

*** Monthly Meeting – Thursday 22nd September***

Please join us at our next members' meeting. It will take place at **2pm** on **Thursday 22nd September** at **Minster Club**

Chris Reed

The Rise & Fall of Lady Emma Hamilton



Chris Read will tell the story of the rise and fall of Lady Hamilton – the original Diva. From prostitute to aristocracy and the Lover of Britain's Greatest Hero, back to obscurity and a pauper's grave.

Non-members are welcome – Come and see how we “learn, laugh and live”

Save the date for next month: Thursday 27th October

Colin Harvey – The History of Sheerness Dockyard

MONTHLY MEMBERS MEETING

Thank you Ma'am



For those who would like to celebrate the life of Queen Elizabeth II in death, we will provide a cork board where we will display personal photos of memorable moments (with captions), depicting special moments of significance for you as individuals.

Please bring along to next Thursday's meeting.

Chairman's Ramblings

The Summer is behind us, the Autumn is before us! For many the passing of our dear Queen has left us with a variety of complex emotions, none more important I guess than living our lives to the full, to embrace as many experiences as our health, physical ability and purse will allow. In other words – bag a bucket list! My idea of fun, however, is not to air boat across an Alligator infested swamp or wrap a snake around my neck, something perhaps “a little more gentle” – maybe to experience an amazing starling murmuration or learn to play an instrument.

One of our members, Yvonne Kent, has done something far more exciting and has written to me of a very special day. Yvonne has agreed that we can publish it so enjoy!



“No rain, great day today, went on the Dreamland Rollercoaster; my Dad started me off on that one as a toddler. It then made me do the bigger and the better rollercoasters throughout England, then America. Realising that at my age now, that's probably not such a good idea, I decided one last trip with my friends on the one that trained me! It was operated by a young girl who took us round three times at great speed, something I'd never experienced before as it had been refurbished. So, ticked it off my bucket list and the dream fulfilled.”



What a wonderful story! So, if you have recently gone down memory lane by enjoying and re-living a past experience or achieved a life-long ambition please let us know by emailing isleofsheppeyu3a@gmail.com we'd love to hear from you.

INTEREST GROUPS & ACTIVITIES

Minster Beach Clean



Due to a huge amount of rubbish and debris on the Minster Beach last week (which we believe was dumped by a rogue barge in the estuary), a few of us met to help out with a beach clean on Wednesday 7th September. Thanks to Swale Borough Council who provided us with the equipment and to those u3a



members that came along – we made a small but significant difference to the beach, picking up 15 bags of rubbish.

All things Crafty for Christmas

Our Crafty Creative Guru – Linda Marshall – of tea and cake fame at our members meetings, has again been knitting furiously for Christmas. At our October meeting Linda will be displaying a variety of knitted gifts – toys for the grandchildren; decorations and lots, lots more. All proceeds from the sale will go towards Cancer Research of which she is a volunteer.

If you are interested in joining any interest group, please sign up at one of our meetings or email us on isleofsheppeyu3a@gmail.com We are currently reviewing all sign ups now the summer holidays are behind us.

Christmas Meeting – Thursday 15th December 2022

We are pleased to announce that **The Isle of Sheppey Singers** will be performing at our Christmas members meeting on Thursday 15th December. Don't delay in oiling and vibrating those vocal cords for singing along to a medley of Carols and festive music. Song sheets provided.

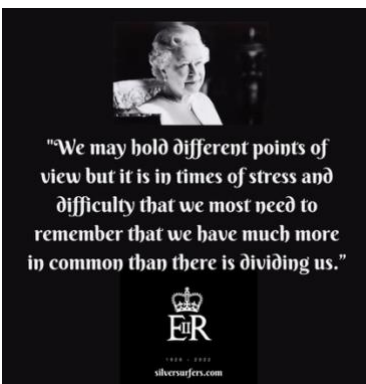
NATIONAL u3a - <https://www.u3a.org.uk/>

Have you listened to the monthly **u3a Radio podcasts** on YouTube?
Click here for the full list of radio podcasts since they started in September 2020:
https://www.youtube.com/playlist?list=PLsB2t41TNozHSJ4fvod_yjxrUJDzqbDD



Have you signed up for the NATIONAL u3a NEWSLETTER? Get the most up to date news from National Office and find out about learning events as they are added.
<https://www.u3a.org.uk/contact>

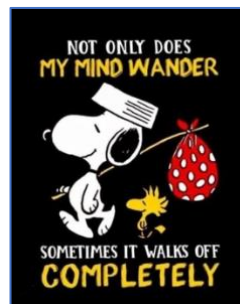
REMEMBERING HER MAJESTY QUEEN ELIZABETH II



KEEP SMILING



I'm not really a "glass half full" kind of person.
I'm more of a "where'd I put my glass?" kind of person.



Membership Subscription

Membership is currently £20 per year and includes entry to the monthly meetings with refreshments and a national magazine 'Third Age Matters' delivered to your home, five times a year.

Our next renewal date will be 1st April 2023. Members joining now will pay a reduced fee of £10.

Non-members are welcome to our monthly meetings for a small fee of £3 so they can see if they'd like to join.

Monthly Meeting Dates 2022

Meetings are held on the fourth Thursday of each month at 2pm until 4pm at Minster Club, (except in August & December). Free refreshments are provided.

27 th October	15 th December meeting
24 th November	Christmas Social Get Together at Minster Club (NB one week earlier than usual)

Information and Contact Details

You can contact us here:
isleofsheppeyu3a@gmail.com

Find our website here:
<https://u3asites.org.uk/isle-of-sheppey/home>

Our Facebook Page is:
<https://www.facebook.com/isleofsheppeyu3a>

Our members only Facebook Group is:
<https://www.facebook.com/groups/384159678869515>

Email us to join our WhatsApp Group:
isleofsheppeyu3a@gmail.com

Interact with u3a members around the country on the u3a: Keeping in Touch Facebook group:
<https://www.facebook.com/groups/U3AKeepingInTouch>

u3a YouTube Channel
<https://www.youtube.com/user/TheU3a/videos>

Diversity & Inclusion Statement

Isle of Sheppey u3a recognises that everyone is different and aims to create an environment that values and treats all members fairly. We are committed to promoting equality and diversity and to ensure that u3a membership is as accessible as possible to different groups within the community