently.

Feminist Social and Discussion (non-political): <https://u3asites.org.uk/trustu3a/page/115608>

This is a new group open to all members and waiting for members join.

Read, Write, Discuss; variety in the arts: <https://u3asites.org.uk/trustu3a/page/113973>

This group has spaces available.

Modern Conversational Greek: <https://u3asites.org.uk/trustu3a/page/107356>

The group has spaces one or two spaces, but please note that to join this established group you will need to be able to speak Greek at a basic level.

Arts and Crafts: <https://u3asites.org.uk/trustu3a/page/105399>

Members of the groups share photographs of their creations on a Padlet. At our monthly Zoom meeting we share tips and creative idea. You can see some sample of the work they produce at the end of this Bulletin.

You can read the details for the groups on the Trust u3a website, just follow the links.

Some other groups may now have a few spaces so please check on Beacon:

<https://u3abeacon.org.uk/u3aportal.php?u3a=542&sc=HSBM>

Remember you can contact any of the group leaders through the Beacon portal.

Talks:

Armchair Travellers group talks: <https://u3asites.org.uk/trustu3a/page/105398>

Wednesday, September 15th 2021 we will be travelling to ' **Russia: Visiting art and literary sites in Moscow and St Petersburg**' with **Pauline**. You are welcome to join us via Beacon.

British Cemeteries: <https://u3asites.org.uk/trustu3a/page/108164>

The next group talk will be on Wednesday 9th of October at 3pm Details will be published on the website in due course. You can join the group via the Beacon portal.

If you can offer a talk on any topic that you think our members might find interesting please let me know. All offers will be gratefully accepted.

Quizzards (has spaces available): <https://u3asites.org.uk/trustu3a/page/111538>

The next quiz is on September 28th at 7pm.

The more the merrier so join us and come along.

"If you feel that your 'little grey cells ' could be in need of a monthly workout, then why not join this fun and friendly group? We meet on the last Tuesday of each month at 7pm via Zoom. The questions are divided into 6 subject rounds of 10 questions per

round with 20 General Knowledge questions at the end. Participants are randomly sorted into teams and put into breakout rooms to discuss and agree their answers, so you're not on your own. Please get in touch with me if you'd like further information or join the group via the Beacon portal.' (from Brenda the Group Leader.)

Please join talks and groups via the Beacon Members portal on the Trust u3a, the link is here <https://u3abeacon.org.uk/u3aportal.php?u3a=542&sc=HSBM>

We have waitlists of members, hoping to join groups in the following areas:

- **Art / Drawing practical**
- **Cryptic Crosswords** – desperate need for more groups
- **Languages: particularly French, Italian, and Spanish** any level, or just conversation
- **Philosophy**
- **Psychology**
- **History** – World, Social, Family
- **Shakespeare** – anything with focussing on the Bard!
- **Singing**
- **Recorders** all levels
- **Ukulele** for beginners
- **World beliefs**
- **Talks** are very popular so any ideas?
- **Wine groups** (we need more)
- **Lunch clubs** (yes it can be done)
- **Tea Time** chat group

There is also a demand for sociable discussion groups lunch and tea/coffee time chat type groups. If you think you could run one for us, please get in touch with me.

So, if you can help by running an additional group please let me know. If you have been a member of one of the groups above and think that you would be able to run your own group for us, please get in touch. I am sure your current group leader would be able to help you, and we will support you too.

If you have an idea for a new or different group that you think our members would enjoy, please let me know.

National talks and events:

Details for all National Talks activities and events, will be found on the National website here under Learning/National Programmes <https://www.u3a.org.uk/learning/national-programmes>

For information about forthcoming and to register for a place at an event or on a talk,

follow the link to the **Events** page here <https://www.u3a.org.uk/events/educational-events> on the National Website:

The **National Learning** programme is still in full flow, you can view the current activities here on the National Website: <https://www.u3a.org.uk/learning>.

You can also read the top three stories in this year's national creative writing competition. <https://www.u3a.org.uk/201-learning/1186-creative-writing-competition-2021-winners>

Opportunities will include **photography, crafting** plus **talks** and lots of other events. There are many of different activities to engage with.

Don't forget to listen to the latest **u3a Radio** podcast. All episodes are available on YouTube so don't forget to **subscribe** so that you don't miss an episode.

Episode 9: <https://www.youtube.com/watch?v=pb1MdmY2Xag>

Episode 10: is about to go live.

If you would like to run a short ad for your group in the bulletin, please let me know. Space is limited so it will be on a first come first served basis.

Contact: groups@trustu3a.online

Beacon:

If you do have any problems using the portal please contact me at groups@trustu3a.online

Chris Winner,

Trust u3a Groups Coordinator, September, 2021



Bavarian Crochet 1



iPad Art 1



Air Dry Clay 1