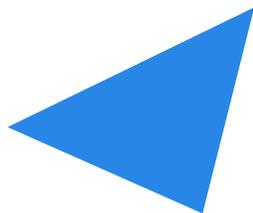




# Coming out of Lockdown safely

**Presenter: Jane Bailey Trust Advice and Volunteer Manager**

**Date: April 19<sup>th</sup> 2021**



# Hello and Welcome

## The plan for the session:

- Government Roadmap on Lockdown Easing
- Process to follow to resume activities
- Insurance Considerations
- Feedback and Q&A

## Roadmap – Lockdown Easing key date in England

The Government set out their Roadmap with clear dates for the required 4 steps to lockdown easing in England due to conclude if all goes well on 21<sup>st</sup> June.

However they were clear that the indicative dates for each step are contingent on the data and are subject to four key tests;

1. Vaccine deployment continues successfully
2. Evidence is showing vaccines is effectively keep hospitalisation rates down
3. Infection rates do not risk a surge in numbers
4. The government assessment of risk isn't fundamentally changed eg; new strain

## Requirements on those organising activities and events

From Steps 2-4 outdoor organisers of grass routes sports organised by businesses and charities will be permitted. This will be contingent on:-

- ✓ All organisers following appropriate and relevant Covid Guidance
- ✓ Organisers and attendees adhere to legal requirements of distancing and sizes
- ✓ All reasonable actions are taken by the organisers to mitigate risk to public health.

## Roadmap – Lockdown Easing Step 2

On the 12<sup>th</sup> April we were able to progress to Step 2 of the roadmap

In general this meant:

- ✓ non-essential retail, indoor leisure, gyms, swimming pools reopen for independent use
- ✓ people can now meet in groups of 6 outdoors
- ✓ organised sporting activities can resume for groups of up to 30 where permitted by the relevant sporting governing body and following the u3a resuming interest group process

## Process for resuming u3a interest group activities

1. Inform your committee of your plans and preparations for resuming
  2. Where appropriate download and follow a relevant Risk Assessment from a National Governing Body for your sporting activity or use an appropriate u3a risk assessment template for your activity.
  3. Inform your members of your risk assessment outcome so they know what to expect and how to prepare for returning
  4. Ask members to complete a personal assessment (pre-attendance) before attending.
  5. Please ensure you are following the most current government guidance on social distancing, and maintaining Covid-secure requirements at all times. You should maintain social distancing, wear facemasks when necessary and maintain good hand sanitation. Group leaders will also be required to keep a register of participants for 21 days after the activity for Track and Trace purposes.
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# Example Covid Risk Assessment - Ramblers

Possible hazards	Who might be harmed and how?	Ways to control the risk	Action (click box)
Transmission of COVID-19 through close contact / meeting other people	Walkers, members of the public – risk of spreading COVID-19	Plan the walk for a less busy time.	
		Avoid particularly busy or narrow routes where physical distancing is not possible.	
		Give clear information about limiting the group size in line with government guidance.	
		Remind walkers beforehand about the guidelines, including on travel & transport.	
		Advise walkers at the start of the walk to maintain physical distancing, and what to do at any pinch points or road crossings – this is everyone’s responsibility.	
		Carry a face covering in case of incidents.	
		Ensure you have a record of who attended the walk for contact tracing.	
Transmission of COVID-19 through touching gates, stiles, fences or equipment	Walkers, members of the public – risk of spreading COVID-19	Avoid touching gates and path furniture, where possible.	
		Suggest walkers bring hand sanitiser.	
		Advise walkers not to share food, drink or equipment such as walking poles.	

## Roadmap – Lockdown Easing step 3

On and no earlier 17<sup>th</sup> May we could progress to Step Three of the roadmap

In general this means:

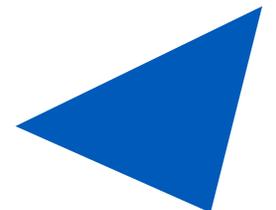
- ✓ All remaining outdoor events can commence – unless a specific exemption exists, these must only be attended in line with the wider social contact limits i.e. Indoors groups of 6 people or 2 households or in groups of no more than 30 outdoors.
- ✓ Indoor areas of hospitality venues will reopen. As outdoors, table service will be required.
- ✓ indoor as well as outdoor attractions will also reopen at the following:
  - museums and galleries
  - botanical gardens, greenhouses and biomes
  - stately or historic homes, castles, or other heritage sites

## **On and not earlier than 21<sup>st</sup> June step 4**

**In Step 4 the government aims to reopen remaining settings such as nightclubs and adult entertainment venues, and to lift the restrictions on social contact and large events that apply in Step 3. This is subject to the outcome of the Events Research Programme, and a review of social distancing measures.**

**The Government will also look to relax COVID-Secure requirements on businesses, subject to the outcome of the reviews.**

- **What steps should we take as a committee to ensure activities are resumed in a safe fashion?**
- **Are we covered if a member made a claim against our u3a having contracted Coronavirus whilst taking part in an activity group even though we followed correct procedures?**
- 



## Useful links:-

[What to include in your COVID-19 risk assessment \(hse.gov.uk\)](https://www.hse.gov.uk/covid19/risk-assessment/)

[The health and safety toolbox: How to control risks at work \(hse.gov.uk\)](https://www.hse.gov.uk/toolbox/) useful toolbox of resources and information on managing different types of risk.

[Create a coronavirus NHS QR code for your venue - GOV.UK \(www.gov.uk\)](https://www.gov.uk/coronavirus-nhs-qr-code)

[Order coronavirus \(COVID-19\) rapid lateral flow tests - GOV.UK \(www.gov.uk\)](https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests)

u3a

Any  
Questions?

