

Livermead and Preston u3a Email Bulletin January 2024

Our Christmas Lunch was voted a success and it seems everyone thoroughly enjoyed themselves - the food was great and the company entertaining- I'm just sorry I was unable to attend.

Happy New Year everyone

A new year, new opportunities, new choices, new aches, new pains – at least for some of us - but we battle on regardless and, along the way, hopefully, have a bit of fun and laughter!

On that note:

General Meeting Wednesday 24 January 2024

Our speaker at this month's General Meeting will be Zak Showell from **Shaldon Wildlife Trust**. This promises to be a very interesting talk about one of our local treasures that many overlook or bypass.

General Meetings are held at the Preston Conservative Club from 1.30pm

Interest Groups

All our groups should now be operating as usual but please check up with your Group Facilitator as to when the next meeting of your group takes place as venues and times do sometimes vary.

WE NEED YOUR HELP

We are very lucky to have a committed and dedicated Committee working to make Livermead and Preston u3a as friendly and welcoming as possible but we are stretched to the limit, taking on two or even three committee roles because of the lack of members coming forward to help. At the 2024 AGM all committee members must be re-elected. Our Secretary has already said he is considering down due to other work commitments, our Treasurer is doing the work of the Group Membership Secretary alongside her Treasurer role, and we have no Groups Coordinator. The number of Interest Groups is falling because, whilst members are happy to suggest new groups, few if any, are willing to put themselves forward to facilitate those groups.

The whole ethos of u3a that it is run by the members for the members.

Each member has a part to play - however small - in the running of our u3a - it's part of your commitment to u3a when you join. New members on the committee bring new ideas, a fresh insight and a new energy to move our u3a forward.

So please, think about what you personally might be able to volunteer to do - whether on the committee or facilitating a group, or something else - to help make our u3a bigger and better and more welcoming for all our members, present and future.

Thank You.

Linda Skipper
Chairperson