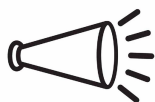


February 2024 Newsletter

A MESSAGE FROM OUR CHAIRMAN



Christmas is behind us and we're reminded that Easter is around the corner by the chocolate egg displays in the shops! There were around 90 members and a couple of visitors at the January monthly meeting where I stood in for our speaker who was unable to attend at

short notice.

The committee look forward to seeing you all at the February meeting and remind everyone that the **March meeting is a week earlier on the 22nd to avoid Good Friday.**

Terry Hammond, Chairman

MEET AND GREET



Our Meet and Greet Team will be around in the Grove Room and Hall to help with any information you may require. Please do ask if you need any information or help. If you would like to join the team you would be very welcome. Please speak to me if you are interested. **Judy Barrett**

THIS MONTH'S MEETING

This month's meeting is on Friday, 23rd February at St John's when Pauline Rowson will talk about "Murder, Mystery & Mayhem".

GENERAL NOTICES

MEMBERSHIP RENEWAL PAYMENTS – February & March monthly meetings

Many of you will want to pay by cheque at these meetings. To avoid queues and time wasting please use the following guidelines:

- Come as early as you can before 1.30pm
- Only bring your cheque and the cut-off payment slip
- Ensure your membership no. is written on the back of the cheque
- Do not staple the payment slip to the cheque. Please use a paper clip
- Put the cheque and payment slip in an envelope addressed 'Membership Secretary' and deposit the envelope in the box on the Signing In table

You may also give the envelope containing the cheque and payment slip to the members behind the counter.

Les Hill, Treasurer & John Stych, Membership Secretary

HOW TO CONTACT OUR GROUPS.

Did you know that all contact details are on the website.

In these days of cyber crime, and identity theft we have to be very careful to protect ourselves, u3a members included. The website has a clever gubbins (it's been there for ages and we have forgotten about it) that sends a secure message. Here is how to use it.

Type 'Locks Heath u3a ' into your search bar. See an orange and blue logo called u3a sites.org: Locks Heath :Home. Click it.

Choose 'groups' from the yellow bubbles at the top of the page.

You can scroll down and select the group you want. This opens the page for that group and you will see a blue envelope box, top right of the page. click on it and send your message.

While you have the website open, have a look around. You'll be amazed at what is going on in your u3a. **Lois White, Groups' Liaison**

BOOK TABLE

Thanks to your generosity, I have been able to take another £100 to Ian Roberts for Communicare. Please keep up the good work. You can bring PAPERBACK FICTION to any monthly meeting.

Thank you. **Joyce-Footman-Williams**

INTEREST GROUP NEWS

SKITTLES



We continue to meet on the first Monday of the month at The Kings Head, Wickham Square; 1:00pm for 1:30pm start. This year there are a couple of Mondays which fall on Bank Holidays. I will be circulating a list of dates once I have confirmed with the Manager of the venue that they are convenient.

These can be subject to change should he have a late booking of the Room.

For more information check out the website. **Judy Barrett**

BOOK FRIENDS



Our next meeting is on Tuesday, 5th March, 2024 at 2:00 pm as usual. We will be discussing our present book "The Girl in the Red Coat" by K Hamer. I will confirm the venue nearer the time. **Margaret White**

GARDEN GROUP



On 9th February we enjoyed watching a DVD that included lots of very useful tips for gardening. Many thanks to John Stych for arranging the DVD player even though he was far from well. Next meeting will be on March 8th topic yet to be decided. **Marguerite Boulter**

LUNCHEON GROUP



Our next lunch will be at the Red Lion, Gosport Road, Stubbington, PO14 2LD on Wednesday, 20th March at 12 for 12.30pm.

The X5 bus stop is opposite. A pre-ordered menu is required.

If you would like to join us please see me at the General meeting on Friday 24th February or email me rachelblundell@btinternet.com or telephone 01489

577027 by the March 12th at the latest. Thank you. **Rachel Blundell**

CREATIVE WRITING



Have you ever thought of writing as a hobby? One of the most common comments about the Creative Writing Group from members is "I never thought I could write."

It is with great regret, because of health and family reasons, that I have resigned as a member of the group.

However, this gives an opportunity for others, so if you are interested in joining, get down to the February Monthly meeting. Members of the Group will be in the Foyer and can guide you through the meeting dates and times, for, unusually, there are vacancies at the moment.

Do give Creative Writing a try. Meetings are described as lively, enthusiastic and interesting. No special or expensive equipment is required.

You don't need to buy special clothes.

You don't need special knowledge.

You can write anywhere and at any time.

You can keep your work for your family and friends or offer it to a wider audience.

Above all it's Great Fun and perhaps we'll see your work in print.

Sue Whitehead

CANASTA



We had a good turnout at the start of the year and it was good to see everyone enjoying their game. Canasta is an easy game to learn and we will be happy to teach you at your own pace. Most of our members could never play until they joined the group and they all love it! We meet on the second and

fourth Thursday of the month at the Victory Hall in Warsash. We are a friendly and laid back group and you would be very welcome. For more details please ring Liz Kennedy 01489 577663, email lizkennedy2904@gmail.com or Pauline Bower tel. 07710 479933, email paulinebower@icloud.com **Liz Kennedy and Pauline Bower**

CINEMA GROUP – Contact: Kathy Kanji, Solent u3a.



Our last 2 films, "One Life" and "The Boys in the Boat", were based on true stories and were both enjoyable and uplifting in very different ways.

Next month's film, on 14th March, is "Bob Marley: One Love" and tells the life story of this reggae icon.

As ever, those members not on email should book through me, either by phone on 01489 601684 or at the monthly meeting. **Celia Creedon**

WALKING



We completed our walks in January from Hillhead to Lee, Locks Heath Centre to Coldeast Mansion and Cams Mill to Fareham Quay. This month we have walked from St Mary's Church, Warsash to the shore.

In late February and March, we have planned the following walks starting at 10:30am:

28th February: We will meet at Osborne View car park and walk towards Lee on the Solent. You can walk as far as you choose as there are many coffee shops along the way, including Café Zero at Daedalus Airport, On the Water along the beach, Penguin and Bluebird in the centre of Lee. We will return to Osborne View for lunch. Maureen is the walk leader (07899 890028).

13th March: We will lead a short walk from Mount Pleasant Recreation Ground beside Hamble Primary School (SO31 4ND) around the northern section of the Hamble Rail Trail to Royal Victoria Country Park. We will walk in the park and stop at one of the cafes for refreshments, before returning to Hamble Primary School via the raised track. Walking boots are preferable on this walk. John is the Walk Leader (07909 627104).

27th March: We will meet at Bursledon Railway Station (SO31 8AA) and walk north to Manor Farm in River Hamble Country Park. This is a long walk and definitely one requiring boots as areas in the country park can get quite muddy. We will stop at Manor Farm for refreshments. Marion is the Walk Leader (01489 578629).

We look forward to catching up with you on one or more of the walks. Please let Marion, John or Maureen know if you are joining any of these walks so that we know who to expect and avoid leaving anyone behind. Walking boots are the best footwear for the walks, unless we are totally on tarmac paths. Also, please be aware of weather conditions and bring appropriate clothing. Please try to share transport to the start of each walk to save parking spaces, parking charges and the environment. All walks start at 10.30am. **Maureen Richards and Marion Wilkinson**

ALL THAT JAZZ



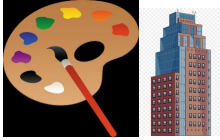
Our meeting on 15th January was attended by eight members. Also attending was our Groups' Liaison, Lois White. Lois was welcomed to the meeting and she joined in with the activities scheduled for the afternoon. The theme was "relatives" and we played seventeen tracks featuring all family members.

It was reported that a message had been received from Howard Lawes, the u3a Jazz Subject Advisor, who was contacting other jazz groups enquiring how we all organise ourselves. Hoping to achieve a greater take up, he is considering the feasibility of promoting jazz gigs at central locations, and perhaps forming a band with jazz playing u3a members.

The International Association of Jazz Record Collectors annual get together will be held at the Holiday Inn, Reading on 21st and 22nd September this year.

We meet on the third Monday of each month, the next meeting being on 19th February when the theme will be "numbers". **David Badcock**

ART AND ARCHITECTURE



February's meeting was well attended. Mike Cresswell gave an illustrated presentation about John Ruskin the Victorian poet, philosopher and art critic. Ruskin was no mean artist himself but caused frequent controversy with his outspoken views. A difficult subject handled with a light touch and sense of humour.

After the break Rachel Blundell presented Elizabeth Siddal, the most significant model who posed for the pre-Raphaelite painters. She was a talented poet and artist herself but died tragically at the age of 33. Both talks were much appreciated. Our March talk should also be interesting. David Lee will give an illustrated talk about Julia Margaret Cameron., one of the most important Victorian photography portraitist. Come and join us in the Grove Room at St John's Church, Tuesday 12th March at 10.10 a.m. Admission £2 per person. All new members will be made very welcome.

Andrew Kennedy and Ray Gardner

HERITAGE AND CULTURES

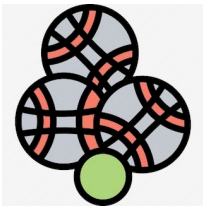


Our next meeting is on Tuesday 20th February in the Evens Room, St John's Church at 10:30am. I will be reciting (voice permitting) some of the lyrics of Ian Dury from his daughter's book 'Hallo Sausages'. The lyrics are wide-ranging, poetic and very rude in some cases, so you have been warned!

On March 19th we are being treated to a presentation by Chris Bond about the Coastguard Aviation Service, which promises to be very interesting.

All are welcome, including new members. **David Lee**

PETANQUE



We will be playing on 1st and 3rd Friday each month. Weather permitting. 10.30am to 12.30pm approx. All welcome. 1st and 15th March. 5th and 19th April.

Venue: Fareham NW Community Centre, Henry Cort Drive, Fareham. PO15 6PH
It is on the R/H side of Henry Cort Drive as you face the school. Has its own

car park. No charge to park.

Equipment provided. Tuition given. £1.00 to play. Great fun. Learn a new skill. Gentle exercise. Get out in the fresh air. **Lois White**

KNITTING YARNS



Our next meeting will be on Wednesday, 6th March at my house, from 2:00 - 4:00pm.

There is space for another couple of members, we knit, crotchet or do any other craft connected that interests you and you can do it with company.

Rosemary

The Third Age Trust Newsletter links –

If you would like to view the most recent newsletters issued by The Third Age Trust at national level, please click on the following links.

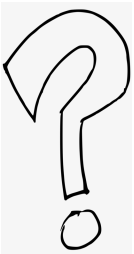
January 2024 Newsletter Express – News Year’s Day

<https://us9.campaign-archive.com/?u=656ad5962b370cc9e2731d1ed&id=15e88a3731>

January 2024 Newsletter

<https://us9.campaign-archive.com/?u=656ad5962b370cc9e2731d1ed&id=5733ebcb1c>

FACTOIDS – You may find interesting:



- The vinegar in a fish and chip shop isn’t real vinegar.
- The only Country with free public transport is Luxembourg.
- Nightmares are more common if you sleep on your left-hand side.
- When you sleep in a bed for the first time, half of your brain stays awake.
- Women sleep half an hour longer than Men.
- Humans glow in the dark.
- The Pope drives a blue Ford Focus.
- One of the moons of Uranus is called Margaret.
- Scottish football referees are sponsored by Specsavers.
- Dogs visiting US National Parks can be certified as Bark Rangers.
- The world’s smallest computer is smaller than a grain of sand.

Note from the Editor:

Thank you all for your contributions to this month’s Newsletter.