



## **NORTH WEST REGION of u3as**

*Charity Commission registration no: 1159091*

### **7<sup>th</sup> June; 10.30am - Celebrating volunteers**

As part of the national Volunteers Week, we are offering a Zoom 'coffee morning' to chat about what your volunteers do in your u3a, in the NW Region and in the national team. There is a sign-up form on the NW website events page.

### **June 20<sup>th</sup>; Influencing and Social Change 12.30 – 16.00**

#### **Quaker Meeting House, Liverpool**

*This is a Trust workshop -you can sign up on the events section of the national website* **What is it about?** Influencing and social change encompasses all the work being done across the u3a to support members, and the movement more broadly, to use our combined voices and get involved in our communities about issues that matter. The interactive training will provide information about the legal aspects and risks of taking action, introduce the diverse ways to create change in our communities, share some u3a examples and provide participants with the opportunity to exchange ideas and discuss how they might take action.

This will be an 'An Introduction to Influencing and Social Change', which will identify effective campaigning strategies and give you the skills to carry them out. This in-person workshop is about using thoughtful, evidence-based approaches to making change happen. We hope this session will equip members to take action on issues of importance to them, locally and nationally, beyond the great work we do every day in our u3as.

***Additional details can be found on the national and regional websites.***

### **July 4<sup>th</sup>: Conference & AGM – 10.00am – 16.00 pm. Quaker Meeting House, Liverpool**

Morning discussion groups, afternoon performance by concert pianist Andrew Wilde followed by the AGM. A buffet lunch is available for a small cost of £5 pp.

Details and signup forms are on the NW website.

**NW Newsletter.** We would like your input for the next regional newsletter about events in your u3a, especially any you have held to celebrate the Coronation. Please send to Gill by June 15<sup>th</sup>.

**NW Committee.** We need members for the committee. This is not a management committee, more of a support and planning team. Please consider joining us at our Zoom meeting on June 27<sup>th</sup> at 10.30 for a chat.

**For more information on any of these events, please contact Gill - gillruss71@gmail.com**